

2011 California Dietary Practices Survey

Table 120: Condition of Walkways in Home Neighborhood

In your home neighborhood, do you have access to any sidewalks, shoulders of the road, trails, or parks where you can safely walk, run, or bike? How pleasant are the sidewalks, shoulders of the road, trails, or parks in your home neighborhood?

Would you say: Very Pleasant, Somewhat Pleasant, Somewhat Unpleasant, or Very Unpleasant?

	Percent with Access to Safe Walkways	Percent Reporting Walkways as	
		Pleasant	Unpleasant
Total	80.2	90.7	9.3
<i>Sex</i>			
Male	83.3 **	90.4	9.6
Female	77.3	91.0	9.0
<i>Males</i>			
18 - 24	84.2	91.3	8.8
25 - 34	77.4	87.5	12.5
35 - 50	86.1	87.7	12.3
51 - 64	80.6	93.3	6.7
65+	90.5	97.0	3.0
<i>Females</i>			
18 - 24	78.5	89.0	11.0
25 - 34	82.1	88.0	12.0
35 - 50	75.0	88.2	11.8
51 - 64	75.0	94.3	5.7
65+	79.4	97.2	2.5
<i>Ethnicity</i>			
White	79.6 *	91.5	8.5
Hispanic	80.5	89.1	10.9
Black	80.5	87.1	12.9
Asian/Pacific Islander	94.1	95.0	5.0
<i>Education</i>			
Less than High School	80.4	89.4	10.6
High School Graduate	78.2	87.8	12.2
Some College	79.5	93.0	7.0
College Graduate	82.7	91.6	8.4
<i>Income</i>			
Less than \$15,000	76.0 **	89.3	10.7
\$15,000 - 24,999	79.1	88.8	11.2
\$25,000 - 34,999	80.6	90.2	9.8
\$35,000 - 49,999	92.2	91.7	8.3
\$50,000+	84.7	92.8	7.2
<i>Physically Active</i>			
Did Not Meet Aerobic Recommendation	83.3 **	90.8	9.2
Met Aerobic Recommendation	76.0	90.3	9.7
<i>Overweight Status</i>			
Overweight/Obese	79.2	90.2	9.8
Not Overweight	81.9	91.3	8.7
<i>SNAP/CalFresh Status, % FPL</i>			
Participant	77.5 *	89.5	10.5 *
Likely Eligible, ≤ 130%	80.9	86.5	13.5
Not Eligible, > 185%	85.0	93.5	6.5

N=1,412; 1,129

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

*p<.05

**p<.01

2011 California Dietary Practices Survey

Table 121: Access to Safe Exercise Facilities in Home Neighborhood

In your home neighborhood, do you have access to safe public indoor or outdoor exercise facilities, such as tracks, basketball or tennis courts, swimming pools, or school gyms?

	Percent with Access to Safe Exercise Facilities
Total	64.0
<i>Sex</i>	
Male	67.1 *
Female	61.0
<i>Males</i>	
18 - 24	84.3 **
25 - 34	60.8
35 - 50	69.2
51 - 64	60.2
65+	64.8
<i>Females</i>	
18 - 24	59.1
25 - 34	63.9
35 - 50	58.5
51 - 64	61.6
65+	62.7
<i>Ethnicity</i>	
White	63.9
Hispanic	62.4
Black	63.5
Asian/Pacific Islander	77.6
<i>Education</i>	
Less than High School	53.3 ***
High School Graduate	68.7
Some College	60.0
College Graduate	69.5
<i>Income</i>	
Less than \$15,000	56.5 ***
\$15,000 - 24,999	55.9
\$25,000 - 34,999	70.6
\$35,000 - 49,999	75.7
\$50,000+	74.0
<i>Physically Active</i>	
Met Aerobic Recommendation	70.2 ***
Did Not Meet Aerobic Recommendation	54.9
<i>Overweight Status</i>	
Overweight/Obese	61.4 **
Not Overweight	68.6
<i>SNAP/CalFresh Status, % FPL</i>	
Participant	59.4 ***
Likely Eligible, ≤ 130%	58.5
Not Eligible, > 185%	72.3

N=1,395

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2011 California Dietary Practices Survey

Table 122: Access to Quality, Affordable, and Fresh Fruits and Vegetables in Neighborhood

In your neighborhood, how often can you easily find a variety of good quality, affordable, fresh fruits and vegetables that you want?

