

Maternity Practices in Infant Nutrition and Care (mPINC) Survey, 2013

South Coastal LA/Orange Benchmark Report

RPPC Region Overview



Includes select hospitals within Los Angeles and Orange Counties.

- 19 Birthing Hospitals
- 10 Hospitals (53%) participated in mPINC Survey in 2013

Breastfeeding Statistics for Participating Hospitals

- Average Any Breastfeeding: 89%
- Average Exclusive Breastfeeding: 51%

Establishing maternity practices supportive of breastfeeding in California hospitals will help meet *Healthy People 2020* breastfeeding objectives and improve maternal and child health.

For assistance with breastfeeding promotion efforts visit the CDPH, Breastfeeding and Healthy Living web-site at:
<http://cdph.ca.gov/breastfeeding>

For further information about the mPINC Survey visit
www.cdc.gov/mpinc



California Composite Quality Practice (Total mPINC) Score*: 83

RPPC Region Composite Quality Practice (Total mPINC) Score*: 74

mPINC Dimension of Care	Region Sub-scale Score*	State Sub-scale Score*	Ideal Response to mPINC Survey Question	Percent of Facilities with Ideal Response (N = 10)
Labor and Delivery Care	79	86	Initial skin-to-skin contact is w/in 1 hr (vaginal births)	80
			Initial skin-to-skin contact is w/in 2 hr (cesarean births)	70
			Initial breastfeeding opportunity is w/in 1 hr (vaginal births)	70
			Initial breastfeeding opportunity is w/in 2 hr (cesarean births)	33
			Routine procedures are performed skin-to-skin	30
Feeding of Breastfed Infants	75	86	Initial feeding is breast milk (vaginal births)	60
			Initial feeding is breast milk (cesarean births)	60
			Supplemental feedings to breastfeeding infants are rare	0
Breastfeeding Assistance	84	92	Water and glucose water are not used	89
			Infant feeding decision is documented	100
			Staff provide breastfeeding advice & instructions	70
			Patients are taught breastfeeding cues	50
			Patients are taught not to limit suckling time	30
			Staff directly observe & assess breastfeeding	70
			Standard feeding assessment tool is used	90
Contact Between Mother and Infant	85	90	Pacifiers are rarely provided to breastfeeding infants	56
			Mother-infant pairs are not separated for postpartum transition	80
			Most mother-infant pairs room-in at night	90
			Most mother-infant pairs are not separated during the hospital stay	70
			Infant procedures, assessment and care are in the patient room	0
Facility Discharge Care	47	71	Non-rooming-in infants are brought to mothers at night for feeding	78
			Staff provide appropriate discharge planning (referrals & other multi-modal support)	10
Staff Training	76	72	Discharge packs containing product marketing infant formula samples are not given to breastfeeding patients	60
			New staff receive appropriate breastfeeding education	60
			Current staff receive appropriate breastfeeding education	50
			Most staff received breastfeeding education in the past year	70
Structural & Organizational Aspects of Care Delivery	75	84	Annual assessment of staff competency in breastfeeding management & support	70
			Breastfeeding policy includes all 10 model policy elements	40
			In-service training	80
			Prenatal breastfeeding classes	50
			Asking about mothers' feeding plans	80
			Initiating breastfeeding within 60 minutes (vaginal) or after recovery (cesarean)	90
			Showing mothers how to express milk and maintain lactation	90
			Giving only breast milk to breastfeeding infants	90
			Rooming-in 24 hours/day	80
			Breastfeeding on-demand and duration/frequency of feedings	90
			Pacifier use by breastfed infants	80
			Referral of mothers to appropriate breastfeeding resources	80
			Breastfeeding policy is communicated effectively	80
			Facility documents infant feeding in patient population	80
			Facility provides breastfeeding support to employees	70
Facility does not receive infant formula free of charge	40			
Breastfeeding is included in prenatal patient education	80			
Facility has a designated staff member responsible for coordination of lactation care	60			

* The Centers for Disease Control and Prevention (CDC) administered the mPINC Survey of all U.S. maternity care facilities in 2013. Scores were calculated for each survey item, then item scores were averaged to create a score for each of the 7 dimensions of care ("subscales"). Averages of the subscale scores were used to create a Composite Quality Practice or "total mPINC" score. Possible scores ranged from 0-100, with higher scores denoting better maternity care practices. Facilities may not have responded to all individual mPINC survey questions; "ideal response" rates exclude facilities with missing data for a given survey item.