

Save-the Date



May 2009: Get ready for the *Network for a Healthy California—Retail Program's* 2009 Fruit and Veggie Fest events! Healthy cooking demonstrations, physical activity and mom-tested shopping tips on how to eat healthy on a budget will be available at retailers throughout California during May. All the events are organized to empower families and communities to be Champions for Change and continue to eat right when money's tight. Go out and support your local *Retail Program* and their many partners!

Bay Area Region: Saturday, May 2 from 12:00 pm – 4:00 pm at Arteaga's Super Save Market in Gilroy, CA

Central Coast Region: Sunday, May 17 from 10:30 am – 3:00 pm at Arteaga's Super Save Market in Salinas, CA

Central Valley Region: Thursday, May 21 from 9:00 am – 12:00 pm at Save Mart in Madera, CA

Desert Sierra Region: Saturday, May 16 from 10:00 am – 2:00 pm at Cardenas Market in Fontana, CA

Gold Coast Region: Friday, May 15 from 9:00 – 12:00 pm at Red Barn Market in Ventura, CA

Gold Country Region: Sunday, May 31 from 12:00 pm – 4:00 pm at Food Maxx in Sacramento, CA

Los Angeles Region: Sunday, May 17 from 10:00 am – 2:00 pm at Superior Warehouse Grocers in Los Angeles, CA

North Coast Region: Saturday, May 17 from 12:00 pm – 3:00 pm at Food Maxx in Ukiah, CA

Orange County Region: Friday, May 22 from 11:00 am – 4:00 pm at El Toro Rojo in San Clemente, CA

San Diego & Imperial Region: Saturday, May 2 from 10:00 am – 2:00 pm at Grocery Outlet in National City, CA

Sierra Cascade Region: Saturday, May 16 from 10:00 am – 2:00 pm at Food Maxx in Oroville, CA

For more information, please contact Rosanna Oliva at rosanna.oliva@cdph.ca.gov.