



# **Curricula and Lesson Plan Development**

Presented by the  
California Department of Public Health  
Office of Family Planning  
Teen Pregnancy Prevention Program  
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# Learning Objectives:

By the end of this session, participants will be familiar with:

- California Legislation for providing comprehensive sexual health education.
- I&E Request for Applications (RFA) requirements for curricula and lesson plans.
- Components of Curricula and/or Lesson Plan that is results oriented.

# What We Know

## RFA Requirements

1. Interventions may be curricula based instruction and /or a developed lesson plan and /or a combination of both.
2. Interventions that provide comprehensive sexual health education must comply with CA legislation and RFA requirements.
3. Review of curriculums, lesson plans, and accompanying materials by Program Consultants.
4. Family PACT Clinical Service Linkages.
5. Evaluation activities to monitor the progress and success of the intervention activities.
6. Activities that qualify for Federal Financial Participation (FFP) reimbursement.

# What We Know

- **Legislation:** The Sexual Health Education Accountability Act (SHEAA): Health and Safety Code Sections 151000-151003 requires California state funds for sex health education programs be appropriate for the target population, medically accurate, and comprehensive.
- Dictates guidance to agencies providing instruction in publicly funded schools.
- Requires written assurance or certification that the Agency will comply with all conditions of SHEAA.

# What We Know

- **Legislation:** The SHEEA standards are:
  - All information shall be medically accurate, current and objective
  - Presenters must understand and use current scientific data about sexual health
  - Program must be appropriate for targeted population's age, culture and language
  - Program may not teach or promote religious doctrine
  - Program may not promote bias against any person based on disability, gender, nationality, race, ethnicity, religion, or sexual orientation
  - Program must provide information about effectiveness and safety of one or more FDA-approved contraceptive device
  - Programs directed at minors must include information that abstinence is the only certain way to avoid pregnancy and sexually transmitted infections (STIs)

# What We Know

**Legislation:** The California Sexual Health and HIV/AIDS Prevention Education (CSHE) Act: Education Code Sections 51930-51939 provides guidance in implementing comprehensive sexual health and HIV/AIDS prevention to California youth in public school districts.

- Specifies that school districts are not required to provide CSHE, but if they choose to do so they shall comply with all of the requirements.

# What We Know

## **Legislation:** The CSHE Act requires:

1. Instruction shall include comprehensive sexual health and HIV prevention education
2. Instruction shall be appropriate for students of all genders, sexual orientations, ethnic and cultural backgrounds
3. Factual information shall be medically accurate and objective
4. Shall be accessible for English language learners and students with disabilities
5. Instructions shall include trained instructors with knowledge of human sexuality, pregnancy, and STI's.

# What We Know

## The CSHE Act Articles:

Article 2: Authorizes Comprehensive Sexual Health Education

Article 3: Requires HIV/AIDS Prevention Education

Article 4: In-Service Training

Article 5: Notice and Parental Excuse

# What We Know

## **Family PACT Clinical Service Linkages**

Grantees are required to incorporate Family PACT clinical service linkages into all interventions including curricula and/or lesson plan covering topics such as:

- Informed Consent
- Confidentiality
- Access to Care
- Clinical and preventative services provided at no-cost
- Eligibility information
- Services Available

# What We Know

## FFP Activities

- Incorporate activities into the curricula and/or lesson plan that meet the following two (2) FFP objectives:
  - A) Assist Medi-Cal individuals to enroll in Medi-Cal/Family PACT program.
  - B) Assist individuals on Medi-Cal to access Medi-Cal or Family PACT providers and services.
- Curricula and/or Lesson Plan is part of the supplemental documentation necessary to include in the Secondary Documentation and support the Time Study.

# What We Know

## **Workplan**

The curricula and/or lesson plan activities should include and relate to the learning objective (s), activities, and performance measures (behavioral outcomes) described in your Workplan

# What We will Learn

## **Curricula/Lesson Plan Development**

What does a curricula/lesson plan need to include?

- CA Legislation and RFA requirements
- Activities must be consistent with Workplan objectives and behavioral outcomes selected
- Comprehensive, results-oriented components

# What We will Learn

## Curricula/Lesson Plan

Questions to consider when selecting a Curricula or Lesson Plan:

- Is it consistent with learning objective?
- Can you adapt the curricula to include FFP activities without compromising the curricula?
  - Maintain Fidelity
- Does the content address the behavioral outcomes selected?

