

**2007 California Dietary Practices Survey
Survey Instrument
May 2nd, 2007**

Intro

Hello, my name is _____ and I'm calling for the California State Department of Health and the Public Health Institute.

We're doing a study of California residents regarding their food and exercise habits to help in planning health, nutrition, and education programs for California. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your receipt of public benefits like Food Stamps. Are you a member of this household and at least 18 years old? (Note: Household members are people who think of the households as their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

May I speak with a member of the household who is at least 18 years old?

When speaking with a household member aged 18 and older:

Hello, my name is {intvrs >statid}, and I'm calling from the California Department of Health Services and the Public Health Institute. We're doing a study of California residents regarding their food and exercise habits to help in planning health, nutrition, and education programs for California. Your household has been randomly chosen by the computer to be included in the study. The information you provide will be completely confidential.

Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

How many are men?

How many are women?

CHILD18

How many persons in your household are under 18 years of age?

____ Enter number:

8. DON'T KNOW

9. REFUSED

SELECTED

The person in your household I need to speak with is the (SELECTED).

Are you the (SELECTED)?

1. Yes ----->

2. No -----> May I speak with the (SELECTED)?

When speaking with the selected respondent:

Hello, my name is _____, and I'm calling from the California Department of Health Services and the Public Health Institute. We're doing a study of California residents regarding their food and exercise habits to help in planning health, nutrition, and education programs for California. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your receipt of public benefits like Food Stamps.

Before I ask you any questions, I want to be sure you know that your participation is totally voluntary and that all the answers you provide will be kept confidential. You will not be identified in any way in any reports. Your answers will be combined with the answers of the 1,400 other Californians who take part in the survey.

You may stop the interview at any time. If there is a question that you cannot or do not wish to answer, please tell me and I'll go to the next question.

In this survey, we are asking questions about eating and exercise behaviors.

We appreciate your cooperation with this survey. The only cost to you is the time needed to answer the questions. The survey takes about 20 minutes. Although you may not gain personally from taking part in this survey, the information you give will be used to improve state programs and to identify areas of need to improve the health of Californians.

If you have any questions about the survey, I can provide you with a toll free number for you to call.

While supervisory staff may monitor the interview for quality control purposes, all of the information obtained in this study will be confidential.

"Do you wish to continue?"

START

1. The first series of questions are about what you ate for your meals and snacks yesterday. When I ask about FRUITS AND VEGETABLES keep in mind that I mean ALL forms including: fresh, canned, frozen and dried, as well as fruit and vegetable juices, salads, salsa, potatoes, and soups and stews made with vegetables. When I ask about SERVINGS, a serving is whatever you think of as a normal portion for yourself.

BREAK

2. Did you eat a morning meal (breakfast) yesterday?

- 1. Yes
- 2. No (Go to LUNCH)
- 8. DON'T KNOW (Go to LUNCH)
- 9. REFUSED (Go to LUNCH)

BREAKFV

3. Did you have any fruit, vegetables, salad, or juice for your morning meal (breakfast) yesterday?

- 1. Yes
- 2. No (Go to LUNCH)
- 8. DON'T KNOW (Go to LUNCH)
- 9. REFUSED (Go to LUNCH)

BRKRV1-BRKRV10

4. Which fruit, vegetables, salad or juice did you have at your morning meal (breakfast) yesterday?

IF MIXED ITEMS: PROBE to ID the main item

- BRKRV1
- BRKRV2
- BRKRV3
- BRKRV4
- BRKRV5
- BRKRV6
- BRKRV7
- BRKRV8
- BRKRV9
- BRKRV10

**if BRKRV1-BRKRV10="Green Salad, Mixed Green Salad, or Salad", go to BRKSLD;
else go to BRKRV**

BRKSLD

5. Was there lettuce or any other greens in the salad?

1. Yes
2. No
8. Don't know
9. Refused

BRKSDA-BRKSDB

6. Other than lettuce, what were the main one or two ingredients? EX. [Enter INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

BRKSDA

BRKSDB

**if BRKFV1-BRKFV10="POTATO", go to BRKPOT;
ELSE GO TO BRKSV1**

BRKPOT

7. How was your potato prepared?

1. Baked, Roasted
2. Mashed
3. Fried/French Fries/Hash Browns, etc
4. Other
8. DON'T KNOW
9. REFUSED

BRKSV1-BRKSV10

8. How many servings of (BRKFV1-BRKFV10) did you eat for your morning meal?
Number of Servings? (Round up to the nearest serving)

BRKSV1

BRKSV2

BRKSV3

BRKSV4

BRKSV5

BRKSV6

BRKSV7

BRKSV8

BRKSV9

BRKSV10

LUNCH

9. Did you eat a midday meal (lunch) yesterday?
1. Yes
 2. No (Go to DINNER)
 8. DON'T KNOW (Go to DINNER)
 9. REFUSED (Go to DINNER)

LUNCHFV

10. Did you have any fruit, vegetables, salad, or juice for your midday meal (lunch) yesterday?
1. Yes
 2. No (Go to DINNER)
 8. DON'T KNOW (Go to DINNER)
 9. REFUSED (Go to DINNER)

LNCHFV1-LNCHFV10

11. Which fruit, vegetables, salad or juice did you have at your midday meal (lunch) yesterday?

IF MIXED ITEMS: PROBE to ID the main item

- LNCHFV1
- LNCHFV2
- LNCHFV3
- LNCHFV4
- LNCHFV5
- LNCHFV6
- LNCHFV7
- LNCHFV8
- LNCHFV9
- LNCHFV10

**if LNCHFV1-LNCHFV10="Green Salad, Mixed Green Salad, or Salad," go to LNCHSLD;
else go to LCHPOT**

LNCHSLD

12. Was there lettuce or any other greens in the salad?
1. Yes
 2. No
 8. Don't know
 9. Refused

LNCHSDA-LNCHSDB

13. Other than lettuce, what were the main one or two ingredients? EX. [Enter INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

LNCHSDA
LNCHSDB

**if LNCHFV1-LNCHFV10= POTATO, go to LCHPOT;
else go to LNCHSV1**

LCHPOT

14. How was your potato prepared?
1. Baked, Roasted
 2. Mashed
 3. Fried/French Fries/Hash Browns, etc
 4. Other
 8. DON'T KNOW
 9. REFUSED

LNCHSV1-LNCHSV10

15. How many servings of (LNCHFV1-LNCHFV10) did you eat for your midday meal?

Number of Servings

LNCHSV1
LNCHSV2
LNCHSV3
LNCHSV4
LNCHSV5
LNCHSV6
LNCHSV7
LNCHSV8
LNCHSV9
LNCHSV10

DINNER

16. Did you eat an evening meal (dinner) yesterday?

1. Yes
2. No (Go to SNACKS)
8. DON'T KNOW (Go to SNACKS)
9. REFUSED (Go to SNACKS)

DNRFV

17. Did you have any fruit, vegetables, salad, or juice for your evening meal (dinner) yesterday?

1. Yes
2. No (Go to SNACKS)
8. DON'T KNOW (Go to SNACKS)
9. REFUSED (Go to SNACKS)

DINNERFV

18. Which fruit, vegetables, salad or juice did you have at your evening meal (dinner) yesterday?

IF MIXED ITEMS: PROBE to ID the main item

DNRFV1
DNRFV2
DNRFV3
DNRFV4
DNRFV5
DNRFV6
DNRFV7
DNRFV8
DNRFV9
DNRFV10

**if DNRFV1-DNRFV10="Green Salad, Mixed Green Salad, or Salad," go to DNRSLD
else go to DNRPOT**

DNRSLD

19. Was there lettuce or any other greens in the salad?

1. Yes
2. No
8. Don't know
9. Refused

DNRSDA-DNRSDB

20. Other than lettuce, what were the main one or two ingredients? EX. [Enter GREEN SALAD/INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

DNRSDA
DNRSDB

**if DNRFBV1-DNRV10= POTATO, go to DNRFBOT;
else go to DNRSV1**

DNRFBOT

21. How was your potato prepared?
1. Baked, Roasted
 2. Mashed
 3. Fried/French Fries/Hash Browns, etc
 4. Other
 8. DON'T KNOW
 9. REFUSED

DNRSV1-DNRSV10

22. How many servings of (DNRFBV1-DNRFBV10) did you eat for your evening meal?

Number of Servings

- DNRSV1
DNRSV2
DNRSV3
DNRSV4
DNRSV5
DNRSV6
DNRSV7
DNRSV8
DNRSV9
DNRSV10

SNACKS

23. Did you eat any other meals or snacks yesterday (other than the meals you just told me about)?

1. Yes
2. No (Go to FRTTOT)
8. DON'T KNOW (Go to FRTTOT)
9. REFUSED (Go to FRTTOT)

SNKFBV

24. Did your snacks include any fruits, vegetables, salad, or juice?

1. Yes
2. No (Go to FRTTOT)
8. DON'T KNOW (Go to FRTTOT)
9. REFUSED (Go to FRTTOT)

SNACKFV

25. Which fruit, vegetables, salad or juice did you have for a snack (other meal) yesterday?

IF MIXED ITEMS: PROBE to ID the main item

SNKFV1

SNKFV2

SNKFV3

SNKFV4

SNKFV5

SNKFV6

SNKFV7

SNKFV8

SNKFV9

SNKFV10

**if SNKFV1-SNKFV10="Green Salad, Mixed Green Salad, or Salad," go to SNKSLD;
else go to SNKPOT**

SNKSLD

26. Was there lettuce or any other greens in the salad?

1. Yes
2. No
8. Don't know
9. Refused

SNKSDA-SNKSDB

27. Other than lettuce, what were the main one or two ingredients? EX. [Enter INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

SNKSDA

SNKSDB

**if SNKFV1-SNKFV10= POTATO, go to SNKPOT;
else go to SNKSV1**

SNKPOT

28. How was your potato prepared?

1. Baked, Roasted
2. Mashed
3. Fried/French Fries/Hash Browns, etc
4. Other
8. DON'T KNOW
9. REFUSED

SNKSV (SNKSV1-SNKSV10)

29. How many servings of (SNKFV1-SNKFV10) did you eat for your snack?

- SNKSV1
- SNKSV2
- SNKSV3
- SNKSV4
- SNKSV5
- SNKSV6
- SNKSV7
- SNKSV8
- SNKSV9
- SNKSV10

if BREAKFV = YES or LUNCHFV = YES or DNRFBV = YES or SNKFV = YES, go to FRTTOT; else go to FRTVEG

FRTTOT (NEW: 2005)

30. Yesterday, how many total servings of fruits do you think you ate (drank)?

___ Enter Number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

If FRTTOT NE 0, ask FRTCUPS; else go to VEGTOT

31. FRTCUPS (NEW: 2005)

How many cups of fruit do you think that was?

___ Enter Number

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

VEGTOT (NEW: 2005)

32. Yesterday, how many total servings of vegetables do you think you ate (drank)?

___ Enter Number:

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

if VEGTOT NE 0, go to VEGCUPS; else go to FRTVEG

VEGCUPS (NEW: 2005)

33. How many cups of vegetables do you think that was?

___ Enter Number

88. DON'T KNOW/NOT SURE

99. REFUSED

FRTVEG

34. How many total servings of fruits and vegetables do YOU think YOU personally should eat every day for good health? That's a combined total of BOTH fruits and vegetables.

___ Enter Number

0. None (F6) (Go to FTVGMORE)

88. DON'T KNOW/NOT SURE

99. REFUSED

FRVGCUP (NEW: 2005)

35. How many cups of fruits and vegetables do you think that is?

___ Enter Number:

88. DON'T KNOW/NOT SURE

99. REFUSED

FTVGMORE

36. Do you think you eat the right amount of fruits *and* vegetables now, or do you think you should eat more?

1. Eat right amount

2. Should eat more

8. DON'T KNOW/NOT SURE

9. REFUSED

MILK (MODIFIED: 2001)

37. Yesterday, did you drink any milk or drinks made with milk, such as chocolate milk, fast-food milk shake, chai, latte, or have milk on cereal? [INTERVIEWER: Only dairy products; Goat milk counts as dairy.]

1. Yes

2. No (Go to CHEESE2)

8. DON'T KNOW/NOT SURE (Go to CHEESE2)

9. REFUSED (Go to CHEESE2)

PERFAT2

38. Was the milk you drank or used whole milk, reduced fat or 2%, lowfat or 1%, or nonfat or skim? [INTERVIEWER: If more than one kind ask, "Which kind did you drink the most?"]

1. WHOLE milk
2. Reduced Fat (2%)
3. Lowfat (1%)
4. Nonfat (SKIM)
8. DON'T KNOW/NOT SURE
9. REFUSED

MILKNBR (NEW: 1999)

39. How many glasses of milk, drinks made with milk, or bowls of cereal with milk did you have yesterday? A glass is 8 ounces or 1 cup.

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

88. DON'T KNOW/NOT SURE
99. REFUSED

CHEESE2 (MODIFIED: 2005)

40. Yesterday, how many times did you have cheese, for example cheeseburger, pizza, in a casserole, on a sandwich, or as a snack?

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

0. None (F6)
88. DON'T KNOW/NOT SURE
99. REFUSED

YOGURT

41. Yesterday did you eat any yogurt, not including frozen yogurt?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

DAIRDST (MODIFIED: 2001)

42. Yesterday did you eat any lowfat frozen dairy desserts like frozen yogurt, light ice cream, or soft serve? (INTERVIEWER: Does Not Include Sherbet)

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

SODA (NEW: 2003)

43. Yesterday, how many cans or glasses of regular carbonated soft drinks such as cola, lemon lime, or sweetened non-carbonated beverages such as Gatorade, Snapple, Sunny Delight, or Kool-Aid, did you drink?

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

0. None (F6)
88. DON'T KNOW/NOT SURE
99. REFUSED

GRAIN (MODIFIED: 2001)

44. Yesterday did you eat any whole-grain bread such as 100% whole wheat, wheatberry, bran bread, rye, pumpernickel, or whole wheat tortillas? [INTERVIEWER: Do Not Include Flour Or Corn Tortillas]

1. Yes
2. No (Go to BEANS)
8. DON'T KNOW/NOT SURE (Go to BEANS)
9. REFUSED (Go to BEANS)

GRNSRV (MODIFIED: 2001)

45. How many servings of whole grain breads/whole wheat tortillas did you have yesterday? A serving is one slice of bread, one tortilla, ½ an English muffin, or a small dinner roll.

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

0. None (F6)
88. DON'T KNOW/NOT SURE
99. REFUSED

BEANS

46. Yesterday did you eat any beans such as kidney beans, refried beans, chili beans, bean soup, bean salad, or lentils?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

SOY (NEW: 2001)

47. Yesterday, how many times did you eat soy products, such as soy beans, soy burgers, tofu, soy cheese, or soy milk?

___ Times

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

CEREAL

48. Yesterday did you eat a breakfast cereal?

- 1. Yes
- 2. No (Go to PASTRY2)
- 8. DON'T KNOW/NOT SURE (Go to PASTRY2)
- 9. REFUSED (Go to PASTRY2)

BOWLS (NEW: 1999)

49. How many bowls of cereal did you have yesterday?

(ROUND UP TO THE NEAREST BOWL)

___ Enter number

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

CERNAME

50. What was the name of the cereal you ate yesterday? (note: if more than one cereal was eaten, record the kind eaten the most)

(Brand List)

- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

PASTRY2 (MODIFIED: 2005)

51. Yesterday did you eat any breakfast pastries like doughnuts, danishes, sweet rolls, muffins, croissants or pop tarts?

1. Yes
2. No (Go to FRIED)
8. DON'T KNOW/NOT SURE (Go to FRIED)
9. REFUSED (Go to FRIED)

PSTRFAT (NEW: 2005)

52. Did you eat any that were reduced fat or fat-free?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

FRIED

53. Yesterday did you eat any deep-fried foods like French fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

CHIPS

54. Yesterday, did you eat any potato chips, corn chips, cheese puffs, pork rinds or other fried snack foods? Do not include reduced fat or fat-free items.

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

DESSERT2 (MODIFIED: 2005)

55. Yesterday, did you eat any desserts like cake, pie, cookies, brownies, ice cream or chocolate candy bars?

1. Yes
2. No (Go to REST)
8. DON'T KNOW/NOT SURE (Go to REST)
9. REFUSED (Go to REST)

DESSFAT (NEW: 2005)

56. Did you eat any that were reduced fat or fat-free?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

REST (MODIFIED: 1997)

57. Yesterday how many of your meals or snacks were from a restaurant, cafeteria, or fast food establishment, either eaten there or carried out?

- ___ ENTER NUMBER (IF NONE F6, go to FFTIMES)
- 8. DON'T KNOW/NOT SURE (Go to FFTIMES)
 - 9. REFUSED (Go to FFTIMES)

FASTFOOD

58. Were any of these meals or snacks from a fast-food restaurant (such as McDonalds, Carl's Jr., Taco Bell, Burger King, KFC, Pizza Hut, or a Food Court)?

- 1. Yes
- 2. No (Go to RESTNBR2)
- 8. DON'T KNOW/NOT SURE (Go to RESTNBR2)
- 9. REFUSED (Go to RESTNBR2)

FFNBR2 (MODIFIED: 2005)

59. Yesterday, how many of your meals or snacks came from a fast food restaurant?

- ___ Enter number
- 88. DON'T KNOW/NOT SURE
 - 99. REFUSED

RESTNBR2 (MODIFIED: 2005; New: 2001)

60. Yesterday, how many meals or snacks came from a restaurant that is NOT a fast food restaurant?

- ___ Enter number (if answer = 0 (F6), go to FFTIMES)
- 88. DON'T KNOW/NOT SURE
 - 99. REFUSED

[Check if FFNBR + RESTNBR = REST If not, fix]

RESTTYPE (NEW: 1999)

61. Which of the following other types of restaurants did you eat at yesterday? Would you say...

	Yes	No	DK	RF	
1. Cafeteria at work	1	2	8	9	RESTT_A
2. Serve-yourself, buffet-style restaurants, like Hometown Buffet or Fresh Choice	1	2	8	9	RESTT_B
3. Family oriented, casual table service restaurants, like Denny's, Lyons, Applebee's, or Olive Garden	1	2	8	9	RESTT_C
4. White Tablecloth Restaurant, Fine Dining	1	2	8	9	RESTT_D
5. Other specify	1	2	8	9	RESTT_E

FFTIMES (NEW: 2003)

62. In the last week, how many times did you eat a meal or snack from a fast food restaurant?

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

CALORIE (NEWQ1: 2007)

63. When you eat out do you look for or ask about calorie information for the menu items you choose?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

Now some questions about fruits and vegetables.

