

APPENDIX A

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APPENDIX B

GLOSSARY/ACRONYMS

AAFP	American Academy of Family Practice	IOM	Institute of Medicine
AAP	American Academy of Pediatrics	ISIS	Integrated Statewide Information System
ABM	Academy of Breastfeeding Medicine	LC-PUFA	Long-chain polyunsaturated fatty acids
ACOG	American College of Obstetrics and Gynecology	LDL	Low-density lipoprotein
ADA	American Dietetic Association	LLLI	La Leche League International
BFHI	Baby-Friendly Hospital Initiative	MCAH/OFP	Maternal, Child and Adolescent Health/Office of Family Planning Branch, California Department of Health Services (DHS)
BIH	Black Infant Health	MIHA	Maternal and Infant Health Assessment
BMD	Bone mineral density	NICU	Neonatal Intensive Care Unit
CBC	California Breastfeeding Coalition	NIH	National Institutes of Health
CDC	Centers for Disease Control	NIS	National Immunization Survey
CDE	California Department of Education	NSFG	National Survey of Family Growth
CDHS	California Department of Health Services	NSP	Newborn Screening Program, Genetic Disease Branch, California DHS
CHDP	Child Health and Disability Prevention Program	OB/GYN	Obstetrics/Gynecology
CLE	Certified lactation educator	PNSS	Pediatric Nutrition Surveillance System
CMA	California Medical Association	PRAMS	Pregnancy Risk Assessment Monitoring System, Centers for Disease Control and Prevention
CMS	Children's Medical Services Branch, California Department of Health Services	RA	Rheumatoid arthritis
CPQCC	California Perinatal Quality Care Collaborative	RLMS	Ross Laboratories Mothers Survey
CPSP	Comprehensive Perinatal Services Program	RPPC	Regional Perinatal Programs of California
ECC	Early childhood caries	SIDS	Sudden Infant Death Syndrome
EOC	Epithelial ovarian cancer	TAR	Treatment authorization request
GDB	Genetic Disease Branch, California Department of Health Services	USBC	United States Breastfeeding Committee
HEDIS	Health Plan Employer Data and Information Set	USDA	United States Department of Agriculture
HDL	High-density lipoprotein	WHO	World Health Organization
HMBANA	Human Milk Banking Association of North America	WIC	Women, Infants and Children Supplemental Nutrition Program
IBCLC	International board-certified lactation consultant		
ILCA	International Lactation Consultant Association		

APPENDIX C

CALIFORNIA IN-HOSPITAL BREASTFEEDING INITIATION, 2005 BY COUNTY OF OCCURRENCE AND FACILITY

County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
California	508,219	86.3	42.1	44.2
Alameda	18,899	93.1	74.1	19.0
Alta Bates Community Hospital	6,755	94.0	85.4	8.7
Children's Hospital Medical Center	153	71.2	34.6	36.6
Eden Medical Center	1,020	88.4	64.4	24.0
Hayward Kaiser Hospital	2,879	95.9	91.0	4.9
Highland General Hospital	1,121	85.6	38.3	47.4
Oakland Kaiser Hospital	2,220	96.5	64.1	32.4
St. Rose Hospital	1,076	86.5	77.1	9.4
Valley Care Medical Center	1,252	90.8	60.4	30.4
Washington Hospital	2,353	94.8	59.7	35.1
Amador	201	90.5	53.7	36.8
Sutter Amador Hospital	201	90.5	53.7	36.8
Butte	2,740	87.9	67.1	20.8
Enloe Memorial Hospital	1,609	90.1	65.0	25.1
Feather River Hospital	589	93.9	90.7	3.2
Oroville Hospital	532	74.2	46.8	27.4
Calaveras	126	92.9	20.6	72.2
Mark Twain St. Joseph's Hospital	126	92.9	20.6	72.2
Colusa	223	87.4	13.0	74.4
Colusa Regional Medical Center	223	87.4	13.0	74.4
Contra Costa	11,222	92.5	60.8	31.7
Contra Costa Regional Medical Center	1,878	90.1	52.6	37.5
Doctors Medical Center-San Pablo	660	84.8	37.6	47.3
John Muir Memorial Hospital	2,659	92.9	54.4	38.5
San Ramon Regional Medical Center	786	93.4	56.5	36.9
Sutter Delta Medical Center	980	85.5	48.7	36.8
Walnut Creek Kaiser Hospital	4,212	95.8	75.6	20.3
Del Norte	289	90.7	62.6	28.0
Sutter Coast Hospital	287	90.6	62.4	28.2
El Dorado	989	92.3	65.1	27.2
Barton Memorial Hospital	422	90.3	37.7	52.6
Marshall Hospital	567	93.8	85.5	8.3

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County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Fresno	15,363	85.7	40.5	45.2
Clovis Community Hospital	2,378	90.2	76.7	13.5
Fresno Community Hospital and Medical Center	6,831	81.2	16.0	65.2
Fresno Kaiser Permanente Medical Center	1,156	92.0	58.2	33.7
Selma District Hospital	774	88.2	22.5	65.8
Sierra Kings Hospital	1,477	86.7	14.3	72.4
St. Agnes Medical Center	2,741	89.1	81.9	7.2
Humboldt	1,497	90.9	66.2	24.7
Mad River Community Hospital	500	94.2	67.0	27.2
Redwood Memorial Hospital	348	90.2	72.7	17.5
St. Joseph Hospital	643	88.6	61.7	26.9
Imperial	2,729	83.2	7.4	75.8
El Centro Regional Medical Center	1,246	75.8	9.4	66.4
Pioneers Memorial Hospital	1,483	89.4	5.7	83.7
Inyo	148	92.6	76.4	16.2
Northern Inyo Hospital	148	92.6	76.4	16.2
Kern	12,381	80.8	20.7	60.1
Bakersfield Memorial Hospital	2,152	69.5	17.3	52.2
Delano Regional Medical Center	838	89.4	*	*
Kaiser Mercy Southwest Hospital	899	80.6	39.6	41.1
Kern Medical Center	4,157	90.4	5.6	84.9
Mercy Southwest Hospital	2,078	83.0	44.9	38.2
Ridgecrest Regional Hospital	425	96.5	95.1	1.4
San Joaquin Community Hospital	1,824	61.8	14.1	47.7
Kings	1,651	70.1	28.4	41.7
Central Valley General Hospital	1,651	70.1	28.4	41.7
Lake	486	87.2	42.2	45.1
Redbud Community Hospital	166	88.6	47.0	41.6
Sutter Lakeside Hospital	320	86.6	39.7	46.9
Lassen	114	90.4	75.4	14.9
Banner Lassen Medical Center	114	90.4	75.4	14.9
Los Angeles	146,648	82.9	24.9	57.9
Antelope Valley Medical	4,555	87.5	40.9	46.6

