

2011 California Dietary Practices Survey

Table 58: Reported Consumption of Deep-Fried Foods, Trends 1993-2011

Yesterday how many servings of deep-fried foods like French fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings did you have?

	Percent who Reported Eating Deep-Fried Foods										Trends	
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2009-11	1997-11
Total	21	21	20	19	19	19	20	19.7	23.0	23.0	0.0	3.0*
Sex												
Male	22	25**	23**	22**	23***	19	23*	20.4	24.3	25.3*	1.0	2.3
Female	20	18	17	16	16	19	18	19.0	21.6	20.7	-0.9	3.7
Males												
18 - 24	29	40	31**	34***	31*	24	34*	14.5*	37.9***	36.0**	-1.9	5.0
25 - 34	23	26	28	26	22	24	20	24.6	20.9	31.6	10.7*	3.6
35 - 50	24	29	24	24	24	18	21	24.6	27.9	23.9	-4.0	-0.1
51 - 64	19	16	18	12	19	13	26	18.9	14.3	14.8	0.5	-3.2
65+	14	7	12	12	14	14	14	9.4	20.6	18.9	-1.7	6.9
Females												
18 - 24	34***	22***	24*	28***	20*	27***	22*	29.4**	33.7**	35.2***	1.5	11.2
25 - 34	24	27	19	16	17	26	21	24.9	24.2	23.4	-0.8	4.4
35 - 50	19	22	18	16	18	20	19	17.4	22.2	21.5	-0.7	3.5
51 - 64	17	9	16	10	15	14	17	14.8	15.8	15.0	-0.8	-1.0
65+	11	5	9	10	6	8	8	10.4	14.4	9.7	-4.7	0.7
Ethnicity												
White	15***	18	17**	16***	16***	16***	14***	14.7***	20.2**	16.9***	-3.3	-0.1
Hispanic	32	24	22	24	22	25	23	24.3	27.5	31.6	4.1	9.6**
Black	29	27	28	33	33	27	30	35.6	31.1	25.0	-6.1	-3.0
Asian/Pacific Islander				17	26	27	20	23.1	20.1	30.2	10.1	NA
Education												
Less than High School	32***	24	26	24*	17*	21***	28***	23.4**	31.2***	32.7***	1.5	6.7
High School Graduate	24	21	20	21	23	24	23	22.5	28.1	27.9	-0.2	7.9**
Some College	21	21	20	20	20	23	19	19.9	23.2	18.4	-4.8	-1.6
College Graduate	15	20	18	15	16	13	14	13.8	13.2	18.2	5.0*	0.2
Income												
Less than \$15,000	30***	22	18	20	18	22**	23*	24.5***	26.3***	26.1*	-0.2	8.1**
\$15,000 - 24,999	23	20	19	19	19	22	24	20.2	24.2	26.1	1.9	7.1*
\$25,000 - 34,999	21	25	23	21	19	28	15	18.1	33.3	20.4	-12.9*	-2.6
\$35,000 - 49,999	20	22	19	21	18	16	17	21.7	14.8	15.4	0.6	-3.6
\$50,000+	14	23	21	16	22	15	16	14.0	17.5	19.1	1.6	-1.9
Overweight Status												
Overweight/Obese				21*	19	22**	20.1	25.0*	24.5		-0.5	NA
Not Overweight				16	19	16	18.6	20.0	21.2		1.2	NA
SNAP/CalFresh Status, % FPL												
Participant										21.5***	NA	NA
Likely Eligible, ≤ 130%										38.2	NA	NA
Not Eligible, > 185%										20.8	NA	NA

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

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Table 59: Reported Consumption of Chips and Other Fried Snack Foods, Trends 1993-2011

Yesterday, how many servings of potato chips, corn chips, cheese puffs, pork rinds, or other fried snack foods did you have?

