

**California Teen Eating, Exercise and Nutrition
Survey
(Cal-TEENS)**

2010 Questionnaire

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

INTROQ1

Hello. My name is _____ (interviewer name) _____ calling from the California Department of Public Health located in Sacramento.

SPEAK18 0.03

Am I speaking with a member of the household who is at least 18 years old?

- 1.No -----> (CONTINUE)
- 2.Yes -----> (GO TO RUADULT)

SPKMFHHH 0.04

May I speak with a member of the household who is at least 18 years old?

- 1.No/Not available -----> I'll try back again later. Thank you.
- 2.Yes -----> (GO TO RUADULT)

RUADULT 0.05

Hello. My name is _____ (interviewer name) _____ calling from the California Department of Public Health located in Sacramento. We're doing a study of California residents aged 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your family's receipt of public benefits like Food Stamps but the results will help improve these and other public programs. Are you a member of this household and at least 18 years old? (Note: Household members are people who think of the households as their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

INTROQ2 0.07

First, I need to determine if your household is eligible to participate in this telephone survey. Are there any persons living in this household who are at least 12 years old but younger than 18? (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

HSETEEN 0.08

How many people in your household are at least 12 years of age but younger than 18? [If answer is '0', press F6.] (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

- ___ Enter Number of teens
- 77. Don't Know/Not Sure
- 99. Refused

IF HSETEEN = 0, 77 or 99, "Thank you for your time. There is no one in your household who is the right age to participate, else continue.

TEENAGE 0.15

How old are the teens?

- ___ Enter Number (can enter up to 9)
- 77. Don't Know/Not Sure
- 99. Refused

RU_PRINT 0.30

The selected person in your household is the {str(sample->age)}year-old. Are you a parent or legal guardian of the (SELECTED) year-old?

- 1. No -----> (GO TO IS_PRINT)

2010 California Teens Exercise, Eating, Nutrition (CaITEENS) Instrument- ENGLISH

2. Yes -----> (CONTINUE)

IS_PRNT 0.32

[IF NOT PARENT OR GUARDIAN: May I speak with a parent or guardian of the (SELECTED)? Hello. I'm _____ (interviewer name) _____ calling for the California Department of Public Health located in Sacramento. We're doing a study of California residents aged 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your family's receipt of public benefits like Food Stamps but the results will help improve these and other public programs.

RU_PRNT 0.30

We would like to interview the () year-old.

IS_PRNT2 0.35

The telephone survey will take about 30-35 minutes. Your teenager does not have to answer any question he or she prefers not to answer and may stop the survey at any time. An interviewer will ask your teenager a series of questions about eating and exercise habits and related health behaviors. Although this study is considered low risk, some teenagers may have personal feelings about questions, such as weight, smoking, or food being available at home.

IS_PRNT3 0.36

All answers to this survey will be kept confidential and will be used only for the purposes of this research. While participation is voluntary, your cooperation is very important. If you have any questions about the survey, I can provide you with a toll free number for you to call.

PERMIT 0.37

Will you allow the 0.0 year-old to participate in the survey?

1.No -----> Thank you for taking the time to talk with me. Goodbye.
2.Yes -----> (CONTINUE)

IS_PRNT4 0.38

Before we get started with the (SELECTED) year-old, I would like ask you a few questions about how many people live in your household and their ages, as well as about your household income. Would you be willing to participate by answering the next few questions?

1.No -----> Thank you for taking the time to talk with me. Goodbye.
2.Yes -----> (CONTINUE)

HOUSE 0.39

How many adults age 18 or over live in your household?

___ Enter Number of adults
77. Don't Know/Not Sure
99. Refused

HSECHILD 0.40

How many people in your household are younger than age 12? [If answer is '0', press F6.] (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

___ Enter Number of children
77. Don't Know/Not Sure
99. Refused

HHSIZE (CA)*** Calculated variable do not ask *** (not formatted)

2010 California Teens Exercise, Eating, Nutrition (CaITEENS) Instrument- ENGLISH

Household size. (HOUSE + HSECHILD + HSETEEN)

YEARINCO 0.42

Because a household's income has been shown to affect health outcomes, could you please tell me your best estimate of your household's total annual income from all sources before taxes? Your answers are confidential and we never share this information.

_____ Enter amount

77. Don't know / Not sure

(Go to INCOM02)

99. Refused

(Go to INCOM02)

YRINCVER 0.43

I have entered that your annual household income is \$_____. Is that correct?

1. Yes

(Go to INTROQ3)

2. No

(Re-ask YEARINCO)

77. Don't know / Not sure

99. Refused

INCOM02 0.50

Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to less than \$75,000; \$75,000 to less than \$100,000 or \$100,000 or more?

1. Less than \$10,000

2. \$10,000 to less than \$15,000

3. \$15,000 to less than \$20,000

4. \$20,000 to less than \$25,000

5. \$25,000 to less than \$35,000

6. \$35,000 to less than \$50,000

7. \$50,000 to less than \$75,000

8. \$75,000 to less than \$100,000

9. \$100,000 or more

77. Don't know / Not sure

99. Refused

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

Find the point on the table where HHSIZE and INCOM02 intersect.

If there is a table value and the table value is LT the "less than" value of the response to INCOM02, go to THRESH03.

THRESH03 0.58

Is your annual household income above _____ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)

- 1. Yes
- 2. No
-
- 7. Don't know / Not sure
- 9. Refused

INCOM02	=	1 <10K	2 10-15K	3 15-20K	4 20-25K	5 25-35K	6 35-50K	7 50-75K	8 75-100K	9 100K+
HHSIZE=	1		\$10,830/ \$14,079		\$20,035/ \$21,660	\$27,075				
(Household Size)	2		\$14,570	\$18,941		\$26,954/ \$29,140	\$36,425			
	3			\$18,310	\$23,803	\$33,873	\$36,620/ \$45,775			
	4				\$22,050	\$28,665	\$40,792/ \$44,100	\$55,125		
	5					\$25,790/ \$33,527	\$44,711	\$51,580/ \$64,475		
	6					\$29,530	\$38,353	\$54,630/ \$59,060/ \$73,825		
	7					\$33,270	\$43,251	\$61,549/ \$66,540	\$83,175	
	8						\$37,010/ \$48,113	\$68,468/ \$74,020	\$92,525	
	9						\$40,750	\$52,975	\$75,387/ \$81,500	\$101,875
	10						\$44,490	\$57,837	\$82,306/ \$88,980	\$111,225
	11						\$48,230	\$62,699	\$89,225/ \$96,460	\$120,575
	12							\$51,970/ \$67,561	\$96,144	\$103,940/ \$129,925
	13							\$55,710/ \$72,423		\$103,063/ \$111,420/ \$139,275

(100%, 130%, 185%, 200%, and 250% of Federal Poverty Line; From: Federal Register, Nov. 2, 2009)

INTROQ3 0.63

That concludes my questions for you. May the {str(sample->age)}year old now take part in this survey?

- 1. No -----> Thank you for taking the time to talk with me. Goodbye.
- 2. Yes -----> (CONTINUE)

RU_YTH 0.64

Am I speaking with the (SELECTED) year-old ?

- 1. Yes ----->
- 2. No ----->

Go to STRTYTH1

May I speak with the (SELECTED) year-old?

STRTYTH1-3

Hello, my name is (interviewer name) and I'm calling from the California Department of Public Health in Sacramento. We're doing a study of California residents aged 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your family's receipt of public benefits like Food Stamps but the results will help improve these and other public programs. This telephone survey will take about 30-35 minutes. I will ask you a series of questions about eating and exercise habits and related health behaviors. Although this study is considered low risk, some teenagers may have personal feelings about questions, such as weight, smoking, or food being available at home.

We recently spoke with someone in your household to let them know we would be calling to ask for your help with our study. While your participation is voluntary, it is VERY IMPORTANT to the success of the project. Your answers will be kept confidential and will only be used for the purposes of this research. Your name will NEVER be associated with any information you give us. You do not have to answer any questions you do not wish to answer and may stop the survey at any time. Are you willing to participate in the survey?

- 1. No ----->
- 2. Yes ----->

Thank you for taking the time to talk with me. Goodbye.
(CONTINUE)

I would like to begin by verifying some general information about you.

