

NEOPB Youth Focused Materials Survey

Greetings,

The Nutrition Education Obesity Prevention Branch (NEOPB) is working to update and streamline State level publications. This survey relates to the NEOPB materials targeting children and youth.

The following Survey Monkey will provide an opportunity for you to identify the materials you find most useful, those needing updates, and those that are not used by your program team.

Please:

- complete one response per Local Health Department;
- check your best response for the 4 choices provided, adding any comments you would like to share using clear and specific recommendations.

Each material will have a picture of the front page in addition to a link to the PDF entire document to aid you in answering the questions.

If you have any questions, call or email **Eugenio Garcia Jr. at 916.449.5331 or Eugenio.Garcia@cdph.ca.gov** .

Thank you for your time.

NEOPB Youth Focused Materials Survey

* Please enter your contact information

Name

Organization

County

Email Address

NEOPB Youth Focused Materials Survey

*



1. 300000 - Help Kids Power Up With Fruits and Vegetables_En Booklet

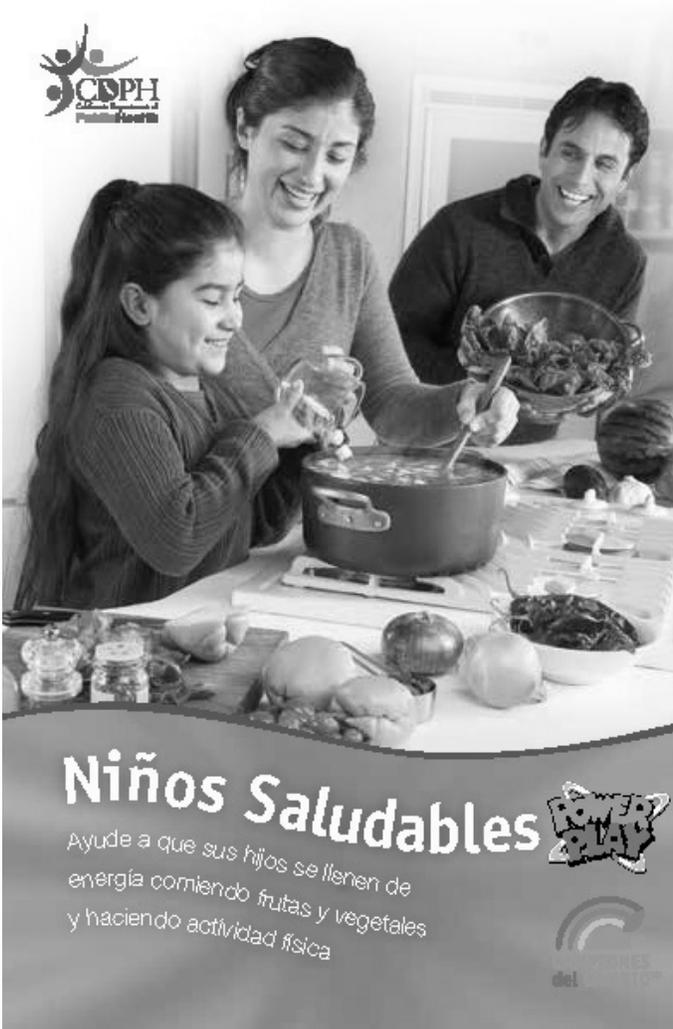
[Click here to view the full document](#)

Please Check Best Response:

- We use this material and we like it as it is
- We use this material and we recommend the following changes (enter recommendations in the "Comments" box below)
- We don't currently use this material; but with the following changes, we would (enter recommendations in the "Comments" box below)
- We do not use this material and have no plans to use it regardless of changes

Comments:

*



2. 300001 - Help Kids Power Up With Fruits and Vegetables_Sp Booklet

[Click here to view the full document](#)

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Comments:

*



3. 300003 - Power Up in 10 Strength Training_En Booklet

[Click here to view the full document](#)

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Comments:

*



**¡Mantengámonos
en forma!**

Ejercicios de
fortalecimiento para
familias



4. 300003 - Power Up in 10 Strength Training_Sp Booklet

[Click here to view the full document](#)

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5. 300004 - PP! Farm to Table Activity Booklet_En

[Click here to view the full document](#)

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6. 300010 - Kids Get Cookin' Cookbook_En

[Click here to view the full document](#)

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Comments:

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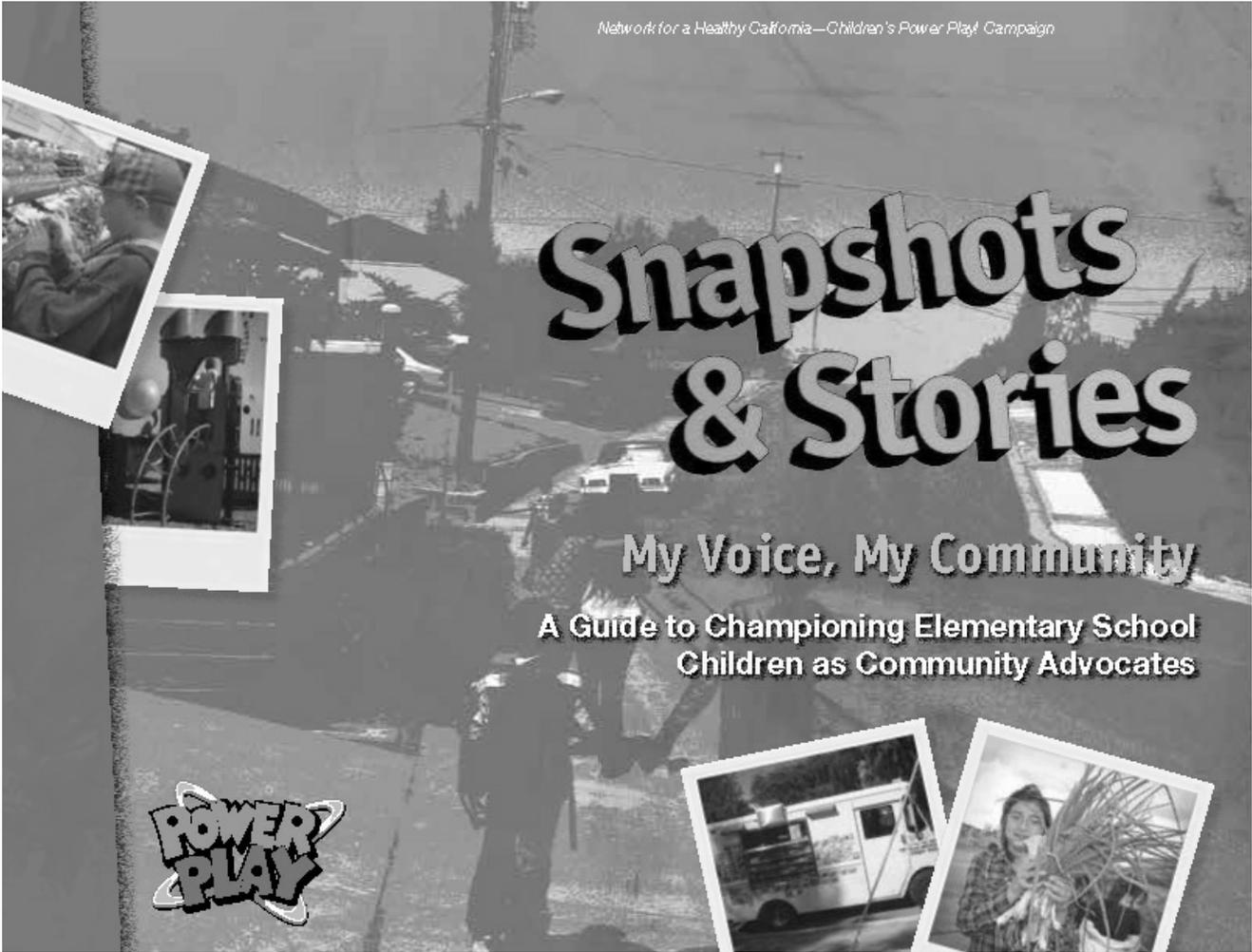
7. 300011 - Kids Get Cookin' Cookbook_Sp

[Click here to view the full document](#)

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Comments:



8. 300016 -PP! Photovoice, Snapshots, & Stories_En Guide

[Click here to view the full document](#)

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9. 300019 - Instant Recess DVD_En

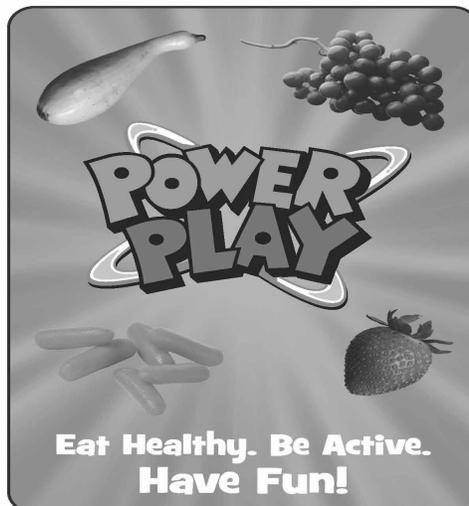
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10. 300021 - PP! Fit Deck Power Card & Booklet_En

[Click here to view the full document](#)

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Comments:

GO FOR H₂O

**POWER
PLAY**

Drink Water Every Day!

**It's free!
Carry a
water bottle**

**It helps our
eyes, nose,
and mouth**

**The body
needs water
to live**

Eat Healthy. Be Active. Have Fun!



**rethink
YOUR DRINK**



This material was produced by the California Department of Public Health's Network for a Healthy California with funding from USDA SNAP-EQ, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious food for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit www.CalChampionsForChange.net.

819-549w-0512

11. 300024 - PP! 18X24 Go For H2O Poster_En

[Click here to view the full document](#)

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Comments:

GO FOR H₂O

**POWER
PLAY**

¡Toma agua cada día!

**¡Es gratis!
Carga una
botella de
agua**

**Es buena
para los ojos,
la nariz
y la boca**

**El cuerpo
necesita
agua para
vivir**

Come saludable. Sé activo. ¡Diviértete!



**rethink
YOUR DRINK**



Este material fue producido por la Red para una California Saludable del Departamento de Salud Pública de California con fondos de SNAP-EI del USDA, conocido en California como CalFresh. Estas instituciones son proveedoras y empleadoras que ofrecen oportunidades equitativas. CalFresh provee asistencia a gente con bajos ingresos y puede ayudar a comprar comida nutritiva para una mejor salud. Para información sobre CalFresh, llame al 1-888-9-COMIDA. Para información nutricional, visite www.CampeonesDelCambio.net.

319-9736 0313

12. 300025 - PP! 18X24 Go For H2O Poster_Sp

[Click here to view the full document](#)

Please Check Best Response:

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Comments:





13. 300027 - PP! Summer Promotion Tracking Booklet

[Click here to view the full document](#)

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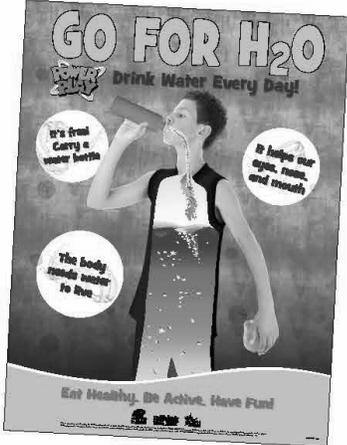
Go for H₂O!



Overview for Teachers and Community Youth Organization Leaders

SUMMARY

The *Go for H₂O!* promotion is a part of the *Rethink Your Drink Campaign* and is designed to increase preference for water. As part of the *Go for H₂O!* promotion, you will receive a *Go for H₂O!* poster and several activities designed to empower your students to drink water when thirsty.



PROMOTION TIMING OPTIONS

- World Water Day (March 22)
- Water Awareness Month (May)

HOME CONNECTION

To prepare for the *Go for H₂O!* promotion launch, ask your kids to bring a reusable water bottle or cup from home that they can decorate in class. Encourage family members to decorate and use reusable water bottles along with their children. Also encourage parents and caregivers to help their kids make healthy beverage choices by modeling the behavior themselves, by serving their children healthy drinks, and by reinforcing the importance of drinking fewer sugar-sweetened beverages. In addition, encourage your kids to make their favorite flavored water recipe at home to share with friends and family (per the *Go for H₂O!* Challenge activity).

CLASSROOM CONNECTION

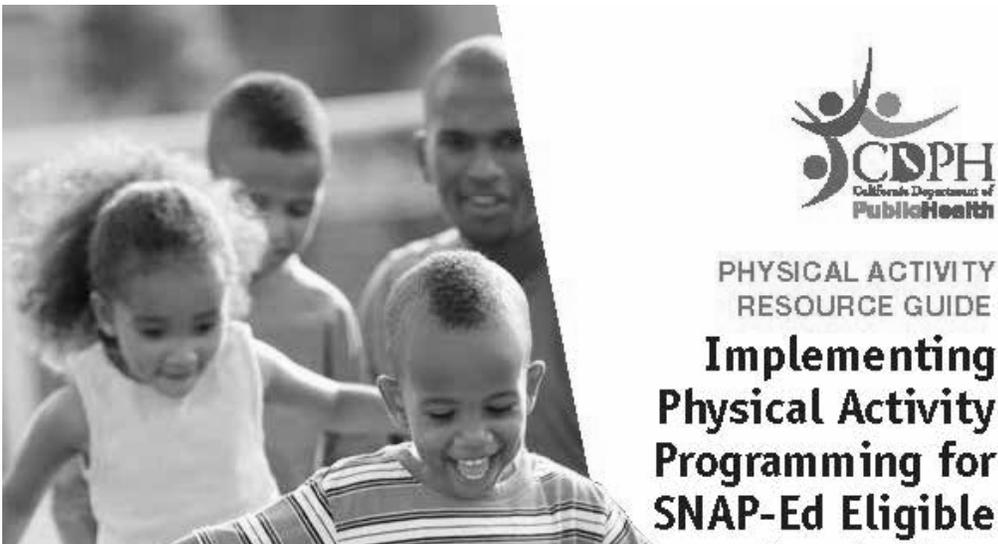
***Go for H₂O!* Bottle Decorating**

Launch the promotion with the *Go for H₂O!* water bottle decorating activity. Ask students to bring a reusable water bottle or cup from home to be decorated in class. If available, you can provide *Power Play!* stickers for decoration, in addition to markers and other appropriate materials. Discuss with your students how they can use their water bottle. Ask students to bring in a sample sugar-sweetened beverage from home (container should be empty) and compare the nutrition facts label with water using the *How to Read a Label* activity from the *School Idea and Resource Kit* (SIRK). Afterwards, have your students make a pledge to drink water in place of sugar-sweetened beverages.

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Comments:

*



Populations



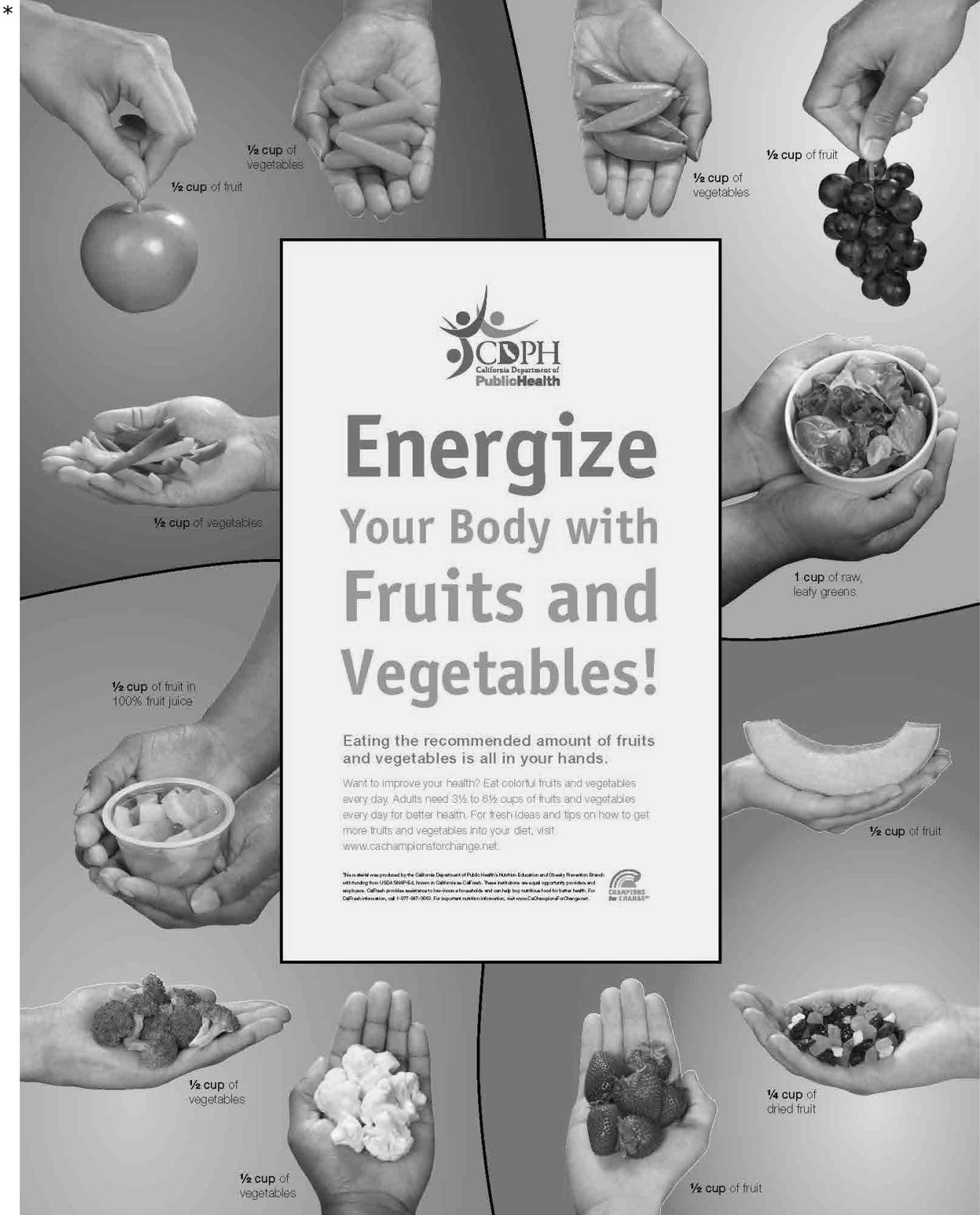
15. 300258 - Physical Activity Resource Guide_En