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County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Bellflower Medical Center	1,109	89.1	*	*
Beverly Hospital	1,906	77.5	4.4	73.1
California Hospital Medical Center	4,028	83.1	2.6	80.5
Cedars-Sinai Medical Center	6,516	91.7	48.6	43.2
Centinela Hospital	2,109	67.0	5.2	61.8
Children's Hospital Los Angeles	41	53.7	*	*
Citrus Valley-Queen of the Valley	5,211	75.2	11.8	63.4
Daniel Freeman Memorial Hospital	1,609	76.3	10.4	65.9
Downey Community Hospital	1,297	72.2	11.8	60.4
East Los Angeles Doctors	948	93.0	*	*
East Valley Hospital Medical Center	449	68.4	*	*
Foothill Presbyterian Hospital	629	83.5	50.7	32.8
Garfield Medical Center	3,939	89.0	16.2	72.8
Glendale Adventist Medical Center	2,021	92.8	37.8	55.0
Glendale Memorial Hospital and Health Center	1,724	91.7	68.5	23.2
Good Samaritan Hospital	4,418	85.4	14.9	70.5
Greater El Monte Hospital	824	91.3	*	*
Henry Mayo Newhall Memorial Hospital	1,198	90.9	50.0	40.9
Holy Cross Medical Center	2,694	91.1	61.8	29.3
Huntington Memorial Hospital	3,171	88.5	34.6	53.9
Kaiser Antelope Valley	79	93.7	60.8	32.9
Kaiser Baldwin Park	3,066	82.7	34.3	48.5
Kaiser Bellflower	3,263	86.0	29.9	56.1
Kaiser Harbor City	1,692	80.3	24.0	56.3
Kaiser Panorama City	1,556	85.5	31.8	53.7
Kaiser Sunset	2,087	90.4	33.7	56.6
Kaiser West Los Angeles	1,373	81.2	27.7	53.5
Kaiser Woodland Hills	1,637	88.7	30.5	58.2
LAC Harbor-UCLA Medical Center	795	79.9	25.8	54.1
LAC+USC Medical Center	1,193	75.5	30.6	44.9

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County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Little Company of Mary Hospital	2,507	87.7	44.8	42.8
Long Beach Memorial Medical Center	5,866	80.2	38.0	42.1
Los Angeles Community Hospital	419	70.9	*	*
Los Angeles Metropolitan Medical Center	971	84.7	*	*
Martin Luther King Jr. Medical Center	477	23.7	4.2	19.5
Medical Center Tarzana	3,222	85.8	20.5	65.3
Memorial Hospital of Gardena	1,302	44.7	2.0	42.7
Methodist Hospital of Southern California	2,129	86.3	32.1	54.2
Mission Hospital	1,728	73.7	1.3	72.4
Monterey Park Hospital	1,820	59.2	1.7	57.5
Northridge Hospital Medical Center	2,417	85.4	16.2	69.2
Olive View Medical Center	856	86.0	3.4	82.6
Pacific Alliance Medical Center, Inc.	1,951	99.3	1.2	98.1
Pacific Hospital	985	69.5	*	*
Pacifica Hospital of the Valley	997	95.2	*	*
Pomona Valley Hospital Medical Center	6,694	70.0	16.1	53.8
Presbyterian Intercommunity Hospital	3,576	81.3	40.4	40.9
Providence St. Joseph Medical Center	2,680	88.7	41.0	47.7
Queen of Angels-Hollywood Presbyterian	3,888	68.6	5.8	62.8
Saint John's Hospital	1,712	96.7	73.6	23.1
San Dimas Community Hospital	696	87.1	54.3	32.8
San Gabriel Valley Medical Center	1,822	63.3	8.4	54.9
San Pedro Peninsula Hospital	727	73.0	12.9	60.1
Santa Monica Hospital	1,504	92.4	74.8	17.6
St. Francis Hospital Lynwood	6,634	94.3	7.4	86.9
St. Mary Medical Center	2,464	86.3	7.8	78.6
Suburban Medical Center	1,770	57.2	2.0	55.1

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County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Torrance Memorial Hospital	3,760	82.3	44.7	37.7
UCLA Medical Center, CHS	1,818	92.7	73.4	19.3
Valley Presbyterian Hospital	4,450	78.9	4.2	74.8
Verdugo Hills Hospital	865	90.1	43.6	46.5
West Hills Hospital and Medical Center	1,222	89.4	51.6	37.9
White Memorial Medical Center	3,557	89.4	20.2	69.2
Whittier Hospital	1,820	89.9	13.3	76.6
Madera	2,046	75.0	26.7	48.3
Children's Hospital Central California	514	58.8	9.9	48.8
Madera Community Hospital	1,527	80.4	32.2	48.3
Marin	1,665	98.6	89.5	9.1
Marin General Hospital	1,630	98.5	89.4	9.1
Mendocino	984	92.1	73.9	18.2
Mendocino Coast Hospital	170	96.5	85.9	10.6
Ukiah Valley Medical Center	796	91.0	70.7	20.2
Merced	3,042	85.0	26.6	58.3
Memorial Hospital Los Banos	621	95.3	5.3	90.0
Mercy Community Medical Center	2,416	82.3	32.1	50.2
Mono	128	95.3	68.0	27.3
Mammoth Hospital	128	95.3	68.0	27.3
Monterey	6,111	93.9	53.1	40.8
George L. Mee Memorial Hospital	562	91.1	6.0	85.1
Monterey Peninsula Community Hospital	1,170	96.2	92.5	3.7
Natividad Medical Center	2,227	94.6	25.3	69.3
Salinas Valley Memorial Hospital	2,152	92.6	72.6	20.0
Napa	1,083	94.3	68.0	26.3
Queen of the Valley	823	94.2	73.1	21.0
St. Helena Hospital and Health Center	259	94.6	51.4	43.2
Nevada	906	96.8	77.6	19.2
Sierra Nevada Memorial Hospital	436	94.5	90.4	4.1
Tahoe Forest Hospital	412	98.8	60.9	37.9