	Percent who Reported Eating Fried Snack Foods										Trends	
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2009-11	1997-11
Total	21	21	21	21	24	20	21	21.2	22.2	23.1	0.9	2.1
Sex												
Male	24*	21	23	23	27**	20	22	23.9*	24.9*	25.0	0.1	2.0
Female	18	20	19	20	20	19	20	18.5	19.6	21.2	1.6	2.2
Males												
18 - 24	27*	37**	24	23	30	19	29	27.2*	35.6*	15.0**	-20.6***	-9.0
25 - 34	33	24	26	26	32	25	18	27.7	24.1	36.1	12.0*	10.1*
35 - 50	23	18	24	20	24	23	21	24.4	25.4	25.2	-0.2	1.2
51 - 64	17	17	14	24	24	13	24	25.1	20.1	20.2	0.1	6.2
65+	18	11	22	27	26	17	20	8.0	17.6	21.9	4.3	-0.1
Females												
18 - 24	24	22	30***	29*	21	20*	35**	29.2*	22.1	18.3	-3.8	-11.7
25 - 34	20	19	22	20	23	24	22	22.0	18.0	24.1	6.1	2.1
35 - 50	20	23	23	22	20	20	14	15.4	21.1	23.6	2.5	0.6
51 - 64	14	17	12	15	21	20	18	17.0	20.9	18.7	-2.2	6.7
65+	15	17	11	14	17	9	18	12.9	15.3	17.3	2.0	6.3
Ethnicity												
White	19***	20	20	21	24	18*	22	19.4**	23.7	24.7*	1.0	4.7*
Hispanic	22	22	23	19	20	23	20	22.9	21.6	21.5	-0.1	-1.5
Black	45	22	23	30	29	22	22	34.6	25.6	19.5	-6.1	-3.5
Asian/Pacific Islander				19	29	27	19	21.0	16.7	9.3	-7.4	9.3
Education												
Less than High School	15*	22	22	15***	20	16***	23	20.7**	16.5**	24.3	7.8*	2.3
High School Graduate	25	23	22	20	26	25	21	27.3	27.5	24.3	-3.2	2.3
Some College	23	19	24	28	22	22	19	20.6	25.0	23.7	-1.3	-0.3
College Graduate	19	19	17	19	24	15	21	16.5	19.5	20.9	1.4	3.9
Income												
Less than \$15,000	20	22	23	19	21	18	18	17.7	21.3	22.2	0.9	-0.8
\$15,000 - 24,999	25	22	22	22	23	21	19	25.2	28.0	27.5	-0.5	5.5
\$25,000 - 34,999	18	16	22	21	26	24	24	23.4	17.9	22.3	4.4	0.3
\$35,000 - 49,999	21	24	16	28	25	23	24	27.3	26.8	22.1	-4.7	6.1
\$50,000+	24	19	21	22	24	18	21	21.5	20.2	22.3	2.1	1.3
Overweight Status												
Overweight/Obese					22	21	21	22.3	23.1	26.3***	3.2	NA
Not Overweight					26	18	21	19.5	21.3	17.6	-3.7	NA
SNAP/CalFresh Status, % FPL												
Participant										25.0	NA	NA
Likely Eligible, ≤ 130%										23.4	NA	NA
Not Eligible, > 185%										19.3	NA	NA

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

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Table 60: Reported Consumption of High-Fat Sweets and Breakfast Pastries

Yesterday, how many servings of desserts like cake, pie, cookies, brownies, ice cream or chocolate candy bars did you have?

Yesterday, how many servings of breakfast pastries like doughnuts, danishes, sweet rolls, muffins, croissants, or poptarts did you have?

