

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

Part I

Binder 1 of 12

Section G: Signature Page

1. Introduction

- PDF copy of the Plan on CD
- Acronym List
- CDSS, UC-FSNEP, and Network Organizational Charts
- CDSS and Network Phone Lists

Section A: Needs Assessment: Identifying and Understanding the Target Audience

Section B: Nutrition Education Plan

State Level Objectives

1. Network

a. Local Project Summaries

I. Local Incentive Awardees (LIAs)

- Children & Families Commissions
 1. Madera County Children and Families Commission - First 5
- City Governments
 1. Montclair, City of
- Colleges/Universities – Public
 1. East Los Angeles College
 2. Los Angeles Trade Technical College
- County Offices of Education
 1. Alameda County Office of Education (Coalition)
 2. Fresno County Office of Education
 3. Humboldt County Office of Education
 4. Kern County Superintendent of Schools
 5. Los Angeles County Office of Education
 6. Merced County Office of Education
 7. Napa County Office of Education
 8. Orange County Superintendent of Schools (ACCESS)
 9. Orange County Superintendent of Schools (Coalition)
 10. San Bernardino County Superintendent of Schools
 11. Shasta County Office of Education
 12. Tulare County Office of Education
- County Welfare Dept./Local Hlth Dept. – CDSS/CDPH
 1. El Dorado County Public Health
 2. Fresno County Department of Public Health
 3. County Health Department Imperial County

Binder 2A of 12

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

4. Kern County Public Health Services Department
5. County Health Department Kings County
6. County Health Department County of Lake
7. Madera County Public Health Department
8. County Health Department Merced County
9. County Health Department Napa County
10. County Health Department Nevada
11. Placer Health Services Department
12. Rural Cluster LHD
13. County Health Department San Diego
14. County Health Department San Luis Obispo
15. County Health Department Santa Cruz
16. Sonoma County Department of Health Services
17. Stanislaus County Health Service Agency
18. County Health Department Sutter
19. County Health Department Tulare County
20. Yuba County Health and Human Services Department

Binder 2B of 12

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Indian Tribal Organizations

1. California Rural Indian Health Board, Inc.
2. Southern Indian Health Council, Inc.
3. United Indian Health Services, Inc.

■ Public Health Departments – Cities & Counties

1. Alameda County Health Care Services Agency
2. Berkeley, City of, Health and Human Services Department
3. Contra Costa Health Services (Community Wellness and Prevention Program)
4. Humboldt, County of, Department of Health & Human Services
5. Imperial County Public Health Department
6. Long Beach, City of, Department of Health & Human Services
7. Monterey County Health Department
8. Orange, County of, Health Care Agency
9. Pasadena, City of, Public Health Department
10. Riverside, County of, Community Health Agency
11. San Francisco, City and County of, Department of Public Health
12. San Joaquin County Public Health Services
13. San Mateo County Health Services Agency
14. Santa Barbara County Public Health Department

Binder 3 of 12

15. Santa Clara, County of, Public Health Department
16. Shasta County Health and Human Services Agency, Public Health Branch
17. Solano County Health and Social Services Department
18. Ventura County Public Health Department
19. Yolo, County of, Department of Public Health

■ Parks & Recreation Agencies

1. Duarte, City of, Parks and Recreation Department
2. San Bernardino, City of, Parks, Recreation and Community Services Department

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

▪ Schools/School Districts

1. ABC Unified School District
2. Alhambra Unified School District
3. Alisal Union School District
4. Berkeley Unified School District
5. Calistoga Joint Unified School District
6. Compton Unified School District
7. Del Norte Unified School District
8. Downey Unified School District
9. El Monte City School District
10. Elk Grove Unified School District
11. Greenfield Union School District
12. Hawthorne School District
13. Huntington Beach Union High School District
14. Kernville Union School District (Family Resource Center)

Binder 4 of 12

15. Lamont School District
16. Long Beach Unified School District
17. Los Angeles Unified School District
18. Monrovia Unified School District
19. Montebello Unified School District
20. Mount Diablo Unified School District
21. Newport-Mesa Unified School District
22. Pasadena Unified School District
23. Rosemead School District
24. San Francisco Unified School District
25. Santa Ana Unified School District
26. Santa Clarita Valley School Food Services Agency
27. Santa Cruz City School District
28. Ukiah Unified School District
29. Vaughn Next Century Learning Center
30. Ventura Unified School District
31. Visalia Unified School District
32. Windsor Unified School District

▪ University of California Cooperative Extension

1. University of California, The Regents of the Cooperative Extension in Alameda County (Child and Youth Nutrition Program)
2. University of California, The Regents of the, Cooperative Extension of Alameda County (Family and Consumer Services)

Binder 5 of 12

II. Non Profit Organizations

1. California Association of Food Banks (Nutrition Education)
2. California State University, Chico, Research Foundation (SCNAC)
3. Central Valley Health Network
4. San Francisco General Hospital Foundation (Chinatown Public Health Center)

III. Special Local Projects

▪ Local Food & Nutrition Education Projects (LFNE)

1. Alameda Point Collaborative
2. Asian Health Services
3. CSU, Chico Research Foundation
4. Child Development Resources of Ventura County

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

5. Collective Roots
6. Community Alliance with Family Farmers
7. Education and Leadership Foundation
8. FAME Assistance Corporation
9. Familia Center
10. Family HealthCare Network
11. Mandela Marketplace
12. Neighborhood Parks Council
13. North Coast Opportunities
14. RootDown LA
15. San Ysidro Health Center
16. Sustainable Economic Enterprises of Los Angeles
17. Vista Community Clinic

Binder 6 of 12

b. State Project Summaries

I. Regional Networks

State: Region Contracts

1. Bay Area Region
2. Central Coast Region
3. Central Valley Region
4. Desert Sierra Region
5. Gold Coast Region
6. Gold Country Region
7. Los Angeles County (Region)
8. North Coast Region
9. Orange County Region
10. San Diego and Imperial Region
11. Sierra Cascade Region

II. Fruit, Vegetable, and Physical Activity (FVPA) Campaigns

III. Communications

State Media Contract

- Media Targeting Data
 - a. Media Plan and Flow Chart
 - b. LA TV Worksheet
 - c. Radio Worksheet
 - d. LA Outdoor Worksheet

IV. Research & Evaluation

State

- Behavior Risk Factor Surveillance System (BRFSS)
- Office of Women's Health Surveys

V. Community Development

State

- Clearinghouse Project

VI. I.T.

State

Binder 7 of 12

VII. Administration

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

State

VIII. Technical Assistance and Special Projects

State

- Technical Assistance
- Special Projects

IX. Training

State

- Center for Collaborative Solutions (CDE)
- Sacramento State University Foundation Annual Conference
- CDPH-Project LEAN - Community
- CDPH-Project LEAN – Obesity Conference

X. Materials & Distribution

c. PHI Consolidated Budget Narrative

Section C: Staffing

- I. Network Local Projects Staff Form
- II. State Staff Form
- III. PHI Staff Form
- IV. CDSS Staff Form
- IV. UC-FSNEP Form

Section D: Budget Summary

- I. State Summary Page
- II. Network Budget
- III. PHI Budget
- IV. OST Travel Chart
- V. CDSS Budget
- VI. UC-FSNEP Budget

Section E: Assurances

Section F: Waiver Requests

- A. Network
- B. CDSS
- C. Attachment 1—FVPA Campaign Waiver Attachments (provided in PDF only)
 - a. Qualifying Census Tracts for SNAP-Ed (ACS Eligible All Races)
 - b. Qualified Census Tracts 100 PCT Poverty by Race-Ethnicity (ACS 05-09)
 - c. Block group by 185 FPL for all regions 05-09

2. CDSS SNAP-Ed CalFresh Unit

- A. Project Summary, Budget Cover Sheet, Budget Justification
- B. Innovative Ideas Project (2) Project Summaries, Budget Cover Sheet, Budget Justification

Binder 8 of 12

3. UC-FSNEP California State Plan:

a. Local Project Summaries, Staffing & Budgets

Binder 9 of 12

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

APPENDICES SUPPORTING DOCUMENTATION

Section A: Needs Assessment Attachments

- Attachment 1—Race/ Ethnicity of California's CalFresh Participants by County
- Attachment 2—Child Poverty, Food Insecurity and CalFresh Participation by County
- Attachment 3—California SNAP-Ed Sites, Eligible Individuals, Census Tracts, and Schools by County
- Attachment 4—California Schools 50% Free/Reduced Price Meals (SNAP-Ed *Network* and UC-FSNEP) by County
- Attachment 5—Brief Summaries of Other Nutrition-Related Programs Serving Low-Income Persons in California
- Attachment 6—CA SNAP-Ed Infrastructure FFY 2012 Planned Sites
- Attachment 7—CA SNAP-Ed Contractors List by County

Section B: Nutrition Education Plan Attachments

- Attachment 1- Network/UC-FSNEP MOU
- Attachment 2- School Master List (Eligible Sites, Network Sites, UC FSNEP Sites, Joint Sites)
- Attachment 3- UC-FSNEP/Network School Decision Tree
- Attachment 4- Narratives for Joint School Sites (UC FSNEP & Network)
- Attachment 5- Nutrition Education Materials Summary List
- Attachment 6- Summary of Alternate Quarterly Time Studies Current Year
- Attachment 7- Network Electronic Signature Request

Binder 10 of 12

Section C: Staffing Attachments

- State Duty Statements
- PHI Duty Statements
- CDSS Duty Statements

Section D: Budget Summary Attachments

1. WIC MOU

Binder 11 of 12

Part II FFY 2011-2012 Amendment 2

1. CWD/LHD Expansion
2. Healthy Choices/ RYD
3. CalFresh Promotion
4. Retail Consumer Connection
5. NEOP Planning
6. Evaluation: Latino Campaign, Mass Communications Campaign, Power Play!

Binder 12 of 12

Part III FFY 2012 Augment Funding (New/Enhanced \$10k)

1. Healthy Choices Enhanced
2. Power Play!
3. UCB
4. UCD Cress

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: California Rural Indian Health Board, Inc.
Program Area: Local Incentive Awardee: Indian Tribal Organization
Contract Number: 09-11217

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 40% Female 60%

Ethnicity:

- African American _____%
- Asian _____%
- Caucasian 10%
- Latino _____%
- Native American 90%
- Pacific Islander _____%
- Other (specify) _____: _____%

Languages:

- English 100%
- Spanish _____%
- Arabic _____%
- Armenian _____%
- Russian _____%
- Bosnian _____%
- Cantonese _____%
- Farsi _____%
- Hmong _____%

- Khmer (Cambodian) _____%
- Korean _____%
- Lao _____%
- Tagalog _____%
- Vietnamese _____%
- Other (specify) _____: _____%
- Other (specify) _____: _____%
- Mandarin _____%

Ages:

- Under 5 years old 30%
- 5 to 8 10%
- 9 to 11 15%
- 12 to 17 15%
- 18 to 59 20%
- 60 years old and over 10%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--------------------------------------------------------------|------------------------------------------------------------|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input checked="" type="checkbox"/> Food Pantries <u>25%</u> | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input checked="" type="checkbox"/> WIC Offices <u>35%</u> |
| <input checked="" type="checkbox"/> HeadStart <u>40%</u> | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: www.crihb.org
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (8 occurrences at 1.5 hour(s) each)
- Community Education Events: (5 occurrences at 3 hour(s) each)
- Training/Workshop/Conference: (2 occurrences at 1.5 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| _____ Adult Education & Job Training Sites | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Adult Rehabilitation Centers | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ CalFresh Offices | _____ Public Housing |
| _____ Churches | _____ Schools – students (Preschool) |
| _____ Community Centers | _____ Schools – students (K-12) |
| _____ Elderly Service Centers | _____ Schools – students (Afterschool Program) |
| <u>1</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – Parents |
| _____ Extension Offices | _____ Shelters/Temporary Housing |
| _____ Farmers Markets | <u>1</u> WIC Programs |
| _____ Food Stores | Worksites |
| <u>4</u> Head Start Programs | Other (specify): <u>Indian Health Clinic 4</u> |
| _____ Individual Homes | Other (specify): _____ |
| _____ Libraries | Other (specify): _____ |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1885

Narrative (max. 200 words)

The California Rural Indian Health Board, Inc. (CRIHB), is sanctioned by Tribal governments and Indian controlled. Currently there are thirty-one tribes who have established a resolution with CRIHB for the delivery of health care services at eleven different health clinics in California. As part of these services CRIHB provides culturally appropriate health promotion and nutrition education to SNAP-Ed eligible tribal communities. The California Rural Indian Health Board, Inc and one subcontracting site, Sonoma County Indian Health Project, (SCIHP) work to promote the consumption of the recommended amount of fruits and vegetables among rural Native American Indian families. SCIHP will provide nutrition education and physical activity promotion at three large community events and multiple classes throughout the year. CRIHB will provide annual training to all Head Start teachers on nutrition and teaching nutrition in the classroom and provide childhood feeding information to Native American Indian parents. The CRIHB nutritionist will provide culturally appropriate nutrition education materials to tribal health board members and community members. Nutrition information will also be disseminated to the SNAP-Ed eligible community via the website and the department Family and Community newsletter.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|---------------------------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

Training evaluations are conducted to determine if the training material met the program objectives. Sonoma County provides surveys at all community events and classes to determine what participants learned, what they liked best about events, what they know about fruits & vegetables and what changes they might make in the future.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

The California Rural Indian Health Board works with four Tribal Head Start programs serving the SNAP-Ed Native American population to deliver coordinated nutrition education messages and materials, as well as to provide health education to the advisory council. Nutrition education materials will be provided to SNAP-Ed eligible Head Start parents on general nutrition education topics. Youth leaders who participate in the Community Challenge grant funded project will be trained on nutrition education for teens. The current head start Performance Standards do not specifically require Nutrition Education for the teachers. The Training standard 1306.23 States:

“Head Start grantees must provide pre-service training opportunities and in-service training opportunities to program staff to assist them in acquiring knowledge and skill to fulfill their job responsibilities.”

Under the Child Nutrition Performance Standards there is no standard listed for teacher training in nutrition education.

The tribal Head Start programs are desperately under funded and as such cannot afford to employ a nutritionist or registered dietitian like the regional Head Starts site do. Under the Network funding I am able to offer nutrition education training for 5 Tribal Head start Sites throughout California that would not have access to a nutritionist to conduct this type of training.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Head Start	Cold Springs	PO Box 297	Tollhouse	93667				Proxy
WIC Office	Sonoma County Indian Health WIC Program	144 Stony Point	Santa Rosa	95401				Proxy
Head Start	Elk Valley	2298 Norris Ave	Crescent City	95531				Proxy
Head Start	Lytton Rancheria	1592 Fulton Rd	Santa Rosa	95403				Proxy
Head Start	Yurok Tribe Head Start	190 Klamath Blvd	Klamath	95548				Proxy
Emergency Food Assistance	Sonoma County Indian Health Clinic Senior Services	144 Stony Point Rd	Santa Rosa	95401	Commodity Food Distribution Site			Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California Children's Power Play!	Allstar Team Training Guide	Guide that Promotes Physical Activity to Youth	English
Network for a Healthy California Retail Program	Need Help Buying Food	Practical information for food stamp eligible people for buying healthy food	English
Contractor developed -California Rural Indian Health Board	Eagle Vision Booklet	Teaches American Indian about healthy eating and exercise	English
Contractor developed- California Rural Indian Health Board	Family and Community Quarterly Newsletter (Nutrition and Physical activity portion only)	Provides Harvest of the Month information	English
Contractor developed- California Rural Indian Health Board	Feeding Your Family PowerPoint	Teaches parents how to shop and prepare healthy meals for the family	English
Dairy Council of California	Making Meals Matter	A guide for parents to shop and cook healthy meals	English
Harvest of the Month	Newsletter	Promotes fruit & vegetables	English
Produce for Better Health	Munching Matters- The Snacking Secret	Promotes health snacks	English
Produce for Better Health	The Fruit & Veggies Guide to Good T.A.S.T.E.	Promotes eating fruits and vegetables	English
Network for a Healthy California	Champions for Change Everyday Healthy Meals	Healthy Cookbooks for the general population	English
Network for a Healthy California	Champions for Change Physical Activity Guide	How to get more active	English
USDA materials	My Activity Pyramid	Promotes PA for kids	English
USDA materials	MyPyramid	Teaches balanced eating	English
Network for a Healthy California	Champions for Change Fruits & Vegetables Materials	Describes why it is good to eat fruits and vegetables	English

BUDGET COVER SHEET
FFY 2012

Organization: California Rural Indian Health Board, Inc.				
Contract Number: 09-11217				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 14,216	\$ 17,770	\$ 3,554	25.00%
Fringe Benefits	\$ 3,980	\$ 4,976	\$ 996	25.03%
Operating	\$ 1,434	\$ 1,792	\$ 358	24.97%
Travel	\$ -		\$ -	0.00%
Equipment & Other Capital	\$ -		\$ -	0.00%
Subcontractors	\$ 81,497	\$ 81,497	\$ -	0.00%
Other Costs	\$ -		\$ -	0.00%
Indirect Costs	\$ 4,549	\$ 5,685	\$ 1,136	24.97%
Total Federal Share	\$ 105,676	\$ 111,720	\$ 6,044	5.72%
Note: If the Total State Share or Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
If the total percentage difference is greater than 5% consult your Contract Manager.				
FFY 2012 Network Growth Policy restricts contract growth.				
Justifications:				
Personnel Salaries	Nutritionist increase total FTE			
Fringe Benefits	Nutritionist increase total FTE, consequently Fringe increased			
Operating	Nutritionist increase total FTE, consequently Operating increased			
Indirect Costs	Nutritionist increase total FTE, consequently Indirect increased			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	7. Federal Share Total Dollars	8. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Stacey Kennedy							
	Title:	Nutritionist	\$ 71,079	0.2500	10.0%	15.0%	\$ 17,770	\$ 17,770	
SUBTOTAL			\$ 71,079	0.2500	10.0%	15.0%	\$ 17,770	\$ 17,770	
POSITION DESCRIPTIONS:									
Nutritionist/Nutrition Educator/Nutrition Aide FS # 1		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.							
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:									
Includes payroll taxes and medical/dental benefits at 28% of salaries				\$17,770 x 28% = \$4,976			\$ 4,976	\$ 4,976	
SUBTOTAL:							\$ 4,976	\$ 4,976	
C. OPERATING EXPENSES:									
Federal Share:									
Office Space Rental							\$ 1,792	\$ 1,792	
120 sq ft x \$4.978 per square feet x 12 months x 25% FTE = \$1,792									
SUBTOTAL:							\$ 1,792	\$ 1,792	
D. EQUIPMENT EXPENSES:									
Federal Share:									
SUBTOTAL:									
E. TRAVEL AND PER DIEM:									
Federal Share:									
SUBTOTAL:									
							Federal Share Total Dollars	Total Dollars	
F. SUBCONTRACTORS:		Sonoma County Indian Health Project - See Subcontractor Budget Justification					\$ 81,497	\$ 81,497	
Federal Share:									
SUBTOTAL:							\$ 81,497	\$ 81,497	
G. OTHER COSTS:									
Federal Share:									
SUBTOTAL:									
							Total Direct Costs	\$ 106,035	\$ 106,035
H. INDIRECT COSTS:									
Federal Share:		Approx. 24.993% of Total Salaries and Fringe Benefits (\$22,746 x 24.993% = \$5,685)					\$ 5,685	\$ 5,685	
SUBTOTAL:							\$ 5,685	\$ 5,685	
TOTAL			\$ 71,079	0.2500	10.00%	15.00%	\$ 111,720	\$ 111,720	

**SUBCONTRACTOR BUDGET JUSTIFICATION
Sonoma County Indian Health Project
October 1, 2011 - September 30, 2012**

California Rural Indian Health Board, Inc.
09-11217

A PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	7. Federal Share Total Dollars	8. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	TBA	\$ 69,395	0.4500	20.0%	25.0%	\$ 31,228	\$ 31,228		
	Title:	Nutritionist								
2.	Name:	TBA	\$ 39,853	0.4000	10.0%	30.0%	\$ 15,941	\$ 15,941		
	Title:	Nutrition Aide								
SUBTOTAL			\$ 109,248	0.8500	30.0%	55.0%	\$ 47,169	\$ 47,169		
POSITION DESCRIPTIONS:										
Nutritionist/Nutrition Educator/Nutrition Aide # 1, 2			Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.							
							Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:										
Federal Share:										
Includes payroll taxes and medical/dental benefits at approx. 18%-27% of salaries							\$ 12,473	\$ 12,473		
(\$47,169 x approx. 26.443% = \$12,473)							SUBTOTAL:	\$ 12,473	\$ 12,473	

**SUBCONTRACTOR BUDGET JUSTIFICATION
Sonoma County Indian Health Project
October 1, 2011 - September 30, 2012**

California Rural Indian Health Board, Inc.
09-11217

												Federal Share Total Dollars	Total Dollars
C.	OPERATING EXPENSES:												
	Federal Share:												
	1	Office Supplies for the purchase of pens, paper, ink, folders, envelopes, binders and other routine supplies. (\$72 x 12 months = \$864)										\$ 864	\$ 864
	2	Postage for mailing <i>Network</i> materials (10/month x 12 months = \$120)										\$ 120	\$ 120
	3	Printing Includes costs for copying nutrition education materials, and the professional printing, layout, and design of posters brochures and other developed nutrition education materials. (\$64 x 12 months = \$768)										\$ 768	\$ 768
	4	Office Space Rental (200 sq. feet x \$1.70 @ 45% for Nutritionist x 12 months) for SCIHP = \$1,836										\$ 1,836	\$ 1,836
		SUBTOTAL:										\$ 3,588	\$ 3,588
D.	EQUIPMENT EXPENSES:												
	Federal Share:												
		SUBTOTAL:											
E.	TRAVEL AND PER DIEM:												
	Federal Share:												
		Meeting: Network Sponsored Skill-Based Training										\$ 1,080	\$ 1,080
		Staff: 2 Nutritionist TBA											
		Lodging: 2 room at \$84 (plus tax) \$100 x 2 staff = \$200											
		Mileage: 600 miles x \$.55 per mile = \$296 x 2 staff = \$660											
		Parking: 2 days x \$15 = \$30 x 2 staff = \$60											
		Per Diem: 2 days x \$40 = \$80 x 2 staff = \$160											
		Meeting: Annual Network Conference										\$ 1,080	\$ 1,080
		Staff: 2 Nutritionist & Nutrition Aid											
		Lodging: 2 room at \$84 (plus tax) \$100 x 2 staff = \$200											
		Mileage: 600 miles x \$.55 per mile = \$296 x 2 staff = \$660											
		Parking: 2 days x \$15 = \$30 x 2 staff = \$60											
		Per Diem: 2 days x \$40 = \$80 x 2 staff = \$160											
		SUBTOTAL:										\$ 2,160	\$ 2,160

**SUBCONTRACTOR BUDGET JUSTIFICATION
Sonoma County Indian Health Project
October 1, 2011 - September 30, 2012**

California Rural Indian Health Board, Inc.
09-11217

							Federal Share Total Dollars	Total Dollars
F. SUBCONTRACTORS:								
Federal Share:								
SUBTOTAL:								
G. OTHER COSTS:								
Federal Share:								
1	Food for food demonstration/taste testing and food preparation supplies that are provided during cooking classes and events Subtotal \$3,521						\$ 3,521	\$ 3,521
	Event	Cost per Event	# Events	Total Cost	Participant	Cost per		
	Nutrition Youth Olympics	\$980.00	1	\$980.00	400	\$2.45		
	Autumn Celebration/Health Fair	\$900.00	1	\$900.00	400	\$2.25		
	Health Expo	\$630.00	1	\$630.00	350	\$1.80		
	Nutrition Cooking Taste Testing	\$61.00	4	\$244.00	100	\$2.44		
	Garden Event Taste Testing	\$122.25	3	\$367.00	150	\$2.45		
	Food services supplies for all tasting testing events such as paper plates, utensils, napkins	\$40.00	10	\$400.00	1409	\$0.28		
2	Equipment Rental: For events specified in the SOW for Nutrition Youth Olympics & Health Expo outdoor community events Includes rental of require tents, chairs, generators, and miscellaneous rental equipment for one-time PA demonstration. 10 Events at approx. \$207.7/event						\$ 2,077	\$ 2,077
3	Nutrition Education materials required for the delivery of crucial program services Items include: pamphlets, cookbooks, activity mats, etc. \$2000 participants @ \$2.00 each = \$4,000						\$ 4,000	\$ 4,000
SUBTOTAL:							\$ 9,598	\$ 9,598
Total of Direct Costs							\$ 74,988	\$ 74,988
H. INDIRECT COSTS:								
Federal Share: 13.8% of Total Salaries (\$47,169 x 13.8% = \$6,509)							\$ 6,509	\$ 6,509
Maximum 10% of personnel salaries to cover expenses for salary and fringe of fiscal and administrative staff that work on the program indirectly such as payroll processing, purchasing, administrative staff and program invoicing.								
SUBTOTAL:								
TOTAL							\$ 109,248	\$ 109,248
							0.8500	30.00%
							55.00%	\$ 81,497
							\$ 81,497	\$ 81,497



CALIFORNIA RURAL INDIAN HEALTH BOARD, INC.

AGREEMENT

**UNITED STATES DEPARTMENT OF AGRICULTURE AND
CALIFORNIA DEPARTMENT OF HEALTH SERVICES
CALIFORNIA NUTRITION NETWORK
CANCER PREVENTION AND NUTRITION SECTION
CONTRACT AWARD NO. 09-11217**

This Agreement is made by and between the **California Rural Indian Health Board, Inc.**, a non-profit California Corporation located in Sacramento, California, hereafter, called **CRIHB** and, **Sonoma County Indian Health Project, Inc. (SCIHP)**, hereafter, called Subcontractor whose business address is 144 Stony Point Road, Santa Rosa, CA. 95401, telephone number is (707) 521-4662, shall furnish services described herein under the following terms and conditions:

I. CHARTER AND EXTENT OF SERVICES

The Subcontractor shall furnish the following services as outlined in Exhibit A:

Objective # 1

- By September 30, 2012: a minimum of 400 Native American youth will participate in the annual Youth Olympics held at Sonoma County Middle School Hillard Comstock Jr. High School and hosted by Sonoma County Indian Health Project.

Objective # 2

- By September 30, 2012: a minimum of 25 – 50 Native Americans will participate in the Healthy Cooking Class series each year (four classes for a total of at least 100 Native Americans) provided by the Sonoma County Indian Health Project Nutrition Department to promote the consumption of fruits and vegetables.

Objective # 3

- By September 30, 2012: a minimum of 350 American Indian youth of Sonoma County will participate each year in the nutrition activities of the Annual Health and Fitness Expo sponsored by the Sonoma County Indian Health Project.

4400 Auburn Blvd., 2nd Floor, Sacramento, CA 95841

Phone: 916-929-9761 • 800-274-4288 • Fax: 916-929-7246 • www.crihb.org • firstname.lastname@crihb.net

Objective # 4

- By September 30, 2012: Sonoma County Indian Health Project Nutrition Department will sponsor three annual community garden-based nutrition education classes reaching a minimum of 50 SNAP-Ed eligible Native Americans per class, totaling 150 Native Americans each year.

Objective # 5

- By September 30, 2012: a minimum of 400 Native Americans each year, for a total of 1200 Native Americans, will participate in the annual Autumn Celebration/Health Fair sponsored by the Sonoma County Indian Health Project Nutrition Department.

II. PERIOD OF PERFORMANCE

Period of performance of this Agreement will be from **October 1, 2010 to September 30, 2011** by mutual agreement of both parties and approved by CRIHB Executive Director. This Agreement in no way employs the Subcontractor as an employee of the California Rural Indian Health Board, Inc.

III. COMPENSATION

Upon Subcontractor submission of an invoice with attached copies of receipts, check(s), payment(s), required reports, and completed deliverables; the reimbursement method will be on a monthly basis. The overall budget is hereby incorporated as the attached Exhibit B, and compensation shall not exceed \$ **81,497.00**. Progress reports shall be submitted to CRIHB no later than:

Year 2

- April 16, 2011
- September 30, 2011

IV. TERMINATION

Either party may terminate this Agreement with a 30 day written notice to the other party.

V. COMPLIANCE

The Subcontractor agrees to comply with all terms and conditions of the CRIHB award with the State of California, Cancer Prevention and Nutrition Section, Contract No. 09-11217, specifically including, but not limited to attached Exhibit D, "Contractor Requirements", and all other exhibits and addenda's to this grant, and all other applicable state laws.

VI. FUNDING ACKNOWLEDGEMENT

The Subcontractor shall acknowledge the financial support of State funds whenever any findings, data, and materials developed pursuant to this grant award are published or whenever the subcontractor creates a product (e.g. a cookbook, educational brochure, a videotape, manual, pamphlet, etc.) pursuant to this grant in the following manner: *"A message from the California Department of Health Services funded by the U. S. Department of Agriculture."* The CDHS' and USDA's names shall be placed prominently on all other products generated by the Contractor as a result of the contract, with appropriate credit given for funding.

VII. COPYRIGHTS INTEREST

The Subcontractor grants The State of California copyright interest in any Works created, provided, developed, or produced under the agreement and ownership of any works not fixed in any tangible medium of expression and agrees to assign those rights to The State of California.

VIII. RECORDS

The Subcontractor agrees to maintain and preserve, until three years after termination of Contract Number 06-55074 and final payment from CRIHB, and to permit The State of California or any duly authorized representative, to have access to, examine, or audit any pertinent books, documents, papers, and records related to this Agreement.

IX. AMENDMENTS

No amendments to this contract shall be made without signatures of both parties to the contract upon approval of the State of California.

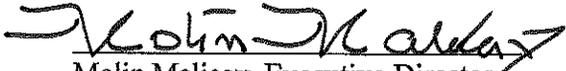
X. ARBITRATION

In the event of any dispute arising between the parties concerning the interpretation or enforcement of the provisions of this Agreement, the parties agree in good faith to resolve the dispute between themselves. If the parties are unable to resolve the dispute within thirty (30) days, then all matters in controversy shall be submitted to arbitration pursuant to California Code of Civil Procedure § 1280, et seq. using the offices of the American arbitration Association.

Either party making a written demand for arbitration on the other party shall initiate arbitration. Unless the parties agree on arbitration, each party shall designate an arbitrator within fifteen (15) days of receipt of the written demand for arbitration. Within seven (7) days of the appointment of two arbitrators, those arbitrators shall designate a third arbitrator.

The parties agree that either party to an arbitrator may seek judicial review by way of a petition to the court to confirm, correct or vacate an arbitration award pursuant to the provisions of California Code of Civil Procedure § 1285 and § 1294.2

AGREED TO AND SIGNED BY THE PARTIES:


Molin Malicay, Executive Director
Sonoma County Indian Health Project, Inc.

11/15/10
Date Signed

Federal Tax ID Number 94-1741896


James Allen Crouch, M.P.H.
Executive Director
California Rural Indian Health Board, Inc.

10/29/2010
Date Signed

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Southern Indian Health Council, Inc.
Program Area: Local Incentive Awardee: Indian Tribal Organization
Contract Number: 09-11236

a. **Related State Objectives.**

See State-level objectives 1, 2, 4, 8, and 9.

b. **Audience.**

Gender: Male 35% Female 65%

Ethnicity:

- African American _____%
- Asian _____%
- Caucasian 10%
- Latino 15%
- Native American 75%
- Pacific Islander _____%
- Other (specify) _____: _____%

Languages:

- | | |
|--------------------------------------------------------|--------------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>97%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>3%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 8%
- 5 to 8 18%
- 9 to 11 9%
- 12 to 17 10%
- 18 to 59 50%
- 60 years old and over 5%

c. **Focus on SNAP Eligibles.**

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|---------------------------------------------------|---------|----------------------------------------------------------------|---------|
| <input type="checkbox"/> CalFresh Offices | _____ % | <input type="checkbox"/> Shelters/Temporary Housing | _____ % |
| <input type="checkbox"/> Food Banks | _____ % | <input type="checkbox"/> Soup Kitchens | _____ % |
| <input checked="" type="checkbox"/> Food Pantries | 60% | <input checked="" type="checkbox"/> TANF Job Readiness Program | 40% |
| <input type="checkbox"/> Public Housing | _____ % | <input type="checkbox"/> WIC Offices | _____ % |
| <input type="checkbox"/> HeadStart | _____ % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): Mountain Empire Wellness Collaborative
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (182 occurrences at 1hour(s) each)
- Community Education Events: (96 occurrences at 3.5hour(s) each)
- Training/Workshop/Conference: (9 occurrences at 1.5hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| <u>2</u> Adult Education & Job Training Sites | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Adult Rehabilitation Centers | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ CalFresh Offices | _____ Public Housing |
| _____ Churches | _____ Schools – students (Preschool) |
| _____ Community Centers | _____ Schools – students (K-12) |
| _____ Elderly Service Centers | _____ Schools – students (Afterschool Program) |
| <u>4</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – Parents |
| _____ Extension Offices | _____ Shelters/Temporary Housing |
| _____ Farmers Markets | _____ WIC Programs |
| _____ Food Stores | _____ Worksites |
| _____ Head Start Programs | Other (specify): _____ |
| _____ Individual Homes | Other (specify): _____ |
| _____ Libraries | Other (specify): _____ |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1580

Narrative (max. 200 words)

The Southern Indian Health Council (SIHC) Network project continues to provide nutrition education regarding the importance of consuming colorful fruits and vegetables and living a healthy lifestyle that includes 30-60 minutes of physical activity per day to reduce the risk of chronic disease among Native Americans, community members and their families within the SNAP-Ed eligible target area. SIHC works in conjunction with several Native American Tribes and the Network for a Healthy California to promote healthy lifestyle messages at community events and meetings, health fairs, and commodity distribution days; nutrition information distribution and classes, cooking classes/demonstrations, and food tastings; distribution of Harvest of the Month nutrition newsletters for adults and children; promotion of physical activity at all events; and support an increased participation in collaborative partnerships to help expand and strengthen the project's efforts.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|---------------------------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Key performance measures include participant matched pre/post testing, to assess for changes in fruit and vegetable consumption, improved knowledge of food preparation, fundamentals of basic nutrition and improved self-efficacy and will indicate successful implementation of SOW objectives. Process evaluation measures will include the frequency of participation in all levels of activities performed (e.g. classes, health fairs and newsletters), as recorded on sign-in sheets, distribution lists and the Activity Tracking Form.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change

or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Working in collaboration with the Network for a Healthy California, Tribal and community organizations such as Native American TANF, USDA Commodity Food Distribution Program and the Mountain Empire Wellness Collaborative ensures a consistent behavior-focused nutrition message. Participation in these programs enhance on-going nutrition education efforts, while continued coordination with the Network for a Healthy California—San Diego Region helps to resonate the same nutrition message within the San Diego area.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Food Pantries	Manzanita Reservation	39 Crestwood Road	Boulevard	91905	06073021100	--	--%	Proxy Site
Food Pantries	Campo Reservation	36190 Church Road,	Campo	91906	06073021100	--	--%	Proxy Site
Food Pantries	Viejas Reservation	1389 Viejas Grade Road,	Alpine	91901	06073021202	--	--%	Proxy Site
Food Pantries	Barona Reservation	1095 Barona Road	Lakeside	92040	06073016902	--	--%	Proxy Site
Adult Education & Job Training Site	Southern California American Indian Resource Center (SCAIR)	1830 Alpine Blvd	Alpine	91901	06073021202	--	--%	Proxy Site
Adult Education & Job Training Site	Southern California American Indian Resource Center (SCAIR)	4265 Fairmount Ave.	City Heights	92105	06073002302	--	--%	Proxy Site

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
American Dietetic Association	Nutrition Fact Sheets	Handouts with nutrition information for Adult	English
American Heart Association	About Cholesterol	Basic information about cholesterol. Adult	English
American Heart Association	An Eating Plan for Healthy Americans	Brochure describing healthy eating options. Adult	English
American Heart Association	Fast Food	Discusses healthy fast food choices. Adult	English, Spanish
American Heart Association	Fats 101	Provides basic information about dietary fats and cholesterol downloadable from website. Adult	English
American Heart Association	Heart Health	Cholesterol info and Lipoprotein A. Adult	English
American Heart Association	Omega-3 Fatty Acids - LP	As name implies. Adult	English
American Heart Association	Savor the Flavors	Discusses eating out healthy options from various theme restaurants, Italian, Chinese, etc. Adult	English
American Heart Association	Trans Fats	Lesson plan with information taken from the AHA web page Trans Fats Q & A. Adult	English
American Institute for Cancer Research	Cooking Solo	Practical suggestions on shopping, cooking, food safety, and food storage for single households. Adult	English
American Institute for Cancer Research	Facts About Fat - LP/Handout	As name implies. Adult	English
American Institute for Cancer Research	Homemade for Health	Brochures to reduce your risk for cancers. Adult	English
American Institute for Cancer Research	Nutrition Guide to Beans	This bookmark/refrigerator card explains why beans are an important part of a healthy diet. Adult	English
American Institute for Cancer Research	The Facts About Fiber	As name implies. Adult	English

Source	Title	Description	Languages
American Institute for Cancer Research	The New American Plate for Comfort Foods	Shows how to add nutrition to meatloaf, macaroni & cheese & other favorite dishes without sacrificing their traditional flavors. Adult	English
American Institute for Cancer Research	The New American Plate for Breakfast	Find out how a breakfast makeover can help control weight & supply foods that protect your health. Adult	English
American Institute for Cancer Research	The New American Plate One-Pot Meals	Explains how to reshape your diet & help prevent cancer & maintain a healthy weight. Adult	English
American Institute for Cancer Research	The New American Plate Cooking Solo Homemade for Health	A cookbook and low fat eating info. Adult	English
American Institute for Cancer Research	The New American Plate Veggies	Offers exciting ideas for jazzing up your vegetables & recipes for preparing the ones you've never tried. Adult	English
American Institute for Cancer Research	Your Vegetable and Fruit Diary	A log book to record vegetable & fruit consumption. Adult	English
Bell Institute of Health and Nutrition	Breakfast is Important for You	Handout: Highlights the important health benefits of breakfast with this colorful handout. All	English, Spanish
Bell Institute of Health and Nutrition	Go with the Whole Grain for Kids	Poster & Handout: the benefits of whole grains with an educational poster and handout. Children	English
Bell Institute of Health and Nutrition	Grow up with Breakfast Grow up Strong	Discusses why breakfast is important. Children	English
Bell Institute of Health and Nutrition	The Skinny on Breakfast	Discusses lower fat choices. Children	English
California Department of Education	Nutrition to Grow on	An innovative curriculum for grades 4-6 that offers teachers a direct link between the garden and nutrition education.	English

Source	Title	Description	Languages
California Latino	Healthy Latino Recipes Made with Love	Cookbook with zesty flavors and enticing aromas of healthy Latino cooking. Provides family favorites that use a variety of fruits and vegetables. Adult	English, Spanish
California Power Play! Campaign- <i>Network for a Healthy California</i>	Help Kids Eat More Fruits and Vegetables	Network developed ideas on how to increase consumption of Fruits and Veggies. Children	English
California Project LEAN	Quick & Easy Meals	Provides easy methods to add vegetables to the dinner plate. Adult	English, Spanish
California Project LEAN	Shop, Cook & Dine Lean	Tips on how to stock your kitchen with low fat foods. Adults	English
CDC	Fruit & Veggies Matter: What Counts as a Cup?/CDC	Brochure through pictures shows how to determine cup portion sizes of fruits and vegetables. Adult	English
Communicating Food for Health	Are You Eating Right for Your Heart?	Discusses substitutions for eating more healthfully. Adult	English
Communicating Food for Health	Breakfast on the Run	Discusses easy ways to get a healthy breakfast. Adult	English
Communicating Food for Health	Calorie Density: Choose to Lose	Discusses foods that have high calories low nutrients as opposed to lower calories high nutrients. Adult	English
Communicating Food for Health	Easy Ways to Increase Fiber in Your Diet	As name implies. Adult	English
Communicating Food for Health	Exercise at Home More	As name implies. Adult	English
Communicating Food for Health	Got Healthy Bones?	As name implies. Adult	English
Communicating Food for Health	MyPyramid Crossword Puzzle	As name implies. Adult	English
Communicating Food for Health	Quiz: Are You Following the Guidelines?	Disucsses the 2010 dietary guidelines. Adult	English
Dairy Council of California	Activity and Eating- linking together for Optimal Health and Fitness	This booklet helps adults understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health. Adult	English, Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California	Building a Healthy Me!	This six-lesson program teaches fundamental nutrition concepts that introduce students to a range of healthy food choices. Young Children	English
Dairy Council of California	Calcium Connection	Booklet: provides girls and women throughout the life cycle with age-specific information about the wide range of calcium's health benefits - from bone health to a likely role in weight management.	English, Spanish
Dairy Council of California	Making Meals Matter for Your Young Child and For Your Middle Aged Child	Nutrition facts booklet including MyPyramid information for parents of young children.	English, Spanish
Dairy Council of California	Pregnancy- A Special Time for Nutrition	Discusses eating right for pregnancy. Adult Nutrition Education programs which are self instructional. Dairy Council "Making Meals Matter, Calcium & Steps to a Healthier You. Adult	English, Spanish
Food and Health Communications	Examine the Facts	New poster designed to teach everyone what they need to know about label reading and the Nutrition Facts Panel. Adults	English
Food and Health Communications	Go for the Whole Grain	Poster & Handout: the benefits of whole grains with an educational poster and handout. Adults	English
Food Groupies, Inc.	Food Groupies	U of Arkansas Cooperative Extension DVD program encourages children to eat a variety of foods from the five USDA approved food groups in an entertaining way. Children	English
Fruits and Veggies More Matters	Understanding Food Labels	Lesson plan taken from FVMM web site or other FVMM materials. Helps people make better food choices by understanding and comparing nutrition content. Adults	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Institute for Research and Education Health system Minnesota	The Activity Pyramid	Promotes the benefits of regular physical activity and advice on how to add more. Adults	English
Kids Health	Figuring Out Food Labels	Kid friendly downloadable handout that teaches about how to read nutrition facts labels.	English
Krames Communications	Eating for a Healthier Heart	Brochure: Explains how one can develop new habits to eat healthfully and enjoy it. Adults	English
Krames Communications	Healthy Food Shopping	Encourage healthy behaviors and improve outcomes with a wide selection of wellness and prevention resources Adults	English
Krames Communications	Healthy Snacking	Brochure: Ideas for making and eating healthy snacks. Adults	English
Krames Communications	Low-Fat Eating	As title indicates Adult	English
Krames Communications	Low-Salt Eating	As title indicates Adult	English
Learning Seed	The Best Breakfast	Video that discusses the benefits of eating breakfast. Children	English
Learning Zone Express	Low-fat Express - Activity Sets	Nutrition Curriculum appropriate for grades 9 - adult with fat tubes, fat and arteries replicas, MyPyramid bingo, and videos.	English
Many Hands Media	Foods I Eat- Foods You Eat	Multicultural nutrition education kit for early childhood settings.	English
Mayo Clinic	Dietary fiber: An essential part of a healthy diet	Discusses how a high-fiber diet offers many health benefits and how to increase fiber intake	English
Mayo Clinic	Whole Grains: Hearty Options for a healthy diet	As title indicates Adult	English
National Cancer Institute	Traditional Foods Can be Healthy	Native American: ideas on incorporating traditional foods & eating healthy contemporary food. Adult	English
National Health Video, Inc.	Reading and Understanding the New Food Label - Movie/LP	USDA Materials National Health Video, Inc. Nut. Ed. for all ages. Designed to help consumers use the new food label; shopping tips included.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
National Institute of Diabetes and Digestive and Kidney Disease	Just Enough for You About Food Portions - LP	Teaches individuals how much and how often to eat. Shows how to use appropriate serving sizes. Adult	English
NCES	Breaking Down the Food Label	As title indicates. Children	English
Network for a Healthy California	Everyday Healthy Meals - Cookbook	USDA approved: Healthy Meals Cookbook. Low-cost, easy-to-make recipes today to keep Families healthy. Adult and children	English, Spanish
Network for a Healthy California	Fruit And Vegetable Empowerment Brochure	Basic nutrition info on and promotion of Fruits and Vegetables. Adult and Children	English, Spanish
Network for a Healthy California	How Many Cups of Fruits and Vegetables Do I Need?	Identifies how many cups of Fruits and veggies are recommended. Adult and Children	English, Spanish
Network for a Healthy California	Physical Activity – Brochure	Network approved and USDA developed. Provide information to help people to become more active. Adult and Children	English, Spanish
Network for a Healthy California	Secret to Healthy Living - Cookbook	This cookbook is full of delicious recipes and tips to help you make eating healthy. Adult	English, Spanish
Network for a Healthy California	Healthy Kids Power Play	Brochure that discusses the importance of physical activity and eating healthy. Provides practical and fun ways for families to make healthy choices together Adult	
Network for a Healthy California	Soulful Recipes - Cookbook	This cookbook is full of delicious recipes and tips to help you make eating healthy. Adult	English
Produce for Better Health	Benefits of Fruits and Vegetables	Brochure discusses benefits of consuming fruits and vegetables. Adult and Children	English
Produce for Better Health	Exploring the World with Fruits and Vegetables	Brochure that disucsses different fruits and vegetables around the world. Adult	English
Produce for Better Health	Finding Your Balance with Fruits and Veggies	Brochure that provides helpful tips on portion control and healthy substitutions. Adult	English
Produce for Better Health	Fruits and Veggies -- T.A.S.T.E. Guide	Encourages user to try different foods, get active and shop smart. Adult.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Produce for Better Health	Munching Matters- The Snacking Secret	Brochure includes quick and easy ideas for healthy snacks as well as tips for busy families on the go. Adult	English
Produce for Better Health	Yummy Designs (Fruits & Vegetables) - Coloring Book used for LP series	As title indicates. Children	English
Centers for Disease Control and Prevention (CDC)	Rethink Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
Network for a Healthy California	Re-Think Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English / Spanish
Alameda County Public Health Nutrition Services	Rethink Your Drink materials	Offers practical advice to cutting calories by making healthier drink choices.	English / Spanish
Regional Networks: Bay Area, Orange County, gold Coast, Sierra Cascade. (Contractor Developed)	ReThink Your Drink Be Sugar Savvy Lesson & Instructor Resource	Offers practical advice to cutting calories by making healthier drink choices.	English/ Spanish
California Project LEAN	Rethink Your Drink Poster	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
Regional Networks: Bay Area	ReThink Your Drink Fact Sheet on Sugar Sweetened Beverages	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
Regional Networks: Bay Area, Gold Coast (contractor developed)	ReThink Your Drink Poster	Previously approved by USDA. Please check with your PM prior to use of this material.	English/ Spanish

Source	Title	Description	Languages
Regional Networks: Bay Area, Sierra Cascade, Northcoast (contractor developed)	ReThink Your Drink Brochure	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
Regional Networks: Bay Area, Central Valley, Desert Sierra, Gold Coast, Gold Country, Los Angeles, Northcoast, Orange County, Sierra Cascade	ReThink Your Drink: Frequently Asked Questions About Sugar Sweetened Beverages (Flyer)	As title indicates.	English/ Spanish
University of Nebraska - Lincoln Extension, Institute of Agriculture and Natural Resources	Dietary Fiber	Discusses how a high-fiber diet offers many health benefits and how to increase fiber intake. Adult	English
USDA materials	Comparing Food Labels	As title indicates. Adult	English
USDA materials	Eat Smart, Play Hard	Resources and tools to convey and reinforce healthy eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid Food Guidance System. Children	English
USDA materials	Fight Bac!	Materials provided by the USDA that emphasis 4 steps for food safety. Adult	English
USDA materials	Fight Bac! Recommended Safe Cooking Temperatures	Materials provided by the USDA that emphasis food safety. Adult	English
USDA materials	Food Groups	Discusses the food groups. Adult	English
USDA materials	How to Read Food Labels	As indicated in title	English
USDA materials	Let's Eat and Play	Encourages healthy eating and physical activity. Children	English
USDA materials	MyPyramid Basics	Food plans are designed for the general public ages 2 and over	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA materials	Physical Activity	Network approved and USDA developed materials that encourage physical activity for all ages	English
USDA materials	Portion Control	USDA developed material that provides information about appropriate portion sizes. Adult	English
USDA materials	Steps to a Healthier Weight	Online resource, lesson plan, about the importance of reaching and maintaining a healthier weight. Adult	English
USDA materials	What you Need to Know About Mercury in Fish and Shellfish	As title indicates Adult	English, Spanish
Vermont Department of Health	Turning Over a New Leaf	Discusses cholesterol, physical activity and meal planning. Adult	English
Washington State Dairy Council	Fiber the Body's Scrub Brush	Discusses the benefits of a higher fiber diet. Adult	English
Weight Watchers	12 Ways to be Healthier by This Time Next Year	As title indicates Adult	English
WIC Works Learning Center	Iron Deficiency Anemia	Teaches what Iron deficiency anemia is Children	English, Spanish
WIC Works Learning Center	WIC Preschool Activity Sheets	Childrens fruit and vegetable recognition activity sheets for children.	English, Spanish

BUDGET COVER SHEET
FFY 2012

Organization: Southern Indian Health Council, Inc				
Contract Number: 09-11236				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 105,024.00	\$ 132,089.00	\$ 27,065.00	25.77%
Fringe Benefits	\$ 19,671.00	\$ 13,209.00	\$ (6,462.00)	-32.85%
Operating	\$ 1,907.00	\$ 2,926.00	\$ 1,019.00	53.43%
Travel	\$ 7,992.00	\$ 6,414.00	\$ (1,578.00)	-19.74%
Equipment & Other Capital	\$ 5,560.00	\$ 1,400.00	\$ (4,160.00)	-74.82%
Subcontractors	\$ 8,000.00	\$ 8,000.00	\$ -	0.00%
Other Costs	\$ 12,042.00	\$ 11,907.00	\$ (135.00)	-1.12%
Indirect Costs	\$ 51,263.00	\$ 56,302.00	\$ 5,039.00	9.83%
Total Federal Share	\$ 211,459.00	\$ 232,247.00	\$ 20,788.00	9.83%
<p style="text-align: center;">Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</p>				
<p>Personnel Salaries increase by an addition of 2 part time staff members.</p>				
<p>Fringe Benefits have fallen from 18.73% to 10%</p>				
<p>Operating expenses increased due to increased prices for office supplies and increased number of mailings for classes</p>				
<p>Equipment decrease due to reduction in amount of equipment purchases needed.</p>				
<p>Indirect increase due to 10% growth allowed.</p>				
<p>Southern Indian Health Council is allowed to grow 10% in FFY2012.</p>				
<p><i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i></p>				
<p><i>If the total percentage difference is greater than 5% consult your Contract Manager.</i></p>				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Southern Indian Health Council, Inc.
 Contract # 09-11236

A PERSONNEL SALARIES:									
		1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS									
1.	Name:	Lisa Turner		\$ 86,932	0.4200	42.00%		\$ 36,511	\$ 36,511
	Title:	Administrator							
2.	Name:	Aimee Kirby		\$ 37,440	0.8200	15.00%	67.00%	\$ 30,701	\$ 30,701
	Title:	Nutrition Educator							
3.	Name:	Marcia Turner		\$ 45,760	0.8000	13.00%	67.00%	\$ 36,608	\$ 36,608
	Title:	Nutrition Educator							
4.	Name:	Christine Romero		\$ 81,141	0.09000	3.00%	6.00%	\$ 7,303	\$ 7,303
	Title:	Public Health Nurse							
5.	Name:	TBD		\$ 33,280	0.63000	3.00%	60.00%	\$ 20,966	\$ 20,966
	Title:	Nutrition Educator							
FEDERAL SHARE TOTAL				\$ 284,553	2.7600	76.00%	200.00%	\$ 132,089	\$ 132,089
POSITION DESCRIPTIONS:									
Administrator (e.g., Director of Programs) FS #1		Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.							
Nurse/Nurse Supervisor/Nurse Aide RN FS # 4		Provides nutrition and physical activity promotion to students enrolled in nutrition education programs and their families. Supports nutrition education goals through interventions; local, regional, and statewide collaboration and interventions. (This does not include any medical nutrition therapy).							
Nutritionist/Nutrition Educator/Nutrition Aide FS # 2, 3, 5		Provides nutrition education to the SNAP eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.							

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Southern Indian Health Council, Inc.
 Contract # 09-11236

											Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:													
Federal Share:													
Includes payroll taxes and medical/dental benefits at 10% of salaries \$132,089											\$ 13,209	\$ 13,209	
											SUBTOTAL:	\$ 13,209	\$ 13,076
C. OPERATING EXPENSES:													
Federal Share:													
• Office supplies including paper, print heads, cartridges:\$39/wk x 52 wks.											\$ 2,028	\$ 2,028	
• Postage: (6 Newsletter mailings to 175 adults yr @ \$0.44 = \$462)											\$ 462	\$ 462	
11 Flyer mailings for Nutrition Fundamentals class to 90 adults/yr @ \$0.44 = \$436											\$ 436	\$ 436	
											SUBTOTAL:	\$ 2,926	\$ 2,926
D. EQUIPMENT EXPENSES:													
Federal Share:													
Color Laser Printer											\$ 1,400	\$ 1,400	
All equipment is for 100% Nut Ed Program.													
											SUBTOTAL:	\$ 1,400	\$ 1,400

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Southern Indian Health Council, Inc.
 Contract # 09-11236

E. TRAVEL AND PER DIEM:											
Federal Share:											
										Federal Share Total Dollars	Total Dollars
	Staff: Administrator (Lisa Turner)									\$ 1,074	\$ 1,074
	Meeting: 2 Joint Steering Committee Meetings										
	Lodging: 2 trips x \$100/ room (\$84 + tax) = \$200										
	Airfare: 2 roundtrips @ \$289/trip = \$578										
	Parking: 2 trips x 2 days x \$14 per day = \$56										
	Transportation from/to airport in Sacramento \$40 x 2 trips = \$80										
	Per Diem: 4 days x \$40 per day = \$160										
	Staff: Administrator and 2 Nutrition Educators (Lisa Turner, Aimee Kirby and Marcia Turner)									\$ 96	\$ 96
	Meeting: Network Sponsored Skill-Based Training										
	Per Diem: 3 staff x 2 Trips x \$16 per day = \$96										
	(Per Diem costs calculated for trips beginning 5:50 a.m. and ending 6:00 p.m. Same day travel from Alpine to Los Angeles; breakfast \$6 + lunch \$10 = \$16.)										
	1 GSA-Use of government leased vehicle for use on rural reservations and for local transport as it relates to the program SOW activities. (\$437 x 12 months = \$5,244)									\$ 5,244	\$ 5,244
	SUBTOTAL:									\$ 6,414	\$ 6,414
F. SUBCONTRACTORS:											
Federal Share:											
	Consultant: James Wilson will provide evening nutrition education classes. Classes are 90 minutes and include 28 students per class. (100% nutrition education) 32 classes @ approx. \$20.834/class x 12 months										
	SUBTOTAL:									\$ 8,000	\$ 8,000

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Southern Indian Health Council, Inc.
 Contract # 09-11236

							Federal Share Total Dollars	Total Dollars
G. OTHER COSTS:								
Federal Share:								
1	Food for demonstrations/tasting sessions: 150 classes (a min. of 8 participants) x \$20 per session = <u>\$3,000</u>						\$ 5,500	\$ 5,500
	Food and supplies for demonstrations/tasting @ Commodity Days and Health Fairs approx. 1000 people @ max \$2.50/ = <u>\$2,500</u>							
2	Fruits, vegetables and supplies for the Fruit & Veggie Tasting Program reaching approximately 1,000 participants \$1.05 per person x 1000 participants = <u>\$1,050</u>						\$ 1,050	\$ 1,050
3	Nutrition educational pamphlets, 1,290 x \$1.2499 = \$1,612 Program manager will approve all pamphlets and educational materials prior to use. Educational pamphlets include reproduced commercial pamphlets with nutrition messages such as: fast food guides, good nutrition, healthy food choices for you and your family, serving sizes, etc.						\$ 1,612	\$ 1,612
4	NCCIC= Nutrition Council of California Indian Clinic (Organization memberships) (\$40)						\$ 40	\$ 40
5	Subscriptions: Environmentl Nutrition <u>\$24</u> , Communication Health & Nutrition (\$64)						\$ 88	\$ 88
6	Small supplies for food demos: food storage bags <u>\$150</u> , Spatulas <u>\$20</u> , Strainer <u>\$22</u> , Hand mixer <u>\$80</u> , plastic wrap 4@ \$5 = <u>\$20</u> , aluminium foil 4 @ \$7 = <u>\$28</u> , Blender <u>\$50</u> , Knives <u>\$50</u> measuring cups and spoons <u>\$45</u>						\$ 465	\$ 465
7	Teaching Aids for Nutrition Education classes, such as books, models and brochures. All purchases preapproved by Network staff prior to purchase. 12 mons x 237.50/mon = \$2,850 182 nutrition education classes at minimum, plus 96 community events						\$ 2,850	\$ 2,850
8	Class interaction materials (foam board, markers, glue, tongue depressors, clothes pins, paint, glue sticks, construction paper, lamination materials, etc. <u>\$302</u>)						\$ 302	\$ 302
SUBTOTAL:							\$ 11,907	\$ 11,907
TOTAL DIRECT COSTS							\$ 175,945	\$ 175,945
H. INDIRECT COSTS:								
Federal Share: 32% Total Direct Costs X \$175, 945							\$ 56,302	\$ 56,302
Indirect rates represents administration and facilities including: CEO's office, general administration, Human Resources, Accounting, Information Systems, Building Maintenance, Custodial Services, Legal Fees (comprising 23% of total Indirect Costs) and Insurance.								
SUBTOTAL:							\$ 56,302	\$ 56,302
TOTAL							\$ 284,553	\$ 232,247
							2.7600	76.00%
							200.00%	

SUBCONTRACTOR BUDGET JUSTIFICATION
James Wilson
October 1, 2011 - September 30, 2010

Southern Indian Health Council, Inc.
 Contract #: 09-11236

A PERSONNEL SALARIES:									
		1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	James Wilson 32 classes X approx \$20.834/class X 12 months							
	Title:	Health Educator		0.0600		6.0%	\$ 8,000	\$	8,000
SUBTOTAL			\$ -	0.0600	0.0%	6.0%	\$ 8,000	\$	8,000
POSITION DESCRIPTION:									
		Health Educator (including Health Aide, Health Promotion Instructor, etc.)	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity. Classes are 90 minutes and include 28 students per class.						
B. FRINGE BENEFITS:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
C. OPERATING EXPENSES:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
D. EQUIPMENT EXPENSES:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
E. TRAVEL AND PER DIEM:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
F. SUBCONTRACTORS:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
G. OTHER COSTS:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
H. INDIRECT COSTS:									
Federal Share:									
							SUBTOTAL:	\$ -	\$ -
TOTAL			\$ -	0.0600	0.0%	6.0%	\$ 8,000	\$	8,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: UIHS Community Nutrition

Program Area: Local Incentive Awardee:

Contract Number: 11-10238

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 50% Female 50%

Ethnicity:

- African American _____ %
- Asian _____ %
- Caucasian 20%
- Latino 5%
- Native American 75%
- Pacific Islander _____ %
- Other (specify) ____: _____ %

Languages:

- | | | | |
|---------------------------------------------|-------------|--------------------------------------------------|---------|
| <input checked="" type="checkbox"/> English | <u>100%</u> | <input type="checkbox"/> Korean | _____ % |
| <input type="checkbox"/> Spanish | _____ % | <input type="checkbox"/> Lao | _____ % |
| <input type="checkbox"/> Arabic | _____ % | <input type="checkbox"/> Tagalog | _____ % |
| <input type="checkbox"/> Armenian | _____ % | <input type="checkbox"/> Vietnamese | _____ % |
| <input type="checkbox"/> Russian | _____ % | <input type="checkbox"/> Other (specify) _____ : | _____ % |
| <input type="checkbox"/> Bosnian | _____ % | <input type="checkbox"/> Other (specify) _____ : | _____ % |
| <input type="checkbox"/> Cantonese | _____ % | | |
| <input type="checkbox"/> Farsi | _____ % | | |
| <input type="checkbox"/> Hmong | _____ % | | |
| <input type="checkbox"/> Khmer (Cambodian) | _____ % | <input type="checkbox"/> Mandarin | _____ % |

Ages:

- Under 5 years old 25%
- 5 to 8 25%
- 9 to 11 5%
- 12 to 17 10%
- 18 to 59 20%
- 60 years old and over 15%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet

- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------|-----|-----------------------------------------------------|-----|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input checked="" type="checkbox"/> Food Banks | 15% | <input type="checkbox"/> Soup Kitchens | % |
| <input type="checkbox"/> Food Pantries | % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input type="checkbox"/> Public Housing | % | <input checked="" type="checkbox"/> WIC Offices | 15% |
| <input type="checkbox"/> HeadStart | % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
- Internet/Web Sites-website address: www.UIHS.org
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (80 occurrences at 1 hour(s) each)
- Community Education Events: (7 occurrences at 2 hour(s) each)
- Training/Workshop/Conference: (3 occurrences at 1 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) : (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Traditional Foods</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| Adult Education & Job Training Sites | 1 Farmers Markets |
| Adult Rehabilitation Centers | Food Stores |
| ___ CalFresh Offices | 4 Head Start Programs |
| _ Churches | IndividualHomes |
| Community Centers | Libraries |
| Elderly Service Centers | Other Youth Education Sites (includes Parks and Recreation) |
| 1 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | 1 Public/Community Health Centers (includes Public Health Departments) |
| Extension Offices | Public Housing |
| | Schools – students (Preschool) |

- 3 Schools – students (K-12)
- 1 Schools – students (Afterschool Program)
- Schools – Parents
- Shelters/Temporary Housing

- Worksites
- Other (specifiy):Early College
- Other (specifiy):Community Garden
- Other (specifiy):

1 WIC Programs

***Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1,000

Narrative(max. 200 words)

Through fun and innovative activities at local schools, Headstarts and community events, nutrition and physical activity messages are reaching American Indians in Humboldt and Del Norte Counties. During culturally appropriate cooking classes at various community sites we teach people to incorporate more fruits and vegetables into their family meals.

Here at the Potawot Health Village, there is a 2-acre organic food garden. Network funds support taste-testing, cooking classes, workshops and various celebrations that utilize this incredible resource for nutrition education.

We reach our target audience through the following events and interventions:

- Monthly Nutrition lessons at each of the eight schools and Headstarts, as well as two after school programs
- Community events include: Harvest Celebration, Arts and Crafts Fair, All Area Repchem, UIHS Mother’s Circle, 2 Yurok Tribe Spring Flings, Loleta Family Fun Day, Potawot Community Food Garden Blessing, Salmon Festival, 4 Fresh Fruit Fridays (National Nutrition Month), Celebration of Food and Life, 3 WIC Food Demos, 3 Yurok Food Distribution Center Food Demos, and the HAWC Walk (Community Health and Wellness Committee)
- Weekly Food Demos at the Potawot Community Food Garden Produce Stand (June-Oct)
- Series of three Honor the Gift of Food Lessons based on MyPyramid Guidelines

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input checked="" type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

- Increased consumption of fruits and vegetables
 - Increased exposure to fruits and vegetables through Farmer's Market / Garden enhanced education
 - Improved cooking skills
 - Improved grocery shopping
 - Increased physical activity
 - Increased knowledge of benefits of fruits and vegetables
- Surveys

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Consistent involvement with the Northcoast Regional Nutrition Network has been extremely beneficial as it is so important to be inspired by what others in the community are doing. Offering and receiving suggestions for how to improve nutrition education makes for successful programs. Involvement of WIC and it's participants in Community events means that we are reaching low income families. We also partner with local tribes in order to best serve tribal members.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Food Distribution Center	Yurok Foods Distribution	190 Nelson In	Crescent City	95531				Proxy
WIC	UIHS-Potawot Health Village	1600 Weeot Way	Arcata	95521				Proxy
Headstart	Yurok Headstart-Klamath (PS)	15900 Us Hwy 101	Klamath	95548				Proxy
Headstart	Yurok Headstart-Kepel (PS)	Weitchpec Route	Hoopa	95546				Proxy
Headstart	Howenquet Headstart-Smith River (PS)	12840 N. Mouth of Smith River	Smith River	95567				Proxy
Headstart	Elk Valley Headstart (PS)	2298 Norris Ave	Crescent City	95531				Proxy
After-School Program	NorCal Indian Development Council	1607 5th Street	Crescent City	95531	06015000203	Native American	55.1%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
---------------------	----------------------	-----------------	--------------------	-----------------------	--------------------------------

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Margaret Keating School (S)	Del Norte Unified	08618206005417	70.83%	14.58%	85.42%
Weitchpec Elementary School (S)	Klamath-Trinity Joint Unified	12629016008007	66.67%	0%	66.67%
Jack Norton Elementary (S)	Klamath-Trinity Joint Unified	12629016007983	85.19%	0%	85.19%
Klamath River Early College of the Redwoods	Del Norte County Office of Education	08100820109777	76.92%	5.13%	82.05%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A)& Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Power Play!	Community Youth Organization Idea and Resource Kit	This guide provides real life examples of how Food on the Run, a California-based project worked with youth advocates to make healthy eating and physical activity easier to do at their schools.	English/Spanish
California Project LEAN	California Chefs Cook Lean	Cookbook: over 15 low fat recipes created by chefs from around the California. Please check with your PM prior to use of the recipes.	English/Spanish
California Project LEAN	Shop, Cook & Eat	Cross-curricular lesson encourage students to eat healthy, keep moving and become smart consumers	English/Spanish
Food Stamp Nutrition Connection	Eat Smart Play Hard	activity for kids ages 4-7 that includes a joke, tip, and a recipe for a healthy snack.	English/Spanish
Harvest of the Month	Various Program Materials	Network developed	English/Spanish
Produce for Better Health	There's a Rainbow on My Plate	Eating fruits and vegetables with color	English/Spanish
USDA materials	My Pyramid	USAD approved Pyramid Materials	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
N/A		

BUDGET COVER SHEET
FFY 2012

Organization: United Indian Health Services, Inc.				
Contract Number: 11-10238				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 51,689.00	\$ 40,759.00	\$ (10,930.00)	-21.15%
Fringe Benefits	\$ 10,433.00	\$ 8,559.00	\$ (1,874.00)	-17.96%
Operating	\$ 3,632.00	\$ -	\$ (3,632.00)	-100.00%
Equipment & Other Capital	\$ 250.00	\$ -	\$ (250.00)	-100.00%
Travel	\$ 6,064.00	\$ 7,228.00	\$ 1,164.00	19.20%
Subcontractors	\$ -	\$ -	\$ -	
Other Costs	\$ 11,342.00	\$ 16,040.00	\$ 4,698.00	41.42%
Indirect Costs	\$ 4,347.00	\$ 15,171.00	\$ 10,824.00	249.00%
Total Federal Share	\$ 87,757.00	\$ 87,757.00	\$ -	0.00%
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
Personnel decrease due to elimination of Nutrition Aide position.				
Fringe decrease due to elimination of Nutrition Aide position.				
Operating decrease due to costs being reallocated under new Federally negotiated Indirect rate cost application.				
Travel increase due to additional costs associated with attendance at the Agriculture in the Classroom Conference.				
Equipment decrease due to elimination of equipment purchases.				
Other increase due to food & supplies costs for additional required classes & events.				
Indirect increase due to reallocated funds under new Federally negotiated Indirect Rate cost application.				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

United Indian Health Services, Inc.
 Contract #: 11-10238

A PERSONNEL SALARIES:									
1. Name and Position Title				2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS									
1.	Name:	Alison Aldridge		\$ 43,888	0.8000	60.0%	20.0%	\$ 35,110	\$ 35,110
	Title:	Project Coordinator							
2.	Name:	Lena McCovey		\$ 28,246	0.2000		20.0%	\$ 5,649	\$ 5,649
	Title:	Nutrition Aide							
TOTAL				\$ 72,134	1.0000	60.0%	40.0%	\$ 40,759	\$ 40,759
POSITION DESCRIPTIONS:									
Nutritionist/Nutrition Educator/Nutrition Aide FS # 2		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.							
Project Coordinator FS # 1		Coordinate program staff and nutrition education activities; plan and follow through on promotions and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community nutrition education program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.							
								Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:									
Federal Share:									
Includes payroll taxes and medical/dental benefits at 21% of salaries								\$ 8,559	\$ 8,559
\$40,759 X 21%									
SUBTOTAL:								\$ 8,559	\$ 8,559

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

United Indian Health Services, Inc.
 Contract #: 11-10238

											Federal Share Total Dollars	Total Dollars				
F. SUBCONTRACTORS:											\$ -	\$ -				
Federal Share:																
											SUBTOTAL:	\$ -	\$ -			
G. OTHER COSTS:											\$ -					
Federal Share:																
1. Food samples and supplies for nutrition education classes at 8 sites: 10 activities/yr x approx. \$2.50/student x 225 students = \$5,625											\$ 5,625	\$ 5,625				
2. Food samples for series of nutrition education classes: 10 classes x 20 students x \$2.50/student = \$500											\$ 500	\$ 500				
3. Food samples for taste testing at PHV Produce Stand: 50 people x 21 taste tests x \$2.50 each = \$2,625											\$ 2,625	\$ 2,625				
4. Nutrition Education materials for use in the classroom. i.e., food pyramid model/curriculum, Fruit/Vegetable felt board set, etc (Based on historical costs.) \$548.5 per Qtr. x 4 Qtr. = \$2,194											\$ 2,194	\$ 2,194				
5. Food samples and supplies for 2 promotional events: 400 participants x \$2.50/person = \$1,000											\$ 1,000	\$ 1,000				
6. Food service supplies including utensils, sample cups and small plates for 2 promotional events and 134 nutrition education classes/cooking demonstrations. 1695 participants X \$1.52/participant = \$2,576											\$ 2,576	\$ 2,576				
7. Food and supplies for 6 Re-Think Your Drink events: 300 participants x \$2.00/person = \$600											\$ 600	\$ 600				
8. Harvest Celebration, large tent rental = \$920											\$ 920	\$ 920				
											SUBTOTAL:	\$ 16,040	\$ 16,040			
H. INDIRECT COSTS:																
Federal Share:																
Approximately 20.9% Total Direct Costs. \$72,586 X 20.9%											\$ 15,171	\$ 15,171				
Indirect costs include administrative, personnel, bookkeeping, payroll services, janitorial services, insurance and audit expenses.											SUBTOTAL:	\$ 15,171	\$ 15,171			
TOTAL											\$ 72,134.00	1.0000	60.0%	40.0%	\$ 87,757	\$ 87,757

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Alameda County Health Care Services Agency – Public Health/Nutrition Services

Program Area: Local Incentive Awardee: County Health Department

Contract Number: 10-10085

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 50% Female 50%

Ethnicity:

- African American 25%
- Asian 24%
- Caucasian 16%
- Latino 30%
- Native American %
- Pacific Islander %
- Other (specify) Multi-Race: 5%

Languages:

- English 53%
- Spanish 23%
- Arabic %
- Armenian %
- Russian %
- Bosnian %
- Cantonese /Mandarin 11%
- Farsi %
- Hmong %
- Khmer (Cambodian) 1%
- Korean 1%
- Lao %
- Tagalog 1%

- Vietnamese 3%
- Other (specify) French: 1%
- Other (specify) Other Asian Languages: 2%
- Other (specify) Other Indo-European Languages: 2%
- Other (specify) Other Pacific Island Languages: 1%
- Other (specify) African Languages: 1%
- Mandarin (See Cantonese/Mandarin) %

Ages:

- Under 5 years old 5%
- 5 to 8 30%
- 9 to 11 30%
- 12 to 17 15%
- 18 to 59 15%
- 60 years old and over 5%

c. **Focus on SNAP Eligibles.**

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): (% equal to or less than 185% FPL)
- Other (Specify): (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|------------|----------------------------------------------------------------|------------|
| <input checked="" type="checkbox"/> CalFresh Offices | <u>5</u> % | <input checked="" type="checkbox"/> Shelters/Temporary Housing | <u>1</u> % |
| <input checked="" type="checkbox"/> Food Banks | <u>2</u> % | <input type="checkbox"/> Soup Kitchens | % |
| <input checked="" type="checkbox"/> Food Pantries | <u>5</u> % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input checked="" type="checkbox"/> Public Housing | <u>2</u> % | <input checked="" type="checkbox"/> WIC Offices | <u>5</u> % |
| <input checked="" type="checkbox"/> HeadStart | <u>2</u> % | | |

d. **Project Description.**

Key Methods:

- Advisory Council/Task Force (specify): Health for Oakland People and Environment (HOPE), Oakland Food Policy Council, Oakland School Food Alliance, CCLHDN, Alameda County Obesity Prevention Partnership, C-NAP, Healthy Eating Active Community Collaborative, BANPAC, Steering Committee- Operations Subcommittee;
- Internet/Web Sites-website address: www.healthy livingforlife.org;
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (31,000 occurrences at 0.5 hour(s) each)
- Community Education Events: (130 occurrences at 2 hour(s) each)
- Training/Workshop/Conference: (10 occurrences at 3 hour(s) each)
- Point of Purchase: (40 occurrences at 0.25 hour(s) each)
- Other (specify) : (occurrences at hour(s) each)

Key Educational Messages:

- | | |
|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Healthy Meals on a Budget, Fast Meals for busy families</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--------------------------------------|--------------------------------------------------------------------------------------------------|
| Adult Education & Job Training Sites | <u>3</u> Community Centers |
| Adult Rehabilitation Centers | <u>1</u> Elderly Service Centers |
| <u>2</u> CalFresh Offices | <u>7</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) |
| <u>7</u> Churches | |

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Extension Offices</p> <p>Farmers Markets</p> <p>Food Stores</p> <p><u>22</u> Head Start Programs</p> <p>Individual Homes</p> <p>Libraries</p> <p><u>5</u> Other Youth Education Sites (includes Parks and Recreation)</p> <p><u>4</u> Public/Community Health Centers (includes Public Health Departments)</p> <p><u>6</u> Public Housing</p> <p>Schools – students (Preschool)</p> <p><u>66</u> Schools – students (K-12)</p> | <p><u>66</u> Schools – students (Afterschool Program)</p> <p>Schools – Parents</p> <p><u>2</u> Shelters/Temporary Housing</p> <p>WIC Programs</p> <p>Worksites</p> <p>Other (specify): <u>1</u> School District Office</p> <p>Other (specify): <u>2</u> Community-Based Organizations</p> <p>Other (specify): <u>3</u> Community Youth Organizations</p> <p>Other (specify): <u>4</u> WIC Offices</p> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 30,100

Narrative (max. 200 words)

Alameda County Nutrition Services delivers a comprehensive nutrition education/health promotion initiative designed to change the dietary and physical activity behaviors of SNAP eligible residents of Alameda County. The population is reached through schools, senior centers, WIC sites, and community collaborations. Activities are grounded in primary research with the target audience. The Healthy Living Councils at schools and senior centers (and in the next three years expanded to targeted neighborhood groups and graduating WIC clients) educate and empower community members to become actively engaged in improving nutrition and overall health individually, for their families, and their communities. Nutrition Services trains and supports community partners who impact SNAP eligible residents. The 'Healthy Living ..for life' campaign is designed to increase healthy lifestyle adoption through collaborative partnerships with community agencies. Working with over 100 community groups, 'Healthy Living ...for Life' uses a train-the-trainer model to provide ready to use nutrition interventions and tools and technical assistance. The school campaign includes school wide interventions, classroom learning, curriculum integration, Harvest of the Month, cooking classes, cafeteria connections and training for food service, school nursing, and after school staff. Peer education programs will be introduced to three audiences – WIC graduates, middle/high schools, and community groups.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input checked="" type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

We will conduct both process and impact evaluations to measure performance. Key indicators for process evaluation will be sign in sheets, qualitative surveys, new partnerships, and reporting on organizational change. Key indicators to evaluate impact will be using our own fruit and vegetable behavior checklist combined with knowledge, and access questions among 5th grade students, before and after 7 months of interventions. We will also administer pre and post food behavior checklist surveys among our adult target population

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Through the Alameda County C-NAP collaborative, Nutrition Services is coordinating efforts with UCCE, Social Services (SNAP), WIC, Head Start and 4 School Districts. Included in the plan are efforts to cross train program staff on nutrition education interventions, messages and materials. Nutrition Services has been coordinating with the Faith based programs, sharing education materials and providing technical assistance and coordinating with Regional Network and various regional and statewide coalitions. In the next three years we will convene county professional staff participating in nutrition related initiatives to ensure coordination and consistency of education messages and activities.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Cal Fresh Offices	Enterprise Office	8477 Enterprise Way	Oakland	94621	06001409000	All Races	59.4%	
Cal Fresh Offices	North County Multi-Service Center	2000 San Pablo Avenue	Oakland	94612	06001402700	All Races	54.5%	
Church	Acts Full Gospel Church	1034 66 th Ave	Oakland	94621	06001408800	All Races	59.4%	
Church	Allen Temple Baptist Church	8501 International Blvd	Oakland	94621	06001409500	All Races	56.3%	
Church	Alta Bates Health Ministry	3012 Summit St., 3 rd Floor	Oakland	94609	06001401300	All Races	63.2%	
Church	Brookins African Methodist Church	2201 73 rd Ave	Oakland	94605	06001408600	All Races	57.9%	
Church	East Oakland Faith Deliverance Center	7425 International Blvd	Oakland	94621	06001408900	All Races	56.4%	
Church	First Morning Star Baptist Church	1501 90 th Ave	Oakland	94603	06001409600	All Races	50.9%	
Church	Greater St. Paul Baptist Church	1827 Martin Luther King Jr. Way	Oakland	94612	06001402700	All Races	54.5%	
Community Centers	Catholic Charities of the East Bay	433 Jefferson St	Oakland	94608	06001403100	All Races	50.1%	

Community Centers	Frank H. Ogawa Plaza	1 Frank H. Ogawa Plaza	Oakland	94612	06001403100	All Races	50.1%	
Community Centers	Preservation Park	660 13 th St	Oakland	94612	06001402600	All Races	53.3%	
Elderly Service Center	East Oakland Multipurpose Senior Center	559 16 th St	Oakland	94603	06001409000	All Races	59.3%	
Emergency Food Assistance	Alameda County Food Bank	7900 Edgewater Drive	Oakland	94621	06001409000	All Races	59.3%	
Emergency Food Assistance	M. Robinson Baker YMCA	3265 Market St	Oakland	94608	06001401400	All Races	56.4%	
Food Pantries	Prescott Joseph Center	920 Peralta St	Oakland	94607				Proxy Site
Food Pantries	Downtown Oakland Senior Center	200 Grand Ave	Oakland	94610				Proxy Site
Food Pantries	Manzanita Recreation Center	2701 22 nd Ave	Oakland	94606				Proxy Site
Food Pantries	North Oakland Senior Center	5714 Martin Luther King Jr Way	Oakland	94609				Proxy Site
Food Pantries	Rainbow Recreation Center	5800 International Blvd	Oakland	94621				Proxy Site
Headstart	Laurel School	2652 Vergil Court	Castro Valley	94546				Proxy Site
Headstart	Hacienda School	35699 Niles Blvd	Fremont	94536				Proxy Site
Headstart	Kidango Inc.	44000 Old Warm Springs Blvd	Fremont	94538				Proxy Site

Headstart	Cal State Early Childhood Education Center	25800 Carlos Bee Blvd	Hayward	94542				Proxy Site
Headstart	Glassbrook School	975 Schafer Rd	Hayward	94544				Proxy Site
Headstart	Peixoto School	29150 Russ Rd	Hayward	94544				Proxy Site
Headstart	Bess Platt Preschool	1401 Almond Ave	Livermore	94550				Proxy Site
Headstart	C.A.P.E., Inc.	3095 Independence Dr, Bldg A, Ste A	Livermore	94551				Proxy Site
Headstart	Jackson EHS/Preschool	560 Jackson Ave	Livermore	94550				Proxy Site
Headstart	Kinderkirk Nursery School	2020 5th St	Livermore	94550				Proxy Site
Headstart	Leahy Preschool	3203 Leahy Way	Livermore	94550				Proxy Site
Headstart	Ash Street School	37365 Ash Street	Newark	94560				Proxy Site
Headstart	Whiteford Preschool	35725 Cedar Blvd	Newark	94560				Proxy Site
Headstart	Foothill Square Headstart	10700 MacArthur Blvd	Oakland	94605				Proxy Site
Headstart	West Oakland Early Headstart	1117 10th St	Oakland	94607				Proxy Site
Headstart	Hill N Dale Parent Participation Preschool	4150 Dorman Rd	Pleasanton	94588				Proxy Site
Headstart	Hillside Elementary Preschool	15980 Marcella St	San Leandro	94578				Proxy Site

Headstart	Jefferson School	14432 Bancroft Ave	San Leandro	94578				Proxy Site
Headstart	San Leandro Adult School	1448 Williams St	San Leandro	94577				Proxy Site
Headstart	Child Family Community Services	32940 Alvarado Niles Rd	Union City	94587				Proxy Site
Headstart	Decoto Plaza Center	500 E St	Union City	94587				Proxy Site
Headstart	Dowe Business Park Offices	32940 Alvarado Niles Rd Ste 450	Union City	94587				Proxy Site
Other Youth Educational Sites(includes Parks and Recreation)	Allendale Recreation Center	3711 Suter St	Oakland	94619	06001407000	All Races	52.0%	
Other Youth Educational Sites(includes Parks and Recreation)	Carmen Flores Recreation Center	1637 Fruitvale Ave	Oakland	94601	06001406202	All Races	61.1%	
Other Youth Educational Sites(includes Parks and Recreation)	Franklin Recreation Center	1010 East 15th St	Oakland	94606	06001405400	All Races	55.1%	
Other Youth Educational Sites(includes Parks and Recreation)	Ira Jenkins Recreation Center	9175 Edes Ave	Oakland	94603	06001409000	All Races	59.3%	
Other Youth Educational Sites(includes Parks and Recreation)	Police Activities League (PAL)	9600 Sunnyside St	Oakland	94603	06001410300	All Races	52.2%	
Public/Community Health Centers	Asian Health Center	818 Webster St	Oakland	94607	06001403000	All Races	58.1%	

Public/Community Health Centers	Eastmont Medical Center	7200 Bancroft Ave	Oakland	94605	06001408600	All Races	57.9%	
Public/Community Health Centers	La Clinica de la Raza	1030 International Blvd	Oakland	94606	06001405400	All Races	55.1%	
Public/Community Health Centers	Native American Health Center	2950 International Blvd.	Oakland	94601	06001406202	All Races	61.1%	
Public Housing	Alameda Point Collaborative	677 West Ranger Ave	Alameda	94501	06001427500	All Races	56.3%	
Public Housing	Tennyson Gardens	981 West Tennyson Rd	Hayward	94544				Proxy Site
Public Housing	Baywood Apartments	225 41 st St	Oakland	94611				Proxy Site
Public Housing	Grand Lake Gardens Senior Housing Facility	401 Santa Clara Ave	Oakland	94610				Proxy Site
Public Housing	Sojourner Truth Retirement Homes	6015 Martin Luther King Jr. Way	Oakland	94621				Proxy Site
Public Housing	Sobrante Park Resident Action Council	457 Capistrano Dr	Oakland	94603				Proxy Site
Shelters/Temporary Housing	Henry Robinson Multi Service Center	559 16 th St	Oakland	94612	06001402800	All Races	64.2%	
Shelters/Temporary Housing	Family Emergency Shelter Coalition	21455 Birch St, Box 5	Hayward	94541				Proxy Site
WIC Office	Eastmont WIC Site	7200 Bancroft Ave	Oakland	94605	06001408600	All Races	57.9%	
WIC Office	Hayward WIC Site	24085 Amador Ave, Suite 1000	Hayward	94544				Proxy Site

WIC Office	Native American WIC Site	2950 International Blvd.	Oakland	94601	06011406202	All Races	61.1%	
WIC Office	North Oakland WIC Site	3600 Telegraph Ave	Oakland	94609				Proxy Site
Other (Community-Based Organizations)	BABUF Health Conductors	1212 Broadway, Suite 730	Oakland	94612	06001403000	All Races	58.1%	
Other (Community-Based Organizations)	Urban YMCA Eastlake	1612 45th Ave	Oakland	94601	06001407400	All Races	53.0%	
Other (Community Youth Organizations)	M. Robinson Baker YMCA	3265 Market St	Oakland	94608	06001401400	All Races	56.4%	
Other (Community Youth Organizations)	YMCA Eastlake	1612 45th Ave	Oakland	94601	06001407400	All Races	53.0%	
Other (Community Youth Organizations)	Youth Uprising	8711 MacArthur Blvd.	Oakland	94605	06001409700	All Races	51.0%	
Other (School District Office)	Oakland Unified School District Office	900 High St	Oakland	94601	06001407300	All Races	53.8%	

*Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Achieve Academy (S, A)	Oakland Unified School District (OUSD)	01-61259-0111476	93.21%	4.07%	97.29%
ACORN Woodland (S, A)	OUSD	01-61259-6002273	82.99%	7.05%	90.04%
Allendale (S, A)	OUSD	01-61259-6001630	71.09%	7.39%	78.48%
Ascend (S, A)	OUSD	01-61259-6118608	78.92%	10.54%	89.46%
Aspire Lionel Wilson College Preparatory Academy (S,A)	OUSD	01-61259-0130666	80.32%	10.76%	91.08%
Bella Vista (S, A)	OUSD	01-61259-6001655	56.93%	19.92%	76.85%
Bret Harte MS (S, A)	OUSD	01-61259-6056998	68.32%	7.39%	75.71%
Brewer (Edna) MS (S, A)	OUSD	01-61259-6057061	56.46%	11.52%	67.97%
Bridges Academy (S, A)	OUSD	01-61259-6002075	77.32%	9.02%	86.34%
Brookfield (S, A)	OUSD	01-61259-6001663	61.96%	6.05%	68.01%
Business and Information Technology High (S, A)	OUSD	01-61259-0102954	69.55%	5.67%	75.22%
Business Entrepreneurial School of Technology (S, A)	OUSD	01-61259-0110171	72.86%	8.57%	81.43%
Coliseum College Prep Academy (S, A)	OUSD	01-61259-0112797	91.13%	5.46%	96.59%
Community United (S, A)	OUSD	01-61259-0115204	84.89%	3.02%	87.92%
Cox Academy (S, A)	OUSD	01-61259-6001788	88.85%	4.04%	92.88%
East Oakland Pride Elementary (S, A)	OUSD	01-61259-0115600	75.88%	3.07%	78.95%
East Oakland School of the Arts (S, A)	OUSD	01-61259-0102962	69.41%	4.31%	73.73%
Elmhurst Community Prep MS	OUSD	01-61259-0112789	84.33%	5.98%	90.31%
Esperanza (S, A)	OUSD	01-61259-6002190	92.02%	2.76%	94.79%
Experience, eXcellence, Community, Empowerment, and Leadership (S, A)	OUSD	01-61259-0110189	62.45%	1.19%	63.64%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Franklin (S, A)	OUSD	01-61259-6001820	72.23%	9.88%	82.11%
Frick MS (S, A)	OUSD	01-61259-6057020	83.11%	4.34%	87.44%
Fruitvale (S, A)	OUSD	01-61259-6001838	81.29%	6.05%	87.33%
Garfield (S, A)	OUSD	01-61259-6001846	82.66%	7.74%	90.40%
Global Family (S, A)	OUSD	01-61259-0115584	77.72%	3.18%	80.90%
Greenleaf Elementary (S, A)	OUSD	01-61259-0115618	77.06%	5.79%	82.85%
Hoover (S, A)	OUSD	01-61259-6057046	71.79%	2.51%	74.29%
Horace Mann (S, A)	OUSD	01-61259-6001929	82.78%	3.02%	85.80%
ICS (S, A)	OUSD	01-61259-6118616	83.21%	7.63%	90.84%
Korematsu (S, A)	OUSD	01-61259-0112813	87.46%	2.85%	90.31%
La Escuelita (S, A)	OUSD	01-61259-6096523	69.92%	2.34%	72.27%
Lafayette (S, A)	OUSD	01-61259-6001978	82.19%	0.68%	82.88%
Lakeview (S, A)	OUSD	01-61259-6001986	57.41%	5.68%	63.09%
Laurel (S, A)	OUSD	01-61259-6001994	60.95%	14.10%	75.05%
Leadership Preparatory High (S, A)	OUSD	01-61259-0107417	66.13%	4.53%	70.67%
Learning Without Limits (S, A)	OUSD	01-61259-0115592	82.80%	9.91%	92.71%
Life Academy (S, A)	OUSD	01-61259-0130575	79.62%	8.46%	88.08%
Lighthouse Community Charter (S, A)	OUSD	01-61259-0130633	69.25%	12.13%	81.38%
Madison MS (S, A)	OUSD	01-61259-6066450	72.70%	4.61%	77.30%
Manzanita Community (S, A)	OUSD	01-61259-6002042	75.26%	6.53%	81.79%
Manzanita SEED (S, A)	OUSD	01-61259-0110247	77.63%	10.05%	87.67%
Markham Elementary (S, A)	OUSD	01-61259-6002059	57.38%	1.67%	59.05%
Martin Luther King Jr. (S, A)	OUSD	01-61259-6072235	80.00%	2.45%	82.45%
Melrose Leadership Academy (S, A)	OUSD	01-61259-6118640	81.60%	4.72%	86.32%
MetWest High (S, A)	OUSD	01-61259-0100701	64.44%	8.89%	73.33%
Oakland High (S, A)	OUSD	01-61259-0135905	66.35%	5.16%	71.52%
Oakland Technical High (S, A)	OUSD	01-61259-0136051	47.11%	6.43%	53.54%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Preparatory Literary Academy of Cultural Excellence (Prescott) (S, A)	OUSD	01-61259-6002125	77.83%	3.77%	81.60%
Roosevelt MS (S, A)	OUSD	01-61259-6057087	75.64%	9.53%	85.17%
ROOTS International (S, A)	OUSD	01-61259-0112805	82.83%	5.82%	88.64%
Skyline High (S, A)	OUSD	01-61259-0137943	48.08%	8.65%	56.72%
Sobrante Park (S, A)	OUSD	01-61259-6002182	86.96%	2.77%	89.72%
Think College Now (S, A)	OUSD	01-61259-0100792	83.93%	11.07%	95.00%
United for Success MS (S, A)	OUSD	01-61259-0112763	81.32%	6.62%	87.94%
Urban Promise Academy (S, A)	OUSD	01-61259-6118657	85.00%	5.33%	90.33%
West Oakland MS (S, A)	OUSD	01-61259-0115626	83.87%	2.30%	86.18%
World Academy (S, A)	OUSD	01-61259-0109983	89.56%	5.33%	94.89%
Chipman Middle (S, A)	Alameda Unified School District (AUSD)	01-61119-6000004	49.29%	11.03%	60.32%
Ruby Bridges (S, A)	AUSD	01-61119-0111765	46.56%	15.00%	61.56%
Washington (S, A)	AUSD	01-61119-6090104	52.51%	12.71%	65.22%
Henry Haight (S, A)	AUSD	01-61119-6090047	48.71%	12.88%	61.59%
Glassbrook School (S, A)	Hayward Unified School District	01-61192-6000988	83.79%	5.47%	89.26%
Don Gaspar De Portola Elementary (S, A)	Livermore Valley Joint Unified School District	01-61200-6001234	67.35%	6.43%	73.78%
Marylin Avenue Elementary (S, A)	Livermore Valley Joint Unified School District	01-61200-6001317	71.82%	6.07%	77.89%
Jefferson Elementary (S, A)	San Leandro Unified School District	01-61291-6002398	54.84%	13.44%	68.28%
San Lorenzo High (S, A)	San Lorenzo Unified School District	01-61309-0137810	45.69%	8.82%	54.51%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council	Curricula: Building a Healthy Me	Contains information on the CACFP meal requirements, advice on how to serve high quality meals and snacks, menu planning, nutrition education ideas and tips, the Dietary Guidelines for Americans, the USDA Food Guide Pyramid, food safety facts, sample menus, and much more.	English, Spanish
Dairy Council	Curricula: Exercise Your Options	This eight lesson unit helps students assess their current food and activity choices and plan for improvement. The lessons focus on improvement rather than perfection.	English, Spanish
Dairy Council	Curricula: Healthy Choices, Healthy Me	This curriculum designed for California third grade teachers contains ten lessons that have students problem-solving, reasoning and using critical-thinking techniques as they learn about nutrition and physical activity.	English, Spanish
Dairy Council	Curricula: Nutrition Pathfinders	This five lesson unit reinforces language arts and math while teaching health in a fun way.	English, Spanish
Dairy Council	Deal Me In!	This extended day nutrition education and physical activity program introduces and reinforces healthy eating and physical activity in a fun and engaging way. The program is designed for Grades K – 6 and can be ordered by After School Directors.	English, Spanish
UC Cooperative Extension	Curricula: EatFit	Curriculum: EatFit is a goal oriented intervention that challenges adolescents to improve their eating and fitness choices.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
UC Cooperative Extension	Curricula: Farm to Fork	Curriculum that makes the connection between local food systems, gardening-based learning, school food service and the establishment of healthy habits in children	English, Spanish
Harvard School of Public Health	Curricula: Eat Well & Keep Moving	An interdisciplinary, elementary school program designed to promote healthful eating and physical activity in schools, homes and communities	English
Harvard School of Public Health	Curricula: Planet Health	An interdisciplinary physical activity and nutrition curriculum which includes tools for assessing student activity.	English
Teachers College Columbia Univ	LIFE Curricula: Food and Health	Science education curriculum inquiry-based investigations in the domain of food. Teacher manuals with complete lesson plans and student packets with activity sheets and readings. Includes Food and Health for grades 5-6.	English
Teachers College Columbia Univ	Life Curricula: Choice, Control, Change	Students learn science through studying diet and activity choices. They learn about how the human body works, and how food and activity play a role in its well-being. Students engage in hands-on investigations of food preference, our food environment.	English
CDE	Curricula: Nutrition to Grow On	An innovative curriculum for grades 4-6 that offers teachers a direct link between the garden and nutrition education.	English
CDE	Kids Cook Farm Fresh Food	245 page activities guide and recipes for students in grades 2-7 that links academic content standards to the real world through gardens, nutrition, cooking, recycling, and the environment. Please check with your PM prior to use of the recipes.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
NIH	Media-Smart Youth	Interactive after-school education program for young people ages 11 to 13 designed to help teach them about media and how it can affect their health--especially in the areas of nutrition and physical activity.	English
USDA Team Nutrition	Curricula: Nutrition Essentials	A series of lessons that help middle and high school students make healthful eating and physical activity choices.	English
USDA Team Nutrition	Curricula: The Power of Choice	There are six sequential lesson plans—each one is based on a poster or other visual image that serves as the focus for class discussions and activities.	English
USDA Food and Nutrition Svc	Eat RightPlay Hard	Resources and tools to convey and reinforce healthy eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid Food Guidance System.	English, Spanish
USDA Food and Nutrition Svc	Eat Smart Live Strong	Promotes two key behaviors: increase fruit and vegetable consumption and participate in physical activity. Included are a leader's guide and four sessions designed to reinforce these behaviors.	English, Spanish
USDA Food and Nutrition Svc	Empowering Youth	A manual for use in after school programs and classrooms with youth 11-18 years old. It contains current nutrition and physical activity information to enhance leader knowledge and fun, hands-on activities that teach nutrition concepts.	English
CDPH	Do More Watch Less	<i>Network developed & approved</i>	English, Spanish
CDPH	Harvest of the Month	Assists health education experts in offering the latest science-based nutrition and physical activity recommend	English, Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
CDPH	Harvest of the Month Posters	Posters with nutritional messages for contractor use	English
Network LA Collaborative	Harvest of the Month Student Workbooks, adapted	Ready to use Harvest of the Month (HOTM) nutrition education workbooks based around the HTOM monthly produce item. Workbook nutrition education materials linked with grade level California Education Standards. Teachers can use to the workbook books to enhance their HOTM classroom taste tests & activities.	English
National Gardening Association	The Growing Classroom	For educators, contains 480 pages of science, mathc, & language arts activities that you can do with students in the garden. Only those sections related to SNAP-Ed allowable nut ed can be used.	English, Spanish
CA Children’s Power Play!	Curricula: School Idea & Resource Kit	Each Kit includes 10 activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day.	English, Spanish
CA Children’s Power Play!	Curricula: Community Youth Organization Idea & Resource Kit	<i>Network developed & approved</i>	English, Spanish
CA Children’s Power Play!	Cookbook: Kids Get Cooking	Network developed cookbook	English, Spanish
California Latino	Cookbook: Healthy Latino Recipes	Network developed cookbook	English, Spanish
CA Project LEAN	Resource Kit: Food on the Run	A resource for youth empowerment activities.	English
CA Project LEAN	Resource Kit: Jump Start Teens	Cross-curricular lesson encourage students to eat healthy, keep moving and become smart consumers	English
CA Project LEAN	Resource Kit: Playing the Policy Game	Guide to provide examples of how youth advocates can work to make healthy eating and physical activity easier to do at school.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA materials	My Pyramid for Kids	MyPyramid materials designed specifically for children aged 6 to 11	English, Spanish
USDA materials	Serving it Safe English	A comprehensive food service safety and sanitation training package for personnel at all levels. Revised 2009.	English
USDA materials	Cookbook: Everyday Healthy Meals	USDA approved: Healthy Meals Cookbook	English, Spanish
USDA materials	Handouts: Building a Healthy Body & Soul, Be Active, Eating at Work, Need Help Buying Food?	Information on fitness, good nutrition, and label reading to maximize your efforts to eat well every day.	English, Spanish
Network for Healthy CA	CA Fit Business Kit	Monthly handout promoting healthy eating and Physical activity in the worksite	English
Contractor Developed – Alameda County HCSA	Lesson Plan, Poster, and Handout: Importance of Breakfast	Classroom Lesson Plans	English
Contractor Developed – Alameda County HCSA	Lesson Plan, Poster, and Handout: Smart Snacking	Classroom Lesson Plans	English, Spanish
Contractor Developed – Alameda County HCSA	Lesson Plan, Poster, and Handout: Be Sugar Savvy	Classroom Lesson Plans	English
Contractor Developed – Alameda County HCSA	Lesson and Handouts: 3P’s (budget)	Community Train the Trainer Nutrition Education	English, Spanish
Contractor Developed – Alameda County HCSA	Lesson and Handouts: What’s In Your Bag? (fast food)	Community Train the Trainer Nutrition Education	English, Spanish
Contractor Developed – Alameda County HCSA	Lesson and Handouts: Transfat	Community Train the Trainer Nutrition Education	English, Spanish
Contractor Developed – Alameda County HCSA	Lesson and Handouts: Sodium	Community Train the Trainer Nutrition Education	English, Spanish
Contractor Developed – Alameda County HCSA	Harvest of the Month Calendar	Multi Audience Nutrition Education HOTM Promotion	English, Spanish, Chinese, and Vietnamese
Contractor Developed – Alameda County HCSA	Harvest of the Month Preference Tally Poster	Classroom Education	English

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
School Quarterly Intervention Materials	Collateral materials such as posters, handouts, postcards, and activity sheets to support the quarterly intervention in schools	Materials are used in conjunction with classroom activities to help teachers provide nutrition education. These supplement already existing materials.
Community Workshop Education Materials	Materials to support our education workshops such as demonstration guides, activity sheets, and other handouts.	Materials are used in conjunction with workshop topic to community partners that carry the nutrition education messages to low income food stamp eligible residents. These supplement already existing materials.
Graphic Templates	Templates for Nutrition Services staff to use to ensure consistent look and messaging and easy recognition of both Network and Program brands.	Materials will be used to carry nutrition education messages and to connect local efforts to state campaigns. These supplement already existing materials.
Community Engagement and Outreach Tool	Provides detailed description of Nutrition Services programs and interventions	Materials will be used to market nutrition education programs to those serving SNAP eligible residents such as CBOs, health clinics, social services, faith organizations, and others.

BUDGET COVER SHEET
FFY 2012

Organization: Alameda County Health Care Services Agency				
Contract Number: 10-10085				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 1,666,878	\$ 1,747,237.00	\$ 80,359.00	4.82%
Fringe Benefits	\$ 783,433	\$ 821,201.00	\$ 37,768.00	4.82%
Operating	\$ 279,029	\$ 267,910.00	\$ (11,119.00)	-3.98%
Equipment & Other Capital	\$ 12,000	\$ 12,000.00	\$ -	0.00%
Travel	\$ 32,207	\$ 35,765.00	\$ 3,558.00	11.05%
Subcontractors	\$ 700,000	\$ 700,000.00	\$ -	0.00%
Other Costs	\$ 181,023	\$ 160,991.00	\$ (20,032.00)	-11.07%
Indirect Costs	\$ 340,241	\$ 347,142.00	\$ 6,901.00	2.03%
Total Federal Share	\$ 3,994,811	\$ 4,092,246.00	\$ 97,435.00	2.44%

Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.
If the total percentage difference is greater than 5% consult your Contract Manager.

Travel	Increase is due to increased registration costs for Network Conference and higher mileage rate.
Other Costs	Decrease is due to reduced costs for Nutrition Ed Materials and Food.

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
 Contract #:10-10085

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS								
1.	Name: Kimi Watkins-Tartt Title: Chief Executive Officer (Health Care Program Administrator)	\$89,534	0.2500	25%	0%	\$22,384	\$22,384	
2.	Name: Diane Woloshin Title: Administrator (Health Care Program Administrator)	\$84,718	0.8300	75%	8%	\$70,316	\$70,316	
3.	Name: Anaa Reese Title: Administrator (Health Care Program Administrator)	\$84,718	0.8300	83%	0%	\$70,316	\$70,316	
4.	Name: Darlene Fuji Pratt Title: Project Coordinator (Senior Program Specialist)	\$77,106	0.8300	75%	8%	\$63,998	\$63,998	
5.	Name: Jenny Wang Title: Project Coordinator (Senior Program Specialist)	\$77,106	0.8000	75%	5%	\$61,685	\$61,685	
6.	Name: Vacant Title: Project Coordinator (Public Health Nutritionist)	\$77,106	1.0000	50%	50%	\$77,106	\$77,106	
7.	Name: Dario Hunter Title: Coordinator of Other Prog (HLC)-(Program Specialist)	\$69,898	0.8000		80%	\$55,918	\$55,918	
8.	Name: Dale Murai Title: Coordinator of Other Prog (HLC)-(Program Specialist)	\$69,898	0.5000		50%	\$34,949	\$34,949	
9.	Name: Tamiko Johnson Title: Coordinator of Other Prog (HLC)-(Program Specialist)	\$69,898	1.0000		100%	\$69,898	\$69,898	
10.	Name: Vacant (New) Title: Coordinator of Other Prog (Research and Evaluation)-(Program	\$69,898	1.0000		100%	\$69,898	\$69,898	
11.	Name: Annette Laverty Title: Dietitian (Nutritionist II)	\$64,311	0.8300		83%	\$53,378	\$53,378	
12.	Name: Amy Glodde Title: Dietitian (Nutritionist II)	\$64,311	1.0000		100%	\$64,311	\$64,311	
13.	Name: Mary Collet Title: Dietitian (Nutritionist II)	\$64,311	1.0000		100%	\$64,311	\$64,311	
14.	Name: Ericka Doolittle Title: Dietitian (Nutritionist II)	\$64,311	1.0000		100%	\$64,311	\$64,311	
15.	Name: Nori Grossmann Title: Dietitian (Nutritionist II)	\$64,311	0.8300		83%	\$53,378	\$53,378	
16.	Name: Lindsay Orbeta Title: Dietitian (Nutritionist II)	\$64,311	1.0000		100%	\$64,311	\$64,311	
17.	Name: Cindia Sanchez Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	1.0000		100%	\$47,522	\$47,522	
SUBTOTAL		\$1,203,268	14.5000	383%	1067%	\$1,007,990	\$1,007,990	

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
Contract #:10-10085

18	Name: Brenda Tavares									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	1.0000			100%	\$ 47,522	\$ 47,522		
19	Name: Alana Samuels (WIC)									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	0.5000			50%	\$ 23,761	\$ 23,761		
20	Name: Tamen Tanefer (WIC)									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	0.8000			80%	\$ 38,018	\$ 38,018		
21	Name: Djuana Blackmon (WIC)									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	0.5000			50%	\$ 23,761	\$ 23,761		
22	Name: Joseph Whittaker									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	1.0000			100%	\$ 47,522	\$ 47,522		
23	Name: Jautan Stancil									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	1.0000			100%	\$ 47,522	\$ 47,522		
24	Name: Jenny Ly									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	1.0000			100%	\$ 47,522	\$ 47,522		
25	Name: Vacant (new)									
	Title: Nutrition Aides (Nutrition Assistant II)	\$47,522	1.0000			100%	\$ 47,522	\$ 47,522		
26	Name: Vacant (new)									
	Title: Nutrition Aides (Community Health Outreach Worker)	\$47,990	1.0000			100%	\$ 47,990	\$ 47,990		
27	Name: Isabelle Vieyra									
	Title: Nutrition Aides (Community Health Outreach Worker)	\$47,990	0.6000			60%	\$ 28,794	\$ 28,794		
28	Name: Rafael Cortez									
	Title: Nutrition Aides (Community Health Outreach Worker)	\$47,990	0.5000			50%	\$ 23,995	\$ 23,995		
29	Name: Manny Flores									
	Title: Contract Manager (Prog Financial Specialist)	\$72,748	1.0000	100%			\$ 72,748	\$ 72,748		
30	Name: Andy Odell									
	Title: Contract Manager (Prog Financial Specialist)	\$72,748	1.0000	100%			\$ 72,748	\$ 72,748		
31	Name: Adriana Velazquez									
	Title: Accountant/Finance Analyst (Accounting Specialist)	\$48,610	1.0000	100%			\$ 48,610	\$ 48,610		
32	Name: Avis Ransburg									
	Title: Office Manager/Secretary/Admin Asst (Admin. Asst.)	\$54,954	0.2500	25%			\$ 13,739	\$ 13,739		
33	Name: Norma Brown									
	Title: Office Manager/Secretary/Admin Asst (Spec. Clerk.)	\$45,279	0.3000	30%			\$ 13,584	\$ 13,584		
34	Name: Gail Wax									
	Title: Office Manager/Secretary/Admin Asst (Spec. Clerk)	\$45,279	1.0000	100%			\$ 45,279	\$ 45,279		
35	Name: Vacant									
	Title: Accountant/Finance Analyst (Accounting Specialist)	\$48,610	1.0000	100%			\$ 48,610	\$ 48,610		
SUBTOTAL		\$912,374	14.45	555%	890%		\$ 739,247	\$ 739,247		
TOTAL		\$2,115,642	28.95	938%	1957%		\$ 1,747,237	\$ 1,747,237		

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
Contract #:10-10085

POSITION DESCRIPTIONS:		
	Chief Executive Officer # 1	Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.
	Administrator # 2-3	Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.
	Project Coordinator (Senior Program Specialist, Public Health Nutritionist) # 4-6	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.
	Coordinator of Other Program (Breastfeeding Program and Healthy Living Council Program) # 7-10	Supervises, coordinates, facilitates nutrition education activities, workshops, special events related to the recreation and community center planning and working together with other community center groups. Supervises staff implementing the nutrition education contract, prepares invoices, prepares and collects documentation, prepares progress reports.
	Dietitian # 11-16	Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.
	Nutritionist/Nutrition Educator/Nutrition Aide # 17-28	Provides nutrition education to the SNAP-ED eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking systems.
	Contract Manager # 29-30	Manages the nutrition education contract including budgets, invoices, local share documentation reports, time studies, fiscal reporting and adherence to funding requirements. Prepares Budget Adjustment Requests (BAR) as necessary.
	Administrative Coordinator # 30-31	Provides administrative and office support for the project staff and is responsible for the reporting requirements.
	Accountant/Finance Analyst # 32, 36	Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.
	Office Manager/Secretary/Admin Asst # 33-35	Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, etc.

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
 Contract #:10-10085

												Federal Share Total Dollars	Total Dollars		
E. TRAVEL AND PER DIEM:	See attached Travel Worksheet for detail											\$	-		
Federal Share:															
Required Network Conference and Other Staff Training															
<i>All travel and per diem expenses are for ground transportation, mileage or airfare for Network personnel to attend meetings and trainings.</i>															
<i>Reimbursement is at DPA rates. Examples include required the Annual Network Conference, Network prior approved conferences, and regional training conferences.</i>															
28.15 staff Annual Network Conference, 4 Network prior approved Conference, 4 CCLHDN, regional training conferences															
(e.g. SHAPE,Latino,Children's Power Play!,Worksite, African American,CAN-ACT & RNN)Bay Area.															
3 Impact evaluation Training/CX3													\$	10,121	
Network Conf = \$4159; Network Regional Training = \$1685; CCHLDN = \$1282; Network Prior = \$2248, CX3= \$339; Impact Evaluation = \$408															
<i>If CCLHDN is attended; it will be pro-rated at 50% and then pro-rated on the FTE of the staff Attending</i>															
Local Travel for Scope of Work															
<i>Local travel for Network staff only for business meetings and program related events. Reimbursement is based on allowed rate of \$.51/mi</i>															
28.95 staff with total mileage 39,233 @\$.555 per mile													\$	25,644	
and \$3,870 for Parking, Tolls, Mass-transit, Motor Pool															
											SUBTOTAL:	\$	35,765	\$	35,765
F. SUBCONTRACTORS:												\$	-		
Federal Share:															
	Social Marketing	TBD	\$ 250,000	Communications/marketing firm will provide social marketing and communication services including: event planning and community organizing for summits and community forums; developing and implementing a communication plan which may include newsletters, web, media, cable or other media outlets; creating consistent messaging for all activities; conducting formative research; creating and producing messages and materials for community events including school-based education and promotional campaigns (See Subcontractor Budget)											
	Alameda Unified School District		\$ 45,000	Conduct school-day and after school nutrition education sessions in 3 elementary and one middle school; provide staff nutrition education to promote and support classroom interventions which include Harvest of the Month and Power Play curriculum; provide parent education to promote healthy eating and physical activity. (See Subcontractor Budget)											
	Oakland Unified School District		\$ 375,000	Liaison nutrition education efforts between OUSD and Alameda County Public Health in 35 Network sites including promoting and coordinating classroom to cafeteria connection. Establish Harvest of the Month at all Network eligible sites providing samples of fruit or vegetable highlighted in the curriculum in all classrooms. Work with public health department to develop training program for nutrition education promotion for food service and other staff (See Subcontractor Budget)											
	Evaluation Consultant	TBD	\$30,000	Design evaluations, create/adjust tools, implement and analyze data for interventions. The evaluations will include an impact analysis of our school-based intervention and our annual community based campaign and development of a strategy for measuring the work done by our community partners.(See Subcontractor Budgets)											
											SUBTOTAL:	\$700,000	\$	700,000	

SUBCONTRACTOR BUDGET JUSTIFICATION
Alameda Unified School District (AUSD)
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
Contract #: 10-10085

A PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1.	Name: Debra Lindsey Title: Project Coordinator	\$19,500	1.00	30.00%	70.00%	\$ 19,500	\$ 19,500		
2.	Name: Vacant Title: Project Coordinator	\$1,700	1.00	30.00%	70.00%	\$ 1,700	\$ 1,700		
3.	Name: Vacant Title: Project Coordinator	\$11,625	1.00	70.00%	30.00%	\$ 11,625	\$ 11,625		
SUBTOTAL		\$ 32,825	3.0000	130.0%	170.0%	\$ 32,825	\$ 32,825		
POSITION DESCRIPTIONS:									
Project Coordinator (Position 1-3)		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles							
FRINGE BENEFITS:									
Federal Share: Subtotal Personnel Salary x F.B. rate 11.79884% = \$3578						\$ 3,578	\$ 3,578		
Includes payroll taxes and medical/dental benefits									
						SUBTOTAL:	\$ 3,578	\$ 3,578	
C. OPERATING EXPENSES:									
Federal Share:									
						SUBTOTAL:	\$ -	\$ -	

SUBCONTRACTOR BUDGET JUSTIFICATION
Alameda Unified School District (AUSD)
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
Contract #: 10-10085

											Federal Share Total Dollars	Total Dollars				
D. EQUIPMENT EXPENSES:																
Federal Share:																
											SUBTOTAL:	\$ -	\$ -			
E. TRAVEL AND PER DIEM:											\$ -					
Federal Share:																
Staff	# Trips	# Days	Per Diem	Lodging	Round	Total										
Meeting																
											SUBTOTAL:	\$ -	\$ -			
F. SUBCONTRACTORS:											\$ -					
Federal Share:																
											SUBTOTAL:	\$ -	\$ -			
G. OTHER COSTS:											\$ -					
Federal Share:																
Total amount projected for other costs include nutrition education instructional and activity materials and supplies for food demonstrations, taste testings and cooking lessons in nutrition classes. *																
(Costs will not exceed \$2.50 per person):																
Supplies for food tastings for K-5 Grade at Ruby Bridges Elementary:																
Kindergarten through 2nd grades: 280 students X \$1.00 per student X 10 classes											\$ 2,800	\$ 2,800				
Schoolwide event (K-5): 542 students X an average cost of \$.66 per student X 1 tasting per year											\$ 358	\$ 358				
Supplies for after school cooking classes at Chipman Middle 50 students X 34 classes X \$2.00											\$ 3,400	\$ 3,400				
Field trips to local farms for after school programs entrance fees only (Ruby Bridges Elementary: 120 students @ \$3 per student for 2 trips = \$720)											\$ 720	\$ 720				
											SUBTOTAL:	\$ 7,278	\$ 7,278			
*Expenditures on nutrition education materials must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.																
H. INDIRECT COSTS:											\$ 1,319	\$ 1,319				
Federal Share:																
3.01961% Total Direct Costs (\$32,825 + \$3,578 + \$7,278 = \$43,681 x 3.01961% = \$1319)																
Includes administrative, financial, information systems and human services support at the school and District levels.																
											SUBTOTAL:	\$ 1,319	\$ 1,319			
TOTAL											\$ 32,825.00	3.0000	130.0%	170.0%	\$ 45,000	\$ 45,000

SUBCONTRACTOR BUDGET JUSTIFICATION
Evaluation Consultant-TBD
October 1, 2011-September 30, 2012

Contract: Alameda County Health Care Services Agency
 Contract #10-10085

A PERSONNEL SALARIES:										
1. Name and Position Title					2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS										
1.	Name:	Vacant								
	Title:	Research Specialist			\$ 80,000	0.35	0%	35%	\$ 28,000	\$ 28,000
SUBTOTAL					\$ 80,000	0.35	0%	35%	\$ 28,000	\$ 28,000
POSITION DESCRIPTIONS:										
Research Specialist (Position 1)		Evaluates nutrition education, and physical activity promotion interventions in a variety of community channels. Methods can include process and impact evaluations, pre and post tests, surveys, focus/discussion roundtables, photo documentaries, and case studies.								
B. FRINGE BENEFITS:										
Federal Share:										
Includes payroll taxes and medical/dental benefits at ___% of salaries										
								SUBTOTAL:	\$ -	\$ -
C. OPERATING EXPENSES:										
Federal Share: Based on historical SNAP-ED usage										
Printing and Duplicating, Office Supplies										
								SUBTOTAL:	\$ 1,000	\$ 1,000
D. EQUIPMENT EXPENSES:										
Federal Share:										
								SUBTOTAL:	\$ -	\$ -
E. TRAVEL AND PER DIEM:										
Federal Share:										
								SUBTOTAL:	\$ -	\$ -
F. SUBCONTRACTORS:										
Federal Share:										
								SUBTOTAL:	\$ -	\$ -
G. OTHER COSTS:										
Federal Share:										
Materials for phone surveys and evaluation activities.										
								SUBTOTAL:	\$ 1,000	\$ 1,000
H. INDIRECT COSTS:										
Federal Share:										
								SUBTOTAL:	\$ -	\$ -
TOTAL					\$ 80,000	0.35	0%	35%	\$ 30,000	\$ 30,000

SUBCONTRACTOR BUDGET JUSTIFICATION
Oakland Unified School District (OUSD)
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
 Contract #: 10-10085

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Joyce Peters							
	Title:	Dietician	\$ 65,000	1.0	10%	90%	\$ 65,000	\$ 65,000	
2.	Name:	Anne Valva							
	Title:	Project Coordinator	\$ 75,001	1.0	10%	90%	\$ 75,001	\$ 75,001	
2.	Name:	Vacant							
	Title:	Project Coordinator	\$ 75,001	1.0	10%	90%	\$ 75,001	\$ 75,001	
SUBTOTAL			\$ 215,002	3.00	30%	270%	\$ 215,002	\$ 215,002	
FEDERAL SHARE POSITIONS									
Dietician (Position 1)		Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.							
Project Coordinator (Position 2)		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.							
B. FRINGE BENEFITS:									
Federal Share:								\$ -	
Includes payroll taxes and medical/dental benefits at 44.0461% of salaries								\$ 94,700	\$ 94,700
SUBTOTAL:								\$ 94,700	\$ 94,700

SUBCONTRACTOR BUDGET JUSTIFICATION
Oakland Unified School District (OUSD)
October 1, 2011-September 30, 2012

Contractor:Alameda County Health Care Services Agency
 Contract #:10-10085

											Federal Share Total Dollars	Total Dollars
C. OPERATING EXPENSES:											\$ -	\$ -
Federal Share:												
	Printing and Duplicating, Office Supplies										\$ 250	\$ 250
SUBTOTAL:											\$ 250	\$ 250
D. EQUIPMENT EXPENSES:												
Federal Share:												
SUBTOTAL:											\$ -	\$ -
E. TRAVEL AND PER DIEM:											\$ -	\$ -
Federal Share:												
	Mileage for staff travel: 2434 miles for the year at \$.555 per mile for Dietician and Project Coordinators.										\$ 1,351	\$ 1,351
	Mileage for transportation between school sites.											
SUBTOTAL:											\$ 1,351	\$ 1,351
F. SUBCONTRACTORS:											\$ -	\$ -
Federal Share:												
SUBTOTAL:											\$ -	\$ -
G. OTHER COSTS:											\$ -	\$ -
Federal Share:												
	Food for Food demos: Purchase and use of food for Harvest of the Month (HOTM) taste testing and demonstration. No taste test to exceed \$2.50 per person.										\$ 63,697	\$ 63,697
	Includes monthly HOTM Nutrition message encouraging fruit and vegetable consumption. This will reach approximately 18,199 participants through approximately 500 classrooms, 7 times per year. \$.50 per taste test x 127,393 taste tests = \$63,697											
SUBTOTAL:											\$ 63,697	\$ 63,697
H. INDIRECT COSTS:												
Federal Share:												0
SUBTOTAL:											\$ -	\$ -
TOTAL											\$ 215,002	\$ 375,000
											3.00	270%
											30%	
											\$ 375,000	\$ 375,000

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: Alameda County Health Care Services Agency

Social Marketing - TBD

Contract #: 10-10085

October 1, 2011-September 30, 2012

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Vacant							
	Title:	Chief Executive Officer (President)	\$ 100,000	0.89	25%	64%	\$ 89,000	\$ 89,000	
2.	Name:	Vacant							
	Title:	Project Coordinator	\$ 100,000	0.58	25%	33%	\$ 58,000	\$ 58,000	
3.	Name:	Vacant							
	Title:	Project Coordinator	\$ 100,000	0.5	25%	25%	\$ 50,000	\$ 50,000	
SUBTOTAL			\$ 300,000	1.97	75%	122%	\$ 197,000	\$ 197,000	
POSITION DESCRIPTIONS:									
Chief Executive Officer # 1		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.							
Project Coordinator # 2-3		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.							

SUBCONTRACTOR BUDGET JUSTIFICATION
Social Marketing - TBD
October 1, 2011-September 30, 2012

Contractor: Alameda County Health Care Services Agency
 Contract #: 10-10085

											Federal Share	Total Dollars
											Total Dollars	
B. FRINGE BENEFITS:												
Federal Share:												
Includes payroll taxes and medical/dental benefits at ___% of salaries												
											SUBTOTAL:	\$ - \$ -
C. OPERATING EXPENSES:												
Federal Share:												
											SUBTOTAL:	\$ - \$ -
D. EQUIPMENT EXPENSES:												
Federal Share:												
											SUBTOTAL:	\$ - \$ -
E. TRAVEL AND PER DIEM:												
Federal Share:												
3604 staff miles @ \$.555 per mile for Chief Executive Officer and Project Coordinators..											\$ 2,000	\$ 2,000
Local travel for business meetings and program related events.												
											SUBTOTAL:	\$ 2,000 \$ 2,000
F. SUBCONTRACTORS:												
Federal Share:												
											SUBTOTAL:	\$ - \$ -
G. OTHER COSTS:												
Federal Share:											\$ 51,000	\$ 51,000
Includes cost for printing and duplication (\$20,000); graphic design(\$10,000); media and publicity materials and tracking (\$10,000); and video production (\$11,000).											\$ 51,000	\$ 51,000
H. INDIRECT COSTS:												
Federal Share:												
											SUBTOTAL:	\$ - \$ -
TOTAL											\$ 300,000	1.97
											75%	122%
											\$ 250,000	\$ 250,000

Travel

In-State Travel

Staff Name	# Trips	# Days	Airfare	Per Diem	Lodging	Parking/ Misc.	Round Trip Mileage/per month	Months	Total Miles per year	Prorate % FTE	Annual Mileage to charge	Annual Other
1. Kimi Watkins-Tartt						\$ 5.00	100	12	1200	0.25	300	\$ 15.00
2. Diane Woloshin						\$ 10.00	100	12	1200	0.83	996	\$ 99.60
3. Anaa Reese						\$ 10.00	500	12	6000	0.83	4980	\$ 99.60
4. Darlene Fuji-Pratt						\$ 10.00	130	12	1560	0.83	1294.8	\$ 99.60
5. Jenny Wang						\$ 10.00	130	12	1560	0.8	1248	\$ 96.00
6. Vacant						\$ 5.00	180	12	2160	1	2160	\$ 60.00
7. Dario Hunter						\$ 5.00	180	12	2160	0.8	1728	\$ 48.00
8. Dale Murai						\$ 5.00	180	12	2160	0.5	1080	\$ 30.00
9. Tamiko Johnson						\$ 5.00	180	12	2160	1	2160	\$ 60.00
10. Vacant						\$ 5.00	180	12	2160	1	2160	\$ 60.00
11. Annette Laverty						\$ 5.00	100	12	1200	0.83	996	\$ 49.80
12. Amy Glodde						\$ 5.00	100	12	1200	1	1200	\$ 60.00
13. Mary Collet						\$ 5.00	100	12	1200	1	1200	\$ 60.00
14. Ericka Doolittle						\$ 5.00	200	12	2400	1	2400	\$ 60.00
15. Nori Grossman						\$ 5.00	100	12	1200	0.83	996	\$ 49.80
16. Lindsay Orbeta						\$ 5.00	100	12	1200	1	1200	\$ 60.00
17. Cindia Sanchez						\$ -	0	12	0	1	0	\$ -
18. Brenda Tavares						\$ 5.00	100	12	1200	1	1200	\$ 60.00
19. Alana Samuels								12	0	0.5	0	\$ -
20. Tamen Tanefer (WIC)								12	0	0.8	0	\$ -
21. Djuana Blackmon (WIC)								12	0	0.5	0	\$ -
22. Joseph Whittaker						\$ 5.00	100	12	1200	1	1200	\$ 60.00
23. Jautan Stancill						\$ 5.00	100	12	1200	1	1200	\$ 60.00
24. Jenny Ly						\$ 5.00	100	12	1200	1	1200	\$ 60.00
25. Vacant (new)						\$ 5.00	180	12	2160	1	2160	\$ 60.00
26. Vacant (new) (CHOW)						\$ 5.00	180	12	2160	1	2160	\$ 60.00
27. Isabelle Veyra (CHOW)						\$ 5.00	120	12	1440	0.6	864	\$ 36.00
28. Rafael Cortez (CHOW)						\$ 5.00	120	12	1440	0.5	720	\$ 30.00
29. Manny Flores						\$ 5.00	50	12	600	1	600	\$ 60.00
30. Andy Odell						\$ -	0	12	0	1	0	\$ -
31. Cherrie Rondon						\$ -	0	12	0	0	0	\$ -
32. Adriana Velasquez						\$ -	0	12	0	1	0	\$ -
33. Avis Ransburg						\$ 5.00	10	12	120	0.25	30	\$ 15.00
134. Norma Brown						\$ -	0	12	0	0.3	0	\$ -
35. Gail Wax						\$ 5.00	50	12	600	1	600	\$ 60.00
36. Accounting Specialist-Vacant						\$ 10.00	100	12	1200	1	1200	\$ 120.00
Alameda County Motor Pool												\$ 2,181.56
Total						\$ 165.00	3770	12	45240	28.95	39232.8	\$ 3,869.96

Annual Cost

\$ 21,774.20

Total Local Travel Conference

\$ 25,644.16

Conference Name	Staff Code	Conference Cost	Airfare	Per Diem	Lodging	Round Trip Mileage	Mileage Rate	Total	Prorate % FTE	Total Cost
Annual Network Conference	2 through 30	\$ -	\$ -	\$ 36.00	\$ 35.00	170	0.555	\$ 94.35	25.15	\$ 4,158.55
Network Regional Skills Training	1 through 36	50	0	6	0	4	0.555	\$ 2.22	28.95	\$ 1,685.47
CCHLDN Annual Meeting	4 staff total	200	100	73	168	180	0.555	\$ 99.90	2	\$ 1,281.80
<i>If CCLHDN is attended; it will be pro-rated at 50% and then pro-rated on the FTE of the staff Attending</i>										
Network prior approved Conference	4 staff total	200	115.5	73	168	10	0.555	\$ 5.55	4	\$ 2,248.31
CX3 Training	3 staff total	13				180	0.555	\$ 99.9	3	\$ 338.70
Impact Evaluation	3 staff total	0	0	36	0	180	0.555	\$ 99.90	3	\$ 407.70

Total Conference

\$ 10,120.58

Total Training and Local Travel

\$ 35,764.75

Delete conferences that are not applicable to your organization
 CCLHDN - county health departments
 CX3 Training -participating county health departments
 Shape meeting - school districts and LIAs working in schools
 Impact Evaluation Training - those contractors with Federal Share budgets over \$350,000



Alameda County Health Care Services Agency Public Health Department

Nutrition Services
3600 Telegraph Ave.
Oakland, CA 94609

Phone: (510) 595-6454
Fax: (510) 595-6486

August 1, 2011

Narinder Padda, Contract Manager
California Department of Health Services
Cancer Prevention and Nutrition Section
Mail Station 7204
P.O. Box 997377
Sacramento, CA 95899-7377

RE: PROGRAM LETTER #11-03 – WAIVER REQUEST FOR FFY 2012

Dear Narinder:

I am writing to request a waiver in the bi-weekly time logs for Network Contractors per Program Letter #11-03 sent to Network For A Healthy California Project Coordinators dated July 13, 2011, Subject Supplemental Nutrition Assistance Program Education Plan Guidance Federal Fiscal Year 2012, Bi-Weekly Time Logs For Network Contractors. In the FY 2012 USDA SNAP-Ed Plan Guidance, page 60, A-8. Time Records Section: Staff Devoting Less Than 100 Percent of Time to SNAP-Ed, Bullet #8 states "State agencies may submit alternative methods of calculating time with appropriate justification for consideration by the FNS regional office." This memo details the justification for Alameda County Nutrition Services Program and requests approval for all Staff Devoting Less Than 100 Percent of Time to SNAP-Ed to use County CHARTS (Community Health Activity and Referral Tracking) timecard system as an alternative method.

All Nutrition Services staff complete the daily time studies in the CHARTS timecard system which records not only daily times worked but also project codes/cost centers (funding sources) and scope of work activities. CHARTS is connected to the county HRMS ALCOLINK payroll system (Human Resources Management System). This is a real-time, on-line, daily timekeeping system, which accurately reflects the staff time of all current staff performing FSNE-allowable work.

Currently, the staff who devote < 100% of their time to FSNE are:

Kimi Watkins-Tartt, Chief Executive Officer, (Health Care Program Administrator)
Diane Woloshin, Administrator, (Health Care Program Administrator)
Anaa Reese, Administrator (Health Care Program Administrator)
Darlene Fuji Pratt, Project Coordinator (Senior Program Specialist)
Darren (Dario) Hunter, Coordinator of Other Programs (HLC) – (Program Specialist)
Dale Murai, Coordinator of Other Programs (HLC) – (Program Specialist)
Annette Laverty, Dietitian (Nutritionist II)
Nori Grossman, Dietitian, (Nutritionist II)
Alana Samuel, (WIC) Nutrition Aides (Nutritionist II)
Dijuana Blackmon, (WIC) Nutrition Aides (Nutritionist II)
Isabelle Vieyra, Nutrition Aides, (Community Health Outreach Worker)
Rafael Cortez, Nutrition Aides, (Community Health Outreach Worker)
Norma Brown, Office/Manager/Secretary/(Specialist Clerk)

Attached are "split cost center" staff's respective CHARTS summary details which provides a combination of Daily Entry and bi-weekly Time Summary information.

The CHARTS time card is housed on the county Public Health intranet. Each employee enters daily the time worked and activities conducted related to our scope of work. For example, a Public Health Nutritionist might select from the following list of activities: (FSNE staff would only be conducting and coding FSNE allowable activities)

- Breastfeeding Peer Counselor
- Client Services
- Compensatory Time Used (CTT)
- Farmers Market Nutrition Program
- FMLA – Compensatory Time Used – FMLA (FCU)
- General Administration
- Holiday In-Lieu Time-Earned (IES)
- Jail Inspection
- Leave Without Pay
- Lunch
- Medical Nutrition Therapy
- Non-Specific Travel
- Nutrition Education
- Nutrition Education/Physical Activity/Breastfeeding Promotion
- Other Activities
- Paid Time Off
- Program Specific Administration
- Program Specific Training
- Set Up State or Regional Training
- WIC Specific General Administration

Attached you will find bi-weekly screen shots that depicts the process of logging onto the CHARTS system, entering the time, verifying hours worked, acknowledgment of time worked and electronically submitting to the supervisor for approval, in essence; an electronic signature. The supervisor ensures and verifies all activities and that the timecard correctly reflects any paid or unpaid time off taken prior to approval. The following Monday after a payroll period, the Payroll Timekeeper ensures the HRMS system correctly uploaded the CHARTS system. If there are any corrections or exceptions, the Agency Payroll Department is informed.

Allowing Alameda County Nutrition Services Program to use the CHARTS system as an alternative to the bi-weekly time logs will reduce redundancy, and will ensure accuracy as it is one system connected to payroll.

Thank you for your consideration, if you have any questions about this submission, please feel free to call me at 510-595-6458.

Sincerely,



Diane Woloshin
Nutrition Services Director

Attachments

NETWORK FOR A HEALTHY CALIFORNIA Bi-Weekly Time Log

Contract Name: ALAMEDA COUNTY NUTRITION SERVICES

Contract #: 10-10085

Staff Name: _____

Title/Position: _____

Hourly Rate: \$ _____

Location: _____

Month/Day		Nutrition Education Hours	Physical Activity Hours
October	1		
October	2		
October	3		NOT APPLICABLE
October	4		
October	5		
October	6		
October	7		
Weekly Hours			

Month/Day		Nutrition Education Hours	Physical Activity Hours
October	8		
October	9		
October	10		
October	11		
October	12		
October	13		
October	14		
Weekly Hours			

Total Weekly Hours _____ times Hourly Rate \$ _____ = Total Cost \$ _____

Staff Signature: _____

Staff Date: _____

Supervisor Signature: _____

Supvr Date: _____

**Network for a Healthy California
QUARTERLY TIME STUDY REQUEST FORM**

Return this form to your *Network Contract Manager* by fax or mail

Date: _____ Contract #: 10-10085
 Contractor Name: ALAMEDA COUNTY NUTRITION SERVICES
 Contract Term: 10/1/11 - 09/30/12
 Project Coordinator: DIANE WOLOSHIN Phone: (510) 595-6458

- 1) Fill in the chart below. Indicate the month of each quarter you plan to sample for each year of your contract term. Please use the following guidelines when selecting the sampling months:
- The same month cannot be used each quarter. For example, the first month of each quarter cannot be used. Instead, the sample month should vary each quarter (e.g., the 1st month of 1st Qtr, 2nd month of 2nd Qtr, 3rd month of 3rd Qtr and 1st month of 4th Qtr would be acceptable if the months represent the quarters in which they fall.)
 - The sampling months should vary from year to year.
 - The month used for each quarter must be a valid representation of the entire quarter. Where this is not possible, you may opt to use a weekly time log for that quarter. In this case, write "weekly time log" in the box for that quarter.

Quarter	Year 1 (20XX - 20XX)	Year 2 (20XX - 20XX)	Year 3 (20XX - 20XX)
Qtr1 (Oct-Dec)			
Qtr2 (Jan-Mar)	NOT APPLICABLE		
Qtr3 (Apr-June)			
Qtr4 (July-Sept)			

- 2) Please attach a list of the names and titles of staff members who will use the time study. Personnel listed should have fairly evenly distributed activities across the quarters you will sample. (Note: these names and titles should correspond with your budget justification.)

 Signature of Project Coordinator _____
 Date

Approved by:

 Signature of Authorized Network Staff _____
 Date

NETWORK FOR A HEALTHY CALIFORNIA

**BI-WEEKLY TIME LOG
AUTOMATED SYSTEMS REQUEST FORM**

Return this form to your *Network* Contract manager by fax or mail

DATE: August 1, 2011

CONTRACT #: 10-10085

CONTRACTOR NAME: ALAMEDA COUNTY NUTRITION SERVICES

PROGRAM COORDINATOR: Diane Woloshin (510) 595-6458
Name Phone#

IT CONTACT: Erica Caillouet (510) 268-7353
Name Phone #

AUTOMATED SYSTEM DESCRIPTION:

Please provide a description of your Automated System, including # of staff, procedures for staff usage, supervisor review/approval, and capability to print bi-weekly time log copies for USDA and/or *Network* reviews/audits as requested.

The CHARTS system is an electronic timecard system that allows the user to enter time worked, and activities conducted. This system is also connected to the County HRMS ALCOLINK payroll system (Human Resources Management Sytem) All staff completes daily and submits bi-weekly the hours worked to the supervisor for approval, in essence; an electronic signature. The supervisor ensures and verifies all activities and that the timecard correctly reflects any paid or unpaid time off, and electronically approves. The following Monday after a payroll period, the Payroll Timekeeper ensures the HRMS system correctly uploaded the CHARTS system. If there are any corrections or exceptions, the Agency Payroll Department is informed. As part of the bi-weekly approval process, all Time Card Summaries are printed and maintained on file

Approved by:

Signature of Authorized <i>Network</i> Staff	Date

Watkins-Tartt, Kimi

Position: SM Community Health Services Director-CHS Admin

Approved

Job Code: 5084

Timecard (11-14) Ending 6/25/2011

Week One, ending on Saturday, June 18, 2011

Sun 06/12	Mon 06/13	Tue 06/14	Wed 06/15	Thu 06/16	Fri 06/17	Sat 06/18	Total	HR Code	Name	Org-Prog-Grant
	1.4	3.1	1.9	0.7	1.5		8.6	REG	CNN Nutrition Network	350900- PHG02CH42200
	6.6	4.9	6.1	7.3	6.5		31.4	REG	Director - CHS	350252-00000
	8.0	8.0	8.0	8.0	8.0		40.0			

Week Two, ending on Saturday, June 25, 2011

Sun 06/19	Mon 06/20	Tue 06/21	Wed 06/22	Thu 06/23	Fri 06/24	Sat 06/25	Total	HR Code	Name	Org-Prog-Grant
	6.5	6.5	6.5	6.5	7.4		33.4	REG	Director - CHS	350252-00000
	1.5	1.5	1.5	1.5	0.6		6.6	REG	CNN Nutrition Network	350900- PHG02CH42200
	8.0	8.0	8.0	8.0	8.0		40.0			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
REG	CNN Nutrition Network	350900- PHG02CH42200	19.00 %	15.2
REG	Director - CHS	350252-00000	81.00 %	64.8
			100.00 %	80.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved
HRMS Name: Watkins-Tartt, Kimi
Submitted by: Watkins-Tartt, Kimi
Approved by: Davis, Muntu
ALCOLink Status: Approved
Comments:

Position: SM Community Health Services Director-CHS Admin
Employee ID: 108868
Submitted Date: Friday, June 24, 2011 5:20 PM
Approval Date: Friday, June 24, 2011 5:26 PM

Reese, Anaa

Position: Program Administrator II-Nutrition Services

Approved

Job Code: 0312

Timecard (11-16) Ending 7/23/2011

Week One, ending on Saturday, July 16, 2011

Sun 07/10	Mon 07/11	Tue 07/12	Wed 07/13	Thu 07/14	Fri 07/15	Sat 07/16	Total	HR Code	Name	Org-Prog-Grant
	6.6	6.6	6.6	6.6	6.6		33.0	REG	CNN Nutrition Network	350900-PHG02CH42200
	1.4	1.4	1.4	1.4	1.4		7.0	REG	Obesity Prev - School Health - Nutrition	350390-40356
	8.0	8.0	8.0	8.0	8.0		40.0			

Week Two, ending on Saturday, July 23, 2011

Sun 07/17	Mon 07/18	Tue 07/19	Wed 07/20	Thu 07/21	Fri 07/22	Sat 07/23	Total	HR Code	Name	Org-Prog-Grant
	6.6	6.6	6.6	6.6	6.6		33.0	REG	CNN Nutrition Network	350900-PHG02CH42200
	1.4	1.4	1.4	1.4	1.4		7.0	REG	Obesity Prev - School Health - Nutrition	350390-40356
	8.0	8.0	8.0	8.0	8.0		40.0			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
REG	CNN Nutrition Network	350900-PHG02CH42200	82.50 %	66.0
REG	Obesity Prev - School Health - Nutrition	350390-40356	17.50 %	14.0
			100.00 %	80.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved
HRMS Name: Reese, Anaa
Submitted by: Reese, Anaa
Approved by: Eldridge, Quamrun Nessa
ALCOLink Status: Approved, Written to File
Comments:

Position: Program Administrator II-Nutrition Services
Employee ID: 105054
Submitted Date: Monday, July 18, 2011 1:47 PM
Approval Date: Thursday, July 21, 2011 3:16 PM

Pratt, Darlene

Position: Program Specialist - CNS-WIC

Approved

Job Code: 0305

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	8.0	8.0	8.0	8.0	8.0		40.0	REG	CNN Nutrition Network	350900-PHG02CH42200
	8.0	8.0	8.0	8.0	8.0		40.0			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
	7.3						7.3	HOL	CNN Nutrition Network	350900-PHG02CH42200
	0.7						0.7	HOL	Obesity Prev - School Health - Nutrition	350390-40356
		8.0	4.0	8.0	6.0		26.0	REG	CNN Nutrition Network	350900-PHG02CH42200
			4.0		2.0		6.0	REG	Obesity Prev - School Health - Nutrition	350390-40356
	8.0	8.0	8.0	8.0	8.0		40.0			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	CNN Nutrition Network	350900-PHG02CH42200	9.13 %	7.3
HOL	Obesity Prev - School Health - Nutrition	350390-40356	0.88 %	0.7
REG	CNN Nutrition Network	350900-PHG02CH42200	82.50 %	66.0
REG	Obesity Prev - School Health - Nutrition	350390-40356	7.50 %	6.0
			100.00 %	80.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** Program Specialist - CNS-WIC
HRMS Name: Pratt, Darlene **Employee ID:** 106873
Submitted by: Pratt, Darlene **Submitted Date:** Wednesday, July 06, 2011 4:02 PM
Approved by: Woloshin, Diane **Approval Date:** Thursday, July 07, 2011 10:41 AM
ALCOLink Status: Approved, Written to File
Comments:

Hunter, Darren

Position: Program Specialist - CNS-WIC

Approved

Job Code: 0305

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	8.0	8.0	8.0	8.0	8.0		40.0	REG	CNN Nutrition Network	350900-PHG02CH42200
	8.0	8.0	8.0	8.0	8.0		40.0			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
	8.0						8.0	HOL	CNN Nutrition Network	350900-PHG02CH42200
			8.0	8.0	8.0		24.0	REG	CNN Nutrition Network	350900-PHG02CH42200
		8.0					8.0	SLS	CNN Nutrition Network	350900-PHG02CH42200
	8.0	8.0	8.0	8.0	8.0		40.0			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	CNN Nutrition Network	350900-PHG02CH42200	10.00 %	8.0
REG	CNN Nutrition Network	350900-PHG02CH42200	80.00 %	64.0
SLS	CNN Nutrition Network	350900-PHG02CH42200	10.00 %	8.0
			100.00 %	80.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** Program Specialist - CNS-WIC
HRMS Name: Hunter, Darren **Employee ID:** 102007
Submitted by: Hunter, Darren **Submitted Date:** Wednesday, July 06, 2011 3:56 PM
Approved by: Pratt, Darlene **Approval Date:** Thursday, July 07, 2011 10:36 AM
ALCOLink Status: Approved, Written to File
Comments:

Murai, Dale

Position: Program Specialist - CNS-WIC

Approved

Job Code: 0305

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	8.0				8.0		16.0	REG	Obesity Prev - School Health - Nutrition	350390-40356
		8.0	8.0	8.0			24.0	REG	CNN Nutrition Network	350900- PHG02CH42200
	8.0	8.0	8.0	8.0	8.0		40.0			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
	5.3						5.3	HOL	Obesity Prev - School Health - Nutrition	350390-40356
	2.7						2.7	HOL	CNN Nutrition Network	350900- PHG02CH42200
		8.0	8.0	8.0	8.0		32.0	REG	Obesity Prev - School Health - Nutrition	350390-40356
	8.0	8.0	8.0	8.0	8.0		40.0			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	Obesity Prev - School Health - Nutrition	350390-40356	6.63 %	5.3
HOL	CNN Nutrition Network	350900- PHG02CH42200	3.38 %	2.7
REG	Obesity Prev - School Health - Nutrition	350390-40356	60.00 %	48.0
REG	CNN Nutrition Network	350900- PHG02CH42200	30.00 %	24.0
			100.00 %	80.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** Program Specialist - CNS-WIC
HRMS Name: Murai, Dale **Employee ID:** 203051
Submitted by: Murai, Dale **Submitted Date:** Wednesday, July 06, 2011 4:01 PM
Approved by: Pratt, Darlene **Approval Date:** Thursday, July 07, 2011 10:56 AM
ALCOLink Status: Approved, Written to File
Comments:

Grossmann, Nori

Position: Nutritionist I and II CNS-WIC

Approved

Job Code: 5795

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	7.5	7.5	3.5	7.5	4.5		30.5	REG	CNN Nutrition Network	350900-PHG02CH42200
					3.0		3.0	REG	Nutrition Services Program	350253-37160
			3.8				3.8	SLA	CNN Nutrition Network	350900-PHG02CH42200
			0.2				0.2	SLA	Nutrition Services Program	350253-37160
	7.5	7.5	7.5	7.5	7.5		37.5			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
	7.0						7.0	HOL	CNN Nutrition Network	350900-PHG02CH42200
	0.5						0.5	HOL	Nutrition Services Program	350253-37160
		7.5	3.5	5.0			16.0	REG	CNN Nutrition Network	350900-PHG02CH42200
			3.8				3.8	SFC	CNN Nutrition Network	350900-PHG02CH42200
			0.2				0.2	SFC	Nutrition Services Program	350253-37160
				2.3	7.0		9.3	VAC	CNN Nutrition Network	350900-PHG02CH42200
				0.2	0.5		0.7	VAC	Nutrition Services Program	350253-37160
	7.5	7.5	7.5	7.5	7.5		37.5			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	CNN Nutrition Network	350900-PHG02CH42200	9.33 %	7.0
HOL	Nutrition Services Program	350253-37160	0.67 %	0.5
REG	CNN Nutrition Network	350900-PHG02CH42200	62.00 %	46.5
REG	Nutrition Services Program	350253-37160	4.00 %	3.0
SFC	CNN Nutrition Network	350900-PHG02CH42200	5.07 %	3.8
SFC	Nutrition Services Program	350253-37160	0.27 %	0.2
SLA	CNN Nutrition Network	350900-PHG02CH42200	5.07 %	3.8
SLA	Nutrition Services Program	350253-37160	0.27 %	0.2
VAC	CNN Nutrition Network	350900-	12.40 %	9.3

PHG02CH42200

VAC	Nutrition Services Program 350253-37160	0.93 %	0.7
		100.00 %	75.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** Nutritionist I and II CNS-WIC
HRMS Name: Grossmann, Nori **Employee ID:** 201589
Submitted by: Grossman, Nori **Submitted Date:** Wednesday, July 06, 2011 1:48 PM
Approved by: Wang, Jenny **Approval Date:** Thursday, July 07, 2011 8:56 AM
ALCOLink Status: Approved, Written to File
Comments: 7/6/2011 1:27 PM Returned for Clarification on by Wang, Jenny
7/6/2011 1:27 PM Please adjust time card for 7/6. Thanks.

Samuel, Allana

Position: Nutrition Assistant I and II-CNS-WIC

Approved

Job Code: 5798

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	6.8		6.3				13.1	REG	CNN Nutrition Network	350900-PHG02CH42200
	1.0	5.0	1.0	5.8	5.9		18.7	REG	WIC	350900-PHG01CH41100
	7.8	5.0	7.3	5.8	5.9		31.8			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
						1.6	1.6	CTP	WIC	350900-PHG01CH41100
	2.0						2.0	HOL	CNN Nutrition Network	350900-PHG02CH42200
	4.3						4.3	HOL	WIC	350900-PHG01CH41100
		5.0	1.0	5.0	6.8	5.9	23.7	REG	WIC	350900-PHG01CH41100
			6.5		1.0		7.5	REG	CNN Nutrition Network	350900-PHG02CH42200
	6.3	5.0	7.5	5.0	7.8	7.5	39.1			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
CTP	WIC	350900-PHG01CH41100	2.26 %	1.6
HOL	CNN Nutrition Network	350900-PHG02CH42200	2.82 %	2.0
HOL	WIC	350900-PHG01CH41100	6.06 %	4.3
REG	CNN Nutrition Network	350900-PHG02CH42200	29.06 %	20.6
REG	WIC	350900-PHG01CH41100	59.80 %	42.4
			100.00 %	70.9

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** Nutrition Assistant I and II-CNS-WIC
HRMS Name: Samuel, Allana **Employee ID:** 201447
Submitted by: Samuel, Allana **Submitted Date:** Friday, July 08, 2011 9:10 AM
Approved by: Storch, Sandra **Approval Date:** Saturday, July 09, 2011 2:42 PM
ALCOLink Status: Approved, Written to File
Comments:

Blackmon, Djuna

Position: Health Services Trainee - CNS WIC

Approved

Job Code: 7879

Timecard (11-15) Ending 7/9/2011**Week One, ending on Saturday, July 02, 2011**

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	5.5	4.5	2.2	5.0	6.2		23.4	REG	WIC	350900- PHG01CH41100
		2.0					2.0	REG	CNN Nutrition Network	350900- PHG02CH42200
	5.5	6.5	2.2	5.0	6.2		25.4			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
	4.9						4.9	HOL	WIC	350900- PHG01CH41100
	0.4						0.4	HOL	CNN Nutrition Network	350900- PHG02CH42200
		4.0	6.4	5.5	8.5		24.4	REG	WIC	350900- PHG01CH41100
		2.0					2.0	REG	CNN Nutrition Network	350900- PHG02CH42200
	5.3	6.0	6.4	5.5	8.5		31.7			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	WIC	350900- PHG01CH41100	8.58 %	4.9
HOL	CNN Nutrition Network	350900- PHG02CH42200	0.70 %	0.4
REG	WIC	350900- PHG01CH41100	83.71 %	47.8
REG	CNN Nutrition Network	350900- PHG02CH42200	7.01 %	4.0
			100.00 %	57.1

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved
HRMS Name: Blackmon, Djuna
Submitted by: Blackmon, Djuna E.
Approved by: Storch, Sandra
ALCOLink Status: Approved, Written to File
Comments:

Position: Health Services Trainee - CNS WIC
Employee ID: 202096
Submitted Date: Thursday, July 07, 2011 12:16 PM
Approval Date: Thursday, July 07, 2011 5:54 PM

Vieyra, Isabelle

Position: CHOW - CNS-WIC

Approved

Job Code: 6701

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
	7.5	7.5					15.0	REG	CNN Nutrition Network	350900-PHG02CH42200
			7.5	7.5	7.5		22.5	REG	Obesity Prev - School Health - Nutrition	350390-40356
7.5	7.5	7.5	7.5	7.5	7.5		37.5			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
	3.0						3.0	HOL	CNN Nutrition Network	350900-PHG02CH42200
	4.5						4.5	HOL	Obesity Prev - School Health - Nutrition	350390-40356
		3.0	3.0	3.0	3.0		12.0	VAC	CNN Nutrition Network	350900-PHG02CH42200
		4.5	4.5	4.5	4.5		18.0	VAC	Obesity Prev - School Health - Nutrition	350390-40356
7.5	7.5	7.5	7.5	7.5	7.5		37.5			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	CNN Nutrition Network	350900-PHG02CH42200	4.00 %	3.0
HOL	Obesity Prev - School Health - Nutrition	350390-40356	6.00 %	4.5
REG	CNN Nutrition Network	350900-PHG02CH42200	20.00 %	15.0
REG	Obesity Prev - School Health - Nutrition	350390-40356	30.00 %	22.5
VAC	CNN Nutrition Network	350900-PHG02CH42200	16.00 %	12.0
VAC	Obesity Prev - School Health - Nutrition	350390-40356	24.00 %	18.0
			100.00 %	75.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** CHOW - CNS-WIC
HRMS Name: Vieyra, Isabelle **Employee ID:** 108778
Submitted by: Pratt, Darlene **Submitted Date:** Thursday, July 07, 2011 11:24 AM
Approved by: Pratt, Darlene **Approval Date:** Thursday, July 07, 2011 11:27 AM
ALCOLink Status: Approved, Written to File
Comments: 7/7/2011 11:24 AM Submitted by Pratt, Darlene.

Cortez, Rafael

Position: CHOW - CNS-WIC

Approved

Job Code: 6701

Timecard (11-13) Ending 6/11/2011

Week One, ending on Saturday, June 04, 2011

Sun 05/29	Mon 05/30	Tue 05/31	Wed 06/01	Thu 06/02	Fri 06/03	Sat 06/04	Total	HR Code	Name	Org-Prog-Grant
	4.5						4.5	HOL	Obesity Prev - School Health - Nutrition	350390-40356
	3.0						3.0	HOL	CNN Nutrition Network	350900- PHG02CH42200
		4.5	4.5	4.5	4.5		18.0	REG	Obesity Prev - School Health - Nutrition	350390-40356
		3.0	3.0	3.0	3.0		12.0	REG	CNN Nutrition Network	350900- PHG02CH42200
	7.5	7.5	7.5	7.5	7.5		37.5			

Week Two, ending on Saturday, June 11, 2011

Sun 06/05	Mon 06/06	Tue 06/07	Wed 06/08	Thu 06/09	Fri 06/10	Sat 06/11	Total	HR Code	Name	Org-Prog-Grant
	4.5	4.5	4.5	4.5	4.5		22.5	REG	Obesity Prev - School Health - Nutrition	350390-40356
	3.0	3.0	3.0	3.0	3.0		15.0	REG	CNN Nutrition Network	350900- PHG02CH42200
	7.5	7.5	7.5	7.5	7.5		37.5			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
HOL	Obesity Prev - School Health - Nutrition	350390-40356	6.00 %	4.5
HOL	CNN Nutrition Network	350900- PHG02CH42200	4.00 %	3.0
REG	Obesity Prev - School Health - Nutrition	350390-40356	54.00 %	40.5
REG	CNN Nutrition Network	350900- PHG02CH42200	36.00 %	27.0
			100.00 %	75.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** CHOW - CNS-WIC
HRMS Name: Cortez, Rafael **Employee ID:** 203404
Submitted by: Cortez, Rafael **Submitted Date:** Wednesday, June 08, 2011 12:00 PM
Approved by: Pratt, Darlene **Approval Date:** Friday, June 10, 2011 8:42 AM
ALCOLink Status: Approved
Comments:

Brown, Norma

Position: Administrative Assistant - CNS-WIC

Approved

Job Code: 1142

Timecard (11-15) Ending 7/9/2011

Week One, ending on Saturday, July 02, 2011

Sun 06/26	Mon 06/27	Tue 06/28	Wed 06/29	Thu 06/30	Fri 07/01	Sat 07/02	Total	HR Code	Name	Org-Prog-Grant
					1.8		1.8	CTP	WIC	350900- PHG01CH41100
					1.3		1.3	CTT	CNN Nutrition Network	350900- PHG02CH42200
					2.7		2.7	CTT	WIC	350900- PHG01CH41100
	3.5	3.4	3.5	3.5			13.9	REG	CNN Nutrition Network	350900- PHG02CH42200
	5.0	4.9	5.0	5.0	2.2		22.1	REG	WIC	350900- PHG01CH41100
	8.5	8.3	8.5	8.5	8.0		41.8			

Week Two, ending on Saturday, July 09, 2011

Sun 07/03	Mon 07/04	Tue 07/05	Wed 07/06	Thu 07/07	Fri 07/08	Sat 07/09	Total	HR Code	Name	Org-Prog-Grant
				1.1			1.1	CTP	CNN Nutrition Network	350900- PHG02CH42200
	2.6						2.6	HOL	CNN Nutrition Network	350900- PHG02CH42200
	5.4						5.4	HOL	WIC	350900- PHG01CH41100
		3.0		2.3			5.3	REG	CNN Nutrition Network	350900- PHG02CH42200
		5.0	8.1	5.6			18.7	REG	WIC	350900- PHG01CH41100
					2.6		2.6	SLS	CNN Nutrition Network	350900- PHG02CH42200
					5.4		5.4	SLS	WIC	350900- PHG01CH41100
	8.0	8.0	8.1	9.0	8.0		41.1			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
CTP	WIC	350900- PHG01CH41100	2.17 %	1.8
CTP	CNN Nutrition Network	350900- PHG02CH42200	1.33 %	1.1
CTT	CNN Nutrition Network	350900- PHG02CH42200	1.57 %	1.3
CTT	WIC	350900- PHG01CH41100	3.26 %	2.7
HOL	CNN Nutrition Network	350900- PHG02CH42200	3.14 %	2.6
HOL	WIC	350900- PHG01CH41100	6.51 %	5.4
REG	CNN Nutrition Network	350900- PHG02CH42200	23.16 %	19.2
REG	WIC	350900- PHG01CH41100	49.22 %	40.8

SLS	CNN Nutrition Network	350900- PHG02CH42200	3.14 %	2.6
SLS	WIC	350900- PHG01CH41100	6.51 %	5.4
			100.00 %	82.9

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Approved **Position:** Administrative Assistant - CNS-WIC
HRMS Name: Brown, Norma **Employee ID:** 102017
Submitted by: Brown, Norma **Submitted Date:** Monday, July 11, 2011 10:20 AM
Approved by: Franklin, Linda **Approval Date:** Monday, July 11, 2011 10:25 AM
ALCOLink Status: Approved
Comments: 7/11/2011 10:09 AM Recalled by Brown, Norma

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Current Pending Future Historical/Search

Ending	Type	Status	Approved By	Amend
7/23/2011	N/A	No Timecard	N/A	
7/9/2011	Regular	Approved	Woloshin, Diane	Amend
6/25/2011	Regular	Approved	Woloshin, Diane	Amend
6/11/2011	Regular	Approved	Woloshin, Diane	Amend
5/28/2011	Regular	Approved	Woloshin, Diane	Amend
5/14/2011	Regular	Approved	Pratt, Darlene	Amend
4/30/2011	Regular	Approved	Woloshin, Diane	Amend

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Sick Leave-Cumulative	729.6
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Compensatory Time	0
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Timecard Entry Timecard Summary Timecard Details TimeKeeper View

Timecard for Flores, Manuel (11-16) Ending 7/23/2011

Status: Pending Created on Monday, July 18, 2011 2:49 PM by Manuel Flores

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10	11	12	13	14	15	16
17	18	19	20	21	22	23

Please select a day

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	172.068
Floating Holiday	0
Paid Leave - Used	32
Vacation Buy Balance	0
Compensatory Time	0
In Lieu	0

* Effective for pay period ending on Saturday, June 25, 2011

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 Timecard Details: sup first

CHARTS Community Health Activity and Referral Tracking System
 Ericka Doolittle Logout

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 CHARTS > My Timecard > Timecard Entry

Timecard Entry Timecard Summary Timecard Details TimeKeeper View

Timecard for Doolittle, Ericka (11-17) Ending 8/6/2011
 Status: Pending Created on Tuesday, July 26, 2011 1:52 PM by Ericka Doolittle

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Monday, July 25, 2011

Activity ~ Select Activity ~
 Breastfeeding Peer Counselor
 Client Services
 Compensatory Time Used (CTT)
 Farmers Market Nutrition Program
 FMLA - Compensatory Time Used - FMLA (FCU)
 General Administration
 Holiday In-Lieu time - Earned (IES)
 Jail Inspection
 Leave Without Pay
 Lunch
 Medical Nutrition Therapy
 Non-Specified Travel
 Nutrition Education
 Nutrition Education/Physical Activity/Breastfeeding Promotion
 Other Activities
 Paid Time Off
 Program Specific Administration
 Program Specific Training
 Set Up State or Regional Training
 WIC Specific General Administration

Leave Balance * (Hours)

Leave Plan	Bal
Sick Leave-Cumulative	231
Vacation	72
Floating Holiday	0
Vacation Buy Balance	19
Compensatory Time	0
In Lieu	0

* Effective for pay period ending on

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 Exclamation return to approvers

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Timecard Entry

CHARTS Community Health Activity and Referral Tracking System Manuel Flores Logout

Timecard > My Profile > CHARTS > My Timecard > Timecard Entry

Timecard Entry | Timecard Summary | Timecard Details | TimeKeeper View

Timecard for Flores, Manuel (11-16) Ending 7/23/2011

Status: Pending Created on Monday, July 18, 2011 2:49 PM by Manuel Flores

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10	11	12	13	14	15	16
17	18	19	20	21	22	23

Monday, July 11, 2011

Activity: Program Specific Administration

Program: CHH

Time Entry | Secondary Documentation

Keep times entered

Start Time: 8:00 AM End Time:

Duration (minutes):

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	172.068
Floating Holiday	0
Paid Leave - Used	32
Vacation Buy Balance	0
Compensatory Time	0
In Lieu	0

* Effective for pay period ending on Saturday, June 25, 2011

[Select another Timecard](#)

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Timecard Details - Bug fixes

Local intranet 100%

Start | Microsoft Office G... | Microsoft Excel | Microsoft Excel - Safe... | Microsoft Word | Waiver For Bi-Weekly... | Timecard Entry - W... 3:01 PM

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Timecard Entry Timecard Summary Timecard Details TimeKeeper View

Timecard for Flores, Manuel (11-16) Ending 7/23/2011
 Status: Pending Created on Monday, July 18, 2011 2:49 PM by Manuel Flores

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10	11	12	13	14	15	16
17	18	19	20	21	22	23

Monday, July 11, 2011

Activity ⓘ
 Program
 Time Entry Secondary Documentation
 Keep times entered
 Start Time End Time
 Duration (minutes)

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	172.068
Floating Holiday	0
Paid Leave - Used	32
Vacation Buy Balance	0
Compensatory Time	0
In Lieu	0

* Effective for pay period ending on Saturday, June 25, 2011 [Select another Timecard](#)

CHARTS Community Health Activity and Referral Tracking System Manuel Flores [Logout](#)

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Timecard Entry | Timecard Summary | Timecard Details | TimeKeeper View

Timecard for Flores, Manuel (11-16) Ending 7/23/2011

Status: Pending Created on Monday, July 18, 2011 2:49 PM by Manuel Flores

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10	11	12	13	14	15	16
17	18	19	20	21	22	23

Tuesday, July 12, 2011

Timecard Entries

Activity - Program	Start Time	End Time	Duration	2nd Doc
Paid Time Off - Sick Leave - Employee Medical and Dental Appointments (SLA) - Allocated	3:00 AM	9:30 AM	1:30	
Program Specific Administration - CNN	9:30 AM	4:00 PM	6:30	
Total Hours			8:00	

Activity [Select Activity]

Added timecard entry 7/12/2011 9:30 AM to 4:00 PM for 06:30:00

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	172.068
Floating Holiday	0
Paid Leave - Used	32
Vacation Buy Balance	0
Compensatory Time	0
In Lieu	0

* Effective for pay period ending on Saturday, June 25, 2011

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Timecard Entry | **Timecard Summary** | Timecard Details | TimeKeeper View

Flores, Manuel **Pending**
 Position: Program Financial Specialist - CNN Job Code: 0306

Timecard (11-16) Ending 7/23/2011

Week 1 (7/10/2011 to 7/16/2011)

Activity	Program	Sun 7/10	Mon 7/11	Tue 7/12	Wed 7/13	Thu 7/14	Fri 7/15	Sat 7/16	Total
Program Specific Administration	CNN		8	6.5		5.75	8		28.25
Sick Leave - Employee Medical and Dental Appointments (SLA)	Allocated			1.5		2.25			3.75
Sick Leave - Employee Illness or Injury, Exposure to Contagious Disease (SLS)	Allocated				8				8
		0	8	8	8	8	8	0	40

Week 2 (7/17/2011 to 7/23/2011)

Activity	Program	Sun 7/17	Mon 7/18	Tue 7/19	Wed 7/20	Thu 7/21	Fri 7/22	Sat 7/23	Total
Program Specific Administration	CNN		8						8
		0	8	0	0	0	0	0	8

Bi-Weekly Summary by Org / Grant

Org / Grant Name	Org / Program / Grant Number	Total Time	Percent
CNN Nutrition Network	350900-PHG02CH42200	48:00	100.00 %
Total		48:00	100.00 %

Bi-Weekly Summary by HR Code

HR Code	Hours
Regular Time (REG)	36:15
Sick Leave - Employee Medical and Dental Appointments (SLA)	3:45
Sick Leave - Employee Illness or Injury, Exposure to Contagious Disease (SLS)	8:00
Total	48:00

[Log into HRMS](#)

Additional Comment

I (Manuel Flores) agree, to the best of my knowledge, that the timecard entries above are correct.

Submit

Cancel

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	177.000

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Timecard Entry Timecard Summary Timecard Details TimeKeeper View

Flores, Manuel **Pending**
Job Code: 0306
 Position: Program Financial Specialist - CNN

Timecard (11-16) Ending 7/23/2011

Week 1 (7/10/2011 to 7/16/2011)

Activity	Program	Sun 7/10	Mon 7/11	Tue 7/12	Wed 7/13	Thu 7/14	Fri 7/15	Sat 7/16	Total
Program Specific Administration	CNN		8	6.5		5.75	8		28.25
Sick Leave - Employee Medical and Dental Appointments (SLA)	Allocated			1.5		2.25			3.75
Sick Leave - Employee Illness or Injury, Exposure to Contagious Disease (SLS)	Allocated				8				8
		0	8	8	8	8	8	0	40

Week 2 (7/17/2011 to 7/23/2011)

Activity	Program	Sun 7/17	Mon 7/18	Tue 7/19	Wed 7/20	Thu 7/21	Fri 7/22	Sat 7/23	Total
Program Specific Administration	CNN		8						8
		0	8	0	0	0	0	0	8

Bi-Weekly Summary by Org / Grant

Org / Grant Name	Org / Program / Grant Number	Total Time	Percent
CNN Nutrition Network	350900-PHG02CH42200	48:00	100.00 %
Total		48:00	100.00 %

Bi-Weekly Summary by HR Code

HR Code	Hours
Regular Time (REG)	36:15
Sick Leave - Employee Medical and Dental Appointments (SLA)	3:45
Sick Leave - Employee Illness or Injury, Exposure to Contagious Disease (SLS)	8:00
Total	48:00

[Log into HRMS](#)

Additional Comment

I (Manuel Flores) agree, to the best of my knowledge, that the timecard entries above are correct.

Submit

Print

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	175.668

Timecard Details - Windows Internet Explorer

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Timecard Entry | Timecard Summary | **Timecard Details** | TimeKeeper View

Flores, Manuel **Pending**
 Position: Program Financial Specialist - CNN Job Code: 0306

Timecard (11-16) Ending 7/23/2011

Activity	Monday, July 11, 2011	Duration	Start	End
Secondary Documentation	Program			
Program Specific Administration	CNN	8.00	8:00 AM	4:00 PM
Total		8.00		
Tuesday, July 12, 2011				
Activity	Program	Duration	Start	End
Secondary Documentation				
Paid Time Off - Sick Leave - E...ointments (SLA)	Allocated	1.50	8:00 AM	9:30 AM
Program Specific Administration	CNN	6.50	9:30 AM	4:00 PM
Total		8.00		
Wednesday, July 13, 2011				
Activity	Program	Duration	Start	End
Secondary Documentation				
Paid Time Off - Sick Leave - E...s Disease (SLS)	Allocated	8.00	8:00 AM	4:00 PM
Total		8.00		
Thursday, July 14, 2011				
Activity	Program	Duration	Start	End
Secondary Documentation				
Program Specific Administration	CNN	5.75	8:00 AM	1:45 PM
Paid Time Off - Sick Leave - E...ointments (SLA)	Allocated	2.25	1:45 PM	4:00 PM
Total		8.00		
Friday, July 15, 2011				
Activity	Program	Duration	Start	End
Secondary Documentation				
Program Specific Administration	CNN	8.00	8:00 AM	4:00 PM
Total		8.00		
Monday, July 18, 2011				
Activity	Program	Duration	Start	End
Secondary Documentation				
Program Specific Administration	CNN	8.00	8:00 AM	4:00 PM
Total		8.00		

Leave Balance * (Hours)

Leave Plan	Balance
Sick Leave-Cumulative	729.6
Vacation	172.068
Floating Holiday	0
Paid Leave - Used	32

Local Intranet 100%

Done

Start Microsoft Office O... Microsoft Excel Microsoft Excel - Safe... Microsoft Word Waiver For Bi-Weekly... Timecard Details 3:21 PM

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CHARTS > My Timecard > TimeKeeper View

Timecard Entry Timecard Summary Timecard Details **TimeKeeper View**

Flores, Manuel Pending
 Position: Program Financial Specialist - CNN Job Code: 0306
Timecard (11-16) Ending 7/23/2011

Week One, ending on Saturday, July 16, 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total	HR Code	Name	Org-Prog-Grant
07/10	07/11	07/12	07/13	07/14	07/15	07/16				
	8.0	6.5		5.8	8.0		28.3	REG	CNN Nutrition Network	350900-PHG02CH42200
		1.5		2.2			3.7	SLA	CNN Nutrition Network	350900-PHG02CH42200
			8.0				8.0	SLS	CNN Nutrition Network	350900-PHG02CH42200
	8.0	8.0	8.0	8.0	8.0		40.0			

Week Two, ending on Saturday, July 23, 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total	HR Code	Name	Org-Prog-Grant
07/17	07/18	07/19	07/20	07/21	07/22	07/23				
	8.0						8.0	REG	CNN Nutrition Network	350900-PHG02CH42200
	8.0						8.0			

Summary

HR Code	Name	Org-Prog-Grant	Percent	Time
REG	CNN Nutrition Network	350900-PHG02CH42200	75.63 %	36.3
SLA	CNN Nutrition Network	350900-PHG02CH42200	7.71 %	3.7
SLS	CNN Nutrition Network	350900-PHG02CH42200	16.67 %	8.0
			100.00 %	48.0

Note: All times are in hours with 1/10th of an hour as the minimum block of time.

