

2008 California Teen Eating, Exercise and Nutrition Survey (CaITEENS)

**Table 95: Perception of School Healthy Eating and Physical Education Policies Among California Adolescents (N=1,256)**

Your school should have healthy eating policies for food sold outside of the cafeteria. Would you say you...  
High schools should require students to take 4 years of Physical Education class? Would you say you...

	Percent of Adolescents	
	Agree <sup>1</sup> School Should Have Healthy Eating Policy	Agree <sup>1</sup> School Should Require 4 Years of Physical Education
<b>Total</b>	<b>85.8</b>	<b>64.0</b>
<b>Gender</b>		
Male	81.5 ***	68.4 ***
Female	90.3	59.3
<b>Ethnicity</b>		
White	90.1 ***	58.9 **
African American	93.8	68.9
Latino	84.9	69.1
Asian/Other	72.0	61.0
<b>Gender by Age</b>		
<b>Males</b>		
12-13	85.2	86.6 ***
14-15	81.9	66.0
16-17	77.4	52.5
<b>Females</b>		
12-13	91.5	75.8 ***
14-15	88.6	50.0
16-17	90.8	51.2
<b>Income</b>		
<\$15,000	85.7	67.0 **
\$15,000 - \$24,999	87.4	71.1
\$25,000 - \$34,999	91.0	66.2
\$35,000 - \$49,999	92.0	70.0
\$50,000 - \$74,999	88.2	71.8
≥\$75,000	90.0	55.7
<b>Food Stamp Status, % FPL<sup>2</sup></b>		
Participant, ≤130%	84.5	68.6 ***
Likely Eligible, ≤130%	87.6	72.8
Not Eligible, >185%	84.6	58.2
<b>Smoking Status</b>		
Non-Smoker	86.6 **	64.9 ***
Smoker	73.5	42.2
<b>Physical Activity Status</b>		
Regular	85.5	65.0
Irregular	86.7	60.6
<b>Overweight Status</b>		
Not Overweight	85.7	61.3 **
Overweight/Obese	85.4	70.5

<sup>1</sup> Agree includes "Strongly Agree" and "Agree".

<sup>2</sup> Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\*\* p<.01

\*\*\* p<.001

2008 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 96: Perception of TV and Internet Food Advertising Among California Adolescents (N=1,256)**

TV advertising encourages people to eat large amounts of food or unhealthy foods. Would you say you...  
 Internet advertising encourages people to eat large amounts of food or unhealthy foods. Would you say you...

	Percent of Adolescents	
	Agree <sup>1</sup> TV Advertising Encourages Unhealthy Eating	Agree <sup>1</sup> Internet Advertising Encourages Unhealthy Eating
<b>Total</b>	<b>66.9</b>	<b>46.2</b>
<b>Gender</b>		
Male	63.0 **	43.8
Female	71.0	48.8
<b>Ethnicity</b>		
White	63.2	40.8 *
African American	69.5	47.9
Latino	70.2	49.0
Asian/Other	66.2	52.4
<b>Gender by Age</b>		
<b>Males</b>		
12-13	59.4	37.9
14-15	64.0	44.0
16-17	65.7	49.4
<b>Females</b>		
12-13	62.8 **	48.2 **
14-15	72.4	40.6
16-17	78.3	57.8
<b>Income</b>		
<\$15,000	66.1	44.7 **
\$15,000 - \$24,999	62.1	45.0
\$25,000 - \$34,999	69.3	28.0
\$35,000 - \$49,999	81.8	56.6
\$50,000 - \$74,999	64.8	51.7
≥\$75,000	65.1	46.2
<b>Food Stamp Status, % FPL<sup>2</sup></b>		
Participant, ≤130%	71.2	51.1
Likely Eligible, ≤130%	66.8	42.7
Not Eligible, >185%	63.6	44.9
<b>Smoking Status</b>		
Non-Smoker	66.6	46.4
Smoker	77.5	45.3
<b>Physical Activity Status</b>		
Regular	66.1	44.8
Irregular	69.6	51.3
<b>Overweight Status</b>		
Not Overweight	65.5	44.6 *
Overweight/Obese	71.8	52.7

<sup>1</sup> Agree includes "Strongly Agree" and "Agree".

<sup>2</sup> Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\* p<.01

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Table 117: Actions to Improve Nutrition in the School and Community (N=1,241)

How interested are you in taking action to make changes to improve nutrition in your school or community?  
Have you PERSONALLY ever been active in making changes to improve nutrition in your school or community?

	Percent of Adolescents				Ever Been Active in Improving Nutrition in School and Community	
	Interest in Taking Action to Improve Nutrition in School and Community					Yes
	Very Interested	Somewhat Interested	Not Interested/ No Opinion			
<b>Total</b>	<b>17.4</b>	<b>58.9</b>	<b>23.7</b>		<b>20.3</b>	
<b>Gender</b>						
Male	14.0	55.6	30.4	***	20.4	
Female	21.0	62.3	16.7		20.1	
<b>Ethnicity</b>						
White	14.2	58.1	27.7	***	22.1	
African American	14.2	69.1	16.7		17.2	
Latino	23.1	57.7	19.2		20.1	
Asian/Other	11.8	58.8	29.4		17.5	
<b>Gender by Age</b>						
<b>Males</b>						
12-13	21.6	54.7	23.8	***	26.8 *	
14-15	12.8	60.3	27.0		16.9	
16-17	7.6	52.0	40.3		17.3	
<b>Females</b>						
12-13	32.3	62.2	5.5	***	29.9 ***	
14-15	14.3	60.5	25.2		20.5	
16-17	15.9	64.3	19.8		9.6	
<b>Income</b>						
<\$15,000	29.0	51.5	19.4	***	21.0	
\$15,000 - \$24,999	24.5	61.0	14.5		25.8	
\$25,000 - \$34,999	14.0	65.4	20.7		15.1	
\$35,000 - \$49,999	18.9	60.7	20.4		26.5	
\$50,000 - \$74,999	12.1	62.9	25.0		29.0	
≥\$75,000	11.5	58.8	29.7		18.3	
<b>Food Stamp Status, % FPL<sup>1</sup></b>						
Participant, ≤130%	29.2	56.2	14.6	***	19.4	
Likely Eligible, ≤130%	18.8	63.3	17.9		22.7	
Not Eligible, >185%	12.3	58.1	29.6		19.8	
<b>Smoking Status</b>						
Non-Smoker	17.8	59.0	23.1		20.2	
Smoker	10.1	59.3	30.6		22.7	
<b>Physical Activity Status</b>						
Regular	18.8	57.8	23.4		20.5	
Irregular	12.6	62.7	24.7		19.4	
<b>Overweight Status</b>						
Not Overweight	16.0	58.8	25.2	*	20.5	
Overweight/Obese	21.2	59.9	18.9		19.6	

<sup>1</sup> Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

\* p<.05

\*\*\* p<.001