

**2007 California Dietary Practices Survey**

**Table 41: Consumption of Any Milk, Trends 1989-2007**

Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal?

	Percent who Drank Milk										Trends	
	1989	1991 <sup>1</sup>	1993	1995	1997	1999	2001	2003	2005	2007	2005-07	1997-07
<b>Total</b>	<b>41</b>	<b>56</b>	<b>57</b>	<b>57</b>	<b>53</b>	<b>55</b>	<b>55</b>	<b>55</b>	<b>58</b>	<b>60.8</b>	<b>2.8</b>	<b>7.8***</b>
<b>Sex</b>												
Males	44	57	57	60 *	53	56	60 **	55	57	59.7	2.7	6.7**
Females	39	54	57	54	53	55	52	54	59	61.8	2.8	8.8***
<b>Males</b>												
18 - 24	65 **	61	63 **	71 **	63 **	64 ***	63	53	58	67.6 **	9.6	4.6
25 - 34	46	58	60	60	54	54	59	51	54	67.1	13.1*	13.1**
35 - 50	39	53	52	49	49	57	61	52	55	50.5	-4.5	1.5
51 - 64	38	52	46	62	42	39	57	62	58	60.5	2.5	18.5**
65+	34	69	69	72	65	65	59	61	66	61.4	-4.6	-3.6
<b>Females</b>												
18 - 24	46	54	64 **	51 *	61 *	58	57	61	65	66.7 *	1.7	5.7
25 - 34	41	52	63	56	53	55	58	54	57	69.9	12.9*	16.9**
35 - 50	34	55	54	52	49	54	46	50	60	55.0	-5.0	6.0
51 - 64	37	50	41	46	46	46	46	50	54	57.3	3.3	11.3
65+	39	62	63	70	63	62	52	63	57	68.5	11.5	5.5
<b>Ethnicity</b>												
White	41	59 *	60 ***	57 ***	55 ***	57 ***	58 **	56 **	58 ***	58.9 ***	0.9	3.9
Hispanic	47	55	61	64	61	62	58	60	69	68.8	-0.2	7.8*
Black	32	44	40	35	32	32	45	44	48	51.0	3.0	19.0**
Asian/Pacific Islander						33	43	44	46	51.5	5.5	
<b>Education</b>												
Less than High School	49	57	60	64	58	61	57 ***	56	66 ***	57.9	-8.1*	-0.1
High School Graduate	44	54	59	59	54	57	61	55	61	65.3	4.3	11.3**
Some College	40	55	58	53	50	54	48	53	50	60.5	10.5**	10.5**
College Graduate	36	57	53	57	55	52	57	55	54	58.6	4.6	3.6
<b>Income</b>												
Less than \$15,000	46 *	58	64 *	52	56	59	55	54	59 ***	60.8	1.8	4.8
\$15,000 - 24,999	51	52	59	63	56	58	60	58	58	65.6	7.6	9.6*
\$25,000 - 34,999	39	60	57	54	51	53	52	50	57	62.0	5.0	11.0*
\$35,000 - 49,999	39	54	57	60	54	54	55	55	53	64.5	11.5	10.5*
\$50,000+	35	53	51	55	50	50	56	54	59	56.2	-2.8	6.2
<b>Physically Active</b>												
Did Not Meet Recommendations							55	54	60	59.3	-0.7	
Met Recommendations							55	56	58	62.0	4.0	
<b>Overweight Status</b>												
Overweight/Obese							58	55	59	61.7	2.7	
Not Overweight							53	54	56	59.1	3.1	
<b>Poverty Index</b>												
SNAP Participant								53	66 *	62.6	-3.4	
All Other/ ≤ 130% FPL								57	60	62.8	2.8	
All Other/ > 130% FPL								54	55	58.4	3.4	

<sup>1</sup> Lowfat milk was introduced to California in 1990.

The p-values presented are unadjusted for multiple testing. Because of the large number of statistical tests performed here, it is suggested that the reader use p<0.01 as the definition of "statistically significant".

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 43: Consumption of Whole Milk (out of Milk Drinkers), Trends 1989-2007**

Base: Out of milk drinkers

Was the milk you drank or used whole milk; reduced fat or 2%, low fat or 1%, or nonfat or skim?

	Percent who Drank Whole Milk										Trends	
	1989	1991	1993	1995	1997	1999	2001	2003	2005	2007	2005-07	1997-07
<b>Total</b>	<b>41</b>	<b>31</b>	<b>29</b>	<b>22</b>	<b>25</b>	<b>31</b>	<b>30</b>	<b>29</b>	<b>22</b>	<b>29.2</b>	<b>7.2***</b>	<b>4.2</b>
<b>Sex</b>												
Males	45	29	30	23	25	30	32**	31	23	31.5	8.5**	6.5*
Females	38	32	27	22	26	32	27	28	21	27.1	6.1*	1.1
<b>Males</b>												
18 - 24	31	46**	31***	46***	24	28	38	44*	11***	28.9*	17.9*	4.9
25 - 34	51	38	49	23	35	33	37	39	41	38.3	-2.7	3.3
35 - 50	49	21	30	25	24	34	34	26	36	22.6	-13.4	-1.4
51 - 64	42	17	24	7	19	23	33	22	26	40.1	14.1	21.1**
65+	50	29	7	13	18	20	12	27	11	28.5	17.5*	10.5
<b>Females</b>												
18 - 24	50	45	36*	29*	29*	39*	42*	43**	23*	30.9	7.9	1.9
25 - 34	39	49	34	33	36	38	34	36	21	26.3	5.3	-9.7
35 - 50	33	29	25	19	25	36	24	25	29	29.4	0.4	4.4
51 - 64	30	19	21	8	23	21	25	17	14	29.4	15.4*	6.4
65+	38	30	16	16	17	22	14	20	11	16.7	5.7	-0.3
<b>Ethnicity</b>												
White	31***	22***	18***	12***	17***	22***	21***	21***	18**	22.2**	4.2	5.2*
Hispanic	66	58	56	46	44	44	53	49	27	32.2	5.2	-11.8*
Black	64	48	59	40	50	65	55	53	36	40.7	4.7	-9.3
Asian/Pacific Islander						42	27	14	24	36.9	12.9	
<b>Education</b>												
Less than High School	62***	55***	53***	45***	51***	48***	58***	57***	33***	42.0***	9.0	-9.0
High School Graduate	49	39	39	28	33	38	34	37	20	33.2	13.2**	0.2
Some College	34	30	24	19	24	30	23	24	23	29.4	6.4	5.4
College Graduate	26	14	15	14	13	18	20	16	13	16.7	3.7	3.7
<b>Income</b>												
Less than \$15,000	53***	49***	42***	41***	38***	44***	38***	47***	26***	41.8***	15.8***	3.8
\$15,000 - 24,999	45	29	39	29	31	40	34	42	28	35.3	7.3	4.3
\$25,000 - 34,999	49	37	29	19	19	27	32	20	22	31.7	9.7	12.7*
\$35,000 - 49,999	27	24	19	17	19	26	27	24	32	17.5	-14.5*	-1.5
\$50,000+	19	17	11	14	17	14	20	18	14	14.4	0.4	-2.6
<b>Physically Active</b>												
Did Not Meet Recommendations							33*	37***	26**	30.9	4.9	
Met Recommendations							26	21	17	28.9	11.9***	
<b>Overweight Status</b>												
Overweight/Obese							27	30	24	28.5	4.5	
Not Overweight							30	27	20	30.4	10.4**	
<b>Poverty Index</b>												
SNAP Participant							52***	29	40.1***	11.1*		
All Other/ ≤ 130% FPL							52	26	33.1	7.1		
All Other/ > 130% FPL							21	19	19.2	0.2		

The p-values presented are unadjusted for multiple testing. Because of the large number of statistical tests performed here, it is suggested that the reader use p<0.01 as the definition of "statistically significant".

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 44: Consumption of Low Fat Milk<sup>1</sup> (out of Milk Drinkers), Trends 1989-2007**

Base: Out of milk drinkers

Was the milk you drank or used whole milk; reduced fat or 2%, low fat or 1%, or nonfat or skim?

	Percent who Drank Low Fat Milk										Trends	
	1989 <sup>2</sup>	1991	1993	1995	1997	1999	2001	2003	2005	2007	2005-07	1997-07
<b>Total</b>	<b>17</b>	<b>32</b>	<b>30</b>	<b>39</b>	<b>35</b>	<b>38</b>	<b>35</b>	<b>41</b>	<b>39</b>	<b>33.1</b>	<b>-5.9*</b>	<b>-1.9</b>
<b>Sex</b>												
Males	13	31	25**	34**	32	37	29***	44	37	33.5	-3.5	1.5
Females	21	33	34	44	38	39	42	39	41	32.8	-8.2*	-5.2
<b>Males</b>												
18 - 24	15	17	22	11**	22	41	23	42	26	40.6**	14.6	18.6*
25 - 34	10	25	17	33	38	29	32	39	36	21.7	-14.3*	-16.3**
35 - 50	20	36	30	39	32	35	29	42	40	35.5	-4.5	3.5
51 - 64	7	39	29	44	33	48	28	51	36	33.7	-2.3	0.7
65+	5	36	27	41	32	42	34	46	42	42.9	0.9	10.9
<b>Females</b>												
18 - 24	17	26	36	43**	30	31	24*	26	28**	24.9**	-3.1	-5.1
25 - 34	15	25	31	27	32	41	41	36	35	24.9	-10.1	-7.1
35 - 50	29	34	33	46	39	34	42	40	35	30.9	-4.1	-8.1
51 - 64	19	38	34	64	49	44	39	44	57	39.7	-17.3	-9.3
65+	25	43	36	52	39	47	55	46	52	48.0	-4.0	9.0
<b>Ethnicity</b>												
White	19	36***	37***	51***	45***	46***	43***	51***	50***	42.5***	-7.5*	-2.5
Hispanic	11	19	10	17	16	24	18	18	25	23.5	-1.5	7.5*
Black	5	12	24	15	12	19	16	20	20	17.3	-2.7	5.3
Asian/Pacific Islander						34	34	43	39	37.7	-1.3	
<b>Education</b>												
Less than High School	19	15***	13***	21***	10***	19***	14***	17***	29***	20.1***	-8.9*	10.1*
High School Graduate	8	25	19	26	18	27	32	30	30	24.7	-5.3	6.7
Some College	20	30	32	40	37	41	34	44	34	35.1	1.1	-1.9
College Graduate	25	48	43	54	52	52	48	57	57	47.8	-9.2	-4.2
<b>Income</b>												
Less than \$15,000	17	25	22**	25**	18***	29***	29***	25***	32***	19.1***	-12.9**	1.1
\$15,000 - 24,999	12	34	22	35	28	25	25	28	26	24.6	-1.4	-3.4
\$25,000 - 34,999	15	26	30	42	43	36	39	43	24	28.9	4.9	-14.1
\$35,000 - 49,999	14	32	34	41	36	51	32	41	37	35.8	-1.2	-0.2
\$50,000+	27	40	42	48	47	54	46	55	54	52.7	-1.3	5.7
<b>Physically Active</b>												
Did Not Meet Recommendations							31**	34***	33***	34.6	1.6	
Met Recommendations							41	48	46	32.0	-14.0***	
<b>Overweight Status</b>												
Overweight/Obese							36	36**	36*	29.4**	-6.6*	
Not Overweight							34	47	43	39.1	-3.9	
<b>Poverty Index</b>												
SNAP Participant								22***	28***	20.0***	-8.0	
All Other/ ≤ 130% FPL								20	31	23.7	-7.3	
All Other/ > 130% FPL								49	46	45.7	-0.3	

<sup>1</sup>Low fat milk is used to refer to nonfat or 1% milk.

<sup>2</sup>Lowfat milk (1%) was introduced to California in 1990.