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Orange	43,133	84.6	29.7	54.9
Anaheim General Hospital	438	91.1	*	*
Anaheim Memorial Medical Center	1,716	80.4	12.0	68.4
Children's Hospital Orange County	253	68.8	27.3	41.5
Children's Hospital Orange County at Mission	141	69.5	*	*
Coastal Communities Hospital	2,096	97.8	*	*
Fountain Valley Regional Medical Center	3,075	66.0	8.3	57.7
Garden Grove Hospital	2,519	75.9	4.8	71.1
Hoag Memorial-Presbyterian Hospital	4,426	89.9	42.6	47.3
Irvine Medical Center	1,163	89.5	34.0	55.5
Kaiser Irvine Medical Center	742	87.6	38.0	49.6
Kaiser Anaheim	2,988	87.1	42.0	45.1
La Palma Intercommunity Hospital	636	84.1	*	*
Los Alamitos Medical Center	1,545	88.0	31.6	56.4
Mission Hospital Regional Medical Center	2,574	90.8	34.0	56.8
Orange Coast Memorial Hospital	1,500	84.6	30.2	54.4
Placentia Linda Hospital	770	88.6	30.5	58.1
Saddleback Memorial Medical Center	2,927	89.8	59.7	30.0
South Coast Medical Center	726	90.4	50.0	40.4
St. Joseph's Hospital	4,437	89.1	57.5	31.6
St. Jude's Medical Center	1,723	85.3	52.1	33.3
UC Irvine Medical Center	1,230	75.8	25.7	50.1
Western Medical Center	3,047	75.9	6.0	69.9
Western Medical Center Anaheim	2,390	82.5	4.9	77.6
Placer	1,866	92.7	51.2	41.5
Sutter Auburn Faith Hospital	436	91.3	52.3	39.0
Sutter Roseville Medical Center	1,418	93.2	50.8	42.4
Plumas	78	89.7	87.2	2.6
Plumas District Hospital	77	89.6	87.0	2.6

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County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Riverside	24,792	84.0	48.2	35.8
Corona Regional Medical Center	1,919	89.2	63.2	26.0
Desert Regional Medical Center	3,193	85.8	40.5	45.3
Hemet Valley Medical Center	973	81.1	42.3	38.7
Inland Valley Regional Medical Center	1,493	87.7	77.0	10.7
John F. Kennedy Memorial Hospital	3,011	79.9	39.9	40.0
Kaiser Riverside	3,281	90.7	71.7	19.0
Moreno Valley Community Hospital	1,424	82.2	34.6	47.5
Palo Verde Hospital	152	51.3	15.8	35.5
Parkview Community Medical Center	1,744	83.0	44.4	38.6
Rancho Springs Medical Center/Tenet	1,704	89.2	74.6	14.6
Riverside Community Hospital	2,794	84.5	51.1	33.4
Riverside County Regional Medical Center	2,799	74.7	10.3	64.4
San Geronio Memorial Hospital	296	75.7	14.5	61.1
Sacramento	22,399	85.1	56.8	28.4
Mercy General Hospital of Sacramento	2,543	76.6	25.9	50.7
Mercy Hospital of Folsom	1,131	92.9	61.5	31.5
Mercy San Juan Hospital	3,102	82.9	39.3	43.7
Methodist Hospital of Sacramento	1,202	84.1	39.3	44.8
Sacramento Kaiser Hospital	3,762	89.6	69.2	20.3
South Sacramento Kaiser Hospital	3,329	91.1	76.9	14.3
Sutter Memorial Hospital	4,950	82.2	61.6	20.6
UC Davis Medical Center	2,347	84.4	60.9	23.5
San Benito	571	92.1	17.2	75.0
Hazel Hawkins Memorial Hospital	571	92.1	17.2	75.0
San Bernardino	25,193	82.6	30.4	52.2
Arrowhead Regional Medical Center	3,583	95.3	3.8	91.5
Barstow Community Hospital	248	64.5	48.4	16.1

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Chino Valley Medical Center	491	79.8	9.8	70.1
Colorado River Medical Center	150	76.0	31.3	44.7
Desert Valley Hospital	350	80.9	49.7	31.1
Doctors Hospital Medical Center of Montclair	1,145	80.5	7.8	72.8
Hi-Desert Medical Center	346	74.6	47.4	27.2
Kaiser Fontana	3,876	81.0	33.3	47.7
Loma Linda University Hospital	2,472	84.9	32.0	52.9
Mountains Community Hospital	143	90.9	67.8	23.1
Redlands Community Hospital	2,076	84.0	41.5	42.5
San Antonio Community Hospital	2,074	84.0	55.9	28.2
San Bernardino Community Hospital	2,383	75.9	19.4	56.5
St. Bernardine Medical Center	2,336	76.4	24.7	51.6
St. Mary Medical Center	2,150	83.8	55.3	28.5
Victor Valley Community Hospital	1,315	72.4	30.3	42.1
San Diego	39,236	90.0	58.9	31.2
Children's Hospital and Health Center	528	78.0	11.9	66.1
Fallbrook Hospital	401	91.5	49.4	42.1
Grossmont Hospital	3,367	87.2	57.1	30.1
Kaiser Palomar Medical Center	709	94.6	78.7	15.9
Kaiser San Diego	3,672	91.6	63.2	28.4
Palomar Medical Center	3,055	91.4	64.3	27.1
Paradise Valley Hospital	2,031	93.4	57.7	35.7
Pomerado Hospital	999	93.5	83.5	10.0
Scripps Memorial Hospital Chula Vista	1,731	89.8	45.1	44.7
Scripps Memorial Hospital La Jolla	2,867	96.8	89.2	7.6
Scripps Memorial Hospital Encinitas	1,388	97.4	85.8	11.6
Scripps Mercy Hospital	2,018	91.1	35.6	55.5
Sharp Chula Vista Medical Center	2,738	85.8	40.8	45.0
Sharp Mary Birch Hospital	7,632	86.7	54.8	31.9
Tri-City Medical Center	3,283	88.6	50.7	37.8
UC San Diego Medical Center	2,636	90.3	64.0	26.3

