



Local Health Department News Bulletin



NUTRITION EDUCATION AND OBESITY PREVENTION BRANCH

09/07/2016



CDPH/NEOP Project Directors Meeting

Hyatt Regency Sacramento
November 14-15

2016

Save the Date | CDPH/NEOPB Project Directors Meeting

The California Department of Public Health (CDPH) Nutrition Education and Obesity Prevention Branch (NEOPB) - Project Directors Meeting (PDM) will take place November 14 - 15, 2016 at the Hyatt Regency Sacramento.

More information, including the meeting plan, hotel information and registration instructions, please visit the PDM Website at <http://www.cvent.com/d/rvq99v>

Please mark your calendars and save the date!

Meeting Goal:

As we embark on a new 3-year plan, the PDM meeting will focus on strategic direction that concentrates efforts to impact and sustain momentum toward community change.

- Acquire training and technical assistance on the implementation of scopes of work for the Federal Fiscal Years (FFY) 2017-2019 Local Health Department (LHD) Supplemental Nutrition Assistance Program - Education (SNAP-Ed) funding grants with CDPH/NEOPB.
- Receive administrative updates from NEOPB staff in the areas of fiscal management, media relations, policy & partnerships, research & evaluation and training resources to support your work in the coming years.
- Engage in networking opportunities.
- Highlight and recognize LHD SNAP-Ed grantees that have done an outstanding job in areas ranging from championing local policy, systems, and environmental change strategies to exemplary fiscal contract management.
- Celebrate the 20th Anniversary of the commencement of SNAP-Ed being provided in California.

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Target Audience:

- LHD Project Directors; and
- Up to two additional key staff per agency.

Hotel Accommodations:

For your convenience, a room block has been secured at the Hyatt Regency Sacramento for Sunday, November 13, 2016 and Monday, November 14, 2016. The State rate of \$95.00 single occupancy will be available. The group room block will be listed under the Nutrition Education & Obesity Prevention Project Directors Meeting (PDM).

October 24, 2016, is the deadline to reserve your room, so make reservations early in order to secure a room at the group State rate.

To Make Guest Room Reservations:

- Guests may reserve rooms online by using Passkey. Passkey is offered by the hotel at no-cost and provides a reservations interface that is customized for the event.
- In order to reserve a room, go to <https://resweb.passkey.com/go/2016COEU>

For general questions related to the PDM, please contact the event lead, Nakendra Abner, at Nakendra.Abner@cdph.ca.gov or 916-445-5303.

The PDM meeting is an allowable expense per United States Department of Agriculture (USDA) Guidance. Travel expenses should have been included in your FY17 budget. If you did not include this meeting in your budget and have questions about covering the cost of travel, please contact your NEOPB Contract Manager.

Pre-PDM County Nutrition Action Plan/Partnership (CNAP) Training

The CDPH NEOPB Pre-PDM Training for County Nutrition Action Plan/Partnership (CNAP) Coordinators and Co-Coordinators will be held on Monday, November 14, 2016 from 9:30 a.m. – 12:00 p.m. The training will be held at the Hyatt Regency Sacramento, prior to the PDM.

Visit the PDM website for more information regarding the Pre-PDM Training.

For questions related to the training, please contact Monet Parham-Lee at monet.parham-lee@cdph.ca.gov or 916-552-9906.

American Heart Association Releases Added Sugar Limits Recommendations for Children

On August 22, 2016, the American Heart Association (AHA) released recommendations on added sugars for children. Specifically, the AHA recommends children aged two to 18 consume no more than six teaspoons of added sugars per day, and children and teens limit intake of sugary drinks, including sports and energy drinks, to no more than eight ounces per week. Children under age two should not consume foods or beverages with added sugars, according to the AHA.



For more information regarding the AHA's latest "added sugar" recommendations, click the link below:

<http://newsroom.heart.org/news/children-should-eat-less-than-25-grams-of-added-sugars-daily>

For more information, please contact Jake Hanson at Jake.Hanson@cdph.ca.gov or 916-449-5488.

Champion Alliance Workshops Highlight Recruitment & Engagement Strategies for Funded Partners

Last month the NEOPB Champion Alliance Program (CAP) hosted two workshops in the cities of Sacramento and Garden Grove to engage Funded Partners across the state around issues related to recruiting Champions for Change and engaging communities.

Among the more than 120 people who attended the two Champion Alliance Workshops were twenty-four Champions for Change, more than fifty Funded Partner staff, and at least six community-based organizations. In addition to hearing about culturally relevant strategies for recruiting Champions within African- American, Asian, and Latino communities, attendees were treated to a Speed Networking session and powerful presentations from guest speakers Amber Stott (Food Literacy Center) and Chris Massa (Ventura Unified School District Farm to School program).

For more information about CAP, please contact Asbury Jones at asbury.jones@cdph.ca.gov or 916-449-5434.



Last day for FFY16 Activity Tracking Form Entries

Friday, October 14, 2016 is the last day to enter FFY 2016 Activity Tracking Form (ATF) entries. Please ensure all data are entered by this date. On Saturday, October 15, 2016 all FFY16 data will be moved to the archives in order to prepare for the FFY17 ATF data.

For more information, please contact Alexis Narodovich at Alexis.Narodovich@cdph.ca.gov or 916-650-6905.

State Public Health Jobs

Are you interested in a career that is challenging, rewarding, and where you can make a positive change in public health? If so, the NEOPB has some great opportunities to work for an organization dedicated to improving the health status of millions of low-income California parents and children, with the goal of preventing obesity and other diet related chronic diseases.