FRVGREAS (MODIFIED response categories: 2007, 2003; Modified 2001; New 1999)

64. What is the one main reason you don't eat more fruits and vegetables?

(Do not read responses)

1. Too expensive
2. NOT SURE how to tell if the quality is good/NOT SURE how to select
3. Other people in the family don't like them
4. Take too much time to prepare and cook
5. Lots of fruits and vegetables that I'm NOT SURE how to fix
6. Don't like the taste
7. Not in habit/don't think about it/not used to eating them
8. Don't have them available, lack of access
9. They are not available at work
10. They are not available at restaurants
11. They are not available in my neighborhood
12. They are messy
13. Concerned about safety: pesticides, genetically engineered foods
14. I believe I eat enough now
15. Spoil too fast
16. Health reasons
17. Not hungry/no appetite
18. Inconvenient to go to store
19. Quality is poor
20. Make other food choices
21. Diet
98. Other (specify): _____
88. DON'T KNOW
99. REFUSED

ADTV (MODIFIED: 2007, NEW: 2001)

65. Are you aware of advertisements currently on television or billboards about eating fruits and vegetables?

1. Yes
2. No (Go to FVMKT2)
8. DON'T KNOW (Go to FVMKT2)
9. REFUSED (Go to FVMKT2)

ADTVMSG (MODIFIED response categories: 2007, NEW: 2001)

66. What is the message in the advertisements?
(Do not read)
1. Eat 5 A Day
 2. Eat 5 A Day and do 30 minutes of Physical Activity
 3. Fruits and Veggies, More Matters
 4. More Matters
 5. Champions for Change
 6. Network for a Healthy California
 7. Eat Fruits and Vegetables
 8. Be Active
 9. Healthy Habits (Sleep, Drink Water, Don't Smoke, etc)
 10. How to prepare/cook fruits and vegetables
 11. Eat more than 5-a-day
 12. Eat less than 5-a-day
 13. Eat more fruits and vegetables
 14. Eat Californian grown
 15. Fruits and vegetables are good for you
98. Other Specify _____
88. DON'T KNOW
99. REFUSED

FVMKT2 (MODIFIED: 2005; New: 2003)

67. In your neighborhood, how often can you easily find a variety of good quality, affordable, fresh fruits and vegetables that you want? Would you say...

1. Always
2. Often
3. Sometimes
4. Seldom
5. Never
8. Don't know
9. Refused

Now I'm going to read reasons for NOT eating many fruits and vegetables. Please say whether you agree or disagree with the following statements.

FVREST (MODIFIED: 1999, 1997, 1995 [slightly])

68. It's hard to get fruits and vegetables at restaurants. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
7. Never eats at restaurants (F6)

8. DON'T KNOW/NOT SURE
9. REFUSED

FVFF (NEW: 1999)

69. It's hard to get fruits and vegetables at fast food restaurants. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
7. Never eats at fast food restaurant (F6)
8. DON'T KNOW/NOT SURE
9. REFUSED

FVWORK (MODIFIED: 1997, 1995 [slightly])

70. It's hard to get fruits and vegetables at work, such as in the cafeteria, vending machines, food trucks or nearby restaurants. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
7. Never eats at fast food restaurant (F6)
8. DON'T KNOW/NOT SURE
9. REFUSED

FVCOST

71. Fruits and vegetables are too expensive. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
8. DON'T KNOW/NOT SURE
9. REFUSED

Next I would like to ask you a few more questions about fruits and vegetables

FTVGREC (MODIFIED: 2007)

72. Have you heard of any recommendations on the total number of cups of fruits and vegetables you personally SHOULD eat every day for good health?

1. Yes
2. No (Go to HRDMILK)
8. DON'T KNOW/NOT SURE (Go to HRDMILK)
9. REFUSED (Go to HRDMILK)

RECSRV (MODIFIED: 2007)

73. What is the recommended number of cups YOU personally need for good health?

___ Enter Number

88. DON'T KNOW/NOT SURE (Go to HRDMILK)

99. REFUSED (Go to HRDMILK)

RECWHR (MODIFIED: 2007, NEW: 2001)

74. Where did you hear the recommendation of cups of fruits and vegetables you should eat everyday for good health? (Check all that apply) (Do not read responses)

	Yes	No	DK	RF	
1. Work	1	2	8	9	(RECWH_A)
2. School	1	2	8	9	(RECWH_B)
3. Supermarket	1	2	8	9	(RECWH_C)
4. Farmer's Market	1	2	8	9	(RECWH_D)
5. TV	1	2	8	9	(RECWH_E)
6. Radio	1	2	8	9	(RECWH_F)
7. Church	1	2	8	9	(RECWH_G)
8. Family/Friends	1	2	8	9	(RECWH_H)
9. Doctor's Office/Health Care Provider's Office	1	2	8	9	(RECWH_I)
10. Other (specify)	1	2	8	9	(RECWH_J)
11. Magazine	1	2	8	9	(RECWH_K)
12. Newspaper	1	2	8	9	(RECWH_L)
13. Internet	1	2	8	9	(RECWH_M)
14. WIC	1	2	8	9	(RECWH_N)

74.5 Text Response for RECWH_J

RECWH TXT

HRDMILK (MODIFIED: 2007, NEW: 1999)

75. Have you heard of any recommendations on the total number of cups of milk products you SHOULD have every day for good health?

