

2005 California Children's Healthy Eating and Exercise Practices Survey

Table 67: Percentage of Children Receiving Lessons from a Teacher, Coach, or Other Instructor at School (Diary Sample)

During this school year, have you had any lessons from a teacher, coach, or some other type of instructor about: food, nutrition, and your health/exercise, physical activity, and your health?

	Percent of Children Receiving	
	Lessons on Food, Nutrition, and Health	Lessons on Exercise and Health
Total	52	67
Gender		
Males	53	70
Females	50	65
Ethnicity		
White	55 *	73 **
African American	51	60
Latino	46	62
Asian/Other	64	75
Income		
<\$15,000	46 *	62 ***
\$15,000 - \$24,999	48	57
\$25,000 - \$34,999	47	54
\$35,000 - \$49,999	40	61
\$50,000 - \$74,999	61	79
≥\$75,000	56	73
Food Stamps		
Yes	39 *	57 *
No	52	69
Food Stamp Eligible		
FS and/or ≤130% FPL	49	61 *
No FS or >130% FPL	52	70
Food Stamp/FPL		
Food Stamp Participant	39 **	57 **
No FS/ ≤130% FPL	54	64
No FS/ >130%-≤185% FPL	37	58
No FS/ >185% FPL	55	72
Federal Poverty Level		
≤ 185% FPL	45 *	60 **
> 185% FPL	55	72
Overweight Status		
Not at Risk	51	68
At Risk/Overweight	52	67
Physical Activity		
≥60 minutes	50	67
<60 minutes	53	68
School Breakfast		
Yes	41 **	56 **
No	54	70
School Lunch		
Yes	49	66
No	56	70
Nutrition Lesson		
Yes	N/A	N/A
No	N/A	N/A
Exercise Lesson		
Yes	N/A	N/A
No	N/A	N/A

No lessons includes "no," "not sure," and "no answer."

A box around a group of numbers signifies that differences observed within the group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001