

## Advancing California Opportunities to Renew Native health Systems (ACORNS)

### Goals

- ✓ Increase chronic disease prevention
- ✓ Create sustained policy, system and environment (PSEs) improvements
- ✓ Increase community and clinical linkages within California
- ✓ Increase team-based systems of care

CRIHB Research and Public Health staff provides: training, funding, and technical assistance to tribes and tribal organizations in California.

### Major Activities

#### PHASE I

Annually award \$5,000 - \$15,000 to 20 - 55 tribes and tribal health programs to conduct community health assessments based on local data.

#### PHASE II

Annually award \$20,000 - \$30,000 to 20-50 tribes and tribal health programs to create and sustain policy, systems, and environmental health interventions (years 2-5).

ACORNS website <https://www.crihbacorns.org/>



Funded by the Centers for  
Disease Control and  
Prevention

Good Health and Wellness  
in Indian Country



# PHASE I



# AWARDEES WILL:

Assemble a “Community Team”  
(Representative of the Community Sector, Health  
Care Sector, School Sector & Work Site Sector)

Gather information on community

Produce a Community Assessment

Produce a Community Action Plan (CAP) to  
address Policy, Systems and Environment

# INDIGENOUS EVALUATION FRAMEWORK

1. Embed evaluation in a tribal framework
2. A joint journey between evaluation and stakeholders (Creating knowledge about a program) TELLING THE STORY
3. Community ownership
4. Participation
5. Traditional protocols
6. Code of ethics

# TRIBAL COMMUNITY TEAM

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- ✘ The team is meant to answer the questions as a collective.
  - + Key decision makers should be invited based on the survey topic.
  - + Let the team know the purpose of the survey is to have a snapshot of the Policy, Systems, and Environment of the community and will be used to create a report and an Action Plan for the community.



**PHASE II**



**AWARDEES WILL:**

Implement a Community Action Plan aimed to address one or more of the following

Tobacco use  
& exposure  
prevention

Physical  
activity &  
healthy eating

Chronic  
disease  
prevention &  
related risk  
factors

# EVALUATION FRAMEWORK



*“Tribal public health infrastructure is strengthened when each tribe adopts local strategies to meet its public health challenges. Interventions are tailored to the cultural beliefs and practices of the population; ultimately leading to decreased morbidity, decreased early mortality and improved quality of life.” – CDC*



# COMMUNITY ACTION PLAN (CAP)

## Sustainable Community Action Plan



Priority Area	Number of People Reached	Support for Priority Area from <u>Community Assessment</u>
Goals: Long-term and Short-term	Description of Objective	Timeline (include deadlines and benchmarks)
What resources can you put in? What can be contributed or already exists? (Be specific: costs, number of staff, volunteers, supplies, facilities)	Strengths to address long and short-term goals.	Challenges to address long and short-term goals.
Activities and Actions (What needs to be done in steps to get you to your long-term/short-term goals)		

1. Priority Areas based on PSE snapshot evaluation
2. Built on community assets and capacity
3. Community readiness/ level of feasibility
4. Ensure sustainability : PSE focus

# RESOURCES

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- ✘ Indigenous Evaluation Framework-Checklist for Reframing Evaluation Practices

[http://indigeval.aihec.org/SupportDocuments/Checklist\\_ReframingEvaluationPractice.pdf](http://indigeval.aihec.org/SupportDocuments/Checklist_ReframingEvaluationPractice.pdf)