



Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation



Date: September 22, 2016

Time: 10:00am – 11:15am

Overview

This final webinar in our School Wellness Webinar Summer Series, brought to you by the California Local School Wellness Policy Collaborative, and hosted by the California Department of Public Health, on behalf of the California Department of Social Services, UC CalFresh, The California Department of Aging, and Catholic Charities of California will provide participants with a working knowledge of how to use the Action for Healthy Kids (AFHK) School Health Index (SHI), an online assessment tool, to determine the strengths and weaknesses of a school's health policies and practices related to nutrition and Physical Activity (PA). The training facilitators will also explain how the SHI can support developing an improvement plan to assist students in making healthy choices related to nutrition and PA. Finally, the presenters will highlight resources schools can use to support improved student health.

Who should attend?

This training is intended for stakeholders who support, lead and/or contribute to School Wellness planning and assessment efforts.

Learning Objectives

Upon completion of this Webinar, participants will be able to:

- Describe the overall use of the Action for Healthy Kids' (AFHK) School Health Index (SHI)
- State how to access and complete the SHI modules
- Use the action plan to set goals and identify beneficial resources
- State at least three school-related physical activity (PA) and nutrition tools

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips.