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Director & State Health Officer

State of California—Health and Human Services Agency  
California Department of Public Health



EDMUND G. BROWN JR.  
Governor

May 31, 2012

AFL 12-29

**TO:** All Certified Long Term Health Care Facilities

**SUBJECT:** Local Contact Agencies

This All Facility Letter provides facilities with instructions for complying with Minimum Data Set (MDS) 3.0 requirements concerning Local Contact Agencies (LCAs). Under Title 42 of the Code of Federal Regulations Section 483.20, certified Long Term Health Care Facilities (LTCs) must complete the MDS assessment for all residents admitted to the facility.

The MDS process assesses individuals receiving care in certified LTCs in order to record their overall health status regardless of payer source. The MDS is administered to all residents upon admission, quarterly, yearly, and whenever there is a significant change in an individual's condition. The process provides a comprehensive assessment of individuals' current health conditions, treatments, abilities, and plans for discharge.

The Centers for Medicare and Medicaid Services added new requirements under Section Q of MDS 3.0. Section Q is designed to explore meaningful opportunities for nursing facility residents to return to community settings. LTCs are required to make a referral to the designated Local Contact Agency (LCA) for any resident who, in response to the MDS questions, indicates he/she wishes to talk to someone about returning to the community.

More specifically, if a resident answers "Yes" to the Section Q question 0500B, "Do you want to talk to someone about the possibility of leaving this facility and returning to live and receive services in the community" the LTC must initiate care planning and make a referral to the designated LCA. The LCAs must then contact interested individuals by telephone or in person, and provide information/education about home and community-based options.

The California Department of Health Care Services has designated one or more LCAs in each county. The LCAs are responsible for keeping data on LTC referrals and providing information/education to individuals who have indicated their desire to speak with someone about home and community based living options. LCAs provide this information/education to all interested individuals in LTCs. LCAs may be one of several agency types: Aging and Disability Resource Connection (ADRC) programs, California Community Transitions Lead Organizations, Independent Living Centers (ILCs), or Area Agencies on Aging. The current list of LCAs in California is attached. LTCs may also check for a more current list of LCAs through the following link:

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<http://www.dhcs.ca.gov/services/ltc/Pages/MDS3,SectionQ.aspx>

If you have any questions related to MDS 3.0 Section Q, please contact Therese Llanes, State Point of Contact (POC) at:

MDS 3.0 Section Q POC  
California Department of Health Care Services  
1501 Capitol Avenue, MS 0018  
PO Box 997437, Suite 71.3052  
Sacramento, CA 95899-7413  
Email: [therese.llanes@dhcs.ca.gov](mailto:therese.llanes@dhcs.ca.gov)  
Phone: (916) 558-1770  
FAX (916) 440-5232

Facilities are responsible for following all applicable laws. CDPH's failure to expressly notify facilities of legislative or regulatory changes does not relieve them of this responsibility.

Sincerely,

**Original Signed by Debby Rogers**

Debby Rogers, RN, MS, FAEN  
Deputy Director  
Center for Health Care Quality

Attachments

**Local Contact Agencies (LCA) for MDS 3.0 Section Q**  
**California Department of Health Care Services**  
 Revised June 6, 2011

**ATTACHMENT**

Designated LCAs are comprised of several types of home and community-based services providers including Aging and Disability Resource Connection (ADRC) programs, Area Agencies on Aging (AAA), Independent Living Centers (ILCs), and California Community Transitions Lead Organizations (CCT). In most cases, the LCA listed represents a partnership between two or more of the organizational types. Together, they work to advocate for and provide supportive services to older adults and persons with disabilities.

<b>County</b>	<b>Local Contact Agency</b>
Alameda	East Bay Innovations 303 W. Joaquin Ave, Suite 110 San Leandro, CA 94577 (510) 618-1580, Extension 10
	Center for Independent Living 3075 Adeline St, Suite 100 Berkeley, CA 94703 (510) 841-4776
Alpine	Elder Options, Inc. 82 Main Street Placerville, CA 95667 (530) 626-6939
Amador	Elder Options, Inc. 82 Main St. / PO Box 2113 Placerville, CA 95667 (530) 626-6939
	Disability Resource Agency for Independent Living 920 12th St. Modesto, CA 95354 (209) 521-7260
Butte	PASSAGES 2491 Carmichael Drive, Suite 400 Chico, CA 95928 (530) 898-5923
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727

**Local Contact Agencies (LCA) for MDS 3.0 Section Q**  
**California Department of Health Care Services**  
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<b>County</b>	<b>Local Contact Agency</b>
Calaveras	Elder Options, Inc. 82 Main St. / PO Box 2113 Placerville, CA 95667 (530) 626-6939
	Disability Resource Agency for Independent Living 920 12th St. Modesto, CA 95354 (209) 521-7260
Colusa	PASSAGES 2491 Carmichael Drive, Suite 400 Chico, CA 95928 (530) 898-5923
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Contra Costa	Rehabilitation Services of Northern California 490 Golf Club Road Pleasant Hill, CA 94523 (925) 682-6330
	Independent Living Resource of Solano & Contra Costa Counties 1850 Gateway Blvd., Suite 120 Concord, CA 94520 (925) 363-7293
Del Norte	Tri-County Independent Living 2822 Harris Street Eureka, CA 95503 (707) 445-8404
El Dorado	Elder Options, Inc. 82 Main St. / PO Box 2113 Placerville, CA 95667 (530) 626-6939
Fresno	Resources for Independence, Central Valley 3008 North Fresno Street Fresno, CA 93707 (559) 221-2330

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<b>County</b>	<b>Local Contact Agency</b>
Glenn	PASSAGES 2491 Carmichael Drive, Suite 400 Chico, CA 95928 (530) 898-5923
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Humboldt	Tri-County Independent Living 2822 Harris Street Eureka, CA 95503 (707) 445-8404
Imperial	Access to Independence 400 Mary Avenue, Suite D Calexico, CA 92231 (760) 768-2044
Inyo	Rolling Start, Inc. 15400 Cholame Road, Suite B Victorville, CA 92392 (760) 843.7959 / (800) 220-0975
Kern	Alternative Home Care 5805 Sepulveda Blvd., Suite 605 Sherman Oaks, CA 91411 (818) 902-5000 / (800) 750-1444
Kings	Resources for Independence, Central Valley 3008 North Fresno Street Fresno, CA 93707 (559) 221-2330
Lake	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Lassen	Golden Umbrella 200 Mercy Oaks Drive Redding, CA 96003 (530) 226-3013
Los Angeles	See list entitled, "LCAs for LA County"
Madera	Resources for Independence, Central Valley 3008 North Fresno Street Fresno, CA 93707 (559) 221-2330

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<b>County</b>	<b>Local Contact Agency</b>
Marin	Marin County Aging & Adult Services 10 North San Pedro Road San Rafael, CA 94903 (415) 457-4636
Mariposa	Disability Resource Agency for Independent Living 920 12th Street Modesto, CA 95354 (209) 521-7260
Mendocino	Disability Services & Legal Center 521 Mendocino Ave Santa Rosa, CA 95401 (707) 528-2745
Merced	Resources for Independence, Central Valley 3008 North Fresno Street Fresno, CA 93707 (559) 221-2330
Modoc	Golden Umbrella 200 Mercy Oaks Drive Redding, CA 96003 (530) 226-3013
Mono	Rolling Start, Inc. 15400 Cholame Road, Suite B Victorville, CA 92392 (760) 843.7959 / (800) 220-0975
Monterey	Silicon Valley Independent Living Center 2202 North First Street San Jose, CA 95131 (408) 894-9012
Napa	Disability Services & Legal Center 521 Mendocino Ave Santa Rosa, CA 95401 (707) 528-2745
Nevada	FREED Center for Independent Living 117 New Mohawk Road, Suite A Nevada City, CA 95959 (530) 265-4444
Orange	Dayle McIntosh Center North Orange County Office 13272 Garden Grove Garden Grove, CA 92843 (714) 621-3300 / (800) 972-8285

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<b>County</b>	<b>Local Contact Agency</b>
Placer	Elder Options, Inc. 82 Main Street Placerville, CA 95667 (530) 626-6939
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Plumas	PASSAGES 2491 Carmichael Drive, Suite 400 Chico, CA 95928 (530) 898-5923
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Riverside	Riverside County Office on Aging 6296 River Crest Drive, Suite K Riverside, CA 92507 (951) 867-3800
	Alternative Home Care 5805 Sepulveda Blvd., Suite 605 Sherman Oaks, CA 91411 (818) 902-5000 / (800) 750-1444
Sacramento	Elder Options, Inc. 82 Main Street Placerville, CA 95667 (530) 626-6939
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
San Benito	Silicon Valley Independent Living Center 2202 North First Street San Jose, CA 95131 (408) 894-9041

**Local Contact Agencies (LCA) for MDS 3.0 Section Q**  
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<b>County</b>	<b>Local Contact Agency</b>
San Bernardino	Alternative Home Care 5805 Sepulveda Blvd., Suite 605 Sherman Oaks, CA 91411 (818) 902-5000 / (800) 750-1444
	Rolling Start, Inc. 570 West 4th Street, Suite 107 San Bernardino, CA 92401 (909) 884-2129
San Diego	County of San Diego Health & Human Services Agency Aging & Independence Services P.O. Box 23217 San Diego, CA 92193-3217 800-510-2020 (within San Diego) 800-339-4661 (outside of San Diego)
San Francisco	Independent Living Resource Center San Francisco 649 Mission Street San Francisco, CA 94105 (415)543-6222, ext. 115
San Joaquin	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
	Disability Resource Agency for Independent Living 920 12th St. Modesto, CA 95354 (209) 521-7260
San Luis Obispo	Alternative Home Care 5805 Sepulveda Blvd., Suite 605 Sherman Oaks, CA 91411 (818) 902-5000 / (800) 750-1444
	Independent Living Resource Center 423 West Victoria Street Santa Barbara, CA 93101 (805) 963-0595
San Mateo	Center for Independence of the Disabled 1515 South El Camino, Suite 400 San Mateo, CA 94402 (650) 645-1780

**Local Contact Agencies (LCA) for MDS 3.0 Section Q**  
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<b>County</b>	<b>Local Contact Agency</b>
Santa Barbara	Alternative Home Care 5805 Sepulveda Blvd., Suite 605 Sherman Oaks, CA 91411 (818) 902-5000 / (800) 750-1444
	Independent Living Resource Center 423 West Victoria Street Santa Barbara, CA 93101 (805) 963-0595
Santa Clara	Silicon Valley Independent Living Center 2202 N. First Street San Jose, CA 95131 (408) 894-9041
Santa Cruz	Silicon Valley Independent Living Center 2202 N. First Street San Jose, CA 95131 (408) 894-9041
Shasta	Golden Umbrella 200 Mercy Oaks Drive Redding, CA 96003 (530) 226-3013
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Sierra	FREED Center for Independent Living 117 New Mohawk Road, Suite A Nevada City, CA 95959 (530) 265-4444
Siskiyou	Golden Umbrella 200 Mercy Oaks Drive Redding, CA 96003 (530) 226-3013
Solano	Independent Living Resources of Solano & Contra Costa Counties 1545 Webster Street, Suite C Fairfield, CA 94533 (707) 435-8174
	<i>Main Office in Contra Costa County:</i> 1850 Gateway Blvd., Suite 120 Concord, CA 94520 (925) 363-7293

**Local Contact Agencies (LCA) for MDS 3.0 Section Q**  
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<b>County</b>	<b>Local Contact Agency</b>
Sonoma	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
	Disability Services & Legal Center 521 Mendocino Ave. Santa Rosa, CA 95401 (707) 528-2745
	Adult and Aging Services Sonoma County Human Services Department 3725 Westwind Blvd., #101 Santa Rosa, CA 95403 (707) 565-5900
Stanislaus	Disability Resource Agency for Independent Living 920 12th Street Modesto, CA 95354 (707) 528-2745
Sutter	FREED Center for Independent Living 508 J Street Marysville, CA 95901 (530) 742-4474
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Tehama	PASSAGES 2491 Carmichael Drive, Suite 400 Chico, CA 95928 (530) 898-5923
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727