[Click here to view the full document](#)

Please Check Best Response:

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Comments:




Energize
 Your Body with
Fruits and
Vegetables!

Eating the recommended amount of fruits and vegetables is all in your hands.

Want to improve your health? Eat colorful fruits and vegetables every day. Adults need 3½ to 8½ cups of fruits and vegetables every day for better health. For fresh ideas and tips on how to get more fruits and vegetables into your diet, visit www.ca.championsforchange.net.

This material was produced by the California Department of Public Health's Nutrition, Education and Obesity Prevention Branch with funding from USDA SNAP-ED, known in California as CalFresh. These materials are equal opportunity products and employees. CalFresh provides food to low-income households and can help buy additional food for better health. For CalFresh information, call 1-877-967-3655. For important nutrition information, visit www.CalChampionsForChange.net.



16. 300264 - 22X28 Serving Size Poster_En&Sp

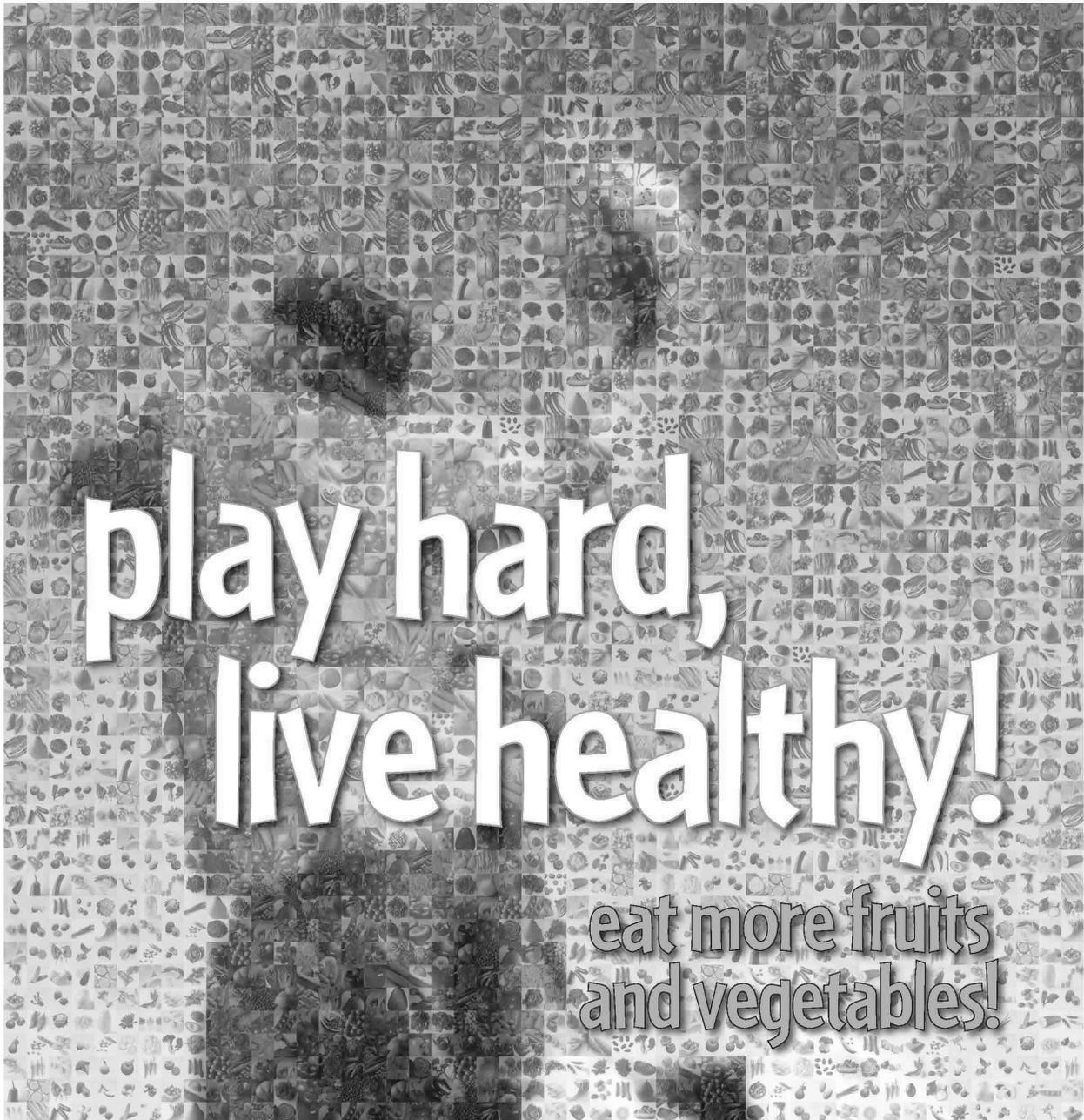
[Click here to view the full document](#)

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Comments:

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17. 300265 - HOTM Basketball Poster_En

