



Tools for Building Effective School Wellness Strategies



Date: May 17, 2016
Time: 9:00 AM – 3:00 PM

Location:
Sierra Health Foundation
1321 Garden Highway
Sacramento, CA 95833

AGENDA

Overview

The Tools for Building Effective School Wellness Strategies training is designed to provide participants with practical methods for creating successful and effective school wellness programs, with particular emphasis on customizing strategies to address local needs. Facilitators will introduce participants to school wellness fundamentals, offer the opportunity to hear challenges, successes and lessons learned from colleagues and peers, and outline the importance of utilizing partnerships and resources to achieve success.

Who should attend?

This training is intended for SNAP-Ed Local Implementing Agency staff and sub-contractors who support, plan and/or implement school wellness related activities.

Agenda: 9:00 a.m. – 3:00 p.m.

Part 1: School Wellness Blueprints

- Inspiration for motivation: achieving success and overcoming challenges
- The nuts and bolts: from policy to practice

Break

Part 2: Creating a Structure

- Build-it and they will come: stories from the field
- Nailing down and securing partners
- Hammering out the resources to get the right fit
- School wellness indicators that measure up

Lunch

Part 3: Building your foundation

Next steps for achieving success

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips.