RACISM & GENTRIFICATION
A PUBLIC HEALTH CRISIS
SOCIAL DETERMINANTS OF HEALTH FOR THE HEALTHY COMMUNITY

Connection / Community / Culture:
Elders & rules

Access to Education:
High performing schools

Quality Housing:
Options to own or rent

Parks / Outdoor Space:
Accessible recreation & exercise

Marriage:
Functional relationships

Economics:
Small business opportunities

Access to Good Health Care:
Longer lives & less disease

Environment:
An environment free of environmental toxins
# Social Determinants of Health for the Poor Black Communities

## Gentrification:
Families are forced to move out of their community

## Underperforming Schools:
Teachers afraid of students, medicated kids, Special Ed, school-to-prison pipeline

## Public Housing:
Red-lining, discrimination

## Lack of Clean, Safe Places to Play:
Fewer tax dollars mean less resources / amenities

## Lack of Healthy Marriages & Single Mom-led Households:
Healthy relationships not being modeled and/or revered

## No Black-Owned Business Community:
Cannot qualify for loans, young people don’t learn entrepreneurship

## Few Doctors Take Medi-Cal:
Lack of Black practitioners, distrust, family-only health coverage

## Environment:
Environmental (in) Justice issues
THE HISTORY

• “Since being brought to the United States through Slavery, Black people have always had to play DEFENSE… But, OFFENSE wins games”
The Result of Slavery was a “made” people who had their memories erased, were trained to distrust and hate one another and taught that everything white is right...white people were superior, smarter, prettier, more powerful... even Jesus is White, right?.

The most important thing that could be taken from a person was taken in Slavery – IDENTITY (the connection to Language, Culture, Ancestors and Religion).
1865: Civil War ends; Black Codes begin
1866: KKK forms
1867-1877: Reconstruction
1877-1928: Convict leasing
1877-1950s: Jim Crow
1921: Black Wall St.
1923: Rosewood
1954-1968: Civil Rights Movement
1954-1968: Civil Rights Movement

1971: Co-intel-Pro FBI program

1980s-90s: Crack introduced to Black communities (cocaine elsewhere)

Prison-Industrial Complex

20th/21st Century slavery

1960’s & 1970s Fillmore, Marin City, etc…
WHAT KEPT US SANE, CONNECTED AND ALIVE?

• Community
  – Support
  – The building of a culture from nothing
  – Survival skills
  – Cooperative Economics
  – The importance of Education, good manners, marriage and family and economics

  – AND THEN Came
CRACK COCAINE

PRE-CRACK:

- Rosewood, Black Wall St., Fillmore District
- Working families come to Marin City / Bayview Hunters Point shipyard jobs
- Intact families stay together & sacrifice for the community
- Black excellence, home-based businesses

POST CRACK:

- Families broken
- Death
- Child “Protective” Services
- Community breakdown
- Gangs
- Fatherless homes
- Prison
## PRE / POST-CRACK IN MARIN

### MARIN CITY PRE-CRACK:
- Intact families with parents and grandparents
- Flea market
- Hayden’s Neighborhood Store
- Gas station
- Low crime rates
- Community pride / block parties
- Sports
- Cookouts / neighbors together

### MARIN CITY POST-CRACK:
- Many single moms / few families
- Lost businesses
- Crime and drugs
- Mental health issues
- More disease
- Children growing up in trauma
- Less pride
- “Diversity”
- Young people lose respect for elders
HOW WHITE “NORMS” AFFECT SDOH IN POOR BLACK COMMUNITIES

Culture:
White “gentrification” trumps Black culture and displaces black families for the sake of Diversity (weaponized), Changing the fabric of the community & the Willie Lynch syndrome

Schools:
Lack of culturally appropriate curriculum that models Black leaders, Education doesn’t make leaders

Housing:
Laws that prohibit Blacks from owning property

Language:
Inferiority Complex, Liberal Microaggressions

Work for Others:
Blacks taught to get a job vs. starting businesses/building local Black economies and Blacks lack access to resources

Healthcare:
Continued medical experimentation, lack of cultural competence

Lack of Marriage:
Not considered important
TO SURVIVE, BLACKS HAVE BECOME “FUNCTIONING WHITE PEOPLE”

MENTAL HEALTH

Depression
Anxiety
Disassociation & Self Hatred

PHYSICAL HEALTH

Hypertension & Cardiac Diseases
Diabetes
Obesity

Young Black people are showing up different. But to prove that nothing has “really” changed; That White people still have to have the controlling voice and set the expectation…that Black people have still not been freed up to heal and repair their broken experience – Colin Kaepernick
This is why the MCHWC mission of African American health equity is so important and so difficult.