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County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
San Francisco	11,538	93.8	73.9	19.9
California Pacific Medical Center	5,566	94.3	74.4	19.9
San Francisco General Hospital	886	92.7	85.2	7.4
San Francisco Kaiser Hospital	2,391	94.3	74.4	19.8
St. Luke's Hospital	1,045	92.2	58.1	34.1
UCSF Hospital/Moffitt	1,569	93.0	74.4	18.6
San Joaquin	9,724	82.3	33.1	49.2
Dameron Hospital	1,196	65.9	50.1	15.8
Dameron Kaiser	1,334	85.2	73.8	11.4
Doctors Hospital of Manteca	756	80.3	37.2	43.1
Lodi Memorial Hospital	1,224	85.6	11.9	73.7
San Joaquin General Hospital	2,435	91.3	8.0	83.3
St. Joseph's Medical Center	2,097	76.4	31.7	44.7
Sutter Tracy Community Hospital	674	87.4	50.3	37.1
San Luis Obispo	2,462	94.2	72.8	21.3
French Hospital Medical Center	742	96.5	86.7	9.8
Sierra Vista Regional Medical Center	1,198	92.8	62.4	30.5
Twin Cities Community Hospital	498	93.6	76.3	17.3
San Mateo	5,099	95.5	67.1	28.4
Mills Peninsula Hospitals	2,113	95.7	75.5	20.2
Redwood City Kaiser Hospital	1,287	94.9	60.7	34.2
Sequoia Hospital	1,073	96.6	50.2	46.4
Seton Medical Center	604	93.9	80.3	13.6
Santa Barbara	5,748	92.7	50.8	41.9
Goleta Valley Cottage Hospital	339	96.5	78.8	17.7
Lompoc District Hospital	429	88.1	14.7	73.4
Marian Medical Center	2,674	91.4	31.3	60.1
Santa Barbara Cottage Hospital	2,300	94.5	76.0	18.5
Santa Clara	27,169	93.9	65.4	28.5
Columbia Good Samaritan Hospital	2,512	94.6	65.4	29.2
El Camino Hospital	4,056	98.0	91.7	6.2
Los Gatos Community Hospital	579	96.7	57.3	39.4
O'Connor Hospital	3,143	89.1	38.7	50.3
Regional Medical Center of San Jose	1,337	86.5	18.2	68.3

APPENDIX C

County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Saint Louise Regional Hospital	576	87.8	48.3	39.6
San Jose Kaiser Hospital	2,495	92.1	67.0	25.1
Santa Clara Kaiser Hospital	2,976	93.8	59.0	34.7
Santa Clara Valley Medical Center	4,254	95.4	59.3	36.1
Stanford/Lucile S. Packard	5,207	95.0	83.6	11.4
Santa Cruz	3,447	96.4	66.3	30.1
Dominican Santa Cruz Hospital	981	96.4	71.3	25.2
Sutter Maternity and Surgery Center	808	97.4	86.9	10.5
Watsonville Community Hospital	1,606	95.8	51.7	44.0
Shasta	2,009	93.1	86.4	6.7
Mayers Memorial Hospital	90	83.3	72.2	11.1
Mercy Medical Center Redding	1,909	93.5	87.1	6.4
Siskiyou	284	87.3	63.7	23.6
Fairchild Medical Center	168	89.3	51.2	38.1
Mercy Medical Center of Mt. Shasta	116	84.5	81.9	2.6
Solano	4,904	86.1	57.9	28.2
David Grant Medical Center/ Travis AFB	365	89.3	72.1	17.2
Northbay Medical Center	1,463	85.3	63.6	21.7
Sutter Solano Medical Center	934	84.4	37.5	46.9
Vallejo Kaiser Hospital	2,137	86.8	60.5	26.3
Sonoma	5,240	95.1	72.0	23.1
Petaluma Valley Hospital	494	97.4	84.6	12.8
Santa Rosa Kaiser	1,508	95.9	66.2	29.6
Santa Rosa Memorial Hospital	1,200	93.1	66.9	26.2
Sonoma Valley District Hospital	228	97.8	54.4	43.4
Sutter Medical Center of Santa Rosa	1,767	94.8	78.7	16.1
Stanislaus	9,038	82.9	39.4	43.5
Doctors Medical Center	4,298	82.0	42.3	39.6
Emanuel Medical Center	1,550	83.7	16.3	67.4
Kaiser Emanuel Medical Center	959	84.6	24.8	59.7
Memorial Hospital Association	1,902	83.1	59.7	23.3
Oak Valley District Hospital	325	84.6	34.8	49.8

