

What is a Healthy Community?



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Healthy Communities Context

- SB375 Sustainable Community Strategies
 - SCS Metrics working group
- BARHII Data Group
 - Health Equity indicators
- Health in All Policies Task Force
- Community Transformation Grants

Why Standardized Indicators?

- ❑ Common framework-definitions-metrics
- ❑ Provides baseline information on community health environment
 - Complements Healthy People 2020 outcomes measures
- ❑ Improves accountability
 - Identify communities of concern
 - Allows bench-marking
 - Track over time - impact of programs/policies
 - Identify “best practices” in like communities
- ❑ Data to inform, support decision makers
- ❑ Reduce burden on local government to develop metrics/data

Definitions

- Indicators are usually a population-based measurement with a numerator, denominator, and time period
 - Ideally capable of being stratified by population characteristics (race/ethnicity for assessment of inequity) or geography
- Benchmarks are levels of an indicator that are deemed as acceptable or represent a goal

What is a Healthy Community?

- ❑ **Meets basic needs of all**
 - Safe, sustainable, accessible and affordable transportation options
 - Affordable, accessible and nutritious foods and safe drinkable water
 - Affordable, high quality, socially integrated and location-efficient housing
 - Affordable, accessible and high quality health care
 - Complete and livable communities including quality schools, parks and recreational facilities, child care, libraries, financial services and other daily needs
 - Access to affordable and safe opportunities for physical activity
 - Able to adapt to changing environments, resilient, and prepared for emergencies
 - Opportunities for engagement with arts, music and culture
- ❑ **Quality and sustainability of environment**
 - Clean air, soil and water, and environments free of excessive noise
 - Tobacco- and smoke-free
 - Green and open spaces, including healthy tree canopy and agricultural lands
 - Minimized toxics, greenhouse gas emissions and waste
 - Affordable and sustainable energy use
 - Aesthetically pleasing
- ❑ **Adequate levels of economic, social development**
 - Living wage, safe and healthy job opportunities for all, and a thriving economy
 - Support for healthy development of children and adolescents
 - Opportunities for high quality and accessible education
- ❑ **Health and social equity**
- ❑ **Social relationships that are supportive and respectful**
 - Robust social and civic engagement
 - Socially cohesive and supportive relationships, families, homes and neighborhoods
 - Safe communities, free of crime and violence

Inequities

- Inequities are differences in indicator values (outcomes) that are avoidable, unfair, preventable, and rooted in social position such as race/ethnicity, social/economic class, educational attainment, occupation, place (urban/rural), tribal status, gender, sexual orientation, or other social disadvantage.

Health and social equity

- ❑ Income Inequality: Gini coefficient describes the evenness of income distribution in a community on a 0 to 1 scale (0 = high income equality)
- ❑ Race/ethnicity equity score as a composite of race/ethnicity differences in multiple core indicators, including median income
- ❑ Place-based equity score as a composite of differences across census tracts in multiple core indicators
- ❑ Displacement measure describing the change over time in the number (percent) of households by race/ethnicity and annual income in a specific geographic area

Health in All Policies Task Force

- Task Force Priority Recommendations for Implementation
 - June 1 Strategic Growth Council meeting
 - Implementation plans through Fall, 2011

Active Transport, Housing, Greening

□ *Active Transportation*

- Support active transportation through implementation of “complete streets” (I.A2.).
- Highlight the opportunities presented by SB 375 to promote active transportation (I.A4.).

□ *Housing and Indoor Spaces*

- Promote sustainable development through smart housing siting; Develop recommended processes for balancing multiple public policy objectives affecting air quality and the permit processing and siting of transit-oriented development (I.B3c.).

□ *Parks, Urban Greening, and Places to be Active*

- Support urban greening and access to green spaces (I.C1.).

Community Safety, Healthy Food

- *Community Safety through Violence Prevention*
 - Disseminate existing guidance on Crime Prevention through Environmental Design (I.D2.).
 - Build violence prevention capacity statewide by supporting community-level efforts to engage and convene stakeholders to develop data-informed prevention actions, including through training to promote effective community engagement and joint action (I.D1.).
- *Healthy Food*
 - Encourage and expand the availability of affordable and locally grown produce through “farm-to-fork” policies and programs (I.E1.).
 - Leverage government spending to support healthy eating and sustainable local food systems (I.E4.).

Healthy Public Policy

□ *Healthy Public Policy*

- Incorporate a health and health equity perspective into state guidance, surveys, and technical assistance documents where feasible and appropriate (II.A1.).
- Incorporate health and health equity criteria into state grant Requests for Applications, review criteria and scoring, technical assistance, and monitoring/ performance measures, where feasible and appropriate (II.B.1.).
- Explore appropriate ways to integrate health analysis into existing state projects and plans. Design and conduct a feasibility study to explore possible methods or approaches for incorporating a health lens into analyses of a subset of legislation and Budget Change Proposals (BCPs), to consider long-term health and state health-care expenditure consequences of short-term financial and policy decisions (II.B.3a.).

Community Transformation Grants

- ❑ Coordination and Collaboration across CA
 - Share materials and tools developed
 - Participate in state and regional forums
 - Collaborate on media, evaluation, and ROI assessment
- ❑ Shared strategic directions
 - Beverages: decrease unhealthy, increase healthy
 - Healthy food access: retail, farm-to-fork, procurement
 - Community planning to inc PA , inc safety/violence:
 - ❑ SRTS, school siting, general plans, SCS, joint use
 - Smoke-free MUH
 - CHW to bridge clinical & community-based prevention activities
- ❑ Shared guiding principles
 - Youth engagement
 - HiAP institutionalized