	Percent who Reported Eating	
	High-Fat Sweets	Breakfast Pastries
Total	46.4	14.7
<i>Sex</i>		
Male	45.1	15.5
Female	47.7	14.0
<i>Males</i>		
18 - 24	34.7	8.9
25 - 34	47.7	18.7
35 - 50	46.6	15.5
51 - 64	45.0	16.3
65+	50.0	16.2
<i>Females</i>		
18 - 24	48.4	12.9
25 - 34	46.9	9.0
35 - 50	45.8	16.0
51 - 64	47.1	14.3
65+	52.4	18.4
<i>Ethnicity</i>		
White	50.8 *	13.6
Hispanic	40.5	18.2
Black	50.6	10.3
Asian/Pacific Islander	47.7	17.4
<i>Education</i>		
Less than High School	43.9	21.4 **
High School Graduate	46.6	14.6
Some College	49.5	11.1
College Graduate	44.7	15.3
<i>Income</i>		
Less than \$15,000	46.9	14.3
\$15,000 - 24,999	47.4	16.8
\$25,000 - 34,999	44.7	14.6
\$35,000 - 49,999	51.9	15.4
\$50,000+	47.1	13.8
<i>Overweight Status</i>		
Overweight/Obese	46.2	14.5
Not Overweight	46.9	15.3
<i>SNAP/CalFresh Status, % FPL</i>		
Participant	44.8	13.8
Likely Eligible, ≤ 130%	46.3	19.1
Not Eligible, > 185%	49.3	14.8

N=1,420

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

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Table 61: Reported Consumption of High Calorie, Low Nutrient Foods

Yesterday, how many servings of breakfast pastries like doughnuts, danishes, sweet rolls, muffins, croissants, or poptarts did you have?
 Yesterday how many servings of deep-fried foods like French fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings did you have?
 Yesterday, how many servings of potato chips, corn chips, cheese puffs, pork rinds, or other fried snack foods did you have?
 Yesterday, how many servings of desserts like cake, pie, cookies, brownies, ice cream or chocolate candy bars did you have?

	Reported High Calorie Low Nutrient Foods, Percent ¹			Mean Servings of High Calorie, Low Nutrient Foods ²
	0	1	2+	
Total	29.2	42.2	28.6	1.1
<i>Sex</i>				
Male	27.6	41.8	30.6	1.1
Female	30.8	42.6	26.6	1.0
<i>Males</i>				
18 - 24	33.0	42.0	25.0	0.9 ^a
25 - 34	21.3	38.1	40.6	1.3 ^b
35 - 50	24.4	46.2	29.4	1.1 ^{ab}
51 - 64	35.7	40.3	24.0	1.0 ^a
65+	32.4	37.8	29.7	1.1 ^{ab}
<i>Females</i>				
18 - 24	23.7	45.2	31.2	1.1
25 - 34	29.0	46.2	24.8	1.0
35 - 50	29.5	43.9	26.6	1.1
51 - 64	35.7	37.1	27.1	1.0
65+	35.9	37.9	26.2	1.0
<i>Ethnicity</i>				
White	27.3	45.2	27.5	1.1
Hispanic	30.4	38.7	30.9	1.1
Black	28.7	43.7	27.6	1.1
Asian/Pacific Islander	30.2	44.2	25.6	1.1
<i>Education</i>				
Less than High School	27.6	36.9	35.5	1.2 ^b
High School Graduate	27.2	41.0	31.9	1.1 ^{ab}
Some College	29.5	44.2	26.3	1.0 ^{ab}
College Graduate	31.7	44.0	24.3	1.0 ^a
<i>Income</i>				
Less than \$15,000	29.0	42.3	28.8	1.1
\$15,000 - 24,999	24.2	42.5	33.3	1.2
\$25,000 - 34,999	32.0	39.8	28.2	1.0
\$35,000 - 49,999	30.8	38.5	30.8	1.0
\$50,000+	29.2	46.2	24.6	1.0
<i>Overweight Status</i>				
Overweight/Obese	28.0	41.4	30.6	1.1
Not Overweight	31.0	43.7	25.3	1.0
<i>SNAP/CalFresh Status, % FPL</i>				
Participant	30.2	42.7	27.1	1.1 ^a
Likely Eligible, ≤ 130%	25.0	37.5	37.5	1.3 ^b
Not Eligible, > 185%	27.8	46.3	26.0	1.0 ^a

N=1,420

Rows may not add up to 100 percent due to rounding.

¹A box around a group of numbers signifies that differences observed within this group are statistically significant. Chi Square Test

²A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a, b, c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05). ANOVA

* p<.05

** p<.01