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<b>County</b>	<b>Local Contact Agency</b>
Trinity	Golden Umbrella 200 Mercy Oaks Drive Redding, CA 96003 (530) 226-3013
	Tri-County Independent Living, Inc. 2822 Harris Street Eureka, CA 95503 (707) 445-8404
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727
Tulare	Resources for Independence, Central Valley 3008 North Fresno Street Fresno, CA 93707 (559) 221-2330
Tuolumne	Elder Options, Inc. 82 Main St. / PO Box 2113 Placerville, CA 95667 (530) 626-6939
	Disability Resource Agency for Independent Living 920 12th St. Modesto, CA 95354 (209) 521-7260
Ventura	Ventura County Area Agency on Aging 646 County Square Drive, Suite 100 Ventura, CA 93003 (805) 447-7300
	Independent Living Resource Center 423 West Victoria Street Santa Barbara, CA 93101 (805) 963-0595
Yolo	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727

**Local Contact Agencies (LCA) for MDS 3.0 Section Q**  
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<b>County</b>	<b>Local Contact Agency</b>
Yuba	FREED Center for Independent Living 508 J Street Marysville, CA 95901 (530) 742-4474
	Home & Health Care Management 1398 Ridgewood Drive Chico, CA 95973 (530) 343-0727 / (800) 400-0727

# Local Contact Agencies (LCA) in Los Angeles County for MDS 3.0 Section Q California Department of Health Care Services

## ATTACHMENT

Designated LCAs are comprised of several types of home and community-based services providers including Aging and Disability Resource Connection (ADRC) programs, Area Agencies on Aging (AAA), Independent Living Centers (ILCs), and California Community Transitions Lead Organizations (CCT). In most cases, the LCA listed represents a partnership between two or more of the organizational types. Together, they work to advocate for and provide supportive services to older adults and persons with disabilities.

Cities in Los Angeles County are listed in alphabetical order on page two of this document. Abbreviations that follow the city name represent the LCA for that city. A city may be served by more than one LCA.

### **Alternative Home Care (AHC)**

5805 Sepulveda Blvd., Suite 605  
Sherman Oaks, CA 91411  
(818) 902-5000  
(800) 750-1444

### **Independent Living Center of Southern California (ILCSC)**

Serving Northern Los Angeles County  
14407 Gilmore Street, Suite 101  
Van Nuys, CA 91401  
(818) 785-6934

### **Satellite Center Lancaster ILCSC**

1505 West Avenue J, Ste 102  
Lancaster, CA 93534  
(661) 942-9726

### **SCAN/Independence at Home (SCAN)**

2501 Cherry Avenue, Suite 380  
Signal Hill, CA 90755  
Colette Encalada  
(562) 637-7122

### **Services Center for Independent Living (SCIL)**

107 S. Spring Street  
Claremont, CA 91711  
(909) 621-6722

### **Westside Center for Independent Living (WCIL)**

**Local Contact Agencies (LCA) in Los Angeles County for MDS 3.0 Section Q  
California Department of Health Care Services**

12901 Venice Blvd.  
Los Angeles, CA 90066  
(310) 390-3611

<b>City Name</b>	<b>Local Contact Agency</b>
Acton	ILCSC
Agoura Hills	AHC
Alhambra	AHC
Arcadia	AHC, SCIL
Arleta	ILCSC
Artesia	SCAN
Avocado Heights	SCIL
Azusa	AHC, SCIL
Baldwin Park	AHC, SCIL
Bassett	SCIL
Bell	AHC
Bell Canyon	ILCSC
Bell Gardens	AHC
Bellflower	SCAN
Beverly Hills	WCIL
Bradbury	AHC, SCIL
Burbank	AHC, ILCSC
Calabasas	ILCSC
California City	ILCSC
Canoga Park	ILCSC
Carson	SCAN
Cerritos	SCAN
Charter Oak	SCIL
Chatsworth	ILCSC
Citrus	SCIL
City of Industry	SCIL
Claremont	AHC, SCIL
Commerce	AHC
Compton	SCAN
Covina	AHC, SCIL
Cudahy	AHC
Culver City	WCIL
Diamond Bar	AHC, SCIL
Downey	WCIL
Duarte	AHC, SCIL

**Local Contact Agencies (LCA) in Los Angeles County for MDS 3.0 Section Q  
California Department of Health Care Services**

<b>City Name</b>	<b>Local Contact Agency</b>
Edwards	ILCSC
El Monte	AHC, SCIL
El Segundo	WCIL
Elizabeth Lake	ILCSC
Encino	ILCSC
Gardena	WCIL
Glendale	ILCSC, WCIL
Glendora	AHC, SCIL
Granada Hills	ILCSC
Hacienda Heights	SCIL
Harbor City	SCAN
Hawaiian Gardens	SCAN
Hawthorne	WCIL
Hermosa Beach	SCAN
Hidden Hills	AHC, ILCSC
Huntington Park	AHC
Industry	AHC
Inglewood	WCIL
Irwindale	AHC, SCIL
La Canada Flintridge	AHC
La Habra Heights	AHC
La Mirada	AHC
La Puente	AHC, SCIL
La Verne	AHC, SCIL
Lake Hughes	ILCSC
Lake Los Angeles	ILCSC
Lakewood	SCAN
Lancaster	AHC, ILCSC
Lawndale	WCIL
Leona Valley	ILCSC
Littlerock	ILCSC
Llano	ILCSC
Lomita	SCAN
Long Beach	SCAN
Los Angeles zip code 90039, 90042	AHC
Los Angeles zip codes 90003, 90044, 90047, 90059	SCAN
Los Angeles zip codes 90001-21, 90024-29, 90034-38, 90043-49, 90056-59, 90061-62,	WCIL

**Local Contact Agencies (LCA) in Los Angeles County for MDS 3.0 Section Q  
California Department of Health Care Services**

<b>City Name</b>	<b>Local Contact Agency</b>
90064, 90066-68, 90073, 90077, 90080, 90084, 90094, 90220-22, 90254, and 90291-93	
Lynwood	SCAN
Malibu	WCIL
Manhattan Beach	SCAN
Mayflower Village	SCIL
Maywood	AHC
Mission Hills	ILCSC
Mojave	ILCSC
Monrovia	AHC, SCIL
Montebello	AHC
Monterey Park	AHC
Newhall	AHC
North Hills	AHC, ILCSC
North Hollywood	AHC, ILCSC
Northridge	ILCSC
Norwalk	SCAN
Norwood Village,	SCIL
Pacoima	ILCSC
Palmdale	AHC, ILCSC
Palos Verdes Estates	SCAN
Panorama City	ILCSC
Paramount	SCAN
Pasadena	AHC
Pearblossom	ILCSC
Phillips Ranch	SCIL
Pico Rivera	AHC
Pomona	AHC, SCIL
Porter Ranch	ILCSC
Quartz Hill	ILCSC
Rancho Palos Verdes	SCAN
Redondo Beach	SCAN
Reseda	AHC, ILCSC
Rolling Hills	SCAN
Rolling Hills Estates	SCAN
Rosamond	ILCSC
Rosemead	AHC
Rowland Heights	SCIL
San Dimas	AHC, SCIL

**Local Contact Agencies (LCA) in Los Angeles County for MDS 3.0 Section Q  
California Department of Health Care Services**

<b>City Name</b>	<b>Local Contact Agency</b>
San Fernando	AHC
San Fernando, City of	ILCSC
San Gabriel	AHC
San Marino	WCIL
San Pedro	SCAN
Santa Clarita	ILCSC
Santa Fe Springs	AHC
Santa Monica	WCIL
Sherman Oaks	AHC, ILCSC
Sierra Madre	AHC
Signal Hill	SCAN
South El Monte	AHC, SCIL
South Gate	WCIL
South Pasadena	AHC
South San Jose Hills	SCIL
Studio City	ILCSC
Sun Valley	ILCSC
Sunland	ILCSC
Sylmar	AHC, ILCSC
Tarzana	AHC, ILCSC
Temple City	AHC
Toluca Lake	ILCSC
Torrance	SCAN
Tujunga	ILCSC
Valinda	SCIL
Valley Village	ILCSC
Valyermo	ILCSC
Van Nuys	AHC, ILCSC
Vernon	AHC
Walnut	AHC, SCIL
West Covina	AHC, SCIL
West Hills	ILCSC
West Hollywood	WCIL
West Puente Valley	SCIL
Westlake Village	AHC
Whittier	AHC
Wilmington	SCAN
Winnetka	ILCSC
Woodland Hills	ILCSC

**Local Contact Agencies (LCA) in Los Angeles County for MDS 3.0 Section Q  
California Department of Health Care Services**

<b>City Name</b>	<b>Local Contact Agency</b>
Woodside Village	SCIL