APPENDIX C

County/ Facility Name	Births with Known Method of Feeding	Percent Any Breastfeeding	Percent Exclusive Breastfeeding	Difference Between Any and Exclusive Rates
Sutter	2,114	78.7	43.4	35.3
Fremont Medical Center	2,114	78.7	43.4	35.3
Tehama	695	87.8	61.0	26.8
St. Elizabeth Community Hospital	695	87.8	61.0	26.8
Tulare	6,713	79.3	20.7	58.7
Kaweah Delta District Hospital	3,842	75.1	22.5	52.7
Sierra View District Hospital	1,916	88.5	17.3	71.2
Tulare District Hospital	954	77.7	20.0	57.7
Tuolumne	467	91.4	54.6	36.8
Sonora Community Hospital	451	91.1	53.2	37.9
Ventura	10,283	90.4	43.3	47.1
Community Memorial Hospital	2,952	89.7	57.0	32.7
Los Robles Regional Medical Center	1,895	93.0	52.2	40.7
Simi Valley Adventist Hospital	554	89.9	43.5	46.4
St. John's Pleasant Valley Hospital	460	93.9	76.7	17.2
St. John's Regional Medical Center	1,767	88.5	21.8	66.7
Ventura County Medical Center	2,630	90.0	29.7	60.3
Yolo	1,992	93.9	72.4	21.5
Sutter Davis Hospital	1,253	97.1	87.2	10.0
Woodland Memorial Hospital	678	87.5	43.1	44.4

Data source: California Department of Health Services, Genetic Disease Branch, Newborn Screening Data, 2005

Prepared by: California Department of Health Services, Maternal, Child and Adolescent Health/Office of Family Planning Branch, Epidemiology and Evaluation Section.

Note 1: The data used to develop these tables are from the Newborn Screening Program database of the Genetic Disease Branch. All nonmilitary hospitals are required to complete the Newborn Screening Test Form prior to an infant's discharge. Upon completing the form, staff must select one of the following five categories to describe "all feedings since birth" (not including water feedings): (1) Breast only; (2) Formula only; (3) Breast and Formula; (4) TPN/Hyperal; and (5) Other.

Note 2: The numerator for "Exclusive Breastfeeding" includes records marked "Breast only". The numerator for "Any Breastfeeding" includes records marked as either "Breast only" or "Breast and Formula". The denominator excludes cases with unknown method of feeding ("Not Reported") and cases marked as "TPN/Hyperal" or "Other". Statewide approximately 3.9% of cases have missing feeding information, 0.9% are coded as "TPN/Hyperal"; and 1.5% are coded as "Other."

Note 3: Data shown for facilities listed as "Kaiser", "Military", "Pediatric", and "Regular Maternity" in the newborn screening database.

Note 4: Data for counties and facilities with fewer than 25 total births with known type of feeding are not shown. Data for all counties shown in this table include information for all births occurring in that county.

Note 5: Percent of any and exclusive breastfeeding are not shown for fewer than 20 events.

Note 6: Difference between any and exclusive rates are computed with rates before rounding.

Note 7: Facility and county of occurrence data are missing for 2% of cases but are included in the state total.

APPENDIX D

SUMMARY OF MODEL HOSPITAL POLICY RECOMMENDATIONS

PURPOSE: These policy recommendations are designed to give basic information and guidance to perinatal professionals who wish to revise policies that affect the breastfeeding mother. Rationale and references are included as education for those unfamiliar with current breastfeeding recommendations. When no reference is available, the interventions recommended are considered to be best practice as determined by consensus of the Inland Empire Breastfeeding Coalition.

- Policy #1:** Hospitals should promote and support breastfeeding.
- Policy #2:** Nurses, certified nurse midwives, physicians and other health professionals with expertise regarding the benefits and management of breastfeeding should educate pregnant and postpartum women when the opportunity for education exists, for example, during prenatal classes, in clinical settings, and at discharge teaching.
- Policy #3:** The hospital will encourage medical staff to perform a breast exam on all pregnant women and provide anticipatory guidance for conditions that could affect breastfeeding. Breastfeeding mothers will have an assessment of the breast prior to discharge and will receive anticipatory guidance regarding conditions that might affect breastfeeding.
- Policy #4:** Hospital perinatal staff should support the mother's choice to breastfeed and encourage exclusive breastfeeding for the first 6 months.
- Policy #5:** Nurses, certified nurse midwives, and physicians should encourage new mothers to hold their newborns skin to skin during the first two hours following birth and as much as possible thereafter, unless contraindicated.
- Policy #6:** Mothers and infants should be assessed for effective breastfeeding. Mothers should be offered instruction in breastfeeding as indicated.
- Policy #7:** Use of artificial nipples and pacifiers should be discouraged for healthy, breastfeeding infants.
- Policy #8:** Sterile water, glucose water, and artificial milk should not be given to a breastfeeding infant without the mother's informed consent and/or physician's specific order.
- Policy #9:** Mothers and infants should be encouraged to remain together during the hospital stay.
- Policy #10:** At discharge, mothers should be given information regarding community resources for breastfeeding support.

The full document and toolkit are available at
<http://www.mch.dhs.ca.gov/programs/bfp/toolkit/default.htm>.

APPENDIX E

WHO/UNICEF'S TEN STEPS TO SUCCESSFUL BREASTFEEDING

The Baby-Friendly Hospital Initiative (BFHI) promotes, protects, and supports breastfeeding through “The Ten Steps to Successful Breastfeeding for Hospitals,” as outlined by UNICEF/WHO. The steps for the United States are:

1. Maintain a written breastfeeding policy that is routinely communicated to all health care staff.
2. Train all health care staff in skills necessary to implement this policy.
3. Inform all pregnant women about the benefits and management of breastfeeding.
4. Help mothers initiate breastfeeding within one hour of birth.
5. Show mothers how to breastfeed and how to maintain lactation, even if they are separated from their infants.
6. Give infants no food or drink other than breastmilk, unless medically indicated.
7. Practice “rooming in”—allow mothers and infants to remain together 24 hours a day.
8. Encourage unrestricted breastfeeding.
9. Give no pacifiers or artificial nipples to breastfeeding infants.
10. Foster the establishment of breastfeeding support groups and refer mothers to them on discharge from the hospital or clinic.

More information about the BFHI can be found at <http://www.babyfriendlyusa.org>.

