

2007 California Dietary Practices Survey

Table 109: Californians who Used Food Stamps

Question: In the last 12 months, have you or anyone in your household used food stamps to buy food?

	Used Food Stamps in Past 12 Months, Percent
Total	40.2
<i>Sex</i>	
Males	32.7 ***
Females	47.4
<i>Males</i>	
18 - 24	29.4 ***
25 - 34	45.9
35 - 50	35.0
51 - 64	24.6
65+	14.9
<i>Females</i>	
18 - 24	60.4 ***
25 - 34	59.2
35 - 50	54.4
51 - 64	35.9
65+	16.7
<i>Ethnicity</i>	
White	31.4 ***
Hispanic	51.5
Black	58.2
Asian/Pacific Islander	28.3
<i>Education</i>	
Less than High School	55.4 ***
High School Graduate	49.2
Some College	45.2
College Graduate	16.9
<i>Income</i>	
Less than \$15,000	74.5 ***
\$15,000 - 24,999	56.7
\$25,000 - 34,999	34.1
<i>Physically Active</i>	
Did Not Meet Recommendations	46.4 ***
Met Recommendations	34.8
<i>Overweight Status</i>	
Overweight/Obese	44.7 ***
Not Overweight	32.9

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

*** p<.001

2007 California Dietary Practices Survey

Table 110: Californians who Bought Food, but it Did Not Last

The food that I bought just didn't last, and I didn't have money to get more.

Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

	Percent		
	Always/ Sometimes	Rarely/ Never	
Total	25.9	74.1	
<i>Sex</i>			
Males	22.3	77.7	**
Females	29.5	70.5	
<i>Males</i>			
18 - 24	17.1	82.9	***
25 - 34	32.9	67.1	
35 - 50	24.6	75.4	
51 - 64	14.5	85.5	
65+	12.0	88.0	
<i>Females</i>			
18 - 24	38.9	61.1	***
25 - 34	31.8	68.2	
35 - 50	31.8	68.2	
51 - 64	29.9	70.1	
65+	9.4	90.6	
<i>Ethnicity</i>			
White	19.4	80.6	***
Hispanic	34.7	65.3	
Black	40.2	59.8	
Asian/Pacific Islander	21.3	78.7	
<i>Education</i>			
Less than High School	41.3	58.7	***
High School Graduate	28.3	71.7	
Some College	28.2	71.8	
College Graduate	11.1	88.9	
<i>Income</i>			
Less than \$15,000	49.7	50.3	***
\$15,000 - 24,999	35.5	64.5	
\$25,000 - 34,999	26.0	74.0	
<i>Physically Active</i>			
Did Not Meet Recommendations	32.2	67.8	***
Met Recommendations	20.8	79.2	
<i>Overweight Status</i>			
Overweight/Obese	29.3	70.7	***
Not Overweight	20.2	79.8	
<i>Poverty Index</i>			
SNAP Participant	48.1	51.9	***
All Other/ ≤ 130% FPL	33.9	66.1	
All Other/ > 130% - ≤ 185% FPL	17.8	82.2	
All Other/ > 185% FPL	3.2	96.8	

Rows may not add up to 100 percent due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

** p<.01

*** p<.001

2007 California Dietary Practices Survey

Table 111: Californians who Couldn't Afford Balanced Meals

I couldn't afford to eat balanced meals.

Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

	Percent				
	Often	Sometimes	Rarely	Never	
Total	9.3	16.6	13.6	60.4	
<i>Sex</i>					
Males	7.5	14.9	12.8	64.8	**
Females	11.1	18.3	14.4	56.2	
<i>Males</i>					
18 - 24	0.0	18.8	13.3	67.9	***
25 - 34	12.7	13.2	13.9	60.2	
35 - 50	9.2	16.5	16.7	57.6	
51 - 64	4.3	13.5	6.8	75.4	
65+	5.6	10.5	8.5	75.4	
<i>Females</i>					
18 - 24	11.5	23.4	15.7	49.4	***
25 - 34	11.0	19.2	20.5	49.2	
35 - 50	13.4	18.9	16.3	51.5	
51 - 64	13.3	17.7	9.9	59.1	
65+	1.9	11.5	5.8	80.8	
<i>Ethnicity</i>					
White	9.5	10.5	9.6	70.4	***
Hispanic	10.1	23.3	22.1	44.5	
Black	13.8	28.1	12.4	45.7	
Asian/Pacific Islander	3.1	22.7	7.1	67.1	
<i>Education</i>					
Less than High School	9.9	27.8	26.7	35.5	***
High School Graduate	12.9	18.1	13.9	55.0	
Some College	11.5	15.9	11.8	60.7	
College Graduate	3.4	8.6	6.4	81.6	
<i>Income</i>					
Less than \$15,000	19.0	28.0	18.7	34.4	***
\$15,000 - 24,999	12.6	24.0	19.9	43.6	
\$25,000 - 34,999	3.5	23.3	16.6	56.7	
<i>Physically Active</i>					
Did Not Meet Recommendations	12.6	20.8	13.6	53.0	***
Met Recommendations	6.9	12.5	13.3	67.3	
<i>Overweight Status</i>					
Overweight/Obese	10.2	17.3	15.3	57.1	**
Not Overweight	8.0	15.1	10.9	66.1	
<i>Poverty Index</i>					
SNAP Participant	16.4	27.5	19.8	36.2	***
All Other/ ≤ 130% FPL	13.9	28.9	17.2	39.9	
All Other/ > 130% - ≤ 185% FPL	7.1	14.6	14.0	64.3	
All Other/ > 185% FPL	1.6	2.9	6.3	89.2	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

** p<.01

*** p<.001

2007 California Dietary Practices Survey

Table 112: Californians who Skipped Meals and How Often

In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money? How often did this happen in the past 12 months?

Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

	Skipped or Cut Meals	Percent	
		Almost Every Month or Most Months	Some Months but Not Every Month or Only 1 or 2 Months
Total	21.5	43.0	57.0
Sex			
Males	18.0 **	39.8	45.1
Females	24.8	60.2	54.9
Males			
18 - 24	10.5 *	0.0	100.0 **
25 - 34	23.6	48.6	51.4
35 - 50	20.8	39.2	60.8
51 - 64	14.9	30.0	70.0
65+	11.8	75.0	25.0
Females			
18 - 24	30.5 ***	30.0	70.0
25 - 34	27.0	41.5	58.5
35 - 50	28.2	48.5	51.5
51 - 64	25.6	52.5	47.5
65+	6.2	50.0	50.0
Ethnicity			
White	18.5 ***	47.8	52.2
Hispanic	26.4	39.6	58.1
Black	34.8	41.9	60.4
Asian/Pacific Islander	8.7	18.2	81.8
Education			
Less than High School	34.4 ***	42.6	57.4
High School Graduate	22.9	39.5	60.5
Some College	22.8	44.0	56.0
College Graduate	10.4	50.0	50.0
Income			
Less than \$15,000	39.7 ***	49.7	50.3 **
\$15,000 - 24,999	28.5	40.0	60.0
\$25,000 - 34,999	24.0	19.4	80.6
Physically Active			
Did Not Meet Recommendations	27.1 ***	39.9	60.1
Met Recommendations	16.4	49.2	50.8
Overweight Status			
Overweight/Obese	24.2 **	43.6	56.4
Not Overweight	17.3	42.3	57.7
Poverty Index			
SNAP Participant	38.7 ***	45.3	54.7
All Other/ ≤ 130% FPL	27.1	42.2	57.8
All Other/ > 130% - ≤ 185% FPL	17.6	50.0	50.0
All Other/ > 185% FPL	3.1	16.7	83.3

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2007 California Dietary Practices Survey

Table 136: Californians who Ate Less Because of No Money

In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy

	Percent Reported Eating Less
Total	23.3
Sex	
Males	21.9
Females	24.7
Males	
18 - 24	16.2 **
25 - 34	25.5
35 - 50	28.9
51 - 64	12.7
65+	15.6
Females	
18 - 24	34.4 ***
25 - 34	25.2
35 - 50	28.1
51 - 64	25.2
65+	5.2
Ethnicity	
White	18.9 ***
Hispanic	28.6
Black	37.0
Asian/Pacific Islander	17.3
Education	
Less than High School	36.0 ***
High School Graduate	26.9
Some College	23.5
College Graduate	11.4
Income	
Less than \$15,000	44.0 ***
\$15,000 - 24,999	27.8
\$25,000 - 34,999	27.1
Physically Active	
Did Not Meet Recommendations	29.6 ***
Met Recommendations	18.4
Overweight Status	
Overweight/Obese	26.8 ***
Not Overweight	18.0
Poverty Index	
SNAP Participant	41.0 ***
All Other/ ≤ 130% FPL	29.1
All Other/ > 130% - ≤ 185% FPL	19.6
All Other/ > 185% FPL	5.4

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

** p<.01

*** p<.001

2007 California Dietary Practices Survey

Table 137: Californians who Were Hungry Because of No Money

In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?

	Percent Reported Being Hungry
Total	17.1
Sex	
Males	16.6
Females	17.7
Males	
18 - 24	17.1 *
25 - 34	21.7
35 - 50	19.1
51 - 64	9.0
65+	9.2
Females	
18 - 24	21.9 ***
25 - 34	15.9
35 - 50	22.0
51 - 64	20.0
65+	1.0
Ethnicity	
White	15.1 **
Hispanic	19.5
Black	23.9
Asian/Pacific Islander	6.3
Education	
Less than High School	24.9 ***
High School Graduate	19.7
Some College	18.9
College Graduate	7.9
Income	
Less than \$15,000	34.8 ***
\$15,000 - 24,999	19.4
\$25,000 - 34,999	15.6
Physically Active	
Did Not Meet Recommendations	19.1
Met Recommendations	15.3
Overweight Status	
Overweight/Obese	18.4
Not Overweight	15.0
Poverty Index	
SNAP Participant	30.7 ***
All Other/ ≤ 130% FPL	22.4
All Other/ > 130% - ≤ 185% FPL	11.0
All Other/ > 185% FPL	3.6

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001