Status: Pending **Position:** Program Financial Specialist - CNN
HRMS Name: Flores, Manuel **Employee ID:** 105099
Submitted by: Not Submitted **Submitted Date:** N/A
Approved by: Not Approved **Approval Date:** N/A
ALCOLink Status: Not Ready for Serialization
Comments:

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: City of Berkeley Department of Health Services
Program Area: Local Incentive Awardee: Public Health Department
Contract Number: 10-10077

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 45% Female 55%

Ethnicity:

<input checked="" type="checkbox"/> African American	<u>35%</u>
<input checked="" type="checkbox"/> Asian	<u>5%</u>
<input checked="" type="checkbox"/> Caucasian	<u>5%</u>
<input checked="" type="checkbox"/> Latino	<u>35%</u>
<input type="checkbox"/> Native American	_____ %
<input type="checkbox"/> Pacific Islander	_____ %
<input checked="" type="checkbox"/> Other (specify) <u>mixed ethnicity:</u>	<u>18%</u>

Languages:

<input checked="" type="checkbox"/> English	<u>60%</u>	<input type="checkbox"/> Khmer (Cambodian)	_____ %
<input checked="" type="checkbox"/> Spanish	<u>40%</u>	<input type="checkbox"/> Korean	_____ %
<input type="checkbox"/> Arabic	_____ %	<input type="checkbox"/> Lao	_____ %
<input type="checkbox"/> Armenian	_____ %	<input type="checkbox"/> Tagalog	_____ %
<input type="checkbox"/> Russian	_____ %	<input type="checkbox"/> Vietnamese	_____ %
<input type="checkbox"/> Bosnian	_____ %	<input type="checkbox"/> Other (specify) _____:	_____ %
<input type="checkbox"/> Cantonese	_____ %	<input type="checkbox"/> Other (specify) _____:	_____ %
<input type="checkbox"/> Farsi	_____ %	<input type="checkbox"/> Mandarin	_____ %
<input type="checkbox"/> Hmong	_____ %		

Ages:

<input checked="" type="checkbox"/> Under 5 years old	<u>20%</u>
<input checked="" type="checkbox"/> 5 to 8	<u>10%</u>
<input checked="" type="checkbox"/> 9 to 11	<u>5%</u>
<input checked="" type="checkbox"/> 12 to 17	<u>25%</u>
<input checked="" type="checkbox"/> 18 to 59	<u>25%</u>
<input checked="" type="checkbox"/> 60 years old and over	<u>5%</u>

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): Head Starts (100% equal to or less than 185% FPL)
 Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|----------------------------------------------------|-------------|----------------------------------------------------------------|------------|
| <input type="checkbox"/> CalFresh Offices | _____% | <input checked="" type="checkbox"/> Shelters/Temporary Housing | <u>5</u> % |
| <input type="checkbox"/> Food Banks | _____% | <input type="checkbox"/> Soup Kitchens | _____% |
| <input type="checkbox"/> Food Pantries | _____% | <input checked="" type="checkbox"/> TANF Job Readiness Program | <u>2</u> % |
| <input checked="" type="checkbox"/> Public Housing | <u>5</u> % | <input checked="" type="checkbox"/> WIC Offices | <u>5</u> % |
| <input checked="" type="checkbox"/> HeadStart | <u>10</u> % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): Mayor's Task Force on Health
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (25 occurrences at 1hour(s) each)
- Community Education Events: (5 occurrences at 4hour(s) each)
- Training/Workshop/Conference: (5 occurrences at 2hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify) drop-in individual meetings and small group nutrition education:
(10 occurrences at .25hour(s) each)

Key Educational Messages:

- | | |
|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input checked="" type="checkbox"/> Other (Specify): <u>Eating breakfast.</u> |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <u>1</u> Adult Education & Job Training Sites | _____Libraries |
| _____Adult Rehabilitation Centers | _____Other Youth Education Sites (includes Parks and Recreation) |
| _____CalFresh Offices | <u>2</u> Public/Community Health Centers (includes Public Health Departments) |
| _____Churches | _____Public Housing |
| _____Community Centers | _____Schools – students (Preschool) |
| _____Elderly Service Centers | <u>2</u> Schools – students (K-12) |
| _____Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____Schools – students (Afterschool Program) |
| _____Extension Offices | <u>2</u> Schools – Parents |
| <u>1</u> Farmers Markets | <u>2</u> Shelters/Temporary Housing |
| _____Food Stores | <u>1</u> WIC Programs |
| <u>7</u> Head Start Programs | _____Worksites |
| _____Individual Homes | Other (specify): _____ |

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 4500

Narrative (max. 200 words)

The City of Berkeley Department of Health Services will address the striking health inequities based on race/ethnicity and socioeconomic status that are present in the health of Berkeley residents. SNAP-Ed messages on increasing fruit and vegetable consumption, improving knowledge and skills around healthy eating, and promoting physical activity will be reinforced through strategies that reach a broad spectrum of the SNAP-eligible populations. The majority of the activities will be conducted at Head Start sites, a middle school (Longfellow Arts and Technology), an alternative high school (Berkeley Technology Academy), and proxy sites such as transitional housing/shelters and the Black Infant Health Program. Activities include: 1) nutrition education workshops for staff, youth, and parents/caregivers; 2) peer education training for youth; 3) nutrition education at community venues such as ethnic/cultural events, farmers' markets, organized neighborhood gatherings, and school events; 4) demonstrations and education to parents and community members. Educational activities are provided through programs at SNAP-eligible locations, such as summer recreation and literacy programs for youth, job training programs, and community clinics.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

We have not modified our methods/strategies

Improving cultural relevancy

Enhancing/updating existing strategies

Utilizing research/program tool

Changing audience participation

Adding new partners

Other (specify): _____

Other (specify): _____

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Process methods, including attendance, amount of time of the nutrition education, and the specific activities performed will be collected for all nutrition education activities. Focus groups with Head Start parents/caregivers and staff will be conducted for program planning purposes and to better meet their needs. The nutrition educator, community health workers, and program coordinator will administer participant surveys measuring knowledge and skill improvement in the nutrition education topics, as well as changes in behavior related to increased fruit and vegetable consumption and physical activity on an individual basis and as perceived in participants' families and/or among their peers.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change
or the factors that directly influence behavior change primarily focusing on consumption of
fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

The program participates in the Bay Area Nutrition and Physical Activity Collaborative and collaborates with local projects including the Alameda County UC Cooperative Extension, Alameda County Public Health Department, Berkeley Unified School District, Ecology Center, Berkeley-Albany YMCA Early Childhood Services, and the regional Children's Power Play to ensure consistent education messaging. The Mayor's Task Force on Health receives reports on citywide coordination efforts.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Farmers Markets	Derby Farmers Market	2701 Martin Luther King Jr Way	Berkeley	94704	60014235001	All Races	51.30%	
Head Start Programs	6th Street	1450 6th St	Berkeley	94710	6001422100	--	--	Proxy
Head Start Programs	Emery Marina Center	4727 San Pablo Ave	Emeryville	94608	6001425100	--	--	Proxy
Head Start Programs	Oceanview	1422 San Pablo Ave	Berkeley	94710	6001421900	--	--	Proxy
Head Start Programs	Sacramento	3155 Sacramento St	Berkeley	94702	6001424001	--	--	Proxy
Head Start Programs	South YMCA	2901 California St	Berkeley	94703	6001423400	--	--	Proxy
Head Start Programs	Vera Casey	2246 Martin Luther King Jr Way	Berkeley	94704	6001423000	--	--	Proxy
Head Start Programs	West Berkeley YMCA	2009 10th St	Berkeley	94710	6001423200	--	--	Proxy
Public/Community Health Centers/WIC	Black Infant Health Program	1645 Oregon St	Berkeley	94703	6001423400	--	--	Proxy
Shelters	Berkeley Food and Housing Project - Harrison House	711 Harrison St	Berkeley	94710	6001422000	--	--	Proxy
Shelters	Berkeley Food and Housing Project - Women's Shelter	2140 Dwight Way	Berkeley	94704	6001423500	--	--	Proxy

WIC Programs	WIC Clinic	830 University Ave	Berkeley	94710	6001422000	--	--	Proxy
--------------	------------	--------------------	----------	-------	------------	----	----	-------

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Longfellow Arts and Technology Middle (S)(P)	Berkeley Unified School District	1611436090294	45.30%	10.43%	55.70%
Berkeley Technology Academy (S)(P)	Berkeley Unified School District	1611430134924 (School Food Services Data, January 2010)	45.26%	10.43%	55.69%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Alameda County Public Health Nutrition Services	Be Sugar Savvy	Curriculum: posters, handouts, lesson plan, etc. @ http://www.acphd.org/nutritionservices/resources.htm	English/Spanish
Alameda County Public Health Nutrition Services	Rethink Your Drink	Offers practical advice for cutting calories by making healthier drink choices.	English
Alameda County Public Health Nutrition Services	The 3 P's of Eating Healthy on a Budget	Tips and tools on how to plan, purchase, and prepare healthy meals on a budget.	English
California Dept of Public Health	Children's Power Play! Community Youth Organization Idea and Resource Kit	<i>Network for a Healthy California</i> – Designed for use in out-of-school settings, this Kit includes educational activities and physically active games focused on fruits and vegetables and physical activity.	English/Spanish
California Dept of Public Health	Harvest of the Month www.harvestofthemonth.com	<i>Network for a Healthy California</i> developed and approved materials offering the latest science-based nutrition and physical activity recommendations.	English/Spanish
California Project LEAN	Jump Start Teens	Plans and curricula that will educate and encourage students to eat healthy, keep moving, and take action.	English

Source	Title	Description	Languages
Comprehensive Health Education Foundation	F.U.E.L.	The FUEL series, which makes childhood obesity relevant and compelling by focusing on kids talking to kids about making healthy choices.	English
Dairy Council of California	Deal Me In!	This extended day nutrition education and physical activity program introduces and reinforces healthy eating and physical activity in a fun and engaging way. This program is designed for Grades K-6.	English
National Institute of Child Health and Human Development	Media Smart Youth	Interactive after-school education program for young people ages 11-13 designed to help teach them about media and how it can affect their health – especially in areas of nutrition and physical activity.	English
North Carolina State University	Color Me Healthy	Manual and other materials to help improve healthy eating and physical activity environments for adolescents in low income communities and communities of color.	English
UC Cooperative Extension	Reading Across My Pyramid	A Nutrition Curriculum for Kindergarten to Third Grade Youth.	English
USDA and USDHHS	The Power of Choice	Guide for adult leaders working with youth to help them understand how their decisions about eating and physical activity affect their health now and in the future.	English
USDA Materials	Eat Smart, Play Hard	Designed for parents and caregivers to provide information to help you eat better, be more physically active and be a role model for your kids.	English/Spanish
USDA Materials	Empowering Youth	A manual for use in after-school programs and classrooms with youth 11-18 years old. It contains current nutrition and physical activity information to enhance leader knowledge and fun, hands-on activities that teach nutrition concepts.	English
USDA Materials	My Pyramid for Kids	Educational materials developed at the elementary school level to help children learn the <i>MyPyramid</i> food guidance system.	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

BUDGET COVER SHEET
FFY 2012

Organization: Berkeley, City of Department of Health Services				
Contract Number: 10-10077				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 88,462.00	\$ 100,659.00	\$ 12,197.00	13.79%
Fringe Benefits	\$ 48,654.00	\$ 55,363.00	\$ 6,709.00	13.79%
Operating	\$ 1,800.00	\$ 1,372.00	\$ (428.00)	-23.78%
Equipment & Other Capital	\$ -	\$ -	\$ -	
Travel	\$ 1,000.00	\$ 751.00	\$ (249.00)	-24.90%
Subcontractors	\$ -	\$ -	\$ -	
Other Costs	\$ 2,179.00	\$ 3,950.00	\$ 1,771.00	81.28%
Indirect Costs			\$ -	
Total Federal Share	\$ 142,095.00	\$ 162,095.00	\$ 20,000.00	14.08%
Explanation of Federal Share Percentage Difference:				
\$20,000 additional to Federal Share to conduct Communities of Excellence (CX3) activities in FFY 2012				
<i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i>				
Personnel increase due to increase in Salaries.				
Fringe increase due to increase in salaries and corresponding increase in total fringe benefits costs.				
Operating decrease due to reduction in average monthly charges.				
Travel increase due to removal of the Annual Network Conference registration fee.				
Other increase due to increased cost for supplies.				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Berkeley, City of Department of Health Services
 Contract # 10-10077

A. PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1	Name: Kate Clayton Title: Program Director (Health Services Supervisor)	\$ 115,164	0.1000	9.00%	1.00%	\$ 11,516	\$ 11,516
2	Name: Kathrine Brown Title: Program Coordinator (Health Services Program Specialist)	\$ 83,880	0.1000	10.00%		\$ 8,388	\$ 8,388
3	Name: Margarita (Maria) Guerrero Title: Nutrition Educator and Translator (Community Health Worker)	\$ 64,992	0.5500		55.00%	\$ 35,746	\$ 35,746
4	Name: Vicky Breckwich-Vasquez Title: Senior Health Services Program Specialist	\$ 100,008	0.1000	5.00%	5.00%	\$ 10,001	\$ 10,001
5	Name: Janet Cusick Title: Nutrition Educator/Public Health Nurse	\$ 100,128	0.2000		20.00%	\$ 20,026	\$ 20,026
6	Name: TBD Title: Community Liason /student interns	\$ 33,294	0.4500		45.00%	\$ 14,982	\$ 14,982
TOTAL FEDERAL SHARE		\$ 497,466	1.5000	24.00%	126.00%	\$ 100,659	\$ 100,659
<p>All personnel salaries for staff listed on the Federal Share Budget Justifications are actual salaries based on the civil service classification pay scales negotiated during collective bargaining between the City of Berkeley and the 3 unions representing the staff. Salaries include step increases for the first 5 years of employment and annual COLA's negotiated in union contracts.</p>							
FEDERAL POSITION DESCRIPTIONS:							
Administrator and Contract Manager (Health Services Supervisor): FS4		Manages the nutrition education contract including budgets, invoices, local share documentation reports, time studies, fiscal reporting and adherence to funding requirements. Prepares Budget Adjustment Requests (BAR) as necessary.					
Community Liason / Student Interns: FS6		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with community based organizations to increase the reach of nutrition education interventions to SNAP-Ed eligibles.					
Nurse/Nurse Supervisor/Nurse Aide RN: FS5		Provides nutrition and physical activity promotion to students enrolled in nutrition education programs and their families. Supports nutrition education goals through interventions; local, regional, and statewide collaboration and interventions. (This does not include any medical nutrition therapy).					
Nutritionist/Nutrition Educator/Nutrition Aide: FS3		Provides nutrition education to the SNAP eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking systems.					
Program Director: FS1		Administer the nutrition education contract and budget, supervise nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.					
Program Coordinator : FS2		Conduct nutrition education program planning and development. Coordinate program staff and nutrition education activities; plan and follow through on nutrition education and educational events at health fairs, schools, and other promotional activities; work with schools, churches, public housing, and community organizations in planning and promoting good health through dissemination of nutrition education materials; to promote existing and/or to develop new physical activities integrated into nutrition education; and expand our existing community nutrition education program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.					

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Berkeley, City of Department of Health Services
 Contract # 10-10077

										Federal Share Total Dollars	Total Dollars	
B.	FRINGE BENEFITS:											
	Federal Share:	Includes payroll taxes and medical/dental benefits at 55% of salaries and fringe benefits. \$100,659 X 55%						\$55,362			\$55,362	\$55,362
									SUBTOTAL:	\$55,362	\$55,363	
									Salaries & Fringe Benefits:	\$ 156,023	\$ 156,023	
C.	OPERATING EXPENSES:											
	Federal Share:	CM will obtain a printing waiver from the Office of State Printing for all printing costs										
		1. Office Supplies charging less than average costs of \$100/month for 1.5 FTE Staff. Charging approx. \$72.67 per month x 12 months = \$87.									\$ 872	\$ 872
		2. Duplication/printing of flyers, brochures and training materials. Charging less than average actual costs of \$100/month. Charging approx. \$41.66 per month x 12 months = \$500									\$ 500	\$ 500
									SUBTOTAL:	\$ 1,372	\$ 1,372	
D.	EQUIPMENT EXPENSES:											
	Federal Share:	None										
									SUBTOTAL:	\$ -	\$ -	
E.	TRAVEL AND PER DIEM:											
	Federal Share:	Only Network sponsored trainings, travel, and per diem will be billed to this grant. Approx. 602 miles @ \$0.555 cents/mile Katherine Brown, Program Coordinator, Margarita Guerrero, Nutrition Educator, and Janet Cusick, Nutrition Educato									\$ 334	\$ 334
		Annual Network Conference. 2 staff, Program Coordinator and Nutrition Educator.									\$ 417	\$ 417
		Mileage - 142 miles x \$0.555/mi. = \$79; Per Diem - 2days x \$40/day x 2 staff = \$160; Hotel - \$84 + tax = \$89/night x 2 staff = \$178										
									SUBTOTAL:	\$ 751	\$ 751	
F.	SUBCONTRACTORS:											
	Federal Share:	None										
									SUBTOTAL:	\$ -	\$ -	
G.	OTHER COSTS:											
	Federal Share:	1. Food for demonstrations, cooking classes, taste tests @ approx. \$2.00 per person x 1000 participants									\$ 2,000	\$ 2,000
		2. Administrative or educational materials that are required for delivery of critical program services for 750 people at approximately \$2.60 per person = \$1,950									\$ 1,950	\$ 1,950
									SUBTOTAL:	\$ 3,950	\$ 3,950	
H.	INDIRECT COSTS:											
	Federal Share:	No indirect costs are being charged to the federal share at this time										
									SUBTOTAL:	\$ -	\$ -	
									TOTALS:	\$ 497,466	1.5000 0.00% 126.00% \$ 162,095 \$ 162,095	

**Network for a Healthy California
QUARTERLY TIME STUDY REQUEST FORM**

Return this form to your *Network Contract Manager* by fax or mail

Date: 7/29/11 Contract #: 10-10077

Contractor Name: City of Berkeley Health and Human Services

Contract Term: 10/1/10-9/30/13

Project Coordinator: Katherine Brown Phone: 510-981-5289

- 1) Fill in the chart below. Indicate the month of each quarter you plan to sample for each year of your contract term. Please use the following guidelines when selecting the sampling months:
- The same month cannot be used each quarter. For example, the first month of each quarter cannot be used. Instead, the sample month should vary each quarter (e.g., the 1st month of 1st Qtr, 2nd month of 2nd Qtr, 3rd month of 3rd Qtr and 1st month of 4th Qtr would be acceptable if the months represent the quarters in which they fall.)
 - The sampling months should vary from year to year.
 - The month used for each quarter must be a valid representation of the entire quarter. Where this is not possible, you may opt to use a weekly time log for that quarter. In this case, write "weekly time log" in the box for that quarter.

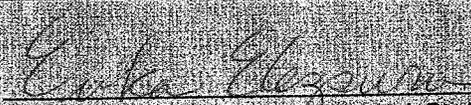
Quarter	Year 1 (2010 - 2011)	Year 2 (2011 - 2012)	Year 3 (2012 - 2013)
Qtr1 (Oct-Dec)	November	December	October
Qtr2 (Jan-Mar)	March	January	February
Qtr3 (Apr-June)	April	May	June
Qtr4 (July-Sept)	August	September	July

- 2) Please attach a list of the names and titles of staff members who will use the time study. Personnel listed should have fairly evenly distributed activities across the quarters you will sample. (Note: these names and titles should correspond with your budget justification.)

 For KATHERINE BROWN
Signature of Project Coordinator
KATE CLAYTON

7/29/11
Date

Approved by:


Signature of Authorized Network Staff 8/1/11
Date

**List of personnel utilizing quarterly time study form
City of Berkeley Health and Human Services Department
Contract # 10-10077**

- 1. Kate Clayton – Health Services Supervisor**
- 2. Katherine Brown- Health Services Program Specialist –Project Coordinator**
- 3. Janet Cusick- Public Health Nurse**
- 4. Margarita Guerrero – Community Health Worker Specialist**

Project Coordinator Name: _____

Contractor Name: _____ City of Berkeley Health and Human Services
Contract #: _____ 10-10077
Month/Year: _____ October, 2011

NETWORK QUARTERLY TIME STUDY Bi-Weekly Period Weeks 1-2

Employee Name:		Employee #:					Title:					Phone #:		Due Date:			
Allowable Categories (See page 2 for Allowable Activities)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		TOTAL
Child/Student Nutrition Education in a Classroom Setting																	0.00
Child/Student Nutrition Education Outside a Classroom Setting, (as a component of a structured program)																	0.00
Adult Nutrition Education In Classroom, Group, or Individual Settings																	0.00
Nutrition Education at Special Events																	0.00
Physical Activity Promotion (as a component of a broader nutrition education intervention)																	0.00
Nutrition Education Project Evaluation																	0.00
Nutrition Promotion Activities																	0.00
Staff Training/Professional Development																	0.00
Administrative Tasks Related to the Network Contract																	0.00
Other activities (please list--see page 2 for additional space)																	0.00
Paid Time Off (List (v) for vacation, (s) for sick leave, (h) for holiday time, or (o) for other paid time off next to the hours)																	0.00
TOTAL HOURS	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

INSTRUCTIONS:

1. Enter the amount of time spent performing each type of activity in the column for that day. (Note: Study must be completed on a daily basis for the entire study month. In addition, documented time must be from the Allowable Activities listed on page 2 of this form.)
2. Paid time off (e.g., vacation, sick leave, holiday time, etc.) should be recorded as the actual paid vacation, paid sick time or paid holiday time earned per the organization's policies. These types of earnings must be prorated by the FTE budgeted in the contract -e.g., if a .50FTE employee takes a week vacation, that employee would record 4 hours of vacation time per day on the time study for that week (.50FTE x 40 hours/5 days).
3. Record all of your time in 15 minute increments, using decimals to record partial-hour increments (i.e., .25, .50, and .75).
4. At the end of each day, total each column in the "TOTAL HOURS" box at the bottom of the column.
5. At the end of the 2 weeks, total all boxes in each row and record the sum in the "TOTAL" column at the right margin. Then total the amounts in the right-hand column and record the sum in the box at the bottom-right corner. (Note: The sum of the far-right column must equal the sum of the bottom row.)
6. Sign and date your time study, and give it to your supervisor for signature.

Employee Signature (required)* _____ **Date** _____

Supervisor/Designee (required)* _____ **Date** _____

* I certify that documented time above is from Allowable Activities listed on page 2 of this form.

Project Coordinator Name: _____

Contractor Name: _____ City of Berkeley Health and Human Services
Contract #: _____ 10-10077
Month/Year: _____ October, 2011

NETWORK QUARTERLY TIME STUDY Bi-Weekly Period Weeks 3-4

Employee Name:		Employee #:					Title:					Phone #:		Due Date:			
Allowable Categories (See page 2 for Allowable Activities)	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	TOTAL
Child/Student Nutrition Education in a Classroom Setting																	0.00
Child/Student Nutrition Education Outside a Classroom Setting, (as a component of a structured program)																	0.00
Adult Nutrition Education In Classroom, Group, or Individual Settings																	0.00
Nutrition Education at Special Events																	0.00
Physical Activity Promotion (as a component of a broader nutrition education intervention)																	0.00
Nutrition Education Project Evaluation																	0.00
Nutrition Promotion Activities																	0.00
Staff Training/Professional Development																	0.00
Administrative Tasks Related to the Network Contract																	0.00
Other activities (please list--see page 2 for additional space)																	0.00
Paid Time Off (List (v) for vacation, (s) for sick leave, (h) for holiday time, or (o) for other paid time off next to the hours)																	0.00
TOTAL HOURS	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

INSTRUCTIONS:

1. Enter the amount of time spent performing each type of activity in the column for that day. (Note: Study must be completed on a daily basis for the entire study month. In addition, documented time must be from the Allowable Activities listed on page 2 of this form.)
2. Paid time off (e.g., vacation, sick leave, holiday time, etc.) should be recorded as the actual paid vacation, paid sick time or paid holiday time earned per the organization's policies. These types of earnings must be prorated by the FTE budgeted in the contract -e.g., if a .50FTE employee takes a week vacation, that employee would record 4 hours of vacation time per day on the time study for that week (.50FTE x 40 hours/5 days).
3. Record all of your time in 15 minute increments, using decimals to record partial-hour increments (i.e., .25, .50, and .75).
4. At the end of each day, total each column in the "TOTAL HOURS" box at the bottom of the column.
5. At the end of the 2 weeks, total all boxes in each row and record the sum in the "TOTAL" column at the right margin. Then total the amounts in the right-hand column and record the sum in the box at the bottom-right corner. (Note: The sum of the far-right column must equal the sum of the bottom row.)
6. Sign and date your time study, and give it to your supervisor for signature.

Employee Signature (required)* _____ **Date** _____

Supervisor/Designee (required)* _____ **Date** _____

* I certify that documented time above is from Allowable Activities listed on page 2 of this form.

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Contra Costa Health Services
Program Area: Local Incentive Awardee:
Contract Number: 11-10224

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 20% Female 80%

Ethnicity:

- African American 30%
- Asian 2%
- Caucasian 11%
- Latino 35%
- Native American 5%
- Pacific Islander 1%
- Other (specify) Multiracial: 16%

Languages:

- | | |
|--------------------------------------------------------|--------------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>45%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>55%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old _____%
- 5 to 8 2%
- 9 to 11 5%
- 12 to 17 5%
- 18 to 59 85%
- 60 years old and over 3%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): Head Start/Early Start (100% equal to or less than 185% FPL)
- Other (Specify): Qualifying site survey (95 - 100% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|-------------|----------------------------------------------------------------|-------------|
| <input checked="" type="checkbox"/> CalFresh Offices | <u>5</u> % | <input checked="" type="checkbox"/> Shelters/Temporary Housing | <u>15</u> % |
| <input type="checkbox"/> Food Banks | _____% | <input type="checkbox"/> Soup Kitchens | _____% |
| <input type="checkbox"/> Food Pantries | _____% | <input checked="" type="checkbox"/> TANF Job Readiness Program | <u>2</u> % |
| <input type="checkbox"/> Public Housing | _____% | <input checked="" type="checkbox"/> WIC Offices | <u>20</u> % |
| <input checked="" type="checkbox"/> HeadStart | <u>10</u> % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): Families Coalition for Activity and Nutrition, Food and Nutrition Policy Consortium, Healthy and Active Before 5
- Internet/Web Sites-website address: cchealth.org
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (200 occurrences at 1 hour(s) each)
- Community Education Events: (8 occurrences at 10 hour(s) each)
- Training/Workshop/Conference: (5 occurrences at 4 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify)_____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <u>1</u> Adult Education & Job Training Sites | <u>5</u> Other Youth Education Sites (includes Parks and Recreation) |
| <u>5</u> Adult Rehabilitation Centers | <u>5</u> Public/Community Health Centers (includes Public Health Departments) |
| <u>6</u> CalFresh Offices | <u>1</u> Public Housing |
| <u>1</u> Churches | _____ Schools – students (Preschool) |
| <u>4</u> Community Centers | _____ Schools – students (K-12) |
| <u>1</u> Elderly Service Centers | _____ Schools – students (Afterschool Program) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | <u>42</u> Schools – Parents |
| _____ Extension Offices | <u>4</u> Shelters/Temporary Housing |
| <u>2</u> Farmers Markets | <u>4</u> WIC Programs |
| <u>2</u> Food Stores | _____ Worksites |
| <u>22</u> Head Start Programs | Other (specify): <u>3</u> First 5 Centers |
| _____ Individual Homes | Other (specify): <u>6</u> Community Based Organizations |
| _____ Libraries | |

Other (specify): 5 Preschools or Daycares
Other (specify): 2 TANF Job Readiness Prog
*K-12 schools that target students not indicated above, but listed in FRMP table as the number and location of interventions for the year is unknown

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 6,100

Narrative (max. 200 words)

Contra Costa Health Services' (CCHS) nutrition education for SNAP-eligible populations includes services in health care, retail and community settings. CCHS' public health and health care personnel incorporate nutrition and physical activity messages into routine encounters with eligible clients. CCHS' public health center providers reach individuals with nutrition and physical activity messages and goal-setting using motivational interviewing. CCHS helps students, parents, agency staff and food retailers identify healthy food and physical activity choices and make positive changes.

The project delivers nutrition education through skill-based workshops in English/Spanish at First Five Centers for parents, faith institutions, community-based organizations, schools and others; places materials, posters, and resources in the community; reaches people through events and media outlets; and reinforces the Champions for Change message in coordination with State efforts. CCHS meets annually with the County's other USDA-funded projects to coordinate programs and messages. LIA staff also coordinates efforts with the West County Healthy Eating Active Living Project to improve the health of low- income communities.

CCHS provides leadership in Contra Costa's three nutrition coalitions: Families Coalition for Activity and Nutrition; Food and Nutrition Policy Consortium; and Healthy and Active Before 5.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

The main indicators of implementation or performance that we will use include:

- 1) documents completed and submitted to Network;
- 2) copies of agendas;
- 3) records of participation;
- 4) activity tracking forms;
- 5) attendance logs;
- 6) meeting summaries;
- 7) education curricula on file;
- 8) impact outcome evaluation

3. EVALUATION PLANS

Depending on results from 2010/11 impact evaluation, CCHS will refine the 2010/11 evaluation plan in collaboration with *Network* Evaluation Staff to either:

- a. include a process component in the impact evaluation, or
- b. incorporate a comparison group into the impact evaluation.

The evaluation will measure statistically significant increases in fruit and vegetable consumption and/or improvements in related factors, such as knowledge of physical activity and fruit and vegetable consumption recommendations, self-efficacy and/or norms in a sample of SNAP eligible adults who attend at least five nutrition education sessions. Measurements will include 75 matched pre-post tests.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Contra Costa Health Services (CCHS) works with First Five Contra Costa, Contra Costa Child Care Council, Cambridge Community Center, Center for Human Development and West County Healthy Eating Active Living Project to deliver nutrition education to SNAP-Ed-eligibles. First Five and the Child Care Council serve families with children 0-5 throughout the County. Cambridge Community Center targets low-income Spanish and English speaking heads of households in Central and East County, as does the Center for Human Development's Promotora program. The West County HEAL Project serves low-income residents in Richmond. CCHS coordinates closely with each of these partners to coordinate messages and maximize nutrition education resources.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
(TANF) Job Readiness Program	Opportunity Junction	3102 Delta Fair	Antioch	94509				Proxy
(TANF) Job Readiness Program	Richmond Build	360 South 27 th Street	Richmond	94804				Proxy
Adult Education & Job Training Site	Serra Adult Education	6028 Ralston Ave	Richmond	94805	06013362000	All Races	%	Source demographic and economic survey (100%)
Adult Rehabilitation Centers	Ujima West	3939 Bissell	Richmond	94805	06013381000	All Races	%	Source demographic and economic survey (100%)
Adult Rehabilitation Centers	Casa Ujima	908 Mellus	Martinez	94553	06013317000	All Races	%	Source demographic and economic survey (100%)
Adult Rehabilitation Centers	Ujima East	369 East Lealand Rd	Pittsburg	94565	06013313101	All Races	%	Source demographic and economic survey (100%)
Adult Rehabilitation Centers	Wollam House	510 Wollam	Pittsburg	94565	06013313201	All Races	%	Source demographic and economic survey (100%)

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Adult Rehabilitation Centers	New Connections	3024 Willow Pass Rd	Concord	94519	06013331000	All Races	%	Source demographic and economic survey (100%)
Cal Fresh Offices	East County CalFresh –Delta Fair	4545 Delta Fair Blvd	Antioch	94509				Proxy
Cal Fresh Offices	East County CalFresh- Sand Creek	151 Sand Creek Road	Brentwood	94513				Proxy
Cal Fresh Offices	Central County CalFresh- Ellinwood	400 Ellinwood Way	Pleasant Hill	94523				Proxy
Cal Fresh Offices	West County CalFresh-Linus Pauling	151 Linus Pauling Drive	Hercules	94547				Proxy
Cal Fresh Offices	West County CalFresh-Hall Ave	1275A Hall Ave	Richmond	94804				Proxy
Cal Fresh Offices	West County CalFresh- Macdonald	1305 Macdonald Ave	Richmond	94801				Proxy
Churches	Grace Evangelical Luthran Church	2369 Barrett Ave	Richmond	94804	6013375000	All Races	54.5%	
Community Center	Cambridge Community Center	1187 Meadow Lane	Concord	94520	6013336200	Black	55.8%	
Community Center	Project Focus Community Center	1169 23 rd St.	Richmond	94806	6013368000	Black	73.3%	
Community Center	Davis Park Community Center	1699 Folsom Ave	San Pablo	94806	6013368000	Black	73.3%	

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	Shields Reid Community Center	1410 Kelsey Street	Richmond	94801	6013365002	All Races	54.9%	
Community-Based Organizations	Neighborhood House of North Richmond	820 23 rd St	Richmond	94804	6013372000	All Races	%	Source demographic and economic survey (100%)
Community-Based Organizations	Opportunity West	598 Nevin Ave	Richmond	94801	6013377000	All Races	%	Source demographic and economic survey (100%)
Community-Based Organizations	Monument Community Partnership	1760 Clayton Rd	Concord	94520	6013336102	All Races	54.2%	
Community-Based Organizations	Morada De Mujeres Del Milenio	2301 Rumrill Blvd #26	San Pablo	94806	6013366002	All Races		Source demographic and economic survey (100%)
Community-Based Organizations	Weigh of Life	968 23 rd Street	Richmond	94801	6013372000	All Races	%	Source demographic and economic survey (100%)
Community-Based Organizations	EcoVillage	21 Laurel Lane	Richmond	94803	6013360200	All Races	%	Source demographic and economic survey (100%)
Elderly Service Centers	North Richmond Senior Center	515 Silver Ave	Richmond	94801	6013365002	All Races	54.9%	

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Farmers Market	Todos Santos Plaza	at Mt. Diablo and Willow Pass Rd	Concord	94520	6013328000	All Races	%	Source demographic and economic survey (100%)
Farmers Market	Pittsburg Farmers Market at Oldtown Plaza	Railroad Ave at 6 th Street	Pittsburg	94565	6013309000	Other	85.4%	
First 5 Center	Bay Point First 5 Center	3225 Willow Pass Rd	Bay Point	94565	6013314104	All Races	%	Source demographic and economic survey (100%)
First 5 Center	Monument Community First 5 Center	1736 Clayton Rd	Concord	94520	6013336102	Hispanic	54.2%	
First 5 Center	West County First 5 Center	2707 Dover Ave	San Pablo	94806	6013369001	All Races	%	Source demographic and economic survey (100%)
Food Stores	Discolandia Market	787 23 rd St	Richmond	94804	6013375000	All Races	54.5%	
Food Stores	Grocery Outlet	2079 23 rd Street	San Pablo	94806	6013368000	Black	73.3%	
Head Start Programs	LaVonia Allen Head Start	94 ½ Medanos Ave	Bay Point	94565				Proxy
Head Start Programs	Riverview Head Start	227 Pacifica Ave	Bay Point	94553				Proxy
Head Start Programs	Verde Head Start	2000 Giaramita Ave	Richmond	94801				Proxy

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Head Start Programs	Ambrose Head Start	3103 Willow Pass Rd	Bay Point	94565				Proxy
Head Start Programs	Bayo Vista Head Start	2 California St	Rodeo	94572				Proxy
Head Start Programs	Kid's Castle Head Start	55 Castlewood Dr	Pittsburg	94565				Proxy
Head Start Programs	Balboa Head Start	1001 So. 57 th St	Richmond	94804				Proxy
Head Start Programs	First Baptist Head Start	204 Odessa Ave	Pittsburg	94565				Proxy
Head Start Programs	Bella Monte Head Start	2420 Willow Pass Rd	Bay Point	94565				Proxy
Head Start Programs	Los Arboles Head Start	240 Las Dunas Ave	Oakley	94561				Proxy
Head Start Programs	Los Nogales Head Start	321 Orchard Dr	Brentwood	94513				Proxy
Head Start Programs	Marsh Creek Head Start	7251 Brentwood Blvd	Brentwood	94513				Proxy
Head Start Programs	Antioch Head Start	1203 W. 10 th Street	Antioch	94508				Proxy
Head Start Programs	George Miller Head Start	3068 Grant Street	Concord	94520				Proxy
Head Start Programs	Brookside Head Start	847 B Brookside Drive	Richmond	94801				Proxy
Head Start Programs	Contra Costa College Head Start	2600 Mission Bell Dr	San Pablo	94806				Proxy

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Head Start Programs	Crescent Park Head Start	5050 Hartnett Ave	Richmond	94804				Proxy
Head Start Programs	George Miller III Head Start	300 South 27 th Street	Richmond	94804				Proxy
Head Start Programs	Lake Head Start	2700 12 th Street	San Pablo	94806				Proxy
Head Start Programs	Las Deltas Head Start	135 West Grove	Richmond	94801				Proxy
Head Start Programs	San Pablo Head Start	2300 El Portal Drive Suite A	San Pablo	94806				Proxy
Head Start Programs	Concord Child Care	1360 Detroit Ave	Concord	94520				Poxy
Other Youth Education Sites	Marina Bay Park	1401 Marina Bay	Richmond	94804	6013380000	All Races		Source demographic and economic survey (100%)
Other Youth Education Sites	North Richmond Baseball Field	1918 3 rd Street	Richmond	94801	6013365002	All Races	54.9%	
Other Youth Education Sites	Richmond Peace Garden	410 1 st Street	Richmond	94801	6013376000	All Reces	59.5%	
Other Youth Education Sites	Stewart Park	503 3 rd Street	Richmond	94801	6013376000	All Races	59.5%	
Other Youth Education Sites	Communities United Restoring Mother Earth Garden (CURME)	1643 3 rd Street	Richmond	94801	6013365002	All Races	54.9%	

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Public/Community Health Centers	Richmond Health Center	100 38 th St	Richmond	94805	6013381000	All Races	%	Source demographic and economic survey (100%)
Public/Community Health Centers	Pittsburg Health Center	2311 Loveridge Rd	Pittsburg	94565	6013313102	All Races	%	Source demographic and economic survey (100%)
Public/Community Health Centers	Bay Point Health Center	215 Pacifica	Bay Point	94565	6013314200	All Races	%	Source demographic and economic survey (100%)
Public/Community Health Centers	Contra Costa Regional Medical Center	2500 Alhambra Ave	Martinez	94553	6013318000	All Races	%	Source demographic and economic survey (100%)
Public/Community Health Centers	North Richmond Center for Health	1501 3 rd Street	Richmond	94801	6013365002	All Races	54.9%	
Public Housing	Community Herritage Senior Appartments	1555 3 rd Street	Richmond	94801	6013365002	All Races	54.9%	
WIC Programs	Richmond WIC	100 38th Street	Richmond	94805				Proxy
WIC Programs	Pittsburg WIC	2311 Loveridge Rd	Pittsburg	94565				Proxy
WIC Programs	Concord WIC	2355 Stanwell Circle	Concord	94520				Proxy

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
WIC Programs	Contra Costa Regional Medical Center	2500 Alhambra Ave	Martinez	94553				Proxy
Shelter/Temporary Housing	Stand Against Domestic Violence	1410 Danzig	Concord	94520				Proxy
Shelter/Temporary Housing	Brookside Homeless Shelter	847 Brookside	Richmond	94801				Proxy
Shelter/Temporary Housing	Concord Homeless Shelter	2047 Arnold Industrial Way	Concord	94520				Proxy
Shelter/Temporary Housing	Bay Area Rescue Mission	200 Macdonald	Richmond	94801				Proxy
Preschools or Daycares (parents)	Cambridge Communtiy Center	1146 Lacey Lane	Concord	94520	6013336200	Black	55.8%	
Preschools or Daycares (parents)	Cambridge Community Center	1187 Meadow Lane	Concord	94520	6013336200	Black	55.8%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>			<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Antioch Middle(P)	Antioch Unified School	07-	61648	6057178	73.22%	11.35%	84.56%
Fremont Elementary(P)	Antioch Unified School	07-	61648	6003602	82.53%	8.91%	91.44%
Kimball Elementary(P)	Antioch Unified School	07-	61648	6003602	62.62%	13.28%	75.90%
Marsh Elementary(P)	Antioch Unified School	07-	61648	6003610	74.76%	12.62%	87.38%
Turner Elementary(P)	Antioch Unified School	07-	61648	6003636	63.46%	12.35%	75.81%
Rodeo Hills Elementary(P)	John Swett Unified	07-	61697	6003701	42.65%	10.93%	53.58%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>			<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Bel-Air Elementary(P)	Mt Diablo Unified	07-	61754	6003974	84.62%	7.95%	92.56%
Cambridge Elementary(P)	Mt Diablo Unified	07-	61754	6003982	86.43%	9.05%	95.48%
Meadow Homes Elementary (P)	Mt Diablo Unified	07-	61754	6004154	80.29%	10.19%	90.49%
Rio Vista Elementary(P)	Mt Diablo Unified	07-	61754	6096226	70.32%	15.82%	86.13%
Riverview Middle School(P)	Mt Diablo Unified	07-	61754	6004261	71.33%	13.87%	85.20%
Shore Acres Elementary(P)	Mt Diablo Unified	07-	61754	6004295	76.78%	11.61%	88.39%
Ygnacio Valley Elementary (P)	Mt Diablo Unified	07	61754	6004410	67.85%	12.10%	79.96%
Heights Elementary (P)	Pittsburg Unified	07-	61788	6004527	64.18%	19.33%	83.51%
Highlands Elementary (P)	Pittsburg Unified	07-	61788	6004535	61.01%	13.99%	75.00%
Los Medanos Elementary (P)	Pittsburg Unified	07-	61788	6004543	67.28%	15.67%	82.95%
Marina Vista Elementary(P)	Pittsburg Unified	07	61788	0116863	76.91%	13.14%	90.05%
Parkside Elementary(P)	Pittsburg Unified	07-	61788	6004568	74.52%	15.77%	90.29%
Stoneman Elementary(P)	Pittsburg Unified	07-	61788	6109383	64.96%	19.01%	83.97%
Willow Cove(P)	Pittsburg Unified	07-	61788	6004576	71.82%	13.48%	85.30%
Bayview Elementary(P)	West Contra Costa Unified	07-	61796	6004600	71.68%	18.83%	90.50%
Cesar E. Chavez Elementary(P)	West Contra Costa Unified	07-	61796	6114094	70.52%	29.48%	100.00%
Coronado Elementary(P)	West Contra Costa Unified	07-	61796	6004667	84.47%	8.68%	93.15%
Dover Elementary(P)	West Contra Costa Unified	07-	61796	6004691	63.12%	36.88%	100.00%
Edward M. Downer(P)	West Contra Costa Unified	07-	61796	6057210	80.58%	19.42%	100.00%
Ford Elementary(P)	West Contra Costa Unified	07-	61796	6004766	74.20%	18.09%	92.29%
Grant Elementary(P) (P)	West Contra Costa Unified	07-	61796	0735902	71.45%	15.90%	87.35%
Helms Middle(P)	West Contra Costa Unified	07-	61796	6057228	72.91%	12.93%	85.85%
King Elementary(P)	West Contra Costa Unified	07	61796	6004915	62.95%	37.05%	100.00%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>			<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Lake Elementary(P)	West Contra Costa Unified	07	61796	6004824	71.87%	19.12%	90.99%
Lavonya DeJean Middle(P)	West Contra Costa Unified	07-	61796	6120885	73.37%	9.98%	83.36%
Lincoln Elementary(P)	West Contra Costa Unified	07-	61796	6004832	85.19%	9.95%	95.14%
Montalvin Mannor Elementary(P)	West Contra Costa Unified	07-	61796	6004865	63.81%	36.19%	100.00%
Nystrom Elementary(P)	West Contra Costa Unified	07	61796	6004881	70.00%	30.00%	100.00%
Peres Elementary(P)	West Contra Costa Unified	07-	61796	6004907	85.83%	14.17%	100.00%
Richmond High School(P)	West Contra Costa Unified	07-	61796	0735902	61.30%	11.83%	73.14%
Riverside Elementary(P)	West Contra Costa Unified	07-	61796	6004931	69.50%	16.31%	85.82%
Stege Elementary(P)	West Contra Costa Unified	07	61796	6004972	63.20%	36.80%	100.00%
Verde Elementary(P)	West Contra Costa Unified	07-	61796	6005011	86.27%	13.73%	100.00%
Wilson Elementary(P)	West Contra Costa Unified	07-	61796	6005045	67.33%	13.61%	80.94%
Tara Hills Elementary(P)	West Contra Costa Unified	07-	61796	6004998	45.20%	24.86%	70.06%
Washington Elementary(P)	West Contra Costa Unified	07-	61796	6005037	55.16%	14.07%	69.23%
Bidwell Kid's Club 800 Gary Ave Antioch 94509	Preschools or Daycares (parents)	6013306001		Cacfp 4/10	77.19%	14.91%	92.10%
Martinez Early Childhood Center 615 Arch Street Martinez 94553	Preschools or Daycares (parents)	6013318000		Cacfp 4/10	75.00%	10.22%	85.22%
Happy Brown Bear Preschool 2225 Gaynor Ave Richmond 94804	Preschools or Daycares (parents)	6013373000		Cacfp 4/10	81.58%	15.79%	97.37%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

** K-12 schools listed in FRMP table may be Parents (P) and/or School (S) as the interventions for the year are unknown.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Alameda County Public Health Department of Nutrition	Healthy Eating For Life	Nutrition curricula that promotes healthy eating/healthy lifestyle –adults	English/Spanish
American Cancer Society	Eat Smart with Fruits and Vegetables booklet	Booklet promoting fruit and vegetable consumption for adults	English/Spanish
American Heart Association	How to Read the New Food Label Brochure	Brochure that shows individuals how to read food labels –adults	English/Spanish
California African American Campaign	Soulful Recipes	Various Network approved recipes that promote fruit and vegetable consumption. Adults	English
California African American Campaign	Recipe Cards	Various Network approved recipes that promote fruit and vegetable consumption that are culturally appropriate (one recipe per card). Adult	English
California Latino	Healthy Latino Recipes Cookbook	Various Network approved recipes that promote fruit and vegetable consumption. Adults	English/Spanish
California Power Play!	Kids Get Cooking Cookbook	Various Network approved recipes for kids aged 5-18	English/Spanish
California Power Play!	Healthy Kids brochure	Brochure that gives tips on being healthy for kids ages 5-18	English/Spanish
California Power Play!	Community Youth Organization Resource Kit	Information gives tips on being healthy. Activities focus on fruits and vegetables and physical activity. For kids 9-11	English
California Power Play!	School Idea and Resource Kit	Information for schools on keeping kids healthy. Activities focus on fruits and vegetables and physical activity. For kids 9-11	English
Can Fit	P.A. Pyramid for ASP	Physical Activity pyramid for children ages 9-18. Provides physical activity ideas.	English

Source	Title	Description	Languages
Catch Kids Club	Nutrition Manual	A physical activity and nutrition ed program designed for school aged children grades 3-5. Has nutrition ed materials and PA component. Kids ages 8-11.	English
Catch Kids Club	Activity/Games	Physical activity games that promotes being healthy/physical activity. Kids ages 5-11	English
Contractor Developed	Promotora Workshops (Nuevos Niños Nuevas Familias)	Network approved nutrition education workshops that promote fruit and vegetable consumption, healthy breakfast ideas, menu planning, label reading and physical activity recommendations. Promotes food stamps. For Adults.	Spanish
Dairy Council of California	Activity and Eating Brochure	Brochure that promotes healthy eating and physical activity. For adults.	English/Spanish
Dairy Council of California	Making Meals Matter brochure	Promotes healthy eating and consumption of fruits and vegetables. Targets adults	English/Spanish
Dairy Council of California	Deal Me In	Promotes healthy eating and consumption of fruits and vegetables via card game. Targets kids 5-18	English/Spanish
Food and Health Communications	Examine the Facts	Flyer about label reading that promotes healthy eating and consumption of fruits and vegetables. Targets adults	English
Food Bank of Contra Costa & Solano Counties and Pacific Coast Farmers Market	Contra Costa Farmers Market Brochure	Provides farmers markets' location and hours of operation and identifies those that accespt food stamps (EBT-electronic benefit transfer). For adults.	English/Spanish
Harvest of the Month	Harvest of the Month monthly elements	Curriculum that promotes consumption of fruits and vegetables. Targets adults and children K-6 th grade.	English/Spanish
National Cancer Institute	Traditional Foods Can Be Healthy	Native American ideas on incorporating traditional foods and eating healthy foods. Adults	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
San Mateo Dept of Health Services Nutrition	Prime Time Shopping List	List that promotes choosing healthy options in the different grocery store areas. Targets adults	English
USDA materials	Eat Right When Money's Tight	Shows people they can eat healthy on a budget and promotes food stamp/CalFresh. Targets adults	English/Spanish
USDA materials	Eat Smart Play Hard brochures	Promotes healthy eating and physical activity/consumption of fruits and vegetables. Targets adults	English/Spanish
USDA materials	Everyday Healthy Meals	Network recipes that promotes the consumption of fruits and vegetables. Targets adults	English/Spanish
USDA materials	Fruits and Vegetables	Brochure that promotes the consumption of fruits and vegetables. Targets adults	English/Spanish
USDA materials	How Many Cups of Fruits and Vegetables Do I Need?	Brochure/slide guide that shows the portions sizes to encourage the consumption of fruits and vegetables. Targets adults	English/Spanish
USDA materials	Loving Your Family, Feeding Their Future Booklets	Booklet that promotes the consumption of fruits and vegetables/healthy lifestyle. Targets adults	English/Spanish
USDA materials	MyPyramid	Information that informs individuals about eating a healthy diet. Targets adults	English/Spanish
USDA materials	Parents Get Straight A's With A Healthy Breakfast	Guide for parents that promotes the consumption of fruits and vegetables/healthy foods. Targets adults	English/Spanish
USDA materials	Physical Activity: For Your Health	Brochure that promotes physical activity in connection with a healthy lifestyle. Targets adults	English/Spanish
Network materials	Shape of Yoga	Booklet that demonstrates yoga and promotes fruits and vegetables for a healthy lifestyle. Targets adults	English/Spanish
WIC materials	Feel the Love, Feel the Power Brochure	Brochure for parents that promotes fruits and vegetables and decreasing sugared beverages. Targets adults.	English/Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
WIC materials	Parents Have the Power! Flyer	Flyer for parents that encourages parents to serve more water instead of beverages with added sugars. Targets adults	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
NA		

BUDGET COVER SHEET
FFY 2012

Organization: Contra Costa County Health Services Department				
Contract Number: 11-10224				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 277,750	\$ 316,844	\$ 39,094.23	14.08%
Fringe Benefits	\$ 166,650	\$ 160,640	\$ (6,009.98)	-3.61%
Operating	\$ 50,756	\$ 32,730	\$ (18,026.00)	-35.52%
Equipment & Other Capital	\$ -	\$ -	\$ -	0.00%
Travel	\$ 11,619	\$ 6,242	\$ (5,377.00)	-46.28%
Subcontractors	\$ 39,466	\$ 39,466	\$ -	0.00%
Other Costs	\$ 9,460	\$ 6,733	\$ (2,727.50)	-28.83%
Indirect Costs	\$ 69,296	\$ 62,342	\$ (6,953.88)	-10.04%
Total Federal Share	\$ 624,997	\$ 624,997	\$ -	0.00%
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
Explanation for +/- 5% difference:				
Personnel: An increase in the Personnel line item results from an increase in staff.				
Operating Expenses: Printing costs will decrease in FFY 12				
Travel: Attended Obesity Conf. in FFY 11, conference not occurring in FFY12				
Other Costs: Removal of Harvest of the Month materials and membership dues.				
Indirect Costs: Decrease in indirect costs reflects the decrease in indirect rate.				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

A PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1	Name: Tracey Rattray Title: Administrator/Director of Programs	\$ 88,692	0.0800	8.0%		\$ 7,095	\$	7,095		
2	Name: To Be Determined Title: Project Coordinator	\$ 62,479	0.6500	65.00%		\$ 40,611	\$	40,611		
3	Name: Faye Ny Title: Contract Manager	\$ 70,890	0.51000	51.000%		\$ 36,154	\$	36,154		
4	Name: Maria Ortiz-Padilla Title: Nutritionist/Nutrition Educator	\$ 68,223	0.92000		92.0%	\$ 62,765	\$	62,765		
5	Name: Denise Milosevich Title: Health Educator	\$ 68,223	0.35000		35.0%	\$ 23,878	\$	23,878		
6	Name: Gwenn White Title: Nutritionist/Nutrition Educator	\$ 48,916	0.9500		95.0%	\$ 46,470	\$	46,470		
7	Name: To Be Determined Title: Community Outreach Workers (2 CHWs x \$41,584 x .9000096 FTE)	\$ 83,168	1.8000		180.0%	\$ 74,852	\$	74,852		
8	Name: Jennifer Lifshay Title: Research Specialist	\$ 80,217	0.1600	16.0%		\$ 12,835	\$	12,835		
9	Name: Chandra Gottschall Title: Administrative Coordinator	\$ 48,735	0.2500	25.0%		\$ 12,184	\$	12,184		
SUBTOTAL		\$ 619,543	5.67000	165.000%	402.0%	\$ 316,844	\$	316,844		
POSITION DESCRIPTIONS:										
Administrative Coordinator (#9)		Provides administrative and office support for the project staff and is responsible for the reporting requirements.								
Administrator (e.g., Director of Programs) (#1, 2)		Administers the nutrition education contract and budget, supervises nutrition education staff, attends nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinates contract reporting requirements. Provides training/job shadowing and supervision to the new Project Coordinator as related to the nutrition program and CX3.								
Community Outreach Worker/Community Liaison (#7)		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with community based organizations (CBOs) to increase the reach of nutrition education interventions to SNAP-Ed eligibles.								
Contract Manager #3		Manages the nutrition education contract including budgets, invoices, time studies, fiscal reporting and adherence to funding requirements. Prepares budget revisions as necessary.								
Health Educator (including Health Aide, Health Promotion Instructor, etc.) #5		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.								

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

										Federal Share	Total Dollars
										Total Dollars	
E. TRAVEL AND PER DIEM:											
Federal Share:											
1. Network Training (may include Skills Training, Program Training, Impact Evaluation, CX3, etc.) approx. 13 trips											
Project Coord (65% FTE); 2 Nutritionists/Nutrition Educators (92% and 95% FTE); 1 Health Educator (35% FTE); 2 Community Outreach Workers (1.8 FTEs)											
Estimated Mileage (965 miles RT x \$0.555 + \$65 toll)										\$ 601	\$ 601
Estimated Parking (\$10 per car x 13 trips)										\$ 130	\$ 130
Estimated Registration (\$430 total for approximately 15 trainings)										\$ 430	\$ 430
2. Annual Network Conference											
Project Coord (65% FTE); 2 Nutritionists/Nutrition Educators (92% and 95% FTE); Health Educator (35% FTE); 2 Community Outreach Workers (1.8 FTEs)											
Mileage: (140 miles RT x \$.555 + \$10 toll) x 2 cars										\$ 175	\$ 175
Parking (\$10 per car x 3 trips)										\$ 30	\$ 30
3. CCLHDN Annual Meeting											
Project Coord (65% FTE) - prorated at 65% FTE then 50% for agenda										\$ 200	\$ 200
Mileage: 262 miles RT x \$.555 = \$144											
Lodging \$100 (\$84 + tax) / night x 3 nights = \$300											
Meals \$40/day x 4 days = \$160											
Parking \$10 per car = \$10											
Total = \$614 x .65 FTE = \$399.10 x .50 (agenda) = \$199.55											
4. Joint Steering Committee Meetings (3 meetings)											
Project Coord (65% FTE); Nutritionist/Nutrition Educator (92% FTE); Health Educator (35% FTE); 2 Community Outreach Workers (1.8 FTEs)											
Mileage: 140 miles RT x \$.555 + \$5 toll x 2 cars x 3 meetings = \$496										\$ 496	\$ 496
Parking (\$10 per car x 2 cars x 3 meetings)										\$ 60	\$ 60
5. Regional Member Meetings (3 meetings)											
Project Coord (65% FTE); 2 Nutritionists/Nutrition Educators (92% and 95% FTE); Health Educator (35% FTE); 2 Community Outreach Workers (1.8 FTEs)											
Mileage: (115 miles RT x \$.555 + \$5 toll x 2 cars) x 3 meetings = \$413										\$ 413	\$ 413
Parking (\$10 per car x 2 cars x 3 meetings)										\$ 60	\$ 60
6. Local Mileage for field work, etc... 4 Staff											
2 Nutritionists/Nutrition Educators (92% and 95% FTE); 2 Community Outreach Workers (.90 FTE/each)											
Estimated 547.60 miles/month x \$.555 x 12 months										\$ 3,647	\$ 3,647
SUBTOTAL:										\$ 6,242	\$ 6,242
F. SUBCONTRACTORS:											
Federal Share:											
Cambridge Community Center: Spanish Nutrition Education and Physical Activity Promotion										\$ 20,000	\$ 20,000
Blanca Campos, Project Coordinator, from Cambridge will conduct nutrition education and physical promotion activities with food stamp eligibles primarily from the Spanish speaking community. The awardee will devote the majority of activities to delivering a series of workshops and/or cooking demonstrations with members of the target audience. In addition nutrition education and physical activity promotion may be part of 1-2 cultural events that are either held within the target communities or will be attended by members of the eligible population.											
Center for Human Development: Nutrition Education and Physical Activity Local Initiatives										\$ 19,466	\$ 19,466
The Promotoras works with the Nutritionist/Nutrition Educator in SNAP-Ed communities to conduct nutrition education interventions and participate in local events to promote healthy eating and physical activity for SNAP eligibles.											
SUBTOTAL:										\$ 39,466	\$ 39,466

**SUBCONTRACTOR BUDGET JUSTIFICATION
CAMBRIDGE COMMUNITY CENTER
October 1, 2011 - September 30, 2012**

A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name: Blanca Campos Title: Project Coordinator	\$ 55,420	0.27066		27.066%	\$ 15,000	\$ 15,000
2.	Name: Kathy Lafferty Title: Chief Executive Officer	\$ 80,022	0.00625	0.6250%		\$ 500	\$ 500
3.	Name: Gary Reardon Title: Accountant	\$ 30,590	0.04576	4.5760%		\$ 1,400	\$ 1,400
SUBTOTAL		\$ 166,032	0.3227	5.2010%	27.0660%	\$ 16,900	\$ 16,900
POSITION DESCRIPTIONS:							
Accountant/Finance Analyst (# 3)		Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.					
Chief Executive Officer (#2)		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.					
Project Coordinator (#1)		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.					
						Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:							
Federal Share:							
Includes payroll taxes and medical/dental benefits at <u>16.52%</u> of salaries at \$16,900						\$ 2,792	\$ 2,792
SUBTOTAL:						\$ 2,792	\$ 2,792
C. OPERATING EXPENSES:							
Federal Share:							
SUBTOTAL:						\$ -	\$ -

**BUDGET JUSTIFICATION
CENTER FOR HUMAN DEVELOPMENT
October 1, 2011 - September 30, 2012**

A PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Elizabeth Luciano						
	Title:	Promotora	\$ 31,572	0.1300		13.0%	\$ 4,104	\$ 4,104
2.	Name:	Estela Cerda						
	Title:	Lead Promotora	\$ 39,553	0.0673021		6.73021%	\$ 2,662	\$ 2,662
3.	Name:	Miriam Medina						
	Title:	Promotora	\$ 31,572	0.1300		13.0%	\$ 4,104	\$ 4,104
4.	Name:	Nudia Jovel						
	Title:	Promotora	\$ 31,572	0.1300		13.0%	\$ 4,104	\$ 4,104
SUBTOTAL			\$ 134,269	0.457302	0.0%	45.7302%	\$ 14,974	\$ 14,974
POSITION DESCRIPTIONS:								
Promotora (1-4)		Works with the Nutritionists/Nutrition Educators in SNAP-Ed communities to conduct nutrition education interventions and participate in local events to promote health eating and physical activity for SNAP-Ed eligibles.						
							Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:								
Federal Share:								
Includes payroll taxes and medical/dental benefits at 30% of salaries (\$14,974 x 30%)							\$ 4,492	\$ 4,492
SUBTOTAL:							\$ 4,492	\$ 4,492
C. OPERATING EXPENSES:								
Federal Share:								
SUBTOTAL:							\$ -	\$ -
D. EQUIPMENT EXPENSES:								
Federal Share:								
SUBTOTAL:							\$ -	\$ -
E. TRAVEL AND PER DIEM:								
Federal Share:								
SUBTOTAL:							\$ -	\$ -

**BUDGET JUSTIFICATION
CENTER FOR HUMAN DEVELOPMENT
October 1, 2011 - September 30, 2012**

											Federal Share	Total Dollars
											Total Dollars	
F.	SUBCONTRACTORS:										\$	-
	Federal Share:											
SUBTOTAL:											\$	-
G.	OTHER COSTS:										\$	-
	Federal Share:											
SUBTOTAL:											\$	-
H.	INDIRECT COSTS:										\$	-
	Federal Share:											
SUBTOTAL:											\$	-
TOTAL											\$	134,269
												0.4573
												0.0%
												45.7302%
											\$	19,466
											\$	19,466

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Humboldt County Department of Health and Human Services
Program Area: Local Incentive Awardee: Local Health Department
Contract Number: 11-10207

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 40% Female 60%

Ethnicity:

- African American 1%
- Asian 6%
- Caucasian 77
- Latino 10%
- Native American 6%
- Pacific Islander %
- Other (specify) : %

Languages:

- | | |
|--------------------------------------------------------|--------------------------------------------|
| <input checked="" type="checkbox"/> English 90% | <input type="checkbox"/> Korean % |
| <input checked="" type="checkbox"/> Spanish <u>10%</u> | <input type="checkbox"/> Lao % |
| <input type="checkbox"/> Arabic % | <input type="checkbox"/> Tagalog % |
| <input type="checkbox"/> Armenian % | <input type="checkbox"/> Vietnamese % |
| <input type="checkbox"/> Russian % | <input type="checkbox"/> Other (specify) : |
| <input type="checkbox"/> Bosnian % | % |
| <input type="checkbox"/> Cantonese % | <input type="checkbox"/> Other (specify) : |
| <input type="checkbox"/> Farsi % | % |
| <input type="checkbox"/> Hmong % | <input type="checkbox"/> Mandarin % |
| <input type="checkbox"/> Khmer (Cambodian) % | |

Ages:

- Under 5 years old %
- 5 to 8 %
- 9 to 11 %
- 12 to 17 10%
- 18 to 59 80%
- 60 years old and over 10%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet

- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): (% equal to or less than 185% FPL)
- Other (Specify): (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|-----|-----------------------------------------------------|---|
| <input checked="" type="checkbox"/> CalFresh Offices | 30% | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input checked="" type="checkbox"/> Food Banks | 35% | <input type="checkbox"/> Soup Kitchens | % |
| <input checked="" type="checkbox"/> Food Pantries | 30% | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input type="checkbox"/> Public Housing | % | <input type="checkbox"/> WIC Offices | % |
| <input checked="" type="checkbox"/> HeadStart | 5% | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): CNAP, Humboldt CAN, Cal Fresh Director
- Internet/Web Sites-website address: www.co.humboldt.ca.us
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (15 occurrences at 4hour(s) each)
- Community Education Events: (32 occurrences at 2-4 hour(s) each)
- Training/Workshop/Conference: (7 occurrences at 8 hour(s) each)
- Point of Purchase: (2 occurrences at 4 hour(s) each)
- Other (specify)Spanish language Health Fair: (1 occurrences at 8 hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): kitchen and food safety, <u>label reading, smart shopping</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| <u>1</u> Adult Education & Job Training Sites | <u>3</u> Food Stores |
| Adult Rehabilitation Centers | <u>1</u> Head Start Programs |
| <u>1</u> CalFresh Offices | Individual Homes |
| Churches | Libraries |
| Community Centers | Other Youth Education Sites (includes Parks and Recreation) |
| Elderly Service Centers | Public/Community Health Centers (includes Public Health Departments) |
| <u>3</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | Public Housing |
| Extension Offices | Schools – students (Preschool) |
| <u>4</u> Farmers Markets | Schools – students (K-12) |

Schools – students (Afterschool Program)
 Schools – Parents
 Shelters/Temporary Housing
 WIC Programs

3 Worksites
 Other (specify):
 Other (specify):
 Other (specify):

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 2,500

Narrative (max. 200 words)

This project will focus on six different objectives outlined in the Scope of Work for Public Health Departments. Three staff from the County of Humboldt Public Health Branch will be engaged in implementing a comprehensive nutrition program to increase fruit and vegetable consumption among the SNAP Eligible population.

Staff will attend trainings and Network sponsored events as outlined in Objective 1. Staff will continue to build on the work that CNAP started in 2007. Partners are working on USDA food program interventions in farmers’ markets in eligible neighborhoods. Nutrition education and food tasting are two of the activities that CNAP partners offer in Humboldt County during farmers’ market season.

The Registered Dietitian on staff will conduct a series of nutrition education classes for SNAP Eligible clients as well as offer a cooking demonstration and food tasting at the CalFresh office once a month.

For Objective 4, staff will organize and implement the fifth annual Spanish language health and nutrition fair as well as the Amazing Race to the Fruit and Veggie Festival. ReThink Your Drink activities and tasting will be offered at farmers’ markets and at the CalFresh office cooking demos.

Staff will continue the work on CX3 in Arcata, Eureka and Fortuna. Staff will organize and host a town hall meeting at all three locations and lead a strategic planning session based on the results collected with CX3 surveys.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

For Objective 1, the indicators will be records of participation in the trainings and conferences, meeting agendas and submitted reports. For Objective 2 the indicators will include copies of agendas, sign-in sheets, lists and contact information of collaborating partners, a summary of efforts and a copy of the Humboldt County Nutrition Action Plan. For objective 3, pre and post surveys to assess increased understanding of the participants in the series. Indicators will include sample lessons, sign-in sheets, training agenda, summary of visits and survey results. Objective 4: includes agendas of planning meetings, event flyers, sign in-sheets, a summary of the event evaluation and photos from the events. Objective 5 includes training agendas, lesson plans, sign-in logs, photos, press releases, training evaluations and event flyers. Objective 6 presentation outlines, town hall meeting agendas, list of engaged departments and contact dates, media journal and clippings.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

The Health Education Division of the Public Health Branch has developed many partnerships and continues to work with and expand on relationships with many agencies throughout Humboldt County. The agencies the Public Health Branch coordinates services with includes: the UC Cooperative Extension, Food for People (the food bank of Humboldt County), DHHS- Social Services Branch (SSB), Saint Joseph Health System, WIC, Northcoast Children's Services, Northcoast Growers Association (Farmers' Markets), Humboldt Senior Resource Center, North Coast Cooperative, Humboldt County Office of Education, Changing Tides Family Services, the Community Health Alliance, Humboldt Community for Activity and Nutrition (Humboldt CAN), Northern California Indian Development Council, Redwood Coast Rural Action, the Humboldt Area Foundation, First 5 Humboldt, Better Together, Community Alliance with Family Farmers, The North Coast Garden Collaborative, Humboldt Partners for Active Living (Redwood Community Action Agency), The California Center for Rural Policy, and The Food Policy Council.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Food Store	North Coast Co-op	25 4th Street	Eureka	95501	06023000100	Hispanic	59.7%	
Food Store	Grocery Outlet	625 Commercial Avenue	Eureka	95501	06023000100	Hispanic	59.7%	
CalFresh Office	Humboldt County Social Services Branch	929 Koster Street	Eureka	95501				Proxy
Worksite	Humboldt County Social Services Branch	929 Koster Street	Eureka	95501	06023000100	Hispanic	59.7%	
Emergency Food Assistance Sites	Food for People	307 West 14th Street,	Eureka	95501-2267				Proxy
Emergency Food Assistance Sites	Fortuna Community Services	2331 Rohnerville Road	Fortuna	95540				Proxy
Farmers Market	Weekday Arcata Market Tuesdays	Parking lot at 7th and G Streets	Arcata	95521	06023001000	All Races	55%	
Farmers Market	Saturday Arcata Market	Arcata Plaza	Arcata	95521	06023001000	All Races	55%	
Farmers	Thursday	Henderson	Eureka	95501	06023000200	Hispanic	73%	

Market	Market	Center F Street						
Farmers Market	Tuesday Market	Old Town F Street	Eureka	95501	06023000100	Hispanic	73%	
Food Store	Ray's Food Place	38195 Ca- 299	Willow Creek	95573	06323010102	Am Ind	86.4%	
Family Resource Center	McKinleyville Family Resource Center	1600Central Avenue	McKinleyville	95519				Proxy site Early Head Start site
Family Resource Center	McKinleyville Family Resource Center	1600Central Avenue	McKinleyville	95519				Proxy site Food pantry
Youth Center	Dream Quest	100 County Club Drive	Willow Creek	95573	06323010102	Am Ind	86.4%	
Work site	Community Wellness Center	908 7th Street	Eureka	95501	06023000500	All races	50.7%	
Worksite	Public Health Branch	529 I Street	Eureka, CA	95501	06023000500	All races	50.7%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
N/A					

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
CA WIC Program, CDPH	Rethink Your Drink	1 page; Pledge to Rethink my drink; How much sugar in your drink? Tips to drink more water	English & Spanish
Network for a Health CA-Northcoast Region	Re-think Your Drink Fact Sheet	States the problem; Sweet drinks are contributor; Campaign goals	English
Network for a Health CA-Northcoast Region	Re-think Your Drink Poster	Healthy Drinks Win; Shows drinks racing	Eng & Span
Network for a Health CA-Northcoast Region	Rethink Your Drink Tracking Form	Has RYD facts, goals and tracking form	English
Network for a Health CA-Northcoast Region	“Be Sugar Savvy” Power Point Presentation	Discusses sugar consumption, risks, statistics of overweight, dental health, tips/solutions.	English
Bay Area Nutrition & Physical Activity Collaborative	Sugar Shockers	Popular Food Items Ranked by sugar content	English & Spanish
University of Florida	Rethink Your Drink	Curriculum about drink size, label reading	English
California Center for Public Health Advocacy	Soda Fact Sheet -	1 page; summarizes evidence that sweetened beverages increase risk of being overweight	English
Bay Area Nutrition & Physical Activity Collaborative	Soda Free Summer	School curriculums and Sugar Savvy Fact sheets for electeds, childcare providers, summer programs, etc.	English & Spanish
CA WIC Program, CDPH	Rethink Your Drink for Healthy Smiles and Healthy Lives	Facilitator Guide (March 2011); Curriculum	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Humboldt County DHHS Public Health Branch (approval in process)	Food, Fun and Family	6 class curriculum designed for adults on kitchen basics, creating a health plate, meal planning and shopping, label reading and incorporating fruits and vegetables into everyday living	English
Network for a Healthy California-	Lightning Meals	Audio visual and curriculum show a variety of ways to create tasty meals using foods that are in the pantry or inexpensive to buy.	English

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
Food, Fun and Family	6 class curriculum designed for adults on kitchen basics, creating a health plate, meal planning and shopping, label reading and incorporating fruits and vegetables into everyday living	Haven't been able to locate a curriculum geared to adults that includes the very basics of family meals.

BUDGET COVER SHEET
FFY 2012

Organization: Humboldt County Department of Health and Human Services				
Contract Number: 11-10207				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 45,301.00	\$ 145,367.00	\$ 100,066.00	220.89%
Fringe Benefits	\$ 17,314.00	\$ 61,178.00	\$ 43,864.00	253.34%
Operating	\$ 6,161.00	\$ 22,027.00	\$ 15,866.00	257.52%
Equipment & Other Capital	\$ -	\$ 2,060.00	\$ 2,060.00	100.00%
Travel	\$ 6,010.00	\$ 8,159.00	\$ 2,149.00	35.76%
Subcontractors	\$ -	\$ -	\$ -	
Other Costs	\$ -	\$ 3,930.00	\$ 3,930.00	100.00%
Indirect Costs	\$ 3,214.00	\$ 7,279.00	\$ 4,065.00	126.48%
Total Federal Share	\$ 78,000.00	\$ 250,000.00	\$ 172,000.00	220.51%*
*Network Contact Kurt Miller and Susan Mattingly notified us of the opportunity to apply for an increased contract amount for FFY12 by email on 5/9/2011				
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
If the total percentage difference is greater than 5% consult your Contract Manager.				
FFY 2012 Network Growth Policy restricts contract growth.				

**BUDGET JUSTIFICATION Humboldt County Department of Health and Human Services
October 1, 2011 - September 30, 2012**

11-10207

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Vacant							
	Title:	Project Coordinator	\$ 57,762	0.6500	6.0%	59.0%	\$ 37,545	\$ 37,545	
2.	Name:	Michelle Postman							
	Title:	Health Education Specialist II	\$ 59,010	0.5806	8.0%	50.06%	\$ 34,261	\$ 34,261	
3.	Name:	Colleen Ogle							
	Title:	Public Health Nutritionist	\$ 64,541	0.6000	14.0%	46.0%	\$ 38,725	\$ 38,725	
4.	Name:	Vacant							
	Title:	Health Education Specialist I	\$ 38,182	0.2500	3.0%	22.0%	\$ 9,546	\$ 9,546	
5.	Name:	Teodolinda Salas-Meza							
	Title:	Translator/Interpreter	\$ 39,794	0.1000	5.0%	5.0%	\$ 3,979	\$ 3,979	
6.	Name:	Chris Ash							
	Title:	Office Assistant	\$ 33,420	0.1000	10.0%	0.0%	\$ 3,342	\$ 3,342	
7.	Name:	Lara Weiss							
	Title:	Program Manager	\$ 91,448	0.1000	9.5%	0.5%	\$ 9,145	\$ 9,145	
8.	Name:	Elizabeth Johnson							
	Title:	Administrative Analyst	\$ 45,078	0.1000	10.0%	0.0%	\$ 4,508	\$ 4,508	
9.	Name:	Olivia Wilder							
	Title:	Senior Fiscal Assistant	\$ 43,159	0.1000	10.0%	0.0%	\$ 4,316	\$ 4,316	
SUBTOTAL			\$ 472,394	2.5806	75.5%	182.6%	\$ 145,367	\$ 145,367	
POSITION DESCRIPTIONS:									

**BUDGET JUSTIFICATION Humboldt County Department of Health and Human Services
October 1, 2011 - September 30, 2012**

11-10207

Project Coordinator FS #1	<p>Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.</p> <p>Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.</p>
Health Educator (including Health Aide, Health Promotion Instructor, etc.) FS #2, 4	<p>Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity. Staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.</p>
Nutritionist/Nutrition Educator/Nutrition Aide FS #3	<p>Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.</p>
Translator FS #5	<p>Translates approved curriculum and materials into Spanish or other languages. Reviews translation for cultural appropriateness. Interprets nutrition education interventions (one-on-one and group) in the community for dietitians, health educators and other.</p>
Office Manager/Secretary/Admin Asst FS #6	<p>Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, and other duties as required to support the nutrition education contract.</p>
Administrator (e.g., Program Manager) FS #7	<p>Administers the nutrition education contract and budget, supervises nutrition education staff, attend nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinate contract reporting requirements.</p>
Contract Manager (Contract Manager) FS #8	<p>Manages the nutrition education contract including budgets, invoices, time studies, fiscal reporting and adherence to funding requirements.</p>
Accountant/Finance Analyst FS #9	<p>Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.</p>

**BUDGET JUSTIFICATION Humboldt County Department of Health and Human Services
October 1, 2011 - September 30, 2012**

11-10207

E. TRAVEL AND PER DIEM:								Federal Share Total Dollars	Total Dollars
Federal Share:									
Regional meetings (2 trainings, Ukiah, 2 staff: one 1-day trip and one 2-day trip) - Objective 1, item 4)								\$ 1,176	\$ 1,176
2 round trip mileage to Ukiah (576.58 miles X \$0.555/mile = \$320)									
3 nights hotel incl. taxes - 1 night for 1-day trip, 2 nights for 2-day trip (2 staff @ \$97/night (\$84 +Taxes) = \$194 + 2 staff @ \$97/nig (\$84 +Taxes) for 2 nights incl. taxes = \$388) - \$194 + \$388 = \$582									
2 days per diem (\$72 for 1-day trip and 2 @ \$36 + \$40 for 2-day trip = \$224)									
Hotel parking (2 @ \$25/each = \$50)									
Regional meetings (2 meetings, Fortuna, 1 staff) - Objective 1, item 4)								\$ 82	\$ 82
Round trip mileage to Fortuna (2 x 73.88 miles x \$0.555/mile = \$82.00)									
Annual Network Conference (Sacramento, 1 staff: one 2-day trip) - Objective 1, item 5)								\$ 1,048	\$ 1,048
*1 round trip airfare to Sacramento = \$850									
1 night hotel incl. taxes, shuttle = \$97 (\$84 +Taxes) + \$25 = \$122									
Per Diem: \$36 for first day and \$40 for second day for 1 staff = \$76									
Harvest of the Month Training (Sacramento, 1 staff: one 2-day trip) - Objective 1, item 5)								\$ 1,048	\$ 1,048
*1 round trip airfare to Sacramento = \$850									
1 night hotel incl. taxes, shuttle = \$97 (\$84 +Taxes) + \$25 = \$122									
Per Diem: \$36 for first day and \$40 for second day for 1 staff = \$76									
CCLHDN Meeting (Monterey, 4 days, 1 staff) - Objective 1, item 5) - PRORATED AT 50%								\$1,068	\$ 1,011
\$1,200 + \$321 + \$340 +\$160 = \$2,021 prorated at 50% = \$1010.50									
*1 round trip airfare to Monterey = \$1,200									
3 nights hotel \$97 (\$84 +Taxes), shuttle = \$291 + \$30 = \$321									
Registration fee = \$340									
Per Diem: -\$40/day x 4 days = \$160									
Tier 1 Geographic Information System (GIS) Training (Sacramento, 2 staff, 2 days) - Objective 6, item 1)b)								\$ 2,290	\$ 2,290
*2 round trip airfare to Sacramento = \$1,700									
2 nights hotel @ \$97 (\$84 +Taxes) for 2 staff, shuttle = \$388 + \$50 = \$438									
Per Diem: \$36 for first day and \$40 for second day for 2 staff = \$76 X 2 = \$152									
Local Data Mapping (2710 miles @ \$0.555/mile =\$1,504) Approximately \$1,504 - Objective 6, item 2)								\$ 1,504	\$ 1,504
Visit and identify qualifying neighborhoods using Network's GIS, complete Tier 1 mapping worksheet using the GIS and other on-line data sources, and share with appropriate stakeholders. Travel to provide CX3 presentations and events to a variety of stakeholders and neighborhood residents and city/county officials to explain the project, encourage participation, and utilization of data.									
* Increased cost of flights is offset by the savings realized due to shorter hotel stay, savings in per diem rates and milage charges. If the contractor drives he will have to invoice for double the hotel nights, mileage and per diem due to the distance between Eureka and Central California. . In addition there are new staff members that do not feel comfortable driving for such long distances and so many hours.									
TRAVEL AND PER DIEM TOTAL								\$ 8,159	\$ 8,159

**BUDGET JUSTIFICATION Humboldt County Department of Health and Human Services
October 1, 2011 - September 30, 2012**

11-10207

										Federal Share Total Dollars	Total Dollars
F. SUBCONTRACTORS:											
Federal Share:	None										
SUBCONTRACTORS TOTAL:										\$ -	\$ -
G. OTHER COSTS:											
Federal Share:											
	Cost to rent halls and equipment for events = 3 x \$120 = \$360.									\$ 360	\$ 360
	Farmers' Market Permit Fee - to do food demonstrations for nutrition education events at Farmers' Markets (1 flat rate for permit for all local Farmers' Markets x \$250 = \$250)									\$ 250	\$ 250
	Food for Demonstrations/Nutrition Education Events and Classes For purchasing food samples for demonstrations in nutrition education classes (Obj. 8), Re-Think Your Drink beverage testing (Obj. 5, item 4a)), Obj. 2, Obj. 3 (16 food demos x approximately 83 people/demo x \$2.50/serving = \$3,320)									\$ 3,320	\$ 3,320
OTHER COSTS TOTAL:										\$ 3,930	\$ 3,930
	*Expenditures on nutrition education materials or promotional items must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.										
H. INDIRECT COSTS:											
Federal Share:	5.0073% of Total Salaries of \$145,367 (\$145,367 X 5.0073% = \$7,278.96, Approximately \$7,279)									\$ 7,279	\$ 7,279
	Includes the following:										
	Insurance costs (\$24.21 per FTE/month - \$24.21 X 2.5806 X 12 = \$749.71) Approximately \$750 / 0.516% of Total Salaries										
	A-87 Overhead charges include Auditor, CAO, County Counsel and Treasurer along with other County overhead costs (\$461 per FTE/year = \$461 X 2.5806 X 1 = \$1,189.66) Approximately \$1,190 / 0.819% of Total Salaries										
	Communications/Utility charge (\$200 per FTE/year = \$200 X 2.5806 X 1 = \$516.12) Approximately \$516 / 0.355% of Total Salaries										
	Central Service charges (\$969 per FTE/year = \$968.75 X 2.5806 X 1 = \$2,499.96) Approximately \$2,500 / 1.72% of Total Salaries										
	Information Service charges (\$900 per FTE/year x 2.5806 = \$2,322.54) Approximately \$2,323 / 1.60% of Total Salaries										
INDIRECT COSTS TOTAL:										\$ 7,279	\$ 7,279
TOTAL										\$ 472,394	\$ 250,000
										2.5806	75.5%
										182.6%	\$ 250,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Imperial County Public Health Department
Program Area: Local Incentive Awardee: Public Health Department
Contract Number: 10-10061

a. Related State Objectives.

(Do not enter anything in this filed)

b. Audience.

Gender: Male 35% Female 65%

Ethnicity:

- African American _____%
- Asian 1%
- Caucasian 1%
- Latino 98%
- Native American _____%
- Pacific Islander _____%
- Other (specify) _____: _____%

Languages:

- | | |
|--------------------------------------------------------|--------------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>30%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>70%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 5%
- 5 to 8 10%
- 9 to 11 20%
- 12 to 17 20%
- 18 to 59 40%
- 60 years old and over 5%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|------------|-----------------------------------------------------|------------|
| <input checked="" type="checkbox"/> CalFresh Offices | <u>20%</u> | <input type="checkbox"/> Shelters/Temporary Housing | _____ % |
| <input type="checkbox"/> Food Banks | _____ % | <input type="checkbox"/> Soup Kitchens | _____ % |
| <input type="checkbox"/> Food Pantries | _____ % | <input type="checkbox"/> TANF Job Readiness Program | _____ % |
| <input type="checkbox"/> Public Housing | _____ % | <input checked="" type="checkbox"/> WIC Offices | <u>20%</u> |
| <input type="checkbox"/> HeadStart | _____ % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (40 occurrences at 1hour(s) each)
- Community Education Events: (15 occurrences at 3hour(s) each)
- Training/Workshop/Conference: (2 occurrences at 2hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input checked="" type="checkbox"/> Other (Specify): |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <u>3</u> Adult Education & Job Training Sites | <u>1</u> Other Youth Education Sites (includes Parks and Recreation) |
| <u>1</u> Adult Rehabilitation Centers | <u>2</u> Public/Community Health Centers (includes Public Health Departments) |
| <u>1</u> CalFresh Offices | _____ Public Housing |
| _____ Churches | ___ Schools – students (Preschool) |
| <u>2</u> Community Centers | ___ Schools – students (K-12) |
| _____ Elderly Service Centers | <u>14</u> Schools – students (Afterschool Program) |
| <u>1</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | <u>14</u> Schools – Parents |
| <u>0</u> Extension Offices | _____ Shelters/Temporary Housing |
| _____ Farmers Markets | <u>1</u> WIC Programs |
| _____ Food Stores | _____ Worksites |
| <u>3</u> Head Start Programs | Other (specify): <u>Imperial Valley Regional Occupational Program</u> _____ |
| _____ Individual Homes | Other (specify): _____ |
| <u>1</u> Libraries | |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1,820

Narrative (max. 200 words)

The Imperial County Public Health Department’s (ICPHD) efforts to promote healthy eating and physical activity include the planning and implementation of: 1) Cooking Healthy Sessions at various locations throughout the county on how to buy, safely store, and prepare fruits and vegetables; 2) Healthy and Active Lifestyle Sessions focusing on nutrition and physical activity as a way to promote fruit and vegetable consumption and physical activity, to improve the quality of life of Imperial County residents and to prevent chronic diseases such as cardiovascular disease, diabetes, and obesity; and 3) nutrition and physical activity promotion using presentations, interactive games, appropriate displays, and dissemination of Network literature at health fairs and community events . The ICPHD is also working toward strengthening and expanding the local Physical Activity and Healthy Eating (PAHE) Coalition to implement nutrition and physical activity promotional events throughout the county.

e. Summary of Research.

Do not enter anything in this field.

f. Modification of Project Methods/Strategies.

- | | |
|---------------------------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

No new material to be developed at this time.

i. Key Performance Measures/Indicators. (max. 100 words)

Post tests will be administered to assess the increase in knowledge of food preparation, increased cooking skills, and behavior changes. The results of the surveys will indicate successful implementation of Cooking Healthy and Healthy and Active Sessions.

3. EVALUATION PLANS

(Do not enter anything in this field)

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Activities will be coordinated with PAHE members and UC Cooperative Extension, and will participate in Network Campaigns to enhance ongoing nutrition education efforts. PAHE partners include the Imperial Valley Food Bank, Campesinos Unidos, Women, Infants, and Children (WIC) Program, and other agencies. Memorandums of Understanding will be in place with agencies that participate in activities.

