cal fresh
BETTER FOOD FOR BETTER LIVING

Seniors, Put Healthy Foods on Your Table with CalFresh!

Get Healthy Food.

Use CalFresh benefits to buy fresh fruits and vegetables, whole grains, lean proteins and more.

It's Easy!

CalFresh benefits are issued on an electronic benefit transfer (EBT) card – like an ATM card. Use your EBT card at most grocery stores, neighborhood stores, and farmers' markets. Most CalFresh participants get more than $100 each month.

You May Be Eligible.

If you have a limited income, you may be eligible. **You are NOT eligible if you get Supplemental Security Income (SSI),** but Social Security Retirement Benefits are OK.

Special Rules Make It Easier for Older Adults to Get CalFresh.

When you call:

1. Tell the eligibility worker if you are 60 years or older.
2. Ask for a phone interview – you may not need to apply in person.
3. You can have savings, a house, and cars and still qualify.
4. Tell your worker about your medical bills and housing costs that may be deducted from your income.

Call Today and Learn How to Apply!

English: 1-(877)-847-3663

Spanish: 1-(888)-926-6432

www.calfresh.ca.gov

CHAMPIONS for CHANGE
Network for a Healthy California

- Funded by the USDA SNAP, known in California as CalFresh.
- California Department of Social Services and California Department of Public Health.
- CalFresh is California's new name for the Food Stamp Program.
- Developed in cooperation with the California Department of Aging.