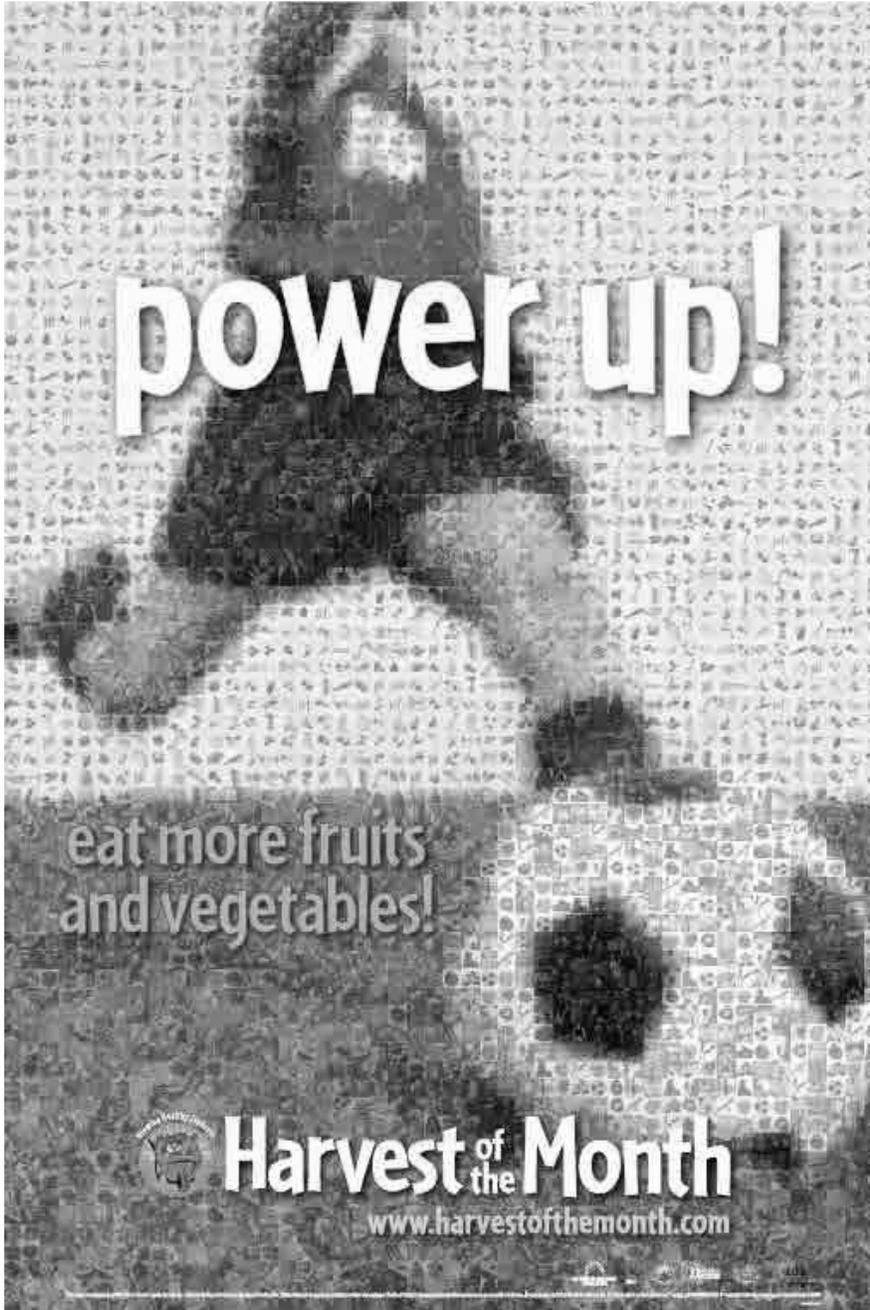
[Click here to view the full document](#)

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Comments:

*



18. 300266 - HOTM Soccer Mosaic Poster_En

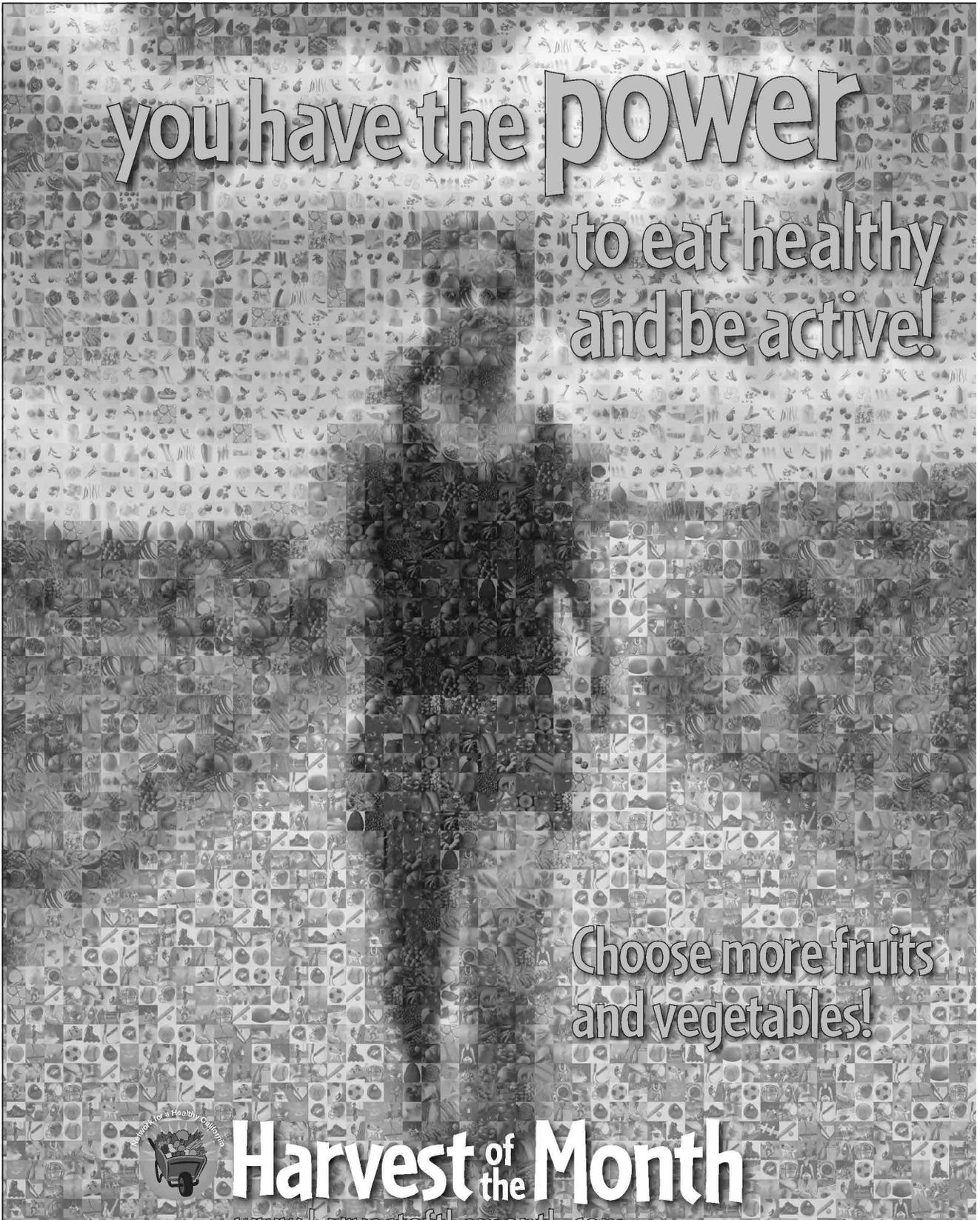
[Click here to view the full document](#)