The Cooperative Extension provides classes to adults mostly from alternative education sites and K-3rd grade students on the components of the Food Pyramid: grains, vegetables, fruits, oils, milk, meat and beans. ICPHD provides sessions to low-income adults and children on: preparation of fruits and vegetables; purchasing, storing and cooking fruits and vegetables; family meal planning; healthy cooking tips; food safety; portion sizes; and physical activity.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Adult Rehabilitation Center	Imperial County Behavioral Health Services	343 8 th Street	El Centro	92243	06025011500	All Races	66.40%	
Adult Education	March of Dimes	395 Broadway Street	El Centro	92243	06025011400	All Races	55.00%	
Other Youth Education Site	Boys and Girls Club of Imperial Valley	165 S. Plaza Street	Brawley	92227	06025010400	All Races	76.90%	
Adult Education	Imperial County Children and Families First Commission	1225 Main Street Ste.B	El Centro	92243	06025011500	All Races	66.40%	
Emergency Food Assistance Sites	Imperial Valley Food Bank	329 Applestill Road	El Centro	92243				Proxy Site
WIC Program	WIC	561 E Street	Brawley	92227				Proxy Site
Public/Community Health Centers	Clinicas de Salud del Pueblo	1166 K Street	Brawley	92227	06025010700	All Races	60.40%	
Community Centers	Calexico Community Center	707 Dool Avenue	Calexico	92231	06025012000	All Races	53.70%	
Community Centers	El Centro Community Center	375 S. First Street	El Centro	92243	06025011400	All Races	55.00%	
Adult Education & Job training Sites	Imperial Valley Regional Occupational Program	687 State Street	El Centro	92243	06025011600	All Races	53.80%	
Other	Imperial Valley Regional Occupational Program	2995 S. 4 th Ste. 102	El Centro	92243	06025011803	All Races	76.00%	
Library	Enrique Camarena Memorial Library	850 Encinas Ave.	Calexico	92231	06025012000	All Races	53.70%	

Head Start Programs	Campesinos Unidos Inc.	1535 Main Street	Brawley	92227				Proxy Site
Head Start Programs	Campesinos Unidos Inc. Lily Pittman Center	509 W. Birch	Calexico	92231				Proxy Site
Head Start Programs	Campesinos Unidos Inc. Claudio Carmona	351 Ross Ave	El Centro	92243				Proxy Site
Public/Community Center	Imperial County Public Health Department	935 Broadway	El Centro	92243	06025011500	All Races	66.40%	
Cal Fresh	Imperial County Department of Social Services	2995 S. 4 th Street Suite 105	El Centro	92243				Proxy Site

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Miguel Hidalgo Elementary (A),(P)	Brawley Elementary	13-63073-6008270	62.13%	9.50%	71.63%
Phil D. Swing Elementary (A),(P)	Brawley Elementary	13-63073-6008304	75.10%	7.86%	82.96%
Mains Elementary (A),(P)	Calexico Unified	13-63099-3008387	77.82%	9.92%	87.74%
Kennedy Gardens (A),(P)	Calexico Unified	13-63099-6099485	69.76%	13.11%	82.87%
Dool Elementary (A),(P)	Calexico Unified	13-63099-6008346	75.54%	10.13%	85.67%
Jefferson Elementary(A),(P)	Calexico Unified	13-63099-6008361	68.81%	9.54%	78.35%
Lincoln Elementary(A),(P)	El Centro Elementary	13-63123-6008452	87.67%	5.81%	93.49%
Mckinley Elementary (A),(P)	El Centro Elementary	13-63123-6008478	74.55%	11.62%	86.17%
Heber Elementary (A),(P)	Heber Elementary	13-63131-6008502	75.05%	8.50%	83.54%
Grace Smith Elementary (A),(P)	Calipatria Unified	13-63107-6008403	100.00%	00.00%	100.00%
Meadows Elementary (A),(P)	Meadows Elementary	13-63198-6008619	59.76%	9.55%	69.31%
Seeley Union Elementary (A),(P)	Seeley Elementary	13-63222-6008643	100.00	0.00	100.00
San Pasqual Valley Unified (A),(P)	San Pasqual Valley Unified	13-63214-6008635	100.00%	0.00%	100.00%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Westmorland Union Elementary (A),(P)	Westmorland Elementary	13-63230-6008650	78.72%	8.46%	87.18%

***After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)**

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California Children’s Power Play! Campaign	Community Youth Organization Idea & Resource Kit	The Kit is includes 20 activities focused on fruits,vegetables, and physical activity. The kit may be used with elementary-age children and include both classroom style lessons and physically active games.	English /Spanish
Project Lean	Cooking Healthy Curriculum	Booklet which encourages California to eat five to nine servings of fruit and vegetables every day.	English /Spanish
Network for a Healthy California Latino Campaign	Healthy Latino Recipes Made with Love Cookbook	Cookbook with zesty flavors and enticing aromas of healthy Latino cooking. Provides family favorites that use a variety of fruits and vegetables.	English/Spanish
Network for a Healthy California Latino Campaign	Fruits and Vegetables for Your Health, Your Neighborhood and Your Life	Brochure to promote fruits and vegetables intake	English/Spanish
Network for a Healthy California Children’s Power Play! Campaign	Kids get Cooking! cookbook	25 page cookbook for children ages 9-11 promoting fruits and vegetables.	English/Spanish
Network for a Healthy California Latino Campaign	Physical Activity for Your Health, Your Neighborhood and Your Life	Physical Activity for Health, Your Neighborhood and Your Life- Brochure that prmotes the importance of physical activity for adults and children.	English /Spanish
Network for a Healthy California Children’s Power Play! Campaign	School Idea & Resource Kit (4 th &5 th grades)	Each Kit includes 10 activites designed to encourage and motivate students to eat fruits and vegetables and be physically active every day.	English /Spanish
Network for a Healthy California	Harvest of the Month Toolkit/Website: Educator Newsletter, Parent Newsletter and Community Newsletter	Newsletter and information encouraging the consumption of fruits and vegetables. Featuring one a month.	English/Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA	My Plate	Website that provides education materials such as, handouts, brochures and posters about servings.	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
N/A		

BUDGET COVER SHEET
FFY 2012

Organization: Imperial County Public Health Department				
Contract Number: 10-10061				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 28,848.00	\$ 30,838.00	\$ 1,990.00	6.90%
Fringe Benefits	\$ 12,412.00	\$ 13,185.00	\$ 773.00	6.23%
Operating	\$ 723.00	\$ 403.00	\$ (320.00)	-44.26%
Equipment & Other Capital	\$ -	\$ -	\$ -	
Travel	\$ 1,931.00	\$ 1,546.00	\$ (385.00)	-19.94%
Subcontractors	\$ -	\$ -	\$ -	
Other Costs	\$ 1,960.00	\$ 1,440.00	\$ (520.00)	-26.53%
Indirect Costs	\$ 4,126.00	\$ 2,588.00	\$ (1,538.00)	-37.28%
Total Federal Share	\$ 50,000.00	\$ 50,000.00	\$ -	0.00%
<i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i>				
Total Federal Share growth in personnel and fringe due to salary step increase.				
Total Federal Share reduction in Travel due to only one staff attending each training.				
Total federal share reduction in Other Costs, Operating and Indirect Costs to cover salary growth.				
<i>FFY 2012 Network Growth Policy restricts contract growth.</i>				

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor:Imperial County Public Health Department
Contract #:10-10061

A PERSONNEL SALARIES:									
1. Name and Position Title				2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS									
1.	Name:	Yolanda Bernal							
	Title:	Health Educator (Health Education Specialist II)			\$ 68,529	0.4500	0.0%	45.0%	\$ 30,838
SUBTOTAL				\$ 68,529	0.4500	0.0%	45.0%	\$ 30,838	\$ 30,838
POSITION DESCRIPTIONS:									
Health Educator (Health Education Specialist II) Yolanda Bernal-Federal Share Position #1				Provides oversight and coordination of the nutrition education provided to the SNAP eligible population. Specific duties include: delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.					

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor:Imperial County Public Health Department
Contract #:10-10061

											Federal Share	Total Dollars	
											Total Dollars	Total Dollars	
B. FRINGE BENEFITS:													
Federal Share:													
	Includes public employee retirement, social security medicare, worker's compensation, Health Group Insurance,										\$ 13,185	\$ 13,185	
	Dental/Vision, Unemployment Insurance at 42.756% (42.756% x \$30,838)												
											SUBTOTAL:	\$ 13,185	\$ 13,185
C. OPERATING EXPENSES:													
Federal Share:													
	Costs based on historical usage and will be used 100% for SNAP-Ed activities										\$ 403	\$ 403	
	Office supplies to include pens, pencils, paper clips, folders, business cards, etc. at approximately \$33.58 per month x 12 months.												
											SUBTOTAL:	\$ 403	\$ 403
D. EQUIPMENT EXPENSES:													
Federal Share:													
											SUBTOTAL:	\$ -	\$ -
E. TRAVEL AND PER DIEM:													
Federal Share:													
	In-County travel for staff listed under Personnel Salaries to attend allowable nutrition & physical activity promotional events. 1,614 miles x \$0.555 cents/mile = \$896										\$ 896	\$ 896	
	Annual Network Conference for Project Coordinator , Administrator or Health Educator to attend. (one staff attending)										\$ 470	\$ 470	
	(Registration \$0.00; Air fare: \$180; Lodging \$90; Per Diem and Incidentals: \$40 x 3 days = \$120;												
	Ground transportation (taxi or shuttle): \$80 (\$470 x 1 person)												
	CCLHDN conference for Nutritionist to attend. (one staff attending) Prorated by 50% based on nutrition education provided										\$ 180	\$ 180	
	(Registration: \$200; Air fare \$325, Lodging: \$78.50 x 2 days = \$157; Per Diem and Incidentals: \$40 x 3 days = \$120												
	(\$802 x 50% = \$401 x 45% FTE Nutritionist = \$180)												
											SUBTOTAL:	\$ 1,546	\$ 1,546
F. SUBCONTRACTORS:													
Federal Share:													
											SUBTOTAL:	\$ -	\$ -

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor:Imperial County Public Health Department
Contract #:10-10061

							Federal Share	Total Dollars				
							Total Dollars	Total Dollars				
G. OTHER COSTS:												
Federal Share:												
Costs based on historical usage and will be used 100% for SNAP-Ed activities.							\$ 540	\$ 540				
Printing and duplication of nutrition education materials to include ink for printers and paper products at approximately \$45.00 per month x 12 months.												
Food items for cooking demonstrations and taste testing for Healthy Cooking sessions and community event booth.							\$ 900	\$ 900				
Approximately 18-20 Cooking Healthy Sessions (300 SNAP-eligible x \$2.00= \$600) and 2-4 booth food demonstrations (75 SNAP-eligible x \$2.00 = \$150) to reach approximately 375 SNAP-eligible individuals.												
Cooking supplies for food demonstrations and taste testing \$150.)												
SUBTOTAL:							\$ 1,440	\$ 1,440				
*Expenditures on nutrition education materials must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.												
H. INDIRECT COSTS:												
Federal Share: 5.879% of total personnel and fringe benefits (\$44,023 x 5.879%)							\$ 2,588	\$ 2,588				
SUBTOTAL:							\$ 2,588	\$ 2,588				
TOTAL							\$ 68,529.00	0.4500	0.0%	45.0%	\$ 50,000	\$ 50,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: City of Long Beach Department of Health and Human Services: Healthy Active Long Beach Program
Program Area: Local Incentive Awardee: City of Long Beach Department of Health and Human Services (Local Health Department)
Contract Number: 11-10227

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 40% Female 60%

Ethnicity:

- African American 16%
- Asian 10 %
- Caucasian 15%
- Latino 55%
- Native American 1%
- Pacific Islander 1%
- Other (specify) Two or More/Identified as Other: 2%

Languages:

- | | |
|--------------------------------------------------------|-----------------------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>53%</u> | <input checked="" type="checkbox"/> Khmer (Cambodian) <u>1%</u> |
| <input checked="" type="checkbox"/> Spanish <u>45%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input checked="" type="checkbox"/> Tagalog <u>.5%</u> |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input checked="" type="checkbox"/> Mandarin <u>.5%</u> |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 5%
- 5 to 8 25%
- 9 to 11 25%
- 12 to 17 15%
- 18 to 59 25%
- 60 years old and over 5%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|------------|-----------------------------------------------------|------------|
| <input checked="" type="checkbox"/> CalFresh Offices | <u>3</u> % | <input type="checkbox"/> Shelters/Temporary Housing | _____ % |
| <input checked="" type="checkbox"/> Food Banks | <u>3</u> % | <input type="checkbox"/> Soup Kitchens | _____ % |
| <input checked="" type="checkbox"/> Food Pantries | <u>2</u> % | <input type="checkbox"/> TANF Job Readiness Program | _____ % |
| <input checked="" type="checkbox"/> Public Housing | <u>1</u> % | <input checked="" type="checkbox"/> WIC Offices | <u>2</u> % |
| <input checked="" type="checkbox"/> HeadStart | <u>1</u> % | | |

d. Project Description.

Key Methods:

Advisory Council/Task Force (specify): Network Sub-Operations, Statewide Collaborative, Long Beach Alliance for Food and Fitness, and Building Healthy Communities (Endowment)

Internet/Web Sites-website address:

Print Media

Radio: _____

TV: _____

Nutrition Education Classes: (50-70 occurrences at 1-2hour(s) each)

Community Education Events: (4-6 occurrences at 1-5hour(s) each)

Training/Workshop/Conference: (2-4 occurrences at 1hour(s) each)

Point of Purchase: (_____ occurrences at _____ hour(s) each)

Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- Fruits & Vegetables
- Physical Activity
- Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources)
- Fats and Oils
- Fiber-Rich Foods
- Food Safety
- Food Shopping/Preparation

- Lean Meat and Beans
- Limit Added Sugars or Caloric Sweeteners
- MyPyramid – Healthy Eating Plan
- Promote Healthy Weight
- Sodium and Potassium
- Whole Grains
- Other (Specify): _____

SNAP-Ed Delivery Sites by Type of Setting:

- 2 Adult Education & Job Training Sites
- 0 Adult Rehabilitation Centers
- 5 CalFresh Offices
- 2 Churches

- 1 Community Centers
- 1 Elderly Service Centers
- 3 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens)

- 0 Extension Offices
- 0 Farmers Markets
- 0 Food Stores
- 8 Head Start Programs
- 0 Individual Homes
- _____ Libraries
- 16 Other Youth Education Sites (includes Parks and Recreation)
- 2 Public/Community Health Centers (includes Public Health Departments)
- 1 Public Housing

- 0 Schools – students (Preschool)
- 0 Schools – students (K-12)
- 18 Schools – students (Afterschool Program)
- _____ Schools – Parents
- 0 Shelters/Temporary Housing
- 2 WIC Programs
- 0 Worksites
- Other (specify): 16 CX3 Neighborhoods
- Other (specify): _____
- Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 5,050

Narrative (max. 200 words)

The City of Long Beach Department of Health and Human Services (DHHS) Healthy Active Long Beach Program (HALB) provides primary nutrition education, physical activity promotion, and encourages participation in federal nutrition assistance programs to all CalFresh-eligible Long Beach area residents via direct education, community outreach and special events, classes, and task force groups. In FY12 the Healthy Active Long Beach program will provide a 5+ lesson series as part of the Jr. Beach Runners Program, will continue to share and explore opportunities for change as part of CX3, will provide single-session nutrition lessons for all ages, will conduct program evaluation and will conduct activities as part of the Re-Think Your Drink Campaign. As part of RYD, HALB will co-sponsor Kids in the Kitchen as a community-wide kickoff event. Program activities will take place at area parks, community centers, head start centers, CalFresh enrollment sites, health/medical centers, senior services, food bank distribution sites and other youth focused programs/places. HALB will partner with the Long Beach Jr. League on Kids in the Kitchen and Long Beach Parks and Recreation on the Long Beach Jr. Beach Runners Program.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (*max. 100 words*)

Key Performance Measurements for FY12 will include process evaluation to ensure completion of all SOW activities, a needs assessment will be conducted as part of the Jr. Beach Runners program and Single-Session Workshops to refine and improve message delivery methods. Impact evaluation will be conducted using pre/post surveys with youth participants in the Jr. Beach Runners Program and we will track outcomes linked to the program's CX3 project. Program staff will document outcomes of nutrition education to CalFresh participants and will also solicit both written and verbal feedback from participants that will be used to revise and improve program activities.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS). The program partners with LB Parks and Recreation, ICES Education, and LB Jr. League to increase program effectiveness. Staff participates in the LA Regional Collaborative, LBUSD's Health Advisory Committee, the California Endowment's Building Healthy Communities and the Long Beach Alliance for Food and Fitness.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Other Youth Education Sites (includes Parks and Recreation)	Cal Rec/McBride Park	1550 MLK Ave.	Long Beach	90806	06037575201	All Races	73.5%	
Other Youth Education Sites (includes Parks and Recreation)	Admiral Kidd Park	2125 Santa Fe Ave.	Long Beach	90810	06037572800	All Races	84.9%	
Other Youth Education Sites (includes Parks and Recreation)	MacArthur Park	1321 Anaheim St.	Long Beach	90806	06037575201	All Races	73.5%	
Other Youth Education Sites (includes Parks and Recreation)	Martin Luther King Jr. Park	1910 Lemon Ave	Long Beach	90806	06037573300	All Races	68.8%	
Other Youth Education Sites (includes Parks and Recreation) and Emergency Food Assistance	Silverado Park	154 w. 31 st St.	Long Beach	90810				Proxy Site
Other Youth Education Sites (includes Parks and Recreation)	Drake Park	951 Maine Ave	Long Beach	90810	06037575801	All Races	61.6%	
Elderly Service Centers and Emergency Food Assistance	Houghton Senior Center	6301 Myrtle Ave	Long Beach	90805				Proxy Site

Other Youth Education Sites (includes Parks and Recreation)	Cesar E. Chavez Park	401 Golden Ave	Long Beach	90802	06037575901	All Races	52.8%	
Other Youth Education Sites (includes Parks and Recreation)	Deforest Park	6255 De Forest Ave.	Long Beach	90805	06037570301	All Races	52.6%	
Public/Community Health Centers (includes Public Health Departments)	The Children's Clinic	1057 Pine Ave	Long Beach	90813	06037575803	All Races	80.5%	
Other Youth Education Sites (includes Parks and Recreation)	The Growing Experience	750 Via Carmelitos	Long Beach	90805	06037571600	All Races	86.3%	
Other Youth Education Sites (includes Parks and Recreation)	Peace Garden	1133 E. Rhea	Long Beach	90806	06037573300	All Races	68.8%	
Public Housing	Carmelitos Housing	751 Via Carmelitos	Long Beach	90805	06037571600	All Races	86.3%	
Community Centers	Central Facilities	1133 E. Rhea	Long Beach	90806	06037573300	All Races	68.8%	
Churches	St. Lukes	525 E. 7 th Street	Long Beach	90813	06037576300	All Races	68.3%	
Churches	Antioch	1535 Gundry Ave.	Long Beach	90813	06037575201	All Races	73.5%	
Elderly Service Centers and CalFresh Offices	Senior Center	1150 E. 4 th St.	Long Beach	90802	06037576501	All Races	52.9%	
Public/Community Health Centers (includes Public	St. Mary Medical Center	1050 Linden Ave	Long Beach	90813	06037576300	All Races	68.3%	

Health Departments)								
Adult Education & Job Training Sites	Goodwill	800 W. PCH	Long Beach	90806	06037575401	All Races	72.4%	
Other Youth Education Sites (includes Parks and Recreation)	New City Urban Farm/Garden	225 E. 15 th St.	Long Beach	90813	06037575402	All Races	72.1%	
Other Youth Education Sites (includes Parks and Recreation)	Central Young Horizons	1840 Pacific Ave.	Long Beach	90806	06037573002	All Races	82.1%	
Head Start Programs	Pine Head Start	927 Pine Ave	Long Beach	90813				Proxy Site
Head Start Programs	8 th St. Head Start	820 Long Beach Blvd	Long Beach	90813				Proxy Site
Head Start Programs	Atlantic Head Start	1862 Atlantic Ave	Long Beach	90806				Proxy Site
Head Start Programs	Anaheim Head Start	440 W. Anaheim St.	Long Beach	90813				Proxy Site
Head Start Programs	Carmelitos Head Start	5250 N. Via Passilo	Long Beach	90805				Proxy Site
Head Start Programs	Artesia Head Start	145 E. Artesia Blvd.	Long Beach	90805				Proxy Site
Head Start Programs	Elm Head Start	1425 Elm Ave	Long Beach	90813				Proxy Site
Head Start Programs	Pacific Head Start	2179 Pacific Ave	Long Beach	90806				Proxy Site
WIC Programs	LBDHHS Main Facility	2525 Grand Ave	Long Beach	90815				Proxy Site
WIC Programs	North WIC	5166 Atlantic Ave.	Long Beach	90805				Proxy Site
Cal-Fresh Offices	Catholic Charities	123 E. 14 th Street	Long Beach	90813				Proxy Site

Cal-Fresh Offices and Emergency Food	Multi-Service Center	1301 W. 12 th Street	Long Beach	90813	06037575600			Proxy Site
Cal-Fresh Offices	LBDHHS FHEC Site	3820 Cherry Ave	Long Beach	90807	06037573500			Proxy Site
Cal-Fresh Offices	Community Action Partnership	3012 Long Beach Blvd	Long Beach	90807	06037572202			Proxy Site
Other Youth Education Sites (includes Parks and Recreation)	Molina Community Gardens	1640 W. 20 th Street	Long Beach	90810	06037572900	All Races	58.2%	
Other Youth Education Sites (includes Parks and Recreation)	International Elementary	700 Locust Ave	Long Beach	90813	06037576300	All Races	68.3%	.
Adult Education & Job Training Sites	Job Corps	1903 Santa Fe Ave	Long Beach	90810	06037572900	All Races	58.2%	
Other Youth Education Sites (includes Parks and Recreation)	Top of the Town Community Gardens	6751 Atlantic Ave	Long Beach	90805	06037570301	All Races	52.6%	
Other Youth Education Sites (includes Parks and Recreation)	Wrigley Village Community Garden	2044 Pacific Ave	Long Beach	90806	06037573002	All Races	82.1%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Birney Elementary (A)	LBUSD	19-64725-6015143	52.17%	19.10%	71.27%
Burbank Elementary (A)	LBUSD	19-64725-6015184	82.47%	12.47%	94.93%
Garfield Elementary (A)	LBUSD	19-64725-6015325	76.10%	16.13%	92.23%
Edison Elementary (A)	LBUSD	19-64725-6015275	86.21%	9.15%	95.36%
Grant Elementary (A)	LBUSD	19-64725-6015317	74.87%	16.40%	91.27%
Hudson (A)	LBUSD	19-64725-6015382	61.93%	18.95%	80.88%
King Elementary (A)	LBUSD	19-64725-6015416	85.79%	10.74%	96.53%
Lafayette Elementary (A)	LBUSD	19-64725-6015424	83.03%	11.28%	94.31%
Lee Elementary (A)	LBUSD	19-64725-6015432	81.73%	12.86%	94.59%
Franklin Classical Middle (A)	LBUSD	19-64725-6061345	90.33%	5.51%	95.84%
Dooley Elementary (A)	LBUSD	19-64725-0114603	73.82%	15.25%	89.06%
Jordan High (A)	LBUSD	19-64725-1934470	82.31%	15.73%	98.03%
Addams Elementary (A)	LBUSD	19-64725-6015119	80.43%	11.96%	92.39%
Barton Elementary (A)	LBUSD	19-64725-6015135	75.58%	13.37%	88.95%
Hamilton Middle (A)	LBUSD	19-64725-6057780	80.00%	11.64%	91.64%
Lindberg Middle (A)	LBUSD	19-64725-6057814	79.49%	11.52%	91.01%
Harte Elementary (A)	LBUSD	19-64725-6015358	72.44%	17.41%	89.84%
International Elementary (A/P)	LBUSD	19-64725-6108013	92.39%	2.17%	94.57%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA Eat Smart. Play Hard	Let's Go on a Snack Hunt	activity for kids ages 4-7 that includes a joke, tip, and a recipe for a healthy snack.	English/ Spanish
USDA	Let's Move	website with recipes and tips on nutrition and physical activity	English
USDA	Loving Your Family Feeding Their Future	Provides educational and promotional materials and techniques to help nutrition educators in their work with SNAP (Supplemental Nutrition Assistance Program) participants and eligibles.	English/ Spanish
USDA	Make Family Time an Active Time	Website tips for families to be active	English
WIC	Make Half Your Grains Whole	Tipsheet from WIC	English
USDA, Team Nutrition	Making it Happen! School Nutrition Success Stories	Book from CDC , as title indicates	English
USDA, Food and Nutrition Service	Maximizing the Message: Helping Moms and Kids Make Healthier Food Choices	36 page booklet as title indicates.	English
USDA	Milk for Kids with Lactose Intolerance	Tipsheet as title indicates	English
USDA/Eat Smart, Play Hard	Move More, Sit Less	Poster reinforces the importance of being physically active. It features children and Power Panther enjoying outdoor activities to remind kids that playing hard is fun.	English/ Spanish
Produce for Better Health	Munching Matters: The Snacking Secret	Brochure includes quick and easy ideas for healthy snacks as well as tips for busy families on the go	English
USDA	MyPyramid/MyPlate Materials	Food plans are designed for the general public ages 2 and over	English/ Spanish
Team Nutrition/USDA	MyPyramid, Eat Right, exercise	Educational materials that bring the messages of MyPyramid to elementary school children	English/ Spanish
USDA	MyPyramid for Kids	Educational materials that bring the messages of MyPyramid to children	English/ Spanish
USDA MyPyramid Website	MyPyramid 10 tips be a healthy role model for children	Educational materials that bring the messages of MyPyramid	English/ Spanish

LOCAL PROJECT SYNOPSIS

NASCO	MyPyramid 5 ft	Banner provides an excellent visual display for teaching kids about nutrition.	English
NASCO	MyPyramid 5 ft- Kids	Engage kids in learning about nutrition. Floor mat	English
USDA	MyPyramid for Kids Classroom Materials	MyPyramid materials designed specifically for children aged 6 to 11, worksheets	English
USDA	MyPyramid for Kids Team Up at Home	MyPyramid handout designed specifically for children aged 6 to 11	English
USDA	MyPyramid for Kids Tips for Families	MyPyramid materials designed specifically for children aged 6 to 11	English
NASCO	MyPyramid Kit Level 1, 2, 3	Educational material that bring the messages of MyPyramid	English
USDA	MyPyramid Posters	Educational material that bring the messages of MyPyramid	English
NASCO	MyPyramid Pursuit	Game to complete own personal pyramid based on age, gender, and activity level	English
USDA	MyPyramid Ten Tips Nutrition Education Series	Provides consumers and professionals with high quality, easy-to-follow tips in a convenient, printable forma	English
USDA	National Farm to School Handbook	Handbook focusing on procurement, farm-to-school distribution models, locally-grown food and farmers, menu planning considerations, and strategies for success.	English
USDA	Need Help Buying Food?	Practical information for Food stamp eligible people on buying healthy food	English
USDA	Network approved recipes	As title indicates	English/ Spanish
USDA	Nibbles for Health	Nutrition Newsletters for Parents of Young Children	English/ Spanish
USDA	Nutrient content of US Foods	USDA Nutrition Educational Materials	English/ Spanish
Network for a Healthy California	Nutrition Decathlon	The Nutrition Decathlon is a fun-filled nutrition education and physical activity program.	English
National Dairy Council	Nutrition Education Handouts/Interactive Tools www.dairycouncilofca.org	Nutrition education learning tools designed for children and teens available on their website.	English/ Spanish

LOCAL PROJECT SYNOPSIS

USDA	Nutrition Essentials	A series of lessons that help middle and hischool students make healthful eating and physical activity choices.	English/ Spanish
USDA Food and Nutrition Services	Nutrition Essentials	There are six sequential lesson plans—each one is based on a poster or other visual image that serves as the focus for class discussions and activities.	English
NASCO	Nutrition Fact Ball	This 15" inflatable ball challenges players with 60 questions about general nutrition	English
Produce for Better Health	Nutrition Posters	Posters that contain nutrition information for the 20 most used raw fruits and vegetables.	English
NASCO	Nutrition puppets	These 6" x 8" Nutrition Puppets are made of soft, fleece fabric and are large enough for an adult hand.	English
SNAP-Ed Connection	Nutrition Through the Seasons	Resource that highlights nutrition education materials and resources through out the year	English
USDA	Parents Get Straight A's With A Healthy Breakfast	Network approved and USDA developed.	English/ Spanish
Network for a Healthy California	Physical Activity - Brochure / materials	Network approved and USDA developed.	English/ Spanish
USDA	Physical Activity - LP	USDA developed materials.	English
USDA	Physical Activity and Exercise Safety	USDA developed materials.	English/ Spanish
Network for a Healthy California	Physical Activity Empowerment	Network approved and USDA developed.	English/ Spanish
Network for a Healthy California-Latino Campaign	Physical Activity for Your Health, Your Neighborhood and Your Life	Network Developed USDA Approved	English/ Spanish
USDA	Physical Activity Pyramid	USDA developed materials.	English/ Spanish
USDA	Physical Activity Scoreboard	USDA developed materials.	English/ Spanish
UC Cooperative Extension	Picky Eater	Helpful tips for parents of children with challenging eating choices and food aversions.	English/ Spanish
Network for a Healthy California-Children's Power Play! Campaign	PLAY! Tracker	Network for a Healthy California-Children's Power Play! Campaign	English
USDA	Portion Control - LP	USDA developed materials.	English

LOCAL PROJECT SYNOPSIS

NASCO	Portion Size Kit	An easy way to help teach portion sizes and visualize with items included to illustrate portions size; tennis ball etc. Also comes with a laminated card with food portion sizes listed.	English
USDA	Posters (Move It!, Activity Pyramid), brochures (MyPyramid Eat Smart, Play Campaign, How Much Do You Eat?, What is serving sizes?)	USDA developed materials.	English/ Spanish
Network for a Healthy California-Retail Program	Posters, Marketing Materials, Brochures,	Network for a Healthy California - Retail Program	English/ Spanish
Network for a Healthy California	Food Stamp Outreach Toolkit	USDA developed /approved materials	English
USDA	Power of Choice	USDA developed materials.	English
USDA	Power Panther Handouts	USDA developed materials.	English
USDA	Power Panther's Picnic	USDA developed materials.	English/ Spanish
Network for a Healthy California-Children's Power Play! Campaign	Power Play Campaign materials	Network for a Healthy California-Children's Power Play! Campaign	English/ Spanish
Network for a Healthy California-Children's Power Play! Campaign	Power Play! Kids Get Cookin' Cookbook	Network for a Healthy California-Children's Power Play! Campaign	English/ Spanish
USDA	Power up at Work	USDA developed materials.	English/ Spanish
Network for a Healthy California-Children's Power Play! Campaign	Power Up for Learning: A Physical Activity Supplement to the School Idea & Resource Kits	Network for a Healthy California-Children's Power Play! Campaign	English/ Spanish
USDA	Power Up with Breakfast	USDA developed materials.	English
NASCO	Pyramid Toss Ball	Fun games, challenges players with 60 questions relating to USDA food guidelines and the Food Pyramid.	English
USDA	Read it Before you Eat it	Label reading	English/ Spanish
Network for a Healthy California-African American Campaign	Recipe Card Sets	Network for a Healthy California-African American Campaign	English/ Spanish
Produce for Better Health	Recipes	Multiple healthy recipes to be distributed.	English
SNAP-Ed Connection	Recipes	Multiple healthy recipes to be distributed.	English

Produce for Better Health	Recitas Latinas Saluables	Multiple healthy recipes to be distributed.	English/ Spanish
Network for a Healthy California	Recommended Cups of Fruits and Vegetables	A poster developed by the Network for a Healthy California	English/ Spanish
USDA	Recommended Cups of Fruits and Vegetables for Adults	USDA developed materials.	English/ Spanish
USDA	Recommended Minutes of Physical Activity for Adults	USDA developed materials.	English/ Spanish
SNAP-Ed Connection	Resource Library Educational Materials	Online library to find quality information to aid in delivering SNAP-Ed including resources, referrals and recipes.	English
Network for a Healthy California	Re-Think Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
NASCO	Roxy's Eat Right Game	A fun and easy way to teach nutrition for grades K-7.	English
Produce for Better Health	School Foodservice Guide: Successful Implementation Models	This resource accompanies the "School Foodservice Guide Promotions, Activities, and Resources to Increase Fruit and Vegetable Consumption."	English
Network for a Healthy California-Children's Power Play! Campaign	School Idea & Resource Kit (4th & 5th grades)	Each Kit includes 10 activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day.	English/ Spanish
USDA	Serving It Safe	A comprehensive food service safety and sanitation training package for personnel at all levels. Revised 2009.	English
NASCO	Serving Up 50 Lessons over Easy, Food Pyramid Bingo, Various Teaching Models (Food, Muscle, Fat, Sugar, Etc)	Each manual contains 50 lesson plans and activities on topics such as: nutrients, the digestive system, meal planning, food preparation and tools, kitchen equipment, specific food groups, careers in dietetics, etc. Grade 6 and up.	English
Network for a Healthy California	Shape of Yoga	Offers simple ideas to teach others how to perform basic yoga and learn about healthy food choices.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Network for a Healthy California-Children's Power Play! Campaign	Smart Party Snacks (parent tip sheet)	These tip sheets provide ideas for working with other parents and school staff to make your child's school a healthier place to learn.	English
Produce for Better Health	Smart Snacking	Consumer columns designed as drop ins for newsletters and wellness brochures.	English/ Spanish
Network for a Healthy California-Children's Power Play! Campaign	Snack-Free Party Zone! (parent tip sheet)	These tip sheets provide ideas for working with other parents and school staff to make your child's school a healthier place to learn.	English
Network for a Healthy California-African American Campaign	Soulfood Recipes Building Healthy Traditions Cookbook	This cookbook is full of delicious recipes and tips to help you make eating healthy.	English
USDA	Steps to a Healthier Weight - LP	Online resource, lesson plan, about the importance of reaching and maintaining a healthier weight.	English
USDA, Team Nutrition	Team up at Home: Team Nutrition Activity Booklet	Teaches parents and school-age children about MyPyramid.	English
NASCO	The Case for Breakfast	Slide presentation on why breakfast is important, what happens when you skip, and what are the best choices.	English
Produce for Better Health	The Fruit & Veggies Guide to Good T.A.S.T.E.	Brochure on how to get more fruits and veggies in your day with helpful tips and hints aimed at busy families.	English
USDA	The Healthy Family Guidebook	Communicates MyPyramid messages in a way that is appropriate for low-literate audiences.	English/ Spanish
USDA	The Power of Choice: Helping You Make Healthy Eating and Fitness Decisions	Guide for adult leaders workign with youth to help them understand how their decisions about eating and physical activity affect their health now & in the future.	English
Produce for Better Health	The Quest for Color Activity Books	Quest for colorful fruits & veggies activity book for children.	English
USDA, Team Nutrition	The Two-Bite Club	Educational storybook developed to introduce MyPyramid to young children.	English

WIC	Tickle Your Appetite: Make Your Own, Sensational Faces, A Mystery Bag, Let's Vote: Taste, Touch Smell, Bread, Bread, Bread, Where Oh Where?, Food Gives us Energy to Move, Shopping Know-How, Supermarket Tour, Tips for Healthy Cooking, Food Safety: How Long Can I keep This?, Cooking at the WIC Cafe, Dairy-licious Recipes, Summer-Cool-n-Fruity Summer Treats (includes recipes)	Brochures and fact sheets	English
Network for a Healthy California	Tools for Learning Fuel for Moving	Performance related nutrition instruction for PE & PA	English
Produce for Better Health	Top 10 reasons to eat more fruits/veggies	As title indicates	English
National Dairy Council of California	Using MyPyramid to Make Healthier Food Choices	As title indicates	English/ Spanish
USDA Food Safety and Insp. Serv.	Washing Hands Coloring Page	As title indicates	English/ Spanish
USDA	What Is Your Calorie Level?	Determining how many calories a day one needs (from MyPyramid)	English
USDA	What you Need to Know About Mercury in Fish and Shellfish- Brochure	As title indicates	English/ Spanish
USDA	What's in a Cup	Amount of veg & fruits that make up a cup	English/ Spanish
Produce for Better Health	Why Fruits & Veggies? 10 Reasons, Diet & Exercise: The Role of F/V	Brief on line statements or one pages providing information on a variety of tops listed under Title	English
USDA, Team Nutrition	YourSelf Middle School Nutrition Education Kit	As title indicates	English
Network Youth Engagement	Youth in Focus	Youth led action research method to engage youth to play lead roles in meeting Network's goals	English

LOCAL PROJECT SYNOPSIS

Produce for Better Health	Yummy Designs (Fruits & Vegetables) - Coloring Book used for LP series	As title indicates	English
Team Nutrition	Grow It, Try It, Like It	Pre-School fun with Fruits and Veggies (Team Nutrition)	English
City of Long Beach, DHHS	Jr. Beach Runners Participant Workbook	Includes Network approved handouts, activity sheets, coloring sheets, MyPyramid material, etc. that reinforce the messages taught during the class series.	English/Spanish
Centers for Disease Control and Prevention (CDC)	10 Ways to Help Kids Eat More Fruits and Veggies (Encourage Kids to Eat More Fruits & Veggies - correct title)	Handout: tips and fun recipes that encourage children to eat fruits and vegetables.	English
American Heart Association	About Cholesterol - LP/Handout	Basic information about cholesterol	English
ETR Associates	Actions for Health (K - 5 Curriculum: Nutrition & Physical Activity lessons only)	Reviews key nutrients and food groups, components of physical fitness, and guidelines for healthy eating and physical activity	English
American Dietetic Assoc.	ADA's Complete Food and Nutrition Guide	This guide provides nutrition and activity advice for every age and stage of life.	English
Learning Zone Express	Adventures in the Grocery Store DVD	Topics include: label reading, food quality, food safety, unit pricing and money management for grocery shopping	English
Center for Disease Control and Prevention (CDC)	BAM! Body and Mind	Website: kids 9-13 years old, BAM! Body and Mind gives them the information they need to make healthy lifestyle choices (including nutrition)	English
Food Stamp Nutrition Connection	Be Active Your Way (It's So Easy?) (DHS)	Discusses the benefits and recommendations for physical activity. Provides general tips and a physical activity pyramid.	English/ Spanish
California African American Campaign	Body and Soul	Evidenced based framework for successfully influenceing nutrition and physical activity behaviors among African Americans in church setting.	English

American Cancer Society (ACS)	Body and Soul Program Guide/Materials	Wellness program: designed for African American churches that help members improve their health	English
American Cancer Society	California Home Grown, Cooking Smart; nutrition and Activity Quiz: Add Fruits and Veggies to Your Diet: Great American Eat Right Challenge	Brochures and handouts. http://www.cancer.org/index	English
American Cancer Society	Choices for Good Health: Guidelines for Nutrition and Physical Activity for Cancer Prevention brochure	Recommendations for individual choices help a person focus on the importance of maintaining a healthy body weight, adopting a physically active lifestyle, and eating a healthy diet.	English
American Cancer Society	Cooking Smart	A program that teaches by making simple changes in the way people prepare foods, how they can have a positive impact on both health and pocketbook. Teaches quick and easy tips to help them meet daily nutritional guidelines and prepare meals in 30 minutes or less.	English
American Heart Association	Cut the Fat	Reviews and emphasizes that the most effective change to make in diet is to cut fat in preventing heart disease. Lists the fat content in popular fast foods, and then suggests healthier, lower-fat alternatives.	English/ Spanish
Centers for Disease Control & Prevention (CDC)	Eat a Variety of Fruits and Vegetables Every Day	Discusses that fruits and vegetables are great sources of many vitamins, minerals and other natural substances that may help protect you from chronic diseases and to get a healthy variety, think color. Eating fruits and vegetables of different colors gives the body a wide range of valuable nutrients, like fiber, folate, potassium, and vitamins A and C.	English

LOCAL PROJECT SYNOPSIS

American Dietetic Association	Eat Right -25 Healthy Snacks for Kids	For parents, the message is no matter how hard you try to make sure your child eats right, snack attacks can often undo all your hard work – but they don’t have to with these healthy snack ideas from the American Dietetic Association such as Peel a banana and dip it in yogurt. Roll it in crushed cereal and freeze. Please check with your PM prior to use of the recipes.	English/ Spanish
Krames Communications	Eating for a Healthier Heart - Brochure	Brochure: Explains how patients can develop new habits to eat healthfully and enjoy it.	English
American Dietetic Association	Eating Right Tips for Older Adults	Topics covered: calories, variety, fats, physical activity, sample meal plan and special dietary needs.	English/ Spanish
American Dietetic Association	Eating Well the Vegetarian Way	Describes types of vegetarianism and explains how to get nutrients such as iron, calcium and protein from a vegetarian eating plan. Includes tips for meal planning, eating out and physical activity.	English
Centers for Disease Control and Prevention (CDC)	Encourage Kids to Eat More Fruits and Vegetables	As title indicates	English
California Power Play!	Farmers Market Idea & Resource kit	Network material already approved by USDA	English
American Heart Association	Fats 101 - LP	Provides basic information about dietary fats and cholesterol downloadable fro AHA website	English
Food Groupies, Inc.	Food Groupies - Curricula	U of Arkansas Cooperative Extension DVD program encourages children to eat a variety of foods from the five USDA approved food groups in an entertaining way.	English
Food Stamp Nutrition Connection	Food Stamp Office Resource Kit	SNAP-Ed materials Focusing on educating food stamp recipients and applicants about the choices that lead to good nutrition and healthy behavior.	English/ Spanish
Food Stamp Nutrition Connection	Foods to Love for the Love of Your Family	SNAP-Ed Brochure	English/ Spanish

CDC	Fruit & Veggies Matter: What Counts as a Cup?/CDC - Handout	Brochure through pictures shows how to determine cup portion sizes of fruits and vegetables.	English
California (Children's) Power Play!	Fruits and Vegetables PowerPlay!	Campaign: this social marketing initiative empowers 9- to 11-year-old children to eat 3 to 5 cups of fruits and vegetables and get at least 60 minutes of physical activity every day.	Eng. And Spanish
American Cancer Society	Generation Fit: Today's Generation Advocating for Good Health	Program: encourages students ages 11 to 18 take part in community service projects that promote more physical activity and healthier eating among their friends and families, and in their schools and communities	English
Meals Matter	Get Packin' Tips for a Healthy Lunch Box	Handout: tips for including food groups in packed lunches	English/ Spanish
California African American Campaign	Get Your Calcium the Fruit and Vegetable Way brochure	Brochure: brochure to educate people about foods that are good sources of calcium.	English
California African American Campaign	Healthy Eating and Physical Activity Tips brochure	Brochure on Healthy Eating and Physical Activity Tips	English
American Dietetic Association	Healthy Eating on the Run	30 tips for making healthy choices when eating out.	English/ Spanish
Krames Communications	Healthy Food Shopping - Brochure	Encourage healthy behaviors and improve outcomes with a wide selection of wellness and prevention resources	English
Krames Communications	Healthy Snacking - Brochure	Brouchure to provide information on and promote the eating of healthy snacks	English
American Heart Association	Heart Health - LP	Cholesterol info and Lipoprotein A	English
Kid Tribe	Hooper Size Me - Vol 1	CD of songs and movements to use with the hula hoop	English
Fruits and Veggies More Matters	How Many Fruits and Vegetables do you Need?	Identifies how many cups of Fruits and veggies are recommended	English/ Spanish
Centers for Disease Control and Prevention (CDC)	How many fruits and vegetables do you need? (brochure)	Identifies how many cups of Fruits and veggies are recommended	English/ Spanish
American Heart Association	How to have your cake and eat it too: A painless guide to low-fat, low-cholesterol eating.	Low fat low cholesterol eating tips	English

American Dietetic Association	How to read a food label	Brochure - As indicated in title	English
American Heart Association	How to Read the New Food Label	Brochure - As indicated in title	English/ Spanish
Centers for Disease Control and Prevention (CDC)	How to use Fruits and Vegetables to Manage Your Weight	Brochure -As indicated in title	English/ Spanish
California Food Policy Advocates (CFPA)	Hunger & Nutrition in California	UCLA health policy research brief	English
USDA	Jazz Up Your Menu With Fruits	Handout - Creating menus with fruit	English/ Spanish
American Heart Association	Jump Rope for Heart	Physical activities written by Am Heart Assoc.	English
California Latino	Keeping FITT, Stretching Exercises, and Recipe Cards.	Handouts and brochures - As title indicates	English/ Spanish
American Heart Association	Let's Just play Go Healthy Challenges	Campaign: comprehensive on-air, online and grassroots campaign that encourages kids to be healthy and active.	English
American Cancer Society	Living Smart - The ACS Guide to Eating Healthy and & Being Active	booklet from the ACS as title indicates.	English/ Spanish
Krames Communications	Low-Fat Eating- Brochure	As title indicates	English
Learning Zone Express	Low-fat Express - Activity Sets	Nutrition Curriculum appropriate for grades 9 - adult with fat tubes, fat and arteries replicas, MyPyramid bingo, and videos.	English
Krames Communications	Low-Salt Eating - Handout	As title indicates	English
American Cancer Society	Meeting Well: A tool for Planning Healthy Meetings and Events	Brochure about including healthy foods and physical activity into meetings	English
American Dietetic Association	Men's Health	Tipsheet on men's nutrition	English/ Spanish
Centers for Disease Control and Prevention (CDC)	MyPyramid e-catalog	Help nutrition educators find and use nutrition education tools/curriculums to teach mypyramid	English/ Spanish
Learning Resources	MyPyramid Felt Chart	Educational material that bring the messages of MyPyramid	English
Learning Resources	MyPyramid Pocket Chart	Rugged, hanging chart shows current USDA nutritional guidelines	English
Centers for Disease Control and Prevention (CDC)	Nutrition & PA Toolkit	A CDC resource for community leaders; physical education, health education teachers and physical activity practitioners.	English

American Cancer Society	Nutrition and Cancer	Guidelines ranging from whole grains, fats, alcohol, and daily goals for exercise—to the lifestyle changes that may help prevent breast, colon and other specific cancers.	English
American Dietetic Association	Nutrition Facts Sheet	Eat Right nutrition tip sheets provide practical food and nutrition guidance for healthy eating written by ADA staff registered dietitians.	English
Centers for Disease Control	Nutrition for Everyone	CDC's variety of resources about healthy eating tips and information.	English
Learning Zone Express	Obesity in a bottle DVD	This educational video uses a fast-paced, teen-friendly format to address the growing national obesity problem and how beverages are a factor.	English
Centers for Disease Control and Prevention (CDC)	Obesity Map Power Point / trends	Animated map from the Center of Disease Control and Prevention chronicling the rise of obesity in America.	English
CDC	Produce for Better Health/Colorful Eating	Center for Disease Control. Network approved.	English
Centers for Disease Control	Recipes	Multiple healthy recipes to be distributed.	English
CA Project LEAN	Resource Kit: Food on the Run	This guide provides real life examples of how Food on the Run, a California-based project worked with youth advocates to make healthy eating and physical activity easier to do at their schools.	English
CA Project LEAN	Resource Kit: Jump Start Teens	A series of eight lesson plans for use with teens; the lesson plans are real-life and cross-curricular and will educate and encourage students to eat healthy, keep moving, and take action. The lesson plans were updated in 2007.	English
CA Project LEAN	Resource Kit: Playing the Policy Game	This toolkit highlights nutrition and physical activity policies in the school and community that teens can pursue with adult guidance.	English
Centers for Disease Control and Prevention (CDC)	Rethink Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English

FDA, Center for Food Safety and Applied Nutrition	Science and Our Food Supply: Investigating Food Safety from Farm to Table	This interactive video, comprehensive reference guide, career guide and varied activities included in this educational kit can be incorporated into all academic disciplines. For grades 9-12.	English
American Heart Association	Search Your Heart	A community-based educational program/tool to reach high-risk audiences, deliver knowledge and action steps to reduce their risk for heart disease and stroke.	English
American Dietetic Association	Step up to Nutrition and Health	Educational flyer on food, nutrition and health tips from the American Dietetic Association.	English/ Spanish
California Retail Program	Steps to Advocate for Fruits, Vegetables and Physical Activity in Your Community	A step-by-step guide to help participants bring fruits, vegetables, and physical activity into their community.	English/ Spanish
California Power Play!	Student Workbooks and Resource Kit	Fourth- and fifth-grade educational kits each featuring 10 fruit, vegetable, and physical activity lessons.	English
Centers for Disease Control and Prevention (CDC)	Test Your Fruit and Veggie IQ	Information on health benefits of fruits and vegetables and tips for eating more.	English
Centers for Disease Control and Prevention (CDC)	Three simple steps to eating more fruits and vegetables	Steps to increase the amount of fruits and vegetables in the diet as well as picture examples of what a cup and ½ cup serving looks like.	English/ Spanish
American Cancer Society	Exercise Counts, Nutrition and Phys. Activity. ACS Guidelines, Recipes	Brochures and Handouts - As titles of items indicate	English
American Heart Association	Trans Fats - LP	Lesson plan with information taken from the AHA web page Trans Fats Q & A	English
Fruits and Veggies More Matters	Understanding Food Labels - LP	Lesson plan taken from FVMM web site or other FVMM materials	English
American Cancer Society	Why Eat More Fruits and Vegetables	As title indicates	English
First 5 California	Yummy for Your Tummy	Recipe booklet for toddler age child. Please check with your PM prior to use of the recipies.	English/ Spanish
USDA	Eat Smart, Live Strong Activity Kit	Nutrition education material and lessons for older adults.	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
Jr. Beach Runners Food Tasting Journal	Food Journal that corresponds to the fruits/veggies we will be sampling as part of the JBR program.	No food journal currently exists that fits our program foods/recipes. We have a template used in fy11 that will be used and updated to include the new fruits and vegetables to be featured in FY12

BUDGET COVER SHEET
FFY 2012

Organization: Long Beach, City of, Department of Health and Human Services				
Contract Number: 11-10227				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 327,649	\$ 342,243	\$ 14,594.00	4.45%
Fringe Benefits	\$ 183,483	\$ 191,656	\$ 8,173.00	4.45%
Operating	\$ 69,059	\$ 48,463	\$ (20,596.00)	-29.82%
Equipment & Other Capital	\$ 6,864	\$ 9,000	\$ 2,136.00	31.12%
Travel	\$ 15,754	\$ 10,584	\$ (5,170.00)	-32.82%
Subcontractors	\$ 12,480	\$ 9,000	\$ (3,480.00)	-27.88%
Other Costs	\$ 30,791	\$ 34,954	\$ 4,163.00	13.52%
Indirect Costs	\$ 81,934	\$ 82,114	\$ 180.00	0.22%
Total Federal Share	\$ 728,014	\$ 728,014	\$ -	0.00%
<p><i>*Operating Costs >5% difference due to the reduction in rent costs for the program. As of 10/1/2011 the staff on this budget will be moved into the Main Health Facility and will no longer need to pay rent for office space.</i></p>				
<p><i>*Equipment Costs >5% difference due to the need to purchase new and replacement items for nutrition education activities, cooking demonstrations and special events.</i></p>				
<p><i>*Travel Costs >5% difference due as a result of not attending the Ca. Obesity Conference in FY 12 (occurs every other year).As well as the decrease from 4 to 3 days for CCLHDN.</i></p>				
<p><i>*Subcontractor Costs >5% difference due the City's requiremet that our Community Workers be included as personnel and not as subcontractors.</i></p>				
<p><i>*Other Costs >5% difference due to the addition of RYD SOW activity, increased Jr. Beach Runners Sites and Special Event expenses including Kids in the Kitchen. This line item was increased using the savings from the decrease in Operating and Subcontractors.</i></p>				
<p>Note: <i>If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i></p>				
<p><i>If the total percentage difference is greater than 5% consult your Contract Manager.</i></p>				
<p><i>FFY 2012 Network Growth Policy restricts contract growth.</i></p>				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Long Beach, City of, Department of Health and Human Services
 11-10227

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Lara Turnbull							
	Title:	Project Director (Public Health Professional)	\$ 80,009	1.00	90.0%	10.0%	\$ 80,009	\$ 80,009	
2.	Name:	Sophy Kol							
	Title:	Program Finance Analyst (Public Health Associate III)	\$ 68,511	1.00	95.0%	5.0%	\$ 68,511	\$ 68,511	
3.	Name:	Kim Kallie Rodriguez							
	Title:	Nutrition Educator (Outreach Worker II)	\$ 47,172	1.00	10.0%	90.0%	\$ 47,172	\$ 47,172	
4.	Name:	Sharon Alvarado de Avina							
	Title:	Nutrition Educator (Outreach Worker II)	\$ 48,628	1.00	10.0%	90.0%	\$ 48,628	\$ 48,628	
5.	Name:	Claudia McGee							
	Title:	Nutrition Ed. Assistant (Public Health Associate II)	\$ 43,855	0.50	5.0%	45.0%	\$ 21,928	\$ 21,928	
6.	Name:	Vacant							
	Title:	Admin. Program Assistant (Public Health Associate I)	\$ 31,508	1.00	95.0%	5.0%	\$ 31,508	\$ 31,508	
7.	Name:	Vacant							
	Title:	Community Worker	\$ 37,440	0.50	2.5%	47.5%	\$ 18,720	\$ 18,720	
8.	Name:	Vacant							
	Title:	Community Worker	\$ 37,440	0.50	2.5%	47.5%	\$ 18,720	\$ 18,720	
9.	Name:	Tanvi Shah							
	Title:	Bureau Admin. Analyst	\$ 70,475	0.10	10.0%	0.0%	\$ 7,047	\$ 7,047	
SUBTOTAL			\$ 465,038	6.6000	320.0%	340.0%	\$ 342,243	\$ 342,243	
FEDERAL SHARE POSITION DESCRIPTIONS:									
Project Director #1		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project. Administers the nutrition education contract and budget, supervises nutrition education staff, attends nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinates contract reporting requirements.							
Program Finance Analyst #2		Responsible for the preparation and management of invoices and time studies. Assist Project Director with monitoring of the budget(s) as necessary. Processing of purchase orders and prepare and collect fiscal and program documentation. Attends programmatic and fiscal trainings. Represents Network program at LBDHHS and community meetings. Supervises education staff in Project Director's absence.							

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Long Beach, City of, Department of Health and Human Services
 11-10227

											Federal Share	Total Dollars	
											Total Dollars		
C. OPERATING EXPENSES:													
Federal Share: (Based on historical SNAP-Ed usage)													
1. Office Supplies											\$ 5,850	\$ 5,850	
Office supplies include paper, pencils, pens, etc. for staff in the Healthy Active Long Beach Program. The cost is computed at 6.5 FTE (does not include Bureau Admin. Analyst) x \$75 per month per staff x 12 months per year.													
2. Photo Processing/Supplies											\$ 240	\$ 240	
The cost for photo processing and supplies which will be used to photograph nutrition education events and CX3 activities for education, reporting and is expected to be \$20 per month for 12 months.													
3. Printing											\$ 18,000	\$ 18,000	
These costs include the printing of program brochures (\$5,000), event flyers (\$5,000), signs/banners (\$3,000) reproducing Network approved educational material, recipe cards, handouts, and CX3 related materials (neighborhood fact sheets, score cards, etc.) (\$5,000).													
4. Postage											\$ 251	\$ 251	
These costs include mailing and/or shipping of program event flyers, material and report backup documents. Cost is \$151 (calculated at 30 pieces per month x 12 months at .42 each) plus \$100 for shipping rates for items (report backup, cx3 documents, etc.) sent to the Network. \$151 + \$100 = \$251													
5. Rent											\$ 1,200	\$ 1,200	
Cost is for a storage unit to store nutrition education materials, special event equipment and cooking supplies. The cost is calculated at \$100 per month x 12 months.													
6. Phone/Computer											\$ 22,922	\$ 22,922	
Cost for this includes \$2,520.58 per year for computer charges (includes equipment lease, data center, email and web services) and \$898.15 per year for phone charges (includes equipment, voice and data services) x 6.5FTE (does not include Bureau Admin. Analyst). \$2,520.58 + \$898.15 x 6.5 = \$22,222 + \$700.00 for maintenance and network charges for Network Program Laptop.													
SUBTOTAL:											\$ 48,463	\$ 48,463	

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Long Beach, City of, Department of Health and Human Services
 11-10227

										Federal Share Total Dollars	Total Dollars	
D. EQUIPMENT EXPENSES:												
Federal Share:												
1. Cooking Equipment										\$ 2,000	\$ 2,000	
These items will be used to conduct healthy cooking demonstrations and food taste testings and include: knives and cooking utensils, pots & pans, small appliances, hot/cold food storage equipment, mixing bowls and other misc. cooking items. Items listed may include either replacement or duplicate cooking equipment to allow for staff to conduct multiple events on same time/day. (Cooking Equipment utilized by Nutrition Educators, Community Workers and Project Director.)												
2. Office Equipment										\$ 5,000	\$ 5,000	
As needed, purchase of misc. office equipment with Network approval. Amount budgeted includes both new and potential replacement of existing office equipment such as storage shelves/units (\$2,000), laminating machine (\$200), binding machine (\$400), laptop for classes/presentations (\$1,500) Portable CD player (\$100), projector(\$300) and other equipment (\$500) (Office Equipment utilized by all Network funded staff).												
3. Community Education Equipment										\$ 2,000	\$ 2,000	
As needed, purchase equipment used to conduct nutrition education at classes and special events. Includes items such as ez-up canopy (\$550), sneeze guard (\$200), table cloths and signs w/ logo (\$300), presentation easels (\$100), portable carts (\$200), portable projection screen (\$150) tables, chairs, etc., (\$500) (Community Education Equipment utilized by Nutrition Educators, Community Workers and Project Director).												
SUBTOTAL:										\$ 9,000	\$ 9,000	
E. TRAVEL AND PER DIEM:												
Federal Share:										\$ -		
Meeting/Training/Conference	Staff	# Trips	# Days	Air/Mileage*	Lodging	Per Diem	Reg. Fees					
1. Annual Network Conference	PD/NE (3)	1	2	\$300	\$168	\$80	\$0	\$ 1,644	\$ 1,644			
2. CCLHDN**	PD (1)	1	3	\$175	\$126	\$50	\$195	\$ 546	\$ 546			
3. Network Sponsored Trainings	All (6)	4	1	\$40	\$0	\$20	\$0	\$ 360	\$ 360			
4. Statewide Collaborative Meetings	PD (1)	4	1	\$400	\$168	\$120	\$0	\$ 688	\$ 688	\$ 3,926		
5. Network Operations Subcommittee	PD (1)	4	1	\$400	\$168	\$120	\$0	\$ 688	\$ 688			
*Air/Mileage includes costs such as parking, shuttles, taxis, etc.												
** CCLHDN is prorated by FTE (Project Director) is 1.0 FTE and 50% by agenda.												
Lodging for the Statewide Collaborative and Network Operations Subcommittee Meeting was included to allow for quarterly meetings scheduled consecutively.												

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Long Beach, City of, Department of Health and Human Services
 11-10227

											Federal Share Total Dollars	Total Dollars	
6. Mileage is reimbursed at a rate of \$0.555 per mile. The costs for this item are for 6.5 FTE (does not include Bureau Admin. Analyst) staff traveling to sites for Network related trainings, meetings, and SOW activities and events. The cost for this line item is calculated at:													
* 3.5 FTE (includes Nutrition Educators and Assistant and Community Workers) x 225 miles per month x \$0.555 x 12 months = \$5,245											\$ 5,245	\$ 5,245	
* 1 FTE (Project Director) x 172.22 miles per month x \$0.555 x 12 months = \$1,147											\$ 1,147	\$ 1,147	
* 2 FTE (Admin. Program Assistant and Program Finance Analyst) x 20 miles per month x \$0.555 x 12 months = \$266											\$ 266	\$ 266	
SUBTOTAL:											\$10,584	\$ 10,584	
F. SUBCONTRACTORS:													
Federal Share:													
Registered Dietician Consultant (vacant)											\$ 9,000	\$ 9,000	
This cost is for a Registered Dietician Consultant to assist with the development of lesson plans (using Network approved material and curriculum resources) for our single-session and 5-class series nutrition education activities. May also assist with conduct staff training. This cost is calculated at \$150 per hour x 60 hours)													
SUBTOTAL:											\$ 9,000	\$ 9,000	
G. OTHER COSTS:													
Federal Share:													
1. Nutrition education materials required for the delivery of critical program services* (nutrition education: books, brochures, activity sheets, teaching visuals and equipment, videos and games for conducting nutrition education). Materials will be used to complete SOW activities with 5,000-8,000 participants reached											\$ 16,954	\$ 16,954	
* Expenditures on nutrition education items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.													
2. Special Event Expenses											\$ 10,000	\$ 10,000	
Events in this line item include prorated amount of nutrition education for special events such as Kids in the Kitchen/Ryd Kick Off Event and CX3 Community Presentations. Examples of these costs include: registration fees, facilities usage fees, event promotion/marketing, rental of canopies, tents, chairs, tables, awnings, booth reservations and honorarium for guest speakers/presenters). Events estimated at 4-8 events per year, 50-1,000 participants reached per event.													
3. Food Demonstrations and Samples											\$ 6,000	\$ 6,000	
Costs for healthy cooking demonstrations/tastings at special events, nutrition class series (Jr. Beach Runners), single-session workshops and RYD activities. Examples of costs for this item include food, gloves, serving items, food storage items, cleaning materials. Averaged at \$1.50 per sample x 4,000 samples.													
4. Material Translation											\$ 2,000	\$ 2,000	
Costs for having Network approved nutrition education and event promotion materials translated in to Khmer (Cambodian) and other languages as necessary to reach target community. Cost for this is calculated at \$50 per page x 40 pages.													
SUBTOTAL:											\$ 34,954	\$ 34,954	

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Long Beach, City of, Department of Health and Human Services
 11-10227

												Federal Share Total Dollars	Total Dollars		
H.	INDIRECT COSTS:														
	Federal Share:	15.38% of Personnel and Fringe Benefits (\$533,899 x 15.38%)										\$ 82,114	\$ 82,114		
	15.38% of Personnel and fringe Benefits which is based on the most recent available Full and OMB A-87 Indirect Cost Plan and includes indirect costs associated with the maintenance and operation of the City and the Health Department such as City Administration, janitorial, payroll services, etc.														
												SUBTOTAL:	\$ 82,114	\$ 82,114	
TOTAL								\$ 465,038	6.6000	320.0%	340.0%	\$ 728,014	\$ 728,014		

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Monterey County Health Department
Program Area: Local Incentive Awardee: Public Health Department
Contract Number: 10-10158

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 50% Female 50%

Ethnicity:

- African American 4%
- Asian 7%
- Caucasian 36%
- Latino 51%
- Native American 1%
- Pacific Islander 1%
- Other (specify) 0%

Languages:

- | | |
|-------------------------------------------------|-------------------------------------------------|
| <input checked="" type="checkbox"/> English 80% | <input type="checkbox"/> Khmer (Cambodian) ___% |
| <input checked="" type="checkbox"/> Spanish 20% | <input type="checkbox"/> Korean ___% |
| <input type="checkbox"/> Arabic ___% | <input type="checkbox"/> Lao ___% |
| <input type="checkbox"/> Armenian ___% | <input type="checkbox"/> Tagalog ___% |
| <input type="checkbox"/> Russian ___% | <input type="checkbox"/> Vietnamese ___% |
| <input type="checkbox"/> Bosnian ___% | <input type="checkbox"/> Other (specify): ___% |
| <input type="checkbox"/> Cantonese ___% | <input type="checkbox"/> Other (specify): ___% |
| <input type="checkbox"/> Farsi ___% | <input type="checkbox"/> Mandarin ___% |
| <input type="checkbox"/> Hmong ___% | |

Ages:

- Under 5 years old 15%
- 5 to 8 40%
- 9 to 11 30%
- 12 to 17 5%
- 18 to 59 10%
- 60 years old and over 0%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): (___ % equal to or less than 185% FPL)

Other (Specify): (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|-------------------------------------------|---|-----------------------------------------------------|------------|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | _% |
| <input type="checkbox"/> Food Banks | % | <input type="checkbox"/> Soup Kitchens | % |
| <input type="checkbox"/> Food Pantries | % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input type="checkbox"/> Public Housing | % | <input checked="" type="checkbox"/> WIC Offices | <u>7</u> % |
| <input type="checkbox"/> HeadStart | % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
- Internet/Web Sites-website address:
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (15 occurrences at 1.5 hour(s) each)
- Community Education Events: (10 occurrences at 2 hour(s) each)
- Training/Workshop/Conference: (20 occurrences at 1.5 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) : (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Rethink Your Drink</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| Adult Education & Job Training Sites | <u> </u> Food Stores |
| Adult Rehabilitation Centers | Head Start Programs |
| CalFresh Offices | Individual Homes |
| <u>4</u> Churches | Libraries |
| Community Centers | Other Youth Education Sites (includes Parks and Recreation) |
| Elderly Service Centers | Public/Community Health Centers (includes Public Health Departments) |
| Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | Public Housing |
| Extension Offices | <u>3</u> Schools – students (Preschool) |
| <u>1</u> Farmers Markets | <u>15</u> Schools – students (K-12) |
| | <u>8</u> Schools – students (Afterschool Program) |
| | <u>17</u> Schools – Parents |

Shelters/Temporary Housing
1 WIC Programs
 Worksites
 Other (specify):

Other (specify):
 Other (specify):

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 13,500

Narrative (max. 200 words)

Monterey County Health Department (MCHD) is a public health government entity, whose mission is to enhance, promote and protect the health of Monterey County individuals, families, communities and environments. The Network for a Healthy California Local Incentive Awardee (LIA) is housed in the Public Health Bureau. LIA focuses on capacity building within qualifying preschools, elementary schools and afterschool programs through a train the trainer model. The trainings provide teachers, school food service staff and afterschool staff with curricula on nutrition and physical activity education and tools including toolboxes, resources and materials that facilitate the integration of nutrition and physical activity promotion into the mandated curricula. Network staff educate parents on nutrition and physical activity through parent groups at schools and faith-based organizations, as well as basic nutrition education to eligible families through community and school events. Nutrition education and physical activity promotion are provided annually in science, reading, language development, social studies and math instruction for more than 8,000 low income preschool and elementary grade children in 18 schools and afterschool programs.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Process evaluation will indicate the participation levels in all activities performed, as reported by the Activity Tracking Form, sign-in sheets and on-going evaluations of trainings and classes. Impact evaluation will measure changes in food preference, knowledge and behavior for fruits and vegetables among students.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Monterey County Health Department's Network for a Healthy California LIA collaborates with schools promoting consistent nutrition education and physical activity messaging. The Network has begun new partnerships with some of the local chefs and tile muralist. LIA coordinates efforts with Regional Network programs and campaigns, working efficiently to bring key nutrition messages to the CalFresh population by utilizing the Latino Campaign toolbox training in parent education groups, Power Play! materials in 4th and 5th grade classrooms and afterschool programs and partnering with the PA Specialist in Walk to School Week, Bike to School Week and other fitness promotions in the schools.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
WIC	WIC	632 E. Alisal St.	Salinas	93905				Proxy
Farmers Market	WIC	632 E. Alisal Street	Salinas	93905	06053000900	All Races	64.4%	
Church	New Hope Baptist	221 Kings Street	Salinas	93905	06053000500	All Races	52.1%	
Church	Emmanuel Bilingual Baptist	1125 Garner Avenue	Salinas	93905	06053000700	All Races	65.9%	
Church	Jesus Christ Temple Philadelphia	160 Pajaro Street	Salinas	93901	06053001300	All Races	56.1%	
Church	Mt Nebo Baptist	563 Roosevelt Street	Salinas	93905	06053000500	All Races	52.1%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Chualar Elementary (S) (P) (PS)	Chualar	27 65995 6026082	84.86%	12.57%	97.43%
JC Crumpton Elementary (S) (A) (P)	Monterey Peninsula Unified School District	27 66092 6026256	47.87%	17.87%	65.74%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Marina Vista Elementary (S) (A) (P)	Monterey Peninsula Unified School District	27 66092 6026314	63.51%	21.37%	84.88%
Martin Luther King (S) (P)	Monterey Peninsula Unified School District	27 66092 6058721	69.35%	15.32%	84.68%
Ord Terrace Elementary (S)(A)(P)	Monterey Peninsula Unified School District	27 66092 6026355	68.07%	23.70%	91.76%
Del Rey Woods Elementary (S)(A) (P)	Monterey Peninsula Unified School District	27 66092 6026181	71.63%	19.80%	91.43%
Highland Elementary (S)(A) (P)	Monterey Peninsula Unified School District	27 66092 6026223	72.97%	18.46%	91.43%
Ione Olsen Elementary (S)(A)(P)	Monterey Peninsula Unified School District	27 66092 6026249	36.97%	18.46%	53.67%
Marina Childrens Center (PS)(P) (School Food Service- 5/17/11)	Monterey Peninsula Unified School District	27 66092 6026306	65.00%	14.00%	79.00%
Seaside Childrens Center (PS)(P) (School Food Service- 5/17/11)	Monterey Peninsula Unified School District		66.00%	15.00%	81.00%
Cabrillo Childrens Center (PS)(P) (School Food Service- 2/7/11)	Monterey Peninsula Unified School District		68.00%	16.00%	84.00%
Loma Vista Elementary (S) (P)	Salinas City Elementary School District	27 66142 6026553	73.94%	14.01%	87.95%
Boronda Meadows (S) (P)	Salinas City Elementary School District	27 66142 0108068	69.78%	16.85%	86.63%
Sherwood Elementary (S) (PS) (P)	Salinas City Elementary School District	27 66142 6026611	86.33%	9.61%	95.94%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Prunedale Elementary (S) (P)	North Monterey County Unified School District	27 73825 6026447	60.00%	15.69%	75.69%
Elkhorn Elementary (S) (P)	North Monterey County Unified School District	27 73825 6026413	55.57%	20.52%	76.09%
Echo Valley Elementary (S)	North Monterey County Unified School District	27 73825 6026405	59.31%	13.16%	72.47%
Castroville Elementary (S) (P)	North Monterey County Unified School District	27 73825 6026397	70.76%	13.84%	84.60%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Power Play!	School Idea and Resource Kit for 4 th and 5 th grades	Network approved curriculum for 4 th and 5 th graders.	English/Spanish
California Power Play!	Are you Ready to Get the Power	4 th and 5 th grade workbooks designed to encourage and motivate students to eat fruits and vegetables and be physically active everyday	English/Spanish
Network for a Healthy California	Fruit, Vegetable and Physical Activity Toolkit for Community Educators	Network approved lesson plans to use with parents/CBO's/DHSP's	English/Spanish
American Cancer Society	Body and Soul Program Guide/Materials	Wellness program: designed for African American churches to help members improve their health	English
Contractor Developed/ Monterey County Health Dept. LIA	Eating, Writing and Arithmetic	Nutrition Education Curriculum for K-6 to compliment state standards and introduce nutrition	English (some Spanish)
Contractor Developed/ Monterey County Health Dept. LIA	Parent Toolbox	Parent nutrition education lessons	English/Spanish
Contractor Developed/North Carolina's Dept. of Public Instruction/ Project Lean ABC for Fitness	Energizers Classroom-Based Physical Activities	This curriculum encourages teachers to include short physical activities during the school day to energize the student.	English
Harvest of the Month (HOTM)	Website	Website with a variety of information on produce, newsletters, recipes, etc...	English
Harvest of the Month (HOTM)	Educator Newsletter	Information sheet/bulletin that provides nutritional information on the featured produce of the month	English/Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Harvest of the Month (HOTM)	Parent Newsletter	Information sheet/bulletin that provides nutritional information on the featured produce of the month	English/Spanish
Harvest of the Month	Community Newsletter	Information sheet/bulletin that provides nutritional information on the featured produce of the month	English/Spanish
Harvest of the Month (HOTM)/Contractor Developed (Downey and Hawthorne Unified School Districts)	Harvest of the Month Student Workbooks K-5	Activity workbook that teaches kids about seasonal produce, counting fruit/veggies, visiting how produce is grown, etc.	English
Harvest of the Month/ Contractor Developed (Merced County Office of Ed)	Harvest of the Month Physical Activities K-8	Lesson plans designed to motivate students to increase consumption and enjoyment of a variety of fruits/veggies and to engage in physical activity daily.	English
USDA	MyPyramid.gov website	Personalized eating plans and interactive tools to help plan/assess food choices	English
USDA	MyPyramid Lessons	Lessons for Grades 1-6 on the food pyramid	English
USDA	MyPyramid Posters	Educational material that carries the MyPyramid message	English
USDA	MyPyramid Materials	Educational material that carries the MyPyramid message	English/Spanish
Dairy Council of California	Healthy Choices, Healthy Me	A comprehensive, ten lesson nutrition education program that focuses on food choice behaviors while reinforcing language and math for 1 st and 2 nd graders	English/Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California	Building a Healthy Me	A six lesson program teaching fundamental nutrition concepts while introducing kindergarteners to a range of healthy food choices.	English/Spanish
Dairy Council of California	Put Your Preschoolers on the Path to Healthy Eating (<i>Note from LIA: "This is a brand new curriculum that they recently released, so it is not on the approved list yet that I have"</i>)	A six lesson program introducing preschoolers to basic nutrition and healthy foods.	English/Spanish
Dairy Council of California	Nutrition Pathfinders	A five lesson unit reinforcing language, arts and math while teaching health to 4 th /5 th graders.	English/Spanish
California Dept. of Education	Food for Thought	A tool for preschools/child care programs to teach good nutrition, taste fruits and vegetables.	English
Alameda County Public Health Department	Be Sugar Savvy Curriculum	Curriculum: posters, handouts, lesson plans	English/Spanish
Activity Games	CATCH Kit	An activity box that includes over 300 activities designed for after school/ summer programs and community youth organizations. The activities are simple and easy to follow to encourage kids to keep moving.	English

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
N/A		

BUDGET COVER SHEET
FFY 2012

Organization: Monterey County Health Dept.				
Contract Number: 10-10158				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 303,609.00	\$ 315,924.00	\$ 12,315.00	4.06%
Fringe Benefits	\$ 148,825.00	\$ 160,678.00	\$ 11,853.00	7.96%
Operating	\$ 19,167.00	\$ 17,268.00	\$ (1,899.00)	-9.91%
Equipment & Other Capital	\$ 1,026.00	\$ -	\$ (1,026.00)	-100.00%
Travel	\$ 7,215.00	\$ 7,811.00	\$ 596.00	8.26%
Subcontractors	\$ 39,440.00	\$ 17,500.00	\$ (21,940.00)	-55.63%
Other Costs	\$ 30,741.00	\$ 30,842.00	\$ 101.00	0.33%
Indirect Costs	\$ 51,812.00	\$ 51,812.00	\$ -	0.00%
Total Federal Share	\$ 601,835.00	\$ 601,835.00	\$ -	0.00%
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
Benefits: increased due to actual costs of Benefits increasing				
Operating: Decreased due to less duplication and printing				
Equipment: Decreased because there is no plan to purchase any equipment this Fiscal Year.				
Travel: Increased due to Annual Network Conference in FFY 12, not held in FFY 11, and mileage rate increase				
Subcontractors: Decreased due to one of our Subcontractors (Salinas Adult School) not being able to provide the services they previously provided				
If the total percentage difference is greater than 5% consult your Contract Manager.				
FFY 2012 Network Growth Policy restricts contract growth.				

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department
Contract #: 10-10158

A PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	N. Hrepich								
	Title:	Administrator (Supervising Public Health Nutritionist)	\$ 79,832			0.0%				
				0.6000	60.0%		\$ 47,899	\$ 47,899		
2.	Name:	E. Gonzalez								
	Title:	Program Assistant (Chronic Disease Prevention Specialist II)	\$ 70,146	1.0000	0.0%	100.0%	\$ 70,146	\$ 70,146		
3.	Name:	R. Spears								
	Title:	Program Assistant (Chronic Disease Prevention Specialist II)	\$ 72,506	1.0000	0.0%	100.0%	\$ 72,506	\$ 72,506		
4.	Name:	N. Whipple								
	Title:	Program Assistant (Chronic Disease Prevention Specialist II)	\$ 72,506	1.0000	0.0%	100.0%	\$ 72,506	\$ 72,506		
5.	Name:	G. Leon								
	Title:	Program Assistant (Chronic Disease Prevention Specialist I)	\$ 52,867	1.0000	35.0%	65.0%	\$ 52,867	\$ 52,867		
SUBTOTAL			\$ 347,857	4.6000	95.0%	365.0%	\$ 315,924	\$ 315,924		
POSITION DESCRIPTIONS:										
Administrator (e.g., Director of Programs) (# 1)		Administers the nutrition education contract and budget, supervises nutrition education staff, attend nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinate contract reporting requirements.								
Program Assistant (# 2-5)		Assists the Project Coordinator with nutrition education program planning and development. Under the direction of Project Coordinator, works directly with individuals and small groups providing curriculum-based, prevention-oriented general nutrition education and physical activity targeted to SNAP-Ed eligibles.								

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department
Contract #: 10-10158

										Federal Share	Total Dollars
										Total Dollars	Total Dollars
E. TRAVEL AND PER DIEM:										\$	-
Federal Share:											
1) Local Mileage: Mileage for local travel to <i>Network</i> -sponsored trainings and Regional Collaborative meetings related to federal-share activities for Administrator/Project Coordinator and 4 Project Assistants. Travel to schools and community based organizations, CX3 neighborhoods, etc. as outlined in federal share activities. (Approx. 547 miles/month x 12 months x .555/mile = \$3,643)										\$	3,643
2) Network Statewide Conference in Northern California: Administrator and 4 Project Assistants. 2-3 day, 2 night conference Registration: \$0/staff x 5 staff										\$	1,760
Hotel: 2 nights/staff x \$96.6 (includes tax)/night x 5 staff										\$	966
Mileage: Approximately 350 miles x \$0.555/mile										\$	194
Per Diem: \$40/day x 2-3 days/staff x 5 staff										\$	600
Total										\$	1,760
3) Network Training Opportunities One day IMPACT Evaluation, Fiscal, Media, Programmatic, Youth Engagement, CX3 Trainings in Sacramento. Administrator and 4 Project Assistants as appropriate.										\$	1,169
Registration: \$25/staff x 2 staff x 4 trainings										\$	200
Mileage: 350 miles x \$0.555/mile x 4 trainings										\$	777
Breakfast and Dinner: \$24/staff/training x 2 staff x 4 trainings										\$	192
Total										\$	1,169
4) Network Statewide Collaborative: One day meeting for Administrator in Sacramento. Mileage: 388 miles x \$0.555/mile x 2 meetings										\$	431
5) Network Sponsored Skill-Based Trainings One day trainings include facilitation, sustainability, program delivery, and Harvest of the Month in Sacramento for Administrator/Project Coordinator and 4 Project Assistants (must attend one/year).										\$	585
Registration: \$25/staff x 2 staff x 2 trainings										\$	100
Mileage: 350 miles x \$0.555/mile x 2 trainings										\$	389
Breakfast and Dinner: \$24/staff/training x 2 staff x 2 trainings										\$	96
Total										\$	585
6) California Conference of Local Health Dept. Nutritionists (CCLHDN) Annual Conference Annual 2 day Conference location to be determined for Administrator.										\$	223
Registration: \$300/staff x 1 staff x 50% pro-rate x 0.60 FTE										\$	90
Mileage: 400 miles/day x \$0.555/mile x 1 meeting x 0.6 FTE										\$	133
Total										\$	223
Please note: Non-network conferences, meetings, and/or trainings will be prorated based on agenda as necessary by Program Manager.											
SUBTOTAL:										\$	7,811
										\$	7,811

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department
Contract #: 10-10158

											Federal Share	Total Dollars
											Total Dollars	Total Dollars
F. SUBCONTRACTORS:												
Federal Share:												
1) TBD - Local Muralist												
Provide two (2) murals with nutrition education messages to two qualifying schools (not to exceed \$4,500 per mural). Cost includes labor and supplies. Mural will have prior approval from California Department of Public Health. Mural size and location yet to be determined.											\$ 9,000	\$ 9,000
2) Local Chef (New item)											\$ 8,500	\$ 8,500
Provide 1-2 hands on food preparation tastings to 8-9 impact evaluation classrooms. Provide three to four (3-4) hands on tastings at schools during promotional events such as School Breakfast week, National Nutrition Month, Bike to School Week, etc.												
SUBTOTAL:											\$ 17,500	\$ 17,500
G. OTHER COSTS:												
Federal Share:												
1) Nutrition Education Materials												
Nutrition Education Materials required for the delivery of critical program services for distribution to students, families, and SNAP-ed community members at school events, afterschool events, qualifying community events and educational activities. (a). \$11,500 for calendars (b). \$9,452 for Nutrition Ed Materials. See below for itemization.											\$ 20,952	\$ 20,952
											11,500.00	
a. Harvest of the Month Calendars (HOTM): (9,000 calendars x \$1.10 per calendar plus \$1600 for applicable sales tax and shipping/handling).												
b. Nutrition education materials including books and activities to be given to teachers and afterschool coordinators/assistants to use with students.												
<i>Materials to be purchased may include the following:</i>												
Activity Books (600 books x \$1.69/book plus \$236 for applicable sales tax and shipping/handling = \$1,250)											1,250.00	
											-	
Books for instructional use (250 books x \$12/book plus \$520 for applicable sales tax and shipping/handling = \$3,520)											3,520.00	
Books for HOTM nutrition enrichment use (1,150 books x \$3.50 /book plus \$657 for applicable sales tax and shipping/handling = \$4,682)											4,682.00	
*Expenditures on nutrition education materials must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.												

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department
Contract #: 10-10158

											Federal Share	Total Dollars				
											Total Dollars	Total Dollars				
2) Food for demonstration/taste testing activities with federal share scope of work participating schools and targeted community events with SNAP-ED population.											\$ 9,890	\$ 9,890				
[Food costs are based on previous program experience. Food demonstrations at community events or with large groups of children (e.g., more than one classroom) are typically conducted for about \$0.15 - \$0.25 per person.]																
a.	1-2 targeted community events such as Farm Day, FV Fest, Binational Health Fair (1 event x \$75 per event)										\$ 75					
b.	10-15 train the trainer sessions at participating school sites reaching over 300 staff annually (10 trainings x \$50 per training)										\$ 500					
c.	3 <i>HOTM</i> tasting kits for afterschool programs (1 kit= \$105 x 3 kits = \$315) Kit includes educational packet with recipes, farm profile, information profile for produce, standards-linked-in-class lessons, nutritional value, and parent newsletter as well as enough fresh, locally grown produce for taste testing. Each tasting kit contains materials for 7 classrooms reaching 210 students/kit x 3 kits = 630.										\$ 315					
d.	25-50 cooking demonstrations at qualifying sites reaching over 1,500 students annually (30 demonstrations x \$50 per demonstration)										\$ 1,500					
e.	6 <i>HOTM</i> taste testing activities at 15 qualifying schools reaching over 3,000 students annually (90 activities x \$75 per activity)										\$ 6,750					
f.	6-8 school events such as Back to School Night, Science Night, and Nutrition Decathlon at qualifying school sites, reaching over 1,500 students annually (8 activities x \$50 per activity)										\$ 400					
g.	5-7 adult education sessions at qualifying school sites reaching over 350 parents annually (7 sessions x \$50 per session)										\$ 350					
SUBTOTAL:											\$ 30,842	\$ 30,842				
H. INDIRECT COSTS:																
Federal Share: 9.42% of Total Direct Costs (\$550,023 x 9.42% = \$51,812)											\$ 51,812	\$ 51,812				
Includes administration and fiscal overhead and fiscal indirect activities such as: payroll, bookkeeping, cost accounting, cost share for project audit; other indirect expenses such as: county counsel, general liability insurance, utilities, common janitorial services and building maintenance.																
SUBTOTAL:											\$ 51,812	\$ 51,812				
TOTAL											\$ 347,857.00	4.6000	95.0%	365.0%	\$ 601,835	\$ 601,835

SUBCONTRACTOR BUDGET JUSTIFICATION

Muralist

October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department

Contract #: 10-10158

A PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1.	Name: **TBD Title: Muralist	\$ 66,670	0.059997	0.0%	5.9997%	\$ 4,000	\$ 4,000			
SUBTOTAL		\$ 66,670	0.059997	0.0%	5.9997%	\$ 4,000	\$ 4,000			
POSITION DESCRIPTIONS:										
Muralist - Position 1		Designs plans for tile mural; trains teachers and students that will paint individual tiles; prepares and installs painted tiles for placement at identified location.								
						Federal Share Total Dollars	Total Dollars			
B. FRINGE BENEFITS:										
Federal Share: N/A										
						SUBTOTAL:	\$ -	\$ -		
C. OPERATING EXPENSES:										
Federal Share: N/A										
						SUBTOTAL:	\$ -	\$ -		
D. EQUIPMENT EXPENSES:										
Federal Share: N/A										
						SUBTOTAL:	\$ -	\$ -		

SUBCONTRACTOR BUDGET JUSTIFICATION

Muralist

October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department

Contract #: 10-10158

										Federal Share Total Dollars	Total Dollars						
E.	TRAVEL AND PER DIEM:									\$	-						
	Federal Share: N/A																
										SUBTOTAL:	\$ -	\$ -					
F.	SUBCONTRACTORS:									\$	-						
	Federal Share: N/A																
										SUBTOTAL:	\$ -	\$ -					
G.	OTHER COSTS:																
	Federal Share:																
	1) Tiles, paint, brushes glaze, and other materials needed to paint, glaze, and install (2) two tile murals at 2 qualifying school sites. Provide trainings to teachers/staff at both school sites.																
	Location and size yet to be determined.									\$	5,000	\$ 5,000					
										SUBTOTAL:	\$ 5,000	\$ 5,000					
H.	INDIRECT COSTS:																
	Federal Share: N/A																
										SUBTOTAL:	\$ -	\$ -					
TOTAL										\$	66,670.00	0.059997	0.0%	5.9997%	\$	9,000	\$ 9,000

SUBCONTRACTOR BUDGET JUSTIFICATION
Chef
October 1, 2011-September 30, 2012

Contractor: Monterey County Health Department
Contract #: 10-10158

A PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	7. Federal Share Total Dollars	8. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	TBD	\$ 85,000	0.052941			\$ 4,500	\$ 4,500		
	Title:	Local Chef								
2.	Name:							\$ -		
	Title:							\$ -		
SUBTOTAL			\$ 85,000	0.052941	0.0%	0.0%	\$ 4,500	\$ 4,500		
POSITION DESCRIPTIONS:										
Chef # 1		Prepare healthy food taste tests in the school setting in conjunction with classroom based nutrition education interventions. Work with Network staff for impact evaluation classes to increase student and teacher knowledge of the importance of consuming more servings of fruits and vegetables and being active daily.								
							Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:										
Federal Share: N/A										
							SUBTOTAL:	\$ -	\$ -	
C. OPERATING EXPENSES:										
Federal Share:										
							SUBTOTAL:	\$ -	\$ -	
D. EQUIPMENT EXPENSES:										
Federal Share: N/A										
							SUBTOTAL:	\$ -	\$ -	

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: County of Orange Health Care Agency
Program Area: Local Incentive Awardee: Public Health Department
Contract Number: 11-10235

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 20% Female 80%

Ethnicity:

- African American 1%
- Asian 10%
- Caucasian 16%
- Latino 72%
- Native American _____ %
- Pacific Islander 1%
- Other (specify) ____: _____ %

Languages:

- | | |
|---------------------------------------------------------|-----------------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>60</u> % | <input type="checkbox"/> Khmer (Cambodian) _____ % |
| <input checked="" type="checkbox"/> Spanish <u>38</u> % | <input type="checkbox"/> Korean _____ % |
| <input type="checkbox"/> Arabic _____ % | <input type="checkbox"/> Lao _____ % |
| <input type="checkbox"/> Armenian _____ % | <input type="checkbox"/> Tagalog _____ % |
| <input type="checkbox"/> Russian _____ % | <input checked="" type="checkbox"/> Vietnamese <u>2</u> % |
| <input type="checkbox"/> Bosnian _____ % | <input type="checkbox"/> Other (specify) _____ % |
| <input type="checkbox"/> Cantonese _____ % | <input type="checkbox"/> Other (specify) _____ % |
| <input type="checkbox"/> Farsi _____ % | <input type="checkbox"/> Mandarin _____ % |
| <input type="checkbox"/> Hmong _____ % | |

Ages:

- Under 5 years old 3%
- 5 to 8 12%
- 9 to 11 10%
- 12 to 17 8%
- 18 to 59 62%
- 60 years old and over 5%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

Other (Specify): Senior Ctr site data from (Adult Public Nursing Services (APHNS)/ County of Orange Health Care Agency February 2010 (see table below% equal to or less than 185% FPL)

City	Site Name	Total	Over income	Moderate	Low	Very Low	Extremely low	Total per table	% <130 Extreme)	% 131-184% FPL (very low)	% <185% (Extreme + Very Low)
Anaheim	Sr Ctr	795	100	46	105	272	272	695	34.21%	34.21%	68.43%
Brea	Sr Ctr	243	19	32	55	74	63	224	25.93%	30.45%	56.38%
Buena Park	Sr Ctr	375	13	30	118	125	89	362	23.73%	33.33%	57.07%
Costa Mesa	Sr Ctr	282	33	11	33	98	107	249	37.94%	34.75%	72.70%
Cypress	Sr Ctr	302	43	23	42	108	86	259	28.48%	35.76%	64.24%
Fountain Valley	Ctr of F Village	319	76	39	44	111	49	243	15.36%	34.80%	50.16%
Fullerton	Sr Ctr	469	80	30	61	133	165	389	35.18%	28.36%	63.54%
Garden Grove	Sr Ctr	468	59	15	47	161	186	409	39.74%	34.40%	74.15%
Huntington Beach	Sr Ctr	612	93	80	120	170	149	519	24.35%	27.78%	52.12%
Irvine	Sr Ctr - Lakeview	67	6	6	7	24	24	61	35.82%	35.82%	71.64%
Laguna Nigel	Sr Ctr - Sea Country	82	0	35	0	0	47	82	57.32%	0.00%	57.32%
La Habra	Com Ctr	236	13	26	41	88	68	223	28.81%	37.29%	66.10%
Midway City	Sr Ctr	54	3	0	1	14	36	51	66.67%	25.93%	92.59%
Orange	Sr Ctr	495	65	28	53	163	186	430	37.58%	32.93%	70.51%
San Clemente	Sr Ctr	55	0	24	0	0	31	55	56.36%	0.00%	56.36%
Santa Ana	Sr Ctr	982	40	37	64	227	614	942	62.53%	23.12%	85.64%
Seal Beach	Sr Ctr	214	19	13	40	62	80	195	37.38%	28.97%	66.36%
Stanton	Sr Ctr	115	2	7	15	42	49	113	42.61%	36.52%	79.13%
Tustin	Sr Ctr	318	21	23	37	146	91	297	28.62%	45.91%	74.53%
Westminster	Sr Ctr	404	39	23	54	136	152	365	37.62%	33.66%	71.29%
Yorba Linda	Sr Ctr	280	36	26	39	74	105	244	37.50%	26.43%	63.93%

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|-----|----------------------------------------------------------------|----|
| <input checked="" type="checkbox"/> CalFresh Offices | 20% | <input checked="" type="checkbox"/> Shelters/Temporary Housing | 4% |
| <input checked="" type="checkbox"/> Food Banks | 1% | <input type="checkbox"/> Soup Kitchens | 0% |
| <input checked="" type="checkbox"/> Food Pantries | 43% | <input type="checkbox"/> TANF Job Readiness Program | 0% |
| <input checked="" type="checkbox"/> Public Housing | 17% | <input checked="" type="checkbox"/> WIC Offices | 5% |
| <input checked="" type="checkbox"/> HeadStart | 1% | | |

d. Project Description.

