



CALIFORNIA SUDDEN INFANT DEATH SYNDROME PROGRAM

The California Sudden Infant Death Syndrome (SIDS) Program is under the direction of the California Department of Public Health, Maternal, Child and Adolescent Health Division and was developed to help the many individuals affected by and involved with a SIDS death.

MISSION

- Help reduce the emotional suffering of SIDS families and caregivers
- Improve the knowledge and skills of people who interact with SIDS families
- Increase public awareness and knowledge of SIDS
- Promote infant care practices to reduce the risk of SIDS

SERVICES

- **Support Services:** We respond to the needs of grieving parents and family members by providing:
 - Crisis intervention, grief counseling and bereavement support
 - Referral to local bereavement support services
 - SIDS informational materials and grief/bereavement resources
- **Public Awareness and Education:** We promote awareness among the general public, expectant parents, families of newborns, SIDS professionals and other health care professionals involved with SIDS by:
 - Making available and accessible an array of grief, bereavement, risk reduction, safe sleep and other up-to-date SIDS related informational/educational materials
 - Assisting with speakers for informational/educational presentations
 - Conducting an Annual SIDS Conference each October
 - Maintaining the California SIDS Program website, www.californiasids.cdph.ca.gov
- **Training and Consultation:** We offer to professionals and para-professionals involved with SIDS:
 - Educational trainings which enhance one's counseling skills and knowledge About sudden unexpected infant deaths and SIDS to effectively support those impacted by the loss of an infant.
 - Technical consultation and assistance to better understand and cope with The issues surrounding an infant's death.
- **Information Sharing:** We provide information by:
 - Promoting the exchange of current evidence-based information related to SIDS.
 - Participating in state and regional SIDS Council meetings/teleconferences
 - Collecting and sharing SIDS data and statistics

CONTACT INFORMATION

California Sudden Infant Death Syndrome Program
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