

# Maternity Practices in Infant Nutrition and Care (mPINC) Survey, 2011

## Contra Costa County Benchmark Report

### Contra Costa County Overview



- 6 Birthing Hospitals
- 6 Hospitals (100%) Participated in mPINC Survey in 2011

### Breastfeeding Statistics for Participating Hospitals

- Average Any Breastfeeding: 95%
- Average Exclusive Breastfeeding: 74%

Establishing maternity practices supportive of breastfeeding in California hospitals will help meet *Healthy People 2020* breastfeeding objectives and improve maternal and child health.

For assistance with breastfeeding promotion efforts visit the CDPH, Breastfeeding and Healthy Living web-site at: <http://cdph.ca.gov/breastfeeding>

For further information about the mPINC Survey visit [www.cdc.gov/mpinc](http://www.cdc.gov/mpinc)



California Composite Quality Practice (Total mPINC) Score\*: 79

Contra Costa County Composite Quality Practice (Total mPINC) Score\*: 82

mPINC Dimension of Care	County Sub-scale Score*	State Sub-scale Score*	Ideal Response to mPINC Survey Question	Percent of Facilities with Ideal Response (N = 6)
<b>Labor and Delivery Care</b>	<b>82</b>	<b>79</b>	Initial skin-to-skin contact is w/in 1 hr (vaginal births)	67
			Initial skin-to-skin contact is w/in 2 hr (cesarean births)	67
			Initial breastfeeding opportunity is w/in 1 hr (vaginal births)	50
			Initial breastfeeding opportunity is w/in 2 hr (cesarean births)	67
			Routine procedures are performed skin-to-skin	50
<b>Feeding of Breastfed Infants</b>	<b>86</b>	<b>84</b>	Initial feeding is breast milk (vaginal births)	67
			Initial feeding is breast milk (cesarean births)	50
			Supplemental feedings to breastfeeding infants are rare	0
			Water and glucose water are not used	100
<b>Breastfeeding Assistance</b>	<b>91</b>	<b>90</b>	Infant feeding decision is documented	83
			Staff provide breastfeeding advice & instructions	100
			Patients are taught breastfeeding cues	67
			Patients are taught not to limit suckling time	83
			Staff directly observe & assess breastfeeding	100
			Standard feeding assessment tool is used	100
<b>Contact Between Mother and Infant</b>	<b>90</b>	<b>87</b>	Mother-infant pairs are not separated for postpartum transition	83
			Most mother-infant pairs room-in at night	83
			Most mother-infant pairs are not separated during the hospital stay	83
			Infant procedures, assessment and care are in the patient room	0
<b>Facility Discharge Care</b>	<b>79</b>	<b>63</b>	Non-rooming-in infants are brought to mothers at night for feeding	100
			Staff provide appropriate discharge planning (referrals & other multi-modal support)	0
<b>Staff Training</b>	<b>70</b>	<b>67</b>	Discharge packs containing product marketing infant formula samples are not given to breastfeeding patients	100
			New staff receive appropriate breastfeeding education	20
			Current staff receive appropriate breastfeeding education	0
			Most staff received breastfeeding education in the past year	67
<b>Structural &amp; Organizational Aspects of Care Delivery</b>	<b>78</b>	<b>78</b>	Annual assessment of staff competency in breastfeeding management & support	67
			Breastfeeding policy includes all 10 model policy elements	0
			In-service training	60
			Prenatal breastfeeding classes	67
			Asking about mothers' feeding plans	100
			Initiating breastfeeding within 60 minutes (vaginal) or after recovery (cesarean)	100
			Showing mothers how to express milk and maintain lactation	100
			Giving only breast milk to breastfeeding infants	33
			Rooming-in 24 hours/day	80
			Breastfeeding on-demand and duration/frequency of feedings	80
			Pacifier use by breastfed infants	50
			Referral of mothers to appropriate breastfeeding resources	100
			Breastfeeding policy is communicated effectively	80
			Facility documents infant feeding in patient population	100
			Facility provides breastfeeding support to employees	67
Facility does not receive infant formula free of charge	33			
Breastfeeding is included in prenatal patient education	83			
Facility has a designated staff member responsible for coordination of lactation care	83			

\* The Centers for Disease Control and Prevention (CDC) administered the mPINC Survey of all U.S. maternity care facilities in 2011. Scores were calculated for each survey item, then item scores were averaged to create a score for each of the 7 dimensions of care ("subscales"). Averages of the subscale scores were used to create a Composite Quality Practice or "total mPINC" score. Possible scores ranged from 0-100, with higher scores denoting better maternity care practices. Facilities may not have responded to all individual mPINC survey questions; "ideal response" rates exclude facilities with missing data for a given survey item.