Key Methods:

Advisory Council/Task Force (specify): RN Collaborative, Rethink Your Drink workgroup, Parent Champions for Change workgroup, Advisory Committees for Power Play, Latino Campaign and Retail Program, CNAP workgroup

Internet/Web Sites-website address:

Print Media

- Radio:
- TV:
- Nutrition Education Classes: (184 occurrences at 1.00 hour(s) each)
- Community Education Events: (117 occurrences at 2.00 hour(s) each)
- Training/Workshop/Conference: (9 occurrences at 3.00 hour(s) each)
- Point of Purchase: (occurrences at hour(s) each)
- Other (specify) : (occurrences at hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|-------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| 1 Adult Education & Job Trng Site | 2 Other Youth Education Sites (includes Parks and Recreation) |
| 0 Adult Rehabilitation Centers | 1 Public/Community Health Centers (includes Public Health Departments) |
| 10 CalFresh Offices | 213 Public Housing |
| 2 Churches | 0 Schools – students (Preschool) |
| 13 Community Centers | 3 Schools – students (K-12) |
| 22 Elderly Service Centers | 0 Schools – students (Afterschool Program) |
| 104 Emer. Food Assist Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | 58 Schools – Parents |
| 0 Extension Offices | 33 Shelters/Temporary Housing |
| 0 Farmers Markets | 32 WIC Programs |
| 1 Food Stores | 0 Worksites |
| 35 Head Start Programs | Other (specify): |
| 0 Individual Homes | Other (specify): |
| 1 Libraries | Other (specify): |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 5150

Narrative (max. 200 words)

The Health Care Agency (HCA) provides public health services to three million residents, including over 300,000 low-income individuals. HCA-Nutrition Services implements the Network activities and coordinates with public health, social services and community partners to provide nutrition education to SNAP-Ed eligible individuals of all ages through individual and group education, participation in events, displays, and materials distribution. Special efforts will be made to reach the needy SNAP-Ed families in homeless and recovery shelters. Good nutrition and food management skills are essential to their future success. Efforts will also target families living in public housing, in coordination with non-profit agencies that help HCA with parent and youth nutrition education projects. HCA will conduct CX³ neighborhood activities to improve nutrition education and community

involvement related to fruit and vegetable consumption. Nutrition messages will reach large SNAP-Ed audiences through displays, health fairs and events at County facilities, including CalFresh offices, and qualifying community sites, such as Second Harvest Food Bank and other food assistance sites. HCA will direct the County Nutrition Action Plan to help ensure coordination among local USDA-funded nutrition programs and support the Regional Network projects, especially the Rethink Your Drink efforts. Both process and impact evaluation will be conducted.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Nutrition education efforts will focus on increasing fruit/vegetable consumption and healthy eating behaviors, to improve growth/development in youth and prevent obesity and chronic disease in all age groups. Target skills include label reading, menu planning, and food preparation. Through process evaluation, HCA will collect information on several factors including the number of individuals reached, materials distributed and activities conducted. Nutrition education classes will include brief surveys to assess change in knowledge and/or self-efficacy. Impact evaluation will be conducted with adults at select sites, using the “Food Behavior Checklist”, to assess changes in fruit/vegetable consumption, beverage intake and related factors.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

HCA will support the: 1) CalFresh Program by continuing to meet with Orange County CalFresh staff and CalFresh Outreach contractors and by providing nutrition education materials in each of the local offices, 2) WIC Program by sharing education materials and conducting food demonstrations in clinics, 3) Regional Network (RN) by promoting the Rethink Your Drink and Champions for Change initiatives and using RN materials during

nutrition education sessions, 4) other local USDA programs, such as Summer Meals, through implementation of the County Nutrition Action Plan (CNAP) activities, and 5) health department and community programs serving low-income residents.

Census Tract Data Sheet

<i>Type</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Adult Education Site	Taller San Jose	801 N Broadway	Santa Ana	92701	06059075003	All Races	70.70	
CalFresh Offices	Aliso Viejo Regional Center	115 Columbia	Aliso Viejo	92656	06059062634	All Races		Proxy
CalFresh Offices	Anaheim Regional Center	3320 E La Palma Ave	Anaheim	92806	06059011741	All Races		Proxy
CalFresh Offices	Central Regional Center	2020 W Walnut St	Santa Ana	92703	06059074802	All Races		Proxy
CalFresh Offices	Chip	6100 Chip Ave	Cypress	90630	06059110113	All Races		Proxy
CalFresh Offices	Sand Dollar	1240 S State College Blvd	Anaheim	92806	06059086303	All Races		Proxy
CalFresh Offices	Santa Ana Regional Center - ASAP	1928 S Grand Ave BldgA	Santa Ana	92705	06059074403	All Races	65.50	Proxy
CalFresh Offices	Santa Ana Regional Center - Family Self Sufficiency	1929 S Grand Ave Bldg B	Santa Ana	92705	06059074403	All Races	65.50	Proxy
CalFresh Offices	South Regional Center	23330 Moulton Pkwy	Laguna Hills	92653	06059062621	All Races		Proxy
CalFresh Offices	Train Station	1000 E Santa Ana Blvd	Santa Ana	92701	06059074405	All Races	58.20	Proxy
CalFresh Offices	West Regional Center	12912 Brookhurst St	Garden Grove	92840	06059088701	All Races		Proxy
Churches	First Presbyterian Church of Santa Ana	600 N Main St	Santa Ana	92701	06059075002	All Races	63.80	Proxy
Churches	St. Joseph's Church Fishes & Loaves	727 N Minter St	Santa Ana	92701	06059074405	All Races	58.20	Proxy
Community Center	Downtown Neighborhood Assoc - Santa Ana Sr Ctr mtg site	424 W 3rd St	Santa Ana	92701	06059075002	All Races	63.80	
Community Center	Eastside Neighborhood Assoc – EB Cole Academy mtg site	333 E. Walnut	Santa Ana	92701	06059075002	All Races	63.80	
Community Center	Latino Health Access Main Office	450 W. 4 th St.	Santa Ana	92701	06059075002	All Races	63.80	
Community Center	Latino Health Access Park	650 E 4 th St	Santa Ana	92701	06059075002	All Races	63.80	
Community Centers	Anaheim Community Center	250 E Center St	Anaheim	92805	06059087300	All Races	57.60	
Community Centers	Anaheim/Fullerton Family Resource Ctr	1260 N Riviera St	Anaheim	92801	06059086601	All Races	66.70	
Community Centers	Boys & Girls Club of Santa Ana	950 Highland St	Santa Ana	92703	06059074902	All Races	51.50	
Community Centers	Chatham Village	16331 McFadden Ave	Tustin	92780	06059074403	All Races	65.50	
Community Centers	Corbin Community & Senior Center	2215 W McFadden Ave	Santa Ana	92704	06059074805	All Races	51.10	
Community Centers	Jerome Park	726 S Center St.	Santa Ana	92704	06059074805	All Races	51.10	
Community Center	Lacy Neighborhood Assoc – Garfield Elem mtg site	850 Brown St.	Santa Ana	92701	06059074405	All Races	58.20	
Community Centers	Nicholas Academic Center	412 W 4th St	Santa Ana	92701	06059075002	All Races	63.80	
Community Centers	Oak View Family Resource Ctr	17261 Oak Ln	Huntington Beach	92646	06059099402	All Races	52.20	

<i>Type</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Elderly Service Centers	Anaheim Independencia – Senior Center	10841 Garza Ave.	Anaheim	92804	06059087806	All Races		68.43% Ctr data
Elderly Service Centers	Brea Senior Center	500 Sievers Ave.	Brea	92821	06059001503	All Races		56.38% Ctr data
Elderly Service Centers	Buena Park Senior Center	8150 Knott Ave.	Buena Park	90620	06059110303	All Races		57.07% Ctr data
Elderly Service Centers	Costa Mesa Senior Center	695 W 19th St	Costa Mesa	92627	06059063701	All Races		72.70% Ctr data
Elderly Service Centers	Cypress Senior Center	9031 Grindlay St	Cypress	90630	06059110104	All Races		64.24% Ctr data
Elderly Service Centers	Fountain Valley Senior Center – Center at Fountain Valley Village	17967 Bushard St	Fountain Valley	92708	06059099232	All Races		50.16% Ctr data
Elderly Service Centers	Fullerton Senior Center	340 W Commonwealth Ave	Fullerton	92832	06059011200	All Races		63.54% Ctr data
Elderly Service Centers	Garden Grove Senior Center – H. Louis Lake Sr Ctr	11300 Stanford Ave	Garden Grove	92840	06059088602	All Races		74.15% Ctr data
Elderly Service Centers	Huntington Beach Senior Center – Rogers Sr. Ctr	1706 Orange Ave	Huntington Beach	92648	06059099310	All Races		52.12% Ctr data
Elderly Service Centers	Irvine Senior Center – Lakeview Sr Ctr	20 Lake Rd	Irvine	92604	06059052511	All Races		71.64% Ctr data
Elderly Service Centers	La Habra Senior Center	101 W La Habra Blvd	La Habra	90631	06059001202	All Races		66.10% Ctr data
Elderly Service Centers	Midway City Senior Center	14900 Park Ln	Midway City	92655	06059099701	All Races		92.59% Ctr data
Elderly Service Centers	Orange Senior Center	170 S. Olive St.	Orange	92866	06059075902	All Races		70.51% Ctr data
Elderly Service Centers	Placentia Senior Center	143 S Bradford Ave	Placentia	92870	06059011721	All Races	57.70	
Elderly Service Centers	San Clemente Senior Center	242 Avenida Del Mar	San Clemente	92672	06059042103	All Races		56.36% Ctr data
Elderly Service Centers	Santa Ana Senior Center	424 W 3rd St	Santa Ana	92701	06059075002	All Races	63.80	
Elderly Service Centers	Sea Country Senior Center	24602 Aliso Creek Rd	Laguna Nigel	92677	06059042334	All Races		57.32% Ctr data
Elderly Service Centers	Southwest Senior Center	2201 W McFadden Ave	Santa Ana	92704	06059074805	All Races	51.10	
Elderly Service Centers	Stanton Senior Center	7800 Katella Ave	Stanton	90680	06059087901	All Races		79.13% Ctr data

<i>Type</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Elderly Service Centers	Tustin Senior Center	200 S. C St.	Tustin	92780	06059075505	All Races		74.53% Ctr data
Elderly Service Centers	Westminster Senior Center	8200 Westminster Blvd.	Westminster	92683	06059099801	All Races		71.29% Ctr data
Elderly Service Centers	Yorba Linda Senior Center	4501 Casa Loma Ave.	Yorba Linda	92885	06059021802	All Races		63.93% Ctr data
Emer. Food Assist Sites	2 nd Harvest Brown Bag Abrazar	7101 Wyoming St	Westminster	92683	06059099904	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Anaheim Christian Church	530 N Dale Ave	Anaheim	92801	06059086803	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Anaheim United Methodist Church	1000 S State College Blvd	Anaheim	92806	06059086305	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Com. Garden Towers	4001 W Garden Grove Blvd	Orange	92868	06059089170	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Costa Mesa SrCtr	695 W 19th St	Costa Mesa	92627	06059063701	All Races	54.10	Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag -El Modena Ctr	18762 E Center Ave	Orange	92869	06059021913	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Florence Sylvester Sr Ctr	23721 Moulton Pky	Laguna Hills	62656	06059062621	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Friendly Center	615 N Lemon St	Orange	92866	06059076204	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Fullerton Sr Ctr	340 W Commonwealth Ave	Fullerton	92832	06059011200	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Garden Grove United Methodist	12741 Main St	Garden Grove	92840	06059088602	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Holy Spirit Church	17270 Ward St	Fountain Valley	92708	06059099229	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Midway Com Ctr	14900 Park Ln	Midway City	92655	06059099701	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Orange Sr Srvcs	170 Olive St	Orange	92866	06059075901	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Placentia Sr Ctr	143 S Bradford Ave	Placentia	92870	06059011721	All Races	57.70	Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Rosswood Villa	100 N Ross St # 205	Santa Ana	92701	06059075002	All Races	63.80	Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Salvation Army	1710 W Edinger Ave	Santa Ana	92704	06059074701	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag San Juan Mission Basilica	31641 El Camino Real	San Juan Capistrano	92675	06059042312	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Southwest Center S.M.E.D.A.	1601 W 2nd St	Santa Ana	92703	06059074801	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag St. Anthony Claret	1450 E La Palma Ave	Anaheim	92805	06059086404	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag St. Bonaventure	16400 Springdale St	Huntington	92649	06059099406	All Races		Proxy

<i>Type</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
	Church		Beach					
Emer. Food Assist Sites	2 nd Harvest Brown Bag St. Boniface	120 N Janss St	Anaheim	92805	06059087200	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag St. Cecilia's Church	1301 Sycamore Ave	Tustin	92780	06059075515	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Stanton Neighborhood Program	11822 Santa Paula St	Stanton	90680	06059087902	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag TLC La Habra	101 W La Habra Blvd	La Habra	90631	06059001202	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag West Anaheim United Methodist	2045 W Ball Rd	Anaheim	92804	06059087701	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Brown Bag Wycliffe Plaza	1401 N Flower St	Santa Ana	92701	06059075100	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest CalFresh Outreach - El Modena Community Center	18672 E Center Ave	Orange	92869	06059021913	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest CalFresh Outreach - Fullerton-Maple Center	701 S Lemon St	Fullerton	92833	06059011602	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest CalFresh Outreach - St. Cecilia's	1301 SE Sycamore	Tustin	92780	06059075515	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest CalFresh Outreach - Whitten Community Center	900 S Melrose	Placentia	92870	06059011720	All Races	61.30	Proxy
Emer. Food Assist Sites	2 nd Harvest Food Bank - Admin Office	8014 Marine Way	Irvine	92618	6059052404	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids Café - Boys & Girls Club - Buena Park	7758 Knott Ave	Buena Park	90620	06059110302	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Anaheim Boys & Girls Club	1115 N Citron St	Anaheim	92801	06059086601	All Races	66.70	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Anaheim Boys & Girls Club (Main)	311 E Broadway	Anaheim	92805	06059087300	All Races	57.60	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Boys & Girls Club of Capo Valley Aliso Viejo FRC	24671 Via Iglesia	Aliso Viejo	92656	06059062641	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Boys & Girls Club of Capo Valley Aliso Viejo FRC	801 W Valencia Ave	Fullerton	92833	06059011200	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Boys & Girls Club of Santa Ana	950 W Highland St	Santa Ana	92703	06059074902	All Races	51.50	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Buena Clinton Youth & Family Center	12661 Sunswept Ave	Garden Grove	92843	06059089104	All Races	58.80	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Community Service Program, Inc.	17261 Oak Ln	Huntington Beach	92647	06059099402	All Races	52.20	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Dotson Park	10350 Fern Ave	Stanton	90680	06059087803	All Races		Proxy

<i>Type</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Emer. Food Assist Sites	2 nd Harvest Kids' Café Friendly Center - El Camino Park	400 N Main St	Orange	92867	06059076101	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Friendly Center - Grijalva Park	368 N Prospect St	Orange	92867	06059021913	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Friendly Center - North	1820 E Meats Ave	Orange	92865	06059075813	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Fullerton Boys & Girls Club	801 W. Valencia Ave.	Fullerton	92832	06059011200	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Illuminations Foundation	2277 Harbor Blvd	Costa Mesa	92627	06059063905	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Kidsworks - Donahue	1902 W Chestnut Ave	Santa Ana	92703	06059074802	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Kidsworks Townsend	817 S Townsend St, # 12	Santa Ana	92704	06059074806	All Races	58.80	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café La Habra Boys & Girls Club	1211 Fahringer Way	La Habra	90631	06059001103	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Latino Health Access	501 S Halladay St	Santa Ana	92701	06059074501	All Races	61.10	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access Hermosa Village	1515 S Calle Del Mar	Anaheim	92802	06059087501	All Races	55.60	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access La Palma	7799 Valley View St	La Palma	90623	06059110116	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access Malabar	9777 Bixby Ave	Garden Grove	92841	06059088203	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access North Hills	570 E Imperial Hwy	Fullerton	92835	06059001601	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access Park Vista	1305 N Wren St Unit B	Anaheim	92801	06059086601	All Races	66.70	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access Stratford Place	8156 13th St	Westminster	92683	06059099803	All Races	54.20	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access Tara Village	5201 Lincoln Ave	Cypress	90630	06059110104	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Project Access Warwick Square	780 S Lyon St	Santa Ana	92705	06059074403	All Races	65.50	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café San Juan Capo Boys & Girls Club	1 Via Positiva	San Juan Capistrano	92675	06059042310	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Someone Cares Soup	720 W 19th St	Costa Mesa	92627	06059063701	All Races	54.10	Proxy

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	Kitchen							
Emer. Food Assist Sites	2 nd Harvest Kids' Café St. Joseph's School	608 E Civic Center Dr	Santa Ana	92701	06059074405	All Races	58.20	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Stanton Boys & Girls Club	11050 Cedar St	Stanton	90680	06059087802	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Stanton Community Services	11822 Santa Paula St	Stanton	90680	06059087902	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Think Together - Shalimar Apts.	775 Shalimar Dr, # 1	Costa Mesa	92627	06059063605	All Races	58.20	Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Think Together Highland Apts.	1909 E Quincy Ave Ste 2	Orange	92867	06059075812	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Tustin Boys & Girls Club	580 W 6th St	Tustin	92780	06059075505	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café Tustin Community Services	14722 Newport Ave	Tustin	92780	06059075515	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Kids' Café West Anaheim Youth Center	320 S Beach Blvd	Anaheim	92804	06059086903	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Calvary Chapel Fullerton	2311 E Chapman Ave	Fullerton	92831	06059011502	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Calvary Chapel of Placentia	102 S Bradford Ave	Placentia	92871	06059011721	All Races	57.70	Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Cool Waters	901 S Birch St	Santa Ana	92702	06059074601	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Gospel Light Church of God	3135 W Warner Ave	Santa Ana	92704	06059074108	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Heart of the City	515 Cabrillo Park Dr, Ste 310	Santa Ana	92701	06059075403	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Kids Café #3 Friendly	147 W Rose Ave	Orange	92866	06059076204	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry La Purisma Trinity Guild	11712 Hewes St	Orange	92869	06059021913	All Races		Proxy
Emer. Food Assist Sites	2 nd Harvest Mobile Pantry Orangethorpe United Methodist	2351 W Orangethorpe Ave	Fullerton	92833	06059001802	All Races		Proxy
Emer. Food Assist Sites	Anaheim Independencia FRC, Sum Meal	10842 Garza Ave	Anaheim	92804	06059087806	All Races		Proxy
Emer. Food Assist Sites	Boys & Girls Club-AlisoViejo, Sum Meal	24671 Via Iglesia	Aliso Viejo	92656	06059062641	All Races		Proxy
Emer. Food Assist Sites	Boys & Girls Club-Placentia, Sum Meal	202 N Bradford Ave	Placentia	92870	06059011712	All Races		Proxy
Emer. Food Assist Sites	Boys & Girls Club-Santa Ana, Sum Meal	950 W Highland St	Santa Ana	92703	06059074902	All Races	51.50	Proxy

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Emer. Food Assist Sites	Boys & Girls Club-W. Anaheim Ctr, Sum Meal	302 S Beach Blvd	Anaheim	92804	06059086903	All Races		Proxy
Emer. Food Assist Sites	Catholic Charities of OC	1820 E 16th St	Santa Ana	92705	06059075403	All Races		Proxy
Emer. Food Assist Sites	Delhi Center, Sum Meal	505 E Central Ave	Santa Ana	92707	06059074003	All Races		Proxy
Emer. Food Assist Sites	Descanso Park, Sum Meal	170 N Fonda	La Habra	90631	06059001402	All Races		Proxy
Emer. Food Assist Sites	El Modena FRC, Sum Meal	18672 E Center Ave	Orange	92869	06059021913	All Races		Proxy
Emer. Food Assist Sites	El Salvador Center, Sum Meal	1825 W Civic Center Dr	Santa Ana	92703	06059075201	All Races	50.80	Proxy
Emer. Food Assist Sites	Friendly Center	615 N Lemon St	Orange	92866	06059076204	All Races		Proxy
Emer. Food Assist Sites	Friendly Center	1820 E Meats Ave	Orange	92865	06059075813	All Races		Proxy
Emer. Food Assist Sites	Friendly Center, Sum Meal	147 W Rose St	Orange	92866	06059076204	All Races		Proxy
Emer. Food Assist Sites	Friendly Center-Handy, Sum Meal	2143 E Oakmont	Orange	92867	06059075815	All Races		Proxy
Emer. Food Assist Sites	Friendly Center-Placentia, Sum Meal	900 S Melrose St	Placentia	92870	06059011720	All Races	61.30	Proxy
Emer. Food Assist Sites	Friendly Center-Schaffer, Sum Meal	1930 N Shaffer	Orange	92865	06059076208	All Races		Proxy
Emer. Food Assist Sites	Jerome Park, Sum Meal	726 S Center St	Santa Ana	92704	06059074805	All Races	51.10	Proxy
Emer. Food Assist Sites	La Habra Veterans Hall, Sum Meal	209 N Orange St	La Habra	90631	06059001202	All Races		Proxy
Emer. Food Assist Sites	Logan Center, Sum Meal	1009 N Custer St	Santa Ana	92701	06059074405	All Races	58.20	Proxy
Emer. Food Assist Sites	Loma Verde Park, Sum Meal	501 S Walnut	La Habra	90631	06059001304	All Races		Proxy
Emer. Food Assist Sites	Mary's Kitchen	517 W. Struck Ave.	Orange	92867	06059076204	All Races		Proxy
Emer. Food Assist Sites	Memorial Center, Sum Meal	2102 S Flower St	Santa Ana	92707	06059074103	All Races		Proxy
Emer. Food Assist Sites	Montwood Park, Sum Meal	231 Montwood	La Habra	90631	06059001705	All Races		Proxy
Emer. Food Assist Sites	Obras de Amor	2617 W 5th St	Santa Ana	92703	06059075201	All Races	50.80	Proxy
Emer. Food Assist Sites	Salgado Center at Rosarita Park, Sum Meal	706 N Newhope St	Santa Ana	92703	06059089004	All Races		Proxy
Emer. Food Assist Sites	Santa Anita Center, Sum Meal	300 S Figueroa	Santa Ana	92703	06059099249	All Races	62.90	Proxy
Emer. Food Assist Sites	Serra's Food Pantry	31611 El Camino Real	San Juan Capistrano	92675	06059042312	All Races		Proxy
Emer. Food Assist Sites	Solidarity	1690 Placentia Ave, B	Fullerton	92831	06059011711	All Races		Proxy
Emer. Food Assist Sites	St. Timothy's	29102 Crown Valley Pkwy	Laguna Niguel	92677	06059042329	All Races		Proxy
Food Store	Northgate Market	409 E 4 th St	Santa Ana	92701	06059074405	All Races	58.20	
Head Start Programs	Baden Powell Head Start	801 S Gaymont St	Anaheim	92804	06059086903	All Races		Proxy
Head Start Programs	Brea Head Start	408 S Flower Ave	Brea	92821	06059001504	All Races		Proxy
Head Start Programs	Broadway Center	321 W Washington Ave	Santa Ana	92706	06059075003	All Races	70.70	Proxy

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Head Start Programs	Buena Park Early Head Start	6625 Dale St	Buena Park	90621	06059001801	All Races		Proxy
Head Start Programs	Buena Park Head Start	6725 Dale St	Buena Park	90621	06059001801	All Races		Proxy
Head Start Programs	Capo Head Start	31485 El Camino Real	San Juan Capistrano	92675	06059042312	All Races		Proxy
Head Start Programs	Center Head Start Center	18702 E Center Ave	Orange	92869	06059021913	All Races		Proxy
Head Start Programs	Centralia Head Start	6627 La Cienaga Dr	Buena Park	90620	06059110302	All Races		Proxy
Head Start Programs	City of La Habra (Admn- Head Start)	205 W La Habra Blvd	La Habra	90631	06059001202	All Races		Proxy
Head Start Programs	Claire Brown Center	305 S Euclid St	La Habra	90631	06059001202	All Races		Proxy
Head Start Programs	D.L. Wood Head Start	12741 Main St	Garden Grove	92840	06059088602	All Races		Proxy
Head Start Programs	Delhi Head Start	505 E Central Ave, Ste A	Santa Ana	92707	06059074003	All Races		Proxy
Head Start Programs	Evelyne Lobo Villegas Head Start	32204 Del Obispo St	San Juan Capistrano	92675	06059042311	All Races		Proxy
Head Start Programs	Fullerton Head Start	341 S Courtney Ave	Fullerton	92833	06059001901	All Races		Proxy
Head Start Programs	Glen Martin Head Start	1008 W Russell Ave	Santa Ana	92707	06059074702	All Races		Proxy
Head Start Programs	Handy Head Start	860 N Handy	Orange	92867	06059075812	All Races		Proxy
Head Start Programs	Hewes Head Start	329 S Hewes St	Orange	92869	06059021913	All Races		Proxy
Head Start Programs	Irvine USD (Admin/ Head Start)	1 Smoketree Ln	Irvine	92604	06059052506	All Races		Proxy
Head Start Programs	Jeanne Hardy Head Start	17175 Emerald Ln	Huntington Beach	92647	06059099402	All Races	52.20	Proxy
Head Start Programs	K.I.D.S. Head Start	1002 W 2 nd St	Santa Ana	92703	06059075002	All Races	63.80	Proxy
Head Start Programs	La Habra Head Start	1060 W Lambert Rd	La Habra	90631	06059001304	All Races		Proxy
Head Start Programs	Lampson Head Start	13321 Lampson Ave	Garden Grove	92840	06059076103	All Races		Proxy
Head Start Programs	Matt Kline Head Start	2043 Meyer Pl	Costa Mesa	92627	06059063702	All Races		Proxy
Head Start Programs	Midway Head Start	14900 Park Ln	Midway City	92655	06059099701	All Races		Proxy
Head Start Programs	North Home Base Head Start	1600 Sapphire Rd	Fullerton	92831	06059011711	All Races		Proxy
Head Start Programs	OCPT Head Start (Admin)	3530 E Chapman Ave	Orange	92869	06059075807	All Races		Proxy
Head Start Programs	Placentia Head Start	840 S Melrose St	Placentia	92870	06059011722	All Races		Proxy
Head Start Programs	Schweitzer Head Start	211 S Dale Ave	Anaheim	92804	06059087001	All Races		Proxy
Head Start Programs	South Home Base Head Start	505 E Central Ave	Santa Ana	92707	06059074003	All Races		Proxy
Head Start Programs	Stanton Head Start	8050 Chapman Ave	Stanton	90680	06059088104	All Races		Proxy
Head Start Programs	Taft Elementary Head Start	1829 N Cambridge St	Orange	90865	06059076208	All Races		Proxy

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Head Start Programs	Ted Fisher Head Start	14422 Hammon Ln	Huntington Beach	92647	06059099603	All Races		Proxy
Head Start Programs	Topaz Head Start	1600 Sapphire Rd	Fullerton	92831	06059011711	All Races		Proxy
Head Start Programs	Tustin Family Campus Head Start	15405 Lansdowne Rd	Tustin	92782	06059075515	All Races		Proxy
Head Start Programs	Walter Head Start	9200 Pacific Pl	Anaheim	92804	06059087806	All Races		Proxy
Library	Santa Ana Main Library	26 Civic Center Plaza	Santa Ana	92701	06059075002	All Races	63.80	
Other Youth Ed Site	Mariners Learning Center - SA	1010 S. Minnie St, #3	Santa Ana	92701	06059074501	All Races	61.10	
Other Youth Ed Site	Nicholas Academic Center	412 W 4 th St	Santa Ana	92701	06059075002	All Races	63.80	
Public Housing	Walnut Court	1519 E Walnut Ave	Orange	92867	06059076206	All Races		Proxy
Public Housing	Abilityfirst Apts	14501 Harvard Ave	Irvine	92606	06059052527	All Races		Proxy
Public Housing	Acacia Villa Apts	10931 Acacia Pkwy	Garden Grove	92840	06059088602	All Races		Proxy
Public Housing	Adams Triplexes - also 1745, 1837-1841 & 1915-1919 E Adams Ave	1741 E Adams Ave	Orange	92867	06059076206	All Races		Proxy
Public Housing	Alice Court	450 Glenneyre St	Laguna Beach	92651	06059062632	All Races		Proxy
Public Housing	Alicia Park Apts	23681 Cambridge Cir	Laguna Niguel	92677	06059042326	All Races		Proxy
Public Housing	Allen Hotel Apts	410 S Harbor Blvd	Fullerton	92832	06059011300	All Races		Proxy
Public Housing	Amerige Villa Apts	343 W Amerige Ave	Fullerton	92832	06059011300	All Races		Proxy
Public Housing	Anaheim Memorial Manor	275 E Center St.	Anaheim	92805	06059087300	All Races	57.60	Proxy
Public Housing	Arbor Glen Apts	12680 Buaro St	Garden Grove	92840	06059088502	All Races		Proxy
Public Housing	Arroyo Vista Apts	26196 Crown Valley Pkwy	Mission Viejo	92692	06059032022	All Races		Proxy
Public Housing	Aslam	11211 Steele St	Garden Grove	92840	06059088301	All Races		Proxy
Public Housing	Bayview Landing	1121 Back Bay Dr	Newport Beach	92660	06059063004	All Races		Proxy
Public Housing	Beachview Villas	8102 Ellis Ave	Huntington Beach	92648	06059099235	All Races		Proxy
Public Housing	Bethel Towers	666 W 19th St	Costa Mesa	92627	06059063701	All Races	54.10	Proxy
Public Housing	Birch Street Loft Apts, + 330 W Birch St	260 W Birch St	Brea	92821	06059001503	All Races		Proxy

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Public Housing	Birch Terrace Apts	601 E Birch St	Brea	92821	06059001504	All Races		Proxy
Public Housing	Bonterra Apt. Homes	401 Discovery Ln.	Brea	92821	Open 11/2011	All Races		Proxy
Public Housing	Bowen Court also 1972, 1976, 1978 & 1982 Lake St	1968 Lake St	Huntington Beach	92648	06059099305	All Races		Proxy
Public Housing	BREAL Senior Apts	111 N Orange Ave	Brea	92821	06059001504	All Races		Proxy
Public Housing	Briar Crest & Rose Crest, also 11762 Stewart St	11701 Stewart St	Garden Grove	92843	06059088501	All Races		Proxy
Public Housing	Bridges Apts	16851 Nichols St	Huntington Beach	92647	06059099402	All Races	52.20	Proxy
Public Housing	Cambridge Heights	7541 Wyoming St	Westminster	92683	06059099904	All Races		Proxy
Public Housing	Camden Place Apts	4500 Montecito Dr	La Palma	90623	06059110116	All Races		Proxy
Public Housing	Carbon Creek Shores	3060 E Frontera St	Anaheim	92806	06059086407	All Races		Proxy
Public Housing	Casa Alegre	2761 W Ball Rd.	Anaheim	92804	06059087805	All Races		Proxy
Public Housing	Casa Bella	1844 Park Ave	Costa Mesa	92627	06059063702	All Races		Proxy
Public Housing	Casa de Esperanza	10572 Knott Ave	Stanton	90680	06059087801	All Races		Proxy
Public Housing	Casa de Seniors	105 Avenida Presidio	San Clemente	92672	06059042113	All Races		Proxy
Public Housing	Casa El Centro	101 N Cypress St	La Habra	90631	06059001202	All Races		Proxy
Public Housing	Casa Maria Del Rio	2130 E Chapman Ave	Fullerton	92831	06059011503	All Races		Proxy
Public Housing	Casa Nicolina	1510 W La Habra Blvd	La Habra	90631	06059001103	All Races		Proxy
Public Housing	Casa Ramon	840 W Walnut Ave	Orange	92868	06059076204	All Races		Proxy
Public Housing	Casa Santa Maria	7551 Orangethorpe Ave	Buena Park	90621	06059110500	All Races		Proxy
Public Housing	Casas Del Rio	1740 E La Veta Ave	Orange	92866	06059075806	All Races		Proxy
Public Housing	Chatham Village	16331 McFadden Ave	Tustin	92780	06059075514	All Races		Proxy
Public Housing	Chestnut Place	1745 E Fairway Dr	Orange	92866	06059075806	All Races		Proxy
Public Housing	Civic Center Apts	651 E Birch St	Brea	92821	06059001504	All Races		Proxy
Public Housing	Civic Center Barrio Housing, also 711 & 745 W 18 th St	707 W 18 th St	Costa Mesa	92627	06059063605	All Races	58.20	Proxy
Public Housing	Civic Center Barrio Housing, also 721, 734, 740 & 744 James St	717 James St	Costa Mesa	92627	06059063605	All Races	58.20	Proxy
Public Housing	Club 42	17230 Newport	Fountain Valley	92708	06059099234	All Races		Proxy
Public Housing	Cobble Stone Apts	870 S Beach Blvd, #103	Anaheim	92804	06059086903	All Races		Proxy

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Public Housing	Continental Gardens	8101 Cerritos Ave	Stanton	90680	06059087803	All Races		Proxy
Public Housing	Cornerstone Apts	9541 W Ball Rd	Anaheim	92804	06059087703	All Races		Proxy
Public Housing	Cornerstone Village, Multiple sites, #s go up to 904 S Minnie St	805 S Minnie St	Santa Ana	92701	06059074501	All Races	61.10	Proxy
Public Housing	Costa Mesa Village	2460 Newport Blvd	Costa Mesa	92627	06059063102	All Races		Proxy
Public Housing	Courtyard Apts	4127 W Valencia Dr	Fullerton	92833	06059001801	All Races		Proxy
Public Housing	Coventry Heights	7521 Wyoming St	Westminster	92683	06059099904	All Races		Proxy
Public Housing	Cypress Sunrise	9151 Grindlay St	Cypress	90630	06059110104	All Races		Proxy
Public Housing	Diamond Aisle	1310 W Diamond St	Anaheim	92801	06059087200	All Races		Proxy
Public Housing	Dorado Senior Apts	8622 Stanton Ave	Buena Park	90620	06059086803	All Races		Proxy
Public Housing	East Fullerton Villas, Multiple sites, #s go up to 2190 E Chapman Ave	2140 E Chapman Ave	Fullerton	92831	06059011503	All Races		Proxy
Public Housing	Emerald Cove	18191 Parktree Cir	Huntington Beach	92648	06059099413	All Races		Proxy
Public Housing	Emerald Garden Apts	8720 Valley View St	Buena Park	90620	06059110201	All Races		Proxy
Public Housing	Escalones Nuevos, Multiple sites #s go up to 152	150 W Escalones	San Clemente	92672	06059042107	All Races		Proxy
Public Housing	Esplanade St. Apts	280 S Esplanade St	Orange	92869	06059021913	All Races		Proxy
Public Housing	Evergreen Villas	5100 Avocado Circle	Yorba Linda	92886	06059021802	All Races		Proxy
Public Housing	Flanders Pointe	15520 Tustin Village	Tustin	92780	06059074408	All Races		Proxy
Public Housing	Flower Park Plaza	901 W First St	Santa Ana	92703	06059075002	All Races	63.80	Proxy
Public Housing	Fountain Glen	225 S Festival Dr	Anaheim	92808	06059021922	All Races		Proxy
Public Housing	Franklin Garden Apt Homes	3828 Franklin Ave	Fullerton	92833	06059001801	All Races		Proxy
Public Housing	Friendly Center, Multiple sites, #s go up to 453 N Lemon St	451N Lemon St	Orange	92866	06059075901	All Races		Proxy
Public Housing	Fullerton City Lights	224 E Commonwealth Ave	Fullerton	92832	06059011300	All Races		Proxy
Public Housing	Garden Grove Senior Apts	12721 Garden Grove Blvd	Garden Grove	92843	06059089106	All Races	54.60	Proxy
Public Housing	Garnet Housing-Garnet, Multiple sites, #s go up to 3024 Garnet Ln	3012 Garnet Ln	Fullerton	92831	06059011711	All Races		Proxy;
Public Housing	Garnet Housing-Placentia, Multiple sites, also 1518 Placentia	1512 Placentia	Fullerton	92831	06059011711	All Races		Proxy;
Public Housing	Garnet Lane Apts	3125-3149 Garnet Ln	Fullerton	92831	06059011711	All Races		Proxy

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Public Housing	Granite Court	2853 Kelvin Ave	Irvine	92614	06059075515	All Races		Proxy
Public Housing	Guadalupe Manor Apts	17103 Magnolia St	Fountain Valley	92708	06059099234	All Races		Proxy
Public Housing	Hagan Place	383 3 rd St	Laguna Beach	92651	06059062632	All Races		Proxy
Public Housing	Harbor Cove Apts, Multiple sites, also 312 Broadway St	310 Broadway St	Laguna Beach	92651	06059062605	All Races		Proxy;
Public Housing	Harborview Terrace Apts	2305 N Harbor Blvd	Fullerton	92835	06059001601	All Races		Proxy
Public Housing	Harmony Creek Sr. Apts	1616 E Rock Creek Dr	Orange	92866	06059075806	All Races		Proxy
Public Housing	Harmony Park Apts	7252 Melrose St	Buena Park	90622	06059110500	All Races		Proxy
Public Housing	Harvard Manor-California	21 California Ave	Irvine	92715	06065044909	All Races		Proxy
Public Housing	Harvard Manor-Cornell	50 Cornell Dr	Irvine	92712	06065044909	All Races		Proxy
Public Housing	Heninger Village Apts	200 S Sycamore St	Santa Ana	92701	06059075002	All Races	63.80	Proxy
Public Housing	Heritage Place at Tustin	1101 Sycamore Ave	Tustin	92780	06059075515	All Races		Proxy
Public Housing	Heritage Villas Senior Apts	26836 Oso Pkwy	Mission Viejo	92691	06059032012	All Races		Proxy
Public Housing	Hermosa Vista Apts, Multiple sites, also 15425 Goldenwest St	15363 Goldenwest St	Huntington Beach	92647	06059099601	All Races		Proxy
Public Housing	Highland Manor Apts	1128 W Highland St	Santa Ana	92703	06059079902	All Races		Proxy
Public Housing	Hoover Avenue, Multiple sites, 108-118, 218-228 W Hoover Ave	108 W Hoover Ave	Orange	92867	06059076204	All Races		Proxy
Public Housing	Housing and Community Services	1770 N Broadway	Santa Ana	92706	06059075003	All Races	70.70	Proxy
Public Housing	Huntington Gardens	18765 Florida St	Huntington Beach	92648	06059099413	All Races		Proxy
Public Housing	Huntington Pointe, (Quo Vadis)	18992 Florida St	Huntington Beach	92648	06059099413	All Races		Proxy
Public Housing	Huntington Villa Yorba	16000 Villa Yorba	Huntington Beach	92647	06059099241	All Races		Proxy
Public Housing	Imperial Park Apts, + 430 W Imperial Hwy	350 W Imperial Hwy	Brea	92821	06059001503	All Races		Proxy
Public Housing	Imperial Villas	1050 E Imperial Hwy	Placentia	92870	06059021815	All Races		Proxy
Public Housing	Irvine Inn	2810 Warner Ave	Irvine	92606	06059075515	All Races		Proxy
Public Housing	Jackson Aisle	15432 Jackson St	Midway City	92655	06059099702	All Races		Proxy
Public Housing	Jackson Park, Multiple sites, #s go up to 304 N Jackson St	300 N Jackson St	Santa Ana	92701	06059089105	All Races	67.60	Proxy;

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Public Housing	Jordan Manor	11441 Acacia Pkwy	Garden Grove	92840	06059088501	All Races		Proxy
Public Housing	Klimpel Manor Senior Apts	229 E Amerige Ave	Fullerton	92832	06059011300	All Races		Proxy
Public Housing	La Gema Del Barrio, Multiple sites, #s go up to 644 E Adams St	638 E Adams St	Santa Ana	92707	06059074003	All Races		Proxy
Public Housing	La Habra Inn Senior Apts	700 N Beach Blvd	La Habra	90631	06059001102	All Races		Proxy
Public Housing	Laguna Canyon Apts	400 Limestone Way	Irvine	92618	06059062604	All Races		Proxy
Public Housing	Las Lomas Gardens	900 S Las Lomas Dr	La Habra	90631	06059001303	All Races		Proxy
Public Housing	Las Palmas Apts	2598 N Associated Rd	Fullerton	92835	06059001505	All Races		Proxy
Public Housing	Laurel Park Manor	4121 Katella Ave	Los Alamitos	90720	06059110113	All Races		Proxy
Public Housing	Lemon Street Apts, Multiple sites, #s go up to 491 Lemon St	481 Lemon St	Orange	92866	06059076204	All Races		Proxy
Public Housing	Linbrook Court	2240 W Lincoln Ave	Anaheim	92801	06059087101	All Races		Proxy
Public Housing	Loft Apts	215 S Brea Blvd	Brea	92821	06059001504	All Races		Proxy
Public Housing	Main Place Apts	7305 Luna	Huntington Beach	92648	06059099309	All Races		Proxy
Public Housing	Mariposa Co-Op	3773 University Dr	Irvine	92612	06059062630	All Races		Proxy
Public Housing	Mary Erickson Com Housing – Canada, Multiple site, #s go up to 135 W Canada	133 W Canada	San Clemente	92672	06059042107	All Races		Proxy;
Public Housing	Mary Erickson Com Housing – Marquita	143 W Marquita	San Clemente	92672	06059042107	All Races		Proxy
Public Housing	Mendocino Apts at Talaga	123 Calle Amistad	San Clemente	92673	06059032023	All Races		Proxy
Public Housing	Miracle Terrace	225 S Western Ave	Anaheim	92804	06059086902	All Races		Proxy
Public Housing	Montecito Vista	4000 El Camino Real	Irvine	92620	06059052525	All Races		Proxy
Public Housing	Newport Seacrest Apts	843 W 15 th St.	Newport Beach	92663	06059063603	All Races		Proxy
Public Housing	Oakview A, B & D, also 17362 & 17442	17372 Koledo Ln	Huntington Beach	92647	06059099402	All Races	52.20	Proxy
Public Housing	OC Com Housing Corp. (Palm Village), Multiple sites, #s go up to 7638 W 9 th St	7602 W 9 th St	Buena Park	90621	06059110500	All Races		Proxy
Public Housing	OC Com Housing Corp., Multiple sites, also 17361, 17401 & 17412 Koledo Ln	17351 Koledo Ln	Huntington Beach	92647	06059099402	All Races	52.20	Proxy
Public Housing	OC Community Housing Corp.	25942 Domingo	Dana Point	92624	06059042201	All Races		Proxy

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Public Housing	OC Community Housing Corp., Multiple sites, also 8702 LaSalle	8692 LaSalle	Cypress	90630	06059110111	All Races		Proxy
Public Housing	Ocean Aire Apts Homes	7811 Talbert Ave.	Huntington Beach	92648	06059094013	All Races		Proxy
Public Housing	OHDC/Orange Rotary Senior Plaza	235 W La Veta Ave	Orange	92866	06059075902	All Races		Proxy
Public Housing	Orange Garden Apts	928 N Highland Ste, #2	Orange	92867	06059075812	All Races		Proxy
Public Housing	Orangevale Apts	1300 N Shaffer Ave	Orange	92867	06059076205	All Races		Proxy
Public Housing	Orchard Park	50 Tarocco	Irvine	92618	06059052517	All Races		Proxy
Public Housing	Orchid Gardens	1051 N Glassell St	Orange	92867	06059076204	All Races		Proxy
Public Housing	Pacific Court Apartments	2200 Delaware St.	Huntington Beach	92648	06059099305	All Races		Proxy
Public Housing	Pacific Terrace Apts	15000 Pacific St	Midway City	92655	06059099701	All Races		Proxy
Public Housing	Palm Garden Apts	400 W Orangethorpe Ave	Fullerton	92832	06059011601	All Races		Proxy
Public Housing	Palm West Village	644 S Knott Ave	Anaheim	92804	06059086901	All Races		Proxy
Public Housing	Park Place Village	1662 Newport Blvd	Costa Mesa	92627	06059063605	All Races	58.20	Proxy
Public Housing	Park Stanton Senior Apts	7622 Katella Ave	Stanton	90680	06059087802	All Races		Proxy
Public Housing	Parkwood Apts	4075 Prospect Ave	Yorba Linda	92886	06059021809	All Races		Proxy
Public Housing	Paseo Village	1115 N Citron Ln	Anaheim	92801	06059086601	All Races	66.70	Proxy
Public Housing	Pebble Cove Apts	2555 W Winston Rd	Anaheim	92804	06059087806	All Races		Proxy
Public Housing	Pixley Arms	537 W Almond Ave	Orange	92868	06059076000	All Races		Proxy
Public Housing	Plaza Garden Apts	928 N Highland St, #2	Orange	92867	06059075812	All Races		Proxy
Public Housing	Plaza Patria Court	11440 Court St	Stanton	90680	06059087901	All Races		Proxy
Public Housing	Proj Access FRC - Hermosa Village Apts	1515 S Calle Del Mar	Anaheim	92802	06059087501	All Races	55.60	Proxy
Public Housing	Proj Access FRC at Cypress Villa Apts	900 N Cypress St	La Habra	90631	06059001401	All Races		Proxy
Public Housing	Proj Access FRC at La Palma Apts	7799 Valley View St	La Palma	90623	06059110116	All Races		Proxy
Public Housing	Proj Access FRC at Malabar Apts	9777 Bixby Ave	Garden Grove	92841	06059088203	All Races		Proxy
Public Housing	Proj Access FRC at North Hills Apts	570 Imperial Hwy	Fullerton	92835	06059001601	All Races		Proxy
Public Housing	Proj Access FRC at Park Vista Apts	1305 N Wren St Unit B	Anaheim	92801	06059086601	All Races	66.70	Proxy
Public Housing	Proj Access FRC at Tara Village Apts	5201 Lincoln Ave	Cypress	90630	06059110104	All Races		Proxy
Public Housing	Proj Access FRC at Windsor Ct & Stratford Place Apts	8156 13th St	Westminster	92683	06059099803	All Races	54.20	Proxy

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Public Housing	Proj Access FRC-Warwick Square Apts	780 S Lyon St	Santa Ana	92705	06059074403	All Races	65.50	Proxy
Public Housing	Raitt Street Apts, Multiple sites, also 271 N Raitt St	201 N Raitt St	Santa Ana	92703	06059074801	All Races		Proxy
Public Housing	Ramona Gardens, Multiple sites, also 421 Ramona St	415 Ramona St	Placentia	92870	06059011721	All Races	57.70	Proxy;
Public Housing	Rancho Moulton	25705 Via Lomas	Laguna Hills	92653	06059062625	All Races		Proxy
Public Housing	Rancho Niguel	25952 Via Lomas	Laguna Hills	92653	06059062625	All Races		Proxy
Public Housing	Renaissance Park Apts	3433 W Del Monte Dr	Anaheim	92804	06059086901	All Races		Proxy
Public Housing	Richman Court Apts	466 W Valencia Dr	Fullerton	92832	06059011200	All Races		Proxy
Public Housing	Richman Park I , Multiple sites, #s go up to 442 W Valencia Dr	436 W Valencia Dr	Fullerton	92832	06059011200	All Races		Proxy
Public Housing	Riverbend (Archstone Yorba Linda)	25550 River Bend Dr	Yorba Linda	92887	06059021828	All Races		Proxy
Public Housing	Rose Avenue Apts	1743 E Rose Ave	Orange	92867	06059076206	All Races		Proxy
Public Housing	Rose Garden Apts	9645 Westminster Ave	Garden Grove	92844	06059088901	All Races		Proxy
Public Housing	Rose Gardens	8190 13th St	Westminster	92683	06059099803	All Races	54.20	Proxy
Public Housing	San Marco Apts	101 Veneto	Irvine	92614	06059052521	All Races		Proxy
Public Housing	San Onofre	1426 N El Camino Real	San Clemente	92672	06059042107	All Races		Proxy
Public Housing	San Paulo Apts	100 Duranzo Aisle	Irvine	92606	06059052521	All Races		Proxy
Public Housing	Santa Alicia Apts	100 Santorini	Irvine	92606	06059052515	All Races		Proxy
Public Housing	Santa Ana Civic Center, Multiple sites, also 411 S Raitt St	405 S Raitt St	Santa Ana	92703	06059074801	All Races		Proxy
Public Housing	Santa Ana Civic Center-Myrtle	2009 W Myrtle St	Santa Ana	92703	06059074802	All Races		Proxy
Public Housing	Santa Ana Civic Center-Washington	3524 W Washington Ave	Santa Ana	92703	06059089104	All Races	58.80	Proxy
Public Housing	Santa Ana Towers	401 W 1st St	Santa Ana	92701	06059075002	All Races	63.80	Proxy
Public Housing	Sea Air Apts, Multiple sites, also 729 & 733 Utica Ave	725 Utica Ave	Huntington Beach	92648	06059099305	All Races		Proxy
Public Housing	Sea Wind Apts	1925 W Greenleaf	Anaheim	92801	06059086702	All Races		Proxy
Public Housing	Seasons	31641 Rancho Viejo Rd	San Juan Capistrano	92675	06059042312	All Races		Proxy
Public Housing	Seasons La Palma , Multiple sites, #s go up to 7061 Walker St	7051 Walker St	La Palma	90623	06059110115	All Races		Proxy
Public Housing	Seaview Lutheran Plaza	2800 Pacific View Dr	Corona Del	92625	06059062644	All Races		Proxy

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			Mar					
Public Housing	Sher Lane Apts	16112 Sher Ln.	Huntington Beach	92647	06059099410	All Races		Proxy
Public Housing	Solara Court Apts	3335 W Lincoln Ave	Anaheim	92801	06059110201	All Races		Proxy
Public Housing	South Walnut Bungalows	302-314 S Walnut Ave	Brea	92821	06059001504	All Races		Proxy
Public Housing	St. John's Manor	2031 Orange Ave	Costa Mesa	92627	06059063202	All Races		Proxy
Public Housing	Sterling Court	935 S Gilbert St	Anaheim	92804	06059087002	All Races		Proxy
Public Housing	Stonegate Senior Apts	170 N Prospect St	Orange	92869	06059075807	All Races		Proxy
Public Housing	Stuart Drive Apts	11632 Stuart Dr, #3	Garden Grove	92843	06059088501	All Races		Proxy
Public Housing	Sullivan Manor	2516 W 1st St	Santa Ana	92703	06059074802	All Races		Proxy
Public Housing	Sumner Place, Multiple site, #s go up to 8552 Sumner Pl	8542 Sumner Pl	Cypress	90630	06059110111	All Races		Proxy
Public Housing	Sungrove Senior Apts	12811 Garden Grove Blvd	Garden Grove	92843	06059089106	All Races	54.60	Proxy
Public Housing	The Arbor at Woodbury	300 Regal Ave	Irvine	92620	06059052418	All Races		Proxy
Public Housing	The Inn At Woodbridge	11 Osborne St	Irvine	92604	06059052513	All Races		Proxy
Public Housing	The Jasmine at Founder's Village	17911 Bushard St	Fountain Valley	92708	06059099234	All Races		Proxy
Public Housing	The Knolls	3138 Maple Ave, Ste C	Orange	92869	06059075816	All Races		Proxy
Public Housing	The Parklands	1 Monroe, #11	Irvine	92620	06059052525	All Races		Proxy
Public Housing	Third Street	1060 W Third St	Santa Ana	92701	06059074405	All Races	58.20	Proxy
Public Housing	Town Square-1 st St	700 W 1st St	Santa Ana	92701	06059075002	All Races	63.80	Proxy
Public Housing	Town Square-3 rd St	600 W 3rd St	Santa Ana	92701	06059075002	All Races	63.80	Proxy
Public Housing	Triangle Terrace Apts	555 S Shaffer St	Orange	92866	06059075902	All Races		Proxy
Public Housing	Tudor Grove	12631 Sunswept Ave	Garden Grove	92843	06059089104	All Races	58.80	Proxy
Public Housing	Tustin Gardens	275 E 6 th St	Tustin	92780	06059075505	All Races		Proxy
Public Housing	Tyrol Plaza Senior Apts	891 S State College Blvd	Anaheim	92806	06059086301	All Races		Proxy
Public Housing	Victoria Woods Senior Apts, Multiple site, #s go up to 5365 Stonehaven Dr	5303 Stonehaven Dr	Yorba Linda	92887	06059021825	All Races		Proxy
Public Housing	Villa La Jolla	734 W La Jolla St	Placentia	92870	06059011720	All Races	61.30	Proxy
Public Housing	Villa Modena	4431 E Marmon Ave	Orange	92869	06059021913	All Races		Proxy

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Public Housing	Villa Paloma	27221 Paseo Espada	San Juan Capistrano	92675	06059042312	All Races		Proxy
Public Housing	Villa Paloma Senior Residence	27221 Paseo Espada	San Juan Capistrano	92675	06059042312	All Races		Proxy
Public Housing	Village Center Apts	200 E Lincoln Ave	Anaheim	92805	06059087300	All Races	57.60	Proxy
Public Housing	Village La Paz	24275 Avenida Breve	Laguna Niguel	92677	06059042334	All Races		Proxy
Public Housing	Vintage Canyon Senior Apts	855 N Brea Blvd	Brea	92821	06059001506	All Races		Proxy
Public Housing	Vintage Shores	366 Camino De Estrella	San Clemente	92672	06059042201	All Races		Proxy
Public Housing	Vista Aliso	21544 Wesley Dr	Laguna Beach	92651	06059062632	All Races		Proxy
Public Housing	Walden Glen Apts	6664 Knott Ave	Buena Park	90621	06059110500	All Races		Proxy
Public Housing	Walnut Village Apts	620 S Walnut Ave	Brea	92821	06059001503	All Races		Proxy
Public Housing	Westchester Apts	125 S Westchester Dr	Anaheim	92804	06059086901	All Races		Proxy
Public Housing	Westchester Park Apts	1602 Nissan Rd	Tustin	92680	06059075512	All Races		Proxy
Public Housing	Williams Senior Apts	212 S Orange Ave	Brea	92821	06059001504	All Races		Proxy
Public Housing	Wilson Avenue Apts I, Multiple sites, also 1934 E Wilson Ave	1924 E Wilson Ave	Orange	92867	06059075812	All Races		Proxy
Public Housing	Wilson Avenue Apts II	1844 E Wilson Ave	Orange	92867	06059075812	All Races		Proxy
Public Housing	Wilson Avenue Apts III	1944 E Wilson Ave	Orange	92867	06059075812	All Races		Proxy
Public Housing	Windrow Apts	5300 Trabuco Rd	Irvine	92620	06059052417	All Races		Proxy
Public Housing	Woodbridge Manor I, II & III, Multiple sites, also 27 & 29 Lake Rd	25 Lake Rd	Irvine	92604	06059052511	All Races		Proxy;
Public Housing	Woodbridge Oaks	1 Knollglen	Irvine	92614	06059052517	All Races		Proxy
Public Housing	Woodbury Walk Apts.	99 Talisman, #100	Irvine	92620	06059052418	All Races		Proxy
Public Housing	Woodpark Apts	22702 Pacific Park Dr	Aliso Viejo	92656	06059062639	All Races		Proxy
Public Housing	Wycliffe Plaza	1401 N Flower St	Santa Ana	92706	06059075100	All Races		Proxy
Public Housing	Yorba Linda Palms	18542 Yorba Linda Blvd	Yorba Linda	92886	06059021802	All Races		Proxy
Public/Community Health Centers (includes Public Health Dept)	County of Orange Health Care Agency	405 W 5 th St	Santa Ana	92701	06059075002	All Races	63.80	
Shelters/Temp Housing	American Family Housing	Confidential Address	Midway City		06059099702	All Races		Proxy
Shelters/Temp Housing	Anaheim Interfaith Shelter	Confidential Address	Anaheim		06059086502	All Races		Proxy

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Shelters/Temp Housing	Casa Teresa	Confidential Address	Orange		06059075901	All Races		Proxy
Shelters/Temp Housing	Casa Youth Shelter	Confidential Address	Los Alamitos		06059110108	All Races		Proxy
Shelters/Temp Housing	Catholic Worker	Confidential Address	Santa Ana		06059075002	All Races	63.80	Proxy
Shelters/Temp Housing	Colette's Children's Home	Confidential Address	Huntington Beach		06059099410	All Races		Proxy
Shelters/Temp Housing	Colette's Children's Home	Confidential Address	Huntington Beach		06059099402	All Races	52.20	Proxy
Shelters/Temp Housing	Colette's Children's Home	Confidential Address	Anaheim		06059086901	All Races		Proxy
Shelters/Temp Housing	Colette's Children's Home	Confidential Address	Placentia		06059011702	All Races		Proxy
Shelters/Temp Housing	Emmanuel Outreach Temple	Confidential Address	Fullerton		06059011000	All Races		Proxy
Shelters/Temp Housing	Families Forward	Confidential Address	Irvine		06059062611			Proxy
Shelters/Temp Housing	Friendship Shelter	Confidential Address	Laguna Beach		06059062619	All Races		Proxy
Shelters/Temp Housing	Fullerton Interfaith Emergency Service	Confidential Address	Fullerton		06059011200	All Races		Proxy
Shelters/Temp Housing	Grandma's House of Hope	Confidential Address	Garden Grove		06059088702	All Races		Proxy
Shelters/Temp Housing	Heritage House	Confidential Address	Anaheim		06059086402	All Races		Proxy
Shelters/Temp Housing	Heritage House	Confidential Address	Costa Mesa		06059063808	All Races		Proxy
Shelters/Temp Housing	HIS House	Confidential Address	Placentia		06059011712	All Races		Proxy
Shelters/Temp Housing	Hope House	Confidential Address	Anaheim		06059086501	All Races		Proxy
Shelters/Temp Housing	Human Options	Confidential Address	Irvine		06059062626	All Races	59.20	Proxy
Shelters/Temp Housing	Huntington Youth Shelter	Confidential Address	Huntington Beach		06059099413	All Races		Proxy
Shelters/Temp Housing	Interfaith Shelter Network	Confidential Address	Fullerton		06059011200	All Races		Proxy
Shelters/Temp Housing	Laura's House	Confidential Address	Ladera Ranch		06059032056	All Races		Proxy
Shelters/Temp Housing	Laura's House	Confidential Address	San Clemente		06059042107	All Races		Proxy
Shelters/Temp Housing	Mary's Shelter	Confidential Address	Santa Ana		06059075703	All Races		Proxy
Shelters/Temp Housing	Mercy House	Confidential Address	Santa Ana		06059074405	All Races	58.20	Proxy
Shelters/Temp Housing	Orange Coast Interfaith	Confidential Address	Costa Mesa		06059063701	All Races	54.10	Proxy
Shelters/Temp Housing	Orange County Rescue Mission	Confidential Address	Tustin		06059075515	All Races		Proxy
Shelters/Temp Housing	Orangewood Children's Home	401 The City Dr S	Orange	92868	06059076102	All Races		Proxy

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Shelters/Temp Housing	Precious Life Shelter	Confidential Address	Los Alamitos		06059110108	All Races		Proxy
Shelters/Temp Housing	Santa Ana Cold Weather Shelter	Confidential Address	Santa Ana		06059074300	All Races		Proxy
Shelters/Temp Housing	The Villa	Confidential Address	Santa Ana		06059075004	All Races	60.10	Proxy
Shelters/Temp Housing	Thomas House Shelter	Confidential Address	Garden Grove		06059089104	All Races	58.80	Proxy
Shelters/Temp Housing	Tustin Family Campus	15405 Lansdowne Rd	Tustin	92782	06059075515	All Races		Proxy
WIC Programs	Camino WIC Clinic	362 Third St	Laguna Beach	92651	06059062632	All Races		Proxy
WIC Programs	Camino WIC Clinic	23832 Rockfield Blvd, #250	Lake Forest	92630	06059052410	All Races		Proxy
WIC Programs	Camino WIC Clinic	202 Avenida Aragon	San Clemente	92672	06073018700	All Races		Proxy
WIC Programs	Camino WIC Clinic	30300 Camino Capistrano	San Juan Capistrano	92675	06059042312	All Races		Proxy
WIC Programs	HCA WIC Clinic Ball Road	2137 E Ball Rd	Anaheim	92805	06059086306	All Races		Proxy
WIC Programs	HCA WIC Clinic Buena Park	6301 Beach Blvd, Ste 103	Buena Park	90621	06059110603	All Races		Proxy
WIC Programs	HCA WIC Clinic Costa Mesa	2045 Meyer Pl, Rm 123	Costa Mesa	92627	06059063702	All Races		Proxy
WIC Programs	HCA WIC Clinic Danbrook	320 S Danbrook St	Anaheim	92804	06059086901	All Races		Proxy
WIC Programs	HCA WIC Clinic El Modena FRC	18672 E Center Ave	Orange	92869	06059021913	All Races		Proxy
WIC Programs	HCA WIC Clinic Fountain Valley	8570 Warner Ave	Fountain Valley	92708	06059099233	All Races		Proxy
WIC Programs	HCA WIC Clinic Garza	10841 Garza Ave.	Anaheim	92804	06059087806	All Races		Proxy
WIC Programs	HCA WIC Clinic Hemlock	1220 Hemlock Way	Santa Ana	92704	06059074005	All Races		Proxy
WIC Programs	HCA WIC Clinic Ponderosa Park	2100 S. Haster Blvd	Anaheim	92802	06059087503	All Races		Proxy
WIC Programs	HCA WIC Clinic Room 101	1725 W 17th St	Santa Ana	92706	06059075302	All Races		Proxy
WIC Programs	HCA WIC Clinic Sigler	7200 Plaza St	Westminster	92683	06059099601	All Races		Proxy
WIC Programs	HCA WIC Clinic West/Beach	14120 Beach Blvd	Westminster	92683	06059099802	All Races		Proxy
WIC Programs	PHFE WIC Clinic	1110 W La Palma Ave	Anaheim	92801	06059086601	All Races	66.70	Proxy
WIC Programs	PHFE WIC Clinic	1120 W La Palma Ave	Anaheim	92801	06059086601	All Races	66.70	Proxy
WIC Programs	PHFE WIC Clinic	2323 W Lincoln Ave	Anaheim	92801	06059087101	All Races		Proxy
WIC Programs	PHFE WIC Clinic	4470 Lincoln Ave	Cypress	90630	06059110111	All Races		Proxy
WIC Programs	PHFE WIC Clinic	174 N Raymond Ave	Fullerton	92831	06059011403	All Races		Proxy
WIC Programs	PHFE WIC Clinic	131 S Harbor Blvd	La Habra	90631	06059001402	All Races		Proxy

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WIC Programs	PHFE WIC Clinic	5015 W Edinger	Santa Ana	92704	06059074108	All Races		Proxy
WIC Programs	PHFE WIC Clinic	1701 S Grand Ave	Santa Ana	92705	06059074403	All Races	65.50	Proxy
WIC Programs	PHFE WIC Clinic	320 S Main Street	Santa Ana	92701	06059074601	All Races		Proxy
WIC Programs	Planned Parenthood WIC Clinic	1491 E La Palma Ave	Anaheim	92805	06059086404	All Races		Proxy
WIC Programs	Planned Parenthood WIC Clinic	621 W 19th St	Costa Mesa	92627	06059063605	All Races	58.20	Proxy
WIC Programs	Planned Parenthood WIC Clinic	146 W Rose St	Orange	92867	06059076204	All Races		Proxy
WIC Programs	Planned Parenthood WIC Clinic	1134 E 17th St	Santa Ana	92706	06059075100	All Races		Proxy
WIC Programs	Planned Parenthood WIC Clinic	1010 S Minnie St	Santa Ana	92701	06059074501	All Races	61.10	Proxy
WIC Programs	Planned Parenthood WIC Clinic	1235 E Wilshire Ave	Santa Ana	92707	06059074403	All Races	65.50	Proxy
WIC Programs	Planned Parenthood WIC Clinic	12600 Beach Blvd, Ste A	Stanton	90680	06059088106	All Races		Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free & Reduced Meal %</i>
Junipero Serra High (P, S)	Capistrano Unified School District	30-66464-3035987	50.00%	6.04%	56.04%
Agnes Ware Stanley Elem (P)	Garden Grove Unified School District	30-66522-6028229	40.37%	16.47%	56.84%
A.J. Cook Elem (P)	Garden Grove Unified School District	30-66522-6028211	51.82%	12.83%	64.65%
Alamitos Inter (P)	Garden Grove Unified School District	30-66522-6028237	62.28%	15.80%	78.09%
Brookhurst Elem (P)	Garden Grove Unified School District	30-66522-6028252	64.97%	7.26%	72.23%
Bryant Elem (P)	Garden Grove Unified School District	30-66522-6028260	67.41%	15.10%	82.51%
C.C. Violette Elem (P)	Garden Grove Unified School District	30-66522-6028278	68.49%	10.00%	78.49%
Clinton Elem (P)	Garden Grove Unified School District	30-66522-6028294	62.58%	13.05%	75.63%
Donald S. Jordan Inter (P)	Garden Grove Unified School District	30-66522-6028202	62.34%	12.85%	75.19%
Dwight D. Eisenhower Elem (P)	Garden Grove Unified School District	30-66522-6028310	60.77%	15.38%	76.15%
Earl Warren Elem (P)	Garden Grove Unified School District	30-66522-6028328	65.28%	8.33%	73.61%
Ernest O. Lawrence Elem (P)	Garden Grove Unified School District	30-66522-6028344	57.57%	13.41%	70.98%
Ethel M.Evans Elem (P)	Garden Grove Unified School District	30-66522-6028377	58.29%	12.31%	70.60%
Excelsior Elem (P)	Garden Grove Unified School District	30-66522-6028385	60.32%	16.01%	76.33%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free & Reduced Meal %</i>
Faylane Elem (P)	Garden Grove Unified School District	30-66522-6028393	47.04%	10.12%	57.17%
Genevieve M. Crosby Elem (P)	Garden Grove Unified School District	30-66522-6028419	45.13%	12.92%	58.05%
Gilbert Elem (P)	Garden Grove Unified School District	30-66522-6028435	42.93%	10.02%	52.94%
Heritage Elem (P)	Garden Grove Unified School District	30-66522-6028443	78.97%	8.17%	87.14%
Izaak Walton Inter (P)	Garden Grove Unified School District	30-66522-6028468	66.25%	13.53%	79.78%
James Irvine Inter (P)	Garden Grove Unified School District	30-66522-6028476	65.39%	14.04%	79.44%
James Monroe Elem (P)	Garden Grove Unified School District	30-66522-6028484	38.24%	12.18%	50.42%
John Marshall Elem (P)	Garden Grove Unified School District	30-66522-6028518	63.62%	7.24%	70.86%
John Murdy Elem (P)	Garden Grove Unified School District	30-66522-6028526	55.88%	13.57%	69.46%
Jordan Secondary Learning Ctr (P)	Garden Grove Unified School District	30-66522-6104129	66.10%	13.56%	79.66%
Leo Carrillo Elem (P)	Garden Grove Unified School District	30-66522-6028542	67.41%	12.50%	79.91%
Leroy L Doig Inter (P)	Garden Grove Unified School District	30-66522-6028559	76.44%	11.73%	88.17%
Louis G. Zeyen Elem (P)	Garden Grove Unified School District	30-66522-6028583	52.02%	12.63%	64.65%
Louis Lake Inter (P)	Garden Grove Unified School District	30-66522-6028625	48.76%	11.71%	60.47%
Mamie L Northcutt Elem (P)	Garden Grove Unified School District	30-66522-6085294	56.69%	14.771%	71.467%
Merton E. Hill Elem (P)	Garden Grove Unified School District	30-66522-6028641	49.89%	18.39%	68.28%
Mitchell Elem (P)	Garden Grove Unified School District	30-66522-6028658	58.55%	12.83%	71.38%
Morningside Elem (P)	Garden Grove Unified School District	30-66522-6028666	53.49%	14.77%	68.26%
Newhope Elem (P)	Garden Grove Unified School District	30-66522-6028674	66.40%	14.45%	80.84%
Parkview Elem (P)	Garden Grove Unified School District	30-66522-6028690	50.53%	16.43%	66.96%
Post Elem (P)	Garden Grove Unified School District	30-66522-6028708	42.69%	13.78%	56.47%
Riverdale Elem (P)	Garden Grove Unified School District	30-66522-6028724	65.79%	14.73%	80.52%
Rosita Elem (P)	Garden Grove Unified School District	30-66522-6028732	65.09%	14.46%	79.55%
Sarah McGarvin Inter (P)	Garden Grove Unified School District	30-66522-6028740	49.63%	13.83%	63.46%
Stanford Elem (P)	Garden Grove Unified School District	30-66522-6028765	52.55%	13.43%	65.99%
Stephen R. Fitz Inter (P)	Garden Grove Unified School District	30-66522-6028773	67.83%	13.38%	81.21%
Sunnyside Elem (P)	Garden Grove Unified School District	30-66522-6028781	49.55%	9.63%	59.18%
Susan B. Anthony Elem (P)	Garden Grove Unified School District	30-66522-6028799	44.60%	12.41%	57.01%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free & Reduced Meal %</i>
Thomas Paine Elem (P)	Garden Grove Unified School District	30-66522-6028807	55.64%	11.09%	66.73%
Wakeham Elem (P)	Garden Grove Unified School District	30-66522-6028815	67.64%	14.60%	82.24%
Walter C. Ralston Inter (P)	Garden Grove Unified School District	30-66522-6028534	52.19%	13.13%	65.32%
Woodbury Elem (P)	Garden Grove Unified School District	30-66522-6028823	73.45%	11.68%	85.13%
Garden Grove High (P)	Garden Grove Unified School District	30-66522-3032752	46.06%	14.74%	60.81%
La Quinta High (P)	Garden Grove Unified School District	30-66522-3033578	51.24%	13.46%	64.70%
Lincoln High Cont. (P, S)	Garden Grove Unified School District	30-66522-3030517	72.50%	7.50%	80.00%
Los Amigos High (P)	Garden Grove Unified School District	30-66522-3033933	67.32%	13.07%	80.39%
Marie L. Hare High (P)	Garden Grove Unified School District	30-66522-3030103	57.08%	11.04%	68.13%
Rancho Alamitos High (P)	Garden Grove Unified School District	30-66522-3035706	53.78%	15.86%	69.64%
Santiago High (P)	Garden Grove Unified School District	30-66522-3036555	69.99%	12.74%	82.73%
California Elementary (P)	Orange Unified School District	30-66621-6029748	81.00%	7.06%	88.07%
Handy Elementary (P)	Orange Unified School District	30-66621-6029805	76.48%	10.93%	87.41%
Lampson Elementary (P)	Orange Unified School District	30-66621-6029845	77.96%	9.46%	87.43%
Edward B. Cole Academy (P)	Santa Ana Unified School District	30-66670-0101626	74.56%	16.86%	91.42%
Lorin Grisct Academy (P, S)	Santa Ana Unified School District	30-66670-3034998	63.27%	6.71%	69.97%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

Source	Title	Description	Languages
Amer Inst for Cancer Research	New American Plate	Adult; Poster & handout demonstrating plate balance.	Eng
California Project LEAN	Jump Start for Teens	Gr 9-12; Interactive lessons with topics such as healthy eating, phys act, media, label reading & fast food.	Eng, Sp
California Project LEAN No Coast	Easy Recipes-Commodity Foods	Adult; Recipes featuring commodity foods.	Eng
CANFit	P.H.A.T.	Gr 9-12; Lessons & activities to improve the nutr & phys act knowledge, attitudes, skills & behaviors of teens.	Eng
CANFit	Recipes for Success / Healthy After School Snack Guide	Gr 9-12; Recipes to complement the CANFit lessons.	Eng
CANFit	Regional Trg Manual / Super Manual	Gr 9-12; Lessons & handouts to improve healthy Eating & phys act environments in low income communities.	Eng
CANFit / San Bernardino County Dept. of Pub Health Nutr Prog	Fast Food Survival Guide	All Ages; Booklet with tips on how to make healthier fast food choices.	Eng, Sp
Cooperative Extension (EFNEP)	EatFit	Gr 6-8; Goal-oriented lessons & handouts challenging youth to improve their eating & activity choices.	Eng, Sp
Dairy Council of CA	Activity and Eating	Adult; Handout – Links physical activity, making healthful food choices & maintaining long-term good health.	Eng, Sp
Dairy Council of CA	Activity and Eating	Gr 9-12; Handout – Links physical activity, making healthful food choices & maintaining long-term good health.	Eng, Sp
Dairy Council of CA	Beverages: Make Every Sip Count	Adult; Goal oriented handout w/ info on	Eng, Sp, Viet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		choosing healthy beverages - developed in coord w/ HCA & local partners.	
Dairy Council of CA	Deal Me In	Gr 1-5; Nutr ed & phys act program introduces & reinforces healthy eating & phys act in a fun and engaging way.	Eng
Dairy Council of CA	Healthy Snacks for Home & School	Adult; Handout with tips on healthy snacks for the family.	Eng, Sp
Dairy Council of CA	Making Meals Matter for Your School Age Child	Adult; Booklet that helps parents understand the basics of preparing healthy meals & snacks.	Eng, Sp
Dairy Council of CA	Making Meals Matter for Your Young Child	Adult; Booklet offers parents guidance & practical info about feeding their preschoolers.	Eng, Sp
Dairy Council of CA	Older Adult Tip Sheet	Older Adult; Handout with tips on making healthy food & activity choices.	Eng, Sp
Dairy Council of CA	Parents Get Straight A's w/ Healthy Breakfast	Adult; Handout with tips for parents on preparing quick, healthy breakfasts.	Eng, Sp
Dairy Council of CA	Parents-Be Your Child's Partner in Healthy Bones	Adult; Handout outlining 4 steps for stronger bones & tips to getting the daily rec amount of milk.	Eng, Sp
Dairy Council of CA	Put Your Beverage to the Test	All Ages; Handout featuring nutr info on various beverages.	Eng
Dairy Council of OR	What's Normal?	Gr 6-8; Gr 9-12; Poster & lessons about body image & healthy weight.	Eng
Dairy Council of WA	Think Your Drink	All Ages; Poster & worksheet on the nutritional value of various beverages.	Eng
Food & Health Comm, Inc.	Fill Your Plate the Healthy Weigh!	Adult; Poster featuring F & V plate balance.	Eng
Food & Health Comm, Inc.	Portion Control: Don't Go Overboard	Adult; Poster covering info on healthy	Eng

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		portion sizes.	
Food & Health Comm, Inc.	Snack Smart...Think Outside the Bag	Adult; Poster comparing snack options.	Eng
HHS – CDC	3 Simple Steps To Eat More F&V	All Ages; Handout with tips on including the daily rec amount of F&V.	Eng, Sp
HHS – CDC	30 Ways in 30 Days to Stretch Your F&V Budget	Adult; Handout with tips on purchasing & preparing F & V.	Eng
HHS – CDC	Division of Nutr, Phys Act & Obesity	Adult; Website with resources on healthy eating, phys act & obesity prevention.	Eng
HHS – CDC	Finding Your Way to a Healthier You: Based on the Diet Guide for Amer	Adult; Info for consumers on the Dietary Guidelines for Americans.	Eng
HHS – CDC	Get Smart w/ F & V Campaign	Adult; Series of handouts with info on the benefits of & how to increase daily consumption of F & V.	Eng/Sp
HHS – CDC	Rethink your drink	Adults; Handout on the nutritional value of various beverages as wells tips on choosing healthier beverages.	Eng, Sp
HHS – FDA	Eating Well as We Age	Older Adult; Handout with tips on healthy eating as we age.	Eng, Sp
HHS – FDA	Spot the Block	Gr 6-8; Lessons & handouts teaching youth to read food labels.	Eng
HHS – NIH	Dietary Supplements: What You Need to Know	Adult; Handout with info for consumers on various supplements including the risks & benefits.	Eng
HHS – NIH	Healthy Eating After 50	Older Adult; Booklet with info on MyPyramid, portion sizes, food safety and food budgeting for older adults.	Eng
HHS – NIH	Hearts ‘n Parks Resource Book	All Ages; A national, community-based program designed to help park and	Eng, Sp

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		recreation agencies encourage heart-healthy lifestyles in their communities.	
HHS – NIH	Portion Distortion	All Ages; Power Point & poster demonstrating how portion sizes have grown & how to choose appropriate portion sizes of food & beverages.	Eng
HHS – NIH	Your Everyday Guide: Exercise & Physical Activity	Older Adult; Booklet outlining how to fit physical activity into daily life.	Eng, Sp
HHS – NIH – NHLBI	Cut Down on Salt & Sodium	Adult; Handout with tips on choosing foods with less sodium.	Eng, Sp
HHS – NIH – NHLBI	We CAN! Program	All Ages; On-line resource-national movement designed to give parents, caregivers & communities a way to help 8-13 year olds stay at a healthy weight.	Eng, Sp
HHS – NIH – WIN	Active at Any Size	All Ages; Booklet w/ tips & appropriate activities to be active at any size.	Eng
HHS – NIH – WIN	Better Health & You: Tips for Adults	Adult; Booklet with tips for healthy eating, physical activity & maintaining a healthy weight across the lifespan.	Eng, Sp
HHS – NIH – WIN	Celebrate the Beauty of Youth	Gr 9-12; Booklet outlining tips for moving more and eating better.	Eng
HHS – NIH – WIN	Changing Your Habits: Steps to Better Health	Adult; Fact sheet offering strategies to improve eating and physical activity habits. Includes the stages of change.	Eng
HHS – NIH – WIN	Do You Know the Health Risks of Being Overweight?	Adult; Booklet explaining the health risks associated with being overweight & the positive effects of weight loss.	Eng
HHS – NIH – WIN	Energize Yourself & Your Family	Adult; Booklet with tips on how to get moving & eat well when life is busy.	Eng

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
HHS – NIH – WIN	Fit & Fabulous as You Mature	Older Adult; Booklet with tips on how to get moving & eat well throughout the lifespan.	Eng
HHS – NIH – WIN	Healthy Eating & Physical Activity Across Your Lifespan	Older Adult; Booklet with tips & tools to help people 65 years of age & older eat healthfully & be physically active.	Eng, Sp
HHS – NIH – WIN	Helping Your Child: Tips for Parents	Adult; Handout with ideas to help children maintain a healthy weight.	Eng, Sp
HHS – NIH – WIN	Helping Your Overweight Child	Adult; Booklet helping parents take an active role to help their children & families learn healthy eating & physical activity habits that last a lifetime.	Eng, Sp
HHS – NIH – WIN	Just Enough for You: About Food Portions	Adult; Booklet with ideas to help control portions at home.	Eng
HHS – NIH – WIN	Take Charge of Your Health!	Gr 9-12; Booklet to help teens take small, simple steps to keep a healthy wt.	Eng, Sp
HHS – NIH – WIN	Tips to Help You Get Active	Adult; Booklet offering ideas to beat barriers to getting active.	Eng
HHS – NIH – WIN	Walking-a Step in the Right Direction	Adult; Booklet providing tips on how to create & follow a walking plan.	Eng, Sp
HHS – NIH – WIN	Weight-loss & Nutrition Myths	Adult; Booklet to help resolve confusion about weight loss, nutrition & phys act.	Eng
HHS – NIH – WIN	Young at Heart: Tips for Older Adults	Older Adult; Booklet with tips & tools to help people aged 65 & over eat healthfully & be physically active.	Eng, Sp
HHS / Montana AAP	Fit Kids = Healthy Kids	Adult; Poster with tips for parents to help kids eat healthfully & be active.	Eng
HHS-Office on Women’s Health	BodyWorks Toolkit	Gr 9-12 & Adult; Program designed to help parents & caregivers of teens	Eng

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		improve family eating & activity habits.	
Kaiser Permanente	Little Changes. Big Rewards.	Adult; Poster outlining 4 steps to be a healthy family.	Eng, Sp
Nat'l Assoc of Sports & Phys Act	101 Tips for Family Fitness Fun	Adult; Booklet with ideas to be active as a family.	Eng, Sp
NCES	Hot Healthy Facts for Cool Kids	Gr 1-5; Handout adapted from USDA MyPyramid & based on Dietary Guidelines for Americans.	Eng
NCES	Teen MyPyramid	Gr 9-12; Handout adapted from USDA MyPyramid, based on Dietary Guidelines for Americans.	Eng
Produce for Better Health Found	T.A.S.T.E.	All Ages; Poster & handout with tips for busy families to eat more F&V.	Eng
Regional Network – Bay Area	Calculating Sugar In Beverages	All Ages; Handout showing how to calculate # of tsps of sugar in beverages.	Eng, Sp
Regional Network – Bay Area	Rethink Your Drink	All Ages; Poster featuring healthy beverage choices.	Eng, Sp
Second Harvest Food Bank	Summer Meal Program	All Ages; Generic poster listing sites offering summer meals.	Eng, Sp
UC Berkeley	Fats and Oils	Adult; Handout reviewing types of fats and oils.	Viet
UC Berkeley	Fruits and Vegetables	Adult; Handout reviewing the benefits of F & V.	Viet
UC Berkeley	Physical Activity	Adult; Handout on the benefits of phys act & how to be active as a family.	Viet
UC Berkeley - Ctr for Wt & Health	Balancing TV and Computer Time with Play Time	Adult; Handout with tips on increasing play time & decreasing screen time.	Eng, Viet, Kor, Chin
UC Berkeley - Ctr for Wt & Health	Children Need to Play and Move Their Bodies Everyday	Adult; Handout on the importance of daily physical activity for youth.	Eng, Viet, Kor, Chin

