



“Live Life, Live Health, At Any Age”

Annual Physical Activity and Nutrition Forum 2010



Wednesday, June 23rd
8:00 a.m. – 12:30 p.m.
International Agri-Center
4500 Laspina Street Tulare, CA 93275

Featuring:

Keynote Speaker: Maxie Parks Olympic Gold Medalist US Track and Field

Chef in the Classroom with Chef Sara Brown, Silver Sneakers, Interactive physical activity and nutrition resources, Networking, Exhibits, and Produce Partners of the Central Valley

Who Should Attend:

Network contractors, school staff, after school coordinators, healthcare providers, CBOs, Central Valley Health & Nutrition Collaborative members and anyone wanting to add Physical Activity (PA) to their nutrition efforts

Participants Will:

- Learn about new PA resources for all ages.
- How to conduct PA and Nutrition trainings from various resources.
- Make referrals to PA programs in the community.

Register at: <http://cvhnc.org/events/event13.asp>
For more information, contact Starr Cloyd at (559)255-4300
Please dress comfortably. Everyone is encouraged to attend.



Central Valley Health Network

For food stamp information, call 877-847-3663. Funded by the USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer.
▪California Department of Public Health