

Maternity Practices in Infant Nutrition and Care (mPINC) Survey, 2009

San Diego and Imperial Regional Perinatal System (RPPC Region 9) Benchmark Report

RPPC Region 9 Overview



Includes Imperial and San Diego Counties.

- 15 Birthing Hospitals
- 9 Hospitals (~60%) Participated in mPINC Survey in 2009

Breastfeeding Statistics for Participating Hospitals

- Average Any Breastfeeding: 93%
- Average Exclusive Breastfeeding: 62%

Establishing maternity practices supportive of breastfeeding in California hospitals will help meet *Healthy People 2020* breastfeeding objectives and improve maternal and child health.

For assistance with breastfeeding promotion efforts visit the CDPH, Breastfeeding and Healthy Living web-site at: <http://cdph.ca.gov/breastfeeding>

For further information about the mPINC Survey visit www.cdc.gov/mpinc



California Composite Quality Practice (Total mPINC) Score*: 73

RPPC Region 9 Composite Quality Practice (Total mPINC) Score*: 72

mPINC Dimension of Care	Ideal Response to mPINC Survey Question	Percent of Facilities with Ideal Response (N = 9)	Region Sub-scale Score*	State Sub-scale Score*
Labor and Delivery Care	Initial skin-to-skin contact is w/in 1 hr (vaginal births)	33	57	67
	Initial skin-to-skin contact is w/in 2 hr (cesarean births)	38		
	Initial breastfeeding opportunity is w/in 1 hr (vaginal births)	11		
	Initial breastfeeding opportunity is w/in 2 hr (cesarean births)	25		
	Routine procedures are performed skin-to-skin	11		
Feeding of Breastfed Infants	Initial feeding is breast milk (vaginal births)	100	84	79
	Initial feeding is breast milk (cesarean births)	63		
	Supplemental feedings to breastfeeding infants are rare	11		
	Water and glucose water are not used	89		
Breastfeeding Assistance	Infant feeding decision is documented	89	87	87
	Staff provide breastfeeding advice & instructions	89		
	Patients are taught breastfeeding cues	89		
	Patients are taught not to limit suckling time	33		
	Staff directly observe & assess breastfeeding	89		
	Standard feeding assessment tool is used	100		
Contact Between Mother and Infant	Mother-infant pairs are not separated for postpartum transition	78	84	83
	Most mother-infant pairs room-in at night	89		
	Most mother-infant pairs are not separated during the hospital stay	88		
	Infant procedures, assessment and care are in the patient room	33		
Facility Discharge Care	Staff provide appropriate discharge planning (referrals & other multi-modal support)	33	54	57
	Discharge packs containing product marketing infant formula samples are not given to breastfeeding patients	44		
Staff Training	New staff receive appropriate breastfeeding education	29	67	62
	Current staff receive appropriate breastfeeding education	0		
	Most staff received breastfeeding education in the past year	63		
	Annual assessment of staff competency in breastfeeding management & support	75		
Structural & Organizational Aspects of Care Delivery	Breastfeeding policy includes all 10 model policy elements	13	81	74
	In-service training	57		
	Prenatal breastfeeding classes	60		
	Asking about mothers' feeding plans	71		
	Initiating breastfeeding within 60 minutes (vaginal) or after recovery (cesarean)	75		
	Showing mothers how to express milk and maintain lactation	88		
	Giving only breast milk to breastfeeding infants	75		
	Rooming-in 24 hours/day	75		
	Breastfeeding on-demand and duration/frequency of feedings	88		
	Pacifier use by breastfed infants	63		
	Referral of mothers to appropriate breastfeeding resources	88		
	Breastfeeding policy is communicated effectively	78		
	Facility documents infant feeding in patient population	100		
	Facility provides breastfeeding support to employees	63		
	Facility does not receive infant formula free of charge	22		
Breastfeeding is included in prenatal patient education	100			
Facility has a designated staff member responsible for coordination of lactation care	88			

* The Centers for Disease Control and Prevention (CDC) administered the mPINC Survey of all U.S. maternity care facilities in 2009. Scores were calculated for each survey item, then item scores were averaged to create a score for each of the 7 dimensions of care ("subscales"). Averages of the subscale scores were used to create a Composite Quality Practice or "total mPINC" score. Possible scores ranged from 0—100, with higher scores denoting better maternity care practices.