Source	Title	Description	Languages
UC Berkeley - Ctr for Wt & Health	Fast Foods & Soft Drink: How to Make Healthier Choices	Adult; Handout with tip on how to make healthier fast food choices.	Eng, Viet, Kor, Chin
UC Berkeley - Ctr for Wt & Health	Freq Asked Ques about Sports Drinks	Adult; Handout with info on the use & nutritional value of sports drinks.	Eng, Sp
UC Berkeley - Ctr for Wt & Health	Healthy Food Options: What to Eat More Of, What to Eat Less Of	Adult; Handout featuring foods from each food group to choose more often & less often.	Eng, Viet, Kor, Chin
UC Berkeley - Ctr for Wt & Health	Healthy Weight for My Child	Adult; Handout with tips on how to help your child have a healthy weight.	Eng, Viet, Kor, Chin
USDA	2010 Dietary Guidelines	Adult; Power Point w/ booklet & handout reviewing current guidelines.	Eng
USDA	Color Me Healthy	PreK-K; A nutr & activity program using posters, picture cards & songs to encourage children to develop healthy lifestyles.	Eng
USDA	Eat Right – Play Hard	Gr 1-5; Lessons, handouts & worksheets showing youth how to eat healthy, in the right amounts from all the food groups.	Eng, Sp
USDA	Eat Smart, Live Strong Activity Kit	Older Adult; Lessons & handouts designed to help increase F & V intake & daily physical activity.	Eng
USDA	Empowering Youth w Nutr & Phy Act	Gr 9-12; Fun, hands-on lessons & activities teaching nutrition concepts.	Eng
USDA	Enjoy Moving	Gr 1-5; Poster w/ handout showing the different levels of phys act, encouraging youth to get 60 min of daily phys act.	Eng
USDA	Family Food Shopping: Spend Less, Get More	Adult; Handout with tips for shopping on a budget.	Eng
USDA	Food & Me	PreK-K; Lessons & activities on F & V.	Eng, Sp

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA	Food for a Day	All Ages; Poster showing the rec amounts of the food groups for a day.	Eng
USDA	Grow it, Try it, Like it	PreK-K; Garden-themed nutr ed kit that introduces children to 3 fruits & 3 veg.	Eng
USDA	How Much Do You Eat?	All Ages; Poster showing portion sizes for foods in each food group.	Eng
USDA	It's Up to You	Adult; Poster with healthy eating messages.	Eng
USDA	Kids' MyPyramid	Gr 1-5; Poster, handout & lessons for youth on MyPyramid concepts.	Eng, Sp
USDA	Loving Your Family, Feeding Their Future	Adult; Lessons & handouts featuring MyPyramid, meal planning & shopping & recipes.	Eng, Sp
USDA	Move It! Choose Your Fun	Gr 1-5-GR 9-12; Poster demonstrating different levels of physical activity.	Eng
USDA	MyPyramid	Adult; Poster & handout on MyPyramid concepts.	Eng, Sp
USDA	Nibbles for Health	Adult; 40 reproducible newsletters for parents to address nutrition challenges.	Eng
USDA	Nutrition Essentials	Gr 6-8; Interactive lessons addressing dietary quality, food safety & management of food resources.	Eng
USDA	Power of Choice	Gr 9-12; Ten interactive lessons based on 6 posters related to healthy eating & physical activity.	Eng
USDA	Preschoolers MyPyramid	PreK-K; Poster & handout on MyPyramid concepts.	Eng, Sp
USDA	Read It Before You Eat It	All Ages; Poster teaching how to read a food label.	Eng

Source	Title	Description	Languages
USDA	Sensational Foods	Gr 1-5; Poster & activities related to F&V consumption.	Eng, Sp
USDA	Serving it Safe	All Ages; Poster on key concepts of food safety.	Eng, Sp
USDA	Team Up at Home	Gr 1-5/Adult; Activity book for parents & youth on based on MyPyramid.	Eng
USDA	To Your Health! Food Safety for Srs	Adult; Handout with tips for food safety for older adults.	Eng, Sp
USDA	www.mypyramid.gov	All Ages; Interactive tools & resources on healthy eating & physical activity.	Eng, Sp
USDA – PFSE	Fight BAC	All Ages; On-line resource w/ lessons, handouts, DVD, VHS & posters on food safety.	Eng, Sp
USDA - WIC - CA	Be a Healthy Mom	Perinatal; Handout with tips on healthy eating for pregnant women.	Eng, Sp, Viet
USDA - WIC - CA	Be a Smart Shopper When Using Coupons	Adult; Poster & handout showing how to best utilize coupons when shopping.	Eng, Sp
USDA - WIC - CA	Calcium	Adult; Handout on the benefits & sources of calcium.	Eng, Sp
USDA - WIC - CA	Cooking Whole Grains is Easy	Adult; Handout with recipes featuring whole grains.	Eng, Sp
USDA - WIC - CA	Drink Low-Fat Milk	Adult; Handout & worksheet on the benefits & nutritional value of LF milk.	Eng, Sp
USDA - WIC - CA	Enjoy the Great Taste of Whole Grains	Adult; Handout on the benefits of whole grains.	Eng, Sp
USDA - WIC - CA	Feed Me 1-3 Years-Old	Perinatal/0-5yrs; Handout with tips on feeding 1-3 year-olds.	Eng, Sp, Viet
USDA - WIC - CA	Feed Me 4-5 Years-Old	Perinatal/0-5yrs; Handout with tips on feeding 4-5 year-olds.	Eng, Sp, Viet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA - WIC - CA	Feed Me 6-12 Months	Perinatal/0-5yrs; Handout with tips on feeding infants 6-12 mos.	Eng, Sp, Viet
USDA - WIC - CA	Feed Me Birth-6 Months	Perinatal/0-5yrs; Handout with tips on feeding infants birth-6mos.	Eng, Sp, Viet
USDA - WIC - CA	Healthy Choices for Kids	Perinatal/0-5yrs; Handout with tips for healthy food & snack choices.	Eng, Sp, Viet
USDA - WIC - CA	How much sugar is in your drink?	Adult; Poster showing how to calculate the number of tsp of sugar in beverages.	Eng, Sp
USDA - WIC - CA	Importance of F & V	Adult; Handout reviewing the benefits of F & V.	Eng, Sp
USDA - WIC - CA	Iron for Strong Blood	Perinatal/0-5yrs; Handout explaining the benefits of & sources of iron.	Eng, Sp, Viet
USDA - WIC - CA	Keep Your Food Safe	Adult; Handout with tips for kitchen food safety.	Eng, Sp, Viet
USDA - WIC - CA	Let's Cook	Adult; Cookbook with healthy recipes utilizing WIC foods.	Eng, Sp
USDA - WIC - CA	Look for Unit Price	Adult; Poster & handout showing how to use unit price to save money on food.	Eng, Sp
USDA - WIC - CA	Make Half Your Grains Whole	Adult; Handout reviewing the benefits of whole grains & the rec amount.	Eng, Sp
USDA - WIC - CA	Meal Planner Pad	Adult; Handout to practice meal planning meals for a week.	Eng, Sp
USDA - WIC - CA	Outreach Flyer	Adult; Handout listing OC WIC sites.	Eng, Sp, Viet
USDA - WIC - CA	Rethink Your Drink	Adult; Poster, DVD & beverage cards teaching how to make healthy beverage choices.	Eng, Sp
USDA - WIC - CA	Safety Tips About Fish	Perinatal; Handout with guidelines on safe fish choices.	Eng, Sp, Viet
USDA - WIC - CA	Sample Meal Plan	Adult; Poster & handout showing a meal	Eng, Sp

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		plan for one week.	
USDA - WIC - CA	Sample Menus 8-10mo & 10-12mo	Perinatal/0-5yrs; Handout with tips on feeding 8-10 mo & 10-12 mo old infants.	Eng, Sp, Viet
USDA - WIC - CA	Selecting, Storing & Using F & V	Adult; Handout on how to select, store & cook F & V.	Eng, Sp
USDA - WIC - CA	Smart Shopping List Pad	Adult; Handout listing healthy foods to put on a shopping list.	Eng, Sp
USDA - WIC - CA	Smart Shopping Tips	Adult; Handout with tips to save money when shopping for food.	Eng, Sp
USDA - WIC - CA	Snacks	Perinatal/0-5yrs; Handout with healthy snack choices for the family.	Eng, Sp, Viet
USDA - WIC - CA	Tickle Your Appetite	PreK-K; Activities & info to improve nutr experiences for preschool children.	Eng, Sp
USDA - WIC - CA	Time for a Cup	Perinatal/0-5yrs; Handout with tips to wean toddlers form the bottle.	Eng, Sp, Viet
USDA - WIC - CA	Tips for Picky Eaters	Perinatal/0-5yrs; Handout with tips on how to feed picky eaters.	Eng, Sp, Viet
USDA - WIC - CA	Try Something New with F & V	Adult; Handout & worksheet with F&V recipes.	Eng, Sp
USDA - WIC - CA	Veggies are Yummy	Perinatal/0-5yrs; Handout with tips on how to get children to eat more F & V.	Eng, Sp, Viet
USDA - WIC - CA	Vitamin A	Adult; Handout on the benefits of & sources of vitamin A.	Eng, Sp
USDA - WIC - CA	Vitamin C	Adult; Handout on the benefits of & sources of vitamin C.	Eng, Sp
USDA - WIC - CA	Ways to Eat More Whole Grains	Adult; Handout with tips on how to include more whole grains in meals.	Eng, Sp
USDA - WIC - CA	What is a Whole Grain?	Adult; Poster describing the components	Eng, Sp

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		of whole grains.	
USDA - WIC - CA	What's in Your Soy?	Adult; Handout on soy beverages.	Eng, Sp, Viet
USDA - WIC - CA	Which Milk is the Healthiest?	Adult; Handout & poster comparing the benefits & nutritional value of whole, 2%, 1% and fat free milk.	Eng, Sp
USDA-Network for a Healthy CA	Champion Mom Posters	Adult; Posters – Series of 9 posters featuring Champion Moms.	Eng, Sp
USDA-Network for a Healthy CA	CYO Idea & Resource Kit	Gr 1-5; Lessons & workbooks to help increase F & V intake & daily phys act.	Eng, Sp
USDA-Network for a Healthy CA	Eat F&V Everyday, Stay Healthy All the Way!	Adult; Cookbook featuring healthy Asian recipes.	Eng, Chin
USDA-Network for a Healthy CA	Eat Healthy. Be Active Latino Mural	Adult; Poster encouraging healthy eating & daily phys act.	Eng, Sp
USDA-Network for a Healthy CA	Energize Your Body w/ F & V	Adult; Poster showing F&V portion sizes.	Eng, Sp
USDA-Network for a Healthy CA	Everyday Healthy Meals	Adult; Cookbook with healthy recipes featuring F & V.	Eng, Sp
USDA-Network for a Healthy CA	F & V for Your Health	Adult; Handout with tips for increasing consumption of & access to F & V.	Eng, Sp
USDA-Network for a Healthy CA	Fast Meals & Quick Snacks	Gr 9-12; Cookbook featuring recipes for teens along with tips on food safety & stocking a kitchen.	Eng
USDA-Network for a Healthy CA	Food Behavior Checklist	Adult; Survey used for Impact Evaluation.	Eng, Sp
USDA-Network for a Healthy CA	FSORK Food Stamp Outreach Resource Kit	Adult; Poster w/ CalFresh brochures & recipes featuring F & V.	Eng, Sp
USDA-Network for a Healthy CA	Harvest of the Month Resources	Gr 1-5 & Adults; Posters w/ family & educator newsletters related to F & V.	Eng, Sp, Viet
USDA-Network for a Healthy CA	Healthy Latino Recipes	Adult; Cookbook featuring healthy	Eng, Sp

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
		versions of Latino recipes.	
USDA-Network for a Healthy CA	How Many Cups Do I Need? – F & V Slide Guide	Adult; Handout that helps determine how many cups of F & V family members need each day.	Eng, Sp
USDA-Network for a Healthy CA	Instant Recess	All Ages; DVD – physical activity	Eng
USDA-Network for a Healthy CA	Physical Activity for Your Health	Adult; Handout with tips for increasing physical activity.	Eng, Sp
USDA-Network for a Healthy CA	Power Play! Campaign Healthy Kids	Gr 1-5; Handout with tips on healthy eating for kids.	Eng, Sp
USDA-Network for a Healthy CA	Power Play! Campaign Kids Get Cookin’	Gr 1-5; Cookbook featuring easy, healthy recipes for kids.	Eng, Sp
USDA-Network for a Healthy CA	Power Play! Campaign School Idea & Resource Kit 4 th Grade	Gr 4; Lessons & workbooks to help increase F & V intake & daily phys act.	Eng, Sp
USDA-Network for a Healthy CA	Power Play! Campaign School Idea & Resource Kit 5 th Grade	Gr 5; Lessons & workbooks to help increase F & V intake & daily phys act.	Eng, Sp
USDA-Network for a Healthy CA	Power Up in 10	All Ages; Booklet – physical activity	Eng, Sp
USDA-Network for a Healthy CA	Power Up with F & V	Gr 1-5; Poster showing F&V portion sizes for kids.	Eng, Sp
USDA-Network for a Healthy CA	Produce Quick Tips	Adult; Tool for staff featuring nutrient content, prep tips & selecting F & V.	Eng, Sp
USDA-Network for a Healthy CA	Recipe Cards	Adult; Handout with various recipes featuring F & V.	Eng, Sp
USDA-Network for a Healthy CA	Shake It Up	Gr 1-5; CD with music to use for activities with kids.	Eng
USDA-Network for a Healthy CA	Shape of Yoga	All Ages; Booklet demonstrating yoga poses for families.	Eng, Sp
USDA-Network for a Healthy CA	Soulful Recipes Cookbook	Adult; Cookbook featuring healthy soul food recipes.	Eng
USDA-Network for a Healthy CA	The Power is in Your Hands	Adult; Handout with testimonials form	Eng, Sp

Source	Title	Description	Languages
		Champion Moms.	
USDA-Network for a Healthy CA	Toolbox for Community Educators	Adult; Lessons & handouts to help Latino adults increase F&V intake & daily physical activity.	Eng, Sp
Contractor Developed – OCHCA	Bringing Nutrition Education to Parents in Shelters	Adult; Power Point providing an overview of nutr ed efforts in shelters.	Eng
Contractor Developed – OCHCA	CalFresh in OC Insert	Adult; Handout with OC SNAP office info to compliment outreach materials.	Eng, Sp, Viet
Contractor Developed – OCHCA	Making an Impact Through Nutr Ed	Adult; Power Point providing an overview of the Impact Eval project.	Eng, Sp
Contractor Developed – OCHCA	Rethink Your Drink Nutrition Education Initiative Overview	Adult; Power Point providing on overview of the RN Rethink Your Drink Nutr Ed Initiative efforts in OC.	Eng
Contractor Developed – OCHCA <i>(Adapted from CDC “Rethink your drink.” & BANPAC)</i>	Rethink Your Drink	Gr 9-12 & Adult; Lesson teaching how to make healthy beverage choices using food labels & portion sizes.	Eng
Contractor Developed – OCHCA <i>(Adapted from CDC “Rethink your drink.” & BANPAC)</i>	Rethink Your Drink	PreK-K & Gr 1-5; Lesson teaching how to make healthy beverage choices using food labels & portion sizes.	Eng
Contractor Developed – OCHCA <i>(Adapted from CDPH)</i>	Communities of Excellence in Nutr, Phys Act & Obesity Prevention	Adult; Power Point & handouts reviewing the CX ³ project & how to conduct the community surveys.	Eng
Contractor Developed – OCHCA <i>(Adapted from CDPH)</i>	Using CX ³ Findings to Create Healthier Neighborhoods in OC	Adult; Power Point with an overview of CX ³ efforts in OC.	Eng
Contractor Developed –OC HCA <i>(Adapted from HCA Env Health)</i>	Restaurant Menu Labeling	Adult; Power Point with an overview of current restaurant menu labeling laws.	Eng
Contractor Developed – OCHCA <i>(Adapted from Network “F & V for Your Health”)</i>	Energize Your Body with F & V	Adult; Lesson reviewing the benefits of & tips on how to overcome barriers to eating more F & V.	Eng, Sp

Source	Title	Description	Languages
Contractor Developed – OCHCA <i>(Adapted from Partnership for Food Safety Education “Fight BAC”)</i>	Serving it Safe	Adult; Power Point on food safety.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA Kids’ MyPyramid & WIC)</i>	Growing Up Healthy – Child Nutrition	Adult; Lesson based on Kids’ MyPyramid; discusses healthy choices & tips to help kids have a healthy wt.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA Loving Your Family)</i>	Healthy Family Meals – How to Shop, Plan & Cook	Adult; Power Point & lesson based on MyPyramid; features tips on meal planning & shopping on a budget.	Eng, Sp
Contractor Developed – OCHCA <i>(Adapted from USDA MyPyramid & Loving Your Family)</i>	Healthy Family Meals – MyPyramid & Plate Balance	Adult; Lesson based on MyPyramid; includes plate balance & portion sizes.	Eng, Sp
Contractor Developed – OCHCA <i>(Adapted from USDA MyPyramid & Loving Your Family)</i>	Intro to MyPyramid w/ Shopping Tips	Adult; Power Point & lesson based on MyPyramid; features tips for shopping on a budget.	Eng, Sp
Contractor Developed – OCHCA <i>(Adapted from USDA MyPyramid)</i>	Fast & Easy Meals	Adult; Worksheet to practice meal planning.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA MyPyramid)</i>	Intro to MyPyramid	Adult; Power Point covering the key concepts of MyPyramid.	Eng, Sp
Contractor Developed – OCHCA <i>(Adapted from USDA MyPyramid, WIC & Power Of Choice)</i>	Supermarket Tour	Adult; Power Point showing how to make healthy choices when shopping for food.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA Power of Choice & Empowering Youth)</i>	Your Fast Food Order	All Ages; Power Point reviewing the nutrient content of fast food & how to make healthier fast food choices.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA Power Play! & Jump Start)</i>	Healthy Eating: Ads vs. Reality	Gr 6-8; Power Point featuring the methods used to market foods to youth.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA Power Play! & Jump Start)</i>	Are You Being Sold Health or Something Else?	All Ages; Power Point featuring the methods used to market foods to teens.	Eng

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Contractor Developed – OCHCA <i>(Adapted from USDA The Power of Choice “Are You Label Able?”)</i>	What’s on a Label?	Adult; Lesson & Power Point reviewing food labels & how to use them to make healthy food choices.	Eng
Contractor Developed – OCHCA <i>(Adapted from USDA website)</i>	Kids Help at Mealttime	Adult; Worksheet on how to include kids in meal planning & preparation.	Eng, Sp
Contractor Developed – OCHCA <i>(Adapted from USDA website)</i>	Thrifty Meal Plan: Healthy Meals on a Budget	Adult; Power Point & worksheet reviewing resources related to the Thrifty Meal Plan & related sites.	Eng
Contractor Developed – OCHCA <i>(Adapted from WIC)</i>	Good Nutrition on a Budget	Adult; Power Point featuring tips for shopping for healthy foods on a budget.	Eng

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
Not Applicable		

BUDGET COVER SHEET
FFY 2012

Organization: County of Orange Health Care Agency				
Contract Number: 11-10235				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 248,892.00	\$ 251,004.00	\$ 2,112.00	0.85%
Fringe Benefits	\$ 90,472.00	\$ 106,150.00	\$ 15,678.00	17.33%
Operating	\$ 12,448.00	\$ 6,500.00	\$ (5,948.00)	-47.78%
Equipment & Other Capital	\$ 2,300.00	\$ 2,300.00	\$ -	0.00%
Travel	\$ 12,461.00	\$ 9,340.00	\$ (3,121.00)	-25.05%
Subcontractors	\$ -	\$ -	\$ -	0.00%
Other Costs	\$ 18,670.00	\$ 11,221.00	\$ (7,449.00)	-39.90%
Indirect Costs	\$ 80,667.00	\$ 79,395.00	\$ (1,272.00)	-1.58%
Total Federal Share	\$ 465,910.00	\$ 465,910.00	\$ -	0.00%
<i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i>				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				
<i>FFY 2012 Network Growth Policy restricts contract growth.</i>				
<i>Increase in Fringe Benefit Rate from 36.35% to 42.29%</i>				
<i>Communication and Warehouse costs removed. Expenses will be paid with non-Network fu</i>				
<i>Decrease in out-of-county trave, replaced with regional and webinar conferences</i>				
<i>Deacrse in purchase of supporting education materials to balance budget</i>				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

A. PERSONNEL SALARIES:						
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Admin Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS						
1.	Name: Michelle Schuck Nutrition Services* Title: Nutritionist (Public Health Nutritionist II)	\$ 67,808	0.2500		25%	\$ 16,952
2.	Name: Gina Di George - Nutrition Services* Title: Nutritionist (Public Health Nutritionist II)	\$ 67,808	1.0000		100%	\$ 67,808
3.	Name: Patty Stabile - Nutrition Services* Title: Nutritionist (Public Health Nutritionist II)	\$ 67,808	0.5000		50%	\$ 33,904
4.	Name: Dawn Robinson - Nutrition Services Title: Project Coordinator/Contract Manager (Sprvsng PH Nutr)	\$ 70,250	0.2500	25%		\$ 17,563
5.	Name: Maridet Ibanez - Nutrition Services Title: Administrator/Contract Manager (Program Manager II)	\$ 99,403	0.0500	5%		\$ 4,970
6.	Name: Elsa Amezcua - Nutrition Services* Title: Nutritionist / Nutrition Aide (Community Health Assistant III)	\$ 43,306	0.2500		25%	\$ 10,827
7.	Name: Juan Montes - Nutrition Services** Title: Nutritionist / Nutrition Aide (Health Education Associate)	\$ 55,211	0.2500		25%	\$ 13,803
8.	Name: To be determined - Nutrition Services* Title: Nutritionist (Public Health Nutritionist I)	\$ 64,376	0.2500		25%	\$ 16,094
9.	Name: To be determined - Nutrition Services* Title: Nutrition Aide (Community Health Assistant II)	\$ 41,163	0.5000		50%	\$ 20,582
10.	Name: Martha Veronica Ramirez, Health Promotion* Title: Health Educator (Health Educator)	\$ 62,625	0.2000		20%	\$ 12,525
11.	Name: Annie Tran-Luong, Health Promotion* Title: Health Educator (Social Worker Assistant)	\$ 43,035	0.0500		5%	\$ 2,152
12.	Name: Eileen Lao, Health Promotion* Title: Computer Specialist (Information Processing Technician)	\$ 41,728	0.0400	4%		\$ 1,669
13.	Name: APHNS Nurses (Multiple Staff - 4 x .0833259 FTE Average Salary \$90,875, equates to 0.3333 FTE) Funke, Geller, Hannah, Lowes Title: Nurse/Nurse Supervisor/Nurse Aide RN (Sr PH Nurse)	\$ 363,500	0.3333		33.33%	\$ 30,289
14.	Name: Office Assistant - Nutrition Services Title: Office Manager/Secretary/Admin Asst (Office Assistant)	\$ 37,315	0.0500	5%		\$ 1,866
SUBTOTAL		\$ 1,125,336	3.9733	39%	358.33%	\$ 251,004
* Base pay plus \$0.40/hr bilingual pay (\$832/yr), ** Base pay plus ~\$0.70/hr exceptional bilingual pay (\$1,464/yr)						
POSITION DESCRIPTIONS:						

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

Federal Share Positions									
Nutritionist/Nutrition Educator/Nutrition Aide Position # 1,2,3,6,7,8, 9	Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encour with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.								
Project Coordinator Position # 4	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and ed materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active. Manages the nutrition education contract including budgets, invoices, State Share documentation reports, time studies, fiscal reporting and adh funding requirements. Participates in Regional collaborative.								
Administrator (e.g., Director of Programs) Position #5	Administers the nutrition education contract and budget, supervises nutrition education staff, attends nutrition education and scope of work rel and program planning activities. Coordinates contract reporting requirements.								
Health Educator (including Health Aide, Health Promotion Instructor, etc.) Position # 10,11	Develops materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and heath benefits of proper nutrition and physical activity.								
Computer Specialist Position # 12	The Computer Specialist will provide assistance with the nutrition database and tracking system. Specialist will assist staff in completing Act Weekly Time Logs.								
Nurse/Nurse Supervisor/Nurse Aide RN Position #13	Provides nutrition and physical activity promotion to students enrolled in nutrition education programs and their families. Supports nutrition ed through interventions; local, regional, and statewide collaboration and interventions. (This does not include any medical nutrition therapy). E services in the home and community by offering family-centered assessment, case management, client advocacy and preventive health teachin resources to low-income, at risk populations. Nutrition-related duties include providing general nutrition education, referrals and follow-up on Primarily focus on seniors, age 55 years and older.								
Office Manager/Secretary/Admin Asst Position #14	Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal i Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, and other duties as required to support th education contract.								
									Federal Share Total Dollars
B. FRINGE BENEFITS:									
Federal Share:									

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

	Includes payroll taxes and medical/dental benefits at 42.29% of salaries (\$251,004 x 42.29% = \$106,150)						\$	106,150
	(Actuals will exclude bilingual pay)							
							SUBTOTAL:	\$ 106,150
C.	OPERATING EXPENSES:							
	Federal Share:							
	Estimates based on historical SNAP-Ed usage							
	Office supplies - pens, pencils, post-its, mailing envelopes, paper clips and other office items						\$	1,000
	Cartridges for black and white and color printers						\$	1,000
	Postage and overnight mail as needed						\$	500
	Routine printing/copying of Network-related items, nutrition education materials, meeting agendas, reports						\$	4,000
							SUBTOTAL:	\$ 6,500
D.	EQUIPMENT EXPENSES:							
	Federal Share:							
	1 One desktop computer (monitor, keyboard and hard drive/tower) with standard office and encryption software						\$	2,300
	\$2,000 per computer system x 1 FTE staff x 100% Network use, \$300 mandated State encryption software							
	Replace 1 existing computer purchased with Network funds in 2002							
	Computer will be used by 1 Nutritionist/Nutrition Aide - (Federal Share position #2 - 100% FTE)							
	As of January 2010, no computers purchased since 2002 have been charged/paid by the Network budget							
	Contractor will obtain State approval prior to any equipment purchase							
							SUBTOTAL:	\$ 2,300
E.	TRAVEL AND PER DIEM:							
	Federal Share:							
	Mileage - Routine local travel to provide nutrition education and attend local meetings/trainings						\$	5,858
	Nutritionist / Nutrition Aide and Health Educator - 6 staff (Position # 1, 2,3,6,7,10)						\$	3,996
	100 miles/mo x 6 staff x 12 months x \$0.555/mile							
	Nutritionist / Nutrition Aide, Health Educator and Nurse - 4 staff (Position # 8, 9,11,13)						\$	1,332
	50 miles/mo x 4 staff x 12 months x \$0.555/mile							
	Project Coordinator, Administrator, Computer Specialist, Office Manager = 4 staff (Positions 4,5,12,14)						\$	530
	19 miles/mo x 4 staff x 12 months x \$0.555/mile							

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

										Federal Share Total Dollars
Travel for meetings/Conferences										\$ 3,482
<i>Pos #</i>	<i>Staff</i>	<i># days</i>	<i>Airfare</i>	<i>Per diem</i>	<i>Lodging/Rm Tax</i>	<i>Mileage</i>	<i>Park/shuttle</i>	<i>Registration</i>	<i>Subtotal</i>	
Network-sponsored training Impact Eval - TBD, Regional						150 miles Round trip @ 0.555/mile			\$ 198	
4	Proj Coord	1	0	0	0	0.555	0	\$ 15	\$ 99	
2	Nutritionist	1	0	0	0	0.555	0	\$ 15	\$ 99	
Network Annual Conference #1- Feb. 2012, Sacramento									\$ 726	
2	Nutritionist	2	\$ 291	\$ 80	\$ 202	0	\$ 72		\$ 363	
3	Nutritionist	2	\$ 291	\$ 80	\$ 202	0	\$ 72		\$ 363	
Network-sponsored training #2 - TBD/Regional						150 miles Round trip @ 0.555 /mile			\$ 218	
2	Nutritionist	1	0	0	0	0.555	0	\$ 25	\$ 109	
3	Nutritionist	1	0	0	0	0.555	0	\$ 25	\$ 109	
Network-sponsored training #3 - TBD/Regional						150 miles Round trip @ 0.555/mile			\$ 654	
1	Nutritionist	1	0	0	0	0.555	0	\$ 25	\$ 109	
2	Nutritionist	1	0	0	0	0.555	0	\$ 25	\$ 109	
3	Nutritionist	1	0	0	0	0.555	0	\$ 25	\$ 109	
4	Proj Coord	1	0	0	0	0.555	0	\$ 25	\$ 109	
6	Nutritionist	1	0	0	0	0.555	0	\$ 25	\$ 109	
10	Health Ed	1	0	0	0	0.555	0	\$ 25	\$ 109	
Network-sponsored training GIS training - TBD, Regional						150 miles Round trip @ 0.555/mile			\$ 198	
4	Proj Coord	1	0	0	0	0.555	0	\$ 15	\$ 99	
2	Nutritionist	1	0	0	0	0.555	0	\$ 15	\$ 99	
Media Training - Rethink Your Drink - Spring TBD/Regional						150 miles Round trip @ 0.555/mile			\$ 198	
4	Proj Coord	1	0	0	0	0.555	0	\$ 15	\$ 99	
5	Admin	1	0	0	0	0.555	0	\$ 15	\$ 99	
Network-sponsored training - CX3 - TBD, Sacramento									\$ 1,290	
4	Proj Coord	2	\$ 291	\$ 80	\$ 202	0	\$ 72	0	\$ 645	
6	Nutritionist	2	\$ 291	\$ 80	\$ 202	0	\$ 72	0	\$ 645	
* Mileage = \$0.51 0.555/mile, Per Diem = \$40 (B=\$6, L=\$10, D=\$18, I=\$6), Lodge = \$84 + \$17tax, Airport Park = \$18/day, Shuttle = \$36 round trip										

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

										Federal Share Total Dollars
Nutrition education expenses related to implementation of CX3 activities										\$ 500
Printing of CX3 training materials and related handouts, + 3 forums										
Printing = \$200 (print copies of survey tools, scorecards for neighborhoods & grocery stores, meeting flyers, etc)										
2,000 copies x 0.10 each = \$200										
Forums = \$300 (3 events x \$100 each, materials, posters, handouts, food demos, one-time equipment rental, etc)										
Impact evaluation expenses										\$ 2,000
Printing of impact evaluation survey forms (control, pre, post, 1-month follow-up surveys, full color, English, Spanish)										
\$1,000 - 1000 Eng copies x \$1.00 per copy (full colore, 4-page, 11 x 17 folded)										
\$1,000 - 1000 Spanish copies x \$1.00 per copy (full colore, 4-page, 11 x 17 folded)										
*Expenditures on nutrition education materials must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.										
SUBTOTAL:										\$ 11,221
H. INDIRECT COSTS:										
Federal Share: 22.23% of Personnel & Fringe Benefits (\$251,004 salary + \$106,150 benefits = \$357,154)										
\$357,154 x 22.23% = \$79,395										
The federally negotiated indirect cost, detailed in the Countywide Cost Allocation Plan (CWCAP) includes overhead for support services such as procurement, legal counsel, accounting and other expenses. The indirect cost is calculated on both salary and fringe benefit expenses.										\$ 79,395
SUBTOTAL:										\$ 79,395
TOTAL										\$ 1,125,336
										3.9733
										39.00%
										358.33%
										\$ 465,910

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

7. Total Dollars
\$ 16,952
\$ 67,808
\$ 33,904
\$ 17,563
\$ 4,970
\$ 10,827
\$ 13,803
\$ 16,094
\$ 20,582
\$ 12,525
\$ 2,152
\$ 1,669
\$ 30,289
\$ 1,866
\$ 251,004

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

f general messages are ters, assisting
, and other health through ucation community lifestyles. erence to
ted meetings
vegetables, and
vity Logs and
ucation goals Provides nursing g and community compliance.
nformation. e nutrition
Total Dollars

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

\$ 106,150
\$ 106,150
\$ 1,000
\$ 1,000
\$ 500
\$ 4,000
\$ 6,500
\$ 2,300
\$ 2,300
\$ 5,858

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: County of Orange Health Care Agency
Contract #: 11-10235

Total Dollars
500
\$ 2,000
\$ 11,221
\$ 79,395
\$ 79,395
\$ 465,910

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Nutrition and Physical Activity Program
Program Area: Local Incentive Awardee: City of Pasadena Public Health Department
Contract Number: 10-10106

a. **Related State Objectives.**
See State-level objectives 1, 2, 4, 8, and 9.

b. **Audience.**
Gender: Male 5 Female 95

Ethnicity:
 African American 13
 Asian _____ %
 Caucasian 2
 Latino 85
 Native American _____ %
 Pacific Islander _____ %
 Other (specify) _____: _____ %

Languages:

<input type="checkbox"/> English <u>20 %</u>	<input type="checkbox"/> Khmer (Cambodian) _____ %
<input type="checkbox"/> Spanish <u>80%</u>	<input type="checkbox"/> Korean _____ %
<input type="checkbox"/> Arabic _____ %	<input type="checkbox"/> Lao _____ %
<input type="checkbox"/> Armenian _____ %	<input type="checkbox"/> Tagalog _____ %
<input type="checkbox"/> Russian _____ %	<input type="checkbox"/> Vietnamese _____ %
<input type="checkbox"/> Bosnian _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Cantonese _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Farsi _____ %	<input type="checkbox"/> Mandarin _____ %
<input type="checkbox"/> Hmong _____ %	

Ages:
 Under 5 years old _____ %
 5 to 8 .5%
 9 to 11 .5%
 12 to 17 .5%
 18 to 59 90%
 60 years old and over 8.5%

c. **Focus on SNAP Eligibles.**
Income Targeting Data Source:
 See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): Head Start (100 % equal or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--------------------------------------------------|------------------------------------------------------------|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input checked="" type="checkbox"/> WIC Offices <u>10%</u> |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (50 occurrences at 1.5 hour(s) each)
- Community Education Events: (25 occurrences at 1 to 6 hour (s) each)
- Training/Workshop/Conference: (30 annual occurrences at 1 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Defensive Dining</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| _____ Adult Education & Job Training Sites | _____ Libraries |
| _____ Adult Rehabilitation Centers | <u>1</u> Other Youth Education Sites (includes Parks and Recreation) |
| _____ CalFresh Offices | <u>1</u> Public/Community Health Centers (includes Public Health Departments) |
| _____ Churches | _____ Public Housing |
| <u>2</u> Community Centers | _____ Schools – students (Preschool) |
| _____ Elderly Service Centers | _____ Schools – students (K-12) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (Afterschool Program) |
| _____ Extension Offices | _____ Schools – Parents |
| _____ Farmers Markets | _____ Shelters/Temporary Housing |
| _____ Food Stores | <u>1</u> _____ WIC Programs |
| <u>2</u> Head Start Programs | _____ Worksites |
| _____ Individual Homes | Other (specify): _____ |

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 35,000

Narrative (max. 200 words)

The Pasadena Public Health Department Nutrition and Physical Activity Program’s foremost goal is for program participants to better understand the importance of both daily fruit and vegetable consumption and physical activity. This *Network* funded program is successful in reaching an impressive number of Cal Fresh eligible adults through nutrition and physical activity promotion classes and special events. Education ranges from single subject nutrition presentations and workshops to a four-part integrated class series. Positive feedback, directly from participants or through the partnering community agencies, have been extremely favorably. Based on the identified target populations, the majority of these programs have been presented in Spanish for monoligual and bilingual Spanish-speaking community members. Participants are very appreciative of the classes/materials and other nutrition outreach efforts conducted in their native language.

In addition to these health education services, the Program actively attends and participates in community-wide meetings, for networking and partnering opportunities with other agencies, in order to provide direct program services or to enhance other existing community services provided. The Program works to integrate outreach, education, and networking efforts to implement sustainable health changes.

Network nutrition education at Pasadena Head Start sites is targeted only to parents and caregivers.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|----------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Process evaluations measures will show the participation of nutrition education program activities with sign-in sheets, SNAP Food Behavioral Checklist (as appropriate), special

event attendee recorded numbers as reported in the Activity Tracking Report Form. Participants, targeted Cal Fresh population, will increase awareness of the importance of making healthy food choices and being physically active.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

The Pasadena Public Health Department Nutrition and Physical Activity Program actively participates in several community-wide collaboratives, including those involving the Department of Public Social Services, Pasadena Unified School District and the Community, Child & Family Services/Head. The Program partners with a wide range of community-based organizations, local medical providers, governmental agencies and community residents, to promote healthier lifestyles to their participants through classes, outreach events, and other efforts.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Head Start Programs	Villa Parke Site	363 East Villa Street	Pasadena	91101	NA	NA	NA	Proxy site
WIC Programs	Pasadena Public Health Department	363 East Villa Street	Pasadena	91101	NA	NA	NA	Proxy site
Community Centers	Villa Parke Community Center	363 East Villa Street	Pasadena	91101	6037461900	All	59.3%	
WIC Program	Pasadena Public Health Department	1845 N. Fair Oaks Avenue	Pasadena	91103	NA	NA	NA	Proxy site
Head Start Programs	Orange Grove Site	595 Lincoln Avenue	Pasadena	91103	NA	NA	NA	Proxy site
Community Center	Jackie Robinson Community Center	1020 North Fair Oaks Avenue	Pasadena	91103	6037462000	All	52%	
Other Youth Education Sites (includes Parks and Recreation)	YWCA Pasadena-Foothill Valley	1200 North Fair Oaks Avenue # 9	Pasadena	91103	6037462000	All	52%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
NA			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
American Dietetic Association	Eat Right Series; 25 Healthy Snacks for Kids	For parents, the message is no matter how hard you try to make sure your child eats right, snack attacks can often undo all your hard work – but they don’t have to with these healthy snack ideas from the American Dietetic Association such as Peel a banana and dip it in yogurt. Roll it in crushed cereal and freeze. Please check with your PM prior to use of the recipes.	English and Spanish
Dairy Council	Activity & Eating (Adult) - Linking Together for Optimal Health & Fitness	This booklet helps adults understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health.	English and Spanish
Network for a Healthy California	Network Tool box for Community Educators	Champion for Change Tool Box; Nut Ed playing cards support several Nut Ed lessons.	English and Spanish
Pasadena Public Health Department Contractor developed	ReThink Your Drink Work Sheet on Sugar Sweetened Beverages	Network approved PPHD designed Rethink Your Drink worksheet. Participants go through a step by step worksheet to read and figure out sugar content of container.	English and Spanish
USDA	MyPyramid Posters	Educational material that bring the messages of MyPyramid	English
USDA	MyPyramid Ten Tips Nutrition Education Series	Provides consumers and professionals with high quality, easy-to-follow tips in a convenient, printable forma	English and Spanish
USDA	MyPyramid Materials	Educational material that bring the messages of MyPyramid	English and Spanish
USDA Website	MyPyramid Food Intake Patterns	Suggested amounts of food to consume from the basic food groups to meet recommended nutrient intake	English and Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA Website	Inside the pyramid materials (MyPyramid Menu Planner, MyPyramid for Preschoolers, MyPyramid for Moms, MyPyramid for Kids)	My pyramid materials nutrition education materials for select groups	English and Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
NA		

BUDGET COVER SHEET
FFY 2012

Organization: City of Pasadena Public Health Department					
Contract Number: 10-10106					
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference	
Personnel Salaries	\$ 60,300.00	\$ 62,625.00	\$ 2,325.00	3.86%	
Fringe Benefits	\$ 25,567.00	\$ 26,384.00	\$ 817.00	3.20%	
Operating	\$ 7,817.00	\$ 8,946.00	\$ 1,129.00	14.44%	1
Equipment & Other Capital			\$ -		
Travel	\$ 1,001.00	\$ 645.00	\$ (356.00)	-35.56%	2
Subcontractors			\$ -		
Other Costs		\$ 819.00	\$ 819.00	100.00%	3
Indirect Costs	\$ 17,043.00	\$ 17,895.00	\$ 852.00	5.00%	
Total Federal Share	\$ 111,728.00	\$ 117,314.00	\$ 5,586.00	5.00%	
1 Based on the growth criteria, City of Pasadena PHD is allowed growth at 5% for FFY 2012. The increase reflects additional costs incurred due to the expansion of the program					
2 Travel Costs have decreased due to less overall travel					
3 Added Taste Tasting of fresh fruit and vegetables during Nutrition classes.					
<i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i>					
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>					
<i>*Based on the growth criteria, City of Pasadena PHD is allowed growth @ 5% for FFY 2012.</i>					

**BUDGET JUSTIFICATION
FFY 2012
October 1, 2011 - September 30, 2012**

City of Pasadena Public Health Department
10-10106

A PERSONNEL SALARIES:											
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars				
FEDERAL SHARE POSITIONS											
1.	Name: Mary Urtecho-Garcia Title: Program Coordinator/Manager	\$ 68,141	0.7000	40.0%	30.0%	\$ 47,699	\$ 47,699				
2.	Name: Community Service Representative Vacant Title: Community Outreach Worker	\$ 49,754	0.3000	10.0%	20.0%	\$ 14,926	\$ 14,926				
		\$ 117,895	100.0000	50.0%	50.0%	\$ 62,625	\$ 62,625				
POSITION DESCRIPTIONS:											
Project Coordinator (Federal Share Position 1)		Coordinates program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.									
Community Outreach Worker/Community Liaison (Federal Share Position 2)		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with community based organizations (CBOs) to increase the reach of nutrition education interventions to SNAP-Ed eligibles.									
B. FRINGE BENEFITS:											
Federal Share:		42.13% x \$62,625 = \$26,383.91									
Includes payroll taxes and medical/dental benefits at 42.13% of salaries							\$ 26,384	\$ 26,384			
(Workers' Compensation 2.11%, General Liability 2.26%, Pension (PERS) 3.59%, PERS-City Portion 9.82%, Health & Dental 17.49%, Life .27%, Medicare 1.30%, Long Term Disability .47%, Benefits Admin. 4.82% total = 42.13%											
						FRINGE BENEFITS TOTAL:	\$ 26,384	\$ 26,384			

**BUDGET JUSTIFICATION
FFY 2012
October 1, 2011 - September 30, 2012**

City of Pasadena Public Health Department
10-10106

C. OPERATING EXPENSES:											Federal Share Total Dollars	Total Dollars		
Federal Share:											\$ 8,946	\$ 8,946		
Office space includes percentage of allocation costs related to nutrition education and physical activity promotion for 89 sq. ft @ \$3.43 per sq. ft. (\$.67 lease + \$.61 structural maintenance + \$.32 utilities + \$.41 Housekeeping + \$1.42 telecommunications [telephone connection] X 12 months = \$3,663.24														
Mail service internal charge \$185/yr., Postage \$200/yr. (US postal/Fed Ex, based on historical usage for Network activities = \$385.00														
Computer Network Services for e-mail, internet and intranet related to nutrition education and physical activity promotion for 1 FTE (PCDirect \$124, Enetwork \$1,446, preventive maintenance \$272, MS License \$124 and IS support \$1,018 = \$2,984														
General Expenses/materials & office supplies such as pens, pencils, post it's, note pads etc. for nutrition education program (1FTE) approx. \$93.66 /month x 12/months = \$1,123.92														
Printing Costs: paper products and toner for copies and monthly copier lease based on historical usage (1FTE), approx. \$65.83month x 12/months = \$789.96														
OPERATING EXPENSES TOTAL:											\$ 8,946	\$ 8,946		
D. EQUIPMENT EXPENSES:														
Federal Share: N/A														
EQUIPMENT EXPENSES TOTAL:											\$ -	\$ -		
E. TRAVEL AND PER DIEM:														
		#Trips	# Days	Registration	#mileage/ transp./ parking				Per Diem	Lodging	Round Trip	Total		
Regional Network Mtgs														
	PC 1 FTE	4	1		\$100 (45.05 miles RT @ \$0.555 DPA per mile)			0	0	\$100.00	\$100	\$ 100	\$ 100	
Network Skill Training														
	PC 1 FTE	3	1		(27.03 miles RT @ \$0.555 DPA per mile)			0	0	\$45	\$45	\$ 45	\$ 45	
Local Program Mileage														
	PC 1 FTE				(900.90 miles/yr @ \$0.555= \$500.05)					\$500	\$500	\$ 500	\$ 500	
TRAVEL AND PER DIEM TOTAL:											\$ 645	\$ 645		

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Riverside County
Community Health Agency
Department of Public Health

Program Area: Local Incentive Awardee: Local Health Department

Contract Number: 11- 10212

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 30% Female 70%

Ethnicity:

African American 20%
 Asian 0%
 Caucasian 15%
 Latino 65%
 Native American 0%
 Pacific Islander 0%
 Other (specify): 0%

Languages:

<input checked="" type="checkbox"/> English	<u>80%</u>	<input type="checkbox"/> Khmer (Cambodian)	<u>0%</u>
<input checked="" type="checkbox"/> Spanish	<u>20%</u>	<input type="checkbox"/> Korean	<u>0%</u>
<input type="checkbox"/> Arabic	<u>0%</u>	<input type="checkbox"/> Lao	<u>0%</u>
<input type="checkbox"/> Armenian	<u>0%</u>	<input type="checkbox"/> Tagalog	<u>0%</u>
<input type="checkbox"/> Russian	<u>0%</u>	<input type="checkbox"/> Vietnamese	<u>0%</u>
<input type="checkbox"/> Bosnian	<u>0%</u>	<input type="checkbox"/> Other (specify):	<u>0%</u>
<input type="checkbox"/> Cantonese	<u>0%</u>	<input type="checkbox"/> Other (specify):	<u>0%</u>
<input type="checkbox"/> Farsi	<u>0%</u>	<input type="checkbox"/> Mandarin	<u>0%</u>
<input type="checkbox"/> Hmong	<u>0%</u>		

Ages:

Under 5 years old 5%
 5 to 8 16%
 9 to 11 16%
 12 to 17 12%
 18 to 59 50%
 60 years old and over 1%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (% equal to or less than 185% FPL)
- Other (Specify): _____ (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------------|-----|----------------------------------------------------------------|-----|
| <input checked="" type="checkbox"/> CalFresh Offices | 12% | <input checked="" type="checkbox"/> Shelters/Temporary Housing | 5% |
| <input checked="" type="checkbox"/> Food Banks | 2% | <input checked="" type="checkbox"/> Soup Kitchens | 3% |
| <input checked="" type="checkbox"/> Food Pantries | 7% | <input checked="" type="checkbox"/> TANF Job Readiness Program | 18% |
| <input checked="" type="checkbox"/> Public Housing | 1% | <input checked="" type="checkbox"/> WIC Offices | 18% |
| <input checked="" type="checkbox"/> HeadStart | 5% | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): Homeless Care Network, Eastside Community Health Partnership, County Nutrition Action Plan, Black History Month Committee, Riverside County Joint Health Collaborative, California Conference of Local Health Department Nutritionists, Desert Sierra Health Network, Riverside County Health Disparities, American Cancer Society – African American and Latino outreach committees, and Palm Springs Unified School District Health Wellness Committee.
- Internet/Web Sites-website address:
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (175 occurrences at .5 - 1 hour(s) each)
- Community Education Events: (14 occurrences at 1-4 hour(s) each)
- Training/Workshop/Conference: (13 occurrences at .75 – 1 hour(s) each)
- Point of Purchase: (0 occurrences at 0 hour(s) each)
- Other (specify) HOTM taste tests: (1,635 occurrences at .25 – 1 hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input checked="" type="checkbox"/> Other (Specify): <u>Food Labels</u> |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|-----------------------------------------|----------------------|
| 13 Adult Education & Job Training Sites | 9 CalFresh Offices |
| 0 Adult Rehabilitation Centers | 9 Churches |
| | 13 Community Centers |

1 Elderly Service Centers
22 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens)
0 Extension Offices
1 Farmers Markets
0 Food Stores
6 Head Start Programs
0 Individual Homes
1 Libraries
3 Other Youth Education Sites (includes Parks and Recreation)

7 Public/Community Health Centers (includes Public Health Departments)
4 Public Housing
17 Schools – students (Preschool)
64 Schools – students (K-12)
16 Schools – students (Afterschool Program)
44 Schools – Parents
5 Shelters/Temporary Housing
20 WIC Programs
0 Worksites
Other (specify): _____
Other (specify): _____
Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 30,000

Narrative (max. 200 words)

The Riverside County, Community Health Agency, Department of Public Health will implement a comprehensive public health nutrition program to promote the 2010 Dietary Guidelines, increase fruit and vegetable consumption and physical activity among the SNAP-Ed eligible population. To achieve this goal we will: participate in a minimum of 5 *Network* sponsored events and trainings; meet with CalFresh director or designee four times per year; participate in a minimum of two 5-class nutrition education series; coordinate community events reaching a minimum 200 SNAP eligible participants; lead Re-Think Your Drink efforts along with the *Regional Network* in the community and/or schools; and work with 4 school districts to educate students receiving free or reduced lunch via Harvest of the Month samples, calendar contest, or other school promotion. We will conduct an impact evaluation for indicators of significant health behavior changes. We will also expand the Communities of Excellence (CX3) project.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|----------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input type="checkbox"/> We have not modified our methods/strategies | <input checked="" type="checkbox"/> Changing audience participation |
| <input checked="" type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (*max. 100 words*)

The program will use process evaluation measures such as sign-in sheets and the Activity Tracking Form to determine participation in various activities performed. Impact evaluation activities will measure statistically significant increases in fruit and vegetable consumption and/or an increase in one or more factors related to fruit and vegetable consumption such as knowledge, preferences, outcome expectations and/or self efficacy.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

We will participate in the County Nutrition Action Plan (CNAP) where activities among participating local USDA partners are coordinated. Members include local school districts, Co-operative Extension, SNAP, WIC, and other USDA funded projects. We will use *Network*-approved messages for delivery to SNAP eligible residents. We will meet with our partners to educate them on *Network* messages. We will collaborate with the *Regional Network*, CalFresh and any future *Network*-funded agencies to deliver services within our geographic boundaries. We will continue to collaborate with local city and county agencies/organizations to deliver services in the County of Riverside.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
TANF Job Readiness Program	Administration Office	4060 County Circle Drive	Riverside	92503				Proxy
TANF Job Readiness Program	Banning	63 S. 4th Street	Banning	92220				Proxy
TANF Job Readiness Program	Cathedral City	68-625 Perez Road, Unit #5	Cathedral City	92234				Proxy
TANF Job Readiness Program	Desert Hot Springs	14201 Palm Drive, #110	Desert Hot Springs	92240				Proxy
TANF Job Readiness Program	Hemet	541 N. San Jacinto	Hemet	92543				Proxy
TANF Job Readiness Program	Indio	44-199 Monroe St., Ste. D	Indio	92201				Proxy
TANF Job Readiness Program	Jurupa	5961 Mission Blvd., Ste. 100	Riverside	92509				Proxy
TANF Job Readiness Program	Lake Elsinore	1400 W. Minthorn St.	Lake Elsinore	92530				Proxy
TANF Job Readiness Program	Moreno Valley	23119 Cottonwood Ave, Bldg A & C	Moreno Valley	92553				Proxy
TANF Job Readiness Program	Norco	3178 Hamner Ave.	Norco	92860				Proxy
TANF Job Readiness Program	Perris	351 Wilkerson St., Ste. D	Perris	92571				Proxy
TANF Job Readiness Program	Riverside / La Sierra	11060 Magnolia Ave.	Riverside	92505				Proxy
TANF Job Readiness Program	Temecula	43264 Business Park Dr., Ste. B1	Temecula	92590				Proxy
Church	Eagles Wings	120 N. A St.	Perris	92570	6065042800	All Races	60.0%	

LOCAL PROJECT SYNOPSIS

Church	First Apostolic Faith	24084 Postal Ave	Moreno Valley	92553	6065042515	All Races	59.8%	
Church	First Baptist	311 E. 5th St.	Perris	92570	6065042800	All Races	60.0%	
Church	5th St. SDA Church	300 E. 5th St.	Perris	92570	6065042800	All Races	60.0%	
Church	The Purpose Center	23115 Rider St.	Perris	92570	6065042904	All Races	50.7%	
Church	1st Community Baptist Church	66272 First St.	Desert Hot Springs	92240	6065044509	All Races	66.4%	
Church	Sanctuary of Our Lady of Guadalupe	65-100 Dale Kyle St.	Mecca	92254	6065045604	All Races	75.0%	
Church	New Jerusalem Christian Church	3093 Mission Inn Avenue	Riverside	92507	6065030400	All Races	51.5%	
Church	Second Baptist Church	2911 Ninth Street	Riverside	92507	6065040204	All Races	56.7%	
Community Center	Mecca Family & Farmworker Resource Center	91275 Avenue 66, Ste. 101	Mecca	92254	6065045604	All Races	75.0%	
Community Center	Desert Hot Springs Resource Ctr	14-201 Palm Drive	Desert Hot Springs	92240	6065044506	All Races	56.7%	
Community Center	Mecca Community Center	65-250 Coahuilla St.	Mecca	92254	6065045604	All Races	75.0%	
Community Center	Rubidoux Resource Center	5473 Mission Blvd	Riverside	92509	6065040204	All Races	56.7%	
Community Center	The Access (City of Riverside)	2880 Hulen Place	Riverside	92507	6065030502	All Races	58.6%	
Community Center	Eastside Community Partnership	2060 University Way	Riverside	92507	6065030501	All Races	53.9%	
Community Center	Inland Agency/Pink Ribbon Place	1465 Spruce St.	Riverside	92507	6065042209	All Races	51.7%	
Community Center	Riverside County Office of Education - Indio	47-336 Oasis Street	Indio	92201	6065045501	All Races	59.2%	

LOCAL PROJECT SYNOPSIS

Community Center	Rob Reiner Children & Families Development Ctr	2221 South "A" Street	Perris	92570	6065042901	All Races	50.1%	
Community Center	Mead Valley Community Center	21091 Rider Street	Perris	92570	6065042904	All Races	50.7%	
Community Center	Good Meadow Community Center	21565 Steele Peak Drive	Perris	92570	6065042902	All Races	57.6%	
Community Center	Family Services Association	14080 Palm Drive Ste. E	Desert Hot Springs	92240	6065044506	All Races	56.7%	
Community Center	Community Action Partnership of Riverside County	2038 Iowa Avenue Suite B-102	Riverside	92507	6065042209	All Races	51.7%	
Elderly Service Center	Las Flores Senior Center	1807 11th St.	Riverside	92507	6065030501	All Races	53.9%	
Emergency Food Assistance Site	Food Now Inc	14080 Palm Drive Suite E	Desert Hot Springs	92240				Proxy
Emergency Food Assistance Site	Second Harvest Food Bank	2950-B Jefferson St.	Riverside	92504				Proxy
Emergency Food Assistance Site	Calvary Presbyterian Church	4495 Magnolia Ave	Riverside	92501				Proxy
Emergency Food Assistance Site	First Congregational Church	3504 Mission Inn Ave.	Riverside	92501				Proxy
Emergency Food Assistance Site	Saint Michael's Episcopal Church	4070 Jackson St.	Riverside	92503				Proxy
Emergency Food Assistance Site	Sandals Church	150 Palmyrita #1	Riverside	92507				Proxy
Emergency Food Assistance Site	Find Food	83775 Citrus Avenue	Indio	92201				Proxy
Emergency Food Assistance Site	Galilee Food Bank	1030 6th Street #5	Coachella	92236				Proxy
Emergency Food Assistance Site	St. Elizabeth Church	66700 Pierson Blvd	Desert Hot Springs	92240				Proxy
Emergency Food Assistance Site	North Shore Yacht Club Community Ctr	99-155 Sea View Drive	North Shore	92554				Proxy

LOCAL PROJECT SYNOPSIS

Emergency Food Assistance Site	The Grove Community Church	1990 Grove Community Drive	Riverside	92508				Proxy
Emergency Food Assistance	Eastern Star Lodge	2931 12th Street	Riverside	92507				Proxy
Emergency Food Assistance	Well in the Desert	555 N. Commerical Road	Palm Springs	92262				Proxy
Emergency Food Assistance	Needs for the Needy	54868 Harrison Street	Thermal	92274				Proxy
Emergency Food Assistance	Martha's Kitchen	83791 Date Avenue	Indio	92201				Proxy
Emergency Food Assistance Site	Hidden Harvest	85711 Peter Rabbit Lane	Coachella	92236				Proxy
Emergency Food Assistance Site	Salvation Army - Family Services	14068 Graham Avenue	Moreno Valley	92553				Proxy
Emergency Food Assistance Site	Salvation Army - Family Services	3695 1st Street	Riverside	92501				Proxy
Emergency Food Assistance Site	Salvation Army	1779 East Florida Avenue Suite D2	Hemet	92543				Proxy
Emergency Food Assistance Site	Temecula Murrieta Rescue Mission / Rancho Community Church	31300 Ranch Community Way	Temecula	92592				Proxy
Emergency Food Assistance Site	The Healing Center Outreach – Our Angels Soup Kitchen & Cupboard	32700 Mission Trail	Lake Elsinore	92530				Proxy
Emergency Food Assistance Site	Temecula Murrieta Rescue Mission	24225 Monroe Ave	Murrieta	92562				Proxy
Farmers Market	Perris FM	301 S. D St.	Perris	92570	6065042800	All Races	60.0%	
SNAP Office	Administration Office	4060 County Circle Drive	Riverside	92503				Proxy
SNAP Office	Cathedral City	68615-A Perez Rd.	Cathedral City	92234				Proxy
SNAP Office	Hemet	541 N. San Jacinto Ave.	Hemet	92543				Proxy

LOCAL PROJECT SYNOPSIS

SNAP Office	Jurupa	5961 Mission Blvd., Ste. 100	Riverside	92509				Proxy
SNAP Office	Lake Elsinore	1400 W. Minthorn St.	Lake Elsinore	92530				Proxy
SNAP Office	Norco	3178 Hamner Ave.	Norco	92860				Proxy
SNAP Office	Perris	2055 North Perris Blvd. Ste B	Perris	92571				Proxy
SNAP Office	Riverside/Magnolia	11060 Magnolia Ave.	Riverside	92505				Proxy
SNAP Office	Temecula	43264 Business Park Dr., Ste. B1	Temecula	92591				Proxy
Public Housing	Vista Dunes (Hope through Housing) Courtyard Homes	44950 Vista Dunes Lane	La Quinta	92253				Proxy
Public Housing	Las Casas	51-600 Tyler Street	Coachella	92236				Proxy
Public Housing	Paseo de Los Heroes	62-900 Lincoln Street	Mecca	92274				Proxy
Public Housing	Pottery Court	300 N. Riley Street	Lake Elsinore	92530				Proxy
Library	Eastside Library & Cybrary	4033 Chicago Avenue	Riverside	92507	6065030501	All Races	53.9%	
Public/Community Health Center	Arlanza Family Health Center	8856 Arlington Avenue	Riverside	92503	6065041001	All Races	61.9%	
Public/Community Health Center	Corona Family Care Center	505 S. Buena Vista Ave., Suite #101	Corona	92882	6065041704	All Races	59.6%	
Public/Community Health Center	Don Shroeder Health Center	5256 Mission Blvd.	Riverside	92509	6065040203	All Races	65.0%	
Public/Community Health Center	Dr. Robert Bruce Reid Health Clinic (Perris Family Care Center)	308 E. San Jacinto Avenue	Perris	92570	6065042800	All Races	60.0%	
Public/Community Health Center	Hemet Family Care Center	880 N. State St.	Hemet	92543	6065043507	All Races	63.5%	
Public/Community Health Center	Indio Family Care Center	47923 Oasis Street	Indio	92201	6065045501	All Races	59.2%	

LOCAL PROJECT SYNOPSIS

Public/Community Health Center	Lake Elsinore Family Care Center	2499 E. Lakeshore Drive	Lake Elsinore	92530	6065043001	All Races	51.5%	
Head Start	Collett HS	10850 Collett	Riverside	92505				Proxy
Head Start	Home Gardens HS	13550 Tolton Ave	Corona	91719				Proxy
Head Start	Rose Mary Kennedy	10353 Gramercy	Riverside	92505				Proxy
Head Start	Perris HS	148 Avocado Ave	Perris	92572				Proxy
Head Start	Coyote Run	3701 N. Sunrise Way	Palm Springs	92262				Proxy
Head Start	Arroyo de Paz	66901 Two Bunch Palms	Desert Hot Springs	92240				Proxy
Other Youth Education Sites	Valley-Wide Recreation & Park	901 W. Esplanade (check address with Andrea)	San Jacinto	92582	6065043507	All Races	63.5%	
Other Youth Education Sites	Bobby Bonds/ Caesar Chavez Park	2060 University Ave.	Riverside	92507	6065030501	All Races	53.9%	
Other Youth Education Sites	Bordwell Park	2008 Martin Luther King Blvd.	Riverside	92507	6065030501	All Races	53.9%	
Shelter	Martha's Kitchen	83791 Date St.	Indio	92201				Proxy
Shelter	Salvation Army - Cathedral City	30-400 Landu Blvd.	Cathedral City	92234				Proxy
Shelter	The Place (Dept of Mental Health)	2800 Hulen Pl	Riverside	92507				Proxy
Shelter	U. S. Vets/March ARB	15105 6th St.	Moreno Valley	92518				Proxy
Shelter	Roy's Desert Resource Center	19531 McLane Street	North Palm Springs	92240				Proxy
WIC	Arlanza WIC site	7801 Gramercy Place, Suite C	Riverside	92503				Proxy
WIC	Banning WIC site	3055 West Ramsey	Banning	92220				Proxy
WIC	Blythe WIC site	1293 West Hobson	Blythe	92225				Proxy

		Way					
WIC	Cathedral City WIC site	68625 Perez Rd., Suite 17-B	Cathedral City	92234			Proxy
WIC	Corona West WIC site	1307 West Sixth St., Suite 124	Corona	92882			Proxy
WIC	CPC WIC site	14375 Nason St., Suite 109	Moreno Valley	92555			Proxy
WIC	Desert Hot Springs WIC site	14080 Palm Drive, Suite S	Desert Hot Springs	92240			Proxy
WIC	Hemet WIC site	1005 North State Street	Hemet	92543			Proxy
WIC	Jurupa WIC site	9415 Mission Blvd. Suite J & K	Riverside	92509			Proxy
WIC	Indio WIC site	47-923 Oasis St., Room Nt-1	Indio	92201			Proxy
WIC	Lakeshore WIC site	2499 E. Lakeshore Dr., Suite B	Lake Elsinore	92530			Proxy
WIC	Mecca WIC site	91275 66th Ave.	Mecca	92254			Proxy
WIC	Moreno Valley WIC site	13800 Heacock, Suite 125	Moreno Valley	92553			Proxy
WIC	North Riverside WIC site	1465 Spruce Str., Suite A	Riverside	92507			Proxy
WIC	Palm Springs WIC site	1515 North Sunrise Way	Palm Springs	92262			Proxy
WIC	Perris WIC site	308 East Jacinto Ave.	Perris	92570			Proxy
WIC	Riverside Neighborhood WIC site	7140 Indiana Ave.	Riverside	92504			Proxy
WIC	Rubidoux WIC site	5256 Mission Blvd.	Riverside	92509			Proxy
WIC	Temecula WIC site	41002 County Center, Bldg. B	Temecula	92591			Proxy
WIC	Sherman Administration	3900 Sherman Drive, Suite I	Riverside	92503			Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Phillip M. Stokoe Elementary S	Alvord Unified	33669770113597	55.73%	16.80%	72.53%
Allan Orrenmaa Elementary S	Alvord Unified	33669776031496	45.40%	18.55%	63.95%
Arlanza Elementary S	Alvord Unified	33669776031512	90.01%	6.43%	96.44%
Collett Elementary S	Alvord Unified	33669776031520	68.87%	14.82%	83.69%
Foothill Elementary S	Alvord Unified	33669776031538	72.96%	14.59%	87.56%
La Granada Elementary S	Alvord Unified	33669776031546	81.45%	11.13%	92.58%
Myra Lynn Elementary S	Alvord Unified	33669776031553	73.71%	12.74%	86.45%
Terrace Elementary S	Alvord Unified	33669776031579	75.12%	13.02%	88.14%
Twinhill Elementary S	Alvord Unified	33669776031587	76.72%	11.56%	88.28%
Valley View Elementary S	Alvord Unified	33669776108104	60.56%	17.03%	77.59%
Rosemary Kennedy Elementary S	Alvord Unified	33669776116339	60.41%	17.41%	77.82%
Coachella Valley High S, P	Coachella Valley Unified	33736763330990	66.06%	13.33%	79.40%
Desert Mirage High S, P	Coachella Valley Unified	33736760100255	63.94%	7.69%	71.63%
Harmony Elementary S, P	Hemet Unified	33670820101139	46.59%	20.72%	67.32%
Winchester Elementary S, P	Hemet Unified	33670826032155	68.15%	13.53%	81.68%
Nuview Elementary S, P	Nuview Union	33671576032353	62.86%	13.73%	76.60%
Valley View Elementary S, P	Nuview Union	33671576111488	57.79%	14.49%	72.28%
Rio Vista Elementary S, PS, A, P	Palm Springs Unified	3367173 0105767	49.80%	17.00%	66.80%
Center for Learning and Development S, PS, P	Palm Springs Unified	3367173 0115881	75.00%	12.50%	87.50%
Cabot Yerxa Elementary S, PS, A, P	Palm Springs Unified	3367173 0118943	83.33%	5.56%	88.89%
Cathedral City High S, P	Palm Springs Unified	3367173 3330578	58.18%	12.16%	70.34%
Desert Hot Springs High S, P	Palm Springs Unified	3367173 3330818	74.77%	10.04%	84.81%
Ramon Alternative Center S	Palm Springs Unified	3367173 3330925	84.27%	5.62%	89.89%
Mt. San Jacinto High S, P	Palm Springs Unified	3367173 3331121	70.44%	7.43%	77.88%
Palm Springs High S, P	Palm Springs Unified	3367173 3335130	46.95%	10.07%	57.02%

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Agua Caliente Elementary S, PS, A, P	Palm Springs Unified	3367173 6032387	84.10%	9.92%	94.02%
Cahuilla Elementary S, PS, A, P	Palm Springs Unified	3367173 6032395	69.55%	10.90%	80.45%
Cathedral City Elementary S, PS, A,P	Palm Springs Unified	3367173 6032403	77.99%	8.55%	86.54%
Cielo Vista Elementary S, PS, A,P	Palm Springs Unified	3367173 6032411	72.27%	9.24%	81.52%
Edward L. Wenzlaff Elementary S, PS, A,P	Palm Springs Unified	3367173 6032429	75.68%	10.27%	85.96%
Katherine Finchy Elementary S,PS, A,P	Palm Springs Unified	3367173 6032437	58.93%	9.16%	68.09%
Rancho Mirage Elementary S, PS, A,P	Palm Springs Unified	3367173 6032445	57.59%	11.67%	69.26%
Vista del Monte Elementary S, PS, A,P	Palm Springs Unified	3367173 6032452	80.82%	6.60%	87.42%
Nellie N. Coffman Middle S, P	Palm Springs Unified	3367173 6059091	76.09%	10.69%	86.78%
Raymond Cree Middle S, P	Palm Springs Unified	3367173 6059109	68.10%	10.91%	79.01%
Julius Corsini Elementary S, PS, A, P	Palm Springs Unified	3367173 6102560	79.19%	9.63%	88.82%
Della S. Lindley Elementary S, PS, A, P	Palm Springs Unified	3367173 6106207	68.65%	11.18%	79.83%
Landau Elementary S, PS, A, P	Palm Springs Unified	3367173 6107601	61.20%	14.82%	76.02%
Desert Springs Middle S, P	Palm Springs Unified	3367173 6108443	81.50%	11.12%	92.62%
Sunny Sands Elementary S, PS, A, P	Palm Springs Unified	3367173 6108450	64.18%	14.03%	78.20%
Bubbling Wells Elementary S, PS, A, P	Palm Springs Unified	3367173 6111025	77.30%	12.67%	89.97%
James Workman Middle S, P	Palm Springs Unified	3367173 6112692	55.90%	15.31%	71.20%
Two Bunch Palms Elementary S, PS, A, P	Palm Springs Unified	3367173 6115448	82.08%	8.78%	90.87%
Abraham Lincoln Continuacion S	Riverside Unified	33672153336955	75.00%	5.81%	80.81%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Arlington High S	Riverside Unified	33672153330024	48.45%	14.36%	62.81%
Ramona High S	Riverside Unified	33672153336492	56.52%	18.62%	75.14%
John W. North S	Riverside Unified	33672153334406	58.18%	11.82%	70.00%
Raincross High Continuation S	Riverside Unified	33672153330677	53.33%	10.26%	63.59%
Opportunity Program S	Riverside Unified	33672153330511	55.07%	9.12%	64.19%
Washington Elementary S, P	Riverside Unified	33672156032783	44.79%	15.49%	60.28%
Alcott Elementary S, P	Riverside Unified	33672156032536	52.36%	7.78%	60.14%
Raincross Continuation S	Riverside Unified	33672153330677	53.33%	10.26%	63.59%
Harrison Elementary S, P	Riverside Unified	33672156032601	47.57%	11.57%	59.14%
Victoria Elementary S, P	Riverside Unified	33672156032775	51.70%	13.44%	65.14%
Magnolia Elementary S, P	Riverside Unified	33672156032718	52.31%	9.79%	62.10%
Pachappa Elementary S, P	Riverside Unified	33672156032742	60.17%	11.03%	71.20%
Abraham Lincoln Continuation S	Riverside Unified	33672153336955	75.00%	5.81%	80.81%
Madison Elementary S, P	Riverside Unified	33672156032700	65.59%	15.98%	81.57%
Mountain View Elementary S, P	Riverside Unified	33672156032734	69.61%	14.50%	84.11%
Patricia Beatty Elementary S, P	Riverside Unified	33672150114181	67.45%	18.08%	85.53%
Jackson Elementary S, P	Riverside Unified	33682156032650	67.67%	15.91%	83.58%
Bryant Elementary S, P	Riverside Unified	33672156032544	69.97%	12.4%	82.37%
Fremont Elementary S, P	Riverside Unified	33672156032585	73.80%	14.55%	88.36%
Longfellow Elementary S, P	Riverside Unified	33672156032692	87.58%	8.63%	96.21%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network, Project Lean	Cooking Healthy Curriculum	As title indicates	English/ Spanish
California Project LEAN	Jump Start Because Keeping Active and Eating Smart Give Students a Better Start	Keeping Active and Eating Smart Give Students a Better Start	English
California Project LEAN	Jump Start Teens	Jump Start Teens is a series of eight lesson plans for use with teens; the lesson plans are real-life and cross-curricular and will educate and encourage students to eat healthy, keep moving, and take action	English/Spanish
California Project LEAN	California Chefs Cook Lean	Cookbook: over 15 low fat recipes created by chefs from around the California. Please check with your PM prior to use of the recipes.	English/ Spanish
California Project LEAN	Recipes for Common Commodity Foods	Multiple healthy recipes to be distributed. Please check with your PM prior to use of the recipes.	English
California Project LEAN	Rethink Your Drink Poster	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
Network for a Healthy California	Harvest of the Month Cycle I,II,III produce	Network developed & approved	English
Network for a Healthy California	Harvest of the Month Cycle I,II,III Cookbooks	Network developed & approved	English/ Spanish
Network for a Healthy California	Harvest of the Month Educator Newsletter	Harvest of the Month newsletter designed for use by teachers/educators to promote the selection of fruits and vegetables featured.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Network for a Healthy California	Harvest of the Month Parent Newsletter	Harvest of the Month newsletter designed for parents to use at home to promote the monthly selection of fruit or vegetable featured at their child's school.	English/ Spanish
Network for a Healthy California	Harvest of the Month Community Newsletter	Harvest of the Month newsletter designed for use by members of the community participating in tasting the monthly selection of fruit or vegetable featured.	English/ Spanish
Network for a Healthy California	Harvest of the Month Posters	Posters with nutritional messages for contractor use	English
Harvest of the Month/ Contractor developed (Downey and Hawthorne Unified School Districts)	Harvest of the Month student workbooks	Ready to use Harvest of the Month (HOTM) nutrition education workbooks based around the HTOM monthly produce item. Workbook nutrition education materials linked with grade level California Education Standards. Teachers can use to the workbook books to enhance their HOTM classroom taste tests & activities.	English
Contractor Developed (Tulare COE)	Harvest of the Month Essay and Art Contest Guidelines and Forms	Guidelines and forms for a monthly student essay and art contest designed to promote fruits, vegetables and/or physical activity.	English
Contractor Developed – from Los Angeles Collaborative Website	Harvest of the Month complementary educational materials	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English/ Spanish
Monrovia Unified School District	Harvest of the Month Cooking and Nutrition Education Lessons	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
LA Collaborative Network	Harvest of the Month K-7 Lesson Plans	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English
Merced County Office of Education	Harvest of the Month Physical activities K-8	Grades K-8th: pages taken from approved PA books and resources adapted to include nutrition components. Pages are duplicated by teachers too use in PA promotion. Not designed to stand alone, but as part of HOTM	English
Network for a Healthy California African American Campaign	African American Handouts	Healthy eating and physical activity promotion handouts for African Americans	English
Network for a Healthy California-Children's Power Play! Campaign	Kids...Get Cookin'!	25 page cookbook for children ages 9-11 promoting fruits and vegetables.	English/ Spanish
Network for a Healthy California-Latino Campaign	Brochures for Latinos	http://www.cdph.ca.gov/programs/cpns/Pages/LatinoCampaign.aspx	English/ Spanish
Network for a Healthy California	California Fit Business Kit, Recipes/Tip Sheets/Produce Quick Tips	Tools and resources to help employers develop and implement a culture and environment at their workplaces that support healthy eating and physical activity among workers.	English
Network for a Healthy California-Children's Power Play! Campaign	Community Youth Organization Idea & Resource Kit	English instructional, student, and parent materials with additional Spanish: student activity sheets and parent letters (targets 4 th & 5 th grades)	English/ Spanish
Network for a Healthy California-Children's Power Play! Campaign	School: Idea & Resource Kit	Nutrition and physical activity exercises for leaders working with youth in Schools.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Network for a Healthy California-Children's Power Play! Campaign	Are You Ready to Get the Power? 4 th Grade	Student nutrition and physical activity workbooks for 4 th graders.	English
Network for a Healthy California-Children's Power Play! Campaign	Are You Ready to Get the Power? 5 th Grade	Student nutrition and physical activity workbooks for 5 th graders.	English
Network for a Healthy California-Children's Power Play! Campaign	Power Up for Learning	A physical activity supplemental booklet to the School Idea and Resource Kit for 4 th and 5 th graders.	English
Network for a Healthy California	Dance for Fun and Fitness	Found in the Network toolbox. Handout with review of arm leg and body motions	English/ Spanish
Network for a Healthy California	Food Stamp Educational Brochures	Basic information on Food Stamp program and Nutrition Education	English/ Spanish
Network for a Healthy California	Fruit And Vegetable Empowerment Brochure	Basic nutrition information on and promotion of Fruits and Vegetables.	English/Spanish
Network for a Healthy California	How many Cups of Fruits and Vegetables Do I Need?	Slide Guide Chart providing the amount of fruit and vegetables required for age, gender, and activity level	English/Spanish
Network for a Healthy California	Champions for Change Physical Activity Guide	Handout: tips for increasing physical activity, also includes rationale	English/ Spanish
Network for a Healthy California	Physical Activity Empowerment	Network approved and USDA developed. D792	English/ Spanish
Network for a Healthy California	Canned Fruits: Produce Quick Tips	A collection of fruit photos with tips for shopping, serving, and storing.	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Network for a Healthy California	Food Stamps to Love for the Love of Your Family	Food Stamp brochure promoting healthy eating and giving tips on eating, physical activity, and shopping	English/Spanish
Network for a Healthy California	Food Stamps Put Healthy Food on the Table	Brochure promoting Food Stamps as an economical and healthy. It gives planning and shopping tips.	English/Spanish
Network for a Healthy California	The Power is In Your Hands	Brochure highlighting how Champion Moms can provide healthier foods for their family.	English/Spanish
Network for a Healthy California	Help Kids Power Up with Fruits and Veggies	Brochure describing the benefits of eating fruits and vegetables, how much is recommended, and tips for eating more.	English/Spanish
Network for a Healthy California	Power Up in 10. Strength Training for Families	Booklet describing strength training and endurance activities at little or no cost to families.	English/Spanish
Network for a Healthy California	Inspiring Youth as Partners	Guide on youth empowerment for nutrition and physical activity. Examples of best practices for engaging youth as partners in community action.	English
Network for a Healthy California	Instant Recess Users' Guide (DVD)	Promotes health for adults by making exercise a group activity	English
Network for a Healthy California-Latino Campaign	Physical Activity for Your Health, Your Neighborhood and Your Life	Network Developed USDA Approved	English/ Spanish
USDA materials	Physical Activity Pyramid	USDA developed materials.	English/ Spanish
USDA materials	Physical Activity Scoreboard	USDA developed materials.	English/ Spanish
Network for a Healthy California	Physical Activity: For Your Health	Network for a Healthy California and USDA developed.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Harvard School of Public Health/Human Kinetics	Planet Health	An interdisciplinary physical activity and nutrition curriculum which includes tools for assessing student activity. 6 th grade and Middle School students.	English
Network for a Healthy California-Children's Power Play! Campaign	Power Play Campaign materials	Promote fruits, vegetables and physical activity for 9-11 year –olds.	English/ Spanish
Network for a Healthy California - Retail Program	Recipe Cards	Network for a Healthy California Retail Program	English
Network for a Healthy California	Recommended Cups of Fruits and Vegetables	A poster developed by the Network for a Healthy California	English/ Spanish
Network for a Healthy California	Re-Think Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
Network for a Healthy California-African American Campaign	Soulful Recipes Building Healthy Traditions Cookbook	This cookbook is full of delicious recipes and tips to help you make eating healthy.	English
Network for a Healthy California	Everyday Healthy Meals - Cookbook	USDA approved: Healthy Meals Cookbook	English/ Spanish
Network for a Healthy California-Latino Campaign	Healthy Latino Recipes Made with Love-Cookbook	Cookbook with zesty flavors and enticing aromas of healthy Latino cooking. Provides family favorites that use a variety of fruits and vegetables.	English/ Spanish
Network for a Healthy California-	Healthy Chinese Cuisine	Booklet available in Chinese to help increase fruit and vegetable consumption and provide helpful tips on staying active.	English/ Spanish/Chinese

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California	Shape of Yoga	Offers simple ideas to teach others how to perform basic yoga and learn about healthy food choices.	English/ Spanish
Alameda County Public Health Nutrition Services	Rethink Your Drink materials	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
Alameda County Public Health Nutrition Services	Sugar Savvy Curriculum	Educational curriculum in English and Spanish that addresses how to find and limit sugar intake, and replace it with healthy options.	English
America's Authority on Fitness	Operation FitKids	FREE ACE curriculum (a \$99.95 value) for educators looking to integrate health and fitness into classroom learning. Seven-lesson curricula for grades 3-5 and 6-8.	English
Alameda County Public Health Nutrition Services	The 3 P's of Eating Healthy on a Budget	Tips and tools on how to plan, purchase, and prepare healthy meals on a budget.	English
Alameda County Public Health Nutrition Services	What's In Your Bag? Curriculum	Step by step process to find healthier choices at fast food places via comparing sodium, fat and calories	English
American Cancer Society	Choices for Good Health: Guidelines for Nutrition and Physical Activity for Cancer Prevention brochure	Recommendations for individual choices help a person focus on the importance of maintaining a healthy body weight, adopting a physically active lifestyle, and eating a healthy diet.	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
American Cancer Society	Cooking Smart	A program that teaches by making simple changes in the way people prepare foods, how they can have a positive impact on both health and pocketbook. Teaches quick and easy tips to help them meet daily nutritional guidelines and prepare meals in 30 minutes or less.	English
American Cancer Society	Meeting Well: A tool for Planning Healthy Meetings and Events	Brochure about including healthy foods and physical activity into meetings	English
American Cancer Society	Nutrition and Cancer	Guidelines ranging from whole grains, fats, alcohol, and daily goals for exercise—to the lifestyle changes that may help prevent breast, colon and other specific cancers.	English
American Dietetic Assoc.	ADA's Complete Food and Nutrition Guide	This guide provides nutrition and activity advice for every age and stage of life.	English
American Heart Association	Cut the Fat	Reviews and emphasizes that the most effective change to make in diet is to cut fat in preventing heart disease. Lists the fat content in popular fast foods, and then suggests healthier, lower-fat alternatives.	English/ Spanish
American Institute for Cancer Research	Cooking Solo - Brochure	Practical suggestions on shopping, cooking, food safety, and food storage for single households.	English
Bell Institute of Health and Nutrition	Grow up with Breakfast Grow up Strong - LP	Focuses on eating breakfast to grow up strong..breakfast is beneficial to health	English
Bell Institute of Health and Nutrition	Go with the Whole Grain, Whole Grain more than fiber	General Mills Materials: several resources describing the benefits of wholegrains	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
CA Department of Health	Be Active Your Way	Lesson Plan: learn about the advantages of physical activity and how to incorporate physical activity into your life	English/ Spanish
California Department of Health Care Services	California Food Guide (CFG)	CFG is for health professionals who primarily serve low-income, ethnically diverse populations and is designed to provide up-to-date nutrition and physical activity guidance that will assist consumers in shifting to healthy lifestyles.	English
California Food Policy Advocates (CFPA)	Hunger & Nutrition in California	UCLA health policy research brief	English
California Healthy Kids Resource Center materials	Portion Distortion	Students and a Dietitian present the importance of balancing energy intake an energy expenditure. Available in DVD and as poster for 4-6th grade. California Healthy Kids Resource Center Materials.	English/ Spanish
Centers for Disease Control and Prevention (CDC)	Eat More, Weigh Less	A brochure to encourage adults to eat more fruits or vegetables when they feel hungry and need to cut calories.	English/ Spanish
Centers for Disease Control and Prevention (CDC)	Three Simple Steps to Eating More Fruits and Vegetables	A flyer giving steps to increase the amount of fruits and vegetables in the diet as well as picture examples of what a cup and ½ cup serving looks like for youth or adults.	English/ Spanish
Centers for Disease Control and Prevention (CDC)	Test Your Fruit and Veggie IQ	A flyer with true/false questions on the health benefits of fruits and vegetables and tips for eating more for youth or adults.	English
Centers for Disease Control and Prevention (CDC)	How to use Fruits and Vegetables to Manage Your Weight (brochure)	A brochure for adults who want to learn how low calorie fruits and vegetables can be part of a weight management plan.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Centers for Disease Control and Prevention (CDC)	Stretching Tips for Your Fruit & Vegetables Budget	A brochure for youth or adults giving them 30 ways in 30 days to increase their fruit and vegetable consumption.	English
Centers for Disease Control and Prevention (CDC)	Obesity Map Power Point / trends	Animated map from the Center of Disease Control and Prevention chronicling the rise of obesity in America. This can be used with youth or adults.	English
Centers for Disease Control and Prevention (CDC)	Rethink Your Drink	A brochure for youth or adults giving practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
Dairy Council of California	Activity & Eating (High School)	This handout links physical activity, healthful food choices and maintaining long-term good health.	English/ Spanish
Dairy Council of California	Start Your Preschooler on the Path to Healthy Eating (handout)	Educational flyer provides seven tips for raising healthy eaters.	English/ Spanish
Dairy Council of California	Cafeteria Connection	Resource/Handout: Part of the Shaping up my Choices - nutrition and physical activity classroom program.	English
Dairy Council of California	Calcium Connection	Booklet: provides girls and women throughout the life cycle with age-specific information about the wide range of calcium's health benefits - from bone health to a likely role in weight management.	English
Dairy Council of California	Mealsmatter.org (recipes/articles)	Website with recipes and meal plans promoting fruits and vegetables. Please check with your PM prior to use of the recipes.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California and NuPAC	Beverages: Make Every Sip Count	ReThink Your Drink Flyer	English/ Spanish
National Dairy Council	DASH Health Education Kit	Recommends the low-fat Dietary Approaches to Stop Hypertension (DASH) eating plan, which includes two to three servings of dairy foods and eight to ten servings of fruits and vegetables, may help manage blood pressure. In fact, a trio of minerals found in dairy foods – calcium, potassium and magnesium – may play an important role in maintaining healthy blood pressure.	English
Food Stamp Nutrition Connection	Foods to Love for the Love of Your Family	SNAP-Ed Brochure	English/ Spanish
Food Stamp Nutrition Connection	Be Active Your Way (It's So Easy?) (DHS)	Discusses the benefits and recommendations for physical activity. Provides general tips and a physical activity pyramid.	English/ Spanish
Food and Health Communications	Examine the Facts - Handout	New poster designed to teach everyone what they need to know about label reading and the Nutrition Facts Panel	English
Food Safety and Inspection Service	Basics for Handling Food Safely	Safe steps in food handling, cooking, and storage in order to prevent food borne illness	English/ Spanish
LAUSD	Parent Workshop Resources	Developed by LAUSD and Network approved.	English
LAUSD Contractor Developed	Shake It Up! With Fruits & Veggies (CD)	Previously approved by USDA. CD of very lively fun music and words.	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
National Institute of Health	Cut Down on Salt	Basic nutritional recommendations from NIH to help prevent or lower high blood pressure.	English/ Spanish
NIDDK, Weight Control Information Network	Tips to Help You Get Active	Offers ideas to beat the roadblocks to getting active. Supplemental resource that may provide ideas for a series	English
Northcoast Nutrition Collaborative – Network for a Healthy California	Harvesting Health	A compilation of lessons and resources that foster nutrition education through gardening concepts highlighting seasonal produce specific to the Northcoast Region.	English
Oregon State University	Sugar and Your Health	Educational flyer on limiting sugar for a healthy diet and healthy teeth.	English/ Spanish
Produce for Better Health	Fruits & Veggies - More Matters Guide	A folded guide showing tips to increase a variety of fruits and vegetables.	English
Produce for Better Health	Fruits & Veggies Guide to Good T.A.S.T.E. for Kids	This brochure is designed to reach children and help them learn how to get more fruits and veggies in their day with fun games and activities. Some tips for adults included.	English
Produce for Better Health	The Fruit & Veggies Guide to Good T.A.S.T.E	This brochure is designed to help parents learn how to get more fruits and veggies in your day with helpful tips and hints aimed at busy families.	English
Produce for Better Health	Munching Matters – The Snacking Secret	This brochure for adults includes quick and easy ideas for smart snacks as well as tips for busy families on the go.	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Produce for Better Health	Finding Your Balance with Fruits and Vegetables	This brochure for adults shows that as obesity rates continue to rise, fruits and veggies are at the forefront of the balancing act of weight management. Brochure includes helpful tips on portion control and healthy substitutions.	English
US San Diego	Por La Vida – Decididas Curricula	16 Session curriculum including a cooking demonstration, nutrition classes and farmers markets. Please check with your PM prior to use of the recipies.	English/Spanish
Regional Networks: Bay Area, Desert Sierra, Orange County, Gold Coast, Sierra Cascade. (Contractor Developed)	ReThink Your Drink Be Sugar Savvy Lesson & Instructor Resource	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
San Francisco Department of Public Health	Cook Well, Live Better Curriculum	Network approved curriculum designed to support work in helping clients and staff to buy, prepare, and eat more fruits and vegetables.	English/ Spanish
Share our Strength, ConAgra Foods Foundation	Operation Frontline	Cooking based nutrition education program that teaches how to prepare healthy, tasty meals on a limited budget. Please check with your PM prior to use of the recipes.	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
SNAP-Ed Connection	Choosing Healthy foods using MyPyramid (Healthy Futures lesson plan)	Grade level 9-12. Describe the elements that make up MyPyramid. Explain the importance of eating appropriate amounts from all the different food groups and getting enough physical activity. Use the MyPyramid.gov Web site to create a personal set of food guidelines. Create a food diary to record one week's worth of meals, and analyze the entries in comparison to personalized plan from MyPyramid.	English/ Spanish
SNAP-Ed Connection	Food Stamps Help Put Healthy Food On Your Table	From SNAP-Ed tool Resource Kit with info on food security resources	English/ Spanish
SNAP-Ed Connection	Fruits Vegetables and whole grains too (Healthy Futures lesson plan)	Nutrition education activity lessons promoting healthy eating.	English/ Spanish
SNAP-Ed Connection	Recipes	Multiple healthy recipes to be distributed.	English
SNAP-Ed Connection	Resource Library Educational Materials	Online library to find quality information to aid in delivering SNAP-Ed including resources, referrals and recipes.	English
Supplemental Nutrition Assistance Program	Brochures and posters	Promotes the benefits of SNAP	English/ Spanish
SNAP-Ed Connection	Cut the fat for better health (Healthy Futures lesson plan)	Contains important information on the role of dairy and dairy nutrients in promoting the benefits of the Dietary Approaches to Stop Hypertension (DASH) eating plan, which may reduce high blood pressure and other cardiovascular risk	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
SPARK (Sports, Play, and Active Recreation for Kids)	SPARK Curriculum	This series is designed to provide physical education activities during class time, develop skills to promote ongoing regular physical activity, and involve students in physical activity after school and at recreational facilities. Grades K-9.	English
USDA materials	10 Tips/Choose MyPlate	USDA developed material. Flyer with nutrition tips for good healthy for youth or adults.	English/ Spanish
USDA	Be Active (Your Way: A Guide for Adults?)	Based on the 2008 Physical Activity Guidelines for Americans, this guide can help you fit physical activity into your life for your schedule.	English
USDA materials	Choose MyPlate	USDA developed materials. Replaces MyPyramid as flyer.	English/ Spanish
USDA Food Stamp Nutrition Connection	Dietary Guidelines for Americans	Assists health education experts in offering the latest science-based nutrition and physical activity recommendations	English
USDA materials	Eat Smart Play Hard	This site is specifically designed for parents and caregivers to provide information to help you eat better, be more physically active and be a role model for your kids.	English
USDA materials	Fight BAC!	Materials provided by the USDA that emphasis 4 steps for food safety	English
USDA materials	Finding Your Way to a Healthier You: Based on the DGA	Basic guidelines for eating a healthy diet and being physical active	English/ Spanish
USDA materials	Food Stamps Make America Stronger	USDA SNAP-Ed promotional brochure for adults with contact information and guidelines for participation in the program.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA materials	Grab Quick and Easy Snacks	Information and materials that reinforces to kids and adults that healthy, tasty fruits, vegetables, and grains are easy to grab when they are on the go.	English
USDA materials	Fruits and Vegetables Challenge Packet	Classroom activity that encourages students to try healthy fruits and vegetables. Students identify various fruits and vegetables served in the cafeteria, count and record the numbers of fruits and vegetables they eat each day, total the number the class consumes, and compare their personal progress with that of their class. The kit includes instructions for the Challenge and a classroom wall poster to chart results	English
USDA materials	Health Benefits of Eating Fruits and Vegetables	These materials about the health benefits of eating fruits and vegetables. People who eat more fruits and vegetables as part of an overall healthy diet are likely to have a reduced risk of some chronic diseases.	English/ Spanish
USDA materials	Health Benefits of Physical Activity	Provides information on the benefits of physical activity, the economic impact of good nutrition, guidelines, health benefits of physical activities.	English/ Spanish
USDA materials	Let's Eat for the Health of It	USDA developed materials. New brochure focusing on healthy eating with ChooseMyPlate updates.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA materials	Loving Your Family, Feeding Their Future	Provides educational and promotional materials and techniques to help nutrition educators in their work with SNAP (Supplemental Nutrition Assistance Program) participants and eligibles.	English/Spanish
USDA materials	Milk for Kids with Lactose Intolerance	Brochure for youth or parents describing lactose intolerance and alternative ways to enjoy dairy foods high in calcium.	English
USDA	Need Help Buying Food?	Practical information for Food stamp eligible people on buying healthy food	English
USDA materials	Nibbles for Health	Nutrition Newsletters for Parents of Young Children	English/Spanish
USDA materials	Nutrient content of US Foods	USDA Nutrient Data Laboratory has authoritative food composition data base.	English/ Spanish
USDA FNS	Nutrition Essentials	Healthy eating and physical activity lessons and tool for middle and high school students.	English
USDA Team Nutrition	Power of Choice	This curricula for after school program leaders working with young adults. CD has 10 interactive sessions based on 6 posters.	English
USDA materials	Serving It Safe	A comprehensive food service safety and sanitation training package for personnel at all levels. Revised 2009.	English
U.S. Dept. Health and Human Services/Office on Women's Health	BodyWorks Toolkit	BodyWorks is a program designed to help parents and caregivers of adolescents improve family eating and activity habits	English
WIC Materials	WICWORKS : Be a Smart Shopper (Coupons and Unit Prices)	Worksheet which youth and adults can practice calculating unit pricing so that they can get the most quantity for their dollar.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
WIC Materials	WICWORKS: Keep Your Food Safe	Handout with 10 steps to keep your food safe.	English/ Spanish
WIC Materials	WICWORKS: Calcium	Handout which talks about the body's need for calcium, which foods have calcium and a recipe.	English/ Spanish
WIC Materials	WICWORKS Cooking Whole Grains is Easy	Handout which tells how to cook whole grains and provides (3) whole grain recipes.	English/ Spanish
WIC Materials	WICWORKS: Iron for Strong Blood	Brochure discusses why iron is needed, where it's found and tips to get more iron.	English/ Spanish
WIC Materials	WICWORKS: Lactose/Dairy Intolerance	Brochure on what to do if you're having trouble digesting milk.	English/ Spanish
WIC Materials	WICWORKS: Meal Planner	Worksheet for families to plan their meals for each day of the week incorporating foods from all the food groups.	English/ Spanish
WIC Materials	WICWORKS: Rethink Your Drink Beverage Card Set	A set of 10 cards illustrating beverage labels from commonly consumed drinks. Teaches how to read food labels and where to look for the sugar.	English/ Spanish
WIC Materials	WICWORKS: Rethink Your Drink: How Much Sugar in 5 Drinks	Poster illustrating how many teaspoons of sugar are found in the various drinks people consume.	English/ Spanish
WIC Materials	WICWORKS:Rethink Your Drink	Handout teaches how to calculate the sugar in your drink, tips to drink more water and a personal pledge to ReThink Your Drink.	English/ Spanish
WIC Materials	WICWORKS: Selecting, Storing and Using Fruits and Vegetables	Handout, which lists various produce and how to select, store and use them.	English/ Spanish
WIC Materials	WICWORKS: Smart Shopping List	Shopping list which encourages families to plan and shop for their groceries using a list which lists the different food groups.	English/ Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
WIC Materials	WICWORKS: Try Something New With Fruits and Vegetables	Handout which gives ideas and recipes on new ways to incorporate more fruits and vegetables.	English/ Spanish
WIC Materials	WICWORKS: Which Milk is Healthiest?	Poster which depicts the food labels of (4) types of milk and their total fat, protein and calcium content	English/ Spanish
WIC Materials	WICWORKS: Which Milk is Healthiest/Ways to Use Lowfat Milk	Handout which depicts the food labels of (4) types of milk and their total fat, protein and calcium content.	English/Spanish
Wisconsin Nutrition Education	Shopping Tips to Stretch Your Food Dollar	This 2-page handout shows six ways to save money when buying food.	English/ Spanish
Riverside County Department of Public Health	Healthy Choices – helpful tips for home & work	This brochure highlights major ways to improve nutrition and health at home or work for you and your family. It gives tips on stocking healthy foods for vending and tips to save time and money. It can be used with youth or adults.	English/Spanish
San Bernardino County Department of Public Health	Fast Food Survival Guide	Educational booklet on fast foods and alternatives	English
CalFresh	C 4 Yourself	Brochure describing the online application system for California SNAP	English/Spanish
Network for a Healthy California by Regional Network	Toolkit for Community Educators	Fruit and vegetable training kit	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
CalFresh Shopping Guide	A shopping guide featuring healthy food suggestions that can be purchased using the EBT card	As a result of our partnership, this project was requested by our local CalFresh office to promote healthy choices and increase outreach and promotion of our local CalFresh services. It's also been requested by one of our food banks in the desert to promote the purchase of healthier foods when clients are shopping and planning meals.
Harvest of the Month Calendar	Calendar created with student artwork for featured produce and Harvest of the Month nutrition information.	Participating schools promote fruits and vegetables throughout the school year and help develop a calendar that reinforces nutrition and physical activity using student artwork and Harvest of the Month messages.
Harvest of the Month Signs	Fruit, vegetable, and physical activity signs with health promotion messages	Visual representations for participating schools would reinforce nutrition and health promotion messages and build momentum for special events or promotions like during National Nutrition Month or Harvest of the Month.