The p-values presented are unadjusted for multiple testing. Because of the large number of statistical tests performed here, it is suggested that the reader use p<0.01 as the definition of "statistically significant".

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Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 45: Consumption of Cheese**

Yesterday, how many times did you have cheese, for example cheeseburger, pizza, in a casserole, on a sandwich, or as a snack?

	Percent who Had Any Cheese	
<b>Total</b>	<b>55.2</b>	
<i>Sex</i>		
Males	57.3	
Females	53.1	
<i>Males</i>		
18 - 24	74.9	***
25 - 34	60.3	
35 - 50	54.3	
51 - 64	54.9	
65+	40.9	
<i>Females</i>		
18 - 24	61.5	
25 - 34	55.6	
35 - 50	51.7	
51 - 64	50.0	
65+	49.6	
<i>Ethnicity</i>		
White	59.1	***
Hispanic	53.1	
Black	53.2	
Asian/Pacific Islander	40.6	
<i>Education</i>		
Less than High School	52.3	
High School Graduate	56.4	
Some College	55.2	
College Graduate	56.3	
<i>Income</i>		
Less than \$15,000	49.9	**
\$15,000 - 24,999	50.5	
\$25,000 - 34,999	64.2	
\$35,000 - 49,999	57.9	
\$50,000+	60.0	
<i>Physically Active</i>		
Did Not Meet Recommendations	54.3	
Met Recommendations	56.3	
<i>Overweight Status</i>		
Overweight/Obese	55.1	
Not Overweight	55.0	
<i>Poverty Index</i>		
SNAP Participant	55.1	*
All Other/ ≤ 130% FPL	46.6	
All Other/ > 130% - ≤ 185% FPL	48.2	
All Other/ > 185% FPL	58.0	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

## 2007 California Dietary Practices Survey

**Table 47: Consumption of Yogurt**

*Yesterday did you eat any yogurt, not including frozen yogurt?*

	Percent who Had Any Yogurt
<b>Total</b>	<b>17.7</b>
<i>Sex</i>	
Males	13.7 ***
Females	21.6
<i>Males</i>	
18 - 24	12.4
25 - 34	11.4
35 - 50	17.6
51 - 64	10.7
65+	12.8
<i>Females</i>	
18 - 24	20.3
25 - 34	20.9
35 - 50	19.7
51 - 64	25.2
65+	22.8
<i>Ethnicity</i>	
White	21.5 ***
Hispanic	14.3
Black	4.6
Asian/Pacific Islander	19.4
<i>Education</i>	
Less than High School	14.7 ***
High School Graduate	9.9
Some College	19.6
College Graduate	25.1
<i>Income</i>	
Less than \$15,000	15.3 **
\$15,000 - 24,999	14.5
\$25,000 - 34,999	12.8
\$35,000 - 49,999	18.0
\$50,000+	23.6
<i>Physically Active</i>	
Did Not Meet Recommendations	14.2 **
Met Recommendations	20.7
<i>Overweight Status</i>	
Overweight/Obese	16.5
Not Overweight	19.9
<i>Poverty Index</i>	
SNAP Participant	14.3 ***
All Other/ ≤130% FPL	15.1
All Other/ >130% - ≤185% FPL	14.8
All Other/ >185% FPL	23.0

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\*\* p<.01

\*\*\* p<.001

## 2007 California Dietary Practices Survey

**Table 48: Consumption of Soy**

*Yesterday, how many times did you eat soy products, such as soy beans, soy burgers, tofu, soy cheese, or soy milk?*

	Percent who Ate Soy
<b>Total</b>	<b>11.0</b>
<i>Sex</i>	
Males	9.8
Females	12.1
<i>Males</i>	
18 - 24	7.6
25 - 34	9.4
35 - 50	12.6
51 - 64	4.4
65+	14.3
<i>Females</i>	
18 - 24	15.8
25 - 34	12.5
35 - 50	9.4
51 - 64	12.3
65+	14.6
<i>Ethnicity</i>	
White	11.8
Hispanic	6.8
Black	4.3
Asian/Pacific Islander	26.2
<i>Education</i>	
Less than High School	8.8
High School Graduate	6.9
Some College	9.6
College Graduate	17.6
<i>Income</i>	
Less than \$15,000	10.0
\$15,000 - 24,999	9.5
\$25,000 - 34,999	8.4
\$35,000 - 49,999	5.0
\$50,000+	13.6
<i>Physically Active</i>	
Did Not Meet Recommendations	6.3
Met Recommendations	15.4
<i>Overweight Status</i>	
Overweight/Obese	8.1
Not Overweight	15.8
<i>Poverty Index</i>	
SNAP Participant	8.7
All Other/ ≤ 130% FPL	9.1
All Other/ > 130% - ≤ 185% FPL	12.2
All Other/ > 185% FPL	12.4

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 51: Consumption of Milk, Yogurt, or Cheese (At Least Two Different Items)**

*Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal?  
 Yesterday, how many times did you have cheese, for example cheeseburger, pizza, in a casserole, on a sandwich, or as a snack?  
 Yesterday did you eat any yogurt, not including frozen yogurt?*

	<b>Percent who Ate at Least 2 Items</b>
<b>Total</b>	<b>43.1</b>
<i>Sex</i>	
Males	41.8
Females	44.3
<i>Males</i>	
18 - 24	56.3 ***
25 - 34	47.0
35 - 50	34.2
51 - 64	42.4
65+	33.4
<i>Females</i>	
18 - 24	49.5
25 - 34	51.2
35 - 50	38.1
51 - 64	43.4
65+	45.5
<i>Ethnicity</i>	
White	45.8 *
Hispanic	44.4
Black	30.0
Asian/Pacific Islander	36.4
<i>Education</i>	
Less than High School	37.5
High School Graduate	44.3
Some College	43.6
College Graduate	45.6
<i>Income</i>	
Less than \$15,000	39.6
\$15,000 - 24,999	41.5
\$25,000 - 34,999	47.0
\$35,000 - 49,999	45.7
\$50,000+	45.9
<i>Physically Active</i>	
Did Not Meet Recommendations	40.3 *
Met Recommendations	46.2
<i>Overweight Status</i>	
Overweight/Obese	42.3
Not Overweight	44.0
<i>Poverty Index</i>	
SNAP Participant	42.7
All Other/ ≤ 130% FPL	39.3
All Other/ > 130% - ≤ 185% FPL	38.2
All Other/ > 185% FPL	45.2

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 52: Consumption of No Milk, Yogurt, or Cheese, Trends 1991-2007**

Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal?  
 Yesterday, how many times did you have cheese, for example cheeseburger, pizza, in a casserole, on a sandwich, or as a snack?  
 Yesterday did you eat any yogurt, not including frozen yogurt?