1. Yes

2. No (Go to TVAD)

8. DON'T KNOW/NOT SURE (Go to TVAD)

9. REFUSED (Go to TVAD)

HRDMSRV2 (MODIFIED: 2007, 2005)

76. What is the total number of cups of milk products that is recommended you SHOULD have every day for good health?

(Note: This includes milk, cheese and yogurt. It does not include ice cream. Milk refers to the milk of any animal.)

(INTERVIEWER: Do not probe a Don't Know.)

___ Enter Number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

Please tell me if you agree or disagree with the following statement.

TVAD (MODIFIED: 2007, NEW: 1999)

77. TV advertising encourages people to eat too much food.

- 1. Agree
- 2. Disagree
- 8. DON'T KNOW/ NO OPINION
- 9. REFUSED

Now I'd like to ask you some questions about shopping for food.

GROCSHOP

78. Do you usually do most of the grocery shopping in your household?

- 1. Yes
- 2. No (Go to FARMX)
- 8. DON'T KNOW/NOT SURE (Go to FARMX)
- 9. REFUSED (Go to FARMX)

GROCX (MODIFIED: 1997, 1995 [slightly])

79. How many times per week or month do you shop in a grocery store or supermarket?

(INTERVIEWER: Respondent only. This includes on-line shopping.)

- ___ Times per week (GROCX_A) (GROCX_A1)
- ___ Times per month
- 999. Less than once per month
- 4. Never (F6) (Go to FARMX)
- 88. DON'T KNOW/NOT SURE (Go to FARMX)
- 99. REFUSED (Go to FARMX)

FARMX (NEW: 1999)

80. How often do you buy produce at a Farmers' Market over the summer?

___ times per week (FARMX_A) (FARMX_A1)

___ times per month

0. None or Never (F6)

88. DON'T KNOW/NOT SURE

99. REFUSED

PRODAD

81. In the produce section of your grocery store, have you ever seen any banners, posters, pamphlets or special recipes about the number of fruits and vegetables to eat for better health?

1. Yes

2. No (Go to GROCSHOP)

8. DON'T KNOW/NOT SURE (Go to GROCSHOP)

9. REFUSED (Go to GROCSHOP)

PROENC (NEW Q2: 2007)

82. Did seeing these promotional items encouraged you to purchase more fruits and vegetables?

1. Yes

2. No

8. DON'T KNOW/NOT SURE

9. REFUSED

ADREAD

83. How often do you read the information or take it home with you?

1. Often

2. Sometimes

3. Rarely

4. Never

8. DON'T KNOW/NOT SURE

9. REFUSED

FVDYHRD (MODIFIED: 2007, NEW: 2001)

84. Have you heard of the Network for a Healthy California: Champions for Change?

1. Yes
2. No (Go to COLOR)
8. DON'T KNOW/NOT SURE (Go to COLOR)
9. REFUSED (Go to COLOR)

FVDYABT (MODIFIED: 2007, NEW: 2001)

85. What is the Network for a Healthy California: Champions for Change about? (DO NOT READ)

1. Eating more fruits and vegetables
2. Eating more fruits and vegetables and being active
3. Being physically active
4. Nutrition and Exercise (general)
5. Healthy Habits (Sleep, Drink Water, Don't Smoke, etc)
6. Speak up for healthy changes
7. Rules in my kitchen
8. Turn off the television
9. Get out and play
10. Other (specify)
88. DON'T KNOW/NOT SURE
99. REFUSED

The next few questions are about exercise, recreation, or physical activities

.

WATCHTV (NEW: 2003)

86. How much time did you spend watching TV yesterday?

- ___ Minutes (WATCH_B)
___ Hours (WATCH_A)
0. None (F6)
 888. DON'T KNOW/NOT SURE
 999. REFUSED

EXERWORK (NEW: 2001)

87. When you are at work, which of the following best describes what you do? Would you say mostly sitting or standing, mostly walking, or mostly heavy labor or physically demanding work? (IF RESPONDENTS HAVE MULTIPLE JOBS, INCLUDE ALL JOBS)

1. Mostly sitting or standing
2. Mostly walking
3. Mostly heavy labor or physically demanding work
4. NOT WORKING (do not read)
8. DON'T KNOW/NOT SURE
9. REFUSED

EXERANY1 (NEW: 2001)

88. During the past 30 days, other than your regular job, did you participate in any PHYSICAL ACTIVITIES or EXERCISE such as running, calisthenics, golf, gardening or walking for exercise?

1. Yes
2. No (Go to PAMINTHK)
8. DON'T KNOW/NOT SURE (Go to PAMINTNK)
9. REFUSED (Go to PAMINTNK)

EXERMOD (NEW: 2001)

89. We are interested in two types of physical activity: moderate and vigorous. Moderate activities cause small increases in breathing or heart rate while vigorous activities cause large increases in breathing or heart rate. Now, think about the moderate physical activities you do when you are not working. In a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate?

1. Yes
2. No (Go to EXERVIG)
8. DON'T KNOW/NOT SURE (Go to EXERVIG)
9. REFUSED (Go to EXERVIG)

MODDAY (NEW: 2001)

90. How many days per week do you do these moderate activities for at least 10 minutes at a time?

___ Days per week

88. DON'T KNOW/NOT SURE
99. REFUSED

MODTIME (NEW: 2001)

91. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

____:____ hours and minutes per day
(MODMI_A:MODMI_B)

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

EXERVIG (NEW: 2001)

92. Now think about the vigorous physical activities you do when you are not working. In a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

- 1. Yes
- 2. No (Go to PAMINTNK)
- 8. DON'T KNOW/NOT SURE (Go to PAMINTNK)
- 9. REFUSED (Go to PAMINTNK)

VIGDAY (NEW: 2001)

93. How many days per week do you do these vigorous activities for at least 10 minutes at a time?

___ Days per week
88. DON'T KNOW/NOT SURE
99. REFUSED

NEW 2001 QUESTION
VIGTIME

94. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

____:____ hours and minutes per day
(VIGMI_A:VIGMI_B)

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

PAMINTNK (MODIFIED: 2003; New: 2001)

95. How many minutes of moderate and vigorous physical activity do you think you need every day for good health?

___ Enter minutes

- 0. None\Never\Not needed every day (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

PAMIN (NEW: 2003)

96. Yesterday, when you were not working, how many minutes of moderate and vigorous physical activity did you get?

___ Enter minutes

- 0. None (F6)
- 888. DON'T KNOW/NOT SURE
- 999. REFUSED

DAYPAHRD (MODIFIED: 2007, 2003, 2001; NEW 1999)

97. How many days per week have you heard that adults should be physically active? By physically active, I mean, anything that causes you to breathe harder or makes your heart beat faster such as brisk walking, gardening, heavy yard work or fast dancing.

