

Nutrition Education and Obesity Prevention Branch
All SNAP-Ed Local Health Department Call/Webinar – Meeting Notes
Thursday, June 9, 2016 | 2:00pm – 3:30pm

Administrative Updates, Melissa Relles

- a. Carry-in Deadline in FFY 2017 SNAP-Ed Guidance
 - Newly issued guidance requires states to report previous fiscal year's Carry-In by December 31st.
 - Final invoices for FFY 2016 must be submitted to NEOPB by December 1st. Additional details forthcoming.
 - For questions, please talk to your assigned NEOPB Contract Manager.
- b. LHD Grant Agreements
 - Agreements are currently being reviewed by the Department's Contract Management Unit.
 - There are a couple of LHDs who requested extensions due to Board of Supervisor review and approval.
 - With everything on track, a majority of the grant agreements will be approved by the end of FFY 2016 with an execution date of October 1, 2016.
 - For questions or more information, please talk to your assigned NEOPB Contract Manager.

Summer Meals information and resources, Kathy Streng

- There are three new USDA resources for summer meal program. Below are the resources, descriptions and links for more information.
 - a. [Summer Food, Summer Moves Resource Kit](#) – This new kit includes more than 30 games and educational activities to do at your summer meal site. There are kits available in English and Spanish.
 - b. [Summer Meal Site Finder](#) – Find nutritious meals available to children and teens 18 and younger utilizing this site finder tool.
 - c. [Summer Food Service Program](#) – Ensures low-income children continue to receive nutritious meals when school is not in season.
- For questions or more information, please contact Kathy Streng at (916) 449-5371 or via email at Katharina.Streng@cdph.ca.gov

LHD Success Story

Liz Matson, Nevada County

Tales of a Food Pantry Collaboration

- For a copy of Liz's PowerPoint presentation, please contact Linda Lee Gutierrez at (916) 449-5420 or via email at Linda.Gutierrez@cdph.ca.gov

Breastfeeding Guide, Linda Cowling

- The California Department of Public Health (CDPH), California WIC Association and California Breastfeeding Coalition has partnered and developed a [breastfeeding guide](#) to support and promote breastfeeding.
- CDPH received funding from CDC to assist community clinics throughout the state to develop guidelines to become breastfeeding friendly (modeled after the 10 Step Baby Friendly Guidelines).

- Although the guide is designed for healthcare and community clinics settings, the guide is also applicable to LHDs and partners because it includes resourceful information on policies, educating staff, how to make your environment more breastfeeding friendly, and information on lactation accommodation laws.
- For questions and more information, please contact Linda Cowling at (916) 445-2973 or via email at Linda.Cowling@cdph.ca.gov

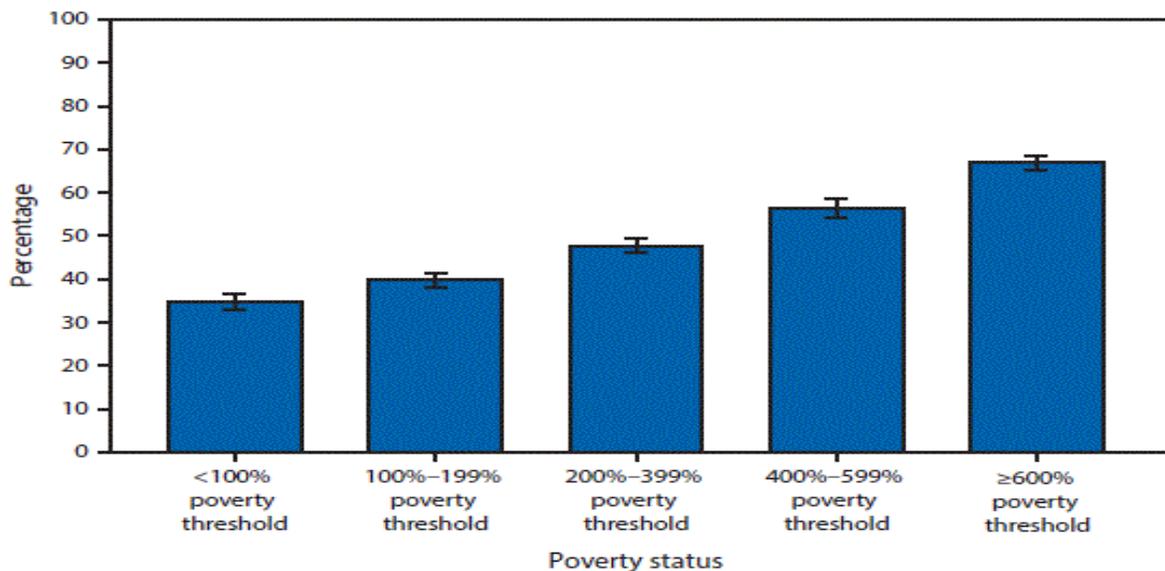
University of California San Francisco (UCSF) Champion Providers, *Carma Okerberg*

- In partnership with NEOPB, UCSF Champion Providers will be hosting a series of upcoming regional meetings with LHDs and Project Directors.
- ****Updated:** Meeting dates and locations include:
 - a. June 17, 2016 in Anaheim, CA
 - b. June 24, 2016 in Oakland, CA
 - c. Sacramento Date Cancelled: Sacramento Region attendees are requested to participate in the June 24th meeting in Oakland, CA.
 - a. ~~June 27, 2016 in Sacramento, CA~~
- For questions and additional information, please Carma Okerberg at (916) 449-5425 or via email at Carma.Okerberg@cdph.ca.gov or Jackie Richardson at (916) 449-5398 or via email at Jackie.Richardson@cdph.ca.gov

Policy Updates, *Carma Okerberg*

- The new FDA draft on voluntary sodium reduction that targets for food manufacturers, restaurants, and food operations can be found [here](#)
- New York City is requiring a sodium warning icon for chain restaurant menu items that exceed 2300 mg. sodium

**Percentage of Adults Who Met Federal Guidelines for Aerobic Physical Activity, by Poverty Status⁵
— National Health Interview Survey, United States, 2014**



- Also shared is the new data on the relationship of physical activity to cancer. The National Institutes of Health issued a press release indicating the greater levels of leisure-time physical activity were associated with lower risk of developing 13 different types of cancer. For more information on the press release, please click [here](#)
- For questions or more information, please contact Carma Okerberg at (916) 449-5425 or via email at Carma.Okerberg@cdph.ca.gov

Interpretive Guide for SNAP-Ed Evaluation Framework, *Lauren Whetstone*

- [Interpretive Guide for SNAP-Ed Evaluation Framework](#)
- The guide describes 51 indicators that are aligned with SNAP-Ed guiding principles. Also how the document changes resulting from nutrition education and obesity prevention approaches.
- The indicators are at all levels of the social ecological model – individual, sectors of influence and social cultural norms and values that include short, medium and long term indicators.
- The priority indicators for 2017 include:
 - Change healthy eating behaviors
 - Change in food resource management behaviors
 - Change in physical activity and reduced sedentary behaviors
 - Nutrition supports adapted in environmental settings
 - Either organizational partnerships or multi-sector partnerships
 - If possible, measuring the percent of low-income people who ate fruits and vegetables one or more times per day
- LHDs and its partners are encouraged to review the guide, specifically the section on how to use the guide and consider indicators that may apply to your work.
- For questions and additional information, please contact Lauren Whetstone (916) 449-5391 or via email at Lauren.Whetstone@cdph.ca.gov

Questions/comments regarding this document, please email neopb@cdph.ca.gov so it may be given to the appropriate person, or contact your Contract Manager or Project Officer.