AGE1

1. First, I need to verify that your age is (age). Is that correct?

- 1. Yes
- 2. No

[Go to SEX]

-
- 77. Don't know
 - 99. Refused

AGE2

2. What is your age, please?

-- Enter response

-
- 77. Don't Know
 - 99. Refused

[TERMINATE INTERVIEW]
[TERMINATE INTERVIEW]

<p>If AGE < 12 or AGE > 18, terminate interview If AGE = 18 go to YEAR17 If 12 <= AGE <= 17 go to SEX</p>

YEAR17

3. **Were you 17 years old on [date screening interview took place]?**

- 1. Yes
- 2. No [TERMINATE INTERVIEW]
-
- 77. Don't know/Not sure [TERMINATE INTERVIEW]
- 99. Refused [TERMINATE INTERVIEW]

SEX

4. **And I also need to verify that you are (male/female)?**

- 1. Male
- 2. Female

HIGRADE

5. **Now I'm going to ask you some questions about school.**

What is the highest grade or year of school or college that you have *completed*?

(INTERVIEWER NOTE: This means years completed, not the year in which the respondent is currently enrolled.)

- Enter response
- 12. High school graduate
- 00. No formal schooling
-
- 77. Don't know
- 99. Refused

**If HIGRADE ge 12 go to OPNCAMP
If HIGRADE eq 00, 77, or 99 go to BRKFST2**

GOSCHL2

6. **Do you go to school now?**

- 1. Yes [Go to OPNCAMP]
- 2. No
- 3. Never been to school [Go to BRKFST2]
- 5. Home school [Go to BRKFST2]
-
- 77. Don't know/Not sure [Go to SCHLTYP1]
- 99. Refused [Go to SCHLTYP1]

RESCHOOL

7. **Will you return to school next term?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

OPNCAMP

8. [If GOSCHL2 eq 1 ask:] **Does the school have an open campus for lunch?**

[If GOSCHL2 eq 2,4,7,9:] **Did the school have an open campus for lunch?**

[If HIGRADE eq 12:] **Did the high school have an open campus for lunch?**

[Interviewer: Define 'open campus' if needed]

- 1. Yes
- 2. No

-
- 77. Don't know/Not sure
 - 99. Refused

SCHLTYP1

9. [If GOSCHL2 eq 1 ask:] **Do you go to public or private school?**

[If GOSCHL2 eq 2,4,7,9:] **Did you go to public or private school?**

[If HIGRADE eq 12:] **Did you go to public or private high school?**

- 1. Private
- 2. Public

-
- 77. Don't know/Not sure
 - 99. Refused

**If GOSCHL2 eq 2,4 or if HIGRADE ge 12 then go to GRADES.
Otherwise, continue.**

SCH2WKS

10. **Have you attended school in the past 2 weeks?**

- 1. Yes
- 2. No

[Go to GRADES]

-
- 77. Don't know/Not sure
 - 99. Refused

SCHYDAY

11. **Were you in school yesterday?**

- 1. Yes
- 2. No

-
- 77. Don't know/Not sure
 - 99. Refused

GRADES

12. **During the past 12 months, how would you describe your grades in school?**

- 1. Mostly A's
- 2. Mostly B's
- 3. Mostly C's
- 4. Mostly D's
- 5. Mostly F's

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

6. None of these grades

77. Don't know/Not sure

99. Refused

DISEXER (MODIFIED)

13. **In the last year, have you taken a class or course at school in which the benefits of physical activity and exercise were discussed?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

DISEAT

14. **In the last year, have you taken a class or course at school in which the benefits of good eating habits were discussed?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

If GOSCHL2=1 then go to SCHLFAST, else go to BRKFST2

SCHLFAST (MODIFIED)

15. **How many days per week does your school serve food from fast food restaurants like Burger King, McDonald's, Taco Bell, or Pizza Hut?**

_____ enter number, less than 1, or none

55. Less than 1

88. None

(Go to SCHSTORE)

77. Don't know/Not sure

(Go to SCHSTORE)

99. Refused

(Go to SCHSTORE)

SCHSTORE

16. **Does your school have a student store where chips, cookies, candy, or soda are sold?**

1. Yes

2. No

(Go to SCHLSODA)

77. Don't know/Not sure

(Go to SCHLSODA)

99. Refused

(Go to SCHLSODA)

SCHBYSTR

17. **Yesterday/[LAST DAY OF SCHOOL], how many times did you buy chips, cookies, candy, or soda from the student store?**

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

_____ enter number

- 77. Don't know/Not sure
- 99. Refused

SCHLSODA (MODIFIED)

18. **Does your school have a vending machine that dispenses soda that students can use during school hours?**

- 1. Yes
 - 2. No (Go to SCHLVEND)
-
- 77. Don't know/Not sure (Go to SCHLVEND)
 - 99. Refused (Go to SCHLVEND)

SCHSODA2 (NEW)

19. **Does your school have a vending machine that dispenses soda that students can use at other times of day?**

- 1. Yes
 - 2. No (Go to SPRTVEND)
-
- 77. Don't know/Not sure (Go to SPRTVEND)
 - 99. Refused (Go to SPRTVEND)

SCHBYSOD

20. **Yesterday/[LAST DAY OF SCHOOL], how many sodas did you buy from your school vending machine?**

_____ enter number

- 77. Don't know/Not sure
- 99. Refused

SPRTVEND (NEW)

21. **Yesterday/[LAST DAY OF SCHOOL], how many sports drinks like Gatorade did you buy from your school vending machine?**

_____ enter number

- 77. Don't know/Not sure
- 99. Refused

SCHLVEND

22. **Does your school have a vending machine filled with snacks, chips, cookies, or candy that students can use?**

- 1. Yes
 - 2. No (Go to BRKSCHL)
-
- 77. Don't know/Not sure (Go to BRKSCHL)
 - 99. Refused (Go to BRKSCHL)

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

SCHBYVEN

23. **Yesterday/[LAST DAY OF SCHOOL], how many times did you buy chips, cookies, or candy from your school vending machine?**

_____ enter number

- 77. Don't know/Not sure
99. Refused

BRKSCHL

24. **A complete school breakfast is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school breakfast?**

_____ enter number, less than 1, or none

55. Less than 1
88. None

77. Don't know/Not sure
99. Refused

LCHSCHL

25. **A complete school lunch is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school lunch?**

_____ enter number, less than 1, or none

55. Less than 1
88. None (Go to LCHFREQ)

77. Don't know/Not sure (Go to BRKFST2)
99. Refused (Go to BRKFST2)

FOODLIKE

26. **In general, do you like the complete school lunches served at your school? Would you say usually, sometimes, seldom, or never?**

1. Usually
2. Sometimes
3. Seldom
4. Never

77. Don't know/Not sure
99. Refused

**if LCHSCHL < 5 ask LCHFREQ;
Else go to BRKFST2**

LCHFREQ (NEW)

27. **Why don't you get a complete school lunch more often than you do?**

1. Line too long
2. Time constraints
3. Don't like food choices; like other (school-offered) food choices better

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

4. I don't eat lunch; doing another activity at lunchtime
5. I bring a lunch from home
6. Stigma (only poor kids get school lunch)
7. Too expensive; I don't have money to buy lunch
8. I have a food allergy/allergies
9. Other _____

-
77. Don't know/not sure
 99. Refused

LCHMORE (NEW)

28. **What would encourage you to eat a complete school lunch more often?**

1. Healthier options offered (more fruit/vegetables, salad bar, etc.)
2. More vegetarian options
3. Better tasting options
4. Less expensive
5. Shorter lines
6. I had more time
7. I didn't have another activity to do at lunch
8. There was more food in the meal
9. There was less food in the meal
10. I received lunch money from parents/guardian
11. Other _____

-
77. Don't know/not sure
 99. Refused

Now I am going to ask you some questions about the foods you ate and drank yesterday, that was (*INSERT DAY*).

