

# Comprehensive Perinatal Services Program (CPSP) Fact Sheet (corrected 12/14/2015)

MO-07-0006 CPSP

## Goals

- To decrease the incidence of low birth weight in infants.
- To improve birth outcomes
- To improve the health of mothers and their infants

## Problems

- Low-income women and their infants are at higher risk for problems related to pregnancy and delivery, including low birth weight and pre-term birth. These pregnancies are often associated with multiple social factors, late entry to care, and lack of compliance with medical regimen.
- Low birth weight infants have an increased risk of death and permanent disability.
- The care of low birth weight and pre-term infants can involve major costs to society.

## Program Activities

- CPSP is a Medi-Cal program that provides a comprehensive set of culturally competent services for eligible low-income pregnant and postpartum women. These services are delivered by approved CPSP fee-for-service providers, Federally Qualified Health Centers (FQHCs), Rural Health and Indian Health Clinics, and Medi-Cal Managed Care providers.
- The CPSP client receives, in addition to routine obstetric care, orientation, initial and follow-up assessments, individualized care plan development, case coordination, and comprehensive nutrition, health education, and psychosocial interventions and referrals from a multidisciplinary team.
- Eligible women receive these comprehensive services, for up to 60 days after delivery of their infants. Client participation in CPSP is voluntary.

## Who Benefits

- Medi-Cal-eligible pregnant and postpartum women

## Who Provides Services

- Approximately 1,700 Medi-Cal fee-for-service (FFS), Rural/Indian Health Clinics, and FQHC providers are approved to render CPSP services. Medi-Cal FFS providers receive additional reimbursement for providing CPSP enhanced services. In addition, Medi-Cal

Managed Care providers render services comparable to CPSP standards based on the health plan's contract.

- Qualified CPSP Providers include Family Practice Physician, Obstetrician/Gynecologist, Pediatrician, "Certified Nurse Midwife" WI 14134.5 (a), a group, any preferred provider organization whose members are one of the above-named physicians; any other clinic holding a valid Medi-Cal provider number, approved by the California Department of Public Health to provide comprehensive perinatal services.

## Funding

- CPSP services are reimbursed by Medi-Cal. For more information, please see the Comprehensive Perinatal Services Program website at <http://www.cdph.ca.gov/programs/CPSP/Pages/default.aspx>