

Contractor Name: XYZ School District
 Contract Number: 06-12345
 Contract Term: 10/1/06-9/30/09
 Reporting Period: 10/1/07-9/30/08

Network for a Healthy California Annual Progress Report Form

Goal 1: Food Stamp Program eligible families ($\leq 185\%$ Federal Poverty Level) will consume the recommended daily amounts of colorful fruits and vegetables and participate in daily physical activity.

Objective 1 (Process): By September 30, 2009, a minimum of 4000 elementary students in ten low-resource schools will receive monthly nutrition education and physical activity promotion lessons and information through the classroom, cafeteria or school wide events to promote the importance of eating fruits and vegetables every day and engaging in physical activity for 60 minutes daily.

Was your objective met for this fiscal year? Yes No

Activities	Status of Activities	Progress to Date	Evaluation (deliverable/ attachment)	Timeframe
1. Develop one grade specific nutrition education lesson (NEL) packet per grade level for kindergarten to sixth grade teachers to use in the classroom. <ol style="list-style-type: none"> a. Research existing nutrition education/physical activity promotion materials. b. Establish a curriculum review committee to include teachers, a curriculum specialist and a nutrition specialist. c. Convene a two-day meeting for committee to review and select ready-made nutrition education lessons (from Power Play!, American Heart Association, Dairy Council of California, etc.) and align selected lessons with school district's benchmarks and standards. d. In the summer of 2008, train 300-400 teachers on the aligned nutrition lessons. 	Completed	The curriculum review committee developed one NEL packet for each grade level K-6. 106 teachers were trained.	NEL packet (Attachment 1) Curriculum review committee meeting agenda (Attachment 2) Teacher training agenda (Attachment 3) Summary of teacher training evaluations (Attachment 4)	10/1/07-9/30/08
2. Conduct monthly nutrition based cooking and taste testing demonstrations at the ten target sites with students assisting in food preparation in the classroom and cafeteria. <ol style="list-style-type: none"> a. Provide teachers with resources needed to conduct cooking demonstrations in the classroom, including reimbursement of expenses for purchasing supplies. b. Recipes will focus on fruits and vegetables to encourage increased consumption. c. Provide a simple healthy recipe quarterly for students to take home and share with their families. d. Conduct student evaluations at each site. 	Completed	50 cooking and taste testing demonstrations took place at ten school sites with 50 teachers participating. 1,500 students were reached. One fruit or vegetable recipe was distributed to 1,500 students to take home to their families each quarter.	Cooking and taste testing lesson plans (Attachment 5) Attendance sheets (on file) Summary of student evaluations (Attachment 6) Copies of fruit	10/1/07-9/30/08

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			and vegetable recipes (Attachment 7) Distribution lists (on file)	
<p>3. Sponsor one Salad Sisters nutrition education presentation for each of the ten target sites for fourth through sixth grade students.</p> <ul style="list-style-type: none"> a. Subcontract with Salad Sisters. b. Schedule presentations. c. Students will attend one Salad Sisters presentation that will include lessons on fruits and vegetables and the importance of physical activity. d. Invite local news media to promote each event. e. Send home information to parents about the event with healthy snack ideas focusing on fruits and vegetables. 	In-Progress (see explanation in Narrative)	One production of the Salad Sisters was presented to a total of 2,000 students and 100 teachers at four of the ten sites. Three articles were published on Salad Sisters in the local media reaching 3,000 students and their families.	<p>Presentation schedule (Attachment 8)</p> <p>Summary of student evaluations (Attachment 9)</p> <p>News articles (Attachment 10)</p> <p>Parent healthy snack information (Attachment 11)</p>	10/1/07-9/30/09