# What We will Learn

## **Curricula /Lesson Plan**

Questions to consider when selecting a Curricula or Lesson Plan continued:

- Does it focus on reducing the risky behavior in question?
- Does it provide basic, accurate information of consequences of the risky behavior?
- Does it focus on increasing personal perception of risk of engaging in a risky behavior?
- Does it address personal and group values and norms that help support healthy behaviors?

# What We will Learn

## Curricula /Lesson Plan

- Does it address personal and social pressures to engage in risky behaviors?
- Does it include a variety of teaching methods?
- Does it incorporate learning strategies, teaching methods and materials that are culturally inclusive?
- Does it provide information, learning strategies, teaching methods that are appropriate to the students needs?

# What We will Learn

## **Curricula/Lesson Plan Components**

- Goal Statement
- Objective/Purpose Statement
- Materials/Equipment
- Timeframe (Overall Lesson Plan and Activity Modules)
- Activities and Instructional Procedures
- Assessment/Evaluation
- Instructor Competency

# Curricula/Lesson Plan Components

## **Goal Statement**

A goal statement is global not measurable. It provides a general focus for the lesson.

- Includes intended target population limitations

# Curricula/Lesson Plan Components

## Objective/Purpose Statement

An Objective/Purpose statement is measurable and includes:

1. **Specific** – objectives should specify what is to be achieved
2. **Measurable** – should be able to measure if you are meeting the objective
3. **Achievable** – are the objectives achievable/attainable?
4. **Realistic** – can the objectives be achieved realistically with the resources available?
5. **Time** – When do you want to achieve the objectives

# Curricula/Lesson Plan Components

## **Materials/Equipment**

Determine what supplies are required to help your participants achieve the stated Objective/Purpose Statement.

- Relate back to budget

# Curricula/Lesson Plan Components

## Timeframe

- How long will it take for the lesson plan and activity modules to be completed?
- Examples: number of days, number of class meetings, number of hours/minutes

# Curricula/Lesson Plan Components

## Activities and Instructional Procedures

Tells how you will present the activity concept to your participants and outlines the specific instructional scenario through procedural steps

- Include follow-up activities or next steps (if necessary) and summarize main point
- Select different instruction materials for ease of use
- Age/Cultural/Linguistically appropriate
  - Adjust the readability of materials
  - Reduce the number of vocabulary words

# Curricula/Lesson Plan Components

## Activities and Instructional Procedures

- Vary what is taught, the complexity and nature of the content presented
- Enhance critical features of the content
- Activity Examples: lecture, demonstration, discussion, role playing, etc.
- Instructional Steps Examples: 1) Set up and Prep; 2) Introduce Activity; 3) Skill development; 4) Discussion; and 5) Wrap Up

# Curricula/Lesson Plan Components

## **Assessment/Evaluation**

This component must be consistent with the Objective/Purpose Statement. Encompass using multiple criteria to assess participant products, evaluate processes, and offer participants a variety of practice strategies and choice for producing assignments.

- Not limited to test-taking parameters
- Should measure the participants success

# Curricula/Lesson Plan Components

## **Assessment/Evaluation**

- Should contain a description of the assessment/evaluation process and criteria for achievement
- Should describe your plan for providing feedback to your participants

# Curricula/Lesson Plan Components

## **Instructor Competency**

- Grantees shall hire staff with appropriate training, experience and knowledge to deliver services
- Grantees shall utilize the Core Competencies for Adolescent Sexual and Reproductive Health guide developed by the CA Adolescent Sexual Health Workgroup (ASHWG)

# What We Will Learn

## Common Lesson Plan Development Mistakes

1. The **objective** of the lesson does not specify what the student will actually do that can be observed. Poorly written objectives lead to faulty inferences.
2. The **lesson assessment** is disconnected from the behavior indicated in the objective.

# What We Will Learn

## Common Lesson Plan Development Mistakes

3. The **prerequisites** are not specified or are inconsistent with what is actually required to succeed with the lesson.

4. The **materials** specified in the lesson are extraneous to the actual described learning activities.

# What We Will Learn

## Common Lesson Plan Development Mistakes

5. The **instruction** in which the teacher will engage is not efficient for the level of intended student learning.
6. The **student activities** described in the lesson plan do not contribute in a direct and effective way to the lesson objective. Whatever you have your students do should contribute in a direct way to their accomplishing the lesson objective.

# Resources

- ETR RECAPP Learning Activities

<http://programservices.etr.org/index.cfm?fuseaction=spotlights.summary&SpotlightID=137>

- Google search learning activity topics (e.g., “adolescents development learning activity” or “peer pressure learning activity” etc.)
- <http://www.healthyteennetwork.org>

**Questions?**