



## **Quarterly Stakeholders' Meeting**

The Nutrition Education and Obesity Prevention Branch (NEOPB) of the California Department of Public Health (CDPH) is hosting the fifth quarterly Stakeholders' Meeting on **Monday, October 26 from 9:30am – 12:30pm** at California State University Sacramento (CSUS) | Alumni Center, | 6000 J Street in Sacramento.

This notice serves as a reminder that today, **October 21 at 12:00 p.m.**, is the registration deadline. We hope you had the opportunity to register by the cut-off date.

We are committed to engaging diverse statewide partners and stakeholders for the meeting. This meeting is based on a legislative mandate under Trailer Bill SB857, Section 92 specifically designed to:

1. Solicit input and receive feedback from Supplemental Nutrition Assistance Program-Education (SNAP-Ed) stakeholders on the development, integration, and evaluation of the SNAP-Ed program administered by the CDPH NEOPB.
2. Inform and update statewide SNAP-Ed stakeholders on the purpose, function, and direction of the SNAP-Ed program administered by the CDPH NEOPB.

Prior to participating in the meeting, you are encouraged to read and review the resources posted on the NEOPB Partners and Stakeholders [webpage](#).

Our meeting facilitator and staff continue to ensure that the questions, input and comments received from the webinar audience are acknowledged in some capacity during the meeting. Questions will be addressed either through "raising your hand" or by submitting your input and feedback on an agenda topic throughout the meeting utilizing the Go-to-Training chat function. We encourage you to only ask questions pertinent to the agenda items discussed at the meeting. All questions or comments which apply to Local Health Department (LHD) operations will be answered in other venues such as, the LHD calls held on the second Thursday of every month. LHD staff are also encouraged to address LHD operational questions with their Project Officer.

Following the meeting, the presentation slides and meeting summary documents will be posted to the NEOPB Partners and Stakeholders webpage. We plan to update this webpage with pertinent SNAP-Ed resources, information, and communications. We look forward to your participation in the upcoming Stakeholders' Meeting.

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## Trainings Scheduled for Preschool Playground Stencil Kits

CDPH and CSU Chico piloted the use of inexpensive and reusable playground stencils to enhance outdoor physical activity opportunities for preschool children.

The pilot study showed that the use of the playground stencils resulted in a significant increase in active play when sites with stenciled playgrounds were compared to a control site. The “Painting Playgrounds for Movement” guide has been developed to aid in designing and painting playgrounds and will be emailed to all who requested the stencils. The guide addresses:

- Preschool physical activity recommendations
- Fundamental movement skills
- Suggested playground elements
- Preparing and painting the playground designs

The playground activities associated with the use of the stencils will help children and schools meet the Centers for Disease Control and Prevention’s (CDC) recommended “National Health and Safety Performance Standards for Preventing Childhood Obesity in Early Care Education Programs”.

Through the CDC Prevention First funding, CDPH NEOPB purchased 60 Painting Preschool Playgrounds for Movement Stencil Kits for distribution statewide and will begin shipping them mid- October.

The schedule for the free in-person and webinar Stencil Kit trainings is as follows; registration is limited to the first 40 registrants. Trainings will be held:

- November 2, Sacramento, 1:30-3:30 p.m. (Registration deadline is October 26 at the following link: <https://www.surveymonkey.com/r/2DSL MN6>.)
- December 1, San Diego, 9:00 a.m.-12:00 p.m. (Registration deadline is November 16 at the following link: <https://www.surveymonkey.com/r/27L7NK2>.)
- December 8, 1:00-3:00 p.m. – This training will take place via webinar at the following link: <https://attendee.gototraining.com/r/4778001815637161986>. (This webinar will be recorded and posted on the NEOPB Prevention First website.)

These trainings are designed for child care providers, preschool teachers, child care center staff, health educators, physical activity coordinators, and LHD staff working with early care and education partners.

For more information about the Stencil Kits or the trainings, please contact Melba Hinojosa at (916) 449-5370 or by email at: [Melba.Hinojosa@cdph.ca.gov](mailto:Melba.Hinojosa@cdph.ca.gov).

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## Farm to Fork Updates

### School Grant Programs

The Healthy Hunger-Free Kids Act of 2010 included a mandate to create a Farm to School Program within the Food and Nutrition Services Agency of the United States Department of Agriculture (USDA). As a result of this mandate, the School Grant Program has funded 221 Farm to School projects to date.

In 2015, the USDA Farm to School Census notes that schools are seeing reductions in plate waste, increases in school meal participation rates, and an increase in willingness on the part of children to try new foods, notably fruits and vegetables!

