

Immunizations for a Healthy Pregnancy

Stay up to date on vaccines during pregnancy to give your baby the best protection against diseases.

Vaccines during pregnancy help protect both you and your baby from serious illnesses, like flu, COVID-19, whooping cough (pertussis) and RSV. The protection you get from these vaccines passes to your baby, protecting them for the first few months of life when they are most vulnerable and before they're old enough for their own vaccines.



Talk to your prenatal health care provider about recommended vaccines, including:



Tdap (tetanus, diphtheria and whooping cough) vaccine: as soon as possible during your third trimester, even if you got it before pregnancy.



Flu vaccine: as soon as it's available in the fall and by the end of October.



COVID-19 vaccine: if you haven't received it yet.



RSV vaccine: September- January, between 32 and 36 weeks of pregnancy.



Contact your prenatal health care provider or visit MyTurn.ca.gov to schedule your vaccine appointment. Learn more about immunizations during pregnancy at: go.cdph.ca.gov/pregnancyvaccines