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# CDPH Partnership: Improve Dementia Care and Reduce Antipsychotic Medication Use

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# 2008 to Now

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- Use of Antipsychotic Medications in Nursing Homes.
  - 2005 study – More than half (58.2%) not in accordance with nursing home guidance
  - CMS OSCAR data: use remains unchanged over three years: approximately one in four residents receive these medications in CA
- Early 2008
  - Entered into discussions with Department of Health Care Service (DHCS)
  - Mutual concerns
  - Development of an interagency agreement



# 2008 – 2010: CDPH/DHCS

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- Develop a mechanism to proactively identify facilities where inappropriate antipsychotic medication may be used.
  - Goal:
    - ✓ If identified corrective action is implemented at individual nursing homes level.
    - ✓ Identify contributing factors associated with identified inappropriate use

# CDPH/DHCS Antipsychotic Collaborative

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- Methodology:
  - DHCS shares Medi-Cal beneficiary antipsychotic utilization data with CDPH
  - CDPH conducts investigations through the licensing complaint process utilizing pharmacist surveyors
  - Administered by CDPH LTC Task Force Leads:
    - ✓ Rob Menet, PharmD
    - ✓ Debra Brown PharmD
- Launched May 2010

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## October 1, 2011: Medi-Cal Code 1 restriction

“Restricted to...Federal Drug Administration (FDA)—approved indications for those beneficiaries residing in Skilled Nursing Facilities only.”



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**May 31, 2012**



EDMUND G. BROWN JR.  
*Governor*

**Executive Report**

**California Department of Public Health – Department of Health Care Services  
Antipsychotic Collaborative**

**Center for Health Care Quality**

The California Department of Public Health Center for Health Care Quality (CHCQ) is responsible for regulatory oversight of health facilities, health professionals, and clinical and public health laboratories to secure safe, effective, and quality health care for all Californians.

Through its Licensing and Certification program and Laboratory Field Services Program, the Center for Health Care Quality plays a critical role in the protection of patient safety by evaluating applicant health facilities, agencies, clinical laboratories, and professionals for compliance with state laws and regulations in order to license, certify, or register them. CHCQ also investigates complaints, certifies health facilities' and agencies' compliance with federal laws and regulations, and oversees the education, training, and criminal record clearance of nursing home administrators, certified nurse assistants, home health aides, hemodialysis technicians, clinical laboratory scientists, and phlebotomists.

# May 2012 : Executive Report

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- 42 antipsychotic collaborative investigations May 2010 – September 2011
- Finding(s):
  - 69% (29/42) inappropriate antipsychotic use
    - ✓ 85% (23/27) consultant pharmacist failed to identify the inappropriate antipsychotic use
    - ✓ 62% (18/29) facilities received consultant pharmacist services below cost
    - ✓ 55% (16/29) inadequate development of antipsychotic nursing care plans
    - ✓ 48% (14/29) inadequate adherence to informed consent requirements



# Opportunities for Improvement

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- Antipsychotic Use
  - Consideration of non-pharmacologic alternatives and risk vs. benefit prior to initiating antipsychotics
  - Regularly evaluate the use of antipsychotics in dementia patients- multidisciplinary, resident and family
- Consultant Pharmacist
  - Certification of geriatric pharmacology knowledge (medication management)
  - Adequate time
- Nursing Care Plan
  - Standardize as much as possible to ensure complete and accurate information
- Informed Consent
  - Provision of accurate/complete information
  - Standardize process (policies and procedures) consistent with medication side effects and regulatory/statutory requirements



# May 2012 and beyond

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- Enhanced antipsychotic survey focus
  - Moved the “collaborative” survey process to all SNF annual recertification surveys – August 1, 2012
  - Development of a CDPH antipsychotic surveyor tool
    - ✓ Mandated on every survey
  - Pre-selection of residents for facilities that trigger 30% or greater under QM indicator “Psychoactive Medication Use in Absence of Psychotic or Related Condition”
  - Mandated surveyor training – Month of July



# May 2012 and beyond

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- Stakeholder engagement to identify strategies, timelines and commitment
  - Alignment with CMS National Initiative
  - August, October, December and in-between
- Resources
  - Website:  
<http://www.cdph.ca.gov/programs/LnC/Pages/AntipsychoticCollab.aspx>
  - Email: [partner-idcamr@cdph.ca.gov](mailto:partner-idcamr@cdph.ca.gov)
  - Shared extranet site



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