

Overview of The Nurse-Family Partnership Program (NFP) in Solano and Sonoma Counties

For CCLHO
October 2, 2014



The pictures in this presentation are of NFP clients enrolled in Sonoma and Solano Counties

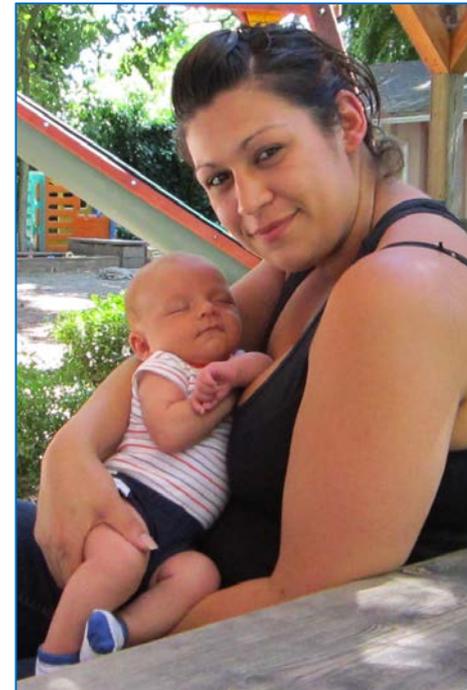


What is the Nurse Family Partnership?

- An evidence-based, internationally recognized community health program
- Transforms lives of vulnerable first-time mothers living in poverty
- The RAND Corporation found a net benefit to society equating to a \$5.70 return per dollar invested in the Nurse-Family Partnership

NFP Program Goals

- Improve pregnancy outcomes
- Improve child health and development
- Improve the economic self sufficiency of the family



Benefits of NFP



- **27%** ↓ pregnancy-induced hypertension
- **28%** ↓ first preterm births
- **31%** ↓ closely spaced second births
- **38%** ↓ childhood ER treated injuries
- **23%** ↑ full immunization by age 2

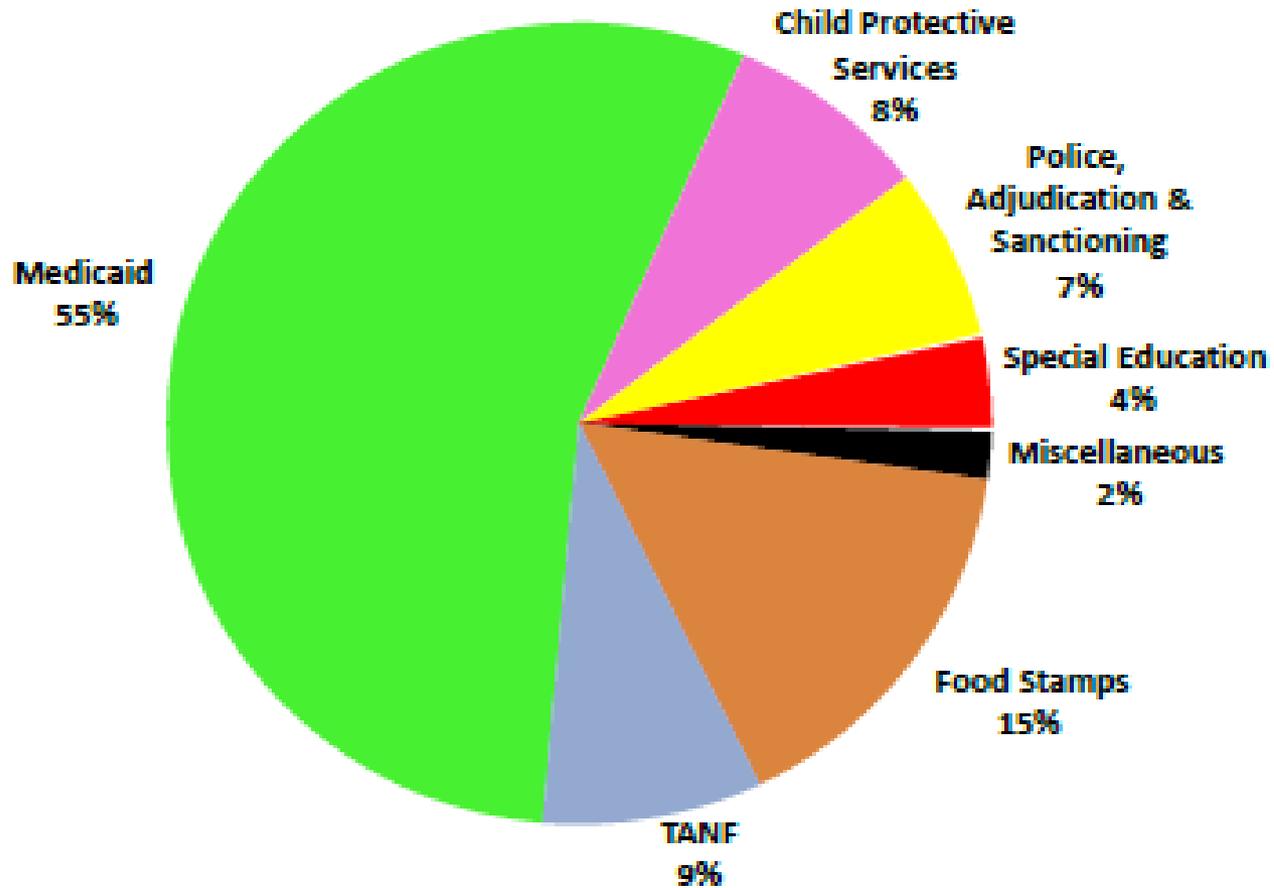
Dr. Ted Miller – Pew Center on the States (April 2014)