	Always/Often	Sometimes	Seldom/Never	
Total	70.3	19.2	10.5	
<i>Sex</i>				
Male	72.3	18.7	9.1	
Female	68.5	19.7	11.8	
<i>Males</i>				
18 - 24	65.7	29.3	5.1	**
25 - 34	70.1	22.7	7.1	
35 - 50	69.7	18.5	11.8	
51 - 64	78.1	11.7	10.2	
65+	82.4	9.5	8.1	
<i>Females</i>				
18 - 24	60.2	26.9	12.9	*
25 - 34	61.4	24.1	14.5	
35 - 50	67.5	20.7	11.8	
51 - 64	78.6	13.6	7.9	
65+	74.0	13.5	12.5	
<i>Ethnicity</i>				
White	78.1	13.4	8.6	***
Hispanic	60.0	27.8	12.2	
Black	64.0	24.4	11.6	
Asian/Pacific Islander	76.2	16.7	7.1	
<i>Education</i>				
Less than High School	64.2	22.8	13.0	**
High School Graduate	66.8	22.5	10.7	
Some College	68.2	21.1	10.7	
College Graduate	79.1	12.3	8.6	
<i>Income</i>				
Less than \$15,000	61.6	23.0	15.4	***
\$15,000 - 24,999	65.6	24.9	9.5	
\$25,000 - 34,999	75.5	16.7	7.8	
\$35,000 - 49,999	75.0	21.2	3.8	
\$50,000+	85.3	7.8	6.9	
<i>Overweight Status</i>				
Overweight/Obese	66.6	21.1	12.3	***
Not Overweight	76.6	16.1	7.3	
<i>SNAP/CalFresh Status, % FPL</i>				
Participant	62.2	24.9	12.9	***
Likely Eligible, ≤ 130%	60.3	26.5	13.2	
Not Eligible, > 185%	87.0	8.3	4.8	

N=1,417

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2011 California Dietary Practices Survey

Table 123: Family Rules Limiting Soda, Fast Food, and Screen Time

Does your family (Do you) limit the amount of soda and other sugary beverages in the house?

Does your family (Do you) limit the number of times per week or per month you eat at fast food restaurants?

Does your family limit the amount of time your children watch TV?

Does your family limit the amount of time your children surf the internet, play video games, or watch videos/DVDs?

	Percent With Rules Limiting			
	Soda and Other Sugary Beverages	Fast Food	Television ¹	Internet, Video Games, and Videos ¹
Total	77.9	76.4	69.2	78.3
<i>Sex</i>				
Male	75.0 *	68.5 ***	68.4	78.4
Female	80.7	83.7	69.7	78.4
<i>Males</i>				
18 - 24	56.8 ***	41.8 ***	40.0 ***	56.0 ***
25 - 34	80.4	77.3	78.0	82.5
35 - 50	84.1	77.8	72.8	85.8
51+	68.7	63.3	63.3	66.7
<i>Females</i>				
18 - 24	62.4 ***	82.6 ***	53.9 ***	68.5 **
25 - 34	79.3	87.5	79.0	83.5
35 - 50	91.5	90.4	73.9	82.5
51+	77.7	75.0	55.6	61.9
<i>Ethnicity</i>				
White	74.8 *	72.6	68.8	77.7
Hispanic	79.7	78.2	68.1	77.7
Black	79.1	79.8	61.5	75.0
Asian/Pacific Islander	87.2	79.2	81.1	81.6
<i>Education</i>				
Less than High School	75.5 **	80.7	76.4 ***	80.1 *
High School Graduate	72.9	71.6	57.7	74.1
Some College	77.9	77.8	71.5	76.2
College Graduate	84.0	77.0	76.9	86.0
<i>Income</i>				
Less than \$15,000	75.9	82.4 ***	67.3	75.5 *
\$15,000 - 24,999	78.4	79.6	65.8	77.3
\$25,000 - 34,999	77.5	67.4	71.9	77.8
\$35,000 - 49,999	76.9	60.8	75.0	80.8
\$50,000+	80.9	74.7	72.0	88.3
<i>Overweight Status</i>				
Overweight/Obese	77.7	76.3	68.8	77.5
Not Overweight	78.1	76.5	70.2	80.5
<i>SNAP/CalFresh Status, % FPL</i>				
Participant	78.8	81.5 ***	68.4	76.6 *
Likely Eligible, ≤ 130%	74.5	75.0	72.1	78.6
Not Eligible, > 185%	79.0	70.2	71.9	87.5

N=1,408; 1,327; 745; 720

¹ Out of adults with children under 18 years of age.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001