

2013 California Dietary Practices Survey

Table 59: Adults Reporting Behaviors Indicating Food Insecurity

The food that I bought just didn't last, and I didn't have money to get more. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months? I couldn't afford to eat balanced meals. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?

In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Percent			
	Food Didn't Last ¹	Couldn't Afford Balanced Meals ¹	Hungry but Didn't Eat	Cut or Skipped Meals
Total	30.1	34.1	22.0	26.5
<i>Sex</i>				
Male	25.7 ***	33.0	21.3	24.2 *
Female	34.3	35.1	22.8	28.7
<i>Age</i>				
18 - 24	30.6 ***	34.5 ***	24.3 ***	32.8 ***
25 - 34	25.3	36.5	21.4	25.9
35 - 50	35.5	37.1	25.2	27.4
51 - 64	36.2	37.9	24.7	33.2
65+	17.2	18.6	10.5	11.6
<i>Ethnicity</i>				
White	28.2	30.6 *	22.7 *	27.2 *
Hispanic	31.3	38.6	17.8	22.2
Black	35.7	39.6	27.8	33.6
Asian/Other	29.9	33.7	22.4	23.4
<i>Education</i>				
Less than High School	43.2 ***	44.7 ***	27.0 ***	30.9 ***
High School Graduate	35.2	39.2	25.4	31.1
Some College	27.6	32.8	23.3	30.7
College Graduate	19.1	23.2	14.1	14.7
<i>Income</i>				
Less than \$15,000	48.1 ***	50.0 ***	37.3 ***	42.4 ***
\$15,000 - 24,999	28.0	36.9	19.2	24.5
\$25,000 - 34,999	32.6	34.9	22.0	29.4
\$35,000 - 49,999	15.6	24.8	12.6	10.6
\$50,000+	3.6	5.5	1.9	4.4
<i>Overweight Status</i>				
Overweight/Obese	33.4 ***	37.4 **	23.0	29.0 *
Not Overweight	23.7	29.2	20.6	22.9
<i>Physically Active</i>				
Met Aerobic Recommendation	26.9 ***	32.0 *	22.0	27.1
Did Not Meet Aerobic Recommendation	36.1	37.7	22.6	26.0
<i>SNAP/CalFresh Status, % FPL</i>				
Participant	41.0 ***	44.6 ***	30.9 ***	37.8 ***
Likely Eligible, ≤ 130%	31.3	45.2	26.7	26.9
Not Eligible, > 185%	5.6	6.9	2.3	2.8

N=1487; 1488; 399; 1497; 399

¹ Percent reporting often or sometimes

Gray cells indicate a sample size of less than 50 and do not meet the criteria for statistical reliability.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2013 California Dietary Practices Survey

Table 60: Californians who Skipped Meals and How Often

In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough? How often did this happen in the past 12 months?

Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

	Cut or Skipped Meals	Percent	
		Almost Every Month or Most Months	Some Months but Not Every Month or Only 1 or 2 Months
Total	26.5	51.7	48.3
<i>Sex</i>			
Male	24.2 *	51.8	48.2
Female	28.7	51.6	48.4
<i>Age</i>			
18 - 24	32.8 ***	40.4	59.6 **
25 - 34	25.9	42.7	57.3
35 - 50	27.4	52.8	47.2
51 - 64	33.2	59.8	40.2
65+	11.6	77.6	22.4
<i>Ethnicity</i>			
White	27.2 *	53.1	46.9
Hispanic	22.2	42.7	57.3
Black	33.6	53.9	46.1
Asian/Other	23.4	66.8	33.2
<i>Education</i>			
Less than High School	30.9 ***	59.0	41.0
High School Graduate	31.1	51.5	48.5
Some College	30.7	50.1	49.9
College Graduate	14.7	45.7	54.3
<i>Income</i>			
Less than \$15,000	42.4 ***	57.9	42.1 *
\$15,000 - 24,999	24.5	43.0	57.0
\$25,000 - 34,999	29.4	38.3	61.7
\$35,000 - 49,999	10.6	34.9	65.1
\$50,000+	4.4	58.6	41.4
<i>Overweight Status</i>			
Overweight/Obese	29.0 *	51.1	48.9
Not Overweight	22.9	55.4	44.6
<i>Physically Active</i>			
Met Aerobic Recommendation	27.1	47.8	52.2 *
Did Not Meet Aerobic Recommendation	26.0	59.5	40.5
<i>SNAP/CalFresh Status, % FPL</i>			
Participant	37.8 ***	52.4	47.6
Likely Eligible, ≤ 130%	26.9	49.5	50.5
Not Eligible, > 185%	2.8	49.5	50.5

N=1495; 1495

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001