Applying for a state position first requires the applicant to have taken and successfully passed specific job type (classification) exams. Then, the applicant is placed on the eligibility list (may be department specific or used by multiple departments) for that classification. Next, the applicant submits a separate application for the vacant position associated with the hiring program in which he/she has eligibility.

The link below provides a guide to applying for State jobs and shows steps for establishing a Cal Career account, taking and passing an exam, searching and applying for jobs.

<https://www.jobs.ca.gov/Public/Job/Steps.aspx>

As of August 18, 2016, NEOPB is currently recruiting the following positions:

Research Scientist IV - Final Filing Date: 9/16/2016

Research Scientist Supervisor II – Final Filing Date: 9/12/2016

Visit the job opportunity bulletin link below for duty statements and additional information. Each position will have specific deadline filing dates. Also, current postings of vacant NEOPB positions and their final filing dates can be found at the link below:

<http://www.cdph.ca.gov/programs/NEOPB/Pages/NEOPJobs2015.aspx>

In addition to the positions mentioned above, jobs frequently are posted for the following classifications: Health Program Specialist I, Health Program Specialist II, Public Health Nutrition Consultant III, Health Education Consultant III, Staff Services Analyst, and Office Technician.

So, if you are interested in jobs preventing obesity and other diet related chronic diseases, please establish a Cal Career account, take and pass the examination for each classification you are qualified to do, and get your name placed on the eligibility list.

If you have questions regarding the positions or application process, please contact Fam Heatherly at Fam.Heatherly@cdph.ca.gov or (916) 449-5396.

Web StoreFront Customer Satisfaction Survey: Deadline September 12

NEOPB is conducting a survey on Web StoreFront (WSF) customer satisfaction. The survey was sent to all WSF registered users on August 22. It should take no more than 5 minutes to complete. The information you submit will be provided to us anonymously and it will help inform our work moving forward. We appreciate your participation in this survey. Remember: The deadline to respond is September 12.

If you have questions regarding the WSF, please contact us at NEOPBcustomer@cdph.ca.gov

Breakfast in the Classroom Enhancement Project: Classroom Mini-Farm Stands

In 2014, the implementation of the Breakfast in the Classroom (BIC) program across all Los Angeles Unified School District (LAUSD) schools brought a unique opportunity for youth to take advantage of the program and ensure its success and longevity. Recognizing the program's potential impact, the National Health Foundation (NHF), one of Los Angeles County Public Health Department's subcontracted agencies in the youth engagement category, partnered with Thomas Jefferson High School (TJHS) in South Los Angeles to implement a Health Academy program. The program, comprised of 38 TJHS students, allows youth to participate in one of four teams in a youth-led research project of their choice. Youth in one particular team, named Legion of Health (LOH), identified the need to decrease food waste and increase access to healthy snacks at their school by utilizing the surplus fruit and/or non-perishable food items from the BIC program for their developed "Health Academy Mini Farm Stand" pilot project to drive healthy changes on campus.

Approximately 86 percent of TJHS students are enrolled in the Free and Reduced Meal Program (FRMP). Because of this high participation rate, all students at TJHS are eligible to receive breakfast and lunch at no cost, but information gathered from TJHS administrators revealed that only 45% of students participate in the National School Lunch Program, and less than 40% of students participated in the BIC program. A number of factors contribute to these low participation rates, including students' late arrival to school causing them to miss BIC, as well as students choosing to eat unhealthy food. In response to these factors, LOH chose to develop the Mini Farm Stands to increase student consumption of and access to free healthy snacks on campus.

The youth participants leading the project recruited teachers to assist with pilot implementation in select classrooms. Teachers were asked to encourage students to select a healthy snack from the farm stand basket when they were hungry and managed a tracking system within each classroom to capture data results. Key partners also included the TJHS Cafeteria Manager, who assisted youth with data gathering and was integral in helping draft a pilot plan as well as the TJHS Assistant Principal, who provided initial school support for the project and supported the LOH's advocacy efforts for schoolwide implementation the following year. The success of the pilot project has garnered attention from LAUSD's Food Services Director who expressed interest in bringing this to the attention of the LAUSD school board to expand the pilot to additional schools. To date, Health Academy Mini Farm Stands have been implemented schoolwide at TJHS and at a neighboring high school, Nava College Preparatory Academy. LOH plans to advocate for LAUSD district wide expansion after meeting with the LAUSD School Board.

For more information, please contact Julie Tolentino at jtolentino@ph.lacounty.gov or 213-351-7833.

California SNAP-Ed Training Resources

Check out the [Training Resources](#) webpage for the latest training related information and calendar of scheduled [Event Highlights for August and September](#)

Thinking Outside the Planter Box: Growing and Sustaining School and Community Gardens
September 7

Sprouting Healthy Kids in Early Care and Education Settings
September 8

Local Implementing Agency (LIA) Facilitation Training 3 ToP Action Planning Process
September 9, 12, 14, 16, 19, 23 & 26

SNAP-Ed Physical Activity (PA) Integration - Moving Towards Successful and Sustainable PA
September 12

SNAP, Crackle and Learner Centered Education
September 13

Youth Engagement: Effective Recruitment Strategies and Key Resources
September 13

SNAP-Ed and Policy: How your work can support community policy goals
September 14

Your SNAP-Ed Guide to the Dietary Guidelines
September 14

Improving the Nutrition Zone in Early Care and Education Settings
September 15

Creating Physical Activity (PA) Opportunities Through Joint Use
September 20

Healthy Eating Active Living Toolkit Curriculum
September 22

Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation
September 22

Quench Better! Using the Rethink Your Drink Campaign for Healthy Beverage Education and PSE change work
September 28

The Sweet Truth: 2015 DGA Recommendations about Sugar
September 29

We're Better Together: Understanding the Role of Culture in SNAP-Ed
October 13