	Percent who Had No Milk, Yogurt, or Cheese										Trends	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2005-07	1997-07	
<b>Total</b>	<b>24</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>21</b>	<b>21</b>	<b>17</b>	<b>17</b>	<b>16.5</b>	<b>-0.5</b>	<b>-6.5***</b>	
<b>Sex</b>												
Males	24	21	20	23	20	18*	17	18	16.4	-1.6	-6.6***	
Females	23	22	23	22	22	23	17	17	16.7	-0.3	-5.3**	
<b>Males</b>												
18 - 24	15	17*	7**	15***	10***	17	7*	12	10.3	-1.7	-4.7	
25 - 34	25	17	20	20	16	16	20	20	11.5	-8.5*	-8.5*	
35 - 50	27	25	27	21	21	17	19	20	19.5	-0.5	-1.5	
51 - 64	26	29	20	41	34	22	17	18	19.7	1.7	-21.3***	
65+	24	12	17	23	14	20	18	13	18.9	5.9	-4.1	
<b>Females</b>												
18 - 24	21	16	26	12*	20	12**	9**	23	11.6	-11.4*	-0.4	
25 - 34	17	17	24	21	15	18	15	17	15.4	-1.6	-5.6	
35 - 50	25	22	25	22	25	24	22	14	18.1	4.1	-3.9	
51 - 64	25	33	25	29	26	27	24	16	18.9	2.9	-10.1*	
65+	24	24	13	23	24	31	11	18	16.8	-1.2	-6.2	
<b>Ethnicity</b>												
White	19**	17***	19**	20***	18***	18*	13***	14***	14.9***	0.9	-5.1*	
Hispanic	26	19	21	22	19	24	20	14	15.1	1.1	-6.9*	
Black	34	37	37	37	42	28	24	29	22.8	-6.2	-14.2*	
Asian/Pacific Islander					44	23	31	28	27.8	-0.2		
<b>Education</b>												
Less than High School	30	22	20	27	23	27*	24*	14***	17.8	3.8	-9.2*	
High School Graduate	25	22	18	23	23	18	17	20	17.5	-2.5	-5.5	
Some College	23	22	26	24	20	22	16	23	17.0	-6.0*	-7.0*	
College Graduate	20	20	21	20	20	18	15	13	14.4	1.4	-5.6*	
<b>Income</b>												
Less than \$15,000	23	23	21	25	21	22	23**	17*	20.6*	3.6	-4.4	
\$15,000 - 24,999	29	24	21	22	22	17	18	20	16.8	-3.2	-5.2	
\$25,000 - 34,999	22	22	26	22	19	23	20	26	10.7	-15.3**	-11.3*	
\$35,000 - 49,999	23	20	18	27	22	25	14	15	18.7	3.7	-8.3	
\$50,000+	21	19	22	19	20	16	13	14	13.9	-0.1	-5.1*	
<b>Physically Active</b>												
Did Not Meet Recommendations						21	17	19	18.0	-1.0		
Met Recommendations						20	16	15	15.7	0.7		
<b>Overweight Status</b>												
Overweight/Obese						20	18	16	15.9	-0.1		
Not Overweight						21	15	19	17.6	-1.4		
<b>Poverty Index</b>												
SNAP Participant						20**	17	17.0		0.0		
All Other/ ≤ 130% FPL						23	18	21.6		3.6		
All Other/ > 130% FPL						14	17	15.5		-1.5		

The p-values presented are unadjusted for multiple testing. Because of the large number of statistical tests performed here, it is suggested that the reader use p<0.01 as the definition of "statistically significant".

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 53: Consumption of Any Milk and by Milk Type**

*Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal?  
Was the milk you drank or used whole milk; reduced fat or 2%, low fat or 1%, or nonfat or skim?*

	Percent who Drank		
	Any Milk (out of Everyone)	Whole Milk (out of Everyone)	Nonfat Milk (out of Everyone)
<b>Total</b>	<b>60.8</b>	<b>17.6</b>	<b>10.8</b>
<i>Sex</i>			
Males	59.7	18.5	11.4
Females	61.8	16.7	10.2
<i>Males</i>			
18 - 24	67.6	19.1	11.6
25 - 34	67.1	25.5	9.2
35 - 50	50.5	11.1	12.3
51 - 64	60.5	23.9	7.7
65+	61.4	17.5	19.2
<i>Females</i>			
18 - 24	66.7	20.6	8.1
25 - 34	69.9	18.3	7.9
35 - 50	55.0	16.0	8.0
51 - 64	57.3	16.8	12.5
65+	68.5	11.4	18.1
<i>Ethnicity</i>			
White	58.9	13.0	14.5
Hispanic	68.8	21.8	8.3
Black	51.0	20.1	3.8
Asian/Pacific Islander	51.5	19.0	6.6
<i>Education</i>			
Less than High School	57.9	23.8	5.3
High School Graduate	65.3	21.6	9.8
Some College	60.5	17.6	8.1
College Graduate	58.6	9.8	18.2
<i>Income</i>			
Less than \$15,000	60.8	25.2	6.6
\$15,000 - 24,999	65.6	23.1	8.5
\$25,000 - 34,999	62.0	19.3	6.1
\$35,000 - 49,999	64.5	11.2	10.5
\$50,000+	56.2	8.0	17.6
<i>Physically Active</i>			
Did Not Meet Recommendations	59.3	18.2	10.5
Met Recommendations	62.0	17.8	11.2
<i>Overweight Status</i>			
Overweight/Obese	61.7	17.4	9.8
Not Overweight	59.1	17.9	12.5
<i>Poverty Index</i>			
SNAP Participant	62.6	24.9	6.8
All Other/ ≤ 130% FPL	62.8	20.7	9.7
All Other/ > 130% - ≤ 185% FPL	63.8	17.8	8.7
All Other/ > 185% FPL	57.5	10.0	15.3

