



Sprouting Healthy Kids in Early care and Education Settings



Date: May 26, 2016

Time: 8:30 AM – 4:00 PM

Location: California Schools Joint Power Authorities
1950 S. Sunwest Lane, Suite 102, San Bernardino, CA 92408

AGENDA

Overview

The in-person workshop is intended to provide an overview of, and resources for, assessing the early care and education nutrition and physical activity (PA) environment and developing healthy site nutrition and PA policies and practices.

Who should attend?

The training is intended for LIA staff that support direct care providers in early care and education settings.

Activities

The trainings will cover:

- Locating, determining readiness for, and explaining how to use healthy site assessment tools in early care and education settings
- Identifying best practices for nutrition and physical activity in an early care and education setting
- Assisting with the development of a best practices-based, healthy site policy for an early care and education setting