

CALIFORNIA HEALTH AND HUMAN SERVICES AGENCY
DEPARTMENT OF PUBLIC HEALTH

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 055518	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED 11/08/2011
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NAME OF PROVIDER OR SUPPLIER NEWPORT NURSING AND REHABILITATION CENTER	STREET ADDRESS, CITY, STATE, ZIP CODE 1555 SUPERIOR AVENUE, NEWPORT BEACH, CA 92663 ORANGE COUNTY
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
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	<p>The following reflects the findings of the Department of Public Health during a Licensure Complaint visit:</p> <p>CLASS AA CITATION -- PATIENT CARE 06-2207-0008776-S Complaint(s): CA00283981</p> <p>Representing the Department of Public Health: Surveyor ID # 27007, HFEN</p> <p>The inspection was limited to the specific facility event investigated and does not represent the findings of a full inspection of the facility.</p> <p>72311(a)(2). Nursing Service - General (a) Nursing service shall include, but not be limited to, the following: (2) Implementation of each patient's care plan according to the methods indicated. Each patient's care shall be based on this plan.</p> <p>The facility failed to implement the care plan for Patient 1 when they failed to provide adequate safety measures and supervision, resulting in Patient 1 being left unattended in the bathroom. Patient 1 was found face down and unresponsive in the bathroom on 9/6/11 at 1058 hours, and died on 11 at 1507 hours, from a cervical spine fracture secondary to a fall.</p> <p>On 10/13/11, clinical record review was initiated for Patient 1. Patient 1 was admitted to the facility on _____ with diagnoses including status post hip replacement secondary to a fall, and osteoporosis (brittle bones).</p>		<p>This document will serve as a credible allegation of our intent to correct the deficient practice identified. Preparation and/or execution of this Plan of Correction does not constitute admission or agreement, by the provider, of the truth of the facts alleged or conclusions set forth on the Statement of Deficiencies. This Plan of Correction is prepared and/or executed solely because required by the provisions of Health and Safety Code Section 1280 and 42 C.F.R. 405.1907</p> <p>72311(a)(2). Nursing Services - General A. How corrective action was accomplished for those residents found to have been affected by the deficient practice; Resident #1 was discharged to the Acute Hospital. Resident is no longer in the facility.</p> <p>B. How the facility identified other residents having the potential to be affected by the deficient practice and corrective action taken; All the residents had the potential to be affected. All of the residents were assessed by Physical Therapist, the RN Supervisors/ADON for fall risk. Those that were affected were placed in Falling Star Program and care plans were accelerated to reflect changes.</p>	12/7/11
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Event ID: STYP11 11/30/2011 1:21:29PM

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE: *[Signature]* TITLE: Administrator (X6) DATE: 12/1/11

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	<p>Continued From page 1</p> <p>Patient 1 was a year old female who was living at home with family when she fell and broke her right hip. Patient 1 was admitted to the facility from an acute care hospital on /11, to recover and rehabilitate from the surgically repaired broken hip.</p> <p>On 9/6/11 at 1058 hours, Patient 1 was found by the maintenance director face down in the bathroom, nonresponsive and without a pulse. Patient 1 was transferred to the emergency department in full arrest (without a heart beat or breathing) and was pronounced dead at 1507 hours.</p> <p>Review of Patient 1's Minimum Data Set (MDS - an assessment tool) dated 8/18/11, showed she required extensive assistance from two staff members to assist her for toileting, including transfers on and off the toilet and cleansing self after elimination. Patient 1's balance for moving on and off the toilet showed she was not steady and was only able to stabilize with human assistance. In addition, Patient 1 had a history of falling within the last month prior to admission to the facility, and sustained a fracture (broken bone).</p> <p>Review of Patient 1's Care Area Assessment (CAA) for "Falls" showed an analysis of her findings as being at risk for falls/injuries related to dementia, osteoporosis, impaired balance during transitions and an unsteady gait.</p> <p>Review of Patient 1's Fall Risk Assessment dated 8/6/11, shows a score of 12 (a score of 10 or above</p>		<p>C. What measures will be put into place to prevent deficient practice reoccurrence; Implementation of care plans: ADL Care plans are now being placed in the daily CNA Assignment Binder to inform CNAs of residents level and need for assistance. Facility staff were inserviced on Fall Policy and Procedures, Falling Star Program, Safety Awareness, Privacy and Dignity and new policy on care plans for CNAs by the GHC Corporate Director of Clinical Services.</p> <p>D. How the facility plans to monitor its performance to make sure solutions are sustained; Administrator, DON and Department Heads will monitor for compliance during clinical rounds. Each new resident will be assessed for fall risk and if necessary placed in the Falling Star Program. A resident at risk for falls has a star next to their name on the patients name plate. All falls will be reported at Stand Up Meeting every morning and IDT Conference will be held within 24 hrs. to update new preventative measures. All falls will be presented to QA by the DON.</p>	2011 DEC 1 PM 2 35