BUDGET COVER SHEET
FFY 2012

Organization: Riverside County Community Health Agency , Department of Public Health					
Contract Number: 11-10212					
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference	Explanation:
Personnel Salaries	\$ 330,486	\$ 338,873	\$ 8,387	2.54%	
Fringe Benefits	\$ 147,066	\$ 150,798	\$ 3,732	2.54%	
Operating	\$ 53,589	\$ 39,098	\$ (14,491)	-27.04%	
Equipment & Other Capital	\$ 2,000	\$ 4,000	\$ 2,000	100.00%	
Travel	\$ 15,501	\$ 19,434	\$ 3,933	25.37%	
Subcontractors	\$ 217,820	\$ 217,820	\$ -	0.00%	
Other Costs	\$ 56,638	\$ 50,290	\$ (6,348)	-11.21%	
Indirect Costs	\$ 109,837	\$ 112,624	\$ 2,787	2.54%	
Total Federal Share	\$ 932,937	\$ 932,937	\$ -	0.00%	
Operating Cost where reduced in order to increase salaries, FB, and indirect cost and to keep other costs the same.					
<i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i>					
Operating - Reduction due to reducing DOPH operating in order to keep PSUSD in the program while staying within growth limits for Federal Share. Also funds were shifted to other line items below where there was a stronger need.					
Equipment - Increase due to aging equipment					
Travel - Increase due to mileage rate increase and increased travel to the PSUSD in the desert. Also additional travel that was not allowed last year.					
Other Costs - Reduction due to shifting funds to other line items where there are increases.					
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>					
<i>FFY 2012 Network Growth Policy restricts contract growth.</i>					

BUDGET JUSTIFICATION
October 1, 2011 September 30, 2012

Riverside County
 Community Health Agency
 Department of Public Health
 11-10212

A PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Nancy Allende						
	Title:	Administrator (Supervising Nutritionist)	\$ 70,025	0.700	60%	10%	\$ 49,018	\$ 49,018
2.	Name:	Diane Wayne						
	Title:	Project Coordinator (Sr. Nutritionist)	\$ 62,042	0.950	45%	50%	\$ 58,940	\$ 58,940
3.	Name:	Sarah Gaete						
	Title:	Dietitian (Nutritionist)	\$ 55,957	0.250		25%	\$ 13,989	\$ 13,989
4.	Name:	Elida Drachenberg						
	Title:	Health Educator (HEA I/II)	\$ 47,523	1.000	5%	95%	\$ 47,523	\$ 47,523
5.	Name:	Jennifer Garcia						
	Title:	Health Educator (HEA I/II)	\$ 45,963	0.750	10%	65%	\$ 34,472	\$ 34,472
6.	Name:	Claudia Limon						
	Title:	Health Educator (HEA I/II)	\$ 47,523	0.500	10%	40%	\$ 23,762	\$ 23,762
7.	Name:	Andrea Morey						
	Title:	Health Educator (HEA I/II)	\$ 45,963	0.500	10%	40%	\$ 22,982	\$ 22,982
8.	Name:	Victoria Wynn						
	Title:	Community Outreach Worker (HSAs)	\$ 35,640	0.750	15%	60%	\$ 26,730	\$ 26,730
9.	Name:	Mandy Adkins						
	Title:	Administrative Assistant (OA III)	\$ 37,547	0.300	30%		\$ 11,264	\$ 11,264
10.	Name:	Patricia Blokzyl						
	Title:	Administrative Assistant (OA III)	\$ 32,068	0.200	20%		\$ 6,414	\$ 6,414
11.	Name:	Betsy Ennis						
	Title:	Contract Manager (Administrative Services Assistant)	\$ 46,490	0.800	80.0%		\$ 37,192	\$ 37,192
12.	Name:	Criselyn Enriquez						
	Title:	Accountant/Finance Analyst (Accountant I/II)	\$ 44,285	0.100	10.0%		\$ 4,429	\$ 4,429
13.	Name:	Sheryl Salgado						
	Title:	Accountant/Finance Analyst (Accounting Technician II)	\$ 43,159	0.050	5.0%		\$ 2,158	\$ 2,158
SUBTOTAL			\$ 614,185	6.850	300%	385%	\$ 338,873	\$ 338,873

BUDGET JUSTIFICATION
October 1, 2011 September 30, 2012

Riverside County
Community Health Agency
Department of Public Health
11-10212

POSITION DESCRIPTIONS:			
Administrator #1	Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.		
Project Coordinator #2	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.		
Dietitian #3	Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.		
Health Educator (including Health Aide, Health Promotion Instructor, etc.) #4, 5, 6, 7	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.		
Community Outreach Worker/Community Liaison #8	Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education interventions to SNAP Ed eligibles.		
Office Manager/Secretary/Admin Asst. #9, 10	Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, and other duties as required to support the nutrition education contract.		
Contract Manager #11	Manages the nutrition education contract including budgets, invoices, documentation reports, time studies, fiscal reporting and adherence to funding requirements.		
#12, 13	Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.		

BUDGET JUSTIFICATION
 October 1, 2011 September 30, 2012

Riverside County
 Community Health Agency
 Department of Public Health
 11-10212

E. TRAVEL AND PER DIEM:								Federal Share	Total Dollars
Federal Share:									
Description									
Mileage/Carpool for SOW meetings, site visits, events, conferences, airport travel, etc. 28,638 MI. @\$0.555 PER MI. = Approx. \$15,894.								\$ 15,894	\$ 15,894
<u>Travel Description</u>	<u>Staff</u>	<u>FTEs</u>	<u>Per Diem</u>	<u>Lodging \$95 (rate+Tax)</u>	<u>Conf. Reg.</u>	<u>Air</u>	<u>TOTAL</u>		
CCLHDN (2 nights)	Administrator	1	\$ 80.00	\$ 220.00	\$ 150.00	\$ 400.00	\$ 850.00	\$ 850	\$ 850
Per diem: 1 FTE @ \$40/day for days=\$80, 2 nights @\$110= \$220; Registration @ \$150; Air \$400 RT; TOTAL \$835									
Joint Steering committee (2)	Administrator	1	\$ 80.00			\$ 800.00	\$ 880.00	\$ 880	\$ 880
Per diem: 1 FTE @ \$40; Air \$400 RT; TOTAL = \$440									
Annual Network Statewide Conference (2-days)									
	Diane Wayne or TBD		2-rides x 20 =\$40	\$ 40.00		\$ 400.00	\$ 640.00	\$ 640	\$ 640
			Park and Fly 2-days x \$25=\$50						
	Claudia Limon or TBD		2-rides x 20 =\$40	\$ 40.00	Share room	\$ 400.00	\$ 530.00	\$ 530	\$ 530
			Park and Fly 2-days x \$25=\$50						
	Nancy Allended		2-rides x 20 =\$40	\$ 40.00		\$ 400.00	\$ 640.00	\$ 640	\$ 640
			Park and Fly 2-days x \$25=\$50						
SUBTOTAL:								\$19,434	\$19,434
F. SUBCONTRACTORS:									
Federal Share:									
	Palm Springs Unified School District						\$ 217,820	\$ 217,820	\$ 217,820
SUBTOTAL:								\$ 217,820	\$ 217,820

BUDGET JUSTIFICATION
October 1, 2011 September 30, 2012

Riverside County
 Community Health Agency
 Department of Public Health
 11-10212

										Federal Share Total Dollars	Total Dollars				
G. OTHER COSTS:															
Federal Share:															
Printing : HOTM calendars (Approx. 4,700 ea x \$3.50 = \$16,450), Business cards (Approx. 5-staff x \$20 /box -250 ea cards = \$100), HOTM newsletters (Approx. 11,000 ea x \$0.05/copy = \$550)										\$ 19,825	\$ 19,825				
HOTM Fruit/signs (Approx.50 signs X \$5 = \$250), Participant data cards (Approx.3,000 x \$0.05/card = \$150), CalFresh Shopping Guides (Approx. 4,000 ea X \$0.35 = \$1,400)															
Flyers (color) (Approx. 3,000 ea x \$0.30 = \$900), Surveys B&W copies (Approx. 500 ea x \$0.05 = \$25)															
Food Demos/Taste testing food/supplies: (27,000 Taste Tests x .70/test= \$18,900) (Community events, School events, Re-Think Your Drink, Trainings, Nutrition Education classes)										\$ 18,900	\$ 18,900				
Food Demo Supplies such as luggage carts, cooking utensils, portable oven, serving bowls, ice chests, canopies etc. (Approx. \$1,075)										\$ 1,075	\$ 1,075				
Educational materials required for delivery of critical program services used in events/education (Brochures and other allowable materials)										\$ 9,260	\$ 9,260				
Brochures (Approx. 5,000 ea .x \$0.14 = \$700), Handouts (Approx. 4,526 ea x \$0.19 = \$860), Visual Aids such as Cholesterol, deep fried, diabetes, etc. (Approx.16 ea X \$118.75 = \$1,900), Brochure/Hand-outs for ADA, MyPlate, etc. (Approx. 3,000 x \$0.35 = \$1,050), Fast Food Guides (Approx 1,000 x \$3.00 = \$3,000), Posters and props such as MyPlate Visual Aids (Approx. (10 posters x \$15 = \$150) + (2 props x \$50 = \$100) = \$250), Nutrition education materials, NASCO, Mello Smello, etc. (Approx. 3,000 ea X \$0.50 = \$1,500)															
Laminating film (Approx. 6-rolls X \$180 /roll = \$1,080)										\$ 1,080	\$ 1,080				
Rental space at health fairs and events 1-2 events @ \$75 each 2 events x \$75 = \$150										\$ 150	\$ 150				
SUBTOTAL:										\$50,290	\$50,290				
H. INDIRECT COSTS:															
Rate															
Federal Share:										\$ 112,624	\$ 112,624				
Salaries + Fringe Benefits = Total Personnel x rate of 23%															
\$ 338,873 + \$ 150,798.00 = \$489,671 = \$112,624															
TOTAL										\$ 932,937	\$ 932,937				
										\$ 614,185	6.85	300%	385%	\$ 932,937	\$ 932,937

SUBCONTRACTOR BUDGET JUSTIFICATION
Palm Springs Unified School District
October 1, 2011 - September 30, 2012

Riverside County Community Health Agency
 11-10212

A PERSONNEL SALARIES:										
1. Name and Position Title				2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS										
1.	Name:	Lenea Pollett								
	Title:	Nutrition Coordinator/Project Coordinator		\$ 82,370	1.0000		100.0%	\$ 82,370	\$ 82,370	
2.	Name:	Monica Orta								
	Title:	Office Manager/Secretary/Admin Asst		\$ 34,489	0.2500		25.0%	\$ 8,622	\$ 8,622	
3.	Name:	16 Lead Teachers (\$45/hr x 9.22 hrs x16 = 6,640)								
	Title:	Honorarium for Lead Teachers as 'School Sites' person in charge and liason for Network staff		\$ 1,106,710	0.0060		0.6%	\$ 6,640	\$ 6,640	
4.	Name:								\$ -	
	Title:								\$ -	
5.	Name:								\$ -	
	Title:								\$ -	
6.	Name:								\$ -	
	Title:								\$ -	
7.	Name:								\$ -	
	Title:								\$ -	
8.	Name:								\$ -	
	Title:								\$ -	
SUBTOTAL				\$ 1,223,569	1.256	0.0%	125.6%	\$ 97,632	\$ 97,632	
POSITION DESCRIPTIONS:										
Project Coordinator FS #1		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.								
Office Manager/Secretary/Admin Asst FS #2		Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, and other duties as required to support the nutrition education contract.								
Teacher, Lead #3		Assists the Nutritionists, Health Educators, and Project Coordinator with nutrition education activities and community events that promote healthy eating and physical activity for low-income families, the target population, Food Stamp recipients and other similar households.								

SUBCONTRACTOR BUDGET JUSTIFICATION
Palm Springs Unified School District
October 1, 2011 - September 30, 2012

Riverside County Community Health Agency
11-10212

										Federal Share Total Dollars	Total Dollars				
B. FRINGE BENEFITS:															
Federal Share:															
Includes payroll taxes and medical/dental benefits at <u>41.95</u> % of salaries										FB rate 41.95% X \$97,632	\$ 40,957	\$ 40,957			
										SUBTOTAL:	\$ 40,957	\$ 40,957			
C. OPERATING EXPENSES:															
Federal Share:															
Office Supplies: paper, pencils/pens, business cards (\$18.75/month x 12 months = \$225)										\$ 225	\$ 225				
										SUBTOTAL:	\$ 225	\$ 225			
D. EQUIPMENT EXPENSES:															
Federal Share:															
										SUBTOTAL:	\$ -	\$ -			
E. TRAVEL AND PER DIEM:															
Federal Share:															
Staff	# Trips	# Days	Per Diem	Lodging	Round Trip	Total									
Meeting															
1-Staff(Pollett)	Network Annual Conf.fee \$225; (2-days)Hotel \$110; parking 2/days x \$15=\$30; meals 2-days x \$40 = \$80; Mileage 141 mi X \$0.51=\$72, Sacramento Flight \$332= \$849									\$ 849	\$ 849				
1-Staff (Pollett)	\$90= 6 X \$15 per mtg for parking & Mi @\$.51 per mi.: 2 Regional meetings, 3 Network meetings, 1 GIS meeting									\$ 90	\$ 90				
1-Staff (Pollett)	Approximate mileage for SOW meetings, site visits, events, conferences, etc. 500 mi/mo. X 12 mo. X \$0.51									\$ 3,060	\$ 3,060				
										SUBTOTAL:	\$ 3,999	\$ 3,999			
F. SUBCONTRACTORS:															
Federal Share:															
										SUBTOTAL:	\$ -	\$ -			
G. OTHER COSTS:															
Federal Share:															
1	\$7,000:	Harvest of the Month calendars for packets 700 X \$10								\$ 7,000	\$ 7,000				
2	\$12,870:	Harvest of the Month Trio Boxes 390 boxes @ \$11 X 3 times per year. Samples for 30 students per box								\$ 12,870	\$ 12,870				
3	\$5,000:	Ntwk approved Guest Chef 5 Series Nutrition Education: 5 @ \$1000 ASES Education								\$ 5,000	\$ 5,000				
		5 programs of 5 sessions X \$200=\$5,000 100 unduplicated participants average 10 per program													
		Consultant fee to include hand outs, presentation, samples, and supplies needed for presentation													
		Goal #1 Objective #3 Activities # 1,2,4,5													
4	\$227:	Physical activity and nutrition events. Goal 1 Obj. 4 Activity 3								\$ 227	\$ 227				
5	\$0.00:	Re Think Your Drink: Printing program materials								\$ -	\$ -				
6	\$0.00:	CX3 Programs: 4 High Schools Printing program materials								\$ -	\$ -				
7	\$0.00:	Impact/Outcome Evaluation support study: Network approved Evaluation Consultant								\$ -	\$ -				
8	\$40,000	Single session Nutrition Education Classes Chef program: Parent training 5 @ \$200 = \$1,000, Students training 195 @ \$200 = \$39,000								\$ 40,000	\$ 40,000				
		Ntwk approved Guest chef to give training classes @ \$200 each													
		Fee to include hand outs, presentation, samples, and presentation supplies 30 participants per class													
		Goal #1 Objective #8 Activities # 1,2,3,5,6,7													
9	\$500:	Upgrade & maintenance of Fed/State Share Time Logs								\$ 500	\$ 500				
										SUBTOTAL:	\$ 65,597	\$ 65,597			
H. INDIRECT COSTS:															
Federal Share:															
		Salaries	+	Fringe Benefits	=	Total Personnel	X rate of 6.79%			\$ 9,410	\$ 9,410				
		\$97,632	+	\$40,957	=	\$138,589	=	\$9,410		SUBTOTAL:	\$ 9,410	\$ 9,410			
TOTAL										\$ 1,223,569.00	1.256	0.0%	125.6%	\$ 217,820	\$ 217,820

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: **Feeling Good Project**
Program Area: **Local Incentive Awardee: Public Health Department**
Contract Number: **11-10239**

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 35% Female 65%

Ethnicity:

<input checked="" type="checkbox"/> African American	<u>15%</u>	
<input checked="" type="checkbox"/> Asian	<u>30%</u>	
<input checked="" type="checkbox"/> Caucasian	<u>15%</u>	
<input checked="" type="checkbox"/> Latino	<u>30%</u>	
<input type="checkbox"/> Native American		%
<input checked="" type="checkbox"/> Pacific Islander	<u>10%</u>	
<input type="checkbox"/> Other (specify)	:	%

Languages:

<input checked="" type="checkbox"/> English	<u>70%</u>	<input type="checkbox"/> Khmer (Cambodian)	%
<input checked="" type="checkbox"/> Spanish	<u>30%</u>	<input type="checkbox"/> Korean	%
<input type="checkbox"/> Arabic	%	<input type="checkbox"/> Lao	%
<input type="checkbox"/> Armenian	%	<input type="checkbox"/> Tagalog	%
<input type="checkbox"/> Russian	%	<input type="checkbox"/> Vietnamese	%
<input type="checkbox"/> Bosnian	%	<input type="checkbox"/> Other (specify):	_____ %
<input type="checkbox"/> Cantonese	%	<input type="checkbox"/> Other (specify):	_____ %
<input type="checkbox"/> Farsi	%	<input type="checkbox"/> Mandarin	_____ %
<input type="checkbox"/> Hmong	%		

Ages:

<input type="checkbox"/> Under 5 years old	_____ %
<input type="checkbox"/> 5 to 8	%
<input type="checkbox"/> 9 to 11	%
<input checked="" type="checkbox"/> 12 to 17	<u>20%</u>
<input checked="" type="checkbox"/> 18 to 59	<u>70%</u>
<input checked="" type="checkbox"/> 60 years old and over	<u>10%</u>

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|----------------------------------------------------|-----------|-----------------------------------------------------|------------|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input type="checkbox"/> Food Banks | % | <input checked="" type="checkbox"/> Soup Kitchens | <u>5%</u> |
| <input type="checkbox"/> Food Pantries | _____ % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input checked="" type="checkbox"/> Public Housing | <u>5%</u> | <input checked="" type="checkbox"/> WIC Offices | <u>10%</u> |
| <input type="checkbox"/> HeadStart | % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): SF County Nutrition Action Plan Workgroup
- Internet/Web Sites-website address: _____
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (45 occurrences at 1 hour(s) each)
- Community Education Events: (10 occurrences at 4 hour(s) each)
- Training/Workshop/Conference: (8 occurrences at 2 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) : (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input type="checkbox"/> Other (Specify): |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <u> </u> Adult Education & Job Training Sites | <u> </u> Food Stores |
| <u> 1</u> Adult Rehabilitation Centers | Head Start Programs |
| CalFresh Offices | Individual Homes |
| Churches | <u> </u> Libraries |
| <u> 2</u> Community Centers | Other Youth Education Sites (includes Parks and Recreation) |
| Elderly Service Centers | <u> </u> Public/Community Health Centers (includes Public Health Departments) |
| <u> 1</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | <u> 2</u> Public Housing |
| Extension Offices | <u> </u> Schools – students (Preschool) |
| <u> 1</u> Farmers Markets | <u> 1</u> Schools – students (K-12) |

Schools – students (Afterschool
Program)

Schools – Parents

Shelters/Temporary Housing

3_WIC Programs

Worksites

Other (specify):

Other (specify):

Other (specify):

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 2500

Narrative (max. 200 words)

The Feeling Good Project provides nutrition education to SNAP-Ed eligibles in San Francisco on healthy eating and physical activity promotion as a way to reduce the risk of chronic disease. Activities include nutrition education classes to SNAP-Ed eligibles, participation in Health Fairs targeting SNAP-Ed eligibles, and participation in the Bay Area Nutrition and Physical Activity Collaborative (BANPAC) and Network for a Healthy California - Bay Area Region. Services are provided in Spanish and English and nutrition education materials are available in English, Spanish and Chinese. In addition they deliver nutrition education at the Heart of the City Farmers Market and at Balboa HS. New partners are engaged through outreach to community based organizations serving low income SF residents. Through collaboration with local and regional partners they promote the ReThink Your Drink Message. They collaborate with local FNS funded programs in the SF County Nutrition Action Plan and with the San Francisco CalFresh Program to provide nutrition education to their participants.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

We have not modified our methods/strategies

Improving cultural relevancy

Enhancing/updating existing strategies

Utilizing research/program tool

Changing audience participation

Adding new partners

Other (specify):

Other (specify):

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

Process evaluation measures will indicate the participation levels in all activities performed, as recorded in sign-in sheets and on the Activity Tracking Form. Improved knowledge of healthy eating practices and the role of physical activity in preventing chronic disease will be collected. We will collect data on numbers of people reached and assess self-reported behavior change as a result of information received.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change
or the factors that directly influence behavior change primarily focusing on consumption of
fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

They currently have a County Nutrition Action Plan promoting coordination and collaboration with other USDA FNS funded programs including: CalFresh Program, UC Cooperative Extension (EFNEP and other programs), SF Food Bank, USDA SNAP-Ed funded programs in San Francisco (SFUSD Nutrition Education Project), SFUSD Student Nutrition Services, Summer Food Service Program, Child Nutrition Programs and the SF WIC Program. Whenever possible, they participate in each others events and share information on their materials and programs. They participate in most Network for a Healthy California–Bay Area Region and Bay Area Nutrition and Physical Activity Collaborative trainings and provide local data, contacts and technical assistance as requested.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	Black Infant Health	1290 Fillmore St.	San Francisco	94115	06075016100	All Races	52.3%	
Farmers Market	Heart of the City Farmers Market	1182 Market St.	San Francisco	94102	06075012400	All Races	58.2%	
Soup Kitchen	Glide Church Soup Kitchen	330 Ellis St.	San Francisco	94102				proxy
Community Center	Lifelines Shanti Program	730 Polk St.	San Francisco	94109	06075012400	All Races	58.2%	
WIC Program	WIC Program	30 Van Ness, 2nd Floor	San Francisco	94102				proxy
WIC Program	WIC Program	1525 Silver Ave.	San Francisco	94134				proxy
WIC Program	WIC Program	2550-23rd St.	San Francisco	94110				proxy
Public Housing	Curran House	145 Taylor St.	San Francisco	94102				Proxy
Public Housing	SOMA Studios	1166-1190 Howard St.	San Francisco	94103				proxy
Adult Rehabilitation Center	Walden House	1889 Mission St.	San Francisco	94103	06075020100	All Races	52.6%	

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Balboa High School (S)	San Francisco USD	38-68478-3830288	39.29%	17.95%	57.24%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 1 - Snacks for Energy	Simple snack ideas that are culturally adapted. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 2 - Boost Your Energy	Ways to promote physical activity that are culturally adapted. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 3 - Cooking Light	Promotes cooking in low-fat ways that are culturally adapted. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 4 - Eat Fruits and Vegetables	Suggestions for eating more fruits and vegetables and how to know if the right amount is being eaten. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 5 - Better Fast Foods	Healthier options to choice when choosing fast food. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 7 - Weight and Health	The importance of eating healthy foods and being active no matter your weight. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 8 - Lower Your Stress	How to reduce stress by drinking more water and being active. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 9 - Build Your Strength	How to build and maintain strength without gyms or special equipment. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 10 – Eat Variety for Health	How to eat more fruits and vegetables by taking advantage of Farmers’ Markets. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 11 - Growing Healthy Kids	How parents can help their children eat healthy foods and be more active. School-age to Seniors.	English, Spanish and Chinese

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Contractor Developed - San Francisco Dept. of Public Health	Healthy Tip 12 - Free Fun	Ways families can promote healthy foods and physical activity while having fun. School-age to Seniors.	English, Spanish and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Cook Well-Live Better Curriculum	<i>Network</i> approved curriculum designed to support work in helping clients and staff to buy, prepare, and eat more fruits and vegetables. Teens to Seniors	English and Spanish
Contractor Developed - San Francisco Dept. of Public Health	San Francisco Food, Nutrition and Agriculture Directory, 5 th Edition (2011)	Provides a listing of useful resources and services available to low income, mostly CalFresh eligible residents in San Francisco. Intended for providers. Teens to Seniors	English
San Francisco Dept. of Public Health – MCAH Section	Where to be Active in San Francisco	Map and suggestions on how families can enjoy SF sights and be more active. Teens to Seniors	English
San Francisco Dept. of Public Health	Eat Fruits and Vegetables Everyday, Stay Healthy All the Way!	Healthy Chinese recipes, beautiful photographs supporting recipes. Teens to Seniors	English and Chinese
Contractor Developed - San Francisco Dept. of Public Health	Schedule of Farmers' Markets in San Francisco	List of Farmers Markets in San Francisco, includes markets accept EBT, WIC and Senior Farmers Market vouchers. Teens to Seniors	English, Spanish and Chinese
Network for a Healthy California	Fruit and Vegetable and Physical Activity Toolkit	Tool kit supports community nutrition education activities. Teens to Seniors	English
Network for a Healthy California	ReThink Your Drink Materials	Materials to support reduction in use of sugar sweetened beverages. School-age to Seniors	English and Spanish
California WIC Program	ReThink Your Drink Materials	Materials to support reduction in use of sugar sweetened beverages. School-age to Seniors	English and Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
NA		

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: San Francisco, Department of Public Health
Contract #: 11-10239

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Laura Brainin-Rodriguez							
	Title:	Project Coordinator (2846 Nutritionist)	\$ 84,084	1.0000	20.0%	80.0%	\$84,084	\$ 84,084	
2.	Name:	Vacant							
	Title:	Nutrition Educator (2586 Health Worker II)	\$ 54,314	1.0000	10.0%	90.0%	\$54,314	\$ 54,314	
3.	Name:	Vacant							
	Title:	Community Outreach Worker (As-Needed 9924 Public Service Aide)	\$ 31,824	0.3000	0.0%	30.0%	\$9,547	\$ 9,547	
SUBTOTAL			\$ 170,222	2.3000	30.0%	200.0%	\$147,945	\$ 147,945	
POSITION DESCRIPTIONS:									
Project Coordinator #1		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles. Writes project reports and coordinates with State and Local Health Departments.							
Nutritionist/Nutrition Educator/Nutrition Aide #2		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.							
Community Outreach Worker #3		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with community based organizations (CBOs) to increase the reach of nutrition education interventions to SNAP-Ed eligibles.							

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: San Francisco, Department of Public Health
Contract #: 11-10239

											Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:												
Federal Share:												
Non bilingual pay Includes payroll taxes and medical/dental benefits at 39% of salaries (\$147,945 x 39% = \$57,699)											\$ 57,699	\$ 57,699
Bilingual Pay is \$60 per 2 week pay period or \$60 x 26.1 pay periods a year x 2 staff for the Project Coordinator and Nutrition Educator											\$ 3,132	\$ 3,132
SUBTOTAL:											\$ 60,831	\$ 60,831
C. OPERATING EXPENSES:												
Federal Share:												
Office Space: 805 sq ft @ \$1.88 sq. ft. x 12 mos prorated by FS 2.3 FTE Staff and based on historical usage data											\$ 18,161	\$ 18,161
Postage necessary for Network purposes.											\$ 300	\$ 300
Office supplies such as printer paper, printer ink cartridges, envelopes, and equipment maintenance such as repairs for equipment utilized 100% for Network purposes (approx. \$400 x 12 mos)											\$ 4,800	\$ 4,800
SUBTOTAL:											\$ 23,261	\$ 23,261
D. EQUIPMENT EXPENSES:												
Federal Share:												
Shredder: This equipment is utilized 100% for Network purposes \$455											\$ 455	\$ 455
Scanner: This equipment is utilized 100% for Network purposes (\$460)											\$ 460	\$ 460
SUBTOTAL:											\$ 915	\$ 915

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: San Francisco, Department of Public Health
Contract #: 11-10239

E. TRAVEL AND PER DIEM:										
Federal Share:										
Travel	# of Staff	Reg. Fee	Airfare	Per Diem	*Total Lodging	*Round Trip Mileage				
Annual Network Conference (2 days) Attending: Project Coordinator & Nutrition Educator	2	\$0	\$0	\$40/day x 2 staff (\$160)	\$110 \$84 x 2 nights/ staff + tax (\$440 \$336 + \$88 \$72 for tax)	\$161	200 mi. x 0.555 cents mile + \$10 toll + \$40 (approx \$20 parking x 2 nights)	\$	729	\$ 729
Network Skills Training (8) Attending: Project Coordinator and Nutrition Educator (ReThink Your Drink; Regional Collaborative Meetings and Trainings (2); ReThink Your Drink Media Training	8	\$0	\$0	\$0	\$0	\$696	138 mi.x .51 .555 cents mile + \$6 \$10 toll x 8	\$	696	\$ 696
Network Statewide Collaborative (NSC) (3), NSC Executive Committee (2)	1	\$0	\$0	\$0	\$0	\$594	approx. 157 mi. x 0.555 cents mile + \$10 toll+ \$20 parking x 5	\$	595	\$ 595
Mileage For Travel to meetings with Partners - Traveling: Project Coordinator, Nutrition Educator & Community Outreach Worker for Classes, CX3, ReThink Your Drink, Special Events	3	\$0	\$0	\$0	\$0	\$1,332	200 miles/month x 0.555 cents mile x 12 months	\$	1,332	\$ 1,332
SUBTOTAL:								\$	3,352	\$ 3,352
*Mileage reimbursement rate at \$0.555 and lodging reimbursement rate (\$84 + tax)										

BUDGET JUSTIFICATION
 October 1, 2011 - September 30, 2012

Contractor: San Francisco, Department of Public Health
 Contract #: 11-10239

											Federal Share Total Dollars	Total Dollars				
F. SUBCONTRACTORS:																
Federal Share:																
SUBTOTAL:											\$ -	\$ -				
G. OTHER COSTS:																
Federal Share:																
Food Demo Supplies: (Goal 1 Objectives 3,4 & 5)																
Food for food demonstrations and taste testing activities at targeted community events Farmer's Markets and Rethink Your Drink (RYD) to target audience																
Demonstration and Supplies: Purchase of food and supplies for food demonstrations for partner agencies classes. At monthly classes reaching 25 participants x 20 classes = 500 participants @ approximately \$2.50/participant = \$1,250																
Food samples for RYD and Farmer's Market reaching average of 60 people at each event (100 x 12 events = 1,200 participants @ approximately \$1.50 participant = \$1,800											\$ 3,050	\$3,050				
SUBTOTAL:											\$ 3,050	\$3,050				
H. INDIRECT COSTS:																
Federal Share:																
5% of Total Salaries and Fringe Benefits including bilingual pay											\$ 10,439	\$ 10,439				
\$147,945 + \$60,831 = \$208,776 x 5% = \$10,439																
SUBTOTAL:											\$ 10,439	\$ 10,439				
In order to preserve funds for program activities, City and County of San Francisco Dept. of Public Health elects to use an indirect cost rate of 5%, rather than the standard 24.04%. Indirect costs will cover business and financial services such as accounting, human resources, payroll, auditing, computing and network support, custodial and utilities for San Francisco Network staff.																
TOTAL											\$ 170,222.00	2.3000	30.0%	200.0%	\$ 249,793	\$ 249,793

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: San Joaquin County Public Health Services
Program Area: Local Incentive Awardee: Government-Local Public Health Department
Contract Number: 08-85155

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 30% Female 70%

Ethnicity:

- African American 10 %
- Asian 12 %
- Caucasian 30 %
- Latino 43 %
- Native American 2 %
- Pacific Islander 3 %
- Other (specify) _____: %

Languages:

- | | |
|-------------------------------------------------------------------|--------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>60</u> % | <input type="checkbox"/> Korean % |
| <input checked="" type="checkbox"/> Spanish <u>30</u> % | <input type="checkbox"/> Lao % |
| <input type="checkbox"/> Arabic % | <input type="checkbox"/> Tagalog % |
| <input type="checkbox"/> Armenian % | <input type="checkbox"/> Vietnamese % |
| <input type="checkbox"/> Russian _____ % | <input type="checkbox"/> Other (specify) _____ % |
| <input type="checkbox"/> Bosnian % | <input type="checkbox"/> Other (specify) _____ % |
| <input type="checkbox"/> Cantonese % | <input type="checkbox"/> Other (specify) _____ % |
| <input type="checkbox"/> Farsi % | <input type="checkbox"/> Other (specify) _____ % |
| <input type="checkbox"/> Hmong % | <input type="checkbox"/> Other (specify) _____ % |
| <input checked="" type="checkbox"/> Khmer (Cambodian) <u>10</u> % | <input type="checkbox"/> Mandarin % |

Ages:

- Under 5 years old _____ %
- 5 to 8 14 %
- 9 to 11 60 %
- 12 to 17 10 %
- 18 to 59 15 %
- 60 years old and over 1 %

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|----------------------------------------------------|----------|----------------------------------------------------------------|----------|
| <input type="checkbox"/> CalFresh Offices | _____ % | <input checked="" type="checkbox"/> Shelters/Temporary Housing | 1_____ % |
| <input checked="" type="checkbox"/> Food Banks | 4_____ % | <input type="checkbox"/> Soup Kitchens | _____ % |
| <input checked="" type="checkbox"/> Food Pantries | 1_____ % | <input type="checkbox"/> TANF Job Readiness Program | _____ % |
| <input checked="" type="checkbox"/> Public Housing | 1_____ % | <input checked="" type="checkbox"/> WIC Offices | 1_____ % |
| <input type="checkbox"/> HeadStart | _____ % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
- Internet/Web Sites-website address:
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (26 occurrences at 1 hour(s) each)
- Community Education Events: (5 occurrences at 3 hour(s) each)
- Training/Workshop/Conference: (6 occurrences at 1 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) : (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Adult Education & Job Training Sites | Individual Homes |
| Adult Rehabilitation Centers | Libraries |
| CalFresh Offices | 1.0 Other Youth Education Sites (includes Parks and Recreation) |
| 6.0 Churches | 3.0 Public/Community Health Centers (includes Public Health Departments) |
| 3.0 Community Centers | Public Housing |
| 1.0 Elderly Service Centers | Schools – students (Preschool) |
| 1.0 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | 50 Schools – students (K-12) |
| Extension Offices | 1.0 Schools – students (Afterschool Program) |
| Farmers Markets | 7.0 Schools – Parents |
| Food Stores | 1.0 Shelters/Temporary Housing |
| Head Start Programs | WIC Programs |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 3500

Narrative (max. 200 words)

San Joaquin County Public Health Services is a local health department within the Health Care Services Agency, serving the Cal-Fresh eligible residents within the County jurisdiction.

Nutrition education and promotion interventions are population-based, reaching communities, schools, and community and faith-based organizations and individuals facing the greatest health risks.

The Network for a Healthy California project in San Joaquin County works with the schools and faith based organizations to enhance public health efforts for improving the eating and physical activity behaviors of the Cal-Fresh eligible residents. The project activities include series of classes utilizing Harvest of the Month curricula, general nutrition education, food demonstrations, neighborhood events, training of community leaders, and school events such as Walk to School and Back to School.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|---------------------------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.** N/A

i. **Key Performance Measures/Indicators.** (max. 100 words)

Process evaluation measures will indicate the participation levels in all activities performed as recorded on sign-in sheets, photos, and on the Activity Tracking Form. Key measures will include number of residents reached with marketing for the food demonstration classes; number of class participants, materials distributed; evaluation summary and conducting participant satisfaction surveys.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

San Joaquin Public Health Services will partner with community/faith-based organizations, schools, and

communities in San Joaquin County (SJC) to coordinate and supplement nutrition education among Cal-Fresh populations. Collaboration with the schools in San Joaquin will enhance the ongoing Harvest of the Month activities, Children’s Power Play!, and “Walk to School” and Rethink Your Drink programs. Other collaborative efforts include regular participation in the Network regional collaborative. Also, this program will work in conjunction with the local food banks in San Joaquin County to supplement the nutrition education activity provided by the University of California Cooperative Extension (UCCE) – this coordination will be done via a monthly LIA/FSNEP coordination meetings.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Centers	Asian Pacific Self-Development & Residential Association (APSARA)	3830 Alvarado Avenue	Stockton	95204	06077001400	All Races	50.3%	
Community Health Center	Delta Health Care	4662 Precissi Lane	Stockton	95207	06077003113	All Races	55.1%	
Church	First Baptist Church	3535 N El Dorado Street	Stockton	94204	06077001400	All Races	50.3%	
Emergency Food Assistance Site	Greater Stockton Emergency Food Bank	7 W. Scotts Ave	Stockton	95203				Proxy
Elderly Service Center	LOEL Senior Center	105 S Washington Street	Lodi	95240	06077004500	All Races	52.1%	
Church	Mt Pleasant Baptist Church	2064 E Washington Street	Stockton	95206	06077002400	All Races	50.1%	
Church	St. George's Neighborhood	120 W 5 th Street	Stockton	95206	06077002400	All Races	50.1%	
Youth Education Site	YMCA	1425 S. Center Street	Stockton	95206	06077002004	All Races	50.1%	
Community Center	Carrington "Diamond Cove" Center	5506 Tam O Shanter Dr	Stockton	95210	06077003407	Black Asian	68.3% 68.4%	ACS Ethnicity 100%FPL
Community Health Center	Community Medical Centers	710 E Channel St	Stockton	95202	06077000100	All Races	85.1%	
Community Center	El Concillio	308 N California St	Stockton	95202	06077000100	All Races	85.1%	

Church	Greater Christ Temple	1616 Main St	Stockton	95205	06077001900	American Indian	61.3%	ACS Ethnicity 100%FPL
Church	Harvest Blessing	2300 E Washington St	Stockton	95205	06077001900	American Indian	61.3%	ACS Ethnicity 100%FPL
Shelter	Joseph Artesia Migrant Center	333 W Mathews Rd	Stockton	95205				Proxy
Community Health Center/Public Health Dept	San Joaquin County Public Health Services	1601 E Hazelton Ave	Stockton	95205	06077001900	American Indian	61.3%	ACS Ethnicity 100%FPL
Church	Second Mt Olive	2360 E Washington St	Stockton	95205	06077001900	American Indian	61.3%	ACS Ethnicity 100%FPL

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Colonial Heights Elementary (S)	Lincoln Unified	39-68569-6041891	48.11%	16.42%	64.53%
John R. Williams Elementary (S)	Lincoln Unified	39-68569-6041909	62.39%	16.27%	78.66%
Lincoln Elementary (S)	Lincoln Unified	39-68569-6041917	63.38%	12.64%	76.03%
Tully C. Knowles Elementary (S)	Lincoln Unified	39-68569-6041933	60.11%	17.71%	77.82%
Aspire River Oaks Charter (S)	Lodi Unified	39-68585-6118921	42.82%	15.49%	58.31%
Bear Creek High (S)	Lodi Unified	39-68585-3930237	39.52%	11.85%	51.37%
Beckman Elementary (S)	Lodi Unified	39-68585-6108856	64.58%	15.99%	80.56%
Clairmont Elementary (S)	Lodi Unified	39-68585-6104426	71.19%	11.32%	82.51%
Clyde W Needham Elementary (S)	Lodi Unified	39-68585-6042204	93.82%	2.55%	96.36%
Creekside Elementary (S)	Lodi Unified	39-68585-6104038	59.43%	12.36%	71.79%
Davis Elementary (S)	Lodi Unified	39-68585-6042055	62.78%	8.89%	71.67%
George Lincoln Mosher (S)	Lodi Unified	39-68585-0111286	44.59%	16.51%	61.10%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
George Washington Elementary(S)	Lodi Unified	39-68585-6042097	81.18%	5.25%	86.43%
Joe Serna Jr. Charter (S/A)	Lodi Unified	39-68585-6117675	53.00%	11.31%	64.31%
Lawrence Elementary (S/P)	Lodi Unified	39-68585-6042147	82.64%	4.53%	87.17%
Liberty High (S)	Lodi Unified	39-68585-3934767	60.43%	5.04%	65.47%
Lois E. Borchardt Elementary (S)	Lodi Unified	39-68585-0100560	51.40%	13.32%	64.72%
Oakwood Elementary (S)	Lodi Unified	39-68585-6100341	61.33%	11.51%	72.84%
Parklane Elementary(S)	Lodi Unified	39-68585-6100366	68.33%	8.00%	76.33%
Sutherland Elementary(S)	Lodi Unified	39-68585-6110944	74.43%	7.76%	82.18%
Tokay High (S)	Lodi Unified	39-68585-3934759	44.10%	9.02%	53.11%
Wagner Holt Elementary (S)	Lodi Unified	39-68585-6108807	63.26%	8.78%	72.04%
Westwood Elementary (S/A)	Lodi Unified	39-68585-6109839	71.60%	12.76%	84.35%
Woodbridge Elementary (S)	Lodi Unified	39-68585-011419	51.00%	8.91%	59.91%
Joshua Cowell Elementary (S)	Manteca Unified	39-68593-6112197	40.67%	10.92%	51.60%
Lathrop Elementary (S)	Manteca Unified	39-68593-6042337	56.29%	17.44%	73.74%
Lincoln Elementary (S)	Manteca Unified	39-68593-6042345	63.37%	9.89%	73.26%
Shasta Elementary (S)	Manteca Unified	39-68593-6042394	54.85%	11.32%	66.17%
Aspire Rosa Parks Academy (S)	Stockton Unified	39-68676-0108647	74.35%	11.82%	86.17%
Cesar Chavez High (S)	Stockton Unfied	39-68676-0108159	56.49%	10.14%	66.62%
Cleveland Elementary (S)	Stockton Unified	39-68676-6042535	86.05%	9.17%	95.21%
Edison High (S)	Stockton Unfied	39-68676-3932100	58.60%	5.39%	63.99%
Edward C Merlo Insitute (S)	Stockton Unified	39-68676-0115402	75.10%	4.56%	79.67%
El Dorado Elementary (S/P)	Stockton Unified	39-68676-6042543	83.64%	4.76%	88.40%
Franklin High (S)	Stockton Unified	39-68676-3932654	64.25%	8.57%	72.82%
George W. Bush Elementary (S)	Stockton Unified	39-68676-0100206	60.00%	16.71%	76.71%
John Marshall Elementary (S/P)	Stockton Unified	39-68676-0111310	72.91%	11.06%	83.97%
Kennedy Elementary (S)	Stockton Unified	39-68676-6042667	76.08%	7.10%	83.18%
King Elementary (S/P)	Stockton Unified	39-68676-6042568	88.66%	6.37%	95.03%
McKinley Elementary (S)	Stockton Unified	39-68676-6042691	82.32%	7.58%	89.90%
Richard A Pittman Elementary(S/P)	Stockton Unified	39-68676-0111336	82.24%	7.86%	90.10%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Spanos (Alex G) Elementary (S/P)	Stockton Unified	39-68676-0118752	90.98%	5.15%	96.13%
Stagg Senior High (S)	Stockton Unified	39-68676-3937406	60.15%	7.96%	68.11%
Taylor Skills Elementary (S)	Stockton Unified	39-68676-6042774	92.35%	5.22%	97.57%
Wilhelmina Elementary (S)	Stockton Unified	39-68676-0111344	84.23%	7.30%	91.52%
William Harrison Elementary (S)	Stockton Unified	39-68676-6042618	77.72%	9.52%	87.34%
Central Elementary (S)	Tracy Joint Unified	39-75499-6042832	68.72%	10.21%	78.94%
McKinley Elementary (S)	Tracy Joint Unified	39-75499-6042857	47.05%	13.64%	60.68%
North Elementary School (S)	Tracy Joint Unified	39-75499-6042865	60.78%	12.62%	73.41%
South/West Park Elementary (S)	Tracy Joint Unified	39-75499-6042881	64.08%	9.46%	73.54%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California African American Campaign	Body and Soul	Faith Based Adult Nutrition and Physical Activity This Program is designed to impact people through nutrition education and fitness promotion classes which challenges participants to reach their personal best.	English
Network for a Healthy California: Children's Power Play!	Children's Power Play! School Idea and Resource Kit	Campaign materials educate and inspire kids to eat fruit and vegetables and be physically active and promotes environments in which these behaviors are both easy to do and socially supported. (4 th and 5 th Grade)	English, Spanish

Source	Title	Description	Languages
Network for a Healthy California: Children's Power Play!	Children's Power Play! Community Youth Organization Resource Kit	<i>Children's Power Play! Campaign</i> inspires and empowers California's low-income children to eat 3 to 5 cups of fruits and vegetables and get at least 60 minutes of physical activity every day. Designed to make a positive impact on children's health, whether in afterschool program, summer program, club, faith-based youth program, or other organizations that bring children together outside of school hours. (K-6 grade)	English, Spanish
Cooperative Extension (EFNEP, SNAP-ED)	Making Every Dollar Count;	Website with material on setting goals, making budgets, and saving money on food.	English, Spanish
Dairy Council of California	Activity and Eating	9 th – 12 th Grade (High School) This eight-page student workbook helps high school students understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health.	English, Spanish
Dairy Council of California	Activity and Eating: Small Steps to a Healthier You	Program for Men and Women This eight-page booklet helps adults understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health.	English, Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California	Calcium Connection: Healthy Bodies From One Generation to Another	Booklet provides girls and women throughout the life cycle with age specific information about a wide range of calcium's health benefits- to bone health to the likely role in weight management	English, Spanish
Dairy Council of California	Deal Me In... Food and Fitness	This extended day nutrition education and physical activity program introduces and reinforces healthy eating and physical activity in a fun and engaging way. (K-6 grade)	English, Spanish
Dairy Council of California	Health Choices, Healthy Me!	First and second grade program. A comprehensive, ten-lesson nutrition education program that focuses on food choice behaviors while reinforcing language arts and math.	English, Spanish
Dairy Council of California	Making Meals Matter For Your Young Child	This eight-page booklet offers parents guidance and practical information about feeding their preschoolers—ages 2-5. It provides busy parents the basics of preparing healthy meals and snacks.	English, Spanish
Dairy Council of California	Making Meals Matter: For Your School-Age Child	Program for parents of school-age children. This eight-page booklet helps parents of school-age children, ages 6 through 12, understand the basics of preparing healthy meals and snacks.	English, Spanish
Dairy Council of California	Pregnancy: A Special Time for Nutrition	Program for pregnant and lactating women This eight-page booklet provides pregnant and lactating women with helpful information about nutrition and appropriate weight gain, physical activity, breast feeding and postpartum recommendations.	English, Spanish

Source	Title	Description	Languages
Network for an Healthy California	Harvest of the Month	The <i>Network</i> for a Healthy California developed Harvest of the Month to engage students in a variety of settings where nutrition education can have the biggest impact- the classroom, cafeteria, home, and community. (K-12 Curriculum)	English, Spanish
The Network for a Healthy California	Community Tool Box Kit	African American and Latino Nutrition and Physical Activity Curriculums for Adults and Families	English, Spanish
USDA materials	Posters (Move It!, Activity Pyramid), brochures (MyPyramid Eat Smart, Play Campaign, Read It Before You Eat It (Food Labels), How Much Do You Eat?, What is serving sizes?)	K-12, Adults, General Population	English, Spanish
USDA	My Pyramid	Adults Personalized Nutrition and P.A. Curriculum	English/Spanish
USDA materials	My Pyramid for Kids	1 st -6 th Grade Nutrition and P.A. Curriculum	English, Spanish
USDA materials	My Pyramid for Preschoolers	Preschool Age Nutrition and P.A. Curriculum	English/Spanish
American Heart Association	Search Your Heart	General Population The American Heart Association's Search Your Heart program is a community-based educational program/tool to reach high-risk audiences. Search Your Heart delivers knowledge and action steps to encourage people to act upon this knowledge and reduce their risk for heart disease and stroke.	English

BUDGET COVER SHEET
FFY 2012

Organization: San Joaquin County Public Health Services				
Contract Number: 11-10210				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 18,722	\$ 126,605	\$ 107,883	576.24%
Fringe Benefits	\$ 10,850	\$ 81,027	\$ 70,177	646.79%
Operating	\$ 4,632	\$ 8,366	\$ 3,734	80.61%
Equipment & Other Capital	\$ -	\$ -	\$ -	
Travel	\$ 1,429	\$ 1,801	\$ 372	26.03%
Subcontractors	\$ -	\$ -	\$ -	
Other Costs	\$ 11,359	\$ 13,200	\$ 1,841	16.21%
Indirect Costs	\$ 1,877	\$ 18,991	\$ 17,114	911.77%
Total Federal Share	\$ 48,869	\$ 249,990	\$ 201,121	411.55%
Offer to increase allotment was accepted so more than 5% difference is reflected in most of the line items above.				
Personnel increased to account for the increased workload of the new scope of work				
Fringe benefits increased to accommodate the increase in personnel				
Operating expenses increased to accommodate the increase in personnel time				
Travel expenses increased to accommodate the increase in scope of work requirements and personnel				
Other costs increased to accommodate the increase in scope of work activities				
Indirect costs increased to accommodate the increase in personnel				
<i>Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.</i>				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				
<i>FFY 2012 Network Growth Policy restricts contract growth.</i>				
<i>Please delete #DIV/0! Designation on lines with no difference.</i>				

**BUDGET JUSTIFICATION
FFY 2012**

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS								
1.	Name: Shené Bowie Title: Program Administrator*	\$ 94,307	0.1000	10.0%	0.0%	\$0	\$0	
2.	Name: Ferlene Billones Title: Senior Office Assistant - Office Manager	\$ 39,562	0.7500	75.0%	0.0%	\$ 29,672	\$ 29,672	
3.	Name: Brenda Marin Title: Community Health Outreach Worker	\$ 39,166	1.0000	20.0%	80.0%	\$ 39,166	\$ 39,166	
4.	Name: New Hire Title: Program Coordinator/Nutritionist	\$ 60,174	0.9600	50.0%	46.0%	\$ 57,767	\$ 57,767	
SUBTOTAL		\$ 233,209	2.8100	155.0%	126.0%	\$ 126,605	\$ 126,605	
* There will be no federal share charges for the Administrator								
POSITION DESCRIPTIONS:								
Community Outreach Worker/Community Liaison Pos # 3		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with community based organizations (CBOs) to increase the reach of nutrition education interventions to SNAP-Ed eligible.						
Project Coordinator/ Nutritionist (Dietitian) Pos. # 4		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles. Oversees and supervises the nutrition education program including , project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs. Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.						

**BUDGET JUSTIFICATION
FFY 2012**

San Joaquin County Public Health Services
11-10210

E. TRAVEL AND PER DIEM:										Federal Share	Total Dollars
Federal Share:										Total Dollars	Total Dollars
Meeting											
1) Three (3) Network-sponsored trainings, Project Coord: approx. 3 x 150 mi. @ \$.555/mi = \$249.75										\$ 250	\$ 250
2) Mileage reimbursement for local travel to intervention sites 1,700 miles per year @ \$.555/mi. = \$943.50(HE and CHOW and PC)										\$ 944	\$ 944
3) Two CX3 trainings: 171.62miles x 2 days = 343.24 miles x \$0.555 = \$190.50 x 2 cars = \$380.99											
(Project Coord/CHOW/Youth Rep)										\$ 381	\$ 381
4) Regional Collaborative trainings or meetings: 102 mi. @ \$.555 = \$56.61 x 4 trips = \$ 226.44 -(HE & CHOW)										\$ 226	\$ 226
TRAVEL AND PER DIEM TOTAL:										\$ 1,801	\$ 1,801
F. SUBCONTRACTORS:											
Federal Share: Name of contractor – TBD, will perform the work of the Coordinator/Health Educator until they are hired – not to exceed 480hours x \$90/per hour = \$43,200											
SUBCONTRACTORS TOTAL:											
G. OTHER COSTS:											
Federal Share:											
1) Food For Cooking Demonstrations and Trainings at Approved Community Centers and Organizations 15 Classes, 8-12 people per class= \$450 (HOTM, Toolbox, SSB trainings; and single NutEd classes) 12PP X 15 classes x \$2.50 = \$450										\$ 450	\$ 450
2) Food - Harvest of the Month Class Series for up to 3,280 students x \$2.50/student = \$8,200										\$ 8,200	\$ 8,200
3) Food - Taste Testing for up to 4 nutrition events not to exceed \$2.50 per person. \$2.50 x 1,620 people = \$4,050										\$ 4,050	\$ 4,050
4) SSB Healthy Beverage taste tasting and nutrition education materials not to exceed 2.50 per person x 200 people = \$500										\$ 500	\$ 500
*Expenditures on nutrition education materials or promotional items must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.											
SUBTOTAL:										\$ 13,200	\$ 13,200
H. INDIRECT COSTS: 15% of Total Salaries: \$126,605 x 15% = \$18,991											
Federal Share:										\$ 18,991	\$ 18,991
SUBTOTAL:										\$ 18,991	\$ 18,991
TOTAL										\$ 233,209	\$ 249,990
										2.8100	155.0%
										126.0%	\$ 249,990

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: San Mateo County Health Services Agency
Program Area: Local Incentive Awardee: Public Health Department
Contract Number: 09-11233

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 20% Female 80%

Ethnicity:

- African American 5%
- Asian 3%
- Caucasian 12%
- Latino 76%
- Native American 1%
- Pacific Islander 3%
- Other (specify): %

Languages:

- | | |
|--------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> English <u>40%</u> | <input type="checkbox"/> Khmer (Cambodian) <u> </u> % |
| <input checked="" type="checkbox"/> Spanish <u>60%</u> | <input type="checkbox"/> Korean <u> </u> % |
| <input type="checkbox"/> Arabic <u> </u> % | <input type="checkbox"/> Lao <u> </u> % |
| <input type="checkbox"/> Armenian <u> </u> % | <input type="checkbox"/> Tagalog <u> </u> % |
| <input type="checkbox"/> Russian <u> </u> % | <input type="checkbox"/> Vietnamese <u> </u> % |
| <input type="checkbox"/> Bosnian <u> </u> % | <input type="checkbox"/> Other (specify) <u> </u> % |
| <input type="checkbox"/> Cantonese <u> </u> % | <input type="checkbox"/> Other (specify): <u> </u> % |
| <input type="checkbox"/> Farsi <u> </u> % | <input type="checkbox"/> Mandarin <u> </u> % |
| <input type="checkbox"/> Hmong <u> </u> % | |

Ages:

- Under 5 years old %
- 5 to 8 5%
- 9 to 11 5%
- 12 to 17 20%
- 18 to 59 70%
- 60 years old and over %

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

Other (Specify): Parents of FRPM qualifying students (equal to or less than 185% FPL)

Other (Specify): (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | | |
|------------------------------------------------------|------------|----------------------------------------------------------------|------------|---|
| <input checked="" type="checkbox"/> CalFresh Offices | <u>10%</u> | <input checked="" type="checkbox"/> Shelters/Temporary Housing | <u>10%</u> | |
| <input checked="" type="checkbox"/> Food Banks | <u>5%</u> | <input type="checkbox"/> Soup Kitchens | | % |
| <input checked="" type="checkbox"/> Food Pantries | <u>3%</u> | <input checked="" type="checkbox"/> TANF Job Readiness Program | <u>5%</u> | |
| <input checked="" type="checkbox"/> Public Housing | <u>8%</u> | <input checked="" type="checkbox"/> WIC Offices | <u>15%</u> | |
| <input checked="" type="checkbox"/> HeadStart | <u>5%</u> | | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
- Internet/Web Sites-website address:
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (34 occurrences at 2hour(s) each)
- Community Education Events: (5 occurrences at 4 hour(s) each)
- Training/Workshop/Conference: (12 occurrences at 4 hour(s) each)
- Point of Purchase: (occurrences at hour(s) each)
- Other (specify)One-on-one: Objective 12, 7, 6, 4 (2380 occurrences at 0.2hour(s) each)

Key Educational Messages:

- | | |
|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Behavior Change</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <u>4</u> Adult Education & Job Training Sites | <u>0</u> Farmers Markets |
| <u>1</u> Adult Rehabilitation Centers | <u>7</u> Food Stores (CX3) |
| <u>5</u> CalFresh Offices | <u>8</u> Head Start Programs |
| <u>1</u> Churches | <u>0</u> IndividualHomes |
| <u>2</u> Community Centers | <u>2</u> Libraries |
| <u>0</u> Elderly Service Centers | <u>4</u> Other Youth Education Sites (includes Parks and Recreation) |
| <u>2</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | <u>4</u> Public/Community Health Centers (includes Public Health Departments) |
| <u>0</u> Extension Offices | <u>5</u> Public Housing |
| | <u>0</u> Schools – students (Preschool) |

- 0 Schools – students (K-12)
- 31 Schools – students (Afterschool Program)
- 29 Schools – Parents
- 2 Shelters/Temporary Housing
- 6 WIC Programs
- 0 Worksites

Other (specify): Community Based Organization 3
 Other (specify):
 Other (specify):

***Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 9,000

Narrative(max. 200 words)

San Mateo County outreaches to SNAP eligible families living in qualifying census tracts that are primarily Latino. The program's aim is to increase fruit and vegetable consumption, to promote daily physical activity with a strong emphasis on behavior change and obesity prevention. Fun and interactive nutrition education activities include food preparation, games, physical activity demonstrations and puppet shows. San Mateo Health System will continue to offer programs developed to meet specific interest and nutritional needs of various groups. Nutrition programs being offered this year include "Women's Spas" for adult women of all ages, "Spring Training" for teenage boys, "Honoring Heroes" for adult men, and "Teen Health Spa" for teenage girls. These programs are a collaboration with community-based organizations such as local libraries, YMCA, afterschool programs and youth groups. The "Teen Health Spa" newsletter and the low-literacy Spanish newsletter, "El Arco Iris," continue promoting better health through nutrition. The Mini=Max Behavior Change Tool is incorporated in the nutrition education interventions supporting SNAP-Ed clients with their individualized behavior change plan to improve dietary choices.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- We have not modified our methods/strategies
- Improving cultural relevancy
- Enhancing/updating existing strategies
- Utilizing research/program tool
- Changing audience participation
- Adding new partners
- Other (specify):
- Other (specify):

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Document reported behavior change and barriers.
 Reach projected number of individuals with behavior focused nutrition education interventions

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Local San Mateo UCCE, WIC and the food stamp offices are under San Mateo County jurisdiction so we support each other's efforts to reach the food stamp population by collaborating and sharing resources. We are on the Regional Network leadership council and support their campaigns in our county.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Emergency Food Assistance Sites	Bread of Life	1852 Bay Road	East Palo Alto	94303				Proxy
Other- Community Based Organization	Catholic Workers Language School	822 Heller St	Redwood City	94063	06081610203	All Races	51.9%	
Public Housing	Computer Clubhouse	2001 Miramontes Point Rd	Half Moon Bay					Proxy
Libraries	East Palo Alto Library	2415 University Ave	East Palo Alto	94303	06081611800	All Races		By invitation only. Parents and children from qualifying FRPM schools.
Public/Community Health Centers (includes Public Health Departments)	Fair Oaks Adult Clinic	27010 Middlefield Rd.	Redwood City	94063	06081610202	All Races	54.1%	
Community Centers	Fair Oaks Community Center	2600 Middlefield Rd	Redwood City	94063	06081610500	All Races	51.9%	
Libraries	Fair Oaks Library	2510 Middlefield Rd	Redwood City	94063	06081610500	All Races	51.9%%	
CalFresh Offices	Food Stamp Pogram	2415 University Ave	East Palo Alto	94303				Proxy Site
CalFresh Offices	Food Stamp Pogram	225 Cabrillo Hwy S	Half Moon Bay	94019				Proxy Site
CalFresh Offices	Food Stamp Pogram	2500 MiddleField Road	Redwood City	94063				Proxy Site
CalFresh Offices	Food Stamp Pogram	272 92nd St	Daly City	94015				Proxy Site
CalFresh Offices	Food Stamp Pogram	350 90th St	Daly City	94015				Proxy Site

Adult Education Site	Job Train(formerly OICW)	1200 Obrien Dr	Menlo Park	94025	06081611800	All Races		Proxy Site TANF
Community Centers	King Rec Center	950 Ocean View Ave	San Mateo	94401	06081607701	All Races		By invitation only. Parents and children from qualifying FRPM schools.
Public Housing	Main Street Housing	1101 Main St	Half Moon Bay	94019				Proxy Site
Shelters	Maple Street Shelter	1580 Maple St # A	Redwood City	94063				Proxy Site
Other Youth Education Sites (includes Parks and Recreation)	McNeil Family Clubhouse	401 Pierce Rd	Menlo Park	94025	06081611700	Non-Hispanic Black	77.4%	
Other Youth Education Sites (includes Parks and Recreation)	Mervin G. Morris Branch	1109 Hilton St	Redwood City	94063	06081610201	All Races	51.3%	
Public Housing	Moonridge Housing	2002 Miramontes Point Rd	Half Moon Bay	94019				Proxy Site
Public Housing	N Peninsula Neighborhood Center	600 Linden Ave	S. San Francisco	94080				Proxy Site
Other Youth Education Sites (includes Parks and Recreation)	Pacific Youth Services	435 Edgemar Ave	Pacifica	94044	06081602900	Non-Hispanic Black	68.3%	
Adult Education Site	Peninsula Works Redwood City (Adult Education)	2501 Middlefield Road	Menlo Park	94025	06081610500	All Races	51.9%	
Public/Community Health Centers (includes Public Health Departments)	Ravenswood Family Health Services	1798 Bay Rd Ste A	East Palo Alto	94303	06081611800	All Races		Source: Federal Funded grantee under 42 USC. 245b; 89% of

								patients live at 100% of FPL
Public/Community Health Centers (includes Public Health Departments)	Redwood City Free Clinic	114 5th Ave	Redwood City	94063	06081610601	All Races	53.3%	
Shelters	Safe Harbor Shelter	295 N Access Rd	South San Francisco	94080				Proxy Site
Churches	Saint Anthony	3500 Middlefield Rd	Menlo Park	94025	06081610601	All Races	53.3%	
Emergency Food	Samaritan Family Kitchen	603 Monte Diablo Ave	San Mateo	94401				Proxy Site
Other- Community Based Organization	Samaritan House	114 5th Ave	Redwood City	94063	06081610601	All Races	53.3%	
Public/Community Health Centers (includes Public Health Departments)	South San Francisco Health Center	306 Spruce Ave	South San Francisco	94080	06081602200	Non-Hispanic Black	52.1%	
Head Start	SSF Community Learning Center Head Start	825 Southwood Dr	South San Francisco	94080				Proxy
Head Start	Head Start-Moonridge	2001 Miramontes Point Road	Half Moon Bay	94019				Proxy
Head Start	Menlo Park Head Start	419 Sixth Ave.	Menlo Park	94025				Proxy
Head Start	Fair Oaks Head Start	3502 Middlefield Rd	Menlo Park	94025				Proxy
Head Start	East Palo Alto Head Start	1395 Bay Road	East Palo Alto	94303				Proxy
Head Start	Magnolia Head Start- East Palo Alto	1425 Bay Road	East Palo Alto	94303				Proxy
Head Start	Half Moon Bay Head Start	900 Cabrillo Highway	Half Moon Bay	94019				Proxy

Head Start	Head Start of San Mateo County	1265 Mission Rd	South San Francisco	94080				Proxy
Other- Community Based Organization	St. Vincent de Paul	50 N B St	San Mateo	94401	06081606300	Non-Hispanic Black	50%	
WIC Programs	WIC/Daly City Site	380 90th St	Daly City	94015				Proxy Site
WIC Programs	WIC/East Palo Alto Site	2160 Euclid Ave	East Palo Alto	94303				Proxy Site
WIC Programs	WIC/Half Moon Bay Site	535 Kelly St	Half Moon Bay	94019				Proxy Site
WIC Programs	WIC/Redwood City Site	2342 El Camino Real	Redwood City	94063				Proxy Site
WIC Programs	WIC/San Mateo Site	32 W 25th Ave	San Mateo	94403				Proxy Site
WIC Programs	WIC/South San Francisco Site	307 Spruce Ave	South San Francisco	94080				Proxy
Adult Rehabilitation Centers	Worker Resource Center	400 E 5th Ave	San Mateo	94401	06081606300	Non-Hispanic Black	50%	
Other Youth Education Sites (includes Parks and Recreation)	YMCA East Palo Alto	550 Bell St	East Palo Alto	94303	06081612000	All Races		By invitation only. Parents and children from qualifying FRPM schools.
Public Housing	YMCA Half Moon Bay	2003 Miramontes Point Rd	Half Moon Bay	94019				Proxy Site
CX3 Food Store	Ayar Produce	2727 El Camino Real	Redwood City	94061	06081610601	All Races	53.3%	
CX3 Food Store	Los Primos	3252 Middlefield Road	Menlo Park	94025	06081610601	All Races	53.3%	
CX3 Food Store	Chavez Supermarket	3282 Middlefield Road	Menlo Park	94025	06081610601	All Races	53.3%	

CX3 Food Store	Pena Meat and Food	3198 Middlefield Road	Redwood City	94063	06081610601	All Races	53.3%	
CX3 Food Store	El Paisano	2856 Middlefield Road	Redwood City	94063	06081610202	All Races	54.1%	
CX3 Food Store	Michoacana Produce Market	3380 Middlefield Road	Menlo Park	94025	06081610601	All Races	53.3%	
CX3 Food Store	Carniceria La Guadalupana	55 5 th St	Redwood City	94063	06081610601	All Races	53.3%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Margaret Kemp Girls Camp (A)	San Mateo County Office of Education	41 10413 0113258	100%	0	100%
Hillcrest at Youth Services Center (A)	San Mateo County Office of Education	41 10413 4130076	100%	0	100%
Bayshore Elementary (P, A)	Bayshore Elementary	41 68858 6013392	54.04%	20.43%	74.47%
Garnet J Robertson Intermediate	Bayshore Elementary	41 68858 6043400	51.66%	20.38%	72.04%
Benjamin Franklin Intermediate (P,A)	Jefferson Elementary	41 68916 6043723	40.55%	17.74%	58.29%
Thomas Pollicita Middle (P, A)	Jefferson Elementary	41 68916 6043756	44.66%	18.29%	62.96%
Pescadero Elementary (P, A)	La Honda	41 68940 6044085	57.49%	5.99%	63.47%
Stanford New School (P, A)	Ravenswood	41 68999 0109561	87.41%	4.14%	91.55%
Belle Haven Elementary (P, A)	Ravenswood	41 68999 6044309	82.82%	8.14%	90.96%
Green Oaks (P, A)	Ravenswood	41 68999 6044341	86.22%	6.33%	92.55%
Costano Elementary (P, A)	Ravenswood	41 68999 6044325	80.87%	7.91%	88.78%
Cesar Chavez Academy (P,A)	Ravenswood	41 68999 6044366	81.96%	8.54%	90.51%
James Flood Elementary (P, A)	Ravenswood	41 689996044358	70.21%	14.89%	85.11%
East Palo Alto Charter (P, A)	Ravenswood	41 68999 6114953	80.95%	12.38%	93.33%
Willow Oaks Elementary(P, A)	Ravenswood	41 68999 6044416	83.39%	7.24%	90.64%
Fair Oaks Elementary (P, A)	Redwood City	41 69005 6044457	76.70%	15.88%	92.58%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Garfield Elementary Charter (P, A)	Redwood City	41 69005 6044473	81.99%	9.65%	91.63%
Hoover Elementary (P, A)	Redwood City	41 69005 6044507	80.51%	9.92%	90.43%
John Gill Elementary (P, A)	Redwood City	41 69005 6044523	46.48%	9.69%	56.17%
Taft Elementary (P,,A)	Redwood City	41 69005 6044598	75.98%	13.52%	89.50%
Kennedy (P, A)	Redwood City	41 69005 6044531	54.83%	13.35%	68.18%
McKinley (P, A)	Redwood City	41 69005 6044556	66.40%	13.62%	80.22%
College Park (P, A)	San Mateo-Foster City	41 69039 6044952	51.97%	7.17%	59.14%
Albion H. Horrall Elementary (P, A)	San Mateo-Foster City	41 69039 6044804	55.99%	12.81%	68.80%
THE Bayside S.T.E.M ACADEMY (P, A)	San Mateo-Foster City	41 69039 6044820	47.14%	13.88%	61.02%
Redwood High(P, A)	Sequoia Union High	41 69062 4135687	51.81%	7.61%	59.42%
Los Cerritos Elementary (P, A)	South San Francisco Unified	41 69070 6045082	52.91%	12.79%	65.70%
Martin Elementary (P, A)	South San Francisco Unified	41 69070 6045090	62.20%	15.37%	77.56%
Spruce Elementary (P, A)	South San Francisco Unified	41 69070 6045140	54.79%	10.89%	65.68%
Sunshine Gardens Elementary (P, A)	South San Francisco Unified	41 69070 6045157	41.18%	13.24%	54.41%
Parkway Heights Middle (P, A)	South San Francisco Unified	41 69070 6059984	53.86%	14.89%	68.75%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A)& Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network/California African American Campaign	Soul Cookbook	African American Cookbook	English
Network/California Latino	Healthy Latino Recipes w/love	Latino Cookbook	English/Spanish
Network/California Power Play!	Help your kids power up	Cookbook for children	English/Spanish
Contractor developed San Mateo County	"Honoring Community Heroes"	Educational packet of information promoting nutrition and physical activity to low-income men.	English/Spanish
Contractor developed San Mateo County	"Spring Training" for Teen Boys	Nutrition and physical activity packet of information for teen boys ages 11-18.	English
Contractor developed San Mateo County	Eat Fruits & Veggies & Be Active: Woman's Spa	Educational packet of information promoting nutrition and physical activity to women.	English/Spanish
Contractor developed San Mateo County	El Arco Iris	Low-literacy Spanish newsletter series (5 issues) for adults. Focusing on the prevention of chronic disease and obesity.	Spanish
Contractor developed San Mateo County	Teen Health Spa	Nutrition education packet of information needed for interactive activities conducted for teen girls ages 12-17.	English/Spanish
Contractor developed San Mateo County	Teen Health Spa Newsletter	Nutrition and physical activity newsletter for teen girls (12-17)	English
Cooperative Extension (EFNEP, FSNEP)	Vegetable Gardening	Guide to vegetable gardening for adults	English/Spanish
Network/USDA materials	Energize Your Body with Fruits and Vegetables	Pamphlet promoting fruits and vegetables	English/Spanish
Network/USDA materials	Everyday Healthy Meals	Cookbook	English/Spanish
Network/USDA materials	Fruits and Vegetables For Your Health	Pamphlet promoting fruits and vegetables	English/Spanish
Network/USDA materials	Loving Your Family	Pamphlet promoting healthy lifestyle	Spanish/English
Network/USDA materials	Physical Activity for Your Health	Physical activity promotion	English/Spanish
Network/USDA materials	Tool Kit for Community	Lesson plans promoting nutrition and PA	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
NA		

BUDGET COVER SHEET
FFY 2012

Organization: San Mateo County Health System				
Contract Number: 09-11233				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 63,821.00	\$ 65,073.00	\$ 1,252.00	1.96%
Fringe Benefits	\$ 19,999.00	\$ 20,389.00	\$ 390.00	1.95%
Operating	\$ 33,507.00	\$ 33,967.00	\$ 460.00	1.37%
Equipment & Other Capital		\$ -	\$ -	
Travel	\$ 6,757.00	\$ 4,837.00	\$ (1,920.00)	-28.41%
Subcontractors	\$ 77,344.00	\$92,908	\$ 15,564.00	20.12%
Other Costs	\$ 21,010.00	\$28,856	\$ 7,846.00	37.34%
Indirect Costs	\$ 16,764.00	\$ 17,092.00	\$ 328.00	1.96%
Total Federal Share	\$ 239,202.00	\$ 263,122.00	\$ 23,920.00	10.00%
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				
<i>Travel: Will not be attending the Childhood Obesity Conference</i>				
<i>Subcontractors: More hours needed to follow up with individual behavior changes as indicated in SOW</i>				
<i>Other Costs: Funds for NERIs may have to be used for increase in fringe benefits</i>				
<i>Total Federal Share: Contractor was allowed for growth</i>				

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

A PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Mary Casagrande								
	Title:	Program Assistant (Community Worker II)	\$ 50,973	1.0000		100.00%	\$ 50,973	\$ 50,973		
2.	Name:	Fernando Jaurequi								
	Title:	Nutrition Educator (Office Assistant)	\$ 23,501	0.2000		20.00%	\$ 4,700	\$ 4,700		
3.	Name:	Summer Intern (Vacant)								
	Title:	Nutrition Educator (Office Assistant)	\$ 23,501	0.2000	20.00%		\$ 4,700	\$ 4,700		
4.	Name:	Summer Intern (Vacant)								
	Title:	Nutrition Educator (Office Assistant)	\$ 23,501	0.2000	20.00%		\$ 4,700	\$ 4,700		
SUBTOTAL			\$ 121,476	1.6000	40.0%	120.0%	\$ 65,073	\$ 65,073		
POSITION DESCRIPTIONS:										
Nutritionist/Nutrition Educator/Nutrition Aide (# 2-4)		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.								
Program Assistant (#1)		Assists the Project Coordinator with nutrition education program planning and development. Under the direction of Project Coordinator, works directly with individuals and small groups providing curriculum-based, prevention-oriented general nutrition education and physical activity targeted to SNAP-Ed eligibles.								