BRKFST2

29. **Yesterday, did you eat or drink anything for breakfast?**

1. Yes
 2. No (Go to SNKAM)
-
77. Don't know/Not sure (Go to SNKAM)
 99. Refused (Go to SNKAM)

BRKFOOD1

30. **Did you eat any fruits or vegetables, or drink any 100% juice for breakfast yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
 2. No
-
77. Don't know/Not sure
 99. Refused

IF SCHYDAY= 1 go to SCHLBRK3, else go to BRKFD2

SCHLBRK3

31. **Did you eat a complete school breakfast yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

EATBRKFV1

32. **Did you eat the fruits, vegetables, or 100% juices served as part of your breakfast at school?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

IF BRKFOOD1=1 or EATBRKFV1=1 continue, else go to SNKAM

BRKFD2_A-BRKFD2_E

33. **Which fruits, vegetables, or 100% juice did you have for breakfast yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. DO NOT include potato chips or french fries. Include fruits and vegetables mixed with other foods, like fruit in cereal and vegetables in omelets. (List up to five types.)**

Insert brand list FOOD

- 96 Other _____(specify)
-
- 77. Don't Know (Go to SNKAM)
- 99. Refused (Go to SNKAM)

IF BRKFD2_A-BRKFD2_E="POTATO" continue, else go to BRKLETT

BRKPOTAT

34. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Some other kind
-
- 77. Don't know/Not sure
- 99. Refused

If BRKFD2_A-BRKFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO BRKLETT ELSE GO

TO BRKTOM

BRKLETT

35. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce

-
- 77. Don't know/Not sure
 - 99. Refused

If BRKFD2_A-BRKFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO BRKTOM ELSE GO TO BRKMXFRT

BRKTOM

36. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

-
- 77. Don't know/Not sure
 - 99. Refused

If ("BRKLETT"=2 or 3) or ("BRKTOM"=1 or 2) GO TO BRKSAND ELSE GO TO BRKMXFRT

BRKSAND

37. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

-
- 77. Don't know/Not sure
 - 99. Refused

If BRKFD2_A-BRKFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO BRKMXFRT ELSE GO TO BRKMXVEG

BRKMXFRT

38. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't know/Not sure
- 99. Refused

If BRKFD2_A-BRKFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO BRKMXVEG ELSE GO TO BRKSLDTP

BRKMXVEG

39. **What was the main vegetable in your "INSERT BRKFD2_A-BRKFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't know/Not sure
- 99. Refused

If BRKFD2_A-BRKFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (BRKFD2_A-BRKFD2_E= "LETTUCE" or "LETTUCE AND TOMATO" and BRKLETT=1) GO TO BRKSLDTP ELSE GO TO BRKSVG1

BRKSLDTP

40. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to BRKSVG1-BRKSVG5)
-
- 77. Don't know/Not sure (Go to BRKSVG1-BRKSVG5)
- 99. Refused (Go to BRKSVG1-BRKSVG5)

BRKSLD1-BRKSLD2

41. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't know/Not sure
- 99. Refused

BRKSVG1-BRKSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGE TO REFLECT PROGRAMMING)

42. (IF BRKFD2_A-BRKFD2_E=" fruit" then) : **How many servings of (BRKFD2_A-BRKFD2_E) did you eat for breakfast? A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.**

(IF BRKFD2_A-BRKFD2_E=" vegetable" then) :**How many servings of (BRKFD2_A-BRKFD2_E) did you eat for breakfast? A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.**

(IF BRKFD2_A-BRKFD2_E=" juice" then) :**How many servings of (BRKFD2_A-BRKFD2_E) did you drink for breakfast? A serving of juice is 3/4 cup or a small glass.**

- _____ enter number
- 88. None

- 77. Don't know/Not sure
99. Refused

SNKAM

43. **Yesterday, did you eat or drink anything between breakfast time and lunch time?**

1. Yes
2. No (Go to LUNCH)

77. Don't know/Not sure (Go to LUNCH)
99. Refused (Go to LUNCH)

SNAMFOOD

44. **What did you eat for your morning snack? [Interviewer: CHOOSE ALL THAT APPLY]**

1. Fruit
2. Fruit juice
3. Vegetable
4. Fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

SNAMFROM

45. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

If SNAFOD1=Fruit or juice or Vegetable, go to SNAFD2, else continue

SNAFOD1

46. **Did you eat any fruits or vegetables, or drink any 100% juice for your morning snack yesterday?** DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

If SNAFOD1= 1 continue, else go to LUNCH

SNAFD2_A-SNAFD2_E

47. **Which fruits, vegetables, or 100% juice did you have for a morning snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables mixed with other foods, like fruit in smoothies or vegetables in burritos. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

[Go to LUNCH]
[Go to LUNCH]

If SNAFD2_A-SNAFD2_E = "POTATO" continue, else go to SNALETT

SNAPOTAT

48. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Tater tots
- 7. Some other kind
-
- 77. Don't Know
- 99. Refused

If SNAFD2_A-SNAFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNALETT ELSE GO TO SNATOM

SNALETT

49. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco

2010 California Teens Exercise, Eating, Nutrition (CalTEENS) Instrument- ENGLISH

- 4. Part of something else
- 5. Just lettuce
-
- 77. Don't Know
- 99. Refused

If SNAFD2_A-SNAFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNATOM ELSE GO TO SNAMXFRT

SNATOM

50. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes
-
- 77. Don't Know
- 99. Refused

If ("SNALETT"=2 or 3) or ("SNATOM"=1 or 2) GO TO SNASAND ELSE GO TO SNAMXTRT

SNASAND

51. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

If SNAFD2_A-SNAFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNAMXFRT ELSE GO TO SNAMXVEG

SNAMXFRT

52. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

If SNAFD2_A-SNAFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNAMXVEG ELSE GO TO SNASLDTP

SNAMXVEG

53. **What was the main vegetable in your "INSERT SNAFD2_A-SNAFD2_E"?**

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know
99. Refused

If SNAFD2_A-SNAFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNAFD2_A-SNAFD2_E ="LETTUCE" or "LETTUCE AND TOMATO" and SNALETT=1) GO TO SNASLDTP ELSE GO TO SNASVG1

SNASLDTP

54. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes
2. No (Go to SNASVG1-SNASVG5)

77. Don't know/Not sure (Go to SNASVG1-SNASVG5)
99. Refused (Go to SNASVG1-SNASVG5)

SNASLD1-SNASLD2

55. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know
99. Refused

SNASVG1-SNASVG5 (repeat for each type of food listed)

56. (IF SNAFD2_A-SNAFD2_E=" fruit" then) : **How many servings of (SNAFD2_A-SNAFD2_E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNAFD2_A-SNAFD2_E=" vegetable" then) :**How many servings of (SNAFD2_A-SNAFD2_E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNAFD2_A-SNAFD2_E=" juice" then) :**How many servings of (SNAFD2_A-SNAFD2_E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

- _____ enter number
88. None

77. Don't know
99. Refused

LUNCH

57. **Did you eat or drink anything for lunch yesterday?**

1. Yes
2. No (Go to SNKPM)

77. Don't know/Not sure (Go to SNKPM)
99. Refused (Go to SNKPM)

LCHPLAC

58. **Where did you obtain that lunch from? (Check all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

LCHFOOD1

59. **Did you eat any fruits or vegetables, or drink any 100% juice for lunch yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

If LCHPLAC = 3, 4, or 12 continue; else go to LCHFD2

SCHLLCH3

60. **Did you eat a complete school lunch yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

IF LCHFOOD1=1 continue, else go to LCHFD2 (Q61)

EATCHFV3

61. **Did you eat the fruits, vegetables, or 100% juice served as part of your lunch at school?**

1. Yes
2. No

-
77. Don't know/Not sure

99. Refused

IF LCHFOOD1=1 or EATCHFV2=1 continue, else go to SNKPM

LCHFD2_A-LCHFD2_E

62. **Which fruits, vegetables, or 100% juice did you have for lunch yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables in mixed dishes like tacos, soup, wraps and sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

(Go to SNKPM)

99. Refused

(Go to SNKPM)

If LCHFD2_A-LCHFD2_E="POTATO" continue, else go to LCHLETT

LCHPOTAT (MODIFIED)

63. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

77. Don't Know

99. Refused

If LCHFD2_A-LCHFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO LCHLETT ELSE GO TO LCHTOM

LCHLETT

64. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know

99. Refused

If LCHFD2_A-LCHFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO LCHTOM ELSE GO TO LCHMXFRT

LCHTOM

65. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
 - 2. In a burrito or taco
 - 3. Part of something else
 - 4. Just tomatoes
-
- 77. Don't Know
 - 99. Refused

If ("LCHLETT"=2 or 3) or ("LCHTOM"=1 or 2) GO TO LCHSAND ELSE GO TO LCHMXTRT

LCHSAND

66. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None
-
- 77. Don't know
 - 99. Refused

If LCHFD2_A-LCHFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO LCHMXFRT ELSE GO TO LCHMXVEG

LCHMXFRT

67. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
 - 99. Refused

If LCHFD2_A-LCHFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO LCHMXVEG ELSE GO TO LCHSLDTP

LCHMXVEG

68. **What was the main vegetable in your "INSERT LCHFD2_A-LCHFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
 - 99. Refused

If LCHFD2_A-LCHFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (LCHFD2_A-LCHFD2_E="LETTUCE" or "LETTUCE AND TOMATO" and LCHLETT=1) GO TO

LCHSLDTP ELSE GO TO LCHSVG1

LCHSLDTP

69. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to LCHSVG1)
-
- 77. Don't know/Not sure (Go to LCHSVG1)
- 99. Refused (Go to LCHSVG1)

LCHSLD1-LCHSLD2

70. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't Know
- 99. Refused

LCHSVG1-LCHSVG5 (repeat for each type of food listed) (PROGRAMMED NAME)

