

2011 California Dietary Practices Survey

Table 109: Californians who Used CalFresh or Women, Infants, and Children (WIC)

In the last 12 months, have you or anyone in your household used food stamps¹ to buy food?

In the last 12 months, have you received food assistance from the WIC Program?

	In Last 12 Months, Percent Used	
	CalFresh ¹	WIC ²
Total	54.9	30.7
<i>Sex</i>		
Male	52.6	NA
Female	57.2	NA
<i>Males</i>		
18 - 24	58.9	NA
25 - 34	58.7	
35 - 50	57.3	
51 - 64	49.2	
65+	24.3	
<i>Females</i>		
18 - 24	76.3	55.9
25 - 34	73.6	45.5
35 - 50	62.7	11.9
51 - 64	41.3	NA
65+	27.5	NA
<i>Ethnicity</i>		
White	45.8	20.8
Hispanic	68.1	48.0
Black	72.1	38.7
Asian/Pacific Islander	31.4	10.0
<i>Education</i>		
Less than High School	67.5	41.3
High School Graduate	69.1	39.0
Some College	62.0	28.3
College Graduate	28.0	17.1
<i>Overweight Status</i>		
Overweight/Obese	59.5	37.4
Not Overweight	47.5	21.6

N=1,399; 473

¹ In 2010 food stamps were officially renamed CalFresh in California.

² Out of women 55 years and younger.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

*** p<.001

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Table 110: Adults Reporting Behaviors Indicating Food Insecurity

The food that I bought just didn't last, and I didn't have money to get more. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?
 I couldn't afford to eat balanced meals. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?
 In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?
 In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?
 In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Percent				
	Food Didn't Last ¹	Couldn't Afford Balanced Meals ¹	Ate Less	Hungry but Didn't Eat	Cut or Skipped Meals
Total	31.1	30.7	23.2	19.6	27.5
Sex					
Male	26.2 ***	29.5	22.8	19.9	26.6
Female	35.7	31.7	23.6	19.2	28.4
Males					
18 - 24	13.7 ***	24.2 ***	5.4 ***	12.9 **	11.8 ***
25 - 34	37.3	45.4	32.0	25.2	36.7
35 - 50	26.4	22.7	27.0	23.2	28.3
51 - 64	31.3	35.2	26.6	21.1	33.3
65+	12.3	16.2	6.8	8.1	8.2
Females					
18 - 24	40.9 *	32.3 **	20.4	20.4	26.9
25 - 34	36.1	32.2	23.4	17.9	26.9
35 - 50	40.7	39.0	29.2	23.7	34.7
51 - 64	32.4	29.7	23.7	19.4	28.3
65+	23.3	17.5	14.6	9.8	19.4
Ethnicity					
White	26.8 ***	25.1 ***	23.0 **	19.9 **	27.0 ***
Hispanic	35.3	39.0	23.3	17.5	30.2
Black	43.7	34.9	26.4	23.0	29.9
Asian/Pacific Islander	21.2	23.5	4.8	5.8	7.2
Education					
Less than High School	43.7 ***	39.3 ***	32.4 ***	24.9 ***	38.5 ***
High School Graduate	34.9	34.5	23.0	19.2	28.8
Some College	36.0	33.6	27.1	23.4	30.8
College Graduate	15.6	19.6	14.6	13.2	16.8
Income					
Less than \$15,000	47.4 ***	46.8 ***	35.7 ***	31.0 ***	42.4 ***
\$15,000 - 24,999	37.3	37.4	29.2	21.0	33.8
\$25,000 - 34,999	33.3	30.1	21.0	15.5	24.8
\$35,000 - 49,999	17.0	19.8	15.5	10.7	18.3
\$50,000+	8.2	7.0	5.3	7.0	5.3
Overweight Status					
Overweight/Obese	34.4 **	35.4 ***	26.7 ***	22.0 **	31.3 ***
Not Overweight	25.9	22.9	17.7	15.7	21.1
SNAP/CalFresh Status, % FPL					
Participant	43.1 ***	41.7 ***	32.8 ***	28.1 ***	39.3 ***
Likely Eligible, ≤ 130%	41.9	41.9	33.1	24.3	38.0
Not Eligible, > 185%	7.5	7.5	3.5	3.8	3.8

N= 1,404; 1,400; 1,399; 1,412; 1,399

¹ Percent reporting "often" or "sometimes"

A box around a group of numbers signifies that differences observed within this group are statistically significant

Chi Square Test

- * p<.05
- ** p<.01
- *** p<.001

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Table 111: Californians Eating Out Less Often than in the Previous Year

In the last 12 months, would you say you eat out more often, less often, or the same amount as the previous 12 months?

