



GOVERNOR ARNOLD SCHWARZENEGGER

May 19, 2010

### *Hepatitis Awareness Day*

Greetings to everyone recognizing Hepatitis Awareness Day.

Hepatitis is a serious liver disease. It can be hard to detect and it spreads quickly, but thankfully vaccines (for some strains) and treatments are available.

Preventing exposure is the best way to stop the spread of Hepatitis, and steps as simple as washing your hands and fully cooking your food can make a significant difference. If infection does occur, early detection is crucial to thwarting the damaging effects of the disease. It's important that medical attention is sought immediately if there's been a threat of exposure.

It is critical that we do our best to promote awareness of ways to stop the transmission of all types of Hepatitis, and I thank individuals and organizations dedicated to this cause. I encourage all Californians to be aware of this disease and what they can do to stop the spread of Hepatitis.

Sincerely,

A handwritten signature in black ink, appearing to read "Arnold Schwarzenegger".

Arnold Schwarzenegger