[INTERVIEWER: If answer is "haven't heard," code as "Don't know". Do not allow ranges; probe for a single number]

___ Enter number of days

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

MINPAHRD (NEW: 2007)

98. How many minutes have you heard that adults should be physically active?

[INTERVIEWER: If answer is "haven't heard," code as "Don't know". Do not allow ranges; probe for a single number]

___ Enter number of minutes

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

WGHTPAHRD (NEW: 2007)

99. How many minutes have you heard that adults should be physically active if trying to lose weight?

[INTERVIEWER: If answer is "haven't heard," code as "Don't know". Do not allow ranges; probe for a single number]

___ Enter number of minutes

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

REASPA (NEW: 2001)

100. What is the main reason that you are not more physically active (choose one)? (Do not read)

1. Already exercise enough
2. Not enough time/too busy
3. Don't find exercise enjoyable/boring
4. Do not have parks, trails, healthclubs, etc., to exercise at
5. Unsafe Neighborhood to exercise in
6. Lack self-motivation
7. Fear of injury
8. Lack encouragement from others
9. Lack of confidence
10. Lazy
11. Health reasons/conditions
12. Too tired
13. Older\too old
14. Weather conditions (too hot)
15. Child care unavailable
98. Other (specify): _____
88. DON'T KNOW/NOT SURE
99. REFUSED

EMPLOY (NEW: 2003)

101. Are you currently: Employed for wages – full-time , Employed for wages – part-time , Self-employed, Out of work for less than 1 year , Out of work for more than 1 year, Homemaker, Student, Retired or Disabled and unable to work.?

1. Employed for wages – full-time
2. Employed for wages – part-time
3. Self-employed (Go to SAFEWALK)
4. Out of work for less than 1 year (Go to SAFEWALK)
5. Out of work for more than 1 year (Go to SAFEWALK)
6. Homemaker (Go to SAFEWALK)
7. Student (Go to SAFEWALK)
8. Retired or (Go to SAFEWALK)
9. Disabled and unable to work. (Go to SAFEWALK)
88. None of the above (do not read) (Go to SAFEWALK)
77. Don't know (do not read) (Go to SAFEWALK)
99. Refused (do not read) (Go to SAFEWALK)

WORKCAFE (NEW: 2003)

102. Does your worksite have a cafeteria, snack bar, or food service for employees (do not include catering trucks)?

1. Yes
2. No (Go to WORKREST)
8. DON'T KNOW/NOT SURE (Go to WORKREST)
9. REFUSED (Go to WORKREST)

CAFEFV (NEW: 2003)

103. Does the cafeteria, snack bar, or food service provide affordable FRESH fruits and vegetables on a daily basis?

[INTERVIEWER: This question refers to FRESH fruit and FRESH vegetables only.]

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKREST (NEW: 2003)

104.. Are there restaurants, fast food places, delis, catering trucks or markets within walking distance of your worksite?

1. Yes
2. No (Go to WORKVEND)
8. DON'T KNOW/NOT SURE (Go to WORKVEND)
9. REFUSED (Go to WORKVEND)

RESTFV (NEW: 2003)

105. Do these restaurants, fast food places, delis, catering trucks or markets provide affordable FRESH fruits and vegetables on a daily basis?

[INTERVIEWER: This question refers to FRESH fruit and FRESH vegetables only.]

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKVEND (NEW: 2003)

106. Does your worksite have vending machines for employees to access food or beverages?

1. Yes
2. No (Go to WKFRTOFT)
8. DON'T KNOW/NOT SURE (Go to WKFRTOFT)
9. REFUSED (Go to WKFRTOFT)

VENDFV (NEW: 2003)

107. Are affordable vegetables, fresh fruits, or dried fruits usually available in these vending machines?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WKFRTOFT (NEW: 2003)

108. When you are at work, how often do you buy fruit either at or near your worksite ? Would you say...

1. Most days
2. Some days
3. Rarely
4. Never
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKFV(NEW Q3: 2007)

109. Does your employer provide you with an onsite farmer's market, weekly produce delivery from local farmers or weekly free fresh produce snacks?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WKVEGOFT (NEW: 2003)

110. When you are at work, how often do you buy vegetables either at or near your worksite? Would you say...

1. Most days
2. Some days
3. Rarely
4. Never
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKFAC (NEW: 2003)

111. Are indoor or outdoor facilities available at your worksite that make it easier for you to be physically active during your work hours? (Examples include an indoor area set aside for exercise, aerobic or strength training equipment, walking/jogging trails, or a locker room with showers.)

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKBEN (NEW: 2003)

112. Does your employer provide any physical activity benefits such as a health club membership, exercise classes, release time for physical activity, or sports teams?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

Next I am going to ask you about your neighborhood.

SAFEWALK (NEW: 2003)

113. In your home neighborhood, do you have access to any sidewalks, shoulders of the road, trails, or parks where you can safely walk, run, or bike?

1. Yes
2. No (Go to NEIGHPA)
8. DON'T KNOW/NOT SURE (Go to NEIGHPA)
9. REFUSED (Go to NEIGHPA)

WALKCOND (NEW: 2003)

114. How pleasant are the sidewalks, shoulders of the road, trails, or parks in your home neighborhood? For example, are there trees, proper lighting, and is it clean. Would you say: Very Pleasant, Somewhat Pleasant, Somewhat Unpleasant, or Very Unpleasant?

