

Free Professional Development Training Opportunity

For School Personnel and Community Partners

Fresh Fruits and Vegetables: A Centerpiece for a Healthy School Environment Part I – Fall/Winter Season

This FREE, two-day training provides tools to support an increase of fresh fruits and vegetables on school campuses through interactive and skill-building activities.

Day ONE – 8:45 a.m. to 4:00 p.m.

- Nutrition education promoting fruit and vegetable consumption
- Garden-enhanced nutrition education
- Academic connections to nutritious school gardens
- Greening school campuses: gardening, composting, and more
- Team-building and communication strategies to support your effort

Day TWO – 8:45 a.m. to 1:30 p.m.

- Connecting schools with local farms
- Serving and promoting seasonal fruit and vegetable snacks
- Safe culinary skills from garden to classroom

Please bring your own “brown-bag” lunch.

2009 Training Dates and Locations

Downey	October 13 and 14	Salinas	November 16 and 17
Santa Ana	October 15 and 16	Davis	November 18 and 19
Fresno	October 19 and 20	San Diego	November 30 and December 1
Santa Rosa	November 9 and 10	Hayward	December 2 and 3
Rialto	November 12 and 13	Redding	December 8 and 9

To Register Now, go to or click on:

www.lifelab.org/ffv.php

Early registration encouraged, as seating is limited. The first 20 people to register at each location will receive a set of 140 beautiful fresh fruit and vegetable photo cards. Register now!

Registration ends two weeks prior to each training date.

Notes:

1. This training replaces the Fall Shaping Health as Partners in Education (SHAPE) workshop.
2. If you are a *Network for a Healthy California* contractor, only Day One is 100% *Network* allowable. Any costs associated with attendance on Day Two must be covered by non-*Network* funds.

Offered in partnership with the California Department of Education’s Garden-enhanced Nutrition Education Resource Centers: University of California, Davis; University of California, Santa Cruz; and the Resource Conservation District of Greater San Diego County.

“Fresh Fruits and Vegetables: A Centerpiece for a Healthy School Environment” Trainings, Part I Fall/Winter 2009 and Part II Spring/Summer 2010 are made possible by a United States Department of Agriculture’s (USDA) Team Nutrition Training Grant through the California Department of Education and USDA Specialty Crop Block Grant through the California Department of Food and Agriculture.

For questions, contact Deborah Beall, California Department of Education, at dbeall@cde.ca.gov.