APPENDIX F

BREASTFEEDING TRENDS AND DATA SOURCES

Data collection is an important part of any monitoring system. Data are necessary to evaluate the effectiveness of promotion and education efforts. Ideally, a single data source would be available to provide information on both initiation and duration of breastfeeding and to differentiate between exclusive and supplemented breastfeeding. The ideal data source would be representative of California's diverse population and include key demographic information such as maternal age, education level, income, parity, and place of residence. Unfortunately, no such data source is currently available for the State of California. Therefore, several data sources must be used to describe breastfeeding rates in California, specifically, the CDHS Genetic Disease Branch Newborn Screening Program, the CDHS MCAH/OFP Branch Maternal and Infant Health Assessment (MIHA), the National Immunization Program, and the California WIC Supplementation Nutrition Program. These sources differ in sampling frames, assessment methods, and timing of data collection, thus, their results often differ.

Genetic Disease Branch Newborn Screening Program

This mandated statewide program is centrally managed by the CDHS Genetic Disease Branch (GDB). The State of California began its Newborn Screening Program in 1966. In addition to laboratory tests, infant feeding during the hospital stay is also monitored through this program. A form is filled out at the time when the blood sample is taken. The individual who fills out the form is instructed to include all feedings from birth, not including water feedings, and to check a box with one of the following choices: breast only, breast and formula, formula only, TPN/Hyperal, or other. If the "other" box is checked, space is provided for further detail. The data represent 99% of infants born in California and are made available (at the county and hospital level) each year on the MCAH/OFP website. GDB newborn screening data are featured in **Figures 1, 2, and 3** as well as **Appendices C and G**. These data are available online at <http://www.mch.dhs.ca.gov>.

The California Maternal and Infant Health Assessment

The MIHA, an annual California survey begun in 1999, is a collaboration between the CDHS MCAH/OFP Branch and the Department of Family and Community Medicine at the University of California, San Francisco. The sampling frame for the survey is women who delivered a live birth in California from February through May of the survey year. Women are excluded from the sampling frame in cases of maternal death, multiple births greater than triplets, maternal age less than age 15, adoption, missing name or address, or non-resident of California. The sampling is stratified by region of the state, education, and race/ethnicity (African American women are over-sampled to ensure a sufficient sample size for analysis), and respondents are selected at random within strata.

The self-administered survey is mailed out in English and Spanish approximately 10-14 weeks postpartum, following an initial contact letter informing them of the survey. Several follow-up attempts are made for non-respondents and a small monetary incentive is provided for participation. Approximately 5,000 women are sampled each year. Response rates for MIHA have ranged from 70.1 to 73.7% each year, yielding approximately 3,500 respondents annually.

APPENDIX F

Respondents' data are weighted to be representative of the population of delivering mothers for the survey calendar year. MIHA data from 2005 are featured in **Figures 4 and 5**. MIHA data are not currently available online.

National Immunization Survey

Regional breastfeeding rates are also available from the CDC National Immunization Program. The program, in partnership with CDC's National Center for Health Statistics, conducts the National Immunization Survey (NIS), sampling households in all 50 states, the District of Columbia, and selected geographic areas within the states. The NIS uses random-digit dialing to survey households with age-eligible children, followed by a mail survey to the eligible children's vaccination providers to validate the vaccination information. Approximately 35,600 phone interviews are completed each year; about 1,500 families participate in California. Beginning January 2003, all respondents to the household telephone survey were asked questions about breastfeeding. NIS data are available at http://www.cdc.gov/breast-feeding/data/NIS_data/data_2004.htm.

California WIC (ISIS) Data

California's WIC Supplemental Nutrition Program collects infant feeding data as part of its Integrated Statewide Information System (ISIS), a system of automated enrollment, recertification, and voucher distribution. The ISIS database includes infant feeding information such as duration of exclusive breastfeeding and timing of introduction of supplemental foods and fluids. With the ISIS system in place, local WIC agencies can monitor the success of breastfeeding promotion programs specific to their region and agency. The exclusive breastfeeding rate represents the number of mothers receiving the fully breastfeeding package and the any breastfeeding rate includes mothers receiving either the partially breastfeeding or fully breastfeeding packages. Voucher data are reported monthly, by site, agency, infant age and ethnicity. Included in this report (**Appendix H**) are data on the percentage of infants (0 to 12 months of age) whose mothers receive the fully breastfeeding package and, therefore, no infant formula. California WIC data are not currently available online.

APPENDIX G

CALIFORNIA EXCLUSIVE IN-HOSPITAL BREASTFEEDING, 2005 BY COUNTY OF RESIDENCE (Ranked high to low)

County	Births with Known Method of Feeding	Exclusive Breastfeeding	Percent Exclusive Breastfeeding
Shasta	1,934	1,660	85.8
Marin	2,606	2,231	85.6
Trinity	99	80	80.8
Nevada	700	560	80.0
Plumas	128	100	78.1
Modoc	59	46	78.0
Lassen	228	175	76.8
San Mateo	9,438	6,997	74.1
San Francisco	7,860	5,805	73.9
Alameda	19,034	13,794	72.5
Sonoma	5,094	3,685	72.3
Mendocino	1,049	755	72.0
Inyo	203	146	71.9
San Luis Obispo	2,459	1,743	70.9
Yolo	2,347	1,612	68.7
El Dorado	1,691	1,148	67.9
Butte	2,259	1,522	67.4
Napa	1,465	983	67.1
Santa Cruz	3,366	2,249	66.8
Mariposa	112	74	66.1
Siskiyou	300	198	66.0
Humboldt	1,481	976	65.9
Mono	132	85	64.4
Santa Clara	23,640	14,920	63.1
Contra Costa	12,135	7,652	63.1
Placer	2,995	1,862	62.2
Tehama	775	481	62.1
Del Norte	288	175	60.8
San Diego	38,860	22,875	58.9
Solano	5,188	3,050	58.8
Sacramento	19,402	10,518	54.2