71. (IF LCHFD2_A-LCHFD2_E=" fruit" then) **How many servings of (LCHFD2_A-LCHFD2_E) did you eat for lunch? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF LCHFD2_A-LCHFD2_E=" vegetable" then): **How many servings of (LCHFD2_A-LCHFD2_E) did you eat for lunch? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF LCHFD2_A-LCHFD2_E=" juice" then): **How many servings of (LCHFD2_A-LCHFD2_E) did you drink for lunch? (A serving of juice is 3/4 cup or a small glass.)**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

SNKPM

72. **Yesterday, did you eat or drink anything between lunch time and dinner time?**

- 1. Yes
- 2. No (Go to DINNER)
-
- 77. Don't know/Not sure (Go to DINNER)
- 99. Refused (Go to DINNER)

SNPMFOOD

73. **What did you eat for your afternoon snack? [Interviewer: CHOOSE ALL THAT APPLY]**

- 1. Fruit
- 2. Juice
- 3. Vegetable
- 4. French fries

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

- 5. Soda
- 6. Candy
- 7. Cookies/pastries
- 8. Chips
- 9. Pretzels
- 10. Popcorn
- 11. Pizza
- 12. Sandwich
- 13. _____ Other (specify)

-
- 77. Don't know/Not sure
 - 99. Refused

SNPMFROM

74. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

- 1. Vending machine
- 2. Student store
- 3. School snack bar or a la carte line
- 4. School cafeteria
- 5. Fund-raising sale
- 6. Home
- 7. A friend
- 8. Fast food place
- 9. Convenience store
- 10. Club
- 11. Community center
- 12. Food cart at school
- 13. After school program
- 14. _____ Other (specify)

-
- 77. Don't know/Not sure
 - 99. Refused

If SNPMFOOD=Fruit or Fruit juice or Vegetable, go to SNPFD2, else continue

SNPFOOD1

75. **Did you eat any fruits or vegetables, or drink any 100% juice for your afternoon snack yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

- 1. Yes
 - 2. No (Go to DINNER)
-
- 77. Don't know/Not sure (Go to DINNER)
 - 99. Refused (Go to DINNER)

If SNPFOOD1=1 continue, else go to DINNER

SNPFD2_A-SNPFD2_E

76. **Which fruits, vegetables, or 100% juice did you have for an afternoon snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include 100% fruit juice bars and fruits and vegetables mixed with other foods, like vegetables on pizza. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="POTATO" continue, else go to SNPLETT

SNPPOTAT (MODIFIED)

77. Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNPLETT ELSE GO TO SNPTOM

SNPLETT

78. Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNPTOM ELSE GO TO SNPMXFRT

SNPTOM

79. Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes

- 77. Don't Know
99. Refused

If ("SNPLETT"=2 or 3) or ("SNPTOM"=1 or 2) GO TO SNPSAND ELSE GO TO SNPMXTRT

SNPSAND

80. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

_____ enter number

88. None

- 77. Don't know
99. Refused

If SNPFD2_A-SNPFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNPMXFRT ELSE GO TO SNPMXVEG

SNPMXFRT

81. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other _____(specify)

- 77. Don't Know
99. Refused

If SNPFD2_A-SNPFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNPMXVEG ELSE GO TO SNPSLDTP

SNPMXVEG

82. **What was the main vegetable in your "INSERT SNPFD2_A-SNPFD2_E"?**

Insert brand list FOOD

96. Other _____(specify)

- 77. Don't Know
99. Refused

If SNPFD2_A-SNPFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNPFD2_A-SNPFD2_E ="LETTUCE" or "LETTUCE AND TOMATO" and SNPLETT=1) GO TO SNPSLDTP ELSE GO TO SNPSVG1

SNPSLDTP

83. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes
2. No

(Go to SNPSVG1-SNPSVG5)

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

77. Don't know/Not sure (Go to SNPSVG1-SNPSVG5)
99. Refused (Go to SNPSVG1-SNPSVG5)

SNPSLD1-SNPSLD2

84. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know
99. Refused

SNPSVG1-SNPSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGED TO REFLECT PROGRAMMED NAME)

85. (IF SNPFD2_A-SNPFD2_E=" fruit" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you eat? (A serving of fruit is about one medium piece of fruit, ½ a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNPFD2_A-SNPFD2_E=" vegetable" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you eat? (A serving is ½ cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNPFD2_A-SNPFD2_E=" juice" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you drink? (A serving of juice is ¾ cup or a small glass.)**

_____ enter number

88. None

77. Don't know
99. Refused

DINNER

86. **Did you eat or drink anything for dinner yesterday?**

1. Yes
2. No (Go to SNKNT)

77. Don't know/Not sure (Go to SNKNT)
99. Refused (Go to SNKNT)

DNRFROM (NEW)

87. **Where did you obtain dinner from?**

1. Home
2. A friend's house
3. Fast food place
4. Other restaurant
5. Vending machine
6. Convenience store

77. Don't know/Not sure
99. Refused

DNRFOOD1

88. **Did you eat any fruits or vegetables, or drink any 100% juice for dinner yesterday? DO NOT include potato chips or french fries.**

- 1. Yes
- 2. No (Go to SNKNT)
-
- 77. Don't know/Not sure (Go to SNKNT)
- 99. Refused (Go to SNKNT)

DNRFD2_A-DNRFD2-E

89. **Which fruits, vegetables, or 100% juice did you have for dinner yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables in mixed dishes like stew, chili, pasta, and stir-fried dishes. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't Know (Go to SNKNT)
- 99. Refused (Go to SNKNT)

If DNRFD2_A-DNRFD2-E="POTATO" continue, else go to DNRLETT

DNRPOTAT (MODIFIED)

90. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Tater tots
- 7. Some other kind
-
- 77. Don't Know
- 99. Refused

If DNRFD2_A-DNRFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO DNRLETT ELSE GO TO DNRTOM

DNRLETT

91. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce
-
- 77. Don't Know
- 99. Refused

If DNRFD2_A-DNRFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO DNRTOM ELSE GO TO DNRMXFRT

DNRTOM

92. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes
-
- 77. Don't Know
- 99. Refused

If ("DNRLETT"=2 or 3) or ("DNRTOM"=1 or 2) GO TO DNRSAND ELSE GO TO DNRMXTRT

DNRSAND

93. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

If DNRFD2_A-DNRFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO DNRMXFRT ELSE GO TO DNRMXVEG

DNRMXFRT

94. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

If DNRFD2_A-DNRFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO DNRMXVEG ELSE GO TO DNRSLDTP

DNRMXVEG

95. **What was the main vegetable in your "INSERT DNRFD2_A-DNRFD2-E"?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

If DNRFD2_A-DNRFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (DNRFD2_A-DNRFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and DNRLETT=1) GO TO DNRS LDTP ELSE GO TO DNRSVG1

DNRS LDTP

96. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to DNRSVG1)
-
- 77. Don't know/Not sure (Go to DNRSVG1)
- 99. Refused (Go to DNRSVG1)

DNRS LD1-DNRS LD2

97. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

DNRSVG2-DNRSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

98. (IF DNRFD2_A-DNRFD2-E=" fruit" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you eat for dinner? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF DNRFD2_A-DNRFD2-E=" vegetable" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you eat for dinner? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF DNRFD2_A-DNRFD2-E=" juice" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you drink for dinner? (A serving of juice is 3/4 cup or a small glass.)**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

SNKNT

99. **Yesterday, did you eat or drink anything between dinner time and the time you went to bed?**

- 1. Yes
- 2. No (Go to FRUITTOT2)
-
- 77. Don't know/Not sure (Go to FRUITTOT2)
- 99. Refused (Go to FRUITTOT2)

SNNFOOD1

100. **Did you eat any fruits or vegetables, or drink any 100% juice for you evening snack? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

1. Yes
2. No (Go to FRUITTOT2)

77. Don't know/Not sure (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

SNNFD2_A-SNNFD2-E

101. **Which fruits, vegetables, or 100% juice did you have? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables mixed with other foods, like fruit in jello or vegetables on sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

If SNNFD2_A-SNNFD2-E="POTATO" continue, else go to SNNLETT

SNNPOTAT (MODIFIED)

102. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

77. Don't Know
99. Refused

If SNNFD2_A-SNNFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNNLETT ELSE GO TO SNNTOM

SNNLETT

103. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know
99. Refused

If SNNFD2_A-SNNFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNNTOM ELSE GO TO SNNMXFRT

