# COVID-19 Medications Questions & Answers



We have new, effective tools to take good care of ourselves if we get COVID-19.

COVID-19 medications are safe, free, widely available, and highly effective at preventing COVID-19 illness from becoming serious. They can stop the virus from multiplying in your body, may help you test negative sooner, and may reduce the risk of developing long COVID symptoms.

### WHAT are COVID-19 treatments?

Medications that can **stop COVID-19 illness from getting serious.** 

They are free, widely available, and highly effective.

## WHO should take COVID-19 treatments?

All Californians 12 years and older who test positive for COVID-19 and have symptoms should seek evaluation for COVID-19 treatments, which are free regardless of insurance or citizenship status. COVID-19 treatments are recommended for those who have certain experiences and conditions that put them at higher risk for worse COVID-19 illness, such as being 50 years and older, not being up-to-date with COVID-19 vaccinations, obesity, physical inactivity, smoking, asthma, diabetes, mental health conditions like depression, being of a racial/ethnic minority, and more.

In fact, most adults and some teens are eligible and should take COVID-19 treatment.

### WHEN should I take COVID-19 treatments?

Treatments must be taken within 5-7 days of when symptoms begin. So if you start to feel sick, act fast to get a COVID-19 test and free medication.

Get medications while your illness is mild – don't wait until your illness gets worse.

## WHY should I take COVID-19 treatments?

COVID-19 treatments are effective for stopping COVID-19 illness from getting serious. Scientific evidence shows they can cut the risk of serious symptoms, hospitalization, and death in **half or more**.

Early evidence also suggests they may lower the risk of developing long COVID symptoms.

COVID-19 treatments can also prevent the virus from multiplying in your body and infecting more of your cells, which can **help you test negative sooner**.



#### WHERE do I get COVID-19 treatments?

You have multiple options. You do not need to have insurance or U.S. citizenship.

- Call your doctor or urgent care center.
   If you have insurance, you can call the number on your insurance card to get help with making an appointment.
- Find a Test-to-Treat location near you.
   To find a site, call the statewide COVID-19 hotline at 833-422-4255.
- Make a free phone or video appointment through California's free telehealth provider and talk to a health care provider the same or next day. Call 833-686-5051 or go to sesamecare.com/covidca.
- Some pharmacies have pharmacists that may be able to give you a prescription for treatment. Call your pharmacy to see if they offer this service.

Call the statewide COVID-19 hotline for questions and help with finding free COVID-19 treatments, at 833-422-4255. Go to YouCanBeatlt.org if you are eligible but were denied medication.

#### What are the SIDE EFFECTS?

Most people have **no side effects.** The most common side effects for Paxlovid, the most commonly prescribed COVID-19 medication, are mild, such as nausea or a bitter taste.

For more information on COVID-19 care and treatment, visit <u>YouCanBeatlt.org</u> or call the statewide COVID hotline at (833)-422-4255.

### HOW do COVID-19 treatments work?

COVID-19 treatments work to stop COVID-19 illness from becoming serious. A health care provider can tell you what is right for you.

COVID-19 treatments stop the virus from multiplying in your body and infecting more of your cells, which can stop COVID-19 illness from becoming serious and may help you to test negative sooner.

#### How much do COVID-19 treatments COST?

**COVID-19** medications are free, regardless of insurance or citizenship status. Call the State COVID-19 Hotline if you were incorrectly charged for COVID-19 pills at **833-422-4255**.

#### What is REBOUND?

A return of mild symptoms and a new positive test a few days after testing negative. This can happen with COVID-19 regardless of if you take treatments.

Most people do not have rebound with treatments.

Rebound from COVID-19 treatments is not treatment failure as the medications still work to prevent severe illness. The benefits of treatment are greater than the risks of rebound.

