

## 2005 California Dietary Practices Survey

**Table 82: Access to Safe Walkways in Home Neighborhood**

*In your home neighborhood, do you have access to any sidewalks, shoulders of the road, trails, or parks where you can safely walk, run, or bike?*

	Percent with Access to Safe Walkways
<b>Total</b>	<b>85</b>
<i>Sex</i>	
Males	85
Females	86
<i>Males</i>	
18 - 24	78
25 - 34	80
35 - 50	90
51 - 64	90
65+	79
<i>Females</i>	
18 - 24	86
25 - 34	92
35 - 50	85
51 - 64	84
65+	81
<i>Ethnicity</i>	
White	90
Hispanic	76
Black	82
Asian/Pacific Islander	87
<i>Education</i>	
Less than High School	76
High School Graduate	79
Some College	94
College Graduate	90
<i>Income</i>	
Less than \$15,000	81
\$15,000 - 24,999	80
\$25,000 - 34,999	80
\$35,000 - 49,999	89
\$50,000+	92
<i>Physically Active</i>	
Did Not Meet Recommendations	82
Met Recommendations	89
<i>Overweight Status</i>	
Overweight/Obese	83
Not Overweight	87
<i>Poverty Index</i>	
Food Stamp Participants	80
All Other Respondents/ ≤ 130% FPL	81
All Other Respondents/ > 130% FPL	89

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

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**2005 California Dietary Practices Survey**

**Table 83: Pleasant Walkways in Home Neighborhood of California Adults**

*In your home neighborhood, do you have access to any sidewalks, shoulders of the road, trails, or parks where you can safely walk, run, or bike? For example, are there trees, proper lighting, and is it clean. Would you say: Very Pleasant, Somewhat Pleasant, Somewhat Unpleasant, or Very Unpleasant?*

	Percent	
	Pleasant	Unpleasant
<b>Total</b>	<b>92</b>	<b>8</b>
<i>Sex</i>		
Males	93	7
Females	92	8
<i>Males</i>		
18 - 24	78	22
25 - 34	98	2
35 - 50	95	5
51 - 64	94	6
65+	95	5
<i>Females</i>		
18 - 24	90	10
25 - 34	95	5
35 - 50	92	8
51 - 64	91	9
65+	92	8
<i>Ethnicity</i>		
White	93	7
Hispanic	92	8
Black	92	8
Asian/Pacific Islander	96	4
<i>Education</i>		
Less than High School	87	13
High School Graduate	91	9
Some College	91	9
College Graduate	97	3
<i>Income</i>		
Less than \$15,000	86	14
\$15,000 - 24,999	94	6
\$25,000 - 34,999	96	4
\$35,000 - 49,999	96	4
\$50,000+	93	7
<i>Physically Active</i>		
Did Not Meet Recommendations	93	7
Met Recommendations	92	8
<i>Overweight Status</i>		
Overweight/Obese	93	7
Not Overweight	93	7
<i>Poverty Index</i>		
Food Stamp Participants	91	9
All Other Respondents/ ≤ 130% FPL	88	12
All Other Respondents/ > 130% FPL	94	6

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## 2005 California Dietary Practices Survey

**Table 84: Access to Safe Exercise Facilities in Home Neighborhood of California Adults**

*In your home neighborhood, do you have access to safe public indoor or outdoor exercise facilities, such as tracks, basketball or tennis courts, swimming pools, or school gyms?*

	Percent with Access to Safe Exercise Facilities
<b>Total</b>	<b>63</b>
<i>Sex</i>	
Males	64
Females	62
<i>Males</i>	
18 - 24	60
25 - 34	58
35 - 50	70
51 - 64	65
65+	64
<i>Females</i>	
18 - 24	60
25 - 34	63
35 - 50	62
51 - 64	59
65+	64
<i>Ethnicity</i>	
White	68
Hispanic	50
Black	70
Asian/Pacific Islander	82
<i>Education</i>	
Less than High School	49
High School Graduate	62
Some College	66
College Graduate	72
<i>Income</i>	
Less than \$15,000	51
\$15,000 - 24,999	55
\$25,000 - 34,999	54
\$35,000 - 49,999	70
\$50,000+	74
<i>Physically Active</i>	
Did Not Meet Recommendations	57
Met Recommendations	70
<i>Overweight Status</i>	
Overweight/Obese	60
Not Overweight	69
<i>Poverty Index</i>	
Food Stamp Participants	56
All Other Respondents/ ≤ 130% FPL	47
All Other Respondents/ > 130% FPL	70

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**2005 California Dietary Practices Survey**

**Table 85: Kids and Teens Have Access to Physical Activity Opportunities in Your Neighborhood**

Children and teens have many opportunities to get physical activity and exercise in your neighborhood. Would you say you...