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	<p>Continued From page 2 represents a high risk for falls).</p> <p>Review of Patient 1's Licensed Nurse Weekly Summaries dated 8/24/11 and 8/31/11, showed Patient 1 had no behavioral problems and was at risk for falls. Her functional status for activities of daily living (ADL) showed she required extensive assistance with transfers and toileting.</p> <p>Review of Patient 1's Nurse's Notes dated 8/30/11 at 1840 hours, 8/31/11 at 1330 hours and 1800 hours, 9/1/11 at 1445 hours and 2000 hours, 9/2/11 at 1940 hours, 9/3/11 at 1400 hours, 1600 hours, 9/4/11 at 1030 hours and 1700 hours, 9/5/11 at 1400 hours and 1900 hours and 9/6/11 at 0100 hours, showed she required extensive assistance with her ADLs. An entry dated 9/6/11 at 1058 hours, showed Certified Nursing Assistant (CNA) 1 assisted Patient 1 to the bathroom, went to get another CNA, and Patient 1 had fallen and was unresponsive. Cardiopulmonary resuscitation (CPR) was initiated.</p> <p>Review of Patient 1's care plan problem dated 8/6/11, to address her alteration in thought process related to dementia showed an approach plan to anticipate her needs, while observing safety.</p> <p>Review of Patient 1's care plan problem dated 8/6/11, to address her risk for falls/injuries related to a recent decline in her functional status and history of falls, showed an approach plan to assist with ADLs, anticipate needs and observe safety precautions.</p>			2011 DEC 1 PM 2 35

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	<p>Continued From page 3</p> <p>Review of Patient 1's care plan problem dated 8/6/11, showed she required extensive assistance with toileting needs.</p> <p>Review of Patient 1's care plan problem dated 8/12/11, to address her risk for spontaneous fracture related to osteoporosis showed an approach plan to handle gently during transfers and mobility.</p> <p>Review of Patient 1's Physical Therapy Treatment Encounter Notes dated 9/4/11, showed she required stand by assistance with transfers, her standing balance was fair and had impaired safety awareness.</p> <p>Review of Patient 1's Physical Therapy Discharge Summary dated 9/6/11, showed Patient 1 required stand by assistance with transfers.</p> <p>Review of Patient 1's Occupational Therapy Treatment Encounter Notes dated 9/2/11, showed she required stand by assistance with toilet transfers, and needed stand by assistance with completing pericare (cleaning of the perineal area - urinary and rectal orifices) and putting her pants on and off. Patient 1's standing balance was fair.</p> <p>Review of Patient 1's Occupational Therapy Discharge Summary dated 9/7/11, showed Patient 1 continued to need stand by assistance with toileting and 20% verbal cues (verbal reminders 20% of the time) for safety awareness and for safety while turning.</p>			2011 DEC 1 PM 2 35