USDA has released a report that takes an in-depth look at data collected from the projects funded over the past 3 years. You can access the report at:

[http://www.fns.usda.gov/sites/default/files/f2s/F2S\\_Grant\\_Summary\\_Report.pdf](http://www.fns.usda.gov/sites/default/files/f2s/F2S_Grant_Summary_Report.pdf)

### Community Grant Programs

USDA supports Farm to Fork community activities that may also benefit schools. Strengthening local food systems is one of four pillars for USDA to revitalize rural economies and communities. Recent awards can be viewed here:

- Farmers Market Promotion Program grants to support farmers markets and community supported agriculture. California received 13 different grants. Check to see if any are in your county. <http://www.ams.usda.gov/services/grants/fmpp/awards>
- Local Food Promotion Program grants to support food hubs and farm-to-institution activities. California received 17 different grants. Check to see if any are in your county. <http://www.ams.usda.gov/services/grants/lfpp/awards>
- The Local and Regional Food Systems grant project also supports the USDA's Know Your Farmer, Know Your Food Initiative, which coordinates USDA's support for regional food systems. Find out more about this program at the link below: <http://www.usda.gov/wps/portal/usda/knowyourfarmer?navid=KNOWYOURFARMER>

Information provided through USDA Release No. 0273.15

*For more information about Farm to Fork, please contact Katharina Streng at (916) 449-5371 or by email at: [Katharina.streng@cdph.ca.gov](mailto:Katharina.streng@cdph.ca.gov)*

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## Certified Translators Available through the Office of State Publishing

Certified translators are available to LHDs through the state Department of General Services' (DGS) Office of State Publishing (OSP). NEOPB realizes that some LHDs may need assistance translating resources for local use, so we wanted to share information on one possible source for translations.

In order to work with OSP, LHDs must apply for a Customer Account Number (CAN) with DGS. Once the CAN is assigned by DGS, LHDs can work directly with OSP for services such as translations, graphic design and printing of materials. In most cases, LHDs are provided with an account number within two weeks of application submission. LHDs that work with OSP will also need to open a Purchase Order for OSP services once your agency approves the OSP estimate for services.

If your agency currently does not have a budget set aside for translations or other services that OSP provides, please talk with your Project Officer and Contract Manager to discuss amending your budget.

LHDs can find frequently asked questions and the required CAN form below:

<http://www.dgs.ca.gov/ofs/Forms/FAQ.aspx>

<http://www.documents.dgs.ca.gov/ofs/Afs94a.pdf>

For more information on CAN form questions, please contact: [Alex.Majalya@dgs.ca.gov](mailto:Alex.Majalya@dgs.ca.gov)

For OSP Customer Service questions, please contact: [Nicki.Bailey@dgs.ca.gov](mailto:Nicki.Bailey@dgs.ca.gov)

### NEOPB Training Resources

Check out the [NEOPB Training Resources](#) webpage for the latest training related information and calendar of scheduled [NEOPB events](#)

[NEOPB Event Highlights for October and November](#)

NEOPB Geographic Information System (GIS) Training - October 20 & 29

The A, B, Cs of Healthy Retail: Fundamentals for Designing a Healthy Retail Program - October 20

CNAP Coordinators Meeting - October 22

Quarterly IOE Webinar - October 27

Project Directors' Meeting (PDM) - November 3-4

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## Worksite Sodium Reduction Strategies

Did you know that, according to the CDC, high blood pressure (hypertension) affects approximately one in three U.S. adults, and prehypertension affects nearly one in four U.S. adults? High sodium consumption raises blood pressure, and high blood pressure is a major risk factor for heart disease and stroke. Many of the risk factors for heart disease and stroke are preventable and controllable. Since employees spend a considerable amount of time at work, the food environment can affect health status through the choices available to employees during the day.

To learn more about sodium reduction strategies in the workplace, you can download the following documents:

1. Understanding Healthy Procurement: Using Government's Purchasing Power to Increase Access to Healthy Food.  
[http://www.changelabsolutions.org/sites/default/files/Understanding%20Healthy%20Procurement%202011\\_20120717.pdf](http://www.changelabsolutions.org/sites/default/files/Understanding%20Healthy%20Procurement%202011_20120717.pdf)
2. American Heart Association's Healthy Workplace Food and Beverage Toolkit.  
[http://www.heart.org/idc/groups/heart-public/@wcm/@fc/documents/downloadable/ucm\\_465693.pdf](http://www.heart.org/idc/groups/heart-public/@wcm/@fc/documents/downloadable/ucm_465693.pdf)
3. CDC Health and Sustainability Guidelines for Federal Concessions and Vending Operations.  
[http://www.cdc.gov/chronicdisease/pdf/Guidelines\\_for\\_Federal\\_Concessions\\_and\\_Vending\\_Operations.pdf](http://www.cdc.gov/chronicdisease/pdf/Guidelines_for_Federal_Concessions_and_Vending_Operations.pdf)
4. CDC Improving the Food Environment through Nutrition Standards: A Guide for Government Procurement. [http://www.cdc.gov/salt/pdfs/DHDSP\\_Procurement\\_Guide.pdf](http://www.cdc.gov/salt/pdfs/DHDSP_Procurement_Guide.pdf)
5. CDC Smart Food Choices: How to Implement Food Service Guidelines in Public Facilities.  
<http://www.cdc.gov/obesity/downloads/smart-food-choices-how-to-implement-food-service-guidelines.pdf>

For resources to support a comprehensive worksite wellness program, look for the California Fit Business Kit here: <https://www.cdph.ca.gov/programs/cpns/Pages/WorksiteProgram.aspx>

For more information, please contact Linda Cowling at [Linda.Cowling@cdph.ca.gov](mailto:Linda.Cowling@cdph.ca.gov).



For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit [www.CaChampionsForChange.net](http://www.CaChampionsForChange.net) for healthy tips.