

Accreditation

- **RNs:** Loma Linda University Medical Center, Staff Development is approved by the California Board of Registered Nursing, Provider Number 00239 to offer this program for **14** contact hours.
- This program meets the qualifications for **14** continuing education credits by the ANCC.
- **RDs:** Loma Linda University Medical Center, Staff Development is a continuing professional education accredited provider with the Commission Dietetic Registration LO0001. Registered Dietitians and Dietetic Technicians, registered will receive **14** continuing professional education units for completion of this program.
- **MFC** or **LCSWs:** Program meets the qualifications for **14** hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #: PCE 437.

Participants will receive a certificate of completion after submitting evaluation forms.

Cost

The registration fee is \$150.00 for Sweet Success affiliates staff and \$200.00 for non-affiliate staff. Cost includes breakfast, lunch and snacks for both days. Check with your affiliate program coordinator to clarify your affiliation staffing status. Pre-registration is required for all attendees as space is limited. **Registration fees are due February 14, 2011.**

Cancellation

Registration refunds will be made upon receipt of written or faxed requests postmarked on or before **February 21, 2011.**

The sponsoring agencies reserve the right to make program changes or cancellations at any time due to circumstances beyond their control. A full refund will be provided if the program is cancelled by the sponsoring agencies.

Questions? Call Suzanne Sparks

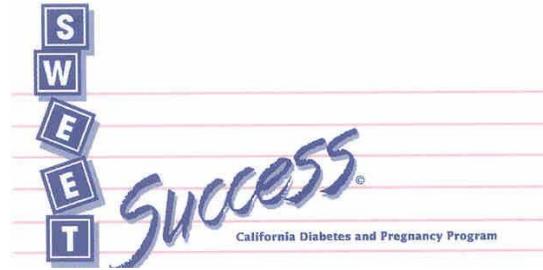
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Program Overview

This program is designed to provide training in the care of the woman with diabetes during pregnancy. It is intended for Sweet Success affiliate staff and healthcare providers who desire training and clarification in caring for women who have a pregnancy complicated by diabetes.



Affiliate Training: Current Standards of Practice & Updates in Diabetes & Pregnancy

March 3 & 4, 2011
California Diabetes & Pregnancy Program
Staff Development Classroom 8
Mountain View Plaza
11255 Mountain View Ave.
Loma Linda, CA 92354



A Regional Perinatal System Program supported in part through contracts with the state of California Department of Health Services: MCAH Branch, Title V Funds

FACULTY

Barry Block, MD
Perinatologist, LLUMC
Medical Director, CDAPP Region 7

Susan Clark, MD
Pediatric Endocrinologist
Children's Hospital of Orange County

Elba Fayard, MD
Neonatologist, LLUMC

Eric Durak, BS, MS
Exercise Physiologist
University of California, Santa Barbara

Gretchen Page, MPH, CNM
Manager, RPPC & CDAPP Region 7
LLUMC

Sharmila Chatterjee, MSc, MS, RD, CDE
Nutritionist, CDAPP Region 9
University of California, San Diego

Charlene Canger, LCSW, MFT
Behavioral Medicine Specialist
Mid-Coastal California Perinatal
Outreach Program, CDAPP Region 4
Stanford University Medical Center

Sara Corder, RD, MPH
Kaiser Permanente, Fontana

Lisa Bollman, RNC, CPHQ
CDAPP Data Center
Community Perinatal Network

Violeta Quevedo, WHNP-BC, MSN, PHN
Women's Health Nurse Practitioner
Anaheim, CA

Suzanne Sparks, RN, BSN, CDE
Coordinator & Nurse Educator
CDAPP Region 7, LLUMC

Directions

I-10 From Los Angeles

- Take I-10 East
- Exit MT. VIEW AVE / BRYN MAWR. and make a right onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA

I-10 From Palm Springs

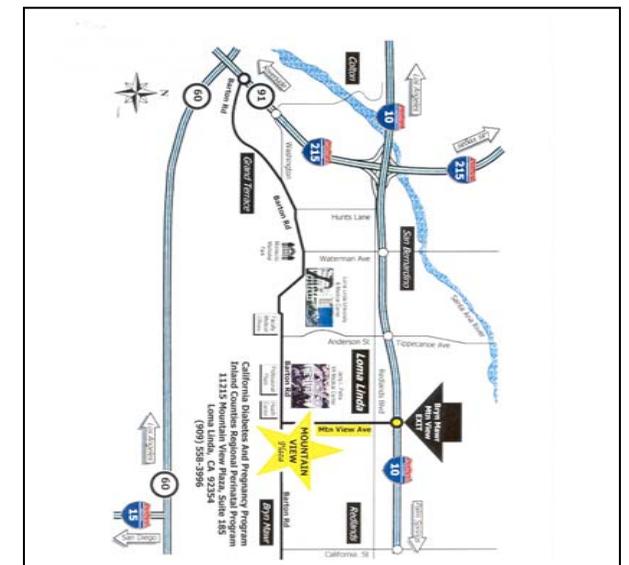
- Take I-10 West
- Exit MT. VIEW / BRYN MAWR and make a left onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA.

91 / 215 From Riverside

- Take 91 / 215 North
- Transition onto I-10 East
- Exit MT. VIEW / BRYN MAWR turn right onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA

I-15 From Hi Desert

- Take I-15 South
- Transition onto I-10 East
- Exit MT. VIEW / BRYN MAWR and turn right onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA



Conference Objectives

Demonstrate an understanding of the pathophysiology of diabetes and pregnancy

State the Sweet Success recommendations for screening, diagnosis, and follow up of gestational diabetes

Counsel women before, during, and after pregnancy about reducing long and short term risks of hyperglycemia during pregnancy to the mother, fetus and off spring

State the Sweet Success blood glucose targets and self monitoring frequencies during pregnancy and lactation for women with diabetes

Describe a healthy eating plan for women with diabetes during pregnancy

Explain how staying active contributes to maintaining blood glucose targets

Identify tools to assess coping with stress, readiness for change, level of motivation and signs of depression in women experiencing diabetes during pregnancy

Explain how to safely and accurately use medications: insulin and oral agents to achieve normoglycemia

Demonstrate an understanding of the impact of culture on self care behaviors

State the benefits of breastfeeding to women & infants following a pregnancy complicated by diabetes

Demonstrate ability to conduct an initial diabetes & pregnancy teaching session

Thursday, March 3

8:00 – 8:30 Registration & Breakfast

8:30 **Welcome**

8:30 – 9:30 Medical Management of Diabetes in Pregnancy
Barry Block, MD

9:30 – 10:30 Medications: Protocols for Prescribing Insulin in Diabetes & Pregnancy
Barry Block, MD

10:30 - 10:45 **Break**

10:45 – 11:45 Long-Term Metabolic Consequences of Gestational Diabetes
Susan Clark, MD

11:45 – 12:30 **Lunch**

12:30 – 1:30 Infant of the Diabetic Mother
Elba Fayard, MD

1:30 – 2:30 Diabetes & Breastfeeding
Sara Corder, RD, MPH

2:30 – 2:45 **Break**

2:45 – 3:45 Data Collection: How We Know Sweet Success is Working
Lisa Bollman, RNC, CPHQ

3:45 - 4:45 Reimbursement: Getting Paid for What You Do
Violeta Quevedo, WHNP-BC, MSN, PHN

Friday, March 4

8:00 – 8:30 Registration & Breakfast

8:30 – 9:30 Preconception & Postpartum Diabetes Prevention
Gretchen Page, CNM, MPH

9:30 – 10:30 Nutritional Guidelines for GDM & the Postpartum Period
Sharmila Chatterjee, MSc, MS, RD, CDE

10:30 – 10:45 **Break**

10:45 – 11:45 Medical Nutrition Therapy for Pre-existing Diabetes in Pregnancy
Sharmila Chatterjee, MSc, MS, RD, CDE

11:45 – 12:30 **Lunch**

12:30 – 1:30 Why It's Easy to be Non-Compliant About Using the EPDS and Stress Check
Charlene Canger, LCSW, MFT

1:30 – 2:30 Exercise in Pregnancy & Diabetes
Eric Durak, MS

2:30 – 2:45 **Break**

2:45 – 3:45 Personality & Learning Styles
Suzanne Sparks, RN, BSN, CDE

3:45-4:45 Case Studies: Putting It All Together
Suzanne Sparks, RN, BSN, CDE

4:45 – 5:00 Evaluations

Registration

Registration fee includes CEUs, breakfasts, lunches, snacks, and all conference material.

PAYMENT (check one)

- \$150.00 for Sweet Success Affiliate Staff
 \$200.00 for Non-affiliate staff

REGISTER:

To register & pay online, go to:

<http://ce.llu.edu>

Questions? Call: (909) 558-3500