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	<p>Continued From page 4</p> <p>Review of the facility's Investigation Follow-Up dated 9/6/11, showed Patient 1 was assisted to the bathroom by CNA 1. Patient 1 had asked for privacy; CNA 1 closed the bathroom door. CNA 1 left Patient 1 in the bathroom to endorse to another CNA that Patient 1 was in the bathroom. A short time later, another staff member called for help and Patient 1 was assessed and found unresponsive.</p> <p>Review of the DON's written statement dated 9/6/11, showed CNA 1 took Patient 1 to the bathroom. CNA 1 left Patient 1 in the bathroom alone, to check on another patient, and returned to check on Patient 1 again. Patient 1 requested more time in the bathroom. CNA 1 went to the hallway to find another CNA to watch Patient 1 in the bathroom. While CNA 1 was asking the other CNA to watch the Patient, another staff member was yelling for help when he found Patient 1 on the floor in the bathroom.</p> <p>Review of the maintenance director's written statement dated 9/7/11, showed he was performing monthly call light inspections. When he entered Patient 1's room, he did not see Patient 1 or a staff member. He knocked on Patient 1's bathroom door and nobody answered. He opened the door and found Patient 1 face down on the bathroom floor.</p> <p>Review of CNA 1's written statement dated 9/6/11, showed at 1045 hours, she assisted Patient 1 to the bathroom. She documented she had closed the door and stood in the hallway for Patient 1's privacy. CNA 1 documented, since her lunch was at 1100 hours, around 1057 hours, she went to tell</p>			2011 DEC 1 PM 2 35

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	<p>Continued From page 5</p> <p>another CNA to check on Patient 1. While she was telling the CNA about the situation, she saw a staff member running to the nurses' station to alert the nurses of the code. Patient 1 had fallen from the toilet and was lying on the floor.</p> <p>Review of CNA 1's Employee Warning/Discipline Memo dated 9/6/11, showed her performance problem was leaving Patient 1 unattended in the bathroom. The memorandum further showed the corrective action was to never leave the patient unattended, finish what you are currently doing with the patient, and call somebody to come to the room by using the call light, without leaving the patient.</p> <p>During an interview on 10/13/11 at 1015 hours, the DON stated Patient 1 was alert and forgetful. She stated on 9/6/11 at approximately 1045 hours, CNA 1 assisted Patient 1 to the bathroom, waited outside the bathroom door and left to get a replacement CNA. The DON stated, on 9/6/11 at 1058 hours, the maintenance director found Patient 1 face down on the bathroom floor, unresponsive. She stated CNA 1 is no longer employed at the facility.</p> <p>During an interview on 10/13/11 at 1115 hours, the maintenance director stated, on 9/6/11 at 1058 hours, he was doing his monthly inspection of the patients' call lights. He stated he knocked on Patient 1's bathroom door, got no response, so he opened the bathroom door and found Patient 1 face down in front of the toilet bowl. The maintenance director stated no staff members were present and</p>			<p>2011 DEC 1 PM 2 35</p>
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	<p>Continued From page 6</p> <p>he immediately called for help. He stated he did not see any movement from Patient 1 and she was not verbally responsive.</p> <p>Review of Patient 1's Prehospital Care Report dated 9/6/11 at 1110 hours, showed Patient 1 was found at the facility in cardiac arrest (no vital signs - pulse, respirations or blood pressure). She had a hematoma (bruise) to her forehead. CPR was started.</p> <p>Review of Patient 1's Emergency Physician Record dated 9/6/11 at 1131 hours, showed she was unresponsive, had no vital signs and had a frontal hematoma with an abrasion. CPR continued. At 1140 hours, Patient 1's heart rate was 138 beats per minute and a blood pressure of 141/104, CPR was stopped.</p> <p>Review of Patient 1's computed tomography (CT) scan of the brain without contrast dated 9/6/11 at 1301 hours, showed Patient 1 had a large area of soft tissue swelling/hematoma over the bifrontal region of her scalp (the area across the forehead at the hairline). In addition, a small, nondisplaced subtle fracture would be difficult to entirely exclude.</p> <p>Review of Patient 1's CT scan of her cervical spine without contrast dated 9/6/11 at 1302 hours, showed a minimally displaced type II dens fracture (the result of a severe force including rotation across the cervical spine), a nondisplaced right posterior C1 arch fracture (occurs when the head is hyperextended and the posterior neural arch of C1 is compressed between the occiput [back of the</p>			2011 DEC 1 PM 2 35

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