



Quench Better: Rethink Your Drink and PSE Change Strategies
Riverside, CA
September 28th, 2016



AGENDA

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|-----------------|--|
| 8:30 – 9:00am | Registration |
| 9:00 – 9:30am | Welcome and Introductions |
| 9:30 -10:00 am | Rethink Your Drink Overview and Adult Lesson |
| 10:00 – 10:15am | Physical Activity Break |
| 10:15 – 12:00pm | Rethink Your Drink and PSE Change Strategies |
| 12:00 – 1:15pm | Lunch |
| 1:15 – 2:00pm | Rethink Your Drink and PSE Change Strategies |
| 2:00 – 3:00pm | Rethink Your Drink at Events |
| 3:00 – 3:30pm | Resources Review |
| 3:30 – 4:00pm | Q &A |