SNNTOM

104. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

-
- 77. Don't Know
 - 99. Refused

If ("SNNLETT"=2 or 3) or ("SNNTOM"=1 or 2) GO TO SNNSAND ELSE GO TO SNNMXTRT

SNNSAND

105. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

_____ enter number

- 88. None

-
- 77. Don't know
 - 99. Refused

If SNNFD2_A-SNNFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNNMXFRT ELSE GO TO SNNMXVEG

SNNMXFRT

106. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)

-
- 77. Don't Know
 - 99. Refused

If SNNFD2_A-SNNFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNNMXVEG ELSE GO TO SNNSLDTP

SNNMXVEG

107. **What was the main vegetable in your "INSERT SNNFD2_A-SNNFD2-E"?**

Insert brand list FOOD

- 96. Other _____(specify)

-
- 77. Don't Know
 - 99. Refused

If SNNFD2_A-SNNFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNNFD2_A-SNNFD2-E="LETTUCE" or "LETTUCE AND TOMATO" and SNNLETT=1) GO TO SNNSLDTP ELSE GO TO SNNSVG1

SNNSLDTP

108. In the green salad you ate, were there any ingredients other than lettuce?

1. Yes
2. No (Go to SNNSVG1-SNNSVG5)

77. Don't know/Not sure (Go to SNNSVG1-SNNSVG5)
99. Refused (Go to SNNSVG1-SNNSVG5)

SNNSLD1-SNNSLD2

109. Other than lettuce, what were the two main ingredients in the salad?

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know
99. Refused

SNNSVG1-SNNSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

110. (IF SNNFD2_A-SNNFD2-E=" fruit" then): How many servings of (SNNFD2_A-SNNFD2-E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)

(IF SNNFD2_A-SNNFD2-E=" vegetable" then): How many servings of (SNNFD2_A-SNNFD2-E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)

(IF SNNFD2_A-SNNFD2-E=" juice" then): How many servings of (SNNFD2_A-SNNFD2-E) did you drink? (A serving of juice is 3/4 cup or a small glass.)

- _____ enter number
88. None

77. Don't know
99. Refused

FRUTTOT2

111. Now, thinking about *everything* you ate and drank, how many servings of fruits and 100% juices did you have yesterday?

- _____ enter number (verify if greater than 9)
88. None

77. Don't know
99. Refused

VEGTOT2

112. Now, thinking about *everything* you ate and drank, how many servings of vegetables and green salad did you eat yesterday?

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

- _____ enter number (verify if greater than 9)
88. None

77. Don't know
99. Refused

FRTVEGNR

113. **How many total cups of fruits and vegetables do you think you should eat every day to be healthy?**

- _____ enter number
88. None

77. Don't know
99. Refused

BARFV3 (MODIFIED)

114. **What is the main reason you don't eat more fruits and vegetables, or drink more 100% juice?**

1. Eat enough
 2. Don't like taste
 3. Not available (when/where they want to eat/drink it)
 4. Don't think about it
 5. Not important
 6. Poor quality
 7. Choose other foods
 8. Allergic
 9. No time
 10. Not hungry
 11. Don't want to gain weight
 12. Too much sugar
 13. Too much fiber
 14. Don't want to get sick from eating too much
 11. Other _____ (specify)
 12. Too expensive
- 77. Don't know/not sure
99. Refused

GRAIN

115. **Yesterday how many servings of whole-grain breads did you eat? This would include 100% whole wheat, wheatberry or bran bread and bagels, or whole wheat tortillas, but not flour or corn tortillas. A serving would be one slice of bread, one tortilla, or 1/2 a bagel.**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

BEANS (MODIFIED)

116. **Yesterday how many servings of beans did you eat? This would include kidney beans, refried beans, chilibeans, black beans, bean soup, bean salad, or lentils but does NOT include green beans. A serving would be about ½ cup, 2 serving spoons, or a small bowl.**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

TOTFRIES

117. **How many servings of french fries did you eat yesterday? A serving of french fries equals one small fast food order or 1.5 cups.** [Interviewer: ONE MEDIUM=1.5 SERVINGS; ONE LARGE=2 SERVINGS; ONE SUPER/KING=2.25 SERVINGS]

- _____ enter number
88. None

77. Don't know/Not sure
99. Refused

CEREAL (MODIFIED)

118. **Yesterday how many bowls of hot or cold cereal did you eat?**

- _____ enter number (verify if greater than 5)
88. None (Go to GRAINNR2)

77. Don't know (Go to GRAINNR2)
99. Refused (Go to GRAINNR2)

BOWLSIZE

119. **Was that a small, medium, or large bowl? A small equals 1 cup, medium equals 2 cups, and large equals 3 cups or more.** (Interviewer: if respondent reported eating more than 1 bowl yesterday, ask what the bowl size was for MOST servings.)

1. Small
2. Medium
3. Large

77. Don't know/Not sure
99. Refused

CERBRAND

120. **What cereal did you eat the most of yesterday?**

Insert brand list CEREAL

96. Other _____ (specify)

77. Don't know
99. Refused

GRAINNR2

121. **Next I'm going to ask you a question about whole grain foods. Whole grains are found in**

foods like whole wheat bread, oatmeal, brown rice, Triscuits, Wheat Thins, Raisin-Bran or Nutri-grain. How much of all the grain foods you eat every day do you think should come from whole grains? Would you say...

- 1. All
 - 2. Most
 - 3. Half
 - 4. A Quarter
 - 5. None
-
- 77. Don't know/Not sure
 - 99. Refused

Now we are going to ask you a few more questions about the food items you ate and drank yesterday.

WATER (NEW)

122. **Yesterday, how many glasses or bottles of water did you drink yesterday? (Count a "glass" as a small glass or 8 ounces. Count one 20 oz bottle as a bottle.)** (Interviewer: record all glasses AND bottles.)

- _____ enter number of 8 oz glasses
 - _____ enter number of 20 oz bottles
 - 0. None
-
- 77. Don't know/Not sure
 - 99. Refused

MILK

123. **Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latté? (A serving of milk is one individual carton, 1 cup, 1 small glass, or 8 ounces.)**

- _____ enter number (verify if greater than 5)
 - 0. None (Go to CHEESE)
-
- 77. Don't know (Go to CHEESE)
 - 99. Refused (Go to CHEESE)

PERFAT

124. **What percent fat was most of the milk you drank yesterday? Would you say...**
[Interviewer: Read response choices]

- 1. Nonfat, skim, or fat-free
 - 2. 1% fat
 - 3. 2% fat
 - 4. Whole milk (4%)
 - 5. Other _____(specify)
-
- 6. Never drink milk
 - 77. Don't know/Not sure
 - 99. Refused

BARMILK (Asked if PERFAT GE 3)

125. **What is the main reason you don't drink nonfat, skim, fat-free, or 1% fat milk?**

[Interviewer: Prompt only if they do not answer quickly]

- 1. Not available
- 2. Don't like taste
- 3. Habit
- 4. Don't need to reduce fat intake
- 5. Extra calories
- 6. Not important
- 7. Not as healthy as whole milk
- 8. Lactose intolerant
- 9. Haven't tried others
- 10. Other _____ (specify)

- 77. Don't know/not sure
- 99. Refused

CHEESE

126. **How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?**

- _____ enter number (verify if greater than 5)
- 88. None
-
- 77. Don't know
- 99. Refused

CALCIUM2 (PROGRAMMED NAME)

127. **How many times did you have yogurt or dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?**

- _____ enter number (verify if greater than 5)
- 88. None
-
- 77. Don't know
- 99. Refused

MILKNR

128. **How many total servings of dairy products, like milk, yogurt or cheese do you think you should have every day to be healthy?**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

VEGTRN2

129. **Do you eat any kind of animal foods like beef, pork, poultry or fish?**

- 1. Yes (Go to ANIMPRO)
- 2. No (Go to VEGTRN)
-

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

77. Don't know/Not sure (Go to VEGTRN)
99. Refused (Go to ANIMPRO)

VEGTRN (NEW)

130. **Are you a vegetarian?**

1. Yes (Go to PASTRY)
2. No

77. Don't know/Not sure
99. Refused

ANIMPRO

131. **Yesterday how many servings of meat, poultry, fish, and eggs did you eat? A serving is a piece of meat, chicken, turkey or fish about the same size as a deck of cards or two eggs.**

- _____ enter number
88. None

77. Don't know
99. Refused

PASTRY

132. **Yesterday did you eat any pastries, such as doughnuts, danishes, sweet rolls, muffins, croissants, or pop-tarts?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

FRIED

133. **Yesterday did you eat any deep-fried foods, such as, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings? Do not include french fries.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CHIPS (MODIFIED)

134. **Yesterday did you eat any potato chips, tortilla chips, Cheetos, pork rinds, or other fried snacks? *(Interviewer: do not include baked chips.)***

1. Yes
2. No

77. Don't know/Not sure
99. Refused

DESSERT (MODIFIED)

135. **Yesterday did you eat any sweet snacks like cake, pie, cookies, or brownies? Do not include reduced fat or fat-free bakery items or any dairy desserts like ice cream.**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

CANDY2

136. **Yesterday did you eat any candy bars or packages of candy?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

SODA3

137. **Yesterday how many servings of regular soda (cola, lemon-lime) or sweetened beverage like Snapple, Kool-Aid, Arizona, or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include diet drinks, energy drinks or carbonated plain water]**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

SODDIET3

138. **Yesterday how many servings of DIET soda (cola, lemon-lime) or DIET sweetened beverage like Sugar Free Snapple, Kool-Aid, Arizona, or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include regular soft drinks or energy drinks]**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

SPORTDRK (NEW)

139. **Yesterday, how many servings of sports drinks like Gatorade did you drink? [A serving is 8 oz. A 20 oz. bottle of Gatorade is 2.5 servings.]**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

ENRGDK

140. **Yesterday, how many servings of energy drinks like Red Bull, Rockstar, or Monster did you drink?** *[A can of Red Bull is 3/4 of a serving. 1 can of Rockstar and Monster is 1.5 servings.]*

- _____ enter number
88. None

77. Don't know
99. Refused

COFFEE

141. **Yesterday, how many specialty coffee drinks, such as mochas, frappuccinos, or lattes did you drink?**

_____ enter number

FASTFOOD

142. **Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?**

- _____ enter number of times (verify if >2)
88. None

77. Don't know
99. Refused

FFWK

143. **In a typical week, how many times do you eat a meal or snack from a fast food restaurant?**

- _____ enter number
88. None

77. Don't know
99. Refused

CALORIE4 (NEW)

144. **How often do you see calorie information when you buy food from a fast food restaurant or other restaurant?**

1. Always
2. Most of the time
3. Sometimes
4. Occasionally
5. Never

77. Don't know/not sure
99. Refused

CALORIE3 (MODIFIED)

145. **When it is available, how often do you use calorie information available at a restaurant or fast food restaurant to decide what to buy? Would you say...**

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

- 1. A lot
- 2. Some
- 3. A Little
- 4. Not at All

-
- 77. Don't know/Not sure
 - 99. Refused

FFSCHL (NEW)

146. **How far is the nearest fast food restaurant from your school? Answer in blocks or miles, whichever is easiest. A mile is approximately 8 blocks.**

_____ enter number of blocks or miles

-
- 77. Don't know
 - 99. Refused

FFHOME (NEW)

147. **How far is the nearest fast food restaurant from your home? Answer in blocks or miles, whichever is easiest. A mile is approximately 8 blocks.**

_____ enter number of blocks or miles

-
- 78. Don't know
 - 100. Refused

ECONFOOD (NEW)

148. **In the current economy, have you made any changes that affect the food you eat?**

- 1. Yes
- 2. No

-
- 77. Don't know/Not sure
 - 99. Refused

Now I am going to ask you some questions about physical activity, exercise, and sports. This would include anything you do at school, at home, or anywhere else.

If GOSCHL2=1 continue, else go to PESCHL

SCHLTRA1

149. **How many days in a usual week do you walk, ride a bike, skateboard or rollerblade on the way TO school?**

_____ enter number (Go to SCHLTRN3)

- 88. None

-
- 77. Don't know (Go to SCHLTRN3)
 - 99. Refused (Go to SCHLTRN3)

SCHLTRTO (NEW)

150. **What is the main reason you do not walk, ride a bike, skateboard, or rollerblade TO**

school?

1. Distance is too far
 2. My parents/guardian don't allow it
 3. Takes too long; time constraints
 4. I have a disability
 5. Backpack too heavy; need to carry too many school/sport supplies
 6. Weather constraints
-
77. Don't know/not sure
 99. Refused

SCHLTRN3

151. **How many days in a usual week do you walk, ride a bike, skateboard or rollerblade on the way FROM school?**

- _____ enter number
88. None
-
77. Don't know
 99. Refused

SCHLDIST

152. **How far is school from your house?** (Read responses if necessary)

1. Less than half a mile/4 blocks
 2. ½ mile to 1 mile/8 blocks
 3. 1 mile to 2 miles/16 blocks
 4. More than 2 miles
-
77. Don't know/Not sure
 99. Refused

PESCHL

153. [If GOSCHL2 eq 1 ask :] **Do you currently take physical education class in school?**
[If GOSCHL2 eq 2,4,7,9 or HIGRADE ge 12 :] **Were you taking physical education class when you were last in school?**

1. Yes
 2. No (Go to USEGYM)
-
77. Don't know/Not sure (Go to USEGYM)
 99. Refused (Go to USEGYM)

PESCHLX (MODIFIED)

154. **In an average week when you are in school, on how many days do you go to physical education (PE) classes?**

- _____ enter number of times
88. None
-
77. Don't know
 99. Refused

PEPAMIN (NEW)

155. In a typical PE class, how many minutes do you usually spend actually exercising or playing sports?

- _____ enter number
88. None

79. Don't know
101. Refused

If SCHYDAY=1 continue, else go to USEGYM

SCHPE

156. Yesterday did you take physical education at school?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

USEGYM

157. How many days each week do you usually use the school gym or other sports facilities at school for physical activity after school and on weekends?

- _____ enter number, less than 1, or none
55. Less than 1
88. None

77. Don't know/Not sure
99. Refused

SCHOLPA

158. Does your school offer physical activities after school, other than sports, such as dance, yoga, weight training, or martial arts?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

XVIGYRBS (NEW)

159. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

- _____ enter number
88. None

77. Don't know
99. Refused

XMODYRBS

160. **On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?**

- _____ enter number
88. None

77. Don't know
99. Refused

XWLYRBS

161. **On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?**

- _____ enter number
88. None

77. Don't know
99. Refused

DAY7PA60

162. **Add up all the time you spend in physical activity each day (don't include your physical education or gym class). Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?**

- _____ enter number of days
88. None

77. Don't know
99. Refused

DYWKPA60 (MODIFIED)

163. **During a typical or usual week, on how many days are you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any physical activity that increases your heart rate and makes you breathe hard some of the time.)**

- _____ enter number of days
88. None

77. Don't know
99. Refused

MINWKPA

164. **Yesterday, about how many minutes were you physically active doing moderate or vigorous activities such as basketball, dancing, soccer, or brisk walking? Include ALL activities, such as PE class or classes outside of school.**

- _____ enter number of minutes
88. None

77. Don't know

99. Refused

AFTSCHPA

165. **Next I would like to ask you about the kinds of places you might be physically active. In the past 7 days, how many days did you participate in physical activity or sports on school grounds during after school programs?**

_____ enter number of days

88. None

77. Don't know

99. Refused

SCHGDPA2

166. **In the past 7 days, how many days did you participate in physical activity or sports on school grounds after school not as part of a program?**

_____ enter number of days

88. None

77. Don't know

99. Refused

EXEACTY1

167. **What type of physical activity, exercise or sport did you spend the most time doing yesterday?**

- | | |
|---|--------------------------------------|
| 01. Aerobics class | 25. Horseback riding |
| 02. Backpacking | 26. Hunting large game – deer, elk |
| 03. Badminton | 27. Jogging |
| 04. Basketball | 28. Judo/karate |
| 05. Baseball | 29. Kickboxing |
| 06. Bicycling for pleasure | 30. Mountain climbing |
| 07. Bicycling machine exercise | 31. Mowing lawn |
| 08. Boating (canoeing, rowing, sailing for pleasure or camping) | 32. Paddleball |
| 09. Bowling | 33. Painting/papering house |
| 10. Boxing | 34. Pilates |
| 11. Calisthenics | 35. Racquetball |
| 12. Canoeing/rowing – in competition | 36. Raking lawn |
| 13. Carpentry | 37. Running/running on a treadmill |
| 14. Dancing-aerobics/ballet | 38. Rope skipping |
| 15. Fishing from river bank or boat | 39. Rowing machine exercise |
| 16. Football | 40. Scuba diving |
| 17. Gardening (spading, weeding, digging, filling) | 41. Skateboarding |
| 18. Golf | 42. Skating – ice, roller or in-line |
| 19. Handball | 43. Sledding, tobogganing |
| 20. Health club exercise | 44. Snorkeling |
| 21. Hiking – cross-country | 45. Snowboarding |
| 22. Hockey (field) | 46. Snowshoeing |
| 23. Hockey (ice) | 47. Snow shoveling by hand |
| 24. Home exercise | 48. Snow blowing |
| | 49. Snow skiing |
| | 50. Soccer |
| | 51. Softball |