	Percent Eating Out			
	Less Often	Same Amount	More Often	
Total	56.6	37.1	6.3	
<i>Sex</i>				
Male	52.9	39.2	7.9	**
Female	60.0	35.2	4.8	
<i>Males</i>				
18 - 24	45.3	36.8	17.9	***
25 - 34	53.5	36.1	10.3	
35 - 50	62.7	31.3	6.0	
51 - 64	55.6	40.3	4.0	
65+	29.7	67.6	2.7	
<i>Females</i>				
18 - 24	Insufficient Sample Size			
25 - 34	Insufficient Sample Size			
35 - 50	Insufficient Sample Size			
51 - 64	Insufficient Sample Size			
65+	Insufficient Sample Size			
<i>Ethnicity</i>				
White	53.7	38.2	8.1	***
Hispanic	62.6	33.5	3.9	
Black	63.2	31.0	5.7	
Asian/Pacific Islander	34.9	58.1	7.0	
<i>Education</i>				
Less than High School	60.6	33.3	6.1	**
High School Graduate	60.2	35.8	4.0	
Some College	58.8	33.3	7.8	
College Graduate	48.8	44.3	7.0	
<i>Income</i>				
Less than \$15,000	63.4	32.5	4.2	***
\$15,000 - 24,999	67.9	26.6	5.5	
\$25,000 - 34,999	63.7	32.4	3.9	
\$35,000 - 49,999	53.8	32.7	13.5	
\$50,000+	38.8	53.1	8.2	
<i>Overweight Status</i>				
Overweight/Obese	60.3	35.6	4.1	***
Not Overweight	50.4	39.1	10.5	
<i>SNAP/CalFresh Status, % FPL</i>				
Participant	66.3	28.1	5.5	***
Likely Eligible, ≤ 130%	65.2	33.3	1.5	
Not Eligible, > 185%	37.0	54.5	8.5	

N=1,393

Rows may not add up to 100 percent due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

** p<.01

*** p<.001

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Table 112: Californians who Skipped Meals and How Often

In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? How often did this happen in the past 12 months?

Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

	Cut or Skipped Meals	Percent	
		Almost Every Month or Most Months	Some Months but Not Every Month or Only 1 or 2 Months
Total	27.5	47.3	52.7
<i>Sex</i>			
Male	26.6	43.3	56.7
Female	28.4	51.0	49.0
<i>Males</i>			
18 - 24	11.8 ***	Insufficient Sample Size	
25 - 34	36.7		
35 - 50	28.3		
51 - 64	33.3		
65+	8.2		
<i>Females</i>			
18 - 24	26.9	45.8	54.2
25 - 34	26.9	52.6	47.4
35 - 50	34.7	52.4	47.6
51 - 64	28.3	46.2	53.8
65+	19.4	60.0	40.0
<i>Ethnicity</i>			
White	27.0 ***	Insufficient Sample Size	
Hispanic	30.2		
Black	29.9		
Asian/Pacific Islander	7.2		
<i>Education</i>			
Less than High School	38.5 ***	47.6	52.4
High School Graduate	28.8	48.1	51.9
Some College	30.8	46.1	53.9
College Graduate	16.8	47.8	52.2
<i>Income</i>			
Less than \$15,000	42.4 ***	54.6	45.4 *
\$15,000 - 24,999	33.8	37.4	62.6
\$25,000 - 34,999	24.8	52.0	48.0
\$35,000 - 49,999	18.3	47.4	52.6
\$50,000+	5.3	31.6	68.4
<i>Overweight Status</i>			
Overweight/Obese	31.3 ***	48.7	51.3
Not Overweight	21.1	44.3	55.7
<i>SNAP/CalFresh Status, % FPL</i>			
Participant	39.3 ***	48.0	52.0
Likely Eligible, ≤ 130%	38.0	50.0	50.0
Not Eligible, > 185%	3.8	20.0	80.0

N=1,399; 385

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

*** p<.001