	Percent				
	Strongly Agree	Agree	Neutral	Strongly Disagree/Disagree	
<b>Total</b>	<b>24</b>	<b>46</b>	<b>11</b>	<b>19</b>	
<i>Sex</i>					
Males	27	47	10	16	**
Females	21	45	12	22	
<i>Males</i>					
18 - 24	29	35	14	23	***
25 - 34	17	60	11	12	
35 - 50	37	39	8	16	
51 - 64	23	53	7	17	
65+	20	55	7	18	
<i>Females</i>					
18 - 24	18	43	17	22	
25 - 34	23	46	13	18	
35 - 50	24	47	11	19	
51 - 64	21	38	16	24	
65+	17	49	5	29	
<i>Ethnicity</i>					
White	30	43	11	16	***
Hispanic	11	56	8	25	
Black	32	32	11	24	
Asian/Pacific Islander	27	50	15	8	
<i>Education</i>					
Less than High School	10	57	9	23	***
High School Graduate	23	45	9	23	
Some College	30	37	14	19	
College Graduate	31	44	11	14	
<i>Income</i>					
Less than \$15,000	12	58	8	22	***
\$15,000 - 24,999	13	47	14	25	
\$25,000 - 34,999	21	43	7	29	
\$35,000 - 49,999	25	48	9	18	
\$50,000+	40	37	11	12	
<i>Physically Active</i>					
Did Not Meet Recommendations	18	50	11	21	***
Met Recommendations	31	41	10	17	
<i>Overweight Status</i>					
Overweight/Obese	25	46	8	20	
Not Overweight	24	45	12	19	
<i>Poverty Index</i>					
Food Stamp Participants	12	53	6	28	***
All Other Respondents/ ≤ 130% FPL	10	60	8	22	
All Other Respondents/ > 130% FPL	34	39	11	16	

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**2005 California Dietary Practices Survey**

**Table 86: Kids and Teens Have Access to Healthy Foods in Your Neighborhood**

Children and teens have many opportunities to get healthy foods in your neighborhood. (Do not include foods available at home.) Would you say you...

	Percent			
	Strongly Agree	Agree	Neutral	Strongly Disagree/ Disagree
<b>Total</b>	<b>20</b>	<b>45</b>	<b>11</b>	<b>24</b>
<i>Sex</i>				
Males	22	46	9	23
Females	18	44	13	25
<i>Males</i>				
18 - 24	22	39	6	33
25 - 34	18	49	16	17
35 - 50	29	42	6	23
51 - 64	20	47	8	25
65+	16	56	8	20
<i>Females</i>				
18 - 24	20	37	24	19
25 - 34	12	48	16	24
35 - 50	18	40	10	31
51 - 64	23	44	10	22
65+	16	53	9	21
<i>Ethnicity</i>				
White	26	40	12	22
Hispanic	9	57	8	27
Black	28	36	13	22
Asian/Pacific Islander	14	53	16	18
<i>Education</i>				
Less than High School	13	52	7	28
High School Graduate	16	53	9	22
Some College	19	40	17	24
College Graduate	28	38	12	22
<i>Income</i>				
Less than \$15,000	11	47	12	30
\$15,000 - 24,999	14	49	11	26
\$25,000 - 34,999	18	45	7	30
\$35,000 - 49,999	25	51	6	18
\$50,000+	29	39	12	20
<i>Physically Active</i>				
Did Not Meet Recommendations	17	47	10	26
Met Recommendations	24	42	12	22
<i>Overweight Status</i>				
Overweight/Obese	19	46	10	24
Not Overweight	22	44	12	22
<i>Poverty Index</i>				
Food Stamp Participants	13	49	9	29
All Other Respondents/ ≤ 130% FPL	9	54	9	28
All Other Respondents/ > 130% FPL	27	41	11	22