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Comments:

*



you have the **power**
to eat healthy
and be active!

Choose more fruits
and vegetables!

 **Harvest of the Month**
www.harvestofthemonth.com



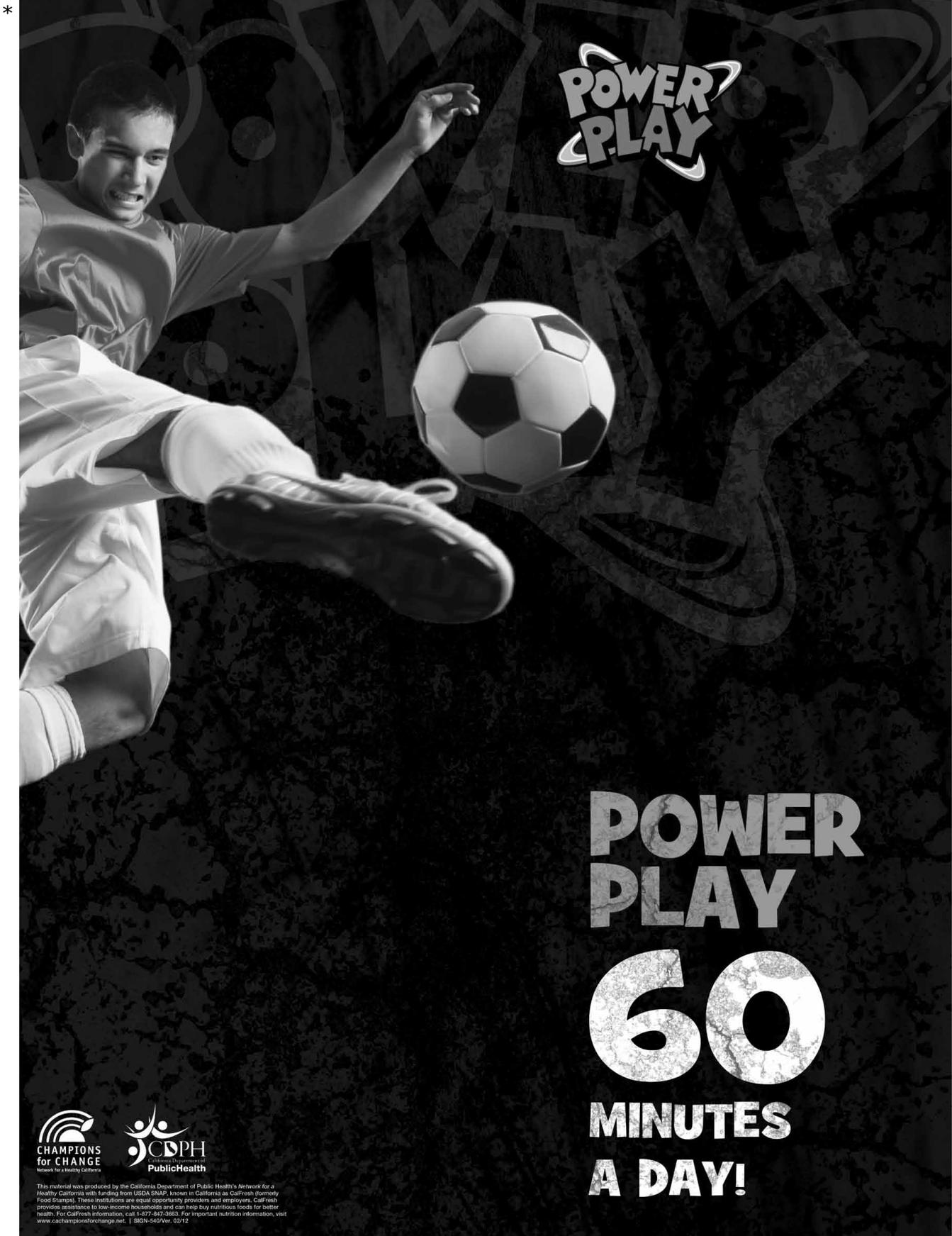
19. 300267 - HOTM Running Mosaic Poster_En

[Click here to view the full document](#)

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This material was produced by the California Department of Public Health's Network for a Healthy California with funding from USDA SNAP, known in California as CalFresh (formerly Food Stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-952-2963. For important nutrition information, visit www.cachampionsforchange.net. | SIGN-540/Ver. 02/12

