

## 2005 California Dietary Practices Survey

**Table 69: Californians Who Used Food Stamps**

*In the last 12 months, have you or anyone in your household used food stamps to buy food?*

	Used Food Stamps in Past 12 Months, <sup>1</sup> Percent
<b>Total</b>	<b>13</b>
<i>Sex</i>	
Males	11 *
Females	14
<i>Males</i>	
18 - 24	10 ***
25 - 34	19
35 - 50	10
51 - 64	10
65+	0
<i>Females</i>	
18 - 24	30 ***
25 - 34	20
35 - 50	15
51 - 64	6
65+	2
<i>Ethnicity</i>	
White	6 ***
Hispanic	22
Black	32
Asian/Pacific Islander	9
<i>Education</i>	
Less than High School	27 ***
High School Graduate	15
Some College	6
College Graduate	5
<i>Income</i>	
Less than \$15,000	28 ***
\$15,000 - 24,999	19
\$25,000 - 34,999	14
<i>Physically Active</i>	
Did Not Meet Recommendations	15 **
Met Recommendations	10
<i>Overweight Status</i>	
Overweight/Obese	15 **
Not Overweight	10

<sup>1</sup> Out of individuals with a household income < \$35,000.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

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**2005 California Dietary Practices Survey**

**Table 70: Food Bought Didn't Last**

*The food that I bought just didn't last, and I didn't have money to get more.*

*Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?*

	Percent <sup>1</sup>	
	Always/ Sometimes	Rarely/ Never
<b>Total</b>	<b>16</b>	<b>84</b>
<i>Sex</i>		
Males	15	85
Females	17	83
<i>Males</i>		
18 - 24	26	74
25 - 34	18	82
35 - 50	15	85
51 - 64	12	88
65+	4	96
<i>Females</i>		
18 - 24	26	74
25 - 34	24	76
35 - 50	18	82
51 - 64	12	88
65+	7	93
<i>Ethnicity</i>		
White	8	92
Hispanic	29	71
Black	26	74
Asian/Pacific Islander	8	92
<i>Education</i>		
Less than High School	33	67
High School Graduate	19	81
Some College	10	90
College Graduate	6	94
<i>Income</i>		
Less than \$15,000	34	66
\$15,000 - 24,999	26	74
\$25,000 - 34,999	25	75
<i>Physically Active</i>		
Did Not Meet Recommendations	21	79
Met Recommendations	11	89
<i>Overweight Status</i>		
Overweight/Obese	18	82
Not Overweight	14	86
<i>Poverty Index</i>		
Food Stamp Participants	49	51
All Other Respondents/ ≤ 130% FPL	28	72
All Other Respondents/ > 130% FPL	4	96

<sup>1</sup> Out of individuals with a household income < \$35,000.

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Chi Square Test

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## 2005 California Dietary Practices Survey

**Table 71: Californians Who Couldn't Afford Balanced Meals**

*I couldn't afford to eat balanced meals.*

*Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?*

	Percent <sup>1</sup>			
	Often	Sometimes	Rarely	Never
<b>Total</b>	<b>6</b>	<b>11</b>	<b>12</b>	<b>70</b>
<i>Sex</i>				
Males	5	11	11	72
Females	8	12	13	68
<i>Males</i>				
18 - 24	9	17	18	57
25 - 34	2	16	13	68
35 - 50	6	8	12	74
51 - 64	8	9	8	75
65+	3	4	5	88
<i>Females</i>				
18 - 24	8	20	17	55
25 - 34	10	16	15	59
35 - 50	8	11	15	66
51 - 64	5	10	12	73
65+	6	5	4	86
<i>Ethnicity</i>				
White	4	6	7	82
Hispanic	9	22	20	48
Black	8	15	13	64
Asian/Pacific Islander	1	7	13	79
<i>Education</i>				
Less than High School	12	23	23	41
High School Graduate	9	12	8	70
Some College	5	8	10	76
College Graduate	2	4	8	86
<i>Income</i>				
Less than \$15,000	18	19	19	44
\$15,000 - 24,999	8	21	17	54
\$25,000 - 34,999	5	20	14	61
<i>Physically Active</i>				
Did Not Meet Recommendations	10	14	13	64
Met Recommendations	3	9	11	77
<i>Overweight Status</i>				
Overweight/Obese	9	13	12	67
Not Overweight	4	10	11	76
<i>Poverty Index</i>				
Food Stamp Participants	19	30	18	33
All Other Respondents/ ≤ 130% FPL	13	20	18	49
All Other Respondents/ > 130% FPL	2	4	7	87

<sup>1</sup> Out of individuals with a household income < \$35,000

Rows may not add up to 100 percent due to rounding.