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

								Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:											
Federal Share:											
Includes payroll taxes and medical/dental benefits at 33%-40% of salaries								\$ 20,389	\$ 20,389		
\$50973. x 40% = \$20,389 (Positions 2-4 are summer interns and do not receive fringe benefits)											
								SUBTOTAL:	\$ 20,389	\$ 20,389	
C. OPERATING EXPENSES:											
Federal Share:											
Office Supplies: (paper, folders, labels, printer cartridges) \$1,550								\$ 1,550	\$ 1,550		
Printing:								\$ 17,888	\$ 17,888		
-4 Issues @ 4,000 copies/issue of Teen Spa Newsletter (16,000) and 4 issues @ 4,000 copies/issue of El Arco Iris (16,000). 16,000 + 16,000 = 32,000 issues x \$.559/issue = \$17,888											
Photocopying: (Educational and promotional materials)											
-57,175 copies x \$.039/copy = \$2,230								\$ 2,230	\$ 2,230		
Postage											
-4 issues of Teen Newsletter (3494copies mailed/issue) and 4 issues of El Arco Iris (3494 copies mailed/issue) (8 x 3494 = 27,952 x \$.44 = \$12,299								\$ 12,299	\$ 12,299		
								SUBTOTAL:	\$ 33,967	\$ 33,967	
D. EQUIPMENT EXPENSES:											
Federal Share:											
								SUBTOTAL:	\$ -	\$ -	
E. TRAVEL AND PER DIEM:											
Federal Share:											
			Lodging/								
Staff	# Trips	# Days	Per Diem		Mileage	Reg Fee	Total				
					.555/mile						
Meeting											
Network	2	2	\$ 680		\$ 141	\$ -	\$ 821	\$ 821	\$ 821		
Annual Network Conference											
Overnight Travel/Mileage at .555/mile											
	Project Coordinator	Miles- 254 x .555/mile= \$141, \$0 Reg Fee, \$170 Per Diem/Hotel x 2 nights									
	Program Assistant	\$0 Reg Fee, \$170 Per Diem/Hotel x 2 nights									
Regional											
Collaborative											
Meetings	12				\$ 377		\$ 377	\$ 377	\$ 377		
	Project Coordinator	12 x 56.58 = 679 (.555/mile x 679 = 377)									
Mileage											
for SOW					\$ 2,220		\$ 2,220	\$ 2,220	\$ 2,220		
	Program Assistant	4000 x .555/mile = \$2,220									
Three	2	3	\$ 300		\$ 295	\$ 60	\$ 655	\$ 655	\$ 655		
Network Sponsonred Trainings											
	Project Coordinator	Miles-531 x .555/miles, \$150 Per Diem/Hotel x 2 nights, \$60 Reg Fee (\$20 x 3 classes)									
CCLHDN	2	3	\$ 900		\$ 228	\$ 400	\$ 1,528 (50% pro rated) = \$764	\$ 764	\$ 764		
Annual Meeting											
	Project Coordinator	1 FTE Miles 205 miles x .555/mile = \$114 x 2 trips = \$228, \$450 Per Diem/Hotel, \$200 Registration Fee									
	Program Assistant	\$450 Per Diem/Hotel, \$200 Registration Fee									
	1FTE										
								SUBTOTAL:	\$ 4,837	\$ 4,837	

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

										Federal Share	Total Dollars				
										Total Dollars	Total Dollars				
F. SUBCONTRACTORS:															
Federal Share:															
El Concilio										\$ 25,000	\$ 25,000				
Provide nutrition education as described in the SOW															
Provide follow up with individual plans to support behaviour change															
Ravenswood Family Health Clinic										\$ 67,908	\$ 67,908				
Provide nutrition education as described in the SOW															
Includes part of the expenses of key administrative personnel in Family Health															
Provide follow up with individual plans to support behaviour change															
SUBTOTAL:										\$ 92,908	\$ 92,908				
G OTHER COSTS:															
Federal Share:															
1. Publications: for the purchase of nutrition reference materials, and aides needed for developing educational and promotional materials for classes and producing newsletters and bulletins: \$500										\$ 500	\$ 500				
2. Nutrition and physical activity educational materials (pamphlets, posters, videos on physical activity and nutrition): \$708										\$ 708	\$ 708				
3. Educational materials required for the delivery of critical program services (items will be under \$4 each with a nutrition message and/or logo.) : 2,500 x \$4 = \$10,000										\$ 10,000	\$ 10,000				
4. Food and supplies for food demonstrations (approx avg cost per person is \$2.00/person/session, 30 persons per session equals 106 food demonstrations) approx \$2 x 30 x 106 = \$6,360										\$ 6,360	\$ 6,360				
5. Reprinting of Newsletter (20,000 issues x 0.5644/issue = \$11,288)										\$ 11,288	\$ 11,288				
Subtotal:										\$ 28,856	\$ 28,856				
H. INDIRECT COSTS:															
Federal Share: (Salaries plus benefits = \$85,462 x 20%)										\$ 17,092	\$ 17,092				
20% of Total Salaries (salaries and benefits combined). Includes part of the expenses of key administrative personnel in Family Health (i.e. contract manager, fiscal officer, accountant, and director) and payroll services, janitorial services, insurance and audit expenses.															
SUBTOTAL:										\$ 17,092	\$ 17,092				
TOTAL										\$ 121,476.00	1.6000	40.00%	120.00%	\$ 263,122	\$ 263,122

SUBCONTRACTOR BUDGET JUSTIFICATION
Ravenswood Family Health Clinic
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS								
1.	Name: Vacant Title: RFHC Dietitian	\$ 100,000	0.0750		7.5%	\$ 7,500	\$ 7,500	
2.	Name: Medical Assistants (15 positions) (\$40,000 annual salary @ 0.033333 FTE x 15 positins = \$20,000 per position) Title: RFHC Nutrition Educators (MA & Front Desk)	\$ 600,000	0.49999		50.0%	\$ 20,000	\$ 20,000	
3.	Name: Isabel Quinonez Title: RFHC Nutrition Educator (Health Education)	\$ 50,000	0.1000	2.0%	8.0%	\$ 5,000	\$ 5,000	
4.	Name: Will Cerrato Title: RFHC Nutrition Educator (Health Education/Prenatal)	\$ 70,000	0.1000	2.0%	8.0%	\$ 7,000	\$ 7,000	
5.	Name: Title:						\$ -	
6.	Name: Title:						\$ -	
7.	Name: Title:						\$ -	
8.	Name: Title:						\$ -	
SUBTOTAL		\$ 820,000	0.77499	4.0%	73.5%	\$ 39,500	\$ 39,500	
POSITION DESCRIPTIONS:								
Dietician		Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.						
Nutritionist/Nutrition Educator/Nutrition Aide		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.						

SUBCONTRACTOR BUDGET JUSTIFICATION
Ravenswood Family Health Clinic
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

A PERSONNEL SALARIES:										
		1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Vacant								
	Title:	RFHC Dietitian	\$ 100,000	0.0750		7.5%	\$ 7,500	\$	7,500	
2.	Name:	Medical Assistants (15 positions) (\$40,000 annual salary @ 0.033333 FTE x 15 positins = \$20,000 per position)								
	Title:	RFHC Nutrition Educators (MA & Front Desk)	\$ 600,000	0.49999		50.0%	\$ 20,000	\$	20,000	
3.	Name:	Isabel Quinonez								
	Title:	RFHC Nutrition Educator (Health Education)	\$ 50,000	0.1000	2.0%	8.0%	\$ 5,000	\$	5,000	
4.	Name:	Will Cerrato								
	Title:	RFHC Nutrition Educator (Health Education/Prenatal)	\$ 70,000	0.1000	2.0%	8.0%	\$ 7,000	\$	7,000	
5.	Name:								\$ -	
	Title:									
6.	Name:								\$ -	
	Title:									
7.	Name:								\$ -	
	Title:									
8.	Name:								\$ -	
	Title:									
SUBTOTAL			\$ 820,000	0.77499	4.0%	73.5%	\$ 39,500	\$	39,500	
POSITION DESCRIPTIONS:										
Dietician		Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.								
Nutritionist/Nutrition Educator/Nutrition Aide		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.								

SUBCONTRACTOR BUDGET JUSTIFICATION
Ravenswood Family Health Clinic
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

										Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:											
Federal Share:											
Includes payroll taxes and medical/dental benefits at 25% of salaries										\$ 9,875	\$ 9,875
\$39,500 salaries X .25 = \$9875											
SUBTOTAL:										\$ 9,875	\$ 9,875
C. OPERATING EXPENSES:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
D. EQUIPMENT EXPENSES:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
E. TRAVEL AND PER DIEM:											
Federal Share:											
Staff	# Trips	# Days	Per Diem	Lodging	Round	Total					
Meeting											
SUBTOTAL:										\$ -	\$ -
F. SUBCONTRACTORS:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
G. OTHER COSTS:											
Federal Share:											
Food for food demonstrations 400 participants X \$2.00 = \$800.											
Reprint of network approved educational materials 3472 X \$.40 = \$1389.											
Network cookbooks \$4.00 X 1000 = \$4000.											
Educational materials required for the delivery of critical program services(items will be under \$4.00)											
SUBTOTAL:										\$ 6,189	\$ 6,189
*Expenditures on nutrition education materials must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.											
H. INDIRECT COSTS:											
Federal Share:											
23.5-25% of Personnel and Fringe Benefits										\$ 12,344	\$ 12,344
\$39,500 + \$9,875 = \$49,375 total salaries X .25 = \$12,344											
SUBTOTAL:										\$ 12,344	\$ 12,344
TOTAL										\$ 820,000.00	\$ 67,908
										0.77499	4.0%
										73.5%	\$ 67,908

SUBCONTRACTOR BUDGET JUSTIFICATION
El Concilio
October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System
 Contract #: 09-11233

A PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Vacant (to be hired)						
	Title:	Promotora	\$ 40,000	0.30		30.00%	\$ 12,000	\$ 12,000
2.	Name:	Gloria Flores Garcia						
	Title:	Project Coordinator	\$ 60,000	0.10	10.00%		\$ 6,000	\$ 6,000
SUBTOTAL			\$ 100,000	0.4000	10.0%	30.0%	\$ 18,000	\$ 18,000
POSITION DESCRIPTIONS:								
Project Coordinator (# 2)		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.						
Promotora (# 1)		Works with the Project Coordinator in SNAP-Education communities to conduct nutrition education interventions and participate in local events to promote health eating and physical activity for SNAP-Education eligibles.						

SUBCONTRACTOR BUDGET JUSTIFICATION

El Concilio

October 1, 2011-September 30, 2012

Contractor: San Mateo County Health System

Contract #: 09-11233

										Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:											
Federal Share:											
Includes payroll taxes and medical/dental benefits at approx. 11.11% of salaries (\$18,000 x 11.11% = approx. \$2,000)										\$ 2,000	\$ 2,000
SUBTOTAL:										\$ 2,000	\$ 2,000
C. OPERATING EXPENSES:											
Federal Share:											
Office supplies, paper, ink, etc. to support SOW activities:										\$ 900	\$ 900
SUBTOTAL:										\$ 900	\$ 900
D. EQUIPMENT EXPENSES:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
E. TRAVEL AND PER DIEM:										\$ 600	\$ 600
Federal Share:											
Mileage for travel to support SOW activities: approx 1081 miles x .555/mile 1081 x \$.555/mile = \$600											
SUBTOTAL:										\$ 600	\$ 600
F. SUBCONTRACTORS:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
G. OTHER COSTS:											
Federal Share:										\$ 800	\$ 800
1) "Nutrition Education Materials required for the delivery of critical program services to include a nutrition message, not to exceed \$4 per item. Expenditures on nutrition education materials must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content."											
a) Network approved cookbooks approx 75 @\$4/each = \$300											
b) Food and Supplies for cooking demos and taste testings, including supplies: 200 students x \$2.50= \$500											
SUBTOTAL:										\$ 800	\$ 800
H. INDIRECT COSTS:										\$ 2,700	\$ 2,700
Federal Share:											
9%-13.5% of Total Salaries and Fringe Benefits											\$ -
13.5% X \$20,000 = \$2,700											
SUBTOTAL:										\$ 2,700	\$ 2,700
TOTAL										\$ 100,000.00	\$ 25,000
										0.4000	10.0%
										30.0%	\$ 25,000

Attachment 3

NETWORK FOR A HEALTHY CALIFORNIA

**BI-WEEKLY TIME LOG
AUTOMATED SYSTEMS REQUEST FORM**

Return this form to your *Network* Contract manager by fax or mail

DATE: July 14, 2011

CONTRACT #: 09-11233

CONTRACTOR NAME: San Mateo County Health System

PROGRAM COORDINATOR: Lydia Guzman Phone# 650-573-2025

IT CONTACT: Kim Pijma Phone # 650-573-2517

AUTOMATED SYSTEM DESCRIPTION:

Please provide a description of your Automated System, including # of staff, procedures for staff usage, supervisor review/approval, and capability to print bi-weekly time log copies for USDA and/or *Network* reviews/audits as requested.

Our automated time sheets/log are required to be filled by employee weekly and approved weekly by supervisor. We can print weekly logs when needed. It documents hours worked each day as well as sick leave, vacation, holiday, etc

All of network paid staff is on system. Number of staff: three

Approved by:

<p>Signature of Authorized <i>Network</i> Staff</p>	<p>Date</p>
-----------------------------------------------------	-------------

Updated7/6/11

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Santa Barbara County Public Health Department

Program Area: Local Incentive Awardee: Public Health Dept.

Contract Number: 11- 10211

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 34 % Female 66 %

Ethnicity:

- African American 1%
- Asian 3%
- Caucasian 12%
- Latino 82%
- Native American 1%
- Pacific Islander 1%
- Other (specify) : %

Languages:

- | | |
|-------------------------------------------------|--------------------------------------------|
| <input checked="" type="checkbox"/> English 40% | <input type="checkbox"/> Korean % |
| <input checked="" type="checkbox"/> Spanish 60% | <input type="checkbox"/> Lao % |
| <input type="checkbox"/> Arabic % | <input type="checkbox"/> Tagalog % |
| <input type="checkbox"/> Armenian % | <input type="checkbox"/> Vietnamese % |
| <input type="checkbox"/> Russian % | <input type="checkbox"/> Other (specify) : |
| <input type="checkbox"/> Bosnian % | % : |
| <input type="checkbox"/> Cantonese % | <input type="checkbox"/> Other (specify) : |
| <input type="checkbox"/> Farsi % | % : |
| <input type="checkbox"/> Hmong % | <input type="checkbox"/> Mandarin % |
| <input type="checkbox"/> Khmer (Cambodian) % | |

Ages:

- Under 5 years old 0%
- 5 to 8 0%
- 9 to 11 1%
- 12 to 17 58%
- 18 to 59 40%
- 60 years old and over 1%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

- Other (Specify): (% equal to or less than 185% FPL)
- Other (Specify): (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|------------------------------------------------|-----|-----------------------------------------------------|----|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input checked="" type="checkbox"/> Food Banks | 30% | <input type="checkbox"/> Soup Kitchens | % |
| <input type="checkbox"/> Food Pantries | % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input type="checkbox"/> Public Housing | % | <input checked="" type="checkbox"/> WIC Offices | 1% |
| <input checked="" type="checkbox"/> HeadStart | 5% | | |

d. Project Description.

Key Methods:

Advisory Council/Task Force (specify): Partners for Fit Youth, Gold Coast Collaborative , Regional Network, Healthier Communities Council, IslaVista Community Network, Healthy Lompoc.

Internet/Web Sites-website address: www.countyofsb.org/phd/healthycal

Print Media

Radio: 0

TV: 0

Nutrition Education Classes: (145 occurrences at 0.5hour(s) each)

Community Education Events: (8 occurrences at 1.5hour(s) each)

Training/Workshop/Conference: (10 occurrences at 4.0hour(s) each)

Point of Purchase: (occurrences at hour(s) each)

Other (specify) : (occurrences at hour(s) each)

Key Educational Messages:

Fruits & Vegetables

Physical Activity

Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources)

Fats and Oils

Fiber-Rich Foods

Food Safety

Food Shopping/Preparation

Lean Meat and Beans

Limit Added Sugars or Caloric Sweeteners

MyPyramid – Healthy Eating Plan

Promote Healthy Weight

Sodium and Potassium

Whole Grains

Other (Specify): _____

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Adult Education & Job Training Sites | Farmers Markets |
| Adult Rehabilitation Centers | Food Stores |
| CalFresh Offices | <u>7</u> Head Start Programs |
| Churches | Individual Homes |
| Community Centers | Libraries |
| Elderly Service Centers | <u>1</u> Other Youth Education Sites (includes Parks and Recreation) |
| <u>12</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | <u> </u> Public/Community Health Centers (includes Public Health Departments) |
| Extension Offices | <u>1</u> Public Housing |
| | Schools – students (Preschool) |
| | <u>3</u> Schools – students (K-12) |

Schools – students (Afterschool Program)

Other (specify):

28 Schools – Parents

Other (specify):

Shelters/Temporary Housing

Other (specify):

2 WIC Programs

Worksites

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 2,565

Narrative (max. 200 words)

The Santa Barbara County Public Health Department will work with local schools, agencies, programs, collaboratives, and individuals to promote healthy eating, specifically increased consumption of fruits and vegetables, and physical activity among members of the SNAP-Ed eligible population. Program staff will (1) complete required training and reporting, (2) collaborate with representatives of CalFresh, WIC, Head Start, the Food Bank, local hospitals, non-profits, and schools on nutrition promotion and obesity prevention planning, (3) implement series of five or more nutrition education classes, (4) participate in large scale health promotion events, (5) implement the Rethink Your Drink program, (6) conduct the Communities of Excellence neighborhood surveys in three eligible neighborhoods and share the findings with various community groups, (7) implement Harvest of the Month in target schools, and (8) provide single-session nutrition education to eligible populations using staff educators and trained community volunteers recruited from the target population. Service delivery and impacts will be evaluated using a variety of methods.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

We have not modified our methods/strategies

Changing audience participation

Improving cultural relevancy

Adding new partners

Enhancing/updating existing strategies

Other (specify):

Utilizing research/program tool

Other (specify):

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Key performance measures will include the number of outreach and educational events and activities implemented and the number of participants served under applicable SOW objectives, increases in nutrition knowledge and/or consumption of fruits and vegetables, results of surveys and post-tests for nutrition classes and HOTM, completion of CX3 data surveys and dissemination of results, and the establishment of new partnerships and the C-NAP group. Related documentation will include CX3 communication tools, sign-in sheets, meeting agendas,

logs of dates and recipients of program materials, photos, a list of meetings, media clippings, and other relevant records.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Coordination efforts, including sharing training opportunities, program materials, addressing service gaps, and coordinating nutrition messages, will take place at monthly and quarterly meetings of the following local and regional collaboratives: Partners for Fit Youth, Marian Medical Center Healthier Communities Council, Isla Vista Community Network, the Santa Barbara County Coalition in Support of Promotores de Salud, the Gold Coast Collaborative, and the County Nutrition Action Plan (C-NAP) group. This group will include a new partner, CACFP. Scope of Work implementation activities will be coordinated with appropriate school and agency personnel at the Santa Barbara School District, the Santa Maria-Bonita School District, Head Start and the Food Bank.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Foodbank Sites	Johnson Temple of God`	619 N. Railroad Ave.	Santa Maria	93454				Proxy site
Foodbank Sites	Rescue Mission	709 N. Curryer St.	Santa Maria	93458				Proxy site
Foodbank Sites	Catholic Charities	607 West Main St.	Santa Maria	93458				Proxy site
Foodbank Sites	Centro Hispano Pan de Vida	331 South Oakley Ave.	Santa Maria	93458				Proxy site
Foodbank Sites	Good Samaritan Community	401 West Morrison Ave.	Santa Maria	93458				Proxy site
Foodbank Sites	Iglesia Christiana Restauracion	1021 South Blosser	Santa Maria	93458				Proxy site
Foodbank Sites	Seventh Day Adventist Church	1775 South Thornburg St.	Santa Maria	93458				Proxy site
Youth Ed. Site	Boys & Girls Club	901 North Railroad St.	Santa Maria	93458	06083002303	All Races	50.2%	
Public Housing	Adobes de Maria 1	1026 West Boone St.	Santa Maria	93458				Proxy Site
Public Housing	Adobes de Maria 2	1148 West Boone St.	Santa Maria	93458				Proxy Site
Foodbank Sites	Catholic Charities	6550 Picasso Rd.	Isla Vista	93117				Proxy Site

Foodbank Site	Westside Community Center	423 Wet Victoria	Santa Barbara	93101				Proxy Site
Foodbank Site	Franklin Neighborhood Community Center	1136 E. Montecito St.	Santa Barbara	93103				Proxy Site
Foodbank Site	Lower Westside-Parque de los Ninos	520 Wentworth Ave.	Santa Barbara	93101				Proxy Site
Foodbank Site	Main Family Resource Center	5201 8th Street	Carpenteria	93013				Proxy Site
CX3 Work			Santa Maria	93454	06083002303	All Races	50.2%	
CX3 Work			Santa Maria	93454	06083002304	All Races	64.6%	
CX3 Work			Santa Maria	93454	06083002403	All Races	79.5%	
CX3 Work			Santa Maria	93454	06083002404	All Races	69.8%	
CX3 Work			Santa Maria	93454	06083002402	All Races	55.9%	
CX3 Work			Isla Vista	93117	06083002902	All Races	61.9%	
CX3 Work			Isla Vista	93117	06083002912	All Races	74.0%	
CX3 Work			Isla Vista	93117	06083002911	All Races	83.5%	
WIC	WIC at DSS Centerpoint	2125 South Centerpoint	Santa Maria	93455				Proxy Site
WIC	WIC Northside	400 North McClelland	Santa Maria	93454				Proxy site

Head Start	Adam Head Start	500 West Winsor	Santa Maria	93458				Proxy Site
Head Start	Buena Vista Head Start	400 West Park	Santa Maria	93458				Proxy Site
Head Start	J.C. Washington	116 West Agnes	Santa Maria	93458				Proxy Site
Head Start	Los Adobes Head Start	1026 West Boone	Santa Maria	93458				Proxy Site
Head Start	Meridian Head Start	1720 South Depot	Santa Maria	93458				Proxy Site
Head Start	Oakley	1120 West Harding	Santa Maria	93458				Proxy Site
Head Start	Westgate Head Start	1240 West Bethel #1A	Santa Maria	93458				Proxy Site

- Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Sanchez Elementary (P)	Santa Maria Bonita	0102848	76.07%	15.78%	91.84%
Kunst Junior High (P)	Santa Maria Bonita	0102855	53.42%	20.52%	73.94%
Liberty Elementary (P)	Santa Maria Bonita	0102863	54.79%	17.08%	71.87%
Bonita Elementary (P)	Santa Maria Bonita	6045272	82.55%	11.37%	93.92%
Adam Elementary (P)	Santa Maria Bonita	6045959	80.48%	12.17%	92.65%
Alvin Elementary (P)	Santa Maria Bonita	6045967	77.07%	12.27%	89.33%
Arellanes Elementary (P)	Santa Maria Bonita	6045975	67.25%	18.66%	85.92%
El Camino Junior High (P)	Santa Maria Bonita	6045991	74.80%	15.65%	90.45%
Fairlawn Elementary (P)	Santa Maria Bonita	6046007	83.61%	15.25%	98.85%
Fesler Junmior High (P)	Santa Maria Bonita	6046015	57.73%	15.98%	73.71%
Tunnell Elementary (P)	Santa Maria Bonita	6046023	49.40%	15.39%	64.79%
Miller Elementary (P)	Santa Maria Bonita	6046031	71.79%	18.77%	90.55%
Oakley Elementary (P)	Santa Maria Bonita	6046049	72.76%	13.49%	86.25%
Rice Elementary (P)	Santa Maria Bonita	6046056	69.64%	17.31%	86.95%
Bruce Elementary (P)	Santa Maria Bonita	6046064	78.99%	12.12%	91.12%
George Washington Battles Elementary (P)	Santa Maria Bonita	6107007	61.71%	16.88%	78.60%
Ontiveros Elementary (P)	Santa Maria Bonita	6109268	69.12%	19.47%	88.59%
Taylor Elementary (P)	Santa Maria Bonita	6119814	46.71%	21.34%	68.05%
Arellanes Junior High (P)	Santa Maria Bonita	6119820	74.77%	15.77%	90.54%
Adams Elementary (P)	Santa Barbara Elementary	60458819	53.83%	13.14%	66.97%
Cleveland Elementary (P)	Santa Barbara Elementary	60458827	74.40%	12.08%	86.47%
Franklin Elementary (P) (School Food Service, March 2011)	Santa Barbara Elementary	60458835	65.5%	20.8%	86.3%
Harding Elementary (P)	Santa Barbara Elementary	60458850	70.43%	12.37%	82.80%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
McKinley Elementary (P) (School Food Service, March 2011)	Santa Barbara Elementary	60458884	69.2%	22.4%	91.6%
Santa Barbara Community Academy Elementary (P)	Santa Barbara Elementary	6116875	49.63%	16.91%	66.54%
Cesar Chavez Dual Language Immersion (P)	Santa Barbara Elementary	6118202	46.12%	17.44%	63.57%
La Cumbre Junior High (S)	Santa Barbara Secondary	6060040	60.04%	14.10%	74.15%
La Cuesta Continuation High (S)	Santa Barbara Secondary	4232690	49.07%	8.33%	57.41%
Aliso Elementary (P)	Carpenteria Unified	6045298	63.54%	16.96%	80.51%
Canalino Elementary (P)	Carpenteria Unified	6045322	52.21%	14.78%	66.99%
Isla Vista Elementary (S)	Goleta Union Elementary	6045470	51.73%	15.15%	66.88%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Texas Department of Agriculture	10 Easy Ways to Improve Your Family's Eating Habits	Handout: 10 strategies suggested as a starting point to improve a family's eating habits.	English/ Spanish
William Woys Weaver	100 Vegetables and Where They Came From,	This book explores heirloom vegetables, their histories, varieties and cooking recommendations.	English/ Spanish
U.S. Dept. of Health & Human Services	2010 US Dietary Guidelines	As Title indicates	English
Julia E. Sweet	365 Activities for Fitness, Food, and Fun for the Whole Family	This book features activities that will get families participating in games, exercises, and healthy recipes.	English
Positive Promotions	50 Healthy Snacks/50 Active Breaks	A quick snack and exercise reference for children	English/ Spanish
Nancy Maria Grande Tabor	A Taste of the Mexican Market	It is written in English and Spanish and describes the different foods in a typical Mexican Market with the main focus on F/V.	English
Abrams & Co.	Abrams & Co. Let's Eat!, My Wonderful Body, I Keep Myself Healthy and My Body In Balance Pre-K Big Books & Little Books	Children make food choices for each meal of the day and begin to understand how healthful food choices help their bodies grow strong. Includes teacher's guide and interactive components.	English
Dairy Council of California	Activity & Eating (Adult) - Linking Together for Optimal Health & Fitness	This booklet helps adults understand the essential connection between being physically active, making healthful food choices and maintaining long-term good health.	English/Spanish
Dairy Council of California	Activity & Eating (High School)	This handout links physical activity, healthful food choices and maintaining long-term good health.	English/ Spanish
USDA Eat Smart. Play Hard	Activity and Sticker Book	Book: encourages and teaches children, parents, and caregivers to eat healthy and be physically active every day.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
American Dietetic Assoc.	ADA's Complete Food and Nutrition Guide	This guide provides nutrition and activity advice for every age and stage of life.	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	All Star Fast & Fun Recipes: Kids...Get Cookin'!	Book: includes cooking tips, easy to make recipes with nutrition content - could not find the "All-Star" reference	English/ Spanish
USDA	Anatomy of My Pyramid	Handout: brings the messages of MyPyramid to elementary school children	English
California Power Play	Are you Ready to Get the Power	Workbooks for 4th and 5th grades. Includes activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day	English/ Spanish
USDA materials	Balance Your Day with Food and Play	Poster: as title indicates	English
Food Safety and Inspection Service	Basics for Handling Food Safely	Safe steps in food handling, cooking, and storage in order to prevent food borne illness	English/ Spanish
CA Department of Health	Be Active Your Way	Lesson Plan: learn about the advantages of physical activity and how to incorporate physical activity into your life	English
Food Stamp Nutrition Connection	Be Active Your Way (It's So Easy?) (DHS)	Discusses the benefits and recommendations for physical activity. Provides general tips and a physical activity pyramid.	English/ Spanish
Alameda County Public Health Department	Be Sugar Savvy Curriculum	Curriculum: posters, handouts, lesson plan, etc., @ http://www.acphd.org/nutritionservices/resources.htm	English/ Spanish
Oregon State University	Breakfast is Important	newsletter encouraging breakfast consumption	English/ Spanish
Bell Institute of Health and Nutrition	Breakfast is Important for You - Handout	Handout: Highlights the important health benefits of breakfast with this colorful handout	English/ Spanish
USDA SNAP	Brochure: Income guideline	As title indicates	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
<i>Network for a Healthy California-Latino Campaign</i>	Brochures for Latinos	http://www.cdph.ca.gov/programs/cpns/Pages/LatinoCampaign.aspx	English/ Spanish
Centers for Disease Control and Prevention (CDC)	Brochures and posters	Need more detail or check website at: http://www.cdc.gov/ncbddd/bd/	English/ Spanish
Supplemental Nutrition Assistance Program	Brochures and posters	http://snap.nal.usda.gov/nal_display/index.php?info_center=15&tax_level=1&tax_subject=247	English/ Spanish
Dairy Council of California	Building a Healthy Me (Kindergarten)	This six-lesson program teaches fundamental nutrition concepts that introduce students to a range of healthy food choices.	English/ Spanish
Jacqueline Farmer	Calabazas	Gr. 1-3. The pumpkin (calabazas) plant is introduced here, including its anatomy, growth cycle, and historical importance	English/ Spanish
Dairy Council of California	Calcium Connection	Booklet: provides girls and women throughout the life cycle with age-specific information about the wide range of calcium's health benefits - from bone health to a likely role in weight management.	English/ Spanish
Oregon State University	Calcium is Important	Handout/newsletter about calcium in foods; funded by food stamps/USDA	English/ Spanish
California Project LEAN	California Chefs Cook Lean	Cookbook: over 15 low fat recipes created by chefs from around the California. Please check with your PM prior to use of the recipes.	English
California Department of Health Care Services	California Food Guide (CFG)	CFG is for health professionals who primarily serve low-income, ethnically diverse populations and is designed to provide up-to-date nutrition and physical activity guidance that will assist consumers in shifting to healthy lifestyles.	English/ Spanish
WIC Materials	California WIC Education Materials	http://www.cdph.ca.gov/programs/wicworks/Pages/default.aspx	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Project LEAN	Captive Kids: Selling Obesity at School, Creative School Fundraising ideas	Guide: includes key policy steps that address marketing in schools, talking points, case studies, fact sheets, etc.	English
Jan Romero Stevens	Carlos and the Cornfield	Fiction. Carlos doesn't follow his father's instructions about planting corn and must fix the situation. Cornmeal pancakes recipe. Bilingual. Describes how corn is grown. Please check with your PM prior to use of the recipes.	English/ Spanish
Jan Romero Stevens	Carlos and the Squash Plant	Fiction. Carlos works in the garden but doesn't like taking a bath afterward. A plant begins to grow out of his ear until he finally takes a clean bath. The father is a farmer and grows a variety of vegetables.	English/ Spanish
University of California Cooperative Extension	CATCH – Coordinated Approach to Child Health Series	After-school education and summer enrichment program teaches children the nutrition knowledge, skills and self-reliance that empowers them to make healthy dietary and physical activity choices.	English/ Spanish
Other California Healthy Kids Resource Center materials	CATCH Materials/Curriculum	After-school education and summer enrichment program teaches children the nutrition knowledge, skills and self-reliance that empowers them to make healthy dietary and physical activity choices.	English/ Spanish
California Project LEAN	Celebrate Health with a Lowfat Fiesta Brochure	Brochure: tips for eating lean Mexican cuisine at home or eating out	English/ Spanish
California Project LEAN	Celebre con una Fiesta al Aire Libre	# 221 in Spanish: Brochure: tips for eating lean Mexican cuisine at home or eating out	English/ Spanish
<i>Network for a Healthy California</i>	Champions for Change Materials	http://www.cachampionsforchange.net/en/index.php	Spanish
<i>Network for a Healthy California</i>	Champions for Change Physical Activity Guide	Handout: tips for increasing physical activity, also includes rationale	Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
SNAP-Ed Connection	Choosing Healthy foods using MyPyramid (Healthy Futures lesson plan)	Grade level 9-12. Describe the elements that make up MyPyramid. Explain the importance of eating appropriate amounts from all the different food groups and getting enough physical activity. Use the MyPyramid.gov Web site to create a personal set of food guidelines. Create a food diary to record one week's worth of meals, and analyze the entries in comparison to personalized plan from MyPyramid.	English/ Spanish
North Carolina State University Cooperative Extension	Color Me Healthy Curriculum (material only)	Color Me Healthy – a nutrition and activity program aimed at 4- and 5-year-olds – uses brightly colored posters, picture cards and sing-along songs to encourage children to develop healthy lifestyles that will follow them to adulthood. The award-winning curriculum was developed through a partnership of North Carolina Cooperative Extension and the Physical Activity and Nutrition Unit, N.C. Division of Public Health.	English/ Spanish
<i>Arizona Nutrition Network</i>	Coloring Pages	The website is geared towards children ages 2-8 and comes complete with age-appropriate games, coloring pages, recipes, and activity sheets	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Community Youth Organization Idea & Resource Kit	As title indicates	English/ Spanish
National Health Video, Inc.	Compras eficientes en el super mercado con etiquetas	Cultural issues and dietary practices of Hispanic populations for healthy heart meal planning:	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
San Francisco Department of Public Health	Cook Well, Live Better Curriculum	<i>Network approved curriculum designed to support work in helping clients and staff to buy, prepare, and eat more fruits and vegetables.</i>	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Cookbook and brochures	As title indicates	Spanish
Harvest of the Month	Cookbook, Harvest of the Month	<i>As title indicates, developed by the Network</i>	English/ Spanish
<i>Network for a Healthy California</i>	Cookbooks	As title indicates	English/ Spanish
SPARK	Cookie Monster, Clean Your Room	<i>Network developed & approved</i>	English/ Spanish
Oregon State University	Cooking With Beans	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking, and uses and tips for beans	English/ Spanish
Oregon State University	Cooking With Dried Fruits and Vegetables	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English
Oregon State University	Cooking With Eggplant	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English/ Spanish
Santa Fe Partners in Education	Cooking with Kids: Multicultural Nutrition and Food Education Curriculum	Cooking with Kids motivates and empowers elementary school students to develop healthy eating habits through hands-on learning with fresh, affordable foods from diverse cultural traditions. Through cooking classes and tasting classes, students explore varieties of foods using all of their senses, have fun, and exercise choice. Please check with your PM prior to use of the recipes.	English/ Spanish
Oregon State University	Cooking With Raisins	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Oregon State University	Cooking With Rice	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English/ Spanish
Produce for Better Health	Cool Fuel Cookbook	Kids can make fun and delicious creations for the whole family! Packed with colorful photos and Fruits & Veggies-More Matters approved recipes, this cookbook will make incorporating fruits and vegetables into main dishes, side dishes, breakfasts, and snacks easy and fun for kids. Paperback. Ages 7-11	English/ Spanish
California Department of Public Health	Community Youth Organization Idea & Resource Kit CA Children's Power Play! Campaign	<i>Network developed & approved</i>	English/ Spanish
Produce for Better Health	Creative Pockets Teaching Cards	Teaching Cards and Flash Cards are included in the Fruits & Veggies-More Matters® Creative Pockets Kit and are used with the Creative Pockets apron for nutrition lessons	English
<i>Network for a Healthy California-Retail Program</i>	Cross Promotional Wobblers, Canned Fruit & Vegetable Cards, Frozen Fruit & Vegetable Cards	<i>Network developed & approved</i>	English
UC Cooperative Extension	Curricula: EatFit	Eatfit is a goal-oriented curriculum designed to challenge middle school students - in 5th, 6th, 7th, 8th and 9th grades, to improve their eating and fitness choices. The nine-lessons in the EatFit emphasize goal setting and include nutrition basics, web-based diet and fitness analysis, energy and calorie counting, label reading, exercise how's and why's, fast food facts, how breakfast can make you feel better, and how media may influence you.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
UC Cooperative Extension	Curricula: Farm to Fork	Eating Healthy From Farm to Fork is a nutrition education curriculum that makes the connection between local food systems, garden-based learning, school food service and the establishment of healthy habits in children.	English/ Spanish
Monrovia Unified School District	Curriculum Links for Harvest of the Month literature connection	Curriculum links are activities linked to CA Standards. Teachers deliver a lesson that incorporates a nutrition ed. component.	English
National Institute of Health	Cut Down on Salt	Basic nutritional recommendations from NIH to help prevent or lower high blood pressure.	English/ Spanish
American Heart Association	Cut the Fat	Reviews and emphasizes that the most effective change to make in diet is to cut fat in preventing heart disease. Lists the fat content in popular fast foods, and then suggests healthier, lower-fat alternatives.	English
SNAP-Ed Connection	Cut the fat for better health (Healthy Futures lesson plan)	Contains important information on the role of dairy and dairy nutrients in promoting the benefits of the Dietary Approaches to Stop Hypertension (DASH) eating plan, which may reduce high blood pressure and other cardiovascular risk	English/ Spanish
<i>Network for a Health California</i>	Dance for Fun and Fitness	<i>Found in the Network toolbox. Handout with review of arm leg and body motions</i>	English/ Spanish
Other California Healthy Kids Resource Center materials	Deal Me In...Food and Fitness, Teaching Kids Good Nutrition (The Good Food Diner) (VHS), P.H.A.T-Promoting Healthy Activities Together, What's to Eat? Food Pyramid Game Show (DVD), New Food Pyramid, The: It's All About You! (DVD), Kids Cook Farm Fresh Food, Cooking with Kids Series	Several resources that assist health education experts in offering the latest science-based nutrition and physical activity recommend	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA materials	Dietary Guidelines for Americans; MyPyramid for Kids; MyPyramid for Adults; MyPyramid for Preschoolers, Loving your Family, Feeding their Future, Nutrition Essentials, The Power of Choice, Eat Smart, Play Hard, Empowering Youth, Eat Right When Money's Tight, Nibbles for Health, Ag in the Classroom	Assists health education experts in offering the latest science-based nutrition and physical activity recommendations	English/ Spanish
Oregon State University	Eat Better, Eat Together!	Recommends that families that eat meals together have better diets. Mealtime is a good time to get to know your kids. Turning off the phone and T.V. gets people talking! Kids can help plan and prepare meals. Young kids can stir and pour. Older kids can measure and chop.	English
Wisconsin Nutrition Education	Eat Breakfast	This issue of the Wisconsin Nutrition Education Program Quarterly looks at why breakfast is so important, especially for children, and offers some solutions to the excuses people make for skipping breakfast.	English/ Spanish
SF General Hospital Chinese Project -Contractor developed	Eat Fruits & Vegetables Everyday, Stay Healthy all the Way! cookbook	Healthy Chinese recipes, beautiful photographs supporting recipes. Please check with your PM prior to use of the recipes.	English/ Spanish
San Mateo Co Public Health Dept	Eat Fruits & Veggies & Be Active: Woman's Spa Handouts	Healthy ideas on ways to improve nutritional health via eating and exercise.	English/ Spanish
Oregon State University	Eat More Fruits and Vegetables	Exploring MyPyramid with Professor Popcorn in a newsletter to Parents or Caregivers, it explains that in this lesson your child learned the importance of eating fruit and vegetables, and to vary veggies and focus on fruits	English/ Chinese

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Produce for Better Health	Eat More Fruits and Veggies posters	Each poster features fun nutrition facts and a variety of delicious fruits and veggies. Printed on durable paper stock to last on bulletin boards. 9" x 26"	English/ Spanish
Katie Bagley	Eat Right	Provides an introduction to the benefits of good nutrition, including the food guide pyramid, vitamins, minerals, proteins and fats. This book is full of quality nutritional advice for children. The book explains the importance of good nutrition on a level that even the youngest readers can understand.	English/ Spanish
American Dietetic Association	Eat Right-25 Healthy Snacks for Kids	For parents, the message is no matter how hard you try to make sure your child eats right, snack attacks can often undo all your hard work – but they don't have to with these healthy snack ideas from the American Dietetic Association such as Peel a banana and dip it in yogurt. Roll it in crushed cereal and freeze. Please check with your PM prior to use of the recipes.	English/ Spanish
USDA material	Eat Right When Money is Tight	Video: Community Hunger Champions: Eat Right When Money is Tight, helps eligibility workers and community partners understand how they can work together and utilize the outreach materials developed by FNS.	English
USDA Food and Nutrition Svc	Eat Smart Live Strong	Promotes two key behaviors: increase fruit and vegetable consumption and participate in physical activity. Included are a leader's guide and four sessions designed to reinforce these behaviors.	English/ Spanish
Dairy Council of California	Eat Well, Be Active! (handout)	Handout: tips for increasing physical activity and improving nutrition for young adults and children	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Oregon State University	Eat (ing) Well for Good Health	Handout: tips for increasing PA and improving nutrition for young adults and children	English/ Spanish
American Dietetic Association	Eating Right Tips for Older Adults	Topics covered: calories, variety, fats, physical activity, sample meal plan and special dietary needs.	English/ Spanish
UCCE (EFNEP, FSNEP)	Eating Smart Being Active	Provides eight lessons (60-90 minutes each) of nutrition education using multiple adult learning theories. Designed for paraprofessional nutrition educators to use when teaching limited resource adults.	English/ Spanish
Food and Drug Administration	Eating Well As We Age	Addresses financial barriers to eating well, chewing issues, cooking issues, shopping, loss of appetite, upset stomach, and the Nutrition Facts label.	English/ Spanish
Cooperative Extension (EFNEP, FSNEP)	Eating Well Living Well	Lessons that enable adult educators to integrate nutrition education that focuses on the message of maintaining healthy eating behaviors or changing less healthy ones and encouraging physical activity.	English/ Spanish
<i>Network for a Healthy California</i>	Eating Well, Living Well ESL Materials	Provides model lessons that enable educators to integrate nutrition education that focuses on the message of maintaining healthy eating behaviors or changing less healthy ones and encouraging physical activity.	English/ Spanish
USDA materials	Energize Your Body with Fruits and Vegetables poster	Colorful poster that displays the recommended serving size of various fruits and vegetables	English/ Spanish
USDA Eat Smart. Play Hard	Enter the Fun Zone	USDA handout sheet that helps kids be active and eat healthy with word puzzles and simple tips.	English
<i>Network for a Healthy California</i>	Everyday Healthy Meals - Cookbook	USDA approved: Healthy Meals Cookbook	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
University of California Cooperative Extension, ANR	Farm to Fork (also called Healthy Eating Farm to Fork)	Curriculum that makes the connection between local food systems, gardening-based learning, school food service and the establishment of healthy habits in children	English/ Spanish
USDA materials	Finding Your Way to a Healthier You: Based on the DGA	Basic guidelines for eating a healthy diet and being physical active	English/ Spanish
Linda Gassenheimer	Fit & Fast Meals in Minutes	Recipe book that provides information about preparing healthy meals in under 30 minutes	English/ Spanish
Cooperative Extension (EFNEP, FSNEP)	Fit Families	An innovative bilingual toolkit created for health professionals working with parents who have young children. The video and print fotonovelas are designed to stimulate discussion on how to create healthy snacks, increase physical activity, and limit TV watching.	English/ Spanish
Health Net	Fit Families for Life	A 5 week series of nutrition and physical activity topics that encourages families to adopt healthier lifestyles	English
March of Dimes	Folic Acid is Good for Me: Folic Acid is Good for Us	Encourages women of childbearing age to take folic acid. Explains the various ways in which folic acid promotes good health before, during and after pregnancy.	English/ Spanish
Lawrence Hall of Science	Food and Fitness Festival	Skits developed for teens to present to students and families about nutrition, fitness and health	English/ Spanish
California Endowment	Food and Fitness Matter	A DVD that provides parents with information and support they need to make nutrition and fitness related changes at home and in their local schools	English/ Spanish
CATCH	Food Guide Pocket Chart & Fruit and Vegetable cards (multi-level display chart and picture cards)	Nylon Chart reflects the USDA's revised food pyramid nutritional guidelines & is divided into 6 brightly colored food group sections with pockets to place Fruit & Veg. Cards.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Project LEAN	Food on the Run	A resource for youth empowerment activities.	English/ Spanish
<i>Network for a Healthy California</i>	Food Stamp Educational Brochures	Basic info on food stamp program and Nut Ed.	English/ Spanish
Food Stamp Nutrition Connection	Food Stamp Office Resource Kit	SNAP-Ed materials Focusing on educating food stamp recipients and applicants about the choices that lead to good nutrition and healthy behavior.	English/ Spanish
SNAP-Ed Connection	Food Stamps Help Put Healthy Food On Your Table	From SNAP-Ed tool Resource Kit with info on food security resources	English/ Spanish
USDA materials	Food Stamps Make America Stronger	USDA SNAP-Ed Promotion materials	English/ Spanish
Food Stamp Nutrition Connection	Foods to Love for the Love of Your Family	SNAP-Ed Brochure	English/ Spanish
US Dept of Health & Human Services	For Strong Bones For Lifelong Health	This booklet is part of the NICHD Milk Matters campaign, explains that young people ages 11 to 18 need calcium and physical activity	English/ Spanish/ Vietnamese
<i>Network Champion for Change on line resource</i>	Fruit and vegetable Scoreboard	Nutrition activity tool to encourage fruit and vegetable intake.	English/ Spanish
<i>Arizona Nutrition Network</i>	Fruit and Veggie Activity Book	Fruit and Vegetable Nut Ed activity worksheets for nut Ed.	English/ Spanish
<i>Network Tool box for Community Educators</i>	Fruit, vegetable, and physical activity playing cards	Nut Ed playing cards support several Nut Ed lessons.	English/ Spanish
<i>Arizona Nutrition Network</i>	Fruit/Vegetables Coloring Pages	Coloring worksheets linked with Fruit and Vegetable nutrition education activities	English/ Spanish
Lola Schaefer	Fruits	A young reading book presenting information and pictures on why fruits are a healthy choice.	English/ Spanish
Produce for Better Health	Fruits & Veggies Guide to Good T.A.S.T.E. for adults	Brochure on: Learn how to get more fruits and veggies in your day with helpful tips and hints aimed at busy families.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Produce for Better Health	Fruits & Veggies Guide to Good T.A.S.T.E. for kids	Help kids learn how to get more fruits and veggies in their day with fun games and activities. Brochure also provides helpful tips for Moms, Dads, and caregivers.	English
<i>Network for a Healthy California</i>	Fruits and Vegetables - Brochure	Brochure to promote fruits and vegetables intake	English/ Spanish
California Foundation of Agriculture in the Classroom	Fruits and Vegetables for Health	This comprehensive unit teaches students about the production, distribution, and nutritional value of California fresh produce. Geography, writing, graphing, and science activities are used to teach the importance of eating a variety of fruits and vegetables. Aligned to the Content Standards for California Public Schools.	English/ Spanish
<i>Network for a Healthy California</i>	Fruits and Vegetables for Your Health, Your Neighborhood and Your Life	Brochure to promote fruits and vegetables intake	English/ Spanish
California (Children's) Power Play!	Fruits and Vegetables PowerPlay!	Campaign: this social marketing initiative empowers 9- to 11-year-old children to eat 3 to 5 cups of fruits and vegetables and get at least 60 minutes of physical activity every day.	English/ Spanish
SNAP-Ed Connection	Fruits Vegetables and whole grains too (Healthy Futures lesson plan)	Nutrition education activity lessons promoting healthy eating.	English/ Spanish
Harvest of the Month/ Contractor developed (Santa Barbara County PHD)	Fun Factoids: Q&A	Factoids selected from Harvest of the Month Educator Newsletters in a Q & A format for a monthly discussion sheet.	English/ Spanish
US Dept. of Health & Human Services	Games from the Garden	Handout: 10 ideas to help you follow the dietary guidelines and get lots of exercise.	English/ Spanish
Mealsmatter.org	Get Packin' Tips for a Healthy Lunch Box	Handout: tips for including food groups in packed lunches	English
Oregon State University	Go Lean on Protein	Monthly newsletter: tips on lean protein sources	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Cooperative Extension (EFNEP, FSNEP)	Go, Glow and Grow	Curriculum: Using a simplified version of MyPyramid, children learn the connection between healthy foods and what they do for the body.	English/ Spanish
Extension En Espanol	Good Eating Habits	Information about eating a variety of foods, eating in moderate amounts and using fats, salts, and sweets in moderation.	English/ Spanish
Oregon State University	Got Dairy?	Single page handout: why calcium is needed, sources, referral to MyPyramid web site and physical activity.	English/ Spanish
Oregon State University	Grains	Discusses the health benefits of eating grain.	English/ Spanish
<i>Arizona Nutrition Network</i>	Grains Coloring Page	Fun, free printable coloring pages for kids to print and color...grain products consists of bread, muffins, and bagels	English/ Spanish
USDA materials	Handouts: Building a Healthy Body & Soul, Be Active, Eating at Work, Need Help Buying Food?	Information on fitness, good nutrition, and label reading to maximize your efforts to eat well every day.	English/ Spanish
Harvest of the Month	Harvest of the Month Cycle I,II,III produce	<i>Network developed & approved</i>	English/ Spanish
Harvest of the Month	Harvest of the Month Cycle I,II,III Cookbooks	<i>Network developed & approved</i>	English/ Spanish
Contractor Developed – from Los Angeles Collaborative Website	Harvest of the Month complementary educational materials	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English
<i>Network for a Healthy California</i>	Harvest of the Month Educator Newsletter, Family Newsletter, Community Newsletter, Menu Slicks, Toolkit	Assists health education experts in offering the latest science-based nutrition and physical activity recommend	English/ Spanish
Monrovia Unified School District	Harvest of the Month Highlights Newsletter	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English/ Spanish
Contractor Developed – LA Collaborative Website	Harvest of the Month K-7 Lesson Plans	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Merced County Office of Education	Harvest of the Month Parent newsletters	Information sheet/bulletin that provides nutritional information	English
Harvest of the Month/ Contractor developed (Merced County Office of Ed)	Harvest of the Month Physical activities K-8	Grades K-8th: pages taken from approved PA books and resources adapted to include nutrition components. Pages are duplicated by teachers too use in PA promotion. Not designed to stand alone, but as part of HOTM	English
CDPH	Harvest of the Month Posters	Posters with nutritional messages for contractor use	English
Contractor Developed (Tulare COE)	Harvest of the Month Essay and Art Contest Guidelines and Forms	Title describes materials.	English
Harvest of the Month/ Contractor developed (Downey and Hawthorne Unified School Districts)	Harvest of the Month student workbooks	Ready to use Harvest of the Month (HOTM) nutrition education workbooks based around the HTOM monthly produce item. Workbook nutrition education materials linked with grade level California Education Standards. Teachers can use to the workbook books to enhance their HOTM classroom taste tests & activities.	English
USDA materials	Health Benefits of Eating Fruits and Vegetables	Materials about the health benefits of eating fruits and vegetables. People who eat more fruits and vegetables as part of an overall healthy diet are likely to have a reduced risk of some chronic diseases.	English
USDA materials	Health Benefits of Physical Activity	Provides information on the benefits of physical activity, the economic impact of good nutrition, guidelines, health benefits of physical activities.	English
Dairy Council of California	Health Choices, Healthy Me! (1st and 2nd grade)	First and second grade program. A comprehensive, ten-lesson nutrition education program that focuses on food choice behaviors while reinforcing language arts and math.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Department of Education	<u>Health Framework for California Public Schools</u>	Standards for teaching how to maintain and improve health, prevent disease, reduce health risks, develop health knowledge, attitudes, and skills. K - 12th grade	English/ Spanish
Other California Healthy Kids Resource Center materials	Health Frameworks, Action for Healthy Kids	An interdisciplinary curriculum for teaching upper elementary school Nutrition and physical activity.	English/ Spanish
The Children’s Health Fund	Healthy Basics Hand-washing	Information on the importance of washing your hands.	English
San Francisco Department of Public Health	Healthy Chinese Cuisine Using Fruits & Vegetables (cookbook)	Educational flipchart-cookbook featuring tips on fruits and vegetables intake and physical activity and innovative Chinese cooking using fruits and vegetables. Please check with your PM prior to use of the recipes.	English/ Spanish
USDA materials	Healthy Eating Index	USDA Nutrition Educational Materials	English/ Spanish
American Dietetic Association	Healthy Eating on the Run	30 tips for making healthy choices when eating out.	English/ Spanish
Sesame Street	Healthy Habits for Life Child Care Resource Kit	The kit is a great resource that helps teachers incorporate healthy physical activity and nutrition habits into your everyday routines.	English/ Spanish
California Power Play!	Healthy Kids brochure	Brochure is full of practical and fun ways for families to make healthy choices together	English/ Spanish
<i>Network for a Healthy California-Latino Campaign</i>	Healthy Latino Recipes Made with Love-Cookbook	Cookbook with zesty flavors and enticing aromas of healthy Latino cooking. Provides family favorites that use a variety of fruits and vegetables.	English/ Spanish
Mary Turck	Healthy Snacks and Fast Food Choices	Discusses how to choose healthy snacks and fast foods	English/ Spanish
Dairy Council of California	Healthy Snacks for Home and School (handout)	Nutrition education handout for parent with children of various ages. Provides information on preparing healthy snacks for home and school. Please check with your PM prior to use of the recipes.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
UCCE- Tulare County	Healthy Snacks on the Go	Unable to locate on UC Tulare web site	English
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 1 Snacks for Energy (informational pamphlet)	Simple snack ideas that are culturally adapted. Please check with your PM prior to use of the recipes.	English/ Spanish
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 11 Growing Healthy Kids (informational pamphlet)	Pamphlets developed to advertise and invite eligible SNAP Ed participants to classes titled: "Feeling Good" discussing how to add health food and activity to a busy life.	English/ Spanish
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 12 Free Fun (informational pamphlet)	Ways families can promote healthy foods and physical activity while having fun.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 2 Boost Your Energy (informational pamphlet)	Ways to promote physical activity that are culturally adapted.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 3 Cooking Light (informational pamphlet)	Promotes cooking in low-fat ways that are culturally adapted	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 4 Eat Fruits & Vegetables (informational pamphlet)	Suggestions for eating more fruits and vegetables and how to know if the right amount is being eaten.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 5 Better Fast Foods (informational pamphlet)	Healthier options to choice when choosing fast food.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 7 Weight and Health (informational pamphlet)	The importance of eating healthy foods and being active no matter your weight	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 8 Lower Your Stress (informational pamphlet)	How to reduce stress by drinking more water and being active.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 9 Build Your Strength (informational pamphlet)	Simple exercises to warm up and build strength without special equipment or gym membership	English/ Spanish/ Chinese
National Institutes of Health	Heart Healthy Home Cooking Af/Am Style	Recipes prepared in heart healthy manner. Please check with your PM prior to use of the recipes.	English/ Spanish/ Chinese
National Institutes for Health	Hearts 'n Parks	National community based program designed to help parks and rec agencies encourage heart healthy lifestyles.	English/ Spanish/ Chinese

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California	How Many Cups of Fruits and Vegetables Do I Need? - Brochure/Slide Guide	As title indicates	English/ Spanish
USDA	How Many cups?	Identifies how many cups of Fruits and veggies are recommended	English/ Spanish
Fruits and Veggies More Matters	How Many Fruits and Vegetables do you Need?	Identifies how many cups of Fruits and veggies are recommended	English/ Spanish
Centers for Disease Control and Prevention (CDC)	How many fruits and vegetables do you need? (brochure)	Identifies how many cups of Fruits and veggies are recommended	English
Solano County (Contractor developed)	How to Find Healthful Food and Ways to be Active in Solano County guide	As indicated in title	English/ Spanish
American Heart Association	How to Read the New Food Label Brochure	As indicated in title	English/ Spanish
Connie Evers, RD	How to Teach Nutrition to Kids	243 pages teaching basics, science of nutrition , edible art etc.	English/ Spanish
Centers for Disease Control and Prevention (CDC)	How to use Fruits and Vegetables to Manage Your Weight (brochure)	As indicated in title	English/ Spanish
Region IX United States Administration for Children and Families (ACF) Office of Head Start	I am Moving, I am Learning Head Start Nutrition and Physical Education Curriculum	As indicated in title	English
Univ. of Utah Health Sciences Ctr.	Ideas for Fast & Easy Heart Healthy Meals	As indicated in title. Please check with your PM prior to use of the recipes.	English/ Spanish
USDA MyPyramid Website	Inside the pyramid materials (MyPyramid Menu Planner, MyPyramid for Preschoolers, MyPyramid for Moms, MyPyramid for Kids)	MyPyramid materials for select groups	English/ Spanish
WIC Works Learning Center	Iron Deficiency Anemia - LP	Teaches what Iron deficiency anemia is	English/ Spanish
UC Cooperative Extension	Iron For Strong Blood	Teaches about the role of iron in the blood	English/ Spanish
MyPryamid.gov	Jazz Up Your Menu With Fruits	Creating menus with fruit	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Project LEAN	Jump Start Teens, Captive Kids, Food on the Run Intervention Materials, Slide Guides, and Simple Solutions Intervention Materials, Parent Engagement Toolkit	Cross-curricular lesson encourage students to eat healthy, keep moving and become smart consumers	English/ Spanish
California Latino	Keeping FITT, Physical Activity Pyramid, Stretching Exercises, Activity and Eating and Recipe Cards.	As title indicates	English/ Spanish
Extension en Espanol	Keeping Food Safe	This fact sheet explains how to avoid food poisoning with tips on storing and refrigerating food at home.	English/ Spanish
Wisconsin Nutrition Education	Keeping Your Food Safe	36 page booklet as title indicates.	English/ Spanish
California Department of Education	Kids Cook Farm Fresh Food	245 page activities guide and recipes for students in grades 2-7 that links academic content standards to the real world through gardens, nutrition, cooking, recycling, and the environment. Please check with your PM prior to use of the recipes.	English/ Spanish
Avery Hart and Paul Mantel	Kids Garden	160 page book for ages 9-12. Includes the parts of a plant, experiments, recipes, and gardening ideas. Please check with your PM prior to use of the recipes.	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Kids get Cooking! cookbook	25 page cookbook for children ages 9-11 promoting fruits and vegetables.	English/ Spanish
Oregon State University	Know Your Fats	2006 - Tip sheet discusses saturated, trans fats, and unsaturated fats.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
LAUSD Developed	LAUSD-Parent Nutrition Education Workshop Materials	(Website and workshop) materials from a six-week, parent nutrition education workshop series led by Registered Dietitians and highlights a different topic each week, including basic nutrition, nutrients, food labels, meal planning, eating out and other topics related to healthy eating.	English/ Spanish
USDA materials	Lesson 1: Getting the Most Nutrition From your food	Team Nutrition / My Pyramid lesson plan for 6 to 11 year olds to make healthy eating and physical activity choices.	English/ Spanish
California Power Play!	Lessons: Healthy Parties/Snacks, Healthy Fundraisers. Power play Bingo, Serving Size/How Much Do I Need?, After School Nutrition/PA Lessons (Activity #1-10, 4th-5th grade lessons-10 total)	As title indicates	English/ Spanish
USDA materials	Lessons: My Food Pyramid, Physical Activity & Calories, Serving Size	USDA / Team Nutrition/ My Pyramid lesson plan for 6 to 11 year olds to make healthy eating and physical activity choices.	English/ Spanish
Wisconsin Nutrition Education	Let's Get Our Kids Moving	2 page factsheet about physical activities with kids	English/ Spanish
USDA Eat Smart. Play Hard	Let's Go on a Snack Hunt	Activity for kids ages 4-7 that includes a joke, tip, and a recipe for a healthy snack.	English/ Spanish
Wisconsin Nutrition Education	Let's Make Meatless Meals	1 page fact sheet of suggestions to incorporate simple, low-cost physical activities into a busy life. Low-literacy	English/ Spanish
Pat Mora	Let's Eat! A Comer!	24 page book for ages 4-8. Bilingual book in English and Spanish about a family eating together.	English/ Spanish
USDA Materials	Loving Your Family Feeding Their Future	Provides educational and promotional materials and techniques to help nutrition educators in their work with SNAP (Supplemental Nutrition Assistance Program) participants and eligibles.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Cooperative Extension (EFNEP, SNAP-ED)	Making Every Dollar Count;	Website on setting goals, making budgets, and saving money on food.	English/ Spanish
Dairy Council of California	Making Meals Matter for Your School Age Child	8 page booklet helps parents of school-age children, ages 6 through 12, understand the basics of preparing healthy meals and snacks	English/ Spanish
Dairy Council of California	Making Meals Matter for Your Young Child	8 page booklet offers parents guidance and practical information about feeding their preschoolers ages 2-5. It provides busy parents the basics of preparing healthy meals and snacks.	English/ Spanish
Wisconsin Nutrition Education	Making Snacks With Children	Tipsheet with recipes as title indicates. Please check with your PM prior to use of the recipes.	English/ Spanish
Ann L. Burckhardt	Manzanas	24 page book ages 4-8. Provides an introduction to apples, their different parts, and how apples are grown and harvested.	English/ Spanish
UC Botanical Gardens	Math in the Garden	Lessons for grades 5-8 using concepts in gardens for math problems. Promotes good nutrition while improving math skills.	English/ Spanish
Extension en Espanol	Meal Planning Stretching Your Dollar	Tipsheet as title indicates	Spanish
Dairy Council of California	Mealsmatter.org (recipes/articles)	Website with recipes and meal plans promoting fruits and vegetables. Please check with your PM prior to use of the recipes.	English/ Spanish
Oregon Dairy Council	Mealtime	4 page tipsheet for families eating together and recipes. Please check with your PM prior to use of the recipes.	Spanish
<i>Arizona Nutrition Network</i>	Meat/Dairy Coloring Pages	As title indicates	English/ Spanish
National Institute of Child Health and Human Development	Media Smart Youth	Interactive after-school education program for young people ages 11 to 13 designed to help teach them about media and how it can affect their health--especially in the areas of nutrition and physical activity.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
American Dietetic Association	Men's Health	Tipsheet on men's nutrition	English/ Spanish
National Institute of Health	Milk Matters	Website with recipes and facts on dairy products. Please check with your PM prior to use of the recipes.	English/ Spanish
US Dept of Health & Human Services	Milk Matters Coloring Book	As title indicates	English/ Spanish
USDA/Eat Smart, Play Hard	Move More, Sit Less	Poster reinforces the importance of being physically active. It features children and Power Panther enjoying outdoor activities to remind kids that playing hard is fun.	English/ Spanish
Bobbie Kalman	Multicultural Meals: Step-by-Step Healthy Recipes for Kids	Cookbook for ages 7 to 12 years offers healthy recipes from various countries and gives children a basic understanding of nutrition and the importance of drinking water	English/ Spanish
USDA materials	MyPyramid Plan	Food plans are designed for the general public ages 2 and over	English/ Spanish
Oregon State University	MyPyramid	Healthy lifestyle for you and your family using MyPyramid.	English
Team Nutrition/USDA	MyPyramid, Eat Right, exercise	Educational materials that bring the messages of MyPyramid to elementary school children	English/ Spanish
USDA materials	MyPyramid for Kids	Educational materials that bring the messages of MyPyramid to children	English/ Spanish
Dairy Council of California	MyPyramid	Teach my Pyramid topics to help make healthy choices	English/ Spanish
USDA MyPyramid Website	MyPyramid 10 tips be a healthy role model for children	Educational materials that bring the messages of MyPyramid	English/ Spanish
USDA materials	MyPyramid Coloring sheet	Educational material that bring the messages of MyPyramid	English/ Spanish
Centers for Disease Control and Prevention (CDC)	MyPyramid e-catalog	Help nutrition educators find and use nutrition education tools/curriculum to teach MyPyramid	English/ Spanish
University of Florida, IFAS Ext.	MyPyramid Food Groups (6)	Guide to a healthy eating plan utilizing the 6 food groups	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA MyPyramid Website	MyPyramid Food Intake Patterns	Suggested amounts of food to consume from the basic food groups to meet recommended nutrient intake	English/ Spanish
USDA	MyPyramid for Kids	MyPyramid materials designed specifically for children aged 6 to 11	English/ Spanish
Tufts University	MyPyramid for Older Adults	As title indicates	English/ Spanish
USDA	MyPyramid Materials	Educational material that bring the messages of MyPyramid	English/ Spanish
University of Florida, IFAS Ext	MyPyramid, Steps to Healthier You, Food Groups	Educational material that bring the messages of MyPyramid	English/ Spanish
USDA	Mypyramid.gov website	Personalized eating plans and interactive tools to help plan/ assess food choices	English/ Spanish
USDA	<i>Network approved recipes</i>	As title indicates	English/ Spanish
National Institutes for Health	NHLBI-We Can!, Other NIH	Ways to Enhance Children's Activity & Nutrition	English
USDA	Nibbles for Health	Nutrition Newsletters for Parents of Young Children	English/ Spanish
National Institutes for Health	<i>NIDDK-Wt Control Info Network</i>	Provides up-to-date, science-based information on weight control, obesity, physical activity, and related nutritional issues.	English/ Spanish
USDA materials	Nutrient content of US Foods	USDA Nutrition Educational Materials	English/ Spanish
Dairy Council of California	Nutrition and Physical Activity	Lessons that have students problem-solving, reasoning and using critical-thinking techniques as they learn about nutrition and physical activity.	English/ Spanish
Extension en Espanol	Nutrition and the Elderly	Hand out that promotes healthy eating and physical activity for older people to keep healthy.	English/ Spanish
www.dairycouncilofca.org	Nutrition Education Handouts/Interactive Tools	<u>Nutrition education learning tools designed for children and teens.</u>	English/ Spanish
USDA	Nutrition Essentials	A series of lessons that help middle and high school students make healthful eating and physical activity choices.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Wisconsin Nutrition Education	Nutrition Facts in Spanish	Hand out on food labels for Spanish speaking audience.	English/ Spanish
UCSD	Nutrition Link Classroom Curriculum	Nutrition Education curriculum follows the California Health Education standards and California Core Content Standards for 3rd, 4th and 5th graders.	English/ Spanish
Dairy Council of California	Nutrition Pathfinders (4th and 5th grade)	This five lesson unit reinforces language arts and math while teaching health in a fun way.	English/ Spanish
California Department of Education	Nutrition to Grow on	An innovative curriculum for grades four through six that offers teachers a direct link between the garden and nutrition education.	English/ Spanish
USDA materials	Parents Get Straight A's With A Healthy Breakfast	<i>Network approved and USDA developed.</i>	English/ Spanish
Dairy Council of California	Parents: Be Your Child's Partner in Healthy Bones (handout)	As title indicates.	English/ Spanish
<i>Network for a Healthy California</i>	Physical Activity - Brochure / materials	<i>Network approved and USDA developed.</i>	English/ Spanish
USDA materials	Physical Activity and Exercise Safety	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California</i>	Physical Activity Empowerment	<i>Network approved and USDA developed.</i>	English/ Spanish
USDA materials	Physical Activity for Your Health	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California-Latino Campaign</i>	Physical Activity for Your Health, Your Neighborhood and Your Life	<i>Network Developed USDA Approved</i>	English/ Spanish
USDA materials	Physical Activity Pyramid	USDA developed materials.	English/ Spanish
USDA materials	Physical Activity Scoreboard	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California</i>	Physical Activity: For Your Health	<i>Network for a Healthy California and USDA developed.</i>	English/ Spanish
UC Cooperative Extension	Picky Eater	Helpful tips for parents of children with challenging eating choices and food aversions.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Healthy Kids Resource Center materials	Planet Health	An interdisciplinary physical activity and nutrition curriculum which includes tools for assessing student activity.	English/ Spanish
UC San Diego	Por La Vida-Mujeres Decididas Curricula	16 Session curriculum including a cooking demonstration, nutrition classes and farmers markets. Please check with your PM prior to use of the recipes.	English/ Spanish
California Healthy Kids Resource Center materials	Portion Distortion	Students and a Dietitian present the importance of balancing energy intake and energy expenditure. Available in DVD and as poster for 4-6th grade. California Healthy Kids Resource Center Materials.	English/ Spanish
Steps to a Healthier Santa Clara County (CDC)	Postcards, posters and brochures	Material from BANPAC, Bay Area Nutrition and PA Collaborative. Includes initiative Rethink your Drink and Soda Free Summer campaigns.	English/ Spanish
USDA materials	Posters (Move It!, Activity Pyramid), brochures (MyPyramid Eat Smart, Play Campaign, How Much Do You Eat?, What is serving sizes?)	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California-Retail Program</i>	Posters, Marketing Materials, Brochures, Retail toolkit, Food Stamp outreach	<i>Network for a Healthy California - Retail Program</i>	English/ Spanish
USDA	Power Panther's Picnic	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Play Campaign materials	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Play! Kids Get Cookin' Cookbook	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English/ Spanish
USDA	Power up at Work	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Up for Learning: A Physical Activity Supplement to the School Idea & Resource Kits	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California	Pregnancy - A special time for nutrition. Supporting Healthy Moms and Babies	Adult Nutrition Education programs which are self- instructional; English & Spanish. Dairy Council "Making Meals Matter, Calcium & Steps to a Healthier You.	English/ Spanish
Harvest of the Month	Produce Lists	<i>HOTM Network approved.</i>	English/ Spanish
California Project LEAN	Quick & Easy Meals - Brochure	Provides easy methods to add vegetables to the dinner plate.	English/ Spanish
California Department of Public Health	Quick, Low cost meal ideas and healthy tips for you and your Family DVD	<i>California Department of Public Health Network Approved Materials</i>	English/ Spanish
USDA materials	Read it Before you Eat it	Label reading	English/ Spanish
University of California Cooperative Extension	Reading Across MyPyramid	A literacy curriculum promoting nutrition & health education	English/ Spanish
<i>Network for a Healthy California-African American Campaign</i>	Recipe Card Sets	<i>Network for a Healthy California-African American Campaign</i>	English/ Spanish
Produce for Better Health	Recitas Latinas Saluables	Multiple healthy recipes to be distributed.	English/ Spanish
<i>Network for a Healthy California</i>	Recommended Cups of Fruits and Vegetables	<i>A poster developed by the Network for a Healthy California</i>	English/ Spanish
USDA	Recommended Cups of Fruits and Vegetables for Adults	USDA developed materials.	English/ Spanish
USDA	Recommended Minutes of Physical Activity for Adults	USDA developed materials.	English/ Spanish
SNAP-Ed Connection	Resource Library Educational Materials	Online library to find quality information to aid in delivering SNAP-Ed including resources, referrals and recipes.	English/ Spanish
Centers for Disease Control and Prevention (CDC)	Rethink Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
<i>Network for a Healthy California</i>	Re-Think Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Alameda County Public Health Nutrition Services	Rethink Your Drink materials	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
<i>Regional Networks: Bay Area, Orange County, gold Coast, Sierra Cascade. (Contractor Developed)</i>	ReThink Your Drink Be Sugar Savvy Lesson & Instructor Resource	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
California Project LEAN	Rethink Your Drink Poster	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English / Spanish
<i>Regional Networks: Bay Area</i>	ReThink Your Drink Fact Sheet on Sugar Sweetened Beverages	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
<i>Regional Networks: Bay Area, Gold Coast (contractor developed)</i>	ReThink Your Drink Poster	Previously approved by USDA. Please check with your PM prior to use of this material	English
<i>Regional Networks: Bay Area, Sierra Cascade, Northcoast (contractor developed)</i>	ReThink Your Drink Brochure	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
<i>Regional Networks: NorthCoast (contractor developed)</i>	ReThink Your Drink Radio PSA & Script	Previously approved by USDA. Please check with your PM prior to use of this material.	English/ Spanish
<i>Regional Networks: Bay Area, Central Valley, Desert Sierra, Gold Coast, Gold Country, Los Angeles, Northcoast, Orange County, Sierra Cascade</i>	ReThink Your Drink: Frequently Asked Questions About Sugar Sweetened Beverages (Flyer)	As title indicates. Please check with your PM prior to use of this material.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	School Idea & Resource Kit (4th & 5th grades)	Each Kit includes 10 activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day.	English/ Spanish
True Kelly	School Lunch	A cute and clever look at school lunches, featuring Harriet, the school cook, who is tired out from trying to please all the kids, so she takes a vacation. K-Gr. 2.	English/ Spanish
Eve Pranis and Amy Gifford	School Mosaics - Designing Gardens & Habitats	The book offers advice on involving students in the planning and design process, building community support, and integrating the project with curriculum and learning goals.	English/ Spanish
Alameda County Public Health Department	Secrets of Sodium Curriculum	To learn about where to find the hidden sodium in our diets, how to take action and take charge of our health.	English
<i>Network for a Healthy California</i>	Shape of Yoga	Offers simple ideas to teach others how to perform basic yoga and learn about healthy food choices.	English
Dairy Council of California	Shaping Up My Choices	This curriculum designed for California third grade teachers contains ten lessons that have students problem-solving, reasoning and using critical-thinking techniques as they learn about nutrition and physical activity.	English/ Spanish
California Project LEAN	Shop, Cook & Eat	Brochure on low-fat shopping to cut the fat in your diet.	English/ Spanish
Wisconsin Nutrition Education	Shopping Tips to Stretch Your Food Dollar	This 2-page handout shows six ways to save money when buying food.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
University of Minnesota Extension	Simply Good Eating for Health	The book addresses basic nutrition principles and physical activity as part of a healthy lifestyle, how to get key nutrients in one's diet, the importance of eating breakfast, and how to choose healthier, lower-fat and lower-cost breakfast foods, snacks and fast foods.	English/ Spanish
University of Minnesota Extension	Simply Good Eating for Seniors	The book and handouts help participants learn how to eat more calcium-containing foods, reduce their intake of fat and salt to reduce heart disease risk, and plan meals that are tasty, attractive, and economical when cooking for one or two	English/ Spanish
University of Minnesota Extension	Simply Good Eating Now You're Cooking	The 97-page printed uses interactive activities to help participants learn how to plan healthy meals on a limited budget, stretch their food dollar, store foods appropriately, make meals from ingredients commonly found in the kitchen, and cook with an emphasis on safe food practices	English/ Spanish
Russ Invision	Smart & Tasty 1: Good Food Tunes for Kids (CD)	These tunes teach children how to have fun with food while they learn about healthy eating and physical activity.	English/ Spanish
Produce for Better Health	Smart Snacking	Consumer columns designed as drop ins for newsletters and wellness brochures.	English/ Spanish
National Health Video, Inc.	Spanish Smart Supermarket	DVD shows viewers how to use a shopping list, navigate the supermarket, and read the food label in support of following the 2005 Dietary Guidelines for Americans.	English
Dairy Council of California	Start Your Preschooler on the Path to Healthy Eating (handout)	Educational flyer provides seven tips for raising healthy eaters.	English/ Spanish
Oregon State University	Stay Active and Feel Better!	Educational flyer promoting the benefits of physical activity and good nutrition.	Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Retail Program	Steps to Advocate for Fruits, Vegetables and Physical Activity in Your Community	A step-by-step guide to help participants bring fruits, vegetables, and physical activity into their community.	English/ Spanish
Oregon State University	Sugar and Your Health	Educational flyer on limiting sugar for a healthy diet and healthy teeth.	English/ Spanish
Texas Department of Agriculture	Suggestions for Nutritious Snacks	Educational flyer preparing nutritious snacks for children at home and at school. Please check with your PM prior to use of the recipes.	English/ Spanish
California Department of Education	Taking Action for Healthy School Environments	Publication that illustrates promising practices in nutrition and physical activity policy development and implementation.	English/ Spanish
Texas Dept. Food and Agriculture	Taking the Mystery out of the Food Label	How-to handout on reading food labels.	English/ Spanish
Contractor Developed (Tulare COE)	Teaching Points, Food Fact Calendars, Stickers, Overhead Transparencies, Teacher Assessment Tool, Posters, Harvest the Resources Seasonal Literature Kit- Winter, Participation Evaluation Survey	Materials meant to complement and promote HOTM.	English/ Spanish
USDA materials	Team Nutrition Eat Smart Play Hard/Power Panther materials, posters, handouts, quizzes, activity sheets, lesson plans	Materials to convey and reinforce healthy eating and lifestyle behaviors consistent with DGA and MyPyramid.	English/ Spanish
Glencoe/McGraw Hill	Teen Health Course Series (7th grade Health textbooks and supplementals that cover nutrition and physical activity)	Course material and interactive multi-media resources that provide general nut ed.	English/ Spanish
USDA materials	The Healthy Family Guidebook	Communicates MyPyramid messages in a way that is appropriate for low-literate audiences.	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Eric Carle	The Very Hungry Caterpillar (trade book)	Fiction. The story describes the growth of the caterpillar into a butterfly. The caterpillar is very hungry and grows when he eats healthy foods.	English/ Spanish
Mini Grey	The Very Smart Pea and the Princess to Be	A retelling of the "Princess & the Pea" from the pea's perspective.	English/ Spanish
Centers for Disease Control and Prevention (CDC)	Three simple steps to eating more fruits and vegetables	Steps to increase the amount of fruits and vegetables in the diet as well as picture examples of what a cup and ½ cup serving looks like.	English/ Spanish/ Chinese
WIC Materials	Tickle Your Appetite: Make Your Own, Sensational Faces, A Mystery Bag, Let's Vote: Taste, Touch Smell, Bread, Bread, Bread, Where Oh Where?, Food Gives us Energy to Move, Shopping Know-How, Supermarket Tour, Tips for Healthy Cooking, Food Safety: How Long Can I keep This?, Cooking at the WIC Cafe, Dairy-licious Recipes, Summer-Cool-n-Fruity Summer Treats (includes recipes), Children's Books About Food, Eating, and Health, Market to Meals	As titles indicate	English
C.Z. Guest	Tiny Green Thumbs	Boy & grandmother plant several types of veg seeds. Instructions for each.	English/ Spanish
Harvest of the Month	Toolkit/Website: Educator Newsletter, Parent Newsletter and Community Newsletter	Newsletters and information encouraging the consumption of fruits and vegetables. Featuring one a month.	English
National Dairy Council of California	Using MyPyramid to Make Healthier Food Choices	As title indicates	English
Oregon State University	Vary your Vegetables	Handout on ways to increase veg intake.	English/ Spanish
Arizona Nutrition Network	Vegetable Stand Coloring Pages	As title indicates	English/ Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
National Institute of Health	Watch Your Weight!	Practical suggestions to keep weight under control. PA and eating.	English/ Spanish
USDA materials	What's in a Cup	Amount of veg & fruits that make up a cup	English/ Spanish
US Dept. of Health & Human Services	Young Teens Need Calcium	As title indicates	English/ Spanish
First 5 California	Yummy for Your Tummy	Recipe booklet for toddler age child. Please check with your PM prior to use of the recipes.	English/ Spanish
USDA Food Stamp Nutrition Connection	Eat Smart, Play Hard	<p>http://www.fns.usda.gov/eatsmartplayhardhealthy lifestyle/Default.htm</p> <p>This site is specifically designed for parents and caregivers to provide information to help you eat better, be more physically active and be a role model for your kids.</p>	English

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
N/A		

BUDGET COVER SHEET
FFY 2012

Organization: Santa Barbara County Public Health Department				
Contract Number: 11-10211				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 156,658.00	\$ 159,050.00	\$ 2,392.00	1.53%
Fringe Benefits	\$ 72,063.00	\$ 82,706.00	\$ 10,643.00	14.77% 1
Operating	\$ 4,788.00	\$ 2,260.00	\$ (2,528.00)	-52.80% 2
Equipment & Other Capital	\$ -	\$ -	\$ -	0.00%
Travel	\$ 6,996.00	\$ 3,947.00	\$ (3,049.00)	-43.58% 3
Subcontractors	\$ -	\$ -	\$ -	0.00%
Other Costs	\$ 11,300.00	\$ 5,720.00	\$ (5,580.00)	-49.38% 4
Indirect Costs	\$ 42,977.00	\$ 41,099.00	\$ (1,878.00)	-4.37%
Total Federal Share	\$ 294,782.00	\$ 294,782.00	\$ -	0.00%
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				
<i>FFY 2012 Network Growth Policy restricts contract growth.</i>				
Explanation of Differences				
1) Fringe Benefits rate is increasing from 46% in FFY 2011 to 52% in FFY 2012. This increase is due to a county-wide increase in retirement expenses as well as a smaller increase in health insurance costs.				
2) Operating Expenses is decreasing from \$4,788 in FFY 2011 to \$2,260 in FFY 2012 due to decrease in telephone services (-\$240), postage (-\$248), duplicating supplies (-\$1,320), and office supplies (-\$720).				
3) Travel and Per Diem is decreasing from \$6,996 in FFY 2011 to \$3,947 in FFY 2012 due to decrease in Conferences (-\$1,896), and mileage (-\$1,152).				
4) Other Costs is decreasing from \$11,300 in FFY 2011 to \$5,720 in FFY 2012 due to decrease in Nutrition Education materials (-\$2,200), decrease in materials for food demonstrations/taste tests (-\$2,000), CAN-Act membership dues (-\$300) and ongoing computer costs (-\$1,080).				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Santa Barbara County Public Health Department
 11-10211

A PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Susan Horne						
	Title:	Project Coordinator	\$ 72,500	0.8000		80.0%	\$ 58,000	\$ 58,000
2.	Name:	Fidel Villanueva						
	Title:	Health Educator	\$ 74,000	0.7500		75.0%	\$ 55,500	\$ 55,500
3.	Name:	Trina Long						
	Title:	Health Educator	\$ 72,500	0.2000		20.0%	\$ 14,500	\$ 14,500
4	Name:	Rosalinda Figueroa						
	Title:	Health Educator	\$ 57,500	0.5400		54.0%	\$ 31,050	\$ 31,050
SALARIES SUBTOTAL			\$ 276,500	2.2900	0.0%	229.0%	\$ 159,050	\$ 159,050
SAMPLE POSITION DESCRIPTIONS:								
Project Coordinator Pos # 1		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.						
Health Educator (including Health Aide, Health Promotion Instructor, etc.) Pos # 2, 3, 4		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.						
							Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:								
Federal Share:								
Includes payroll taxes, retirement, and medical/dental benefits at 52% of salaries					\$159,050 x 52% = \$82,706		\$ 82,706	\$ 82,706
FRINGE BENEFITS SUBTOTAL:							\$ 82,706	\$ 82,706
C. OPERATING EXPENSES:								
Federal Share: (All Operating expenses will be used 100% for nutrition education purposes.)								
Telephone, voice mail and fax (for Susan and Fidel), approximately \$30 per staff x 12 months x 2 based on historical usage data							\$ 720	\$ 720
Postage for nutrition education newsletters and evaluations (approximately 200 items at \$.44 per item) + FedEx (\$12) based on historical usage							\$ 100	\$ 100
Duplicating supplies for general office needs for minutes, reports, work plans, surveys (approx. \$20/month (12) based on historical usage data)							\$ 240	\$ 240
Office Supplies - Paper, folders, calendars, pens, printer cartridges and film (approximately \$100/month (12) based on historical usage data)							\$ 1,200	\$ 1,200
OPERATING EXPENSES SUBTOTAL:							\$ 2,260	\$ 2,260

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Santa Barbara County Public Health Department
 11-10211

							Federal Share	Total Dollars
							Total Dollars	Total Dollars
D. EQUIPMENT EXPENSES:								
Federal Share: NONE								
EQUIPMENT EXPENSES SUBTOTAL:							\$ -	\$ -
E. TRAVEL AND PER DIEM:								
Federal Share:								
<u>Annual Network Conference</u>								
2 days for 1 person		Airfare: \$250 x 1 staff = \$250						
		Hotel: approx. (\$87 =Taxes) \$100 x 2 nights x 1 (including Taxes)						
		Per Diem: \$40 x 2 days = \$80						
		Transportation: \$50 per day x 1 day = \$50				Total: \$730 \$580	\$ 580 \$ 580	
<u>Geographic Information Systems (GIS) Training</u>								
1 day for 1 person		Airfare: \$250 x 1 staff = \$250						
		Hotel: approx.(\$87 =Taxes) \$100 x 1 night x 1 st (including Taxes)						
		Per Diem: \$40 x 1 day = \$40						
		Transportation: \$50 per day x 1 day = \$50				Total: \$440	\$ 440 \$ 440	
<u>Mileage</u> for private auto and motor pool charges for Network staff to attend nutrition education mtgs, trainings, CX ³ tier 2 training, Gold Coast Collaborative meetings and functions, and nutrition education classes (DPA rate of \$.51 per mile beginning January 1, 2011). 439.49 miles/mo. x 12 months x \$.555/mile = \$2,927							\$ 2,927	\$ 2,927
TRAVEL AND PER DIEM TOTAL:							\$ 3,947	\$ 3,947
F. SUBCONTRACTORS:								
Federal Share: NONE								
SUBCONTRACTORS TOTAL:							\$ -	\$ -
G. OTHER COSTS:								
Federal Share:								
Nutrition Education materials - booklets and educational materials required for delivery of critical program services; approx 600 units @ \$1 ea							\$ 600	\$ 600
Food, utensils, plates, etc. for demonstrations and taste tests for target audience at nutrition ed. classes/events (10 events x \$1/customer x 200 customers per event = \$2,000)							\$ 2,000	\$ 2,000
Data processing and software maintenance service for computer network connectivity. County-mandated for technical assistance (\$130 /month per staff x 12 mo. x 2 staff)							\$ 3,120	\$ 3,120
*Expenditures on nutrition education materials or promotional items must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.								
OTHER COSTS TOTAL:							\$ 5,720	\$ 5,720
H. INDIRECT COSTS: Indirect Cost Rate is at 18.79% but Santa Barbara County opts to only charge 17%								
Federal Share: 17.00% of Total Salaries and Fringe Benefits \$ 241,756							\$ 41,099	\$ 41,099
INDIRECT COSTS TOTAL:							\$ 41,099	\$ 41,099
TOTAL							\$ 276,500	2.2900
							0.0%	229.0%
							\$ 294,782	\$ 294,782