



# “Live Life, Live Health, Take Action”

Annual Physical Activity and Nutrition Education Forum 2011



## Save the Date

**No cost** nutrition education skills and physical activity tools.

Presentation topics will include:

**\*Keynote Speaker: Jason Harper  
Founder of Equal Start**

- \* Kaiser Community Theater Troop
- \*Power Up in 10 \*ReThink Your Drink
- \*Zumba \*Networking\*New Dietary Guidelines
- \*Exhibits \*McDermont Activities
- \*Interactive physical activity and nutrition education demonstrations and resources

**Wednesday, June 23<sup>rd</sup>**  
9:00a.m. – 2:00p.m.

McDermont Field House  
365 North Sweetbrier Avenue  
Lindsay, CA 93247

[www.mcdermontfieldhouse.com](http://www.mcdermontfieldhouse.com)

For more information or to reserve a **No cost** exhibitor's table, contact **Starr Cloyd @ (559)255-4300**  
[scloyd@cvhclinics.org](mailto:scloyd@cvhclinics.org)

***Comfortable clothing and tennis shoes required.***



Central Valley Health Network



Funded in part by USDA SNAP, known in California as *CalFresh*.  
•California Department of Public Health