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

**2007 California Dietary Practices Survey**

**Table 54: Range of Servings of Milk Consumed**

*Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal? How many glasses of milk, drinks made with milk, or bowls of cereal with milk did you have yesterday?*

	Servings Drank, Percent			
	0	1	2	3+
<b>Total</b>	<b>39.4</b>	<b>35.1</b>	<b>16.5</b>	<b>9.0</b>
<b>Sex</b>				
Males	40.4	32.7	16.6	10.3
Females	38.4	37.6	16.4	7.7
<b>Males</b>				
18 - 24	32.1	34.0	22.6	11.3
25 - 34	33.1	35.6	20.0	11.3
35 - 50	49.8	26.1	13.5	10.6
51 - 64	39.3	35.6	14.1	11.1
65+	39.0	40.3	16.9	3.9
<b>Females</b>				
18 - 24	33.7	37.9	18.9	9.5
25 - 34	30.3	40.1	19.1	10.5
35 - 50	45.6	34.9	15.4	4.1
51 - 64	42.3	36.5	14.7	6.4
65+	31.3	41.7	14.6	12.5
<b>Ethnicity</b>				
White	41.3	30.6	17.4	10.7
Hispanic	31.2	41.0	19.5	8.3
Black	48.9	33.7	13.0	4.3
Asian/Pacific Islander	48.8	38.8	7.8	4.7
<b>Education</b>				
Less than High School	42.1	37.0	13.2	7.7
High School Graduate	34.8	38.3	16.8	10.1
Some College	39.6	32.2	18.4	9.8
College Graduate	41.5	33.8	16.8	7.9
<b>Income</b>				
Less than \$15,000	39.2	36.9	13.9	10.0
\$15,000 - 24,999	34.3	37.0	18.9	9.8
\$25,000 - 34,999	38.2	35.1	19.1	7.6
\$35,000 - 49,999	35.8	34.2	20.0	10.0
\$50,000+	43.9	32.6	17.4	6.1
<b>Physically Active</b>				
Did Not Meet Recommendations	40.8	38.0	13.6	7.6
Met Recommendations	38.1	32.6	19.2	10.2
<b>Overweight Status</b>				
Overweight/Obese	38.4	34.2	17.8	9.6
Not Overweight	41.0	36.4	14.7	7.9
<b>Poverty Index</b>				
SNAP Participant	37.4	36.2	16.8	9.6
All Other/ ≤ 130% FPL	37.4	39.3	11.0	12.3
All Other/ > 130% - ≤ 185% FPL	35.9	35.9	20.7	7.6
All Other/ > 185% FPL	42.7	32.5	17.5	7.2

Rows may not add up to 100 percent due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

\*\*\* p<.001

## 2007 California Dietary Practices Survey

### Cross Tab 55: Milk Products Consumed by Recommendations Heard

*Have you heard of any recommendations on the total number of servings of milk products you should have every day for good health?*

*What is the total number of servings of milk products that is recommended you should have every day for good health?*

*Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal?*

*How many glasses of milk, drinks made with milk, or bowls of cereal with milk did you have yesterday?*

Consumption of Milk Products, Percent	Servings of Milk Products Heard Recommended	
	0-2 servings	3+ servings
0-2 servings	97.2	85.8
3+ servings	2.8	14.2

\*\*\*

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\*\*\* p<.001