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

- 52. Squash
- 53. Stair climbing
- 54. Stream fishing in waders
- 55. Surfing
- 56. Swimming laps
- 57. Table tennis
- 58. Tennis
- 59. Touch football
- 60. Volleyball
- 61. Walking/walking on a treadmill
- 62. Water-skiing

- 63. Weight lifting
- 64. Wrestling
- 65. Yoga
- 66. Other (specify)_____
-
- 77. Don't know/not sure
- 99. Refused

SPRTTEAM (NEW)

168. **During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups.)**

- 1. 0 teams
- 2. 1 team
- 3. 2 teams
- 4. 3 or more teams
-
- 77. Don't know/Not sure
- 99. Refused

INDSPORT (NEW)

169. **Are you currently involved in any individual sports such as dance, martial arts, or yoga?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

EXERMIN

170. **About how many *minutes* do you think you should exercise or be physically active *each day* for good health – this includes all activities like bicycling, dancing, and playing basketball that you do at school, at home, and anywhere else you get exercise?**

- _____ enter number
- 88. None
 -
 - 77. Don't know/Not sure
 - 99. Refused

**if DAY7PA60 < 7 ask BAREXER2;
Else go to SMK30DY2**

BAREXER2

171. **What is the main reason you don't get more exercise or physical activity?**
[Prompt only if they do not answer quickly]

- 1. Don't like it
- 2. No time

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

- 3. Don't look good while doing it
- 4. Don't have a safe place to do it
- 5. Don't have the right equipment
- 6. Too tired
- 7. Not important
- 8. Physically unable
- 9. I get enough
- 10. Lazy
- 11. Too busy
- 12. Rather do something else
- 13. Afraid of getting hurt
- 14. Weather too hot
- 15. Not current organized sports teams
- 16. Homework
- 17. Other _____ (specify)

-
- 77. Don't know/not sure
 - 99. Refused

ECONPA (NEW)

172. **In the current economy, have you made any changes that affect how much physical activity you get?**

- 1. Yes
- 2. No

-
- 77. Don't know/Not sure
 - 99. Refused

The next question I will be asking you is about cigarette smoking. Please remember your answers are confidential.

SMK30DY2

173. **Think about the last 30 days. On how many of these days did you smoke?**

- __ Response (Max is 30)
- 88. None

-
- 77. Don't know/Not sure
 - 99. Refused

The next few questions are about the amount of time you watch TV, play video games and use computers. DO NOT include activities done at school.

TVISION (MODIFIED)

174. **On an average school day, how many hours do you watch TV, videos, or DVDs?**

- _____ enter hours
- 88. None

-
- 77. Don't know
 - 99. Refused

TVROOM (MODIFIED)

175. **Is there a television in the room where you sleep?**

- 1. Yes
 - 2. No
-
- 77. Don't know/Not sure
 - 99. Refused

INTERNET (MODIFIED)

176. **On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)**

- _____ enter hours
- 88. None
-
- 77. Don't know
 - 99. Refused

COMPTR

177. **On an average school day, how many minutes or hours did you use a computer for homework or for learning? Do not include time spent on the computer at school.**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

- _____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN 400)
- 88. None
-
- 77. Don't know
 - 99. Refused

SITTING (NEW)

178. **Think about all the time you spend on a typical school day sitting doing things like watching TV, reading, sitting in class, doing homework, or using a handheld device or cell phone. How many hours a day would you say you spend sitting?**

- _____ enter hours
- 88. None
-
- 77. Don't know
 - 99. Refused

LMTTVCP

179. **On school days, do your parents or adults you live with limit how much time you spend watching television or videos, playing video or computer games, or being on the computer that is not for school work?**

- 1. Yes
 - 2. No (Go to SLEEP)
-
- 77. Don't know/Not sure

99. Refused

TVLMTTM

180. **How many minutes or hours is that time limit?**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

_____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN 400)

88. None

77. Don't know

99. Refused

SLEEP (NEW)

181. **On a typical school night, how many hours of sleep do you get?**

EXAMPLE; for six hours and 30 minutes enter 630

_____ enter hours and minutes

88. None

77. Don't know

99. Refused

HEIGHT

182. **About how tall are you without shoes?**

(Round fractions down)

___ Response (in feet and inches) (Ex. 5 feet 11 inches = 511)

777. Don't know/Not sure

999. Refused

WEIGHT

183. **About how much do you weigh without shoes?**

(Round fractions up)

___ Response (in whole pounds)

777. Don't know/Not sure

999. Refused

HISPANIC

184. **Are you of Hispanic origin, such as Mexican-American, Central or South American, Puerto Rican, or Cuban?**

1. Yes

2. No

[Go to ORACE3]

77. Don't know/Not sure

[Go to REF_DEMO]

99. Refused

[Go to REF_DEMO]

REF_DEMO

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

If Don't know or refused: **Our data analysis is based on several factors -- and SEX/AGE/RACE/ETHNICITY is one of the most important. You have already invested several minutes providing extremely important and useful data for this study. Also, please remember that your answers are confidential and will not be revealed to anyone. Would you be willing to tell me your SEX/AGE/RACE/ETHNICITY?**

HISP2

185. **Do you consider yourself to be Mexican, Mexican-American, or other Hispanic?**

1. Mexican
2. Mexican-American
3. Other Hispanic
-
77. Don't know/Not sure
99. Refused

ORACE3 (MODIFIED)

186. **Which one or more of the following would you say is your race...? [Interviewer: Read and mark all that apply.]**

1. White (Go to BIRTHPLC)
2. Black or African-American (Go to BIRTHPLC)
3. Asian (Go to BIRTHPLC)
4. Native Hawaiian or Other Pacific Islander (Go to BIRTHPLC)
5. American Indian or Alaska Native (Go to BIRTHPLC)
6. _____ Other (specify)
-
77. Don't know/Not sure [Go to REF_DEMO]
99. Refused [Go to REF_DEMO]

ORACE4

187. **Which one of these groups would you say best represents your race?**

1. White
2. Black or African-American
3. Asian
4. Native Hawaiian or Other Pacific Islander
5. American Indian or Alaska Native
6. _____ Other (specify)
-
77. Don't know/Not sure
99. Refused

BIRTHPLC

188. **In what country were you born?**

1. United States
2. Mexico
3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea

2010 California Teens Exercise, Eating, Nutrition (CaTEENS) Instrument- ENGLISH

- 8. Vietnam
- 9. OTHER: (specify) ----->BRTHTXT (Text)
-
- 77. Don't know/Not sure
- 99. Refused

BIRTHMOM

189. **In what country was your mother born?**

- 1. United States
- 2. Mexico
- 3. Japan
- 4. China
- 5. Taiwan
- 6. Philippines
- 7. Korea
- 8. Vietnam
- 9. OTHER: (specify) --->BRTH2TXT (Text)
-
- 77. Don't know/Not sure
- 99. Refused

WTYRBS (NEW)

190. **How do you describe your weight?**

- 1. Very underweight
- 2. Slightly underweight
- 3. About the right weight
- 4. Slightly overweight
- 5. Very overweight

-
- 77. Don't know/Not sure
 - 99. Refused

LOSEEXER (NEW)

191. **During the past 30 days, did you exercise to lose weight or keep from gaining weight?**

- 1. Yes
- 2. No

-
- 77. Don't know/Not sure
 - 99. Refused

LOSECUT (NEW)

192. **During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No

-
- 77. Don't know/Not sure
 - 99. Refused

LOSEFAST (NEW)

193. **During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

LOSEPILL (NEW)

194. **During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

LOSVOMIT (NEW)

195. **During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

HEALTH

196. **How would you describe your health?**

- 1. Poor
- 2. Fair
- 3. Good
- 4. Very Good
- 5. Excellent
-
- 77. Don't Know/Not sure
- 99. Refused

MONEY

197. **About how much money do you have each week to spend on yourself any way you want to?**

- ___ Amount in dollars (*round up to nearest dollar*) [verify if greater than \$25]
- 0. None
-
- 77. Don't know/Not sure
- 99. Refused

PAIDJOB

198. **Do you have a paid part-time or full-time job?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

NUMHOLD

199. **Do you have more than one telephone number in your household? Do not include cell phone numbers or numbers that are only used by a computer or fax machine.**

- 1. Yes
- 2. No [Go to COUNTY1]
-
- 77. Don't know/Not sure [Go to COUNTY1]
- 99. Refused [Go to COUNTY1]