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Chi Square Test

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**2005 California Dietary Practices Survey**

**Table 72: Californians Who Skipped Meals and How Often**

*In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?*

*How often did this happen in the past 12 months?*

*Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?*

	Skipped/Cut Meals	Percent	
		Almost Every Month or Most Months <sup>1</sup>	Some Months but Not Every Month or Only 1 or 2 Months <sup>1</sup>
<b>Total</b>	<b>13</b>	<b>34</b>	<b>66</b>
<i>Sex</i>			
Males	11	30	70
Females	14	37	63
<i>Males</i>			
18 - 24	25 ***	Insufficient Sample Size	
25 - 34	7		
35 - 50	13		
51 - 64	10		
65+	2		
<i>Females</i>			
18 - 24	26 ***	Insufficient Sample Size	
25 - 34	17		
35 - 50	16		
51 - 64	10		
65+	5		
<i>Ethnicity</i>			
White	8 ***	42	58
Hispanic	19	29	71
Black	24	21	79
Asian/Pacific Islander	3	56	44
<i>Education</i>			
Less than High School	25 ***	35	65
High School Graduate	13	34	66
Some College	12	20	80
College Graduate	5	48	52
<i>Income</i>			
Less than \$15,000	28 ***	43	57
\$15,000 - 24,999	16	30	70
\$25,000 - 34,999	22	23	77
<i>Physically Active</i>			
Did Not Meet Recommendations	16 **	37	63
Met Recommendations	10	26	74
<i>Overweight Status</i>			
Overweight/Obese	15 ***	32	68
Not Overweight	9	39	61
<i>Poverty Index</i>			
Food Stamp Participants	35 ***	45	55
All Other Respondents/ ≤ 130% FPL	20	34	66
All Other Respondents/ > 130% FPL	5	22	78

<sup>1</sup> Out of those who skipped meals and with a household income < \$35,000.

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Chi Square Test

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## 2005 California Dietary Practices Survey

**Table 73: Californians Who Ate Less Because of No Money**

*In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?*

	Reported Eating Less, Percent <sup>1</sup>
<b>Total</b>	<b>14</b>
<i>Sex</i>	
Males	14
Females	15
<i>Males</i>	
18 - 24	26
25 - 34	10
35 - 50	17
51 - 64	13
65+	2
<i>Females</i>	
18 - 24	22
25 - 34	20
35 - 50	16
51 - 64	10
65+	5
<i>Ethnicity</i>	
White	11
Hispanic	22
Black	20
Asian/Pacific Islander	5
<i>Education</i>	
Less than High School	27
High School Graduate	14
Some College	15
College Graduate	6
<i>Income</i>	
Less than \$15,000	30
\$15,000 - 24,999	22
\$25,000 - 34,999	23
<i>Physically Active</i>	
Did Not Meet Recommendations	18
Met Recommendations	11
<i>Overweight Status</i>	
Overweight/Obese	16
Not Overweight	12
<i>Poverty Index</i>	
Food Stamp Participants	44
All Other Respondents/ ≤ 130% FPL	19
All Other Respondents/ > 130% FPL	5

<sup>1</sup> Out of those who skipped meals and with a household income < \$35,000.

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Chi Square Test

\*\* p<.01

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## 2005 California Dietary Practices Survey

**Table 74: Californians Who Were Hungry Because of No Money**

*In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?*

	Reported Being Hungry, Percent <sup>1</sup>
<b>Total</b>	<b>10</b>
<i>Sex</i>	
Males	11
Females	10
<i>Males</i>	
18 - 24	20 ***
25 - 34	10
35 - 50	14
51 - 64	7
65+	1
<i>Females</i>	
18 - 24	15 *
25 - 34	12
35 - 50	12
51 - 64	8
65+	3
<i>Ethnicity</i>	
White	7 ***
Hispanic	17
Black	16
Asian/Pacific Islander	3
<i>Education</i>	
Less than High School	20 ***
High School Graduate	10
Some College	7
College Graduate	6
<i>Income</i>	
Less than \$15,000	24 ***
\$15,000 - 24,999	15
\$25,000 - 34,999	15
<i>Physically Active</i>	
Did Not Meet Recommendations	14 ***
Met Recommendations	7
<i>Overweight Status</i>	
Overweight/Obese	11
Not Overweight	9
<i>Poverty Index</i>	
Food Stamp Participants	33 ***
All Other Respondents/ ≤ 130% FPL	16
All Other Respondents/ > 130% FPL	3

<sup>1</sup> Out of those who skipped meals and with a household income < \$35,000.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\*\* p<.001