APPENDIX G

County	Births with Known Method of Feeding	Exclusive Breastfeeding	Percent Exclusive Breastfeeding
Amador	274	147	53.6
Glenn	411	218	53.0
Monterey	6,461	3,410	52.8
Tuolumne	438	228	52.1
Santa Barbara	5,708	2,923	51.2
Yuba	1,128	553	49.0
Lake	642	304	47.4
Riverside	28,276	13,315	47.1
Sutter	1,386	644	46.5
Madera	2,190	984	44.9
Ventura	11,396	4,941	43.4
California	503,087	211,788	42.1
Calaveras	339	140	41.3
Stanislaus	7,830	3,224	41.2
Fresno	14,337	5,646	39.4
San Joaquin	10,459	3,815	36.5
San Benito	825	256	31.0
San Bernardino	29,713	8,870	29.9
Orange	42,201	12,063	28.6
Kings	1,923	549	28.5
Colusa	353	99	28.0
Merced	4,138	1,086	26.2
Los Angeles	142,061	35,494	25.0
Kern	12,922	2,905	22.5
Tulare	7,492	1,489	19.9
Imperial	2,825	303	10.7
Sierra	21	18	.
Alpine	11	7	.
Records with feeding "Not Reported", "TPN" or "Other" are excluded.			

Data source: California Department of Health Services, Genetic Disease Branch, Newborn Screening Data
 Prepared by: California Department of Health Services, Maternal Child and Adolescent Health/Office of Family Planning Branch

APPENDIX H

BREASTFEEDING DATA FOR CALIFORNIA WIC PROGRAMS FEDERAL FISCAL YEAR 2005

Percent of Enrolled Infants Exclusively Breastfed (ranked by breastfeeding rate, 1 = highest)

Agency No.	Agency Name	County	Total Infants	Exclusively Breastfed	Percent Exclusively Breastfed
103	City of Berkeley	Alameda	306	119	38.7%
226	Nevada County Public Health Department	Nevada/Yuba	320	114	35.7%
327	Toiyabe Indian Health Project, Inc.	Inyo/Mono	48	16	33.7%
310	North County Health Services	San Diego	2,132	712	33.4%
231	Plumas Rural Services, Inc.	Plumas	95	31	32.2%
114	Marin County Health and Human Services	Marin	603	184	30.5%
102	Alliance Medical Center, Inc.	Sonoma	296	90	30.5%
129	United Indian Health Services, Inc.	Humboldt/ Del Norte/Trinity	270	76	28.1%
225	Human Resources Council, Inc.	Amador/ Calaveras	255	71	27.8%
223	Tuolumne County Health Department	Tuolumne	236	65	27.7%
224	Siskiyou County Public Health Department	Siskiyou	262	71	27.0%
122	County of San Luis Obispo	San Luis Obispo	1,041	277	26.6%
111	County of Humboldt Department of Public Health	Humboldt/ Del Norte	804	213	26.5%
236	Trinity County Health and Human Services	Trinity	56	14	25.0%
320	Santa Barbara County Public Health Department	Santa Barbara	3,560	873	24.5%
115	County of Mendocino	Mendocino	674	160	23.7%
228	Sierra County Human Services	Sierra	7	2	23.2%
112	Indian Health Center of Santa Clara Valley, Inc.	Santa Clara	727	168	23.2%
126	County of Sonoma Department of Health Services	Sonoma	1,855	425	22.9%
233	El Dorado County Department of Community Services	El Dorado/ Alpine	539	121	22.5%
210	Northeastern Rural Health Clinics, Inc.	Lassen/Modoc/ Plumas/Siskiyou	225	49	21.7%
201	Butte County Department of Public Health	Butte/Glenn/ Colusa	1,390	295	21.2%
209	E-Center	Lake	458	91	19.8%
117	Napa County Health and Human Services Agency	Napa	706	139	19.6%

APPENDIX H

Agency No.	Agency Name	County	Total Infants	Exclusively Breastfed	Percent Exclusively Breastfed
237	Glenn County Health Services	Glenn	285	56	19.6%
212	Placer County Department of Health and Human Services	Placer	759	147	19.3%
215	Shasta County Department of Public Health	Shasta	1,215	217	17.9%
130	Native American Health Center, Inc.	Alameda/ San Francisco	524	92	17.5%
238	Tehama County Health Services	Tehama	530	92	17.3%
307	County of Inyo Department of Health and Human Services	Inyo/Mono	166	29	17.2%
113	La Clinica de la Raza Fruitvale Health Project, Inc.	Alameda	1,032	174	16.8%
202	Madera County Department of Public Health	Madera	1,612	268	16.6%
309	Scripps Mercy Hospital	San Diego	1,759	289	16.4%
318	San Diego State University Foundation WIC Program	San Diego	7,762	1271	16.4%
110	Axis Community Health	Alameda	443	73	16.4%
108	Community Bridges	Santa Cruz/ Monterey	1,727	266	15.4%
107	Gardner Family Care Corporation	Santa Clara	2,603	401	15.4%
101	Alameda County Health Care Services Agency WIC Program	Alameda	4,357	669	15.4%
125	Solano County Health and Social Services Department	Solano	2,468	367	14.9%
123	San Mateo County Health Services Agency	San Mateo	3,038	442	14.5%
315	County of Riverside Health Services Agency, Department of Public Health	Riverside	15,574	2251	14.5%
323	Antelope Valley Hospital WIC Program	Kern/ San Bernardino	3,206	463	14.4%
234	Community Resource Project, Inc.	Sacramento	3,242	464	14.3%
326	Central Valley Indian Health, Inc.	Fresno/Kings/ Madera	341	48	14.2%
105	Contra Costa County Health Services	Contra Costa	4,583	646	14.1%
232	Del Norte Clinics, Inc.	Yuba/Colusa	1,032	143	13.8%
302	American Red Cross, San Diego/Imperial Counties Chapter	San Diego	8,405	1144	13.6%

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Agency No.	Agency Name	County	Total Infants	Exclusively Breastfed	Percent Exclusively Breastfed
220	Yolo County Department of Public Health	Yolo	1,093	148	13.6%
124	Santa Clara County Department of Public Health	Santa Clara	4,327	585	13.5%
213	Sacramento County Department of Health and Human Services	Sacramento	5,959	795	13.3%
321	Ventura County Health Care Agency	Ventura	5,227	663	12.7%
116	Monterey County	Monterey	4,259	536	12.6%
217	Sutter County Human Services Department-Public Health	Sutter	828	102	12.3%
128	Tiburcio Vasquez Health Center, Inc.	Alameda	1,307	150	11.5%
316	Riverside-San Bernardino County Indian Health, Inc.	Riverside/ San Bernardino	234	27	11.4%
121	City and County of San Francisco Department of Public Health	San Francisco	3,524	398	11.3%
305	Northeast Valley Health Corporation	Los Angeles	14,649	1,649	11.3%
120	San Benito Health Foundation	San Benito	479	52	10.9%
204	Delta Health Care and Management Services Corporation	San Joaquin	2,697	292	10.8%
324	Mission Hospital's Camino Health Center	Orange	1,309	140	10.7%
127	Somona County Indian Health Project	Sonoma	130	13	9.8%
219	United Health Centers of the San Joaquin Valley, Inc.	Fresno/Tulare/ Kings	3,745	351	9.4%
317	San Bernardino County Department of Public Health	San Bernardino	17,541	1,642	9.4%
207	Kings County Health Department	Kings	1,752	164	9.3%
319	San Ysidro Health Center	San Diego	2,846	254	8.9%
235	Community Medical Centers, Inc.	San Joaquin/Yolo	1,527	134	8.8%
229	Stanislaus County Health Services Agency	Stanislaus	4,483	377	8.4%
314	Public Health Foundation Enterprises, Inc.	Los Angeles/ Orange	64,812	5,420	8.4%
312	Pasadena Public Health Department	Los Angeles	1112	90	8.1%
132	West Oakland Health Council, Inc.	Alameda	383	30	7.9%

APPENDIX H

Agency No.	Agency Name	County	Total Infants	Exclusively Breastfed	Percent Exclusively Breastfed
218	County of Tulare Health and Human Services Agency	Tulare	5,958	451	7.6%
311	County of Orange Health Care Agency	Orange	8,434	636	7.5%
208	Merced County Community Action Board	Merced/Mariposa	3,210	234	7.3%
325	Planned Parenthood of Orange and San Bernardino County	Orange/ San Bernardino	3,363	227	6.7%
304	Clinicas de Salud del Pueblo, Inc.	Imperial	1,582	106	6.7%
205	Fresno County Economic Opportunities Commission	Fresno	6,598	432	6.6%
308	City of Long Beach Department of Health and Human Services	Los Angeles	6,439	399	6.2%
313	Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center	Los Angeles	19,171	1,179	6.2%
203	Clinica Sierra Vista, Inc.	Kern	7,151	420	5.9%
214	San Joaquin County Public Health Services	San Joaquin	2,307	135	5.9%
206	Community Action Partnership of Kern	Kern	3,381	183	5.4%
322	Watts Healthcare Corporation	Los Angeles	4,283	209	4.9%
	Statewide		299,857	33,008	11.0%

APPENDIX I

LEGISLATION

1997—Personal Rights: Breastfeeding (Cal. Civil Code § 43.3) This law provides that a mother may breastfeed her child in any location, public or private, except the private home or residence of another, where the mother and child are authorized to be present.

<http://www.leginfo.ca.gov/cgi-bin/displaycode?section=civ&group=00001-01000&file=43-53>

1998—Breastfeeding at Work (Cal. Assembly Concurrent Resolution 155) The California legislature encourages the State of California and all California employers to strongly support and encourage the practice of breastfeeding by striving to accommodate the needs of employees, and by ensuring that employees are provided with adequate facilities for breastfeeding, or the expressing of milk for their children; and that the governor declare by executive order that all State of California employees shall be provided with adequate facilities for breastfeeding or the expressing of milk.

http://www.leginfo.ca.gov/pub/97-98/bill/asm/ab_0151-0200/acr_155_bill_19980901_chaptered.html

2000—Jury Duty: Breastfeeding (Cal. Civil Code § 210.5) This law exempts breastfeeding mothers from jury duty, and requires the state to take steps to eliminate the need for the mother to appear in court to make this request.

<http://www.leginfo.ca.gov/cgi-bin/displaycode?section=ccp&group=00001-01000&file=190-237>

2002—Lactation Accommodation (Cal. Lab. Code § 1030, 1031, 1032, 1033) This law requires all California employers to provide a reasonable amount of break time and make a reasonable effort to provide a private space, other than a toilet stall, close to the employee's work area, to accommodate an employee desiring to express breastmilk for her baby. The break time shall be unpaid if the break time does not run concurrently with the rest time authorized for the employee. An employer is not required to provide break time for pumping if taking break time beyond the usual time allotted for breaks would seriously disrupt the operations of the employer. Violation of this chapter is subject to a civil penalty of \$100.

<http://www.leginfo.ca.gov/cgi-bin/displaycode?section=lab&group=01001-02000&file=1030-1033>

2005—Health and Safety Codes (Cal. Health and Safety Code § 123360, 123365) The Department of Public Health is required to include in its public service campaign the promotion of mother who breastfeed their infants. The law requires hospitals to make available a breastfeeding consultant or alternatively, provide information to the mother on where to receive breastfeeding information.

<http://www.leginfo.ca.gov/cgi-bin/calawquery?codesection=hsc&codebody=123360-123365>

2006—Human Milk (Cal. Health and Safety Code § 1648) This law provides an exemption for hospitals from requiring a tissue bank license for the collection, processing, storage, or distribution of breastmilk of a mother exclusively for her own infant.

http://info.sen.ca.gov/pub/05-06/bill/sen/sb_0201-0250/sb_246_bill_20060926_chaptered.pdf

This information is also available on the Department of Public Health website at

<http://www.wicworks.ca.gov/breastfeeding/Legislation/BFLaws.html>.