

SNAP-Ed Eligible Demographics

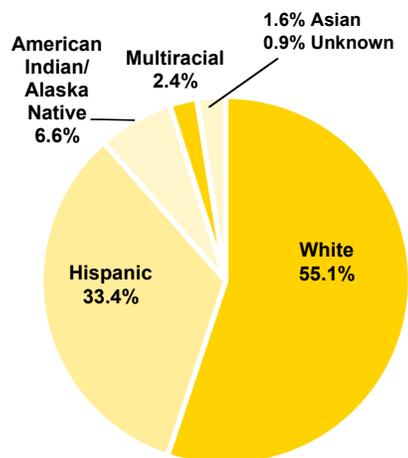
Less than 185% Federal Poverty Level

Total 34,513 (40.0%)

Ages (<185% FPL)

| | |
|----------------------------|----------------|
| Children <6 years old | 3,683 (57.4%) |
| Children 6-17 years old | 6,262 (49.6%) |
| Adults 18-64 years old | 20,351 (38.1%) |
| Seniors 65 years and older | 4,217 (30.7%) |

Race/Ethnicity (<185% FPL)



Obesity Prevalence

■ Adults ■ SNAP-Ed Adults

58.4% 54.8%



Overweight/Obese

Obese

Low Income Children

Overweight/Obese Obese

| Age Group | Overweight/Obese | Obese |
|----------------|------------------|-------|
| Age 2-4 years | 38.2% | 20.6% |
| Age 5-19 years | 46.6% | 25.8% |

Environment

| | |
|--|-------|
| Number of recreational facilities per 100,000 residents | 17.1 |
| Percent of children and teens (1-17) who have a park or open space within walking distance | 72.2% |
| Percent of low income population that had limited access to healthy food | 7.5% |
| Percent of zip codes that have grocery stores, produce stands or farmer's markets | 73% |
| Percent of restaurants that are fast-food | 31.1% |

Population below Federal Poverty Level

19.4%

Food Insecurity Rates

15.8% Overall

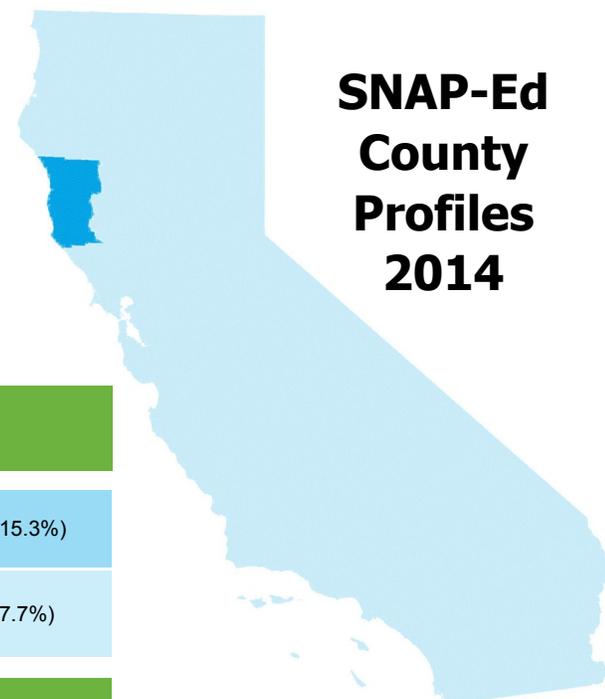
26.8% Children

Other Federal Nutrition Assistance Programs

| | |
|---|----------------|
| CalFresh Participants | 13,483 (15.3%) |
| Students Eligible for Free/Reduced Price Meals (FRPM) | 8,878 (67.7%) |

SNAP-Ed Eligible Locations

| Census Tracts | SNAP-Ed Eligible Census Tracts |
|---------------|--------------------------------|
| 20 | 6 (30.0%) all races |
| Schools | SNAP-Ed Eligible Schools |
| 69 | 57 (82.6%) |



SNAP-Ed County Profiles 2014



SNAP-Ed Eligible Census Tracts

Mendocino

Physical Activity and Nutrition

Physical Activity

| | |
|--|-------|
| Adults engaged in regular walking in the past week | 29.5% |
| Adults who did not exercise in the past month | 17.7% |
| Children (5-11) physically active at least 1 hour everyday | 40.1% |

Fruits and Vegetables

consumed 5 or more servings yesterday

3+ times yesterday

| Children (2-11) | SNAP-Ed Children | Teens (12-17) | Adults |
|-----------------|------------------|---------------|--------|
| 60.0% | 49.3% | 40.9% | 30.7% |

Fast Food

consumed 1 or more times in the past week

| Adults | SNAP-Ed Adults | Children/Teens (2-17) | SNAP-Ed Children/Teens (2-17) |
|--------|----------------|-----------------------|-------------------------------|
| 43.0% | 42.7% | 65.4% | b |

Sugar-Sweetened Beverages

consumed 1 or more per day

Children and Teens (2-17)

34%

^b unstable estimate

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.