1. Very pleasant
2. Somewhat pleasant
3. Somewhat unpleasant
4. Very unpleasant
8. DON'T KNOW/NOT SURE
9. REFUSED

Please tell me how much you agree or disagree with the following statements.

SAFEGYM (NEW: 2003)

115. In your home neighborhood, do you have access to safe public indoor or outdoor exercise facilities, such as tracks, basketball or tennis courts, swimming pools, or school gyms?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

GARDEN (MODIFIED: 2001; New: 1999)

116. As an adult, have you ever worked in a garden to grow fruits and vegetables?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

HEALTHINS (NEW Q4: 2007)

117. Does your health insurance offer to reduce your premium for reducing your weight or exercising regularly?

1. No health insurance
2. Yes
3. No
8. DON'T KNOW/NOT SURE
9. REFUSED

LIMFF (NEW: 2005)

118. Do you think that local governments should do more to limit the number of new fast food restaurants in your neighborhood?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

ADVCHLD (NEW: 2005)

119. Fast food companies should **NOT** be restricted in how they advertise or promote their products to children. Do you strongly agree, somewhat agree, neither agree nor disagree, somewhat disagree, or strongly disagree?

1. Strongly agree

2. Somewhat agree
3. Neither agree nor disagree
4. Somewhat disagree
5. Strongly disagree
88. DON'T KNOW/NOT SURE
99. REFUSED

SMOKE (NEW: 2001)

120. Think about the last 30 days. On how many of these days did you smoke cigarettes or other tobacco products?

___ of 30 days

88. DON'T KNOW/NOT SURE
99. REFUSED

HEIGHT (NEW: 1999)

121. How tall are you without shoes?

___ # of feet

___ # of inches

8. DON'T KNOW/NOT SURE
9. REFUSED

WEIGHT (NEW: 1999)

122. How much do you weigh?

___ Enter pounds

888. DON'T KNOW
999. REFUSED

Next, I am going to ask a few questions about general health problems.

WGHTTHK (MODIFIED: 2001; New 1999)

123. Do you consider yourself to be overweight, underweight, or about average for your height?

1. Overweight
2. Underweight
3. About average
8. DON'T KNOW
9. REFUSED

LOSEWGHT (NEW: 1999)

124. Are you presently trying to lose weight?

- 1. Yes
- 2. No (Go to LOSTTEN2)
- 8. DON'T KNOW (Go to LOSTTEN2)
- 9. REFUSED (Go to LOSTTEN2)

LOSEHOW (MODIFIED response categories: 2003; New: 1999)

125. What is the main thing you are doing to lose weight? (Do not read responses)

1. Eat less, fewer calories
2. Exercise more
3. Eat less/fewer calories and Exercise More (for respondents who say that they are doing both).
4. Behavior Modification, Self-observation (logs)
5. Taken medication prescribed by a doctor
6. Taken over-the counter dietary supplements, vitamins, or weight loss drugs (not prescribed by a physician)
7. Laxatives, purging
8. Joined Weight Watchers, Jenny Craig, Overeaters Anonymous, etc
9. Liquid Diet i.e. Slim Fast
10. Smoke Cigarettes
11. Medical Procedures: Liposuction, Stomach Staple, etc
12. Decreasing portion sizes, eating smaller helpings.
13. Decreasing TV time
14. Atkin's diet/low carb diet
15. Eating more fruits and vegetables
16. Drinking more water
17. Improving healthy eating habits
18. Nothing
19. Not eating after a specific time
20. (Losing weight because of) Health issues (stress, depression, pregnancy, etc.)
21. Drink less alcohol
98. Other (Specify)
88. DON'T KNOW/NOT SURE
99. REFUSED

LOSTTEN2 (MODIFIED: 2005; New: 1999)

126. Have you ever lost at least 10 pounds and kept it off for one year or more?

1. Yes
2. No
8. DON'T KNOW
9. REFUSED

AGE (NEW: 1995)

127. Now, I'd like to ask a few questions about you. How old were you on your last birthday?

INTERVIEWER: IF OLDER THAN 99 YEARS, CODE AS 99.

___ Enter age

8. DON'T KNOW/NOT SURE
9. REFUSED

RACEETH (NEW: 2001)

128. To which of these groups do you belong? (Multiple response, read responses)

	Yes	No	DK	RF	
1. African American or Black	1	2	3	4	(RACEE_A)
2. Alaska Native	1	2	3	4	(RACEE_B)
3. American Indian	1	2	3	4	(RACEE_C)
4. Asian1	2	3	4		(RACEE_D)
5. Caucasian or White	1	2	3	4	(RACEE_E)
6. Filipino	1	2	3	4	(RACEE_F)
7. Latino or Hispanic	1	2	3	4	(RACEE_G)
8. Native Hawaiian	1	2	3	4	(RACEE_H)
9. Other Pacific Islander	1	2	3	4	(RACEE_I)
10. Other (specify)	1	2	3	4	(RACEE_J)

RACE_OTH

128.5 RACEE_J: Text response

**if RACEETH has more than one response, go to RACEETHB;
else go to LANGSPK**

RACEETHB (NEW: 2001)

129. Of these, which do you most identify with?

1. African American or Black
2. Alaska Native
3. American Indian
4. Asian
5. Caucasian or White
6. Filipino
7. Latino or Hispanic
8. Native Hawaiian
9. Other Pacific Islander
10. Other (specify) _____
11. (DO NOT READ) Both/All/Multi-Racial
12. (DO NOT READ) None of these
13. DON'T KNOW/NOT SURE
14. REFUSED

**if RACEETH =7 or RACEETHB = 7, go to LANGSPK;
else go to EDUCA**

LANGSPK

130. What language(s) do you usually speak at home? (INTERVIEWER: READ LIST)

1. Only Spanish
2. Mostly Spanish
3. Both Spanish and English
4. Mostly English and some Spanish
5. Only English
6. Other
8. DON'T KNOW/NOT SURE
9. REFUSED