NUMPHON2

200. **How many residential telephone numbers do you have?**

- _____ Response
- 1. 8 or more numbers
- 77. Don't know/Not sure
- 99. Refused

COUNTY1

201. **What county do you live in?**

- | | | |
|-------------------|---------------------|--------------------------|
| 001. ALAMEDA | 041. MARIN | 081. SAN MATEO |
| 003. ALPINE | 043. MARIPOSA | 083. SANTA BARBARA |
| 005. AMADOR | 045. MENDOCINO | 085. SANTA CLARA |
| 007. BUTTE | 047. MERCED | 087. SANTA CRUZ |
| 009. CALAVERAS | 049. MODOC | 089. SHASTA |
| 011. COLUSA | 051. MONO | 091. SIERRA |
| 013. CONTRA COSTA | 053. MONTEREY | 093. SISKIYOU |
| 015. DEL NORTE | 055. NAPA | 095. SOLANO |
| 017. EL DORADO | 057. NEVADA | 097. SONOMA |
| 019. FRESNO | 059. ORANGE | 099. STANISLAUS |
| 021. GLENN | 061. PLACER | 101. SUTTER |
| 023. HUMBOLDT | 063. PLUMAS | 103. TEHAMA |
| 025. IMPERIAL | 065. RIVERSIDE | 105. TRINITY |
| 027. INYO | 067. SACRAMENTO | 107. TULARE |
| 029. KERN | 069. SAN BENITO | 109. TUOLUMNE |
| 031. KINGS | 071. SAN BERNARDINO | 111. VENTURA |
| 033. LAKE | 073. SAN DIEGO | 113. YOLO |
| 035. LASSEN | 075. SAN FRANCISCO | 115. YUBA |
| 037. LOS ANGELES | 077. SAN JOAQUIN | 777. Don't Know/Not Sure |
| 039. MADERA | 079. SAN L OBISPO | 999. Refused |

ZIPCODE

202. **What is your zip code?**

- Response
77. Don't know/Not sure
99. Refused

Finally we have a few more questions about eating and exercise.

FVAVAIL1

203. In general, are fruits, vegetables, and 100% juices available to you whenever you are hungry?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CUTFRT

204. At your home, is there usually fresh fruit that is ready to eat, like a fresh fruit bowl on the counter or cut-up in the refrigerator?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CUTVEG

205. At your home, are there usually vegetables, like carrot or celery sticks, cut and ready to eat in the refrigerator?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

GARDEN

206. Have you ever worked in a garden to grow fruits and vegetables?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

MENU

207. Do you know how to pick out healthy foods from menus?

1. Yes
2. No

77. Don't know/Not sure

99. Refused

TCHCOOK

208. **Did anyone ever teach you how to cook foods in a healthy way?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

PRNTNOTE

209. **Do your parents or the adults you live with notice when you haven't eaten healthy foods?**

- 1. Yes
- 2. No
- 3. Don't live with adults

77. Don't know/Not sure
99. Refused

SODALMT

210. **Do your parents or adults you live with limit how much soda or other sweetened drinks you drink at home? (includes all soda)**

- 1. Yes
- 2. No
- 3. Don't live with adults

77. Don't know/Not sure
99. Refused

SNKLMT

211. **Do your parents or adults you live with limit how much snack food, like chips and cookies, you eat at home?**

- 1. Yes
- 2. No
- 3. Don't live with adults

77. Don't know/Not sure
99. Refused

EATFAM

212. **Do you usually eat dinner with your family or the people you live with?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

EXERFAM

213. **Do you exercise or play sports with your family or the people you live with?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

PLAYFRND

214. **Do you exercise or play sports with your friends?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

EXERSAFE

215. **Do you live near a school, park or other place where you feel safe to exercise or play sports?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

THKEXER (MODIFIED)

216. **Do you think you could do vigorous exercise everyday? Vigorous physical activity or exercise causes you to breathe hard and sweat and includes things like basketball, jogging, soccer, or fast bicycling.**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

FEELBAD5

217. **Would you say that you have more energy, less energy or the same amount of energy when you are physically active on a regular basis?**

- 1. More energy
- 2. Less energy
- 3. The same amount of energy
-
- 77. Don't know/Not sure
- 99. Refused

SCHSIGNS (NEW)

218. **Are there ads or logos for name brand foods or beverages like posters, signs, or billboards on school walls, school buildings, school buses, scoreboards, vending machines, or**

other school property?

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

SCHSMPLS (NEW)

219. Are free samples of name brand food or beverage distributed during school hours or during a school-sponsored activity?

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

For the following few questions, I will read you a statement and then please tell me if you agree or disagree with the statement. First....

EATPOL1 (MODIFIED)

220. Your school should have healthy eating policies for foods sold outside of the cafeteria, such as rules for what kinds of foods are allowed to be sold in vending machines or at the school store. Would you say you...

- 1. Strongly Agree
- 2. Agree
- 3. Disagree
- 4. Strongly Disagree
-
- 77. Don't know/Not sure
- 99. Refused

FOURYP2

221. High school students should be required to take 4 years of Physical Education class? Would you say you...

- 1. Strongly Agree
- 2. Agree
- 3. Disagree
- 4. Strongly Disagree
-
- 77. Don't know/Not sure
- 99. Refused

TVADVERT (NEW)

222. I choose unhealthy foods because I see them advertised on TV. Would you say you...

- 1. Strongly Agree
- 2. Agree

- 3. Disagree
 - 4. Strongly Disagree
-
- 77. Don't know/Not sure
 - 99. Refused

INTADVER (NEW)

223. **I choose unhealthy foods because I see them advertised on the Internet. Would you say you...**

- 1. Strongly Agree
 - 2. Agree
 - 3. Disagree
 - 4. Strongly Disagree
-
- 77. Don't know/Not sure
 - 99. Refused

ADVOCINT

224. **How interested are you in taking action to make changes to improve nutrition in your school or community?**

- 1. Very Interested
 - 2. Somewhat Interested
 - 3. Not Interested
 - 4. No Opinion
-
- 77. Don't know/Not sure
 - 99. Refused

ADVOCCHG

225. **Have you PERSONALLY ever been active in making changes to improve nutrition in your school or community?**

- 1. Yes
 - 2. No [GO TO HUNGRY12]
-
- 77. Don't know/Not sure [GO TO HUNGRY12]
 - 99. Refused [GO TO HUNGRY12]

ADVOCTYP

226. **How have you taken action to make changes to improve nutrition in your school or community?** *[Interviewer: Prompt only if respondent does not answer quickly]*

- 1. Worked on school/student committee
 - 2. Worked with teacher to change classroom practices
 - 3. Worked with food service to increase healthy choices/remove unhealthy choices
 - 4. Helped with school social/fundraiser functions with healthy snacks
 - 5. Involved in youth organization in the community that worked to promote healthy eating
 - 6. Worked to improve healthy choices at my church (temple etc.)
 - 7. _____ Other (specify)
-
- 77. Don't know/Not sure

99. Refused

HUNGRY12

227. **During the last 12 months, were you ever hungry but didn't eat because there wasn't enough money to buy food for your house or home?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

HGYSTOR INTRO

Besides money, there are reasons why people don't always have the kinds of healthy food they want or need. For each of the following, please tell me if it is a reason why YOU don't always have the kinds of healthy food you want or need.

HGYSCHL2

228. **The kinds of healthy food I want are not available at school (F6 = not attending school)**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

HGYWORK2

229. **The kinds of healthy food I want are not available when eating out, at sports events, or where I work.**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

FODASST2

230. **In the last 12 months, have you or anyone in your household received food assistance from any of the following sources?**

1. Free or reduced price school breakfast

FREEBRK2

2. Free or reduced price school lunch

FREELUN3

3. Food stamps

FASSTMP2

4. WIC

FASWIC2

CLOSING

That is my last question. Let me emphasize that your answers cannot be identified with your name. Everyone's answers will be combined to give us information about eating and exercise among kids your age.

THANK YOU very much for your time and cooperation.

SAY GOODBYE... (PRESS RETURN TO CONTINUE)

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SUSPECT

231. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you suspect that someone may have been listening in at the respondent's household during the interview?

1. Yes
2. No [End questionnaire]

SURE

232. (*TO INTERVIEWER - DO NOT READ ALOUD*) How sure are you that someone may have been listening in?

1. Absolutely Sure
2. Quite Sure
3. Somewhat Sure
4. Not Real Sure
5. Very Sure that No One was listening in

BIASED

233. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you think the respondent's answers were biased because someone was listening in?

1. Yes
2. No
-
77. Don't know/Not sure

SPANENG

234. (*TO INTERVIEWER - DO NOT READ ALOUD*) Was the interview conducted in English or Spanish?

1. English
2. Spanish