Post-Spring Break Testing for COVID-19

Prepare now for a safe return to school for your student after Spring Break

Follow these steps:

Step 1: Get your testing materials
- Locate your testing materials from your school or district. A box of at-home COVID-19 rapid antigen tests may contain 1 or 2 tests.
- Your child's school may also offer on-site PCR or Antigen testing. For more information on other testing options reach out to your school.
- If possible, have a device ready with internet access available, so that you can share your results with your local health department after you test.

Step 2: Plan your test days
- You might receive specific instructions on which days to use your tests. If you can, test the day before returning to school after Spring Break. If students are already back from Spring Break, test now! Repeat test in 3 days.
- If your student gets sick with symptoms (like cough and fever), STAY HOME and use your tests to see if it is COVID-19.
- Talk to your school if your child was exposed to someone with COVID-19.

Step 3: Share your results
- SHARE test results through the Primary.Health link sent by your school, through the Primary.Health's California Schools At-Home testing website (if you did not receive a school link), or by scanning the QR code below with your smartphone.

Step 4: Understand your results

NEGATIVE TEST?
- If the student feels well and has no COVID-19 symptoms, return to school.
- If the student has SYMPTOMS or has been in contact with someone with COVID-19, please call your school before they return.

POSITIVE TEST?
- Keep the student home from school and contact your doctor and your school right away.

UNCLEAR TEST RESULTS?
- Repeat test at school or at a local testing site.

ANY SYMPTOMS? KNOWN EXPOSURE? If your student has ANY COVID-19 symptoms or was exposed to COVID-19, CALL THE SCHOOL before they return. If your student is very sick: call 911, visit an emergency room, or call your doctor.

SCAN the QR code to share the results with your local health department.