

For more information about the *Linking Science and Nutrition Lessons*

(888) 318-8188

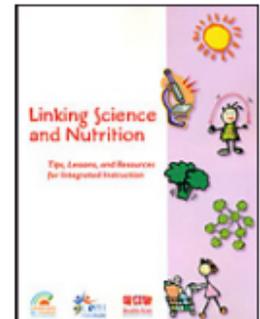
chkrc@californiahealthykids.org

http://www.californiahealthykids.org/Pages/nutrition_instruction.html

Linking Science and Nutrition

Access a copy of *Linking Science and Nutrition – Tips, Lessons, and Resources for Integrated Instruction*.

Produced by the *Network for a Healthy California* and the California Healthy Kids Resource Center, this kindergarten to grade eight resource provides science and nutrition concepts and skills for students to explore the connections between food, nutrients, and health. The 12 lessons model standards-based instruction and include:



Super Senses

Plant Parts for Breakfast?

Is this a Healthy Attraction?

Whole or Processed: Which is Better for Me?



Extreme Eating

Keep It Fresh!

Compounds in My Food

Fiber Race Tract

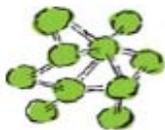


Genes, the Environment, and Active Prevention

Tasty Packages

Glorious Guacamole

Fast-Food Frenzy



The resource also provides teacher support, standards alignment, lesson instructions, student assessments, and extension ideas. *Linking Science and Nutrition* is also available for free four-week loan from the California Healthy Kids Resource Center library (ID# 8210). The document can be downloaded for free at <http://www.californiahealthykids.org> (CHKRC Home Page > Hot Topics and more)

We hope this is a helpful resource for your nutrition education. If you have feedback or ideas for further nutrition integration, we would love to hear from you; please contact Jackie Russum at 888-318-8188 (toll free) or e-mail jrussum@acoe.org.