For every 1000 families enrolled, NFP will prevent:



- 78 preterm births
- 73 second births to young mothers
- 240 maltreatment incidents
- 3.4 infant deaths
- 230 person years of youth substance abuse
- 2650 crimes by youth

Savings By Government Sector



How it Works...

Per David Olds, PhD, Founder of NFP



“There is a magic window during pregnancy...it’s a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse.”

NFP Target Population

- First time mothers (all ages)
- Low-income (WIC or Medi-Cal eligible)
- Early in the pregnancy (by 28 weeks gestation)
- Families struggling with multiple issues such as homelessness, substance abuse, and mental illness are prioritized



Risk Factors of Enrolled Clients



- Unstable medical condition
- Mental health concerns
- History of abuse, neglect, violence
- History of foster care
- History of incarceration and/or arrests
- Homelessness
- Substance abuse
- Developmentally delayed Parent(s)

What NFP Can Offer Managed Care Health Plans

- Linkage to a Medical Home
- Care coordination/case management for at risk population
- Ongoing health, developmental, and psychosocial screenings and assessments in the home



What NFP Can Offer Managed Care Health Plans

- Anticipatory guidance and preventive services
- Early identification of problems
- Resource and referral to community and medical services
- Timely patient centered communication and information exchange



Outcomes already happening

Solano and Sonoma County are meeting or exceeding state and national NFP benchmarks on the following outcomes:

- Fewer low-birth weight babies
- Higher rates of breastfeeding
- Higher rates of completed immunizations
- Fewer subsequent pregnancies
- More moms obtained a high school diploma or GED (Solano)

Potential Benefits of Partnering with NFP

- Improved outcomes for plan members
- Reductions in risk factors that lead to chronic conditions
- Reductions in avoidable hospitalizations (NICU, ER use)
- Better patient compliance with medical providers instructions



Potential Benefits of Partnering with NFP

- Improvements in HEDIS and other quality metrics
- Improved opportunities to take advantage of pay for performance and other quality incentives
- Significant cost savings and return on investment



Over 600 Families Served!



NFP Teams

Sonoma County



Solano County



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