EDUCA

131. What is the highest year of school you completed?

1. Eighth grade or less
2. Some high school
3. High school grad or GED certificate
4. Some college
5. College graduate (Bachelor's degree)
6. Post-grad or professional degree
7. Other (specify)
8. DON'T KNOW/NOT SURE
9. REFUSED

INCOME (MODIFIED: 2001)

132. Which of the following categories best describes your annual household income from all sources before taxes:

(Read responses)

1. Less than \$10,000
2. \$10,000 to less than \$15,000
3. \$15,000 to less than \$20,000
4. \$20,000 to less than \$25,000
5. \$25,000 to less than \$35,000
6. \$35,000 to less than \$50,000
7. \$50,000 to less than \$65,000
8. \$65,000 or more
88. DON'T KNOW/NOT SURE (Go to NUMPHON2)
99. REFUSED (Go to NUMPHON2)

HHSIZE

133. *** Calculated variable do not ask ***(not formatted)

Household size = ((NUMADULT-NHHADULT)+CHILD18)

Find the point on the table where HHSIZE and INCOME intersect.
 If there is a table value and the table value is LT the "less than" value of the response to INCOM02, go to THRESH02.

THRESH02 (NEW: 2003)

134. Is your annual household income above _____ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)

- 1. Yes
- 2. No
- 8. Don't know / Not sure
- 9. Refused

INCOME	=	1	2	3	4	5	6	7	8
4		<10K	10-15K	15-20K	20-25K	25-35K	35-50K	50-65K	65K+
HHSIZE=	1	9,310		17,224/ 18,620					
(Household Size)	2		12,490		23,107/ 24,980				
	3			15,670		28,990/ 31,340			
	4			18,850		34,873	37,700		
	5				22,030		40,756/ 44,060		
	6				25,210		46,639/ 50,420		
	7					28,390		52,522/ 56,780	
	8					31,570		58,405/ 63,140	
	9					34,750		64,288	69,500
	10						37,930		70,171/ 75,860
	11						41,110		76,054/ 82,220
	12						44,290		81,937/ 88,580
	13						47,470		87,820/ 94,940

(100%, 185%, and 200% of Federal Poverty Line; From: Federal Register, Feb 13, 2004.)

NUMPHON2

135. How many residential telephone numbers do you have? DO NOT include dedicated fax lines, computer lines, cellular and mobile phones.

___ Enter number:

- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

The next questions are about rules your household has that support healthy eating.

RULEJUNK (NEW: 2005)

136. Does your family (Do you) limit the amount of junk food, such as chips, candy, soda, etc., in the house?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

RULEFF (NEW: 2005)

137. Does your family (Do you) limit the number of times per week or per month you eat at fast food restaurants?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

**if CHILD18 > 0 ask RULETV;
Else go to CUTMEAL**

RULETV (NEW: 2005)

138. Does your family limit the amount of time your children watch TV?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

Please answer the following questions about the food eaten in your household in the last 12 months.

CUTMEAL (MODIFIED: 1999)

139. In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

1. Yes
2. No (Go to EATLESSC)
8. DON'T KNOW/NOT SURE (Go to EATLESSC)
9. REFUSED (Go to EATLESSC)

CUTOFT (MODIFIED: 1999)

140. How often did this happen in the last 12 months? Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

1. Almost every month
2. Most months
3. Some months but not every month
4. Only 1 or 2 months
8. DON'T KNOW/NOT SURE
9. REFUSED

EATLESSC (NEW: 2005)

141. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

EVRHNGRY (NEW: 2005)

142. In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

Now I'm going to read you a few statements that people have made about their food situation

FOODLAST (NEW: 2001) (Asked of Everyone)

143. The food that I bought just didn't last, and I didn't have money to get more. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

1. Often
2. Sometimes
3. Rarely
4. Never True
8. DON'T KNOW/NOT SURE
9. REFUSED

FOODBLNC (NEW: 2001) (Asked of Everyone)

144. I couldn't afford to eat balanced meals. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

1. Often
2. Sometimes
3. Rarely
4. Never True
8. DON'T KNOW/NOT SURE
9. REFUSED

FOODSTMP (Asked of EVERYONE)

145. In the last 12 months, have you or anyone in your household used food stamps to buy food?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

FOODASST (NEW: 2003) (Asked of Everyone)

146. In the last 12 months, have you received food assistance from a food bank, food pantry, or community kitchen?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

ZIPCODE (NEW: 1999)

147. What is your zip code?

_____ Enter the five digit number

77777 Don't know / Not sure

99999 Refused

MARITAL (NEW: 2001)

148. Are you now married, living with a partner in a marriage-like relationship, widowed, divorced, separated, or never married?

1. Married
2. Living with partner
3. Widowed
4. Divorced
5. Separated
6. Never Married
8. DON'T KNOW/NOT SURE
9. REFUSED

Now we'd like to ask you a few more questions about the about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.

FRUITNEW (New Q5: 2007)

149. During the past month, how many times per day, week or month did you eat fruit? Do not count juices.

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

SALADNEW (New Q6: 2007)

150. During the past month, how many times per day, week or month did you eat green leafy or lettuce salad?

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

FRDPOTNEW (New Q7: 2007)

151. During the past month, how many times did you eat French fries, home fries or hash browns?

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

OTHPOTNEW (New Q8: 2007)

152. During the past month, how many times did you eat *other* white potatoes?

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

BEANNEW (New Q9: 2007)

153. During the past month, how many times did you eat cooked dried beans, such as refried beans, baked beans, or bean soup? Do not include green beans.

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

VEGNEW (New Q10: 2007)

154. During the past month, how many times did you eat any vegetables other than the foods you already told me about?

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

JUICENEW (New Q11: 2007)

155. During the past month, how many times did you drink 100% fruit juice such as orange or apple juice? Please do NOT include fruit drinks like Kool-Aid or lemonade, cranberry juice cocktail, Hi-C, Tang, Tampico, Sunny Delight, or Twister.

_____ PER DAY
_____ PER WEEK
_____ PER MONTH

88. DON'T KNOW/NOT SURE

99. REFUSED

Thank you very much. Those are all the questions I have. We really appreciate your help and the time you've given us. Good-bye.