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## 2005 California Dietary Practices Survey

**Table 87: Rules Limiting the Amount of Junk Food in the House**

*Does your family (Do you) limit the amount of junk food, such as chips, candy, soda, etc., in the house?*

	Percent with Rules Limiting Junk Food
<b>Total</b>	<b>78</b>
<i>Sex</i>	
Males	74 ***
Females	82
<i>Males</i>	
18 - 24	62 ***
25 - 34	84
35 - 50	77
51 - 64	68
65+	66
<i>Females</i>	
18 - 24	76
25 - 34	84
35 - 50	83
51 - 64	81
65+	82
<i>Ethnicity</i>	
White	74 ***
Hispanic	84
Black	73
Asian/Pacific Islander	84
<i>Education</i>	
Less than High School	84 ***
High School Graduate	72
Some College	69
College Graduate	83
<i>Income</i>	
Less than \$15,000	78
\$15,000 - 24,999	79
\$25,000 - 34,999	76
\$35,000 - 49,999	79
\$50,000+	78
<i>Physically Active</i>	
Did Not Meet Recommendations	75 *
Met Recommendations	80
<i>Overweight Status</i>	
Overweight/Obese	77
Not Overweight	78
<i>Poverty Index</i>	
Food Stamp Participants	78
All Other Respondents/ ≤ 130% FPL	82
All Other Respondents/ > 130% FPL	78

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## 2005 California Dietary Practices Survey

**Table 88: Rules Limiting Eating at Fast Food Restaurants**

*Does your family (Do you) limit the number of times per week or per month you eat at fast food restaurants?*

	Percent with Rules Limiting Fast Food
<b>Total</b>	<b>73</b>
<i>Sex</i>	
Males	70 *
Females	76
<i>Males</i>	
18 - 24	62
25 - 34	72
35 - 50	75
51 - 64	67
65+	68
<i>Females</i>	
18 - 24	67
25 - 34	72
35 - 50	78
51 - 64	83
65+	77
<i>Ethnicity</i>	
White	72 *
Hispanic	78
Black	70
Asian/Pacific Islander	64
<i>Education</i>	
Less than High School	79 ***
High School Graduate	71
Some College	63
College Graduate	78
<i>Income</i>	
Less than \$15,000	73
\$15,000 - 24,999	79
\$25,000 - 34,999	75
\$35,000 - 49,999	68
\$50,000+	72
<i>Physically Active</i>	
Did Not Meet Recommendations	70 *
Met Recommendations	75
<i>Overweight Status</i>	
Overweight/Obese	72
Not Overweight	74
<i>Poverty Index</i>	
Food Stamp Participants	80
All Other Respondents/ ≤ 130% FPL	74
All Other Respondents/ > 130% FPL	72

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## 2005 California Dietary Practices Survey

**Table 89: Rules Limiting Amount of Time Children Watch Television**

Base: Out of those who had children under 18 years

Does your family limit the amount of time your children watch TV?

	Percent With Rules Limiting TV
<b>Total</b>	<b>67</b>
<i>Sex</i>	
Males	62 **
Females	72
<i>Males</i>	
18 - 24	35 ***
25 - 34	72
35 - 50	71
51 - 64	60
65+	22
<i>Females</i>	
18 - 24	60 **
25 - 34	81
35 - 50	73
51 - 64	55
65+	75
<i>Ethnicity</i>	
White	65
Hispanic	71
Black	63
Asian/Pacific Islander	70
<i>Education</i>	
Less than High School	71 ***
High School Graduate	56
Some College	61
College Graduate	75
<i>Income</i>	
Less than \$15,000	62
\$15,000 - 24,999	71
\$25,000 - 34,999	63
\$35,000 - 49,999	61
\$50,000+	70
<i>Physically Active</i>	
Did Not Meet Recommendations	64
Met Recommendations	68
<i>Overweight Status</i>	
Overweight/Obese	67
Not Overweight	66
<i>Poverty Index</i>	
Food Stamp Participants	67
All Other Respondents/ ≤ 130% FPL	68
All Other Respondents/ > 130% FPL	69

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