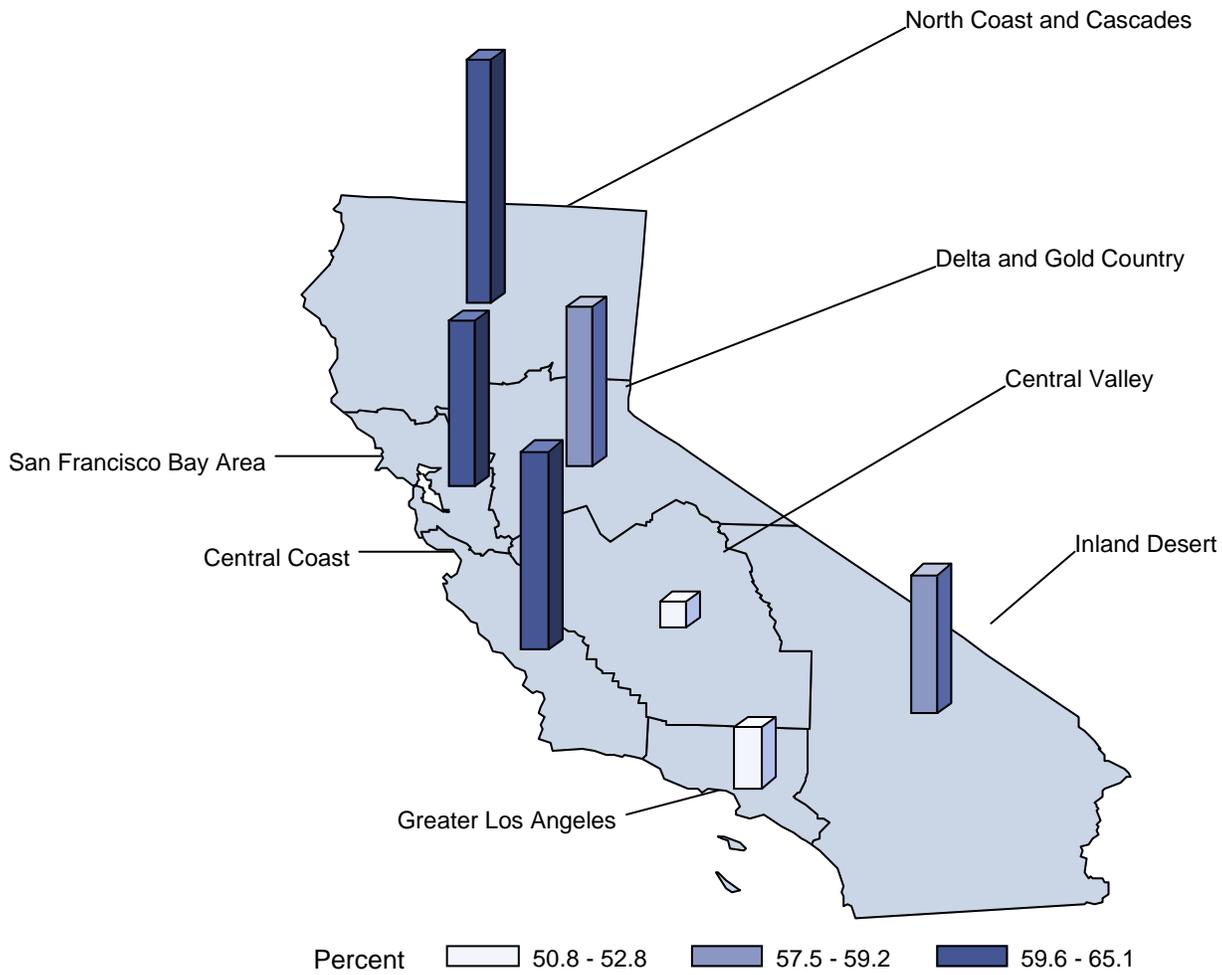


Training and Resource Centers

Percent 150 minutes Moderate or Vigorous Physical Activity



2013 BRFSS

Training Resource Centers	Percent	95% Lower Confidence Limit	95% Upper Confidence Limit
North Coast and Cascades	65.1	58.5	71.7
Central Coast	61.3	55.8	66.7
San Francisco Bay Area	59.6	56.7	62.6
Delta and Gold Country	59.2	55.3	63.0
Inland Desert	57.5	54.5	60.4
Total	56.2	54.9	57.6
Greater Los Angeles	52.8	50.3	55.2
Central Valley	50.8	46.1	55.5