**POWER
PLAY
60
MINUTES
A DAY!**

20. 300283 - PP! 60 Minutes A Day Logo Poster_En
[Click here to view the full document](#)

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Comments:

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Children's Power Play! Campaign

Community Youth Organization Idea & Resource Kit

Helping Students Power Up with
Fruits, Vegetables, and Physical Activity



21. 300323 - PP! Community Youth Organization Kit

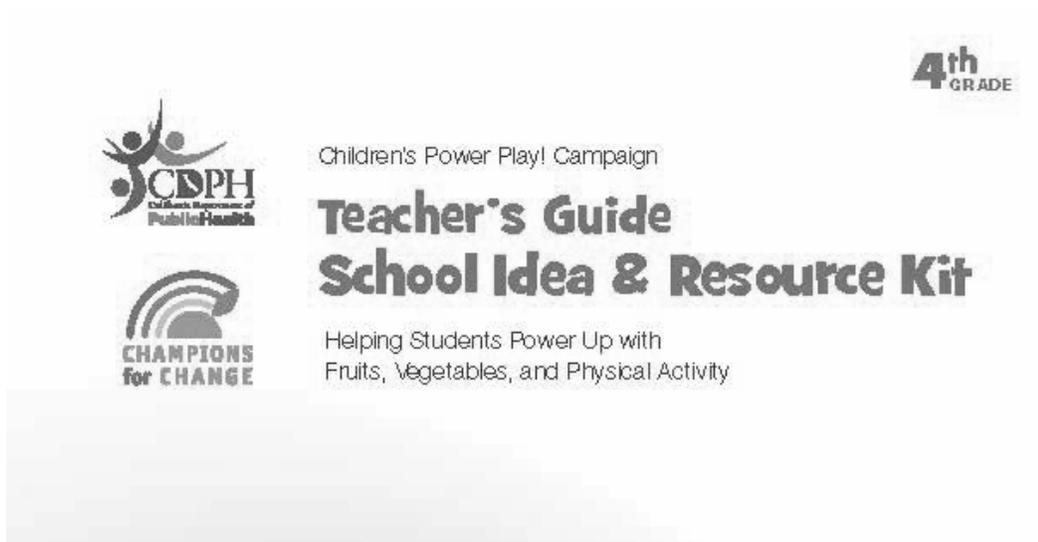
[Click here to view the full document](#)

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Comments:

*





22. 300324- PP! Idea/Resource Kit 4th Grade

[Click here to view the full document](#)

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Comments:



Children's Power Play! Campaign

Teacher's Guide School Idea & Resource Kit



Helping Students Power Up with
Fruits, Vegetables, and Physical Activity



23. 300325 - PP! School Idea/Resource Kit 5th Grade

[Click here to view the full document](#)

Please Check Best Response:

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Comments:



NAME _____

Nutrition Education and Obesity Prevention Branch (NEOPB) — Children's Power Play Campaign

Are You Ready to Get the Power?

Eat Healthy. Be Active. Have Fun!

POWER PLAY



24. 300326 - PP! School Idea/Resource Student 4th Grade Workbook

[Click here to view the full document](#)

Please Check Best Response:

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Comments:



NAME _____

Nutrition Education and Obesity Prevention Branch (NEOPB)—Children's Power Play! Campaign

Are You Ready to Get the Power?

Eat Healthy. Be Active. Have Fun!

POWER PLAY



25. 300327 - PP! School Idea/Resource Student 5th Grade Workbook

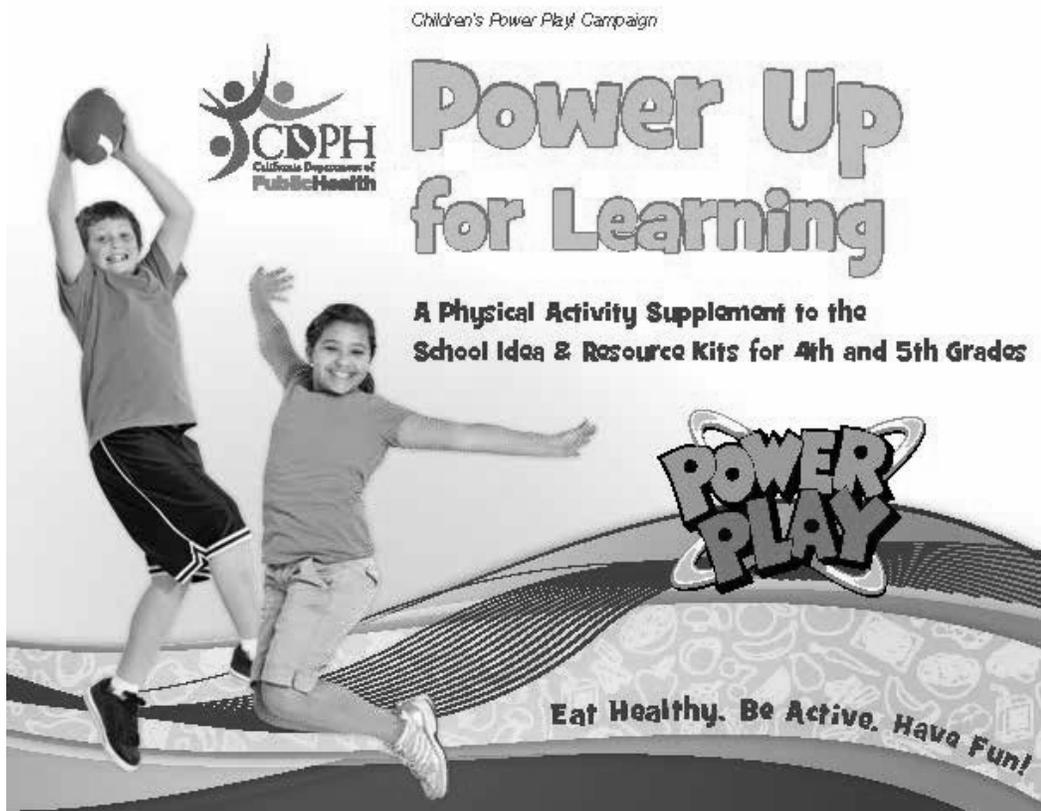
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Comments:

*



26. 300332 - PP! Power Up For Learning PA Supplement

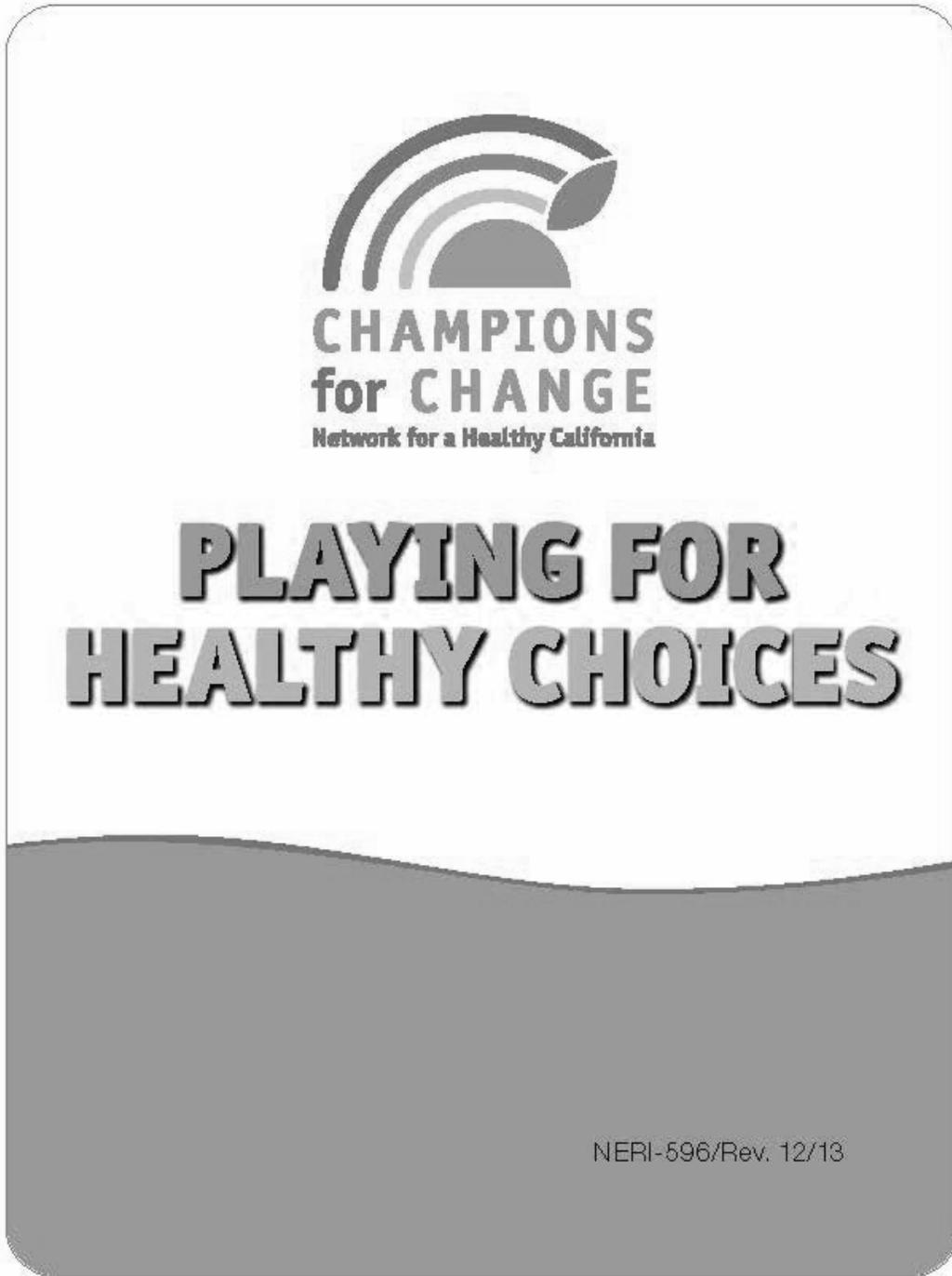
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Comments:

*



27. 300349 - Playing For Healthy Choices Cards_En

[Click here to view the full document](#)

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Comments:

*



28. 300350 - 3" PP! PA Stickers_En

[Click here to view the full document](#)

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Comments:

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29. 300353 - 3" PP! F&V Stickers_En

[Click here to view the full document](#)

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Comments:

NEOPB Youth Focused Materials Survey

Based on your work with the audience and this subject matter are there any identified needs to better serve SNAP-Ed participants?

Age Group - are materials needed for any specific age group?

Yes

No

NEOPB Youth Focused Materials Survey

Please list specific age group materials are needed for:

Pre K

4

9

K

5

10

1

7

11

2

6

12

3

8

NEOPB Youth Focused Materials Survey

Messages - are there any key messages you would recommend incorporating or updating in these materials?

Yes

No

NEOPB Youth Focused Materials Survey

Please specify key messages you would recommend incorporating or updating in these materials:

NEOPB Youth Focused Materials Survey

Materials - are there any key recommendations you would make regarding the materials themselves (online vs paper, size, binding, paper stock, etc...)?

Yes

No

NEOPB Youth Focused Materials Survey

Please specify recommendations you would make regarding the materials themselves:

NEOPB Youth Focused Materials Survey

Languages - other than English and Spanish, are there any materials you would use if available in another languages?

Yes

No

NEOPB Youth Focused Materials Survey

Please list up to three materials and the preferred language.

NEOPB Youth Focused Materials Survey

Please add any additional comments:

NEOPB Youth Focused Materials Survey

* Thank you for your thoughtful participation. If, in the future, NEOPB assembles *aPowerPlay!* Workgroup, would someone from your county's SNAP-Education Program be interested in participating?

- Yes
- No
- Possibly