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School Wellness

Assessment Instruments

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- After-school

General Resources

- Nutrition
- Physical Education/ Physical Activity
- Youth Empowerment
- After-School

PSE-Specific Resources

- Model wellness policies that include after-school
- Healthy Fundraising
- Healthy Celebrations
- Farm to School
- Joint Use
- Walking School Bus
- Safe Routes to School
- Increased Physical Activity During School (in class, recess, PE)
- Drinking Water in Schools
- Salad Bars
- Farm to School Procurement

Elements in this compendium may not be wholly SNAP-Ed eligible. Please consult the most recent SNAP-Ed guidance posted on both the NEOPB and USDA websites for the updated language on allowable activities using SNAP-Ed funds. Local health departments may work with other funding streams and organizations as needed to achieve community change goals and their Policy, Systems and Environmental (PSE) change objectives.

ASSESSMENT INSTRUMENTS: School

Assessment Planning Tool – California Department of Education (CDE)

This assessment and planning tool, to be used in conjunction with School Nutrition...by Design!, will help you determine the status of your school nutrition environment and establish a starting point for implementing strategies that will move your students toward better health.

<http://www.cde.ca.gov/ls/nu/he/documents/bydesigntool.doc>

Bikeability Checklist - Safe Routes to School

This tool helps give insight into the bikeability of a neighborhood. It contains insightful questions, allowing the user to evaluate a neighborhood's bikeability and providing both immediate answers and long-term solutions to a neighborhood's potential problems.

<http://www.saferoutesinfo.org/program-tools/education-bikeability-checklist>

California Local School Wellness Collaborative – Team California for Healthy Kids

Comprised of state level agencies, the Collaborative's vision is to inspire school communities to take their wellness policies from paper to practice. Resources include an Administrative Review Tool Kit to support the implementation of highly effective local school wellness policies in California schools.

<http://www.teamcaliforniaforhealthykids.org/school-wellness/local-school-wellness-policy-collaborative-2/local-school-wellness-policy-lswp-administrative-review-toolkit/>

Gretchen Swanson Center Farm to School Toolkit

*The best resource on this toolkit is a well thought out step-by-step implementation guide with a **self-assessment tool** that was designed to help a school food purchaser determine if his or her school is ready to implement a Farm to School program based on interest and facility/staff capabilities. Barriers and benefits are also addressed, while presenting potential solutions to those barriers.*

<http://toolkit.centerfornutrition.org/>

Healthy Schools Program - Alliance for a Healthier Generation

This is a six step "roadmap" for making school health changes. This online inventory and assessment tool includes resource on the Healthy Schools Program- which support employee wellness, school wellness, policy and systems, school meals, health education, and physical education. Note: You must login as a member.

https://schools.healthiergeneration.org/6_step_process/

Healthy School Report Card - Healthy School Communities

This online analysis tool helps to build a Healthy School Improvement Plan through strengthening the school wellness plan, tracking progress, scoring current school wellness plan and prioritizing goals. Note: Purchase of the Healthy School Report Card tool is required to use the online analysis tool.

<http://www.healthyschoolcommunities.org/HSRC/pages/reportcard/index.aspx>

Nutrition Education Resource Guide – California Department of Education (CDE)

The purpose of this guide is to provide an instructional resource for California schools, from kindergarten through grade twelve, to implement effective, standards-based nutrition education programs for students. The guide was designed to (1) meet the Health Education Content Standards for California Public Schools, Kindergarten Through Grade Twelve (California Department of Education 2008) in the Nutrition and Physical Activity content area; and (2) address the nutrition competencies. Educators may use it as a resource to plan, implement, and evaluate instructional strategies for a comprehensive nutrition education program.

<http://www.cde.ca.gov/ls/nu/he/nerg.asp>

October Walk to School Month Walkability Checklist – California Active Communities

A tool that can be used to improve the safety of your child's route to school. Use the Walkability Checklist with your child on a day while walking to or from school. Younger children will need an adult's help to complete the Walkability Checklist. Older children may be able to complete the checklist on their own if they can read at or above a 4th grade reading level.

<http://www.caactivecommunities.org/wp-content/uploads/2011/09/Walkability-Checklist-for-Students-and-Adults.pdf>

Physical Education Curriculum Analysis Tool (PECAT) – Centers for Disease Control and Prevention (CDC)

The Physical Education Curriculum Analysis Tool (PECAT) is a self-assessment and planning guide developed by CDC. It is designed to help school districts and schools conduct clear, complete, and consistent analyses of physical education curricula, based upon national physical education standards. The PECAT is designed to be used by a committee or team of individuals.

<http://www.cdc.gov/healthyyouth/pecat/>

Resource to Sustain and Strengthen Local Wellness Initiatives – National Food Service Management Institute (NFSMI), University of Mississippi

This is a guide to help school districts conduct an evaluation of local wellness policies. This guide details step-by-step instructions for conducting an evaluation, deciding what the results mean, and communicating the findings to stakeholders.

<http://www.nfsmi.org/documentlibraryfiles/PDF/20130228111227.pdf>

School Health Index – Centers for Disease Control and Prevention

This is an online self-assessment and planning tool that schools can use to improve their health and safety policies and programs. It's easy to use and completely confidential. Suggested Modules: 1-4,7,8

<http://www.cdc.gov/healthyyouth/shi>

School Nutrition...by Design!- California Department of Education

This tool provides the design principles behind developing a healthy school nutrition environment, quality indicators that reflect the "ideal" school nutrition environment, and recommended strategies that support healthy lifestyles during and after school.

<http://www.cde.ca.gov/ls/nu/he/documents/schnutrtn071206.pdf>

School PA Policy Assessment (S-PAPA)

Assesses physical activity policy related to physical education, recess, and other physical activity opportunities at elementary schools. It has 7 background items and 3 modules: (a) Physical Education (40 items); (b) Recess (27 items); and (c) Other Before, During, and After School Programs (15 items). Takes 23 minutes to administer.

http://www.midss.ie/sites/www.midss.ie/files/s-papa_instrument_0.pdf

Surveillance Data School Health Policies and Practices Study (SHPPS) – Centers for Disease Control and Prevention

The School Health Policies and Practices Study (SHPPS) is a national survey periodically conducted to assess school health policies and practices at the state, district, school, and classroom levels.

SHPPS was most recently conducted in 2014 to answer the following questions:

What are the characteristics of each component of school health at the state and district level?

Are there persons responsible for coordinating each school health program component, and what are their qualifications and educational backgrounds?

What collaboration occurs among staff from each school health program component and with staff from outside agencies and organizations?

How have key policies and practices changed over time?

<http://www.cdc.gov/HealthyYouth/shpps/index.htm>

Walkability Checklist - Safe Routes to School

This tool helps give insight into the walkability of a neighborhood. It contains insightful questions, allowing the user to evaluate a neighborhood's walkability and provides both immediate answers and long-term solutions to a neighborhood's potential problems.

<http://www.saferoutesinfo.org/program-tools/education-walkability-checklist>

The Wellness Policy Tool – Action for Healthy Kids

Developed by the Action for Healthy Kids and incorporates existing school health assessments to create or update a school wellness policy. This web link contains links to various other assessment checklists such as the Healthy School Action Tool developed by the Michigan Department of Public Health and Department of Education.

<http://www.actionforhealthykids.org/tools-for-schools/revise-district-policy/wellness-policy-tool>

Wellness School Assessment Tool (WellSAT) – The Rudd Center

This tool offers a consistent and reliable means of assessing the comprehensiveness and strength of school wellness policies.

http://www.yaleruddcenter.org/resources/upload/docs/what/communities/WellSAT_FINAL.pdf

<http://www.wellsat.org/>

ASSESSMENT INSTRUMENTS: After-School

After-School Program Assessment Tool - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

A survey tool that assesses the interior and exterior school environment. This tool is appropriate for high school students to administer (after completing the three-hour training).

Note: Contact the NEOPB RES Consultant on the CX³ team for more information on the After-school Assessment Tool.

Tip: This tool can be used in conjunction with the NEOPB's Checklist for School Nutrition Program Planning to help describe the environment in which nutrition education takes place (it determines if schools have elements that influence fruit and vegetable consumption).

Changing Lives, Saving Lives - Center for Collaborative Solutions

This tool is a step-by-step guide to developing exemplary practices in healthy eating, physical activity, and food security in after-school programs; it is designed to help strengthen your after-school program to help students develop healthy lifestyle habits.

<http://www.ccscenter.org/afterschool/Step-By-Step%20Guide>

The California After-school Program Quality Self-Assessment Tool (QSAT) - California After-School Network

The tool focuses on big picture program design elements, as well as important considerations at the point of service. Programs can use the tool to self-assess their program and to make plans for program improvement. One section relates specifically to nutrition and physical activity.

<http://www.afterschoolnetwork.org/post/california-after-school-program-quality-self-assessment-tool>

GENERAL RESOURCES: NUTRITION EDUCATION

Dairy Council of California's Family of Nutrition Education Programs for K-12 and Adults.

Programs include grade-specific nutrition curriculum that align with Common Core State Standards for easy implementation. Programs meet or exceed the criteria for nutrition education in local school wellness policies. Based on the USDA dietary guidelines, they include engaging lessons about all food groups, physical activity, and family activities. Programs are free in California and available for a small fee out of state.

<http://www.HealthyEating.org/Schools>

Harvest of the Month - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

Harvest of the Month provides materials for students, families, and the community to engage in hands-on opportunities to explore, taste, and learn about the importance of eating fruits and vegetables and being active every day. Resources provide the opportunity for collaboration among many partners and stakeholders, including educators, school nutrition staff, school administrators, students, parents, farmers, retail outlets, worksites, SNAP offices, after-school programs, and more—all of whom are striving toward the goal of increasing consumption of fruits and vegetables and increasing physical activity among low-income Californians.

<http://harvestofthemonth.cdph.ca.gov/Pages/default.aspx>

Farm to Preschool: Harvest of the Month Program – San Diego County

Description of San Diego County's HOTM program, including resources and press releases.

<http://ourcommunityourkids.org/domains--committees/early-childhood/farm-to-preschool.aspx>

Power Play! Campaign - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

The Nutrition Education and Obesity Prevention Branch (NEOPB)–Power Play! Campaign develops and tests a variety of resources to help educate, motivate, and empower elementary school-aged children to eat fruits and vegetables and be physically active. The materials are research-based, educator-friendly, and appealing to children. Each Kit includes 10 activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day. The activities align with California Common Core Standards for English-Language Arts, Mathematics, and Health. They also align with the California Department of Education's Nutrition Competencies for California's Children.

<http://www.cdph.ca.gov/programs/CPNS/Pages/PowerPlayResources.aspx>

Youth Engagement Initiative - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

The Youth Engagement Initiative is a public health initiative that works with youth ages 12-18 in low-resource areas. Youth leaders have been successful in showing stakeholders, community leaders, teachers, parents, and policy makers that youth should be a key part of the discussions and solutions development regarding the health and well-being of their communities.

<https://www.cdph.ca.gov/programs/cpns/Pages/YouthEngagement.aspx>

GENERAL RESOURCES: Physical Education/Physical Activity

Coordinated Approach To Child Health (CATCH)

CATCH is based on the CDC Whole School, Whole Community, Whole Child model in which health education, school environment, and family/community involvement work together to support youth in a healthy lifestyle. <http://catchinfo.org/>

Educating the Student Body: Taking Physical Activity and Physical Education to School – Institute of Medicine

Recommendations for strengthening and improving programs and policies for physical activity and physical education in the school environment – including before, during and after school.

Recommendations: http://www.iom.edu/~media/Files/Report%20Files/2013/Educating-the-Student-Body/EducatingTheStudentBody_Insert.pdf

Report brief: http://www.iom.edu/~media/Files/Report%20Files/2013/Educating-the-Student-Body/EducatingTheStudentBody_rb.pdf

Video:

<http://iom.edu/reports/2013/Educating-the-Student-Body-Taking-Physical-Activity-and-Physical-Education-to-School/video.aspx>

Sports, Play, and Active Recreation for Kids - SPARK

SPARK is dedicated to creating, implementing, and evaluating research-based programs that promote lifelong wellness. SPARK strives to improve the health of children, adolescents, and adults by disseminating evidence-based Physical Education, After School, Early Childhood, and Coordinated School Health programs to teachers and recreation leaders serving Pre-K through 12th grade students. Each SPARK program fosters environmental and behavioral change by providing a coordinated package of highly active curriculum, on-site teacher training, extensive follow-up support, and content-matched equipment.

<http://www.sparkpe.org/#>

Youth Physical Activity Guidelines Toolkit – Centers for Disease Control and Prevention (CDC)

To promote the guidelines and support youth physical activity, CDC and several partner organizations developed the Youth Physical Activity Guidelines Toolkit, which highlights strategies that schools, families, and communities can use to support youth physical activity.

<http://www.cdc.gov/healthyyouth/physicalactivity/guidelines.htm>

GENERAL RESOURCES: Youth Empowerment

Inspiring Youth as Partners – Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

This document is for organizations and individuals thinking about, wanting to, or preparing to work with young people in an authentic partnership to support their skills and leadership around their health and well-being. This document showcases the six incredible youth teams from San Francisco to San Bernardino who took the opportunity to learn more about the importance of eating more fruits and vegetables.

<http://cdphinternet/programs/NEOPB/Documents/Network-BRO-200-2009-02.pdf>

Inspiring Youth, Growing Change—Nurturing Strong Minds for a Healthy Community – Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

This report documents changes resulting from the local projects and highlights lessons learned about the impacts, successes, and challenges of the Youth Engagement Initiative.

<http://cdphinternet/programs/NEOPB/Documents/InspiringYouthGrowingChange.pdf>

Rooted in Community National Network (RIC)

This is a national grassroots network that empowers young people to take leadership in their own communities. It is a diverse movement of youth and adults working together committed to fostering healthy communities and food justice through urban and rural agriculture, community gardening, food security, and related environmental justice work.

<http://www.rootedincommunity.org/>

Snapshots and Stories: My Voice, My Community – Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

Aligned with California Common Core Standards. A guide to championing elementary school-aged children as community advocates.

[http://cdphinternet/programs/NEOPB/Documents/PP_PhotoVoice_Final\(low%20res\).pdf](http://cdphinternet/programs/NEOPB/Documents/PP_PhotoVoice_Final(low%20res).pdf)

Students Taking Charge – Action for Healthy Kids

Students across the country are putting their passion for eating right, being active and living healthy into making their schools healthier places. Join them. Use this site to get ideas, plan a project and share your success!

<http://www.actionforhealthykids.org/students-taking-charge>

Youth Voice - Learn and Serve America Institution - Points of Light Foundation

A guide for engaging youth in leadership and decision-making in service-learning programs.

<http://networkforyouthintransition.org/forum/topics/youth-voice-a-guide-for>

GENERAL RESOURCES: After-School

California After-School Network

This website provides out-of-school time practitioners, advocates, and community members with the resources and tools necessary to build high quality out-of-school time programs in California.

<http://www.afterschoolnetwork.org/>

California After-School Resource Center

This comprehensive web site supports quality after school programming with a statewide circulating library of reviewed materials, online trainings, and technical assistance.

<http://www.californiaafterschool.org/index>

Community Youth Organization (CYO) Idea & Resources Kit - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

Now aligned with California Common Core Standards!

Designed for use in out-of-school settings for elementary-aged children, such as afterschool, faith-based, weekend and summer programs, the CYO Kit includes educational activities and physically active games focused on fruits and vegetables and physical activity. The activities align with California content standards for English-Language Arts, Mathematics, and Health. They also align with the California Department of Education's Nutrition Competencies for California's Children. The handouts are available in both English and Spanish.

<http://www.cdph.ca.gov/programs/NEOPB/Documents/Network-FV-PP-CYOFullKit.pdf>

Deal Me In: Food and Fitness – Dairy Council of California

Deal Me In: Food and Fitness is a self-contained program designed for children in grades kindergarten through sixth children in the after-school setting. This out-of-school time program seeks to build a knowledge base on the importance of good nutrition and physical activity and to encourage students to make healthier choices.

<http://www.healthyeating.org/Schools/Evaluation/After-School.aspx>

Food on the Run: Lessons from a Youth Nutrition and Physical Activity Campaign - California Project LEAN

This document describes the steps for implementing a nutrition and physical activity youth advocacy program. Chapter topics include: recruiting and working with teens, training teens on physical activity and nutrition, taking action for change and many more.

<http://www.californiaprojectlean.org/docuserfiles/Food%20on%20the%20Run.pdf>

Harvest of the Month - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

Harvest of the Month provides materials for students, families, and the community to engage in hands-on opportunities to explore, taste, and learn about the importance of eating fruits and vegetables and being active every day. Resources provide the opportunity for collaboration among many partners and stakeholders, including educators, school nutrition staff, school administrators, students, parents, farmers, retail outlets, worksites, SNAP offices, after-school programs, and more—all of whom are striving toward the goal of increasing consumption of fruits and vegetables and increasing physical activity among low-income Californians.

<http://harvestofthemonth.cdph.ca.gov/Pages/default.aspx>

Media Smart Youth: Eat, Think & Be Active! - National Institute of Child Health and Human Development

This is an interactive after-school education program for young people ages 11 to 13. It is designed to help teach them about the complex media world around them, and how it can affect their health--especially in the areas of nutrition and physical activity.

<http://www.nichd.nih.gov/msy/pages/index.aspx>

Move to Improve Program - New York City Department of Education

MTI is a classroom based physical activity program designed by the New York City Department of Education (DOE) and the New York City Department of Health and Mental Hygiene (DOHMH) to increase physical activity among students, K-5, in elementary school. MTI helps elementary school teachers incorporate short, structured activities into their classrooms. It has been evaluated by the CDC. It has also been used extensively in pre-school settings. PDFs Materials are available for free.
<http://schools.nyc.gov/Academics/FitnessandHealth/MoveImprove/default.htm>

Dunn LL, Venturanza JA, Walsh RJ, Nonas CA. An Observational Evaluation of Move-To-Improve, a Classroom-Based Physical Activity Program, New York City Schools, 2010. *Prev Chronic Dis* 2012;9:120072. DOI:
http://www.cdc.gov/pcd/issues/2012/12_0072.htm

Playing the Policy Game - California Project LEAN

The booklet includes a collection of activities and success stories of California teens making nutrition and physical activity policy changes in their communities. Each step of the process is described in detail.
<http://www.californiaprojectlean.org/docuserfiles//Playing%20the%20Policy%20Game%20Entire%20Manual.pdf>

Screen Free Week – Campaign for Commercial-Free Childhood

On May 4-10, people around the country (and world!) turned OFF TV, video and mobile games, and other screens they use for entertainment, and turned ON the world around them!
<http://www.screenfree.org/>

PSE: District and/or School Wellness Policies that Include After-School

Captive Kids: Selling Obesity at Schools – California Project LEAN

An Action Guide to Stop the Marketing of Unhealthy Foods and Beverages in School: This toolkit addresses the issue of marketing unhealthy foods and beverages on California school campuses. Captive Kids includes information on: Marketing to children and youth through schools; Key steps to develop policy that addresses marketing at schools; Answers to legal questions; Talking points, case studies, fact sheets, and additional resources.

Captive Kids Toolkit:

<http://www.californiaprojectlean.org/docuserfiles//Captive%20Kids2007.pdf>

Healthy Schools Program – Alliance for a Healthier Generation

This tool provides a framework of criteria and identifies specific best practices to create healthier school environments. The criteria are based on the best available evidence of programs, policies and practices that positively impact healthy eating and physical activity behaviors among students and staff.

https://schools.healthiergeneration.org/wellness_categories/

Local School Wellness Policy – Centers for Disease Control and Prevention

This page highlights the background and requirements of the Healthy, Hunger-Free Kids Act as well as a list of recommended resources.

<http://www.cdc.gov/healthyyouth/npao/wellness.htm>

Local Wellness Policy: How to Get Started – Arizona Department of Education

The LWP Step-by-Step Guide is a chart designed to help walk you through the process of developing a wellness policy. It outlines the recommended steps needed for successful implementation. Provides examples of model policies.

<http://www.azed.gov/health-nutrition/school-health/wellness-policy/get-started/>

Local Wellness Policy Resources - School Nutrition Association

This page provides a list of recommended resources to support local wellness policy development.

<http://www.schoolnutrition.org/Content.aspx?id=2168>

Parents In Action! - California Project LEAN

This toolkit aims to support parent efforts to improve the school environment and increase healthy food and physical activity opportunities through the local school wellness policy.

- **Parent Lesson Plans: Advocating for Healthier School Environments**
<http://www.californiaprojectlean.org/docuserfiles/Parent%20Lesson%20Plans%20English%20012.pdf> (English)
http://www.californiaprojectlean.org/docuserfiles/Parent%20Lesson%20Plans_Lecciones%20Para%20Padres%20En%20Accion%20Spanish%202012.pdf (Spanish)
- **Parents in Action: A Guide to Engaging Parents in Local School Wellness Policy**
http://www.californiaprojectlean.org/docuserfiles/Parents%20in%20Action%20Toolkit_05_20_2014.pdf (English):
http://www.californiaprojectlean.org/docuserfiles/Padres%20en%20Accion%20Toolkit_05_20_2014.pdf (Spanish):

Policy in Action: A Guide to Implementing Your Local School Wellness Policy – California Project LEAN

This user-friendly guide is designed to serve as a roadmap for implementing school nutrition and physical activity policies, including local wellness policies. Includes helpful hand-outs to develop your plan of action for implementing your policy.

<http://www.californiaprojectlean.org/docuserfiles//Policy%20in%20Action%20Guide%20FINAL.pdf>

Promoting Health in Minnesota Schools: School Wellness Policies – Public Health Law Center

The Public Health Law Center developed a series of sample school wellness policies to fit in the Minnesota School Boards Association's model school wellness policy. Specific school wellness policies topics that are available include safe routes to school, recess, physical education, farm to school, school gardens, healthy fundraising, healthy concessions, healthy classroom snacks and celebrations, school health councils, "no punishment or reward", and active classrooms.

<http://publichealthlawcenter.org/resources/promoting-health-minnesota-schools-school-wellness-policies>

Student Wellness - Alliance for a Healthier Generation

Student Wellness Toolkit highlights specific criterion from the Alliance's Framework to help keep the campus healthy at all hours of the day.

https://www.healthiergeneration.org/_asset/wwj4dq/09-875_SWCToolkit.pdf

Wellness Policy Tool - Action for Healthy Kids

This tool was developed to help you create a local wellness policy that meets your district's unique goals for nutrition and physical activity and take the next steps to put the policy into action to positively impact students' health and lifelong choices.

<http://www.actionforhealthykids.org/tools-for-schools/revise-district-policy/wellness-policy-tool>

PSE: Healthy Fundraising**Healthy Fundraising For Schools – New York City and Strategic Alliance**

The following resources were developed by New York City in partnership with Strategic Alliance for Health to support schools and school districts conduct healthy fundraising activities.

- **A+ Fundraisers for High Schools - NYC.gov**
<http://www.nyc.gov/html/doh/downloads/pdf/cdp/fantastic-fund-hs.pdf>
<http://www.e1b.org/Portals/0/Files%20by%20Division/School%20Support/Healthy%20Schools/fantastic%20fundraisers%20for%20HS.pdf>
- **General Guide : A Fresh Look at Healthy Fundraisers for Schools**
<http://www.nyc.gov/html/doh/downloads/pdf/dpho/dpho-fundraiser-guide.pdf>
- **One Page Healthy Fundraising Tip Sheet - NYC.gov**
<http://www.nyc.gov/html/doh/downloads/pdf/cdp/cdp-pan-hs-healthy-fundraising-tips.pdf>

School Wellness- Best Practices – California Department of Education Healthy Celebrations, Healthy Fundraisers and Healthy Rewards

<http://www.cde.state.co.us/nutrition/osnschoolwellnesspoliciesbestpractices>

Sweet Deals: School Fundraising Can Be Healthy and Profitable – Center for Science in the Public Interest

This report describes many practical options for healthy fundraisers and provides contact information for more than 60 fundraising companies with which schools can conduct healthier fundraisers.

<http://www.cspinet.org/schoolfundraising.pdf>

PSE: Healthy Celebrations**Healthy Celebrations: Promoting a Healthy School Environment - Rudd Center for Food Policy & Obesity**

This Article provides tips on how schools can take advantage of classroom celebrations to serve food that tastes good, is nutritious, and provides students with nutrition education experiences.

<http://www.education.com/articles/healthy+celebrations/>

Healthy Classroom Celebrations Model Policy and Resources Center for Science in the Public Interest

This page provides resources that support the implementation of healthy classroom celebrations.

http://www.cspinet.org/nutritionpolicy/policy_options_healthycelebrations.html

Healthy School Celebrations - Eat Smart, Move More North Carolina

This sheet provides tips on healthy classroom celebrations.

http://www.eatsmartmovemorenc.com/EatSmartSchoolStds/Texts/school_celebrations.pdf

PSE: Farm to School

Agricultural Institute of Marin

Agricultural Institute of Marin's Farm to Fork program works to expand the reach of local food.

<http://www.agriculturalinstitute.org/farm-to-fork/#>

California Farm to School

This site has California-specific farm to school information, including farmers in your area to connect with, educational resources, and funding opportunities.

<http://www.cafarmtoschool.org/>

Center for Integrated Agricultural Systems

CIAS leads diverse projects on food systems, or what happens from the farm gate to an eater's plate. This work is helping to get local, sustainably-grown food to eaters through schools, Community Supported Agriculture farms, and unique partnerships with growers, processors, farmers' markets, grocers and other food-related businesses.

<http://www.cias.wisc.edu/category/farm-to-fork/>

Community Alliance of Family Farmers (CAFF)

The Community Alliance with Family Farmers is a California-based nonprofit that advocates for family farmers and sustainable agriculture. CAFF runs extensive, on-the-ground programs in many regions throughout California, enabling community members and businesses to find and choose local food, and helping farmers increase their income and sustainability. CAFF has been recognized nationally and internationally for its pioneering programs, and played key roles in enacting the nation's toughest laws regulating pesticide use; promoting the development of organic farming; bringing fresh, local produce into school cafeterias; and establishing programs to distribute locally grown produce to community grocery stores, hospitals, restaurants and farmers markets.

<http://www.caff.org/>

Dairy Council of California

Explore data sources and resources that show how Farm to School can benefit your local community and help make healthy eating easier.

<http://www.HealthyEating.org/FarmToSchool>

Farm to Preschool – Occidental College Urban Environmental Policy Institute

Farm to Preschool is a natural expansion of the national farm to school model and encompasses a wide range of programs and activities, which can take an environmental and systems change approach by serving preschoolers, teachers and child care providers, parents and family members, as well as communities.

<https://www.oxy.edu/urban-environmental-policy-institute/programs/food/farm-preschool>

Farm to School Wellness Policy - Minnesota Willmar Public Schools

Example Language

<http://www.willmar.k12.mn.us/cms/lib07/MN01909723/Centricity/Domain/461/533%20Wellness.pdf>

Georgia Organics

Farm to School district wellness policy toolkit.

<http://georgiaorganics.org/wp-content/uploads/2012/10/F2SWellnessPolicyToolkit.pdf>

Health in All Policies (HiAP) Task Force Report

The California Health in All Policies (HiAP) Task Force was created by [Executive Order S-04-10](#) in 2010 because the health and well-being of Californians is im-pacted by the policies and practices of many agencies and departments, not just health services and public health. The HiAP Task Force is housed under the Strategic Growth Council (SGC), and brings together 22 state agencies, departments, and offices, with a common goal of working together to support a healthier and more sustainable California.

<http://www.cdph.ca.gov/programs/Pages/HealthinAllPolicies.aspx>

The International Food Information Council

The International Food Information Council (IFIC) Foundation is dedicated to the mission of effectively communicating science-based information on health, nutrition and food safety for the public good.

<http://www.foodinsight.org/about-ific-and-food-safety.aspx>

Mobile Dairy Classroom Assembly - Dairy Council of California

This free assembly brings a real cow to schools across California! Students discover how the milk in their school lunches goes from farm to school through an engaging presentation from a skilled instructor.

<http://www.HealthyEating.org/MDC>

The National Farm to School Network

Every state has a page with links to their respective policies.

<http://www.farmtoschool.org/>

Urban and Environmental Policy Institute

Blog posts on farm to school and farm to table projects.

<https://www.oxy.edu/urban-environmental-policy-institute/programs/food/california-farm-school>

PSE: Joint Use**Choose Health LA – School Wellness Policies**

Seven school districts in LA County are advancing Joint Use Agreements aimed at increasing physical activity for students and families in their districts. Website provides model joint use agreements, examples of key partnerships and more resources.

<http://www.choosehealthla.com/live-healthy/safe-recreation/>

Eliminating Barriers for Community Recreational Use of School Property: Policy Guidance on Liability and Shared Use

Research indicates that one of the main obstacles to joint use of school property is a fear among school administrators that schools will face additional legal liability for injuries that result. This brief describes the most common elements of a possible policy proposal, including: 1) findings of fact, 2) a statement of purpose, 3) definitions, 4) liability provisions and exceptions, and 5) related measures that will ensure effective implementation, suggesting key considerations for policy development.

<http://publichealthlawcenter.org/sites/default/files/resources/phlc-fs-shareduse-samplestatute-language-2012.pdf>

General Joint Use Agreement Information

This resource shows how joint use is a way to increase opportunities for children and adults to be more physically active. It refers to two or more entities — usually a school and a city or private organization — sharing indoor and outdoor spaces like gymnasiums, athletic fields and playgrounds. The concept is simple: share resources to keep costs down and communities healthy.

<http://www.jointuse.org/>

Joint Use Agreement Checklist -ChangeLab Solutions

This checklist is designed to identify issues for the parties to consider when developing a JUA to share existing facilities. Not all of the issues presented will be applicable in all situations, and there may be issues unique to communities that are not included in this assessment.

<http://changelabsolutions.org/publications/checklist-developing-joint-use-agreement-jua>

Joint Use and Liability - ChangeLab Solutions

To assist school and government attorneys in assessing liability risks, NPLAN commissioned a 50-state survey of the laws governing liability for after-hours recreational use of school facilities.

<http://changelabsolutions.org/publications/liability-schools-50-states>

Maximizing Opportunities for PA through Joint Use Facilities –CA School Boards Association & CA Project LEAN

A policy brief published in 2009 with many resources, best practices and steps to develop a joint use opportunity during times of shrinking budgets.

http://www.californiaprojectlean.org/docusefiles/JointUse_PolicyBrief%20%2809_2009%29%5B1%5D.pdf

Obesity Prevention On A Budget

This toolkit presents a range of budget conscious policy approaches that leverage existing resources and partnerships to reduce local obesity rates by increasing opportunities for healthy eating and physical activity.

http://www.leadershipforhealthycommunities.org/wp-content/uploads/2014/12/obesity_prevention_on_budget.final_.pdf

Opening School Grounds to the Community After Hours -ChangeLab Solutions

This is a toolkit for increasing physical activity through joint use agreements. It shares lessons learned from successful agreements, offering guidelines and templates for other communities seeking to increase their own access to school recreational facilities.

[http://changelabsolutions.org/sites/default/files/CA_Joint_Use_Toolkit_FINAL_\(CLS_20120530\)_2010.01.28.pdf](http://changelabsolutions.org/sites/default/files/CA_Joint_Use_Toolkit_FINAL_(CLS_20120530)_2010.01.28.pdf)

Partnerships for Joint Use - Center for City for Schools in Berkeley California

A research report by Center for City for Schools in Berkeley California that establishes an empirical understanding of the full range of joint use and how specific strategies fit into a larger picture of more efficiently and appropriately utilizing public school spaces for educational and community purposes.

http://media.cefpi.org/CCS_Partnerships.pdf

Playing Smart – A Joint Use Toolkit - ChangeLab Solutions:

This is a nuts-and-bolts guide designed to help school staff and other community leaders craft and implement joint use agreements.

<http://www.changelabsolutions.org/nuts-and-bolts>

Promoting PA through Joint Use Agreements – Public Schools of North Carolina

This guide provides information for North Carolina school systems, school administrators, members of local government, parks and recreation staff, community based organizations, and community members on how to share physical activity resources through joint use agreements in North Carolina.

http://www.eatsmartmovemorenc.com/PromotingPhysicalAct/Texts/Promoting%20Physical%20Activity%20through%20Joint%20Use%20Agreements_FINAL.pdf

PSE: Walking School Bus**Fire Up Your Feet**

This website provides a full range of age-appropriate resources and educational materials to encourage physical activity to, from and at school.

<http://fireupyourfeet.org/>

Sacramento County Safe Routes to School (SRTS) Toolkit – Walk Sacramento

This resource provides tools for data collection, a recommended step for implementing a successful SRTS program. Additionally, many of the background data identified in this section can be used to support Safe Routes to School grant applications. This resource also includes baseline walking and biking numbers; surveys of parent concerns; student attendance; road data; walk audits and behavior observation; bike audits.

<http://www.walksacramento.org/wp-content/uploads/2012/06/SacramentoCountySRTSToolkitFINAL.pdf>

PSE: Safe Routes to School (SRTS)**California SRTS Technical Assistance Resource Center – California SRTS**

This tool kit assists local communities with creating Safe Routes to School (SRTS) programs by providing trainings, technical assistance, and resources to implement safe and successful SRTS strategies throughout California.

www.casaferoutestoschool.org/safe-routes-to-school-basics/

Creating Safe Walking and Bicycling Communities: Safe Routes to School Decision Maker's Toolkit. – Cities Counties Schools (CCS) Partnership:

This guide explains active transportation and the conditions in a community that support safe walking and bicycling to schools and other neighborhood destinations.

<http://www.ccspartnership.org/resources/safe-routes-to-schools/>

How to Build and Sustain a Safe Routes to School (SRTS) Program - National Center for Safe Routes to School

This resource has information to improve walking and bicycling conditions near a school and spread interest into other parts of the community. Coalitions that persist in their efforts and make measurable improvements based on their evaluation will be rewarded with safer places for children to walk and bicycle and more children choosing safe routes to school.

<http://www.saferoutesinfo.org/program-tools/build-sustain-program>

Implementing a SRTS In Low-Income Communities and Schools, A Resource Guide for Volunteers and Professionals – Safe Routes to School National Partnership

The intent is to inspire nonprofit organizations, schools and community residents to come together to implement and sustain successful, culturally sensitive and inclusive Safe Routes to School initiatives.

<http://www.saferoutespartnership.org/sites/default/files/pdf/LowIncomeGuide.pdf>

Safe Routes to School: Steps to Create A Safe Routes to School Program – Pedestrian and Bicycle Information Center (PBIC)

This resource outlines the steps in creating a SRTS program including walking school bus guide, crossing guard guidelines, mileage clubs, and many more resources.

http://guide.saferoutesinfo.org/encouragement/on-campus_walking_activities.cfm

SRTS Classroom Resources for Middle School Students – National Center for Safe Routes to School

This resource provides five illustrated examples of ways to approach, interact with, and fully engage middle school students in activities pertaining to school travel.

<http://www.saferoutesinfo.org/program-tools/what-are-some-good-classroom-resources-middle-school-students>

SRTS Guide for Teachers – Pedestrian and Bicycle Information Center (PBIC)

This guide is a comprehensive online reference manual designed to support the development of Safe Routes to School (SRTS) programs. It provides links to other SRTS publications and training resources. Readers of the online guide can pick and choose specific topics based on their interests and needs, such as guidelines for adult school crossing guards, tools to create school route maps, and ways to include children with disabilities in SRTS initiatives.

<http://guide.saferoutesinfo.org/>

PSE: Increased Physical Activity During School (in class, recess, PE)

Active Academics

Active lessons to help learning on the common Core Standards; energizers for classrooms and PE enhancement activities for teachers.

<http://www.activeacademics.org/?pid=48&tips-for-using>

<http://www.activeacademics.org/?pid=22&research-and-resources>

Child and Adolescent Trial for Cardiovascular Health (CATCH)

Large school-based field trial aimed at improving school food service, nutrition, and physical education.

- Abstract - <http://www.ncbi.nlm.nih.gov/pubmed/9408786>
- Overview - <http://www.childtrends.org/?programs=child-and-adolescent-trial-for-cardiovascular-health-catch>
- Curricula - <http://catchusa.org/index.html>

Children’s Power Play Initiative - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

Initiative to motivate and empower California children ages 9-11 years to eat 3 to 5 cups of fruits and vegetables and get at least 60 minutes of physical activity every day.

<http://cdphinternet/programs/NEOPB/Pages/PowerPlayResources.aspx>

Comprehensive School Physical Activity Programs: A Guide for Schools - CDC

Developed in collaboration with the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) and experts in the field of school-based physical activity, the guide includes steps to engage multiple stakeholders in developing a Comprehensive School PA Program (CSPAP) that helps students meet the recommended 60 minutes or more of physical activity every day. A comprehensive school physical activity program includes physical education, physical activity during school, physical activity before and after school, staff involvement, and family and community engagement. Schools can use the guided process to develop an action plan, implement strategies, and evaluate their CSPAP. <http://www.cdc.gov/healthyyouth/physicalactivity/cspap.htm>

Eat Well & Keep Moving - CDC

Complete curriculum that helps academic, physical education, and health education teachers guide upper elementary school students to make healthier choices while building skills.

<http://www.eatwellandkeepmoving.org/>

Fuel Up To Play 60 – National Dairy Council

A nationwide movement focused on fighting childhood obesity by empowering kids to take control of their own health in small changes at school. Web resources include ideas for in-class physical activity ideas and physical activity promotions.

<http://www.FuelUpToPlay60.com/>

Just a Minute - JAM School Program

The JAM School Program brings physical activity and health education into the classroom. JAM is designed to teach kids (and adults) healthier lifestyle habits. JAM is a free wellness resource for schools.

JAM resources offer a weekly one-minute exercise routine called JAMmin' Minute®, an athlete-featured more extensive routine called JAM Blast®, and a monthly health newsletter called Health-E-tips.

<http://www.healthetips.com/jam-program.php>

Let's Move! Active Schools

Provides school champions with a simple, 6-step process to help them build a team, make a plan, and access free resources and tools, including in-person trainings, program materials and activation grants.

<http://www.letsmove.gov/active-schools>

North Carolina Energizers – North Carolina Healthy Schools

Classroom based physical activities for teachers to integrate with academic concepts.

http://www.eatsmartmovemorenc.com/Energizers/Texts/Energizers_K-5_2015.pdf

Nutrition and Physical Activity Classroom Programs - Dairy Council of California.

Comprehensive nutrition education programs for K-12 include lessons that highlight physical activity as one of the healthy habits to practice daily. Available at no cost in California. When these programs are implemented as intended, students are likely to be more physically active and eat healthier.

<http://www.HealthyEating.org/Schools/Classroom-Programs.aspx>

Physical Activity Increases Student Achievement

Dairy Council of California summarizes research about the benefits of physical activity in schools in a one-page document

<http://www.healthyeating.org/Portals/0/Documents/Schools/PhysicalActivityIncreasesStudentAchievement.pdf>

Sports Play Active Recreation for Kids (SPARK)

Intervention that uses physical education specialists to implement instructional strategies to increase the amount of time students spend in moderate-to-vigorous physical activity (MVPA) in physical education.

<http://www.sparkpe.org/>

Take 10!

Program designed to help children understand the importance of fun physical activity and other healthful behaviors, including nutrition.

<http://www.take10.net/>

Teen B.E.A.T - Dairy Council of California

An online interactive tool for tweens and teens that allows for personalization and goal setting. Measures current levels of physical activity, compares it to recommendations, and makes realistic plans for improving.

<http://www.HealthyEating.org/TeenBEAT>

PSE: Drinking Water in Schools

California Department of Education

The California Department of Education (CDE) encourages school districts to consider a proactive approach to expanding access and increasing water consumption by both students and district staff. Website shares information on the current regulations and suggestions for implementation.

<http://www.cde.ca.gov/ls/nu/he/water.asp>

Drinking Water in Schools

In 2010, legislation passed at both the federal and California state levels to require schools to make free water accessible to students:

- **Federal Healthy, Hunger-Free Kids Act:** schools that participate in the National School Lunch Program (NSLP) are required to make water available for free to students during school mealtimes.
- **California State Senate bill 1413 (Leno)** requires school districts to make water available to students where school meals are served or eaten.

The Out of School Nutrition and Physical Activity (OSNAP) Initiative: Strategies to Increase Drinking Water Access in After School Programs – Center TRT

A research-tested access to water intervention from The Harvard School of Public Health Prevention Research Center designed to increase healthy nutrition for children, including the frequency with which water is served during snack at after-school programs.

http://www.centertrt.org/content/docs/Intervention_Documents/Intervention_Templates/OSNAP_Template.pdf

Planning of New Construction or Modernization Projects

Contact the CDE's School Facilities Planning Division Field Representative assigned to your county. The list of county assignments is available at School Facility [Field Staff](#) or by phone at 916-322-2470.

Water in Schools – California Food Policy Advocates

A project by the [California Policy Food Advocates](#) to address the availability of tap water in the schools in California. Outlines what's required, the current state of water in schools, and solutions and suggestions on how to address the issue. This project is supported by the [California Obesity Prevention Program](#) of the [California Department of Public Health](#) with funding from the [Centers for Disease Control and Prevention](#).

<http://www.waterinschools.org/stateofthetap.shtml>

Youth Engagement Initiatives: Water Access in Schools - Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)

Through the Youth Engagement Initiative, youth throughout California identify and address nutrition and health issues important to them and their communities. This report includes case studies addressing water access in schools in Vale Middle School (Humboldt County) and Del Norte High School (Del Norte County).

<http://cdphinternet/programs/NEOPB/Documents/InspiringYouthGrowingChange.pdf>

PSE: Salad Bars**A Field Guide to Salad Bars in School – Minnesota Department of Health**

A step-by-step guide to developing, implementing, and promoting school salad bars.

<http://www.health.state.mn.us/divs/hpcd/chp/cdr/nutrition/docsandpdf/guidetosbinschools.pdf>

Let's Move! Salad Bars to School

Part of First Lady Michelle Obama's Let's Move initiative is to provide free salad bars to schools—short online application. www.saladbars2schools.org Also includes a Salad Bar resource page with multiple toolkits, resources, posters, etc. <http://www.thelunchbox.org/programs/salad-bars/>

Roadmap to Improving Food & PA Environments – School Section – Public Health Institute

Draws on the experience of the communities participating in the Healthy Eating, Active Communities Program. It provides advice, tips, and tools on the steps of doing PSE work in the school sector: Coalition, Assess/Prioritize Issues, Develop Intervention Strategies, Take Action, Reflect and Evaluate, Celebrate Success.

<http://www.phi.org/resources/?resource=roadmap-to-improving-food-and-physical-activity-environments-tips-and-tools-for-community-change-2nd-edition>

Salad Bar Resources from National Council of Fruit and Vegetable Coordinators

Includes salad bar resource guide, food safety guide, salad bar line training videos for students, training PowerPoint, promotional brochures, speaking points.

http://astphnd.org/areas.php?sid=&area_id=1

Team California for Healthy Kids- California Department of Education

Salad Bars are a specific strategy to increase access to healthy foods in Superintendent Torlakson's initiative.

<http://www.teamcaliforniaforhealthykids.org/what-we-do/healthy-diets/>

PSE: Farm to School Procurement

Bearing Fruit: Farm to School Program Evaluation Resources and Recommendations – The National Farm to School Network

Is an excellent resource for all types of instruments related to evaluating Farm to School interventions in eight categories: feasibility analysis for farm to school projects, student impacts, teacher impacts, policy impacts, food service impacts, farmer impacts, parent impacts, and community impacts.

<http://www.farmentoschool.org/resources-main/bearing-fruit-farm-to-school-program-evaluation-resources-and-recommendations>

California Farm to School

Resource guide helps to connect with local farms with the objectives of serving healthy meals in school cafeterias, improving student nutrition, providing health and nutrition education opportunities that will last a lifetime, and supporting California's farmers. Use this site to learn more about farm to school, find schools and farmers in your area to connect with, and make farm to school a reality in your area.

<http://www.cafarmtoschool.org/>

California Office of Farm to Fork – (CDFA)

The Office of Farm to Fork is a project of the California Department of Food and Agriculture, California Department of Education (CDE) and California Department of Health Nutrition Education and Obesity Prevention Branch (NEOPB). It highlights California farmers, producers, and school-farm connections. By providing resources to individual consumers, school districts, and other organizations. The Office of Farm to Fork promotes health, nutritious food and sustainable food system for everyone in California.

<http://cafarmtofork.com/>

Farm to School Logic Model and Evaluation - Center TRT Oregon

Evaluation materials for the Oregon Farm to School intervention described above.

<http://www.centertrt.org/?a=intervention&id=1110§ion=10>

Farmer Market Place (CDFA)

The California Marketplace is a free statewide website featuring California produce and other products so farmers have the opportunity to connect directly with school food service to increase the amount of locally grown produce on the lunch tray. Primarily established to reduce communication barriers between buyers and sellers. This is a project of the Office of Farm to Fork.

<http://cafarmmarketplace.com/>

Farm to Preschool: Harvest of the Month Program San Diego County

Description of San Diego County's HOTM program, including resources and press releases.

<http://ourcommunityourkids.org/domains--committees/early-childhood/farm-to-preschool.aspx>

Farm to School Census- USDA

The census gathered procurement data related to local sourcing, with documentation of additional farm to school activities (e.g. the prevalence of school gardens, promotional activities, and curriculum integration, etc.) as a secondary objective. It is anticipated that data products will be ready in Oct. 2013.

<http://www.fns.usda.gov/farmentoschool/census#/>

Farm to School District Wellness Policy Toolkit- Georgia Organics

Georgia Organics has many resources on their site, including supporting research, farm to school curriculum, school garden information.

<http://georgiaorganics.org/wp-content/uploads/2012/10/F2SWellnessPolicyToolkit.pdf>

Farm to School Evaluation Toolkit – National Farm to School Network

Evaluation toolkit for the Farm to School program evaluation. Includes school lunch recall tool, fruit and vegetable neophobia scales and semi-structured interview guides.

<http://www.farmtoschool.org/resources-main/evaluation-framework>

Farm to School Yolo – Yolo County Agricultural Commissioner

Yolo County example of farmers growing Harvest of the Month items to support classroom tasting, having HOTM at grocery stores, and offering HOTM at worksites.

<http://www.harvesthubyo.org/farm-to-school>

Know Your Farmer Know Your Food (KYF2) - USDA

A USDA-wide effort to carry out President Obama's commitment to strengthening local and regional food systems. The mission is to support the critical connection between farmers and consumers and to strengthen USDA's support for local and regional food systems. Through KYF2, USDA integrates programs and policies that: stimulate food- and agriculturally-based community economic development; foster new opportunities for farmers and ranchers; promote locally- and regionally-produced and processed foods; cultivate healthy eating habits and educated, empowered consumers; expand access to affordable fresh and local food; and demonstrate the connection between food, agriculture, community and the environment.

http://www.usda.gov/wps/portal/usda/usdahome?navid=KYF_MISSION

Local Food Sourcing Options and Models – Urban & Environmental Policy Institute (UEPI)

Resources and models for local food sourcing. Part of the Farm to Preschool website.

<http://farmtopreschool.org/localfood.html>

National Farm to Preschool

Expansion of the national farm to school model. Farm to Preschool serves: preschools, Head Start, center-based, programs in K-12 school districts, nurseries and family home care facilities.

<http://farmtopreschool.org/>

National Farm to School Network

The National Farm to School Network supports the work of local Farm to School programs all over the country by providing free training and technical assistance, information services, networking, and support for policy, media and marketing activities. Website includes an interactive map with a link to state Farm to School website.

<http://www.farmtoschool.org/>

National Farm to School Network –Farm to Preschool Subcommittee

The Farm to Preschool Program at the Urban & Environmental Policy Institute at Occidental College began as a pilot program in 2009 offering a Harvest of the Month nutrition and garden-based curriculum, support for local food sourcing in participating schools, field trips to farmers' markets, a market basket program for parents and staff, parent workshops, as well as the development and integration of preschool gardens and wellness policies at participating sites.

<http://farmtopreschool.org/programmodels.html>

National Good Food Network Database

The National Good Food Network Database is a searchable resource of knowledge, people/organizations and funders focused on the work of scaling up good food.

<http://www.ngfn.org/>

Oregon Farm to School and School Garden Policy Approach Intervention – Center TRT

Center-TRT assessment of an emerging intervention that uses evidence-based strategies to change the school food and learning environments to increase access to healthy, locally grown foods. A secondary focus is on influencing students' knowledge of, attitudes toward, and behaviors related to consuming those foods.

<http://www.centertrt.org/?a=intervention&id=1110>

Power in Numbers: Group Purchasing for Healthier School Meal – Alliance for a Healthier Generation

This guide is intended to assist school food authorities in developing a cooperative purchasing arrangement with other schools, institutions, and purchasing organizations to leverage their collective buying power to purchase food and supplies at significantly less cost for all participants.

https://www.healthiergeneration.org/_asset/mf82gr/13-6263_GroupPurchSM.pdf?utm_source=2014+HSP+January+Issue&utm_campaign=Gen+HSP+Nov+2013&utm_medium=email

Procuring Local Foods for Child Nutrition Programs - USDA

The guide covers procurement basics, defining local, where to find local products, and the variety of ways schools can purchase locally in accordance with regulations. This revision incorporates information about micro-purchases, buying local foods for child care and summer meal programs and more real-world examples.

http://www.fns.usda.gov/sites/default/files/f2s/F2S_Procuring_Local_Foods_Child_Nutrition_Prog_Guide.pdf

Toolkit for School Foodservice- University of Minnesota Extension

This toolkit helps school foodservice start, build, and sustain their Farm to School efforts and includes sections on Getting Started, Food Safety, research related to farm to school.

<http://www.extension.umn.edu/food/farm-to-school/procurement/foodservice/>

Vermont FEED

Works with schools and communities to raise awareness about healthy food, the role of Vermont farms and farmers, and good nutrition. Lots of resources including guidebooks, videos and evaluation of farm to school programs.

<http://www.vtfeed.org/tools>

This material was produced by the California Department of Public Health's Nutrition Education and Obesity Prevention Branch with partial funding from USDA SNAP